

Excellence in Coordinated  
School Health  
Recognition Awards Program



Health Education  
and  
Physical Education and  
Physical Activity

2006

**A Message from Maine's First Lady and Chairperson,  
Coordinated School Health Program Recognition Awards Committee  
and  
Maine Commissioner of Education**

**Karen M. Baldacci**



It is our pleasure to congratulate the recipients of the second annual Excellence in Coordinated School Health Awards. We celebrate their support of quality health education and physical education and physical activity programs in an environment that supports and reinforces academic achievement for all students.

**Susan A. Gendron**



We applaud these award winning school systems for their ongoing efforts and commitment to enhance the health and well being of their students. We know that as positive role models they will provide expertise and leadership in the area of coordinated school health at local, state and national levels.

Coordinated School Health Program Recognition Committee

Karen Baldacci, First Lady of Maine  
Chairperson

Susan A. Gendron, Commissioner Department of Education  
Co-Chairperson

Mary Black Andrews, State Senator  
Cheryl Beyeler, Maine Dairy & Nutrition Council  
Michael Brennan, State Senator  
Connie Clifford, Hannaford Supermarkets  
Peter Doran, American Lung Association of Maine  
Dale Douglass, Maine School Management Association  
Jaki Ellis, Maine Center for Disease Control & Prevention  
Caren Epstein, Hannaford Supermarkets  
Jeremy Fischer, State Representative  
Judy Gatchell, Maine Nutrition Network  
Peary Goodwin, PKG Associates  
Andrew Harmon, American Cancer Society, NE Division  
George Hill, Family Planning Association of Maine  
Saskia Janes, Maine Cardiovascular Health Program  
Gail Lombardi, Maine Department of Education  
Sandy Lovell, Family Planning Association of Maine

Carla Marcus, Governor's Council for Physical Fitness, Sports, Health and Wellness, WinterKids  
Terry McCabe, Maine School Management Association  
Marge Medd, Community Representative  
Dora Mills, Director, ME Ctr for Disease Control & Prev.  
Grace Morgan, Maine Department of Education  
Sarah Platt, Maine Dairy & Nutrition Council  
Shelley Reed, Maine Department of Education  
Lee Scott, American Lung Association of Maine  
Lauren Sterling, Communities for Children  
David Stockford, Maine Department of Education  
Lucy Stroble, University of Maine at Presque Isle  
Jeff Sturgis, Maine Principals Association  
Stephanie Swan, Maine Department of Education  
Katherine Wilbur, Maine Department of Education  
Jean Zimmerman, Maine Department of Education

# **Outstanding Leadership Awards in Health Education**

## **Calais School Department Outstanding Leadership Award Winners**

Sue Clark, School Nurse  
Dorothy Gardiner, Health Education Teacher  
Janet Proulx, Health Education Teacher

## **SAD 43 Outstanding Leadership Award Winners**

Ryan Casey, Assistant Principal  
Jim Hodgkin, Superintendent  
Kathy Sutton, School Health Coordinator

## **SAD 75 Outstanding Leadership Award Winners**

District Elementary Teachers  
Health Education Focus Group  
Michael Wilhelm, Superintendent

# **Outstanding Leadership Awards in Physical Education and Physical Activity**

## **Calais School Department Outstanding Leadership Award Winners**

Jennifer Donovan, Health Education Teacher  
Heather Henry, School Health Coordinator  
Steve McGinley, Middle School Physical Education Teacher

