



10-, 12-, and 24-mile: Gentle terrain, some hills, for almost all cyclists

The 10-mile loop begins in Winter Harbor. Grindstone Neck has scenic views and a picnic spot. The 12- and 24-mile loops take cyclists through the easternmost reaches of Acadia National Park to beautiful Schoodic Point, as well as through picturesque fishing villages and along a dramatic stretch of Maine’s rocky coast. Pack a picnic lunch to enjoy at Schoodic Point and savor the spectacular views of Mount Desert Island and Frenchman Bay along the way. The 12- and 24-mile rides begin at the Frazer Point picnic area.

No matter where you start, these are excellent beginners’ loops for road cycling as they are almost exclusively on the low-speed roads of Acadia National Park except for the final 2 miles on ME 186.

Special features: Easternmost section of Acadia National Park; coastal views; picturesque fishing villages of Winter Harbor and Corea (one of Maine’s most photographed fishing villages); Prospect Harbor; wildlife; lighthouses

Road conditions: Generally good

Cautions: Narrow roads; traffic may be heavy in summer. Use extra caution on ME 186. Some roads with no shoulders.

Starting point: The 10-mile ride begins at the Winter Harbor town office or school on Harbor Road (corner of School Street and Harbor Road). The other two rides begin at the Frazer Point picnic area near the entrance to the Schoodic Peninsula on Moore Road.

See p. 9 for accommodation information and events in the area.



CUE SHEET LEGEND	
R	RIGHT TURN
L	LEFT TURN
S	CONTINUE STRAIGHT
BR	BEAR RIGHT
BL	BEAR LEFT
QR	QUICK RIGHT
QL	QUICK LEFT

At	Go	Onto	For	Travel Information
10-mile ride			Winter Harbor—Summer Harbor	
<i>Starting Point:</i>			<i>Winter Harbor Town Office or School on Harbor Rd (Corner of School St & Harbor Rd)</i>	
0.0	R	Harbor Rd	0.0	
0.0	R	Main St	0.3	
0.3	L	ME 186	2.6	Moderate traffic, no shoulder
2.9	L	Summer Harbor Rd	3.2	Narrow road, no shoulder
6.1	R	Grindstone Ave	1.5	Picnic spot
7.6	Retrace Route	Grindstone Ave	1.5	Retrace route to Main St
9.1	R	Main St	0.4	
9.5	R	Harbor Rd	0.0	
9.5		Town Office parking lot		End of Ride
12-mile ride			Schoodic Peninsula Park Loop	
<i>Starting Point:</i>			<i>Frazer Point picnic area on Moore Rd at entrance to Schoodic Peninsula</i>	
0.0	R	Schoodic Peninsula Park Loop	3.0	One-way for bicycles and cars
3.0	BR	At Y to Schoodic Point	0.6	
3.6	Retrace Route	Schoodic Point Rd	0.6	Retrace route to Park Loop Rd
4.2	BR	Park Loop Rd (East Schoodic Dr)	2.6	One-way for bicycles and cars
6.8	S	East Schoodic Dr	1.9	Becomes two-way for bicycles and cars
8.7	L	ME 186 (Main St)	1.7	Moderate traffic, no shoulder
10.4	L	Moore Rd	1.6	
12.0	R	Frazer Point picnic area	0.0	
12.0		Frazer Point parking lot		End of Ride
24-mile ride			Schoodic Peninsula—Lighthouse Point—Corea	
<i>Starting Point:</i>			<i>Frazer Point picnic area on Moore Rd at entrance to Schoodic Peninsula</i>	
0.0	R	Schoodic Peninsula Park Loop	3.0	One-way for bicycles and cars
3.0	BR	At Y to Schoodic Point	0.6	
3.6	Retrace Route	Schoodic Point Rd	0.6	Retrace route to Park Loop Rd
4.2	BR	Park Loop Rd (East Schoodic Dr)	2.6	One-way for bicycles and cars
6.8	S	East Schoodic Dr	1.9	Becomes two-way for bicycles and cars
8.7	R	ME 186 (Main St)	2.2	Moderate traffic and no shoulder. Convenience store and restaurant at intersection
10.9	R	ME 195 (Corea Rd)		Deli on left
10.9	BR	Lighthouse Rd	0.5	To Prospect Harbor Point Light
11.4	Retrace Route	Lighthouse Rd	0.5	Retrace route to ME 195
11.9	R	ME 195 (Corea Rd)	3.0	Explore scenic Youngs Point Rd and Cranberry Point Rd
14.9	Retrace Route	ME 195 (Corea Rd)	3.1	Retrace route to ME 186/ME 195
18.0	L	ME 186/ME 195	0.1	Moderate traffic, no shoulder
18.1	S	ME 186 (Main St)	3.8	Moderate traffic, no shoulder
21.9	L	Moore Rd	1.6	
23.5	R	Frazer Point picnic area	0.0	
23.5		Frazer Point parking lot		End of Ride