

**Co-Curricular Programs  
Professional Development**

**BRIGHT  
FUTURES**



**Jill Spencer**  
[jillspencer51@gmail.com](mailto:jillspencer51@gmail.com)

**Chris Toy**  
[Christoy.net@gmail.com](mailto:Christoy.net@gmail.com)



**BRIGHT FUTURES CORE PRACTICES**

**9. Students have access to a co-curricular program that encourages all students to participate, develop skills, be a member of a team or activity, and simply have fun.**



## **BRIGHT FUTURES CORE PRACTICES**

**10. Teachers' professional development is an ongoing process that is embedded into the daily life of the school.**



### **Outcomes for this session:**

#### **Participants will**

- **explore ways schools can foster inclusive extra-curricular programming for young adolescents**
- **understand the role of developmentally responsive sports programming for young adolescents**
- **share guidelines, ideas, and upcoming opportunities for effective professional development for middle level educators**



**Let's introduce ourselves!**

**Please use the chat box to  
introduce yourselves:**

**first name, last name,**

**school name**

**your role.**



## **Webinar Guests!**



Ron Bonnevie  
Skowhegan



John Swaim  
Aurora



# SKOWHEGAN AREA MIDDLE SCHOOL AFTER SCHOOL PROGRAM 2000-2010

[AFTER SCHOOL MATTERS](#)
[VOLUNTEER PROGRAM](#)
[ACTIVITIES 10](#)  
[ACTIVITIES 09](#)
[SCHEDULE](#)
[THANK YOU](#)
[TESTIMONIALS](#)
[Q&A](#)  
[SKIING](#)

## BEYOND THE BELL AT SAMS

A 4:05 BUS WILL TAKE YOUR CHILD TO THEIR LOCAL SCHOOL DROP OFF AREA.  
**SCHEDULE**  
 UPDATED 3/15  
**TEAM WEBSITES**  
**Q & A PAGE**  
 ADDED ACTIVITIES FOR 09/10  
**STUDENT TESTIMONIALS**  
**ACTIVITIES PAGES**  
**CONTACTS**  
 JULES WALLACE - SITE COORDINATOR  
 JWALLACE@SAMS.ORG

AFTER SCHOOL TIME REALLY MATTERS TO ME...  
 PLEASE TAKE OUR PARENT SURVEY!  
 THERE IS NO ASP ON 3/25

OUR MAIN GOAL IS TO IMPROVE STUDENT CONNECTION WITH SCHOOL. THROUGH A MIX OF ACADEMIC HELP AND HEALTHY ACTIVITIES, STUDENTS WILL HAVE OPPORTUNITIES TO LEARN NEW SKILLS, BUILD STRONGER RELATIONSHIPS WITH POSITIVE ADULT ROLE MODELS AND DISCOVER MORE ABOUT THEMSELVES.

OTHER BENEFITS OF THE AFTER SCHOOL PROGRAM ARE TO GIVE THE STUDENTS A PLACE TO DEVELOP AND GROW IN A SAFE AND STRUCTURED ENVIRONMENT. THIS POSITIVE EXPERIENCE SHOULD FLOW BACK INTO THEIR CLASSROOM EXPERIENCE AND SHOW AN IMPROVEMENT IN THEIR SCHOOL PERFORMANCE OVER TIME.

IF ANYONE IS INTERESTED IN GETTING INVOLVED...  
 Made on a Mac





## **Program highlights**

- **21<sup>st</sup> Century Grant funded**
- **No charge**
- **29 weeks**
- **2:00 – 4:00 PM**
- **Late buses**
- **180 – 404 students**
- **Grant goals/expectations**



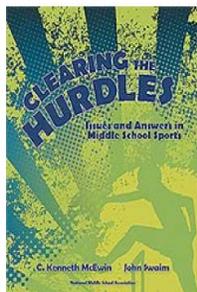
## **Program highlights**

- **Daily programming offerings**
- **Other programming highlights 2010**
- **Impact of ASP on students**
- **Challenges ahead for ASP**
- **Success lies in staff commitment**
- **ASP connects classroom and experience**

# Middle School Sports

## “Sports Done Right”

I actively participated in sports from junior high through college and am currently competing on a master swim team. My interest in middle school began first as a teacher/coach then as a principal and for the last twenty-five years as a middle school teacher educator. In 2007 I co-authored *Clearing the Hurdles: Issues and Answers in Middle School Sports*.