## **Dedham School Outstanding Leadership Award Winners**

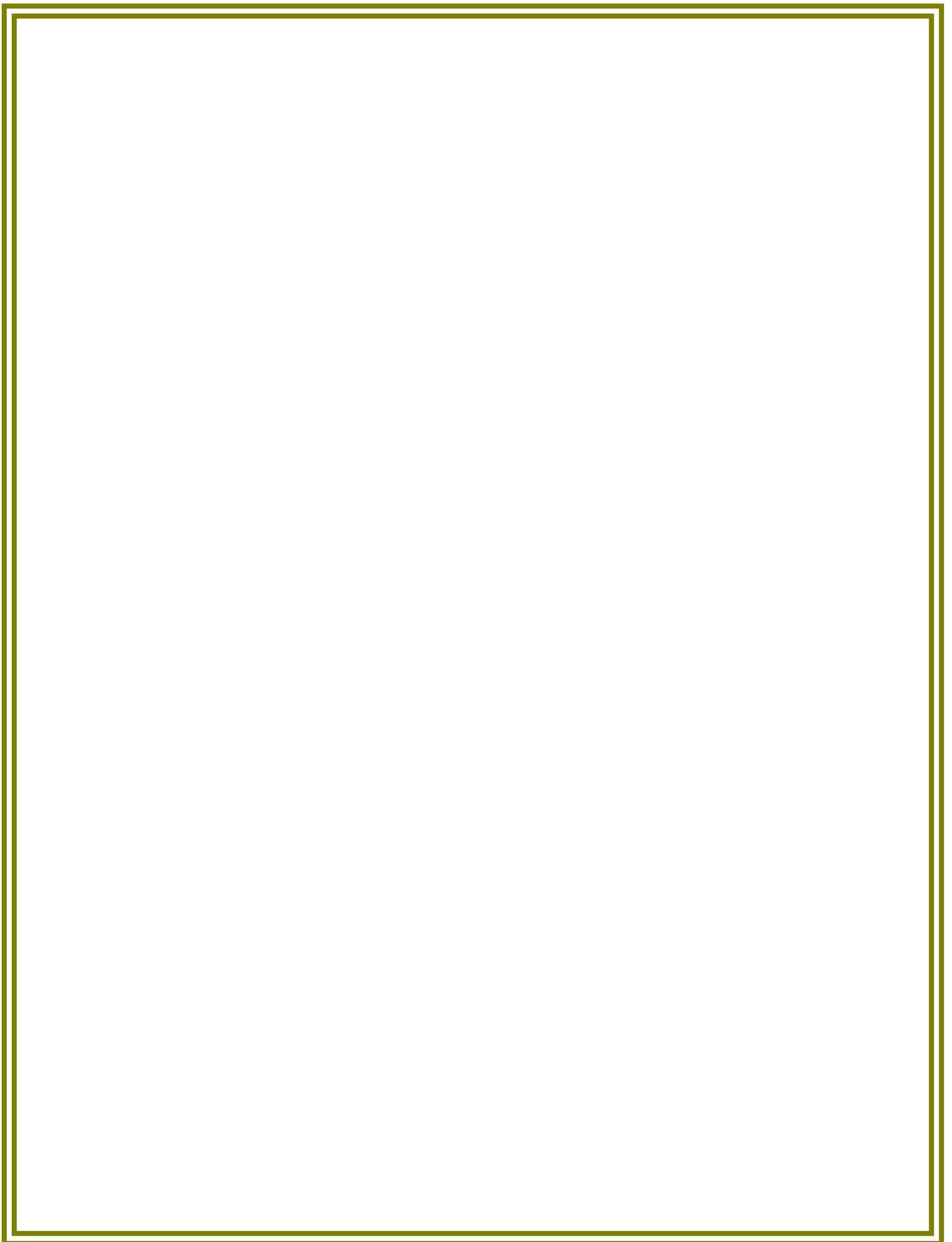
Dee Fredrick, Health Education Teacher  
Richard Norton, Superintendent  
Tim Pearson, Physical Education Teacher

## **SAD 43 Outstanding Leadership Award Winners**

Elaine Michaud, Physical Education Teacher  
Kristen Simanek, Physical Education Teacher  
Kathy Sutton, School Health Coordinator

## **SAD 75 Outstanding Leadership Award Winners**

Elementary Principals  
Linda Dutton, Kindergarten Teacher  
Physical Education Focus Group



# Excellence in Coordinated School Health Recognition Awards Program

May 23, 2006

Hall of Flags  
State Capitol Building

*Welcome*

Moderator  
Kara Matuszewski  
Anchor Reporter WCSH News Center 6

*Opening Remarks*

Karen Baldacci  
Maine's First Lady

Susan Gendron  
Maine Department of Education's Commissioner

Brenda Harvey  
Commissioner, Department of Health and Human Services

Mia Ho  
Hannaford Supermarkets Representative

*Awards Ceremony*

Excellence in Coordinated School Health Awards

## **HEALTH EDUCATION**

Calais School Department  
SAD 43 (Mexico, Rumford, Bryon, and Roxbury)  
SAD 75 (Topsham, Bowdoin, Bowdoinham, and Harpswell)

## **PHYSICAL EDUCATION AND PHYSICAL ACTIVITY**

Calais School Department  
Dedham School  
SAD 43 (Mexico, Rumford, Bryon, and Roxbury)  
SAD 75 (Topsham, Bowdoin, Bowdoinham, and Harpswell)

*Join us at the Blaine House to congratulate the Award Winning Schools and  
Outstanding Leadership Award Winners*



## Working Together for a Healthy Maine

Maine Department of Education

Co-Sponsors

Department of Health and Human Services, Maine Center for Disease Control and Prevention  
and

Maine Governor's Children's Cabinet  
Governor's Council for Physical Fitness, Sports, Health and Wellness

*Many thanks to our presenting sponsor for supporting this awards program:*

Hannaford Supermarkets