



26- and 51-mile: Moderate terrain, hilly, for intermediate cyclists
69-mile: Challenging terrain for experienced cyclists

These pleasant loops take cyclists through 12 different towns of the Seabasticook Valley region, providing scenic views of Big Indian Pond, Seabasticook Lake, and Plymouth Pond. The Seabasticook River intersects many points along the tour. Scenery includes a mixture of rolling farmland, forest, and quaint villages.

This tour provides a variety of different options that include both on-road and off-road possibilities. Whereas the designated loops stay on public roads, the enterprising trip planner can use the Four Seasons Adventure Trail if some off-road experience is desired. See the Multi-Use Trail section in this book.

All three rides go through scenic rural countryside. Each ride builds upon the 26-mile loop. The 51-mile ride goes by Seabasticook Lake, a 4,288-acre lake near Newport. The 69-mile ride goes through 10 different towns, including Dexter. Numerous options abound here. Try whatever is within your limits and have fun!

Starting Point: Park & Ride lot at shopping center on Somerset Ave. (on left off I-95 exit 150 toward Pittsfield)

CUE SHEET LEGEND			
R	RIGHT TURN	BL	BEAR LEFT
L	LEFT TURN	QR	QUICK RIGHT
S	CONTINUE STRAIGHT	QL	QUICK LEFT
BR	BEAR RIGHT		

At	Go	Onto	For	Travel Information
26-mile ride				
0.0	R	Somerset Ave	0.9	Becomes Weeks Rd after passing under I-95
0.9	R	Phillips Corner Rd	2.5	
3.4	L	US 2	0.3	
3.7	R	Pooler Rd	1.2	
4.9	R	Powers Rd (unmarked)	1.5	
6.4	S	Beans Corner Rd	2.0	At stop sign
8.4	R	ME 23	2.1	Continue straight on ME 23 through downtown Hartland. Services available.
10.5	L	Commercial St	1.7	Commercial St changes to Mountain Rd.
12.2	R	Mason Corner Rd	1.9	Ballfield with portable toilet
14.1	R	ME 23/43/152	0.2	Convenience store
14.3	L	Palmyra Rd	4.6	
18.9	L	ME 151	0.8	
19.6	R	US 2	0.9	
20.5	L	Madawaska Rd (N. Main St in Pittsfield)	3.9	
24.4	S	North Main St (ME 11/100)	0.4	
24.8	R	Park St (changes to Somerset Ave)	0.9	Services available
25.7	R	Into Park & Ride lot		End of Ride
51-mile ride				
<i>Continues from mile 14.1 above</i>				
14.1	S	ME 43 (Corinna Rd)	7.5	At stop sign in St. Albans village. Convenience store on right across from dam.
21.6	BL	ME 11/43	1.0	
22.6	R	Greenbush Rd	5.2	
27.8	R	ME 143 (Stetson Rd)	2.9	
30.7	R	ME 222 (West Stetson Rd)	4.2	Becomes Mullen Rd
34.9	BL	County Woods Rd	2.2	
37.1	L	ME 7/11	0.7	
37.8	L	Golf Course Rd	0.9	Services are available in Newport.
38.7	L	Camp Benson Rd	1.8	
40.5	L	ME 7/11	3.7	Caution: Busy intersection. Stay straight on ME 11.
44.2	L	ME 220	1.2	
45.4	R	ME 69	4.7	Convenience store
50.1	R	Main St (ME 11/100)	0.1	
50.2	L	Park St (changes to Somerset Ave)	0.9	Services available
51.1	R	Into Park & Ride lot		End of Ride

Special features: Numerous lakes and ponds, rolling farmland, mountain views

Road conditions: Generally good; some broken pavement, uneven surfaces, and soft shoulders

Cautions: Narrow roads; some roads have no shoulders

Starting point: All rides begin at the Park & Ride lot at the shopping center on Somerset Ave. (on the left off I-95 exit 150 toward Pittsfield)

See p. 10 for accommodation information and events in the area.



At	Go	Onto	For	Travel Information
69-mile ride				
<i>Continues from mile 14.1</i>				
14.1	S	ME 43 (Corinna Rd)	1.8	
15.9	L	Dexter Rd	2.2	
18.1	S	Dexter Rd	2.0	Ripley Rd goes left here. Stay straight.
20.1	BL	Nelson Rd	7.1	Road name changes to Fisher Rd, and finally Railroad Ave in Dexter.
27.2	R	Main St (ME 23)	0.6	
27.8	R	ME 7	1.0	
28.8	BL	ME 94 (Garland Rd)	0.9	
29.7	R	Jennings Hill Rd	0.8	
30.5	S	Corinna Center Rd	3.1	
33.6	L	Bond Rd (becomes Cider Hill Rd)	5.3	Changes to gravel section (2.7 mi of gravel road)
38.9	R	ME 11/43 (Exeter Rd)	1.1	Transportation museum on right
40.0	S	Stetson Rd	5.7	
45.7	S	ME 143 (Lakins Rd/Dixmont Rd)	7.8	Campground, RR crossing, rough sections, no shoulder
53.5	R	ME 69 (West Plymouth Rd)	5.4	
58.9	R	ME 7	0.0	Convenience store
58.9	BL	ME 69	9.5	Convenience store. ME 69 is Hunnewell Ave in Pittsfield.
68.4	R	Main St (ME 11/100)	0.1	
68.5	L	Park St (changes to Somerset Ave)	0.9	Services available
69.4	R	Into Park & Ride lot		End of Ride