[www.nmsa.org](http://www.nmsa.org)



### Purpose of Book



- Status of middle school sports in middle schools across the nation
- Literature and research review of what is known about sports programs for young adolescents
- Provide the readers with examples of successful intramural and interscholastic middle school sports programs
- Address issues related to middle school sports and make recommendations that would guide the needed to reexamination of middle school sports



## **Recommendations**

- **Develop a clear, developmentally responsive sports philosophy**
- **Offer a sports program that includes intramurals and interscholastic, both with a high priority.**
- **Maximize the enjoyment of participation.**
- **Encourage young adolescents to explore multiple sports rather than specialize in one sport.**



- **Establish clearly articulated and equitable eligibility policies that support the school's commitment to academics.**
- **Employ middle level coaches who are knowledgeable about the nature of the developmentally responsive middle school programs and are committed to implementing them.**
- **Assign a top priority to making middle school sports programs as safe as possible.**



- **Help parents understand appropriate ways to support their children in middle level interscholastic and intramural sports programs.**
- **Establish rules to ensure the widest possible degree of participation by all team members.**
- **Provide adequate and equitably balanced human and financial resources for all phases of middle level sports activities.**



## **BRIGHT FUTURES CORE PRACTICES**

**10. Teachers' professional development is an ongoing process that is embedded into the daily life of the school.**



## **Connected to Vision and Purpose**

- Embedded and Ongoing
- Includes input from participants
- Encourages middle level practices
- Addresses school and district goals for the year
- Informed by middle level research and data
- Engaging, relevant, and meaningful
- Focused on changes that improve classroom practice
- Improves student achievement



**M R T**



**M**odel



**R**eflect



**T**ransfer

29



MODEL

**“Modeling** is not the main means of influencing others, it is the only means”

Albert Einstein



## MODEL

Don't be so concerned that people are listening to your **words** . Be more concerned that they are watching your **actions**.

*Think of one way you have modeled differentiated instruction for your students in the past week.*



## REFLECT

“To learn without **reflection** is to be lost”

K'ung-fu-tzu (Confucius)



## REFLECT

The two most important tools  
for improving your practice?

**A mirror and...  
the courage to assess yourself  
each time you perform**

*What's one thing that you could change in your teaching  
that would improve student learning?*



## TRANSFER

**“Transfer is the basis of all  
creativity and problem  
solving.”**

Madeline Hunter



# TRANSFER

**Transfer** is the “heavy lifting”  
learners do that creates  
relevance and meaning

*What’s one idea that you’ve learned (or re-learned) about,  
adapted, and transferred to your own teaching this year?*



## **There’s Never Enough Time!**

- Staff meetings
- Team meetings
- Curriculum meetings
- Grade level meetings
- Leadership team meetings
- Early release/Late start
- P.D. Days
- Workshop/conference attendance
- Summer curriculum work
- Onsite courses
- MLTI webinars
- MLTI SWIMS
- Online resources (NMSA, iTunesU)
- Other?



## Upcoming Opportunities

June 1 Next Bright Futures Webinar! Parent Involvement and Educators knowledgeable about young adolescents

July 12-16 Middle Level Education Institute at Thomas College

July 20-22 NELMS Summer Institute, Attitash NH

July 28-30 MLTI Summer Institute, Castine, Digital Citizenship

October 21-22 MAMLE Annual Conference, Sugarloaf, Graduation Paths in the Middle



## Evaluation

### Evaluation/Contact Hour

<http://www.surveymonkey.com/s/XLPJS68>

Please take a few minutes to fill in our evaluation. You will receive a certificate for 1 contact hour. It will be mailed to you.

Thanks!

**Next Webcast: Tuesday June 1 3:00 PM**

**Parent Involvement and Knowledgeable Middle Level Educators**