

State of Maine Gym Program

As an active State of Maine employee, you can join one of many gyms throughout the state. The State has partnered with YMCAs and the University of Maine system to extend gym privileges to employees at the locations listed below. To be eligible, you must be an active State of Maine employee and receive state paid benefits. The gyms' websites are included so you can check out what each facility has to offer. Choose the gym that is most convenient for you.

Please note: Under IRS publication 15-B, "the value of an employee and/or family member's use of an off-site athletic facility provided by an employer is taxable income to the employee." As such, the value of the gym memberships provided by the State for facilities not on state premises must be reported on the employee's W-2.

Beginning in 2012, this policy will be enforced for any State of Maine employee that uses a gym facility **other than the Eastside, Westside or Bangor Wellness Centers**. As mentioned in the above policy, the value of the gym membership will be reported on your W-2 as taxable income. Each gym facility membership cost is unique. Therefore, the taxable income to each individual will differ based on the gym facility they have chosen to use.

Please inform us by calling 287-6785 if you are not using your gym membership or if you need to cancel your membership.

Auburn

Auburn-Lewiston YMCA, www.alymca.org

Bath

Bath Area Family YMCA, www.bathymca.org

Belfast

Waldo County YMCA, www.waldocountyymca.org

Biddeford

Northern York County/Biddeford YMCA
ymcaofsouthernmaine.org

Boothbay Harbor

Boothbay Region YMCA
www.boothbayregionymca.org

Dover-Foxcroft

Piscataquis YMCA, www.prymca.org

Ellsworth

Downeast Family YMCA, www.defymca.org

Farmington

University of Maine Farmington,
www.frc.umf.maine.edu

Freeport

Casco Bay/ Freeport YMCA,
ymcaofsouthernmaine.org

Fort Kent

University of Maine Fort Kent, www.umfk.edu

Machias

University of Maine Machias, www.umm.maine.edu

New Gloucester

Pineland/New Gloucester YMCA,
ymcaofsouthernmaine.org

Old Town

YMCA Old Town-Orono, www.otoyymca.org

Orono

University of Maine,
www.umaine.edu/campusrecreation

Portland

Greater Portland, ymcaofsouthernmaine.org

Presque Isle

University of Maine Presque Isle,
www.umpi.edu/gentile-hall

Rockport - Rockland - Camden

Penobscot Bay YMCA, www.penbayymca.net

Sanford

Sanford-Springvale YMCA,
www.sanfordymca.org

Waterville (Pool Only)

YMCA at the Alford Youth Center
www.alfondyouthcenter.org

Contact Employee Health & Benefits

Gym Program Coordinator

#114 SHS

Augusta, ME 04333

Phone: 287-6785

Fax: 287-9062

To sign up:

1. Call or go online to get the application (www.maine.gov/deh).
2. Fill out the application and return to #114 SHS, Augusta, ME 04333 along with a copy of your insurance card (via fax or regular mail).
3. After reviewing and processing your application you will get approval to complete the application at your chosen gym.
4. You will receive your membership card at your chosen gym. Swipe into the gym and get started.

