



33-mile: Challenging terrain for experienced cyclists
46-mile: Varied terrain, steep hills, for experienced cyclists

The 33-mile loop is very scenic and challenging with mountain views—including Mt. Katahdin, the state’s highest peak—and picturesque farms. The north Maine woods and Mt. Katahdin provide the dramatic backdrop for the extremely challenging 46-mile loop. This loop takes cyclists through woods, open farmland, small lumbering communities, and over hills that heave the roads from ridge to ridge—hills that make this ride memorable. The final stretch between Patten, Sherman, and Island Falls lies in the shadow of Mt. Katahdin, and the views of the peak are awe-inspiring. Be sure to stop at the Lumberman’s Museum in Patten. They have an incredible display of lumbering artifacts.

Special features: Spectacular views of Mt. Katahdin; Lumberman’s Museum (Patten); abundant views of wildlife including moose, birds, and deer

Road conditions: Generally fair to good. Touring or hybrid tires recommended.

Cautions: Pavement rough in some areas. Fast-moving logging trucks on all roads. Give them plenty of passing room! No services between Patten and Smyrna Mills (26 miles), so carry food, water, warm clothes, and a tire repair kit.

Starting point: Both rides begin at Patten Academy Alumni Park, which is opposite the junction of ME 11 and ME 159 north of downtown.

See p. 9 for accommodation information and events in the area.



Starting Point: Patten Academy Alumni Park near the junction of ME 159 and ME 11 north of downtown

CUE SHEET LEGEND

| | |
|----|-------------------|
| R | RIGHT TURN |
| L | LEFT TURN |
| S | CONTINUE STRAIGHT |
| BR | BEAR RIGHT |
| BL | BEAR LEFT |
| QR | QUICK RIGHT |
| QL | QUICK LEFT |

| At | Go | Onto | For | Travel Information |
|------|----|----------------------------|------|---|
| | | 33-mile ride | | Patten—Sherman Mills—Island Falls Loop. A challenging ride for experienced cyclists. |
| 0.0 | L | ME 11 South (S. Patten Rd) | 9.6 | Services available in Patten except bicycle repair |
| 9.6 | L | ME 158 | 1.7 | Sherman has convenience store. |
| 11.3 | BL | Golden Ridge Rd | 4.9 | Rolling hills, some steep |
| 16.2 | L | US 2 | 6.8 | Rolling hills, some steep |
| 23.0 | L | ME 159 | 10.1 | Turn right at ME 159/US 2 intersection in Island Falls on US 2 for 0.2 mi for convenience store, restaurant, and municipal building. |
| 33.1 | R | ME 11 North | 0.3 | |
| 33.4 | R | Patten Academy Alumni Park | | End of Ride |
| | | 46-mile ride | | Patten—Smyrna Mills—Island Falls Loop. For experienced cyclists. This is an extremely challenging loop. |
| 0.0 | R | ME 11 North (North Rd) | 15.5 | Caution: Steep hills and narrow shoulder. Watch for fast-moving logging trucks. Last convenience store is in Patten until Smyrna Mills (25.5 mi) |
| 15.5 | R | ME 212 at Knowles Corner | 10.0 | Caution: Rolling hills and narrow shoulder. Watch for fast-moving logging trucks. |
| 25.5 | R | US 2 | 10.3 | Intermittent shoulder, rolling hills on US 2. Convenience store. Picnic area. |
| 35.8 | R | ME 159 | 10.0 | Services available in Island Falls except bicycle repair. |
| 45.8 | R | ME 11 | 0.3 | Turn left on ME 159 for Lumberman’s Museum. |
| 46.1 | R | Patten Academy Alumni Park | | End of Ride |

