ELIGIBILITY
Each Veteran is unique. Contact your local VA facility or call 1-800-827-1000 for help determining your individual eligibility status.

FOR MORE INFORMATION
VA Health Benefits Call Center
1-877-222-VETS (1-877-222-8387)
Veterans Benefits Administration
1-800-827-1000
www.vba.va.gov
VA Women Veterans Health
Strategic Health Care Group
www.publichealth.va.gov/womenshealth

COMMUNITY BASED OUTPATIENT CLINICS
Bangor CBOC 1-877-421-8263 ext 3600
Calais CBOC 1-877-421-8263 ext 7490
Caribou CBOC 1-877-421-8263 ext 7490
Lincoln CBOC 1-877-421-8263 ext 7490
Lewiston/Auburn 1-877-421-8263 ext 4601
Portland CBOC 1-877-421-8263 ext 7490
Rumford CBOC 1-877-421-8263 ext 3200
Saco CBOC 1-877-421-8263 ext 7490
Bingham Coach 1-877-421-8263 ext 7490

A PROMISE KEPT
Women Veterans Health Care promotes the health, welfare, and dignity of Women Veterans and their families by ensuring equitable access to timely, sensitive, high-quality health care.

Augusta, Me 04330
1-877-421-8263
Ext. 4017

VA Maine Healthcare System
1 VA Center
Augusta, Maine 04330
1-877-421-8263
The Department of Veterans Affairs is deeply committed to recognizing the contributions of our Women Veterans. Each one of the 1.8 million women veterans alive today serves as a living reminder of their courage and sacrifice that women have made and continue to make for our nation.

Women were officially recognized as members of the armed forces in 1901, but their military involvement dates back to the Revolutionary War. Women are now the fastest growing subgroup of U.S. Veterans.

As of 2007, 14.3% of active duty military (all branches) are Women, and 11% of the fighting force in Iraq and Afghanistan are women. The number of women veterans is expected to increase dramatically in the next 10 years, which will result in an increased demand for VA health care.

The Department of Veterans Affairs understands the health care needs of women veterans, and is committed to meeting these needs.

VA Maine HCS is committed to meeting the unique needs of our Women Veterans by delivering the highest quality health care to each woman, while offering her the privacy, dignity, and sensitivity to gender-specific needs that she deserves. Our VA facility has a full-time Women Veterans Program Manager ready to assist you in getting timely access to the health care YOU need.

LaRhonda Harris, RN
Women's Veteran Program Manager
1-877-421-8263 ext 4017

You served, you deserve
The Best Care Anywhere!

*GENERAL HEALTH
Primary Care
Gynecological Care
Maternity Care/7 days of Infant Care
Infertility Evaluation and Treatment
Menopause Evaluation and Treatment
Osteoporosis Screening and Treatment
Cancer Screening
Mammograms
Wellness and Healthy Living
Nutrition and Weight Management
Stop Smoking Programs

*MENTAL HEALTH
Management of Depression, Anxiety and Stress
Adjustment from Deployment Counseling and Treatment for:
* Military Sexual Trauma
* Parenting and Caregiver Issues
* Violence and Abuse
* Alcohol and Drug Dependence

*SPECIAL PROGRAMS
Vocational Rehabilitation
Educational Opportunities
Links to Job and Career Counseling
Services for Homeless Veterans
MOVE!-Managing Obesity in Veterans Every Where.