



Department of Education
INSTRUCTION SHEET
Physical Examination Form for School Bus Driver License Endorsement

Companion Documents:

1. **Federal Motor Carrier Safety Regulations – Medical Advisory Criteria Under 49 CFR, Part 391.41**
2. **Criteria Used to Evaluate the Physical Qualifications for an Insulin-Controlled Diabetic Driver**
3. **Certification Form for Insulin-Controlled Diabetic Driver**

The applicant is strongly urged to provide his/her physician with the **Federal Regulations** (#1 above) to guide him/her during the examination. If the applicant has insulin-controlled diabetes, the **Criteria** and **Certification Form** (#2 and #3 above) must be supplied to the physician at the time of the exam. These documents are on our website:

<http://maine.gov/education/const/pt007.htm> or call Karen Bossie at the Department of Education for a hard copy to be faxed, emailed, or mailed to you. You can reach Karen at (207) 624-6848 or Karen.L.Bossie@Maine.Gov

Applicant Instructions: Complete **ALL** of **Section 1** (print clearly), sign and date the form. Unanswered or incomplete items in Section 1 will trigger rejection of the physical. If you are applying for school bus endorsement for the first time, the physical examination must be conducted and the form must be signed and dated by the examining physician no more than three (3) months prior to submission of the form to the Bureau of Motor Vehicle with your other paperwork and fees.

Physician's Instructions: The examining physician must complete **ALL** of **Sections 2 through 7** (please print clearly and use laymen's terms). Unanswered or incomplete items in Sections 2-7 will trigger rejection of the physical.

Important Note to Physicians:

A school bus driver does more than simply drive the bus. There are other safety sensitive performance responsibilities such as student management and incident control; bus evacuation with ambulatory students; bus evacuation with some injured students and/or students with special needs who require additional assistance and/or lifting; bus pre-trip and post-trip inspections; bus cleaning (including lights and windows); and so on. Please keep this in mind when making a determination as to the applicant's physical ability to meet those responsibilities.

Diabetic Applicants

- If the applicant has Type II diabetes and is regulated with diet, exercise, and/or oral medication, there is no need to provide additional information other than to check the appropriate box(es) on the Physical Examination Form.
- If the diabetes is insulin-controlled, refer to the **Criteria Used to Evaluate the Physical Qualifications for an Insulin-Controlled Diabetic Driver**, then complete and sign the **Certification Form for Insulin-Controlled Diabetic Driver** and attach the documents indicated on the bottom of that form. If the applicant has not you with these documents, see **Companion Documents** above to obtain them.

Vision Examination

- Visual acuity may be performed by either a licensed physician or a licensed optometrist.
- If the applicant wears corrective lenses, please test and record the applicant's acuity both with and without corrective lenses and mark the results on the Exam Form accordingly.
- The standard visual acuity is at least 20/40 in one eye and 20/60 in the other – with or without correction.
- Standard field of vision: minimum of 70° in horizontal meridian in each eye and a total of at least 140° in both eyes.
- When other than the Snellen chart is used, give test results in Snellen-comparable values. In recording distance vision, use 20 feet as normal. Report visual acuity as a ration with 20 as numerator and the smallest type read at 20 feet as a denominator. If the applicant wears corrective lenses, these should be worn while visual acuity is being tested. If the driver habitually wears contact lenses, or intends to do so while driving, sufficient evidence of good tolerance and adaptation to their use must be obvious. Monocular drivers are not qualified for school bus endorsement.

Hearing Exam - Standard for hearing: a) must first perceive forced whisper voice greater than or equal to 5' with or without hearing aid, or b) average hearing loss in better ear less than or equal to 40 dB. **INSTRUCTIONS:** To convert audiometric test results from ISO to ANSI, subtract 14 dB from ISO for 500 Hz, subtract 10 dB for from ISO for 1000 Hz, subtract 8.5 dB from ISO for 2000 Hz. To average, add the readings for 3 frequencies tested and divide by 3.

Lung Disease Indicated - Chest x-ray or intradermal tuberculin test is required only if possible lung disease is indicated. Tuberculin test may be substituted.