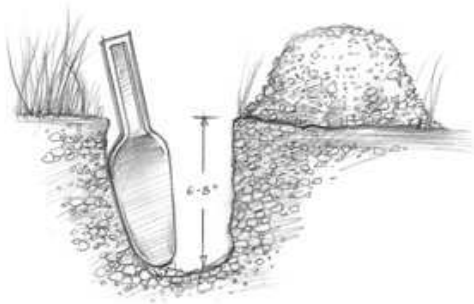


Leave No Trace Principles

Leave No Trace is a national and international program designed to assist outdoor enthusiasts with their decisions about how to reduce their impacts when they hike, camp, picnic, snowshoe, run, bike, hunt, paddle, ride horses, fish, ski or climb. The program strives to educate all those who enjoy the outdoors about the nature of their recreational impacts as well as techniques to prevent and minimize such impacts.

Catholes

Catholes are the most widely accepted method of waste disposal. Locate catholes at least 200 feet (about 70 adult steps) from water, trails and camp. Select an inconspicuous site where other people will be unlikely to walk or camp. With a small garden trowel, dig a hole 6-8 inches deep and 4-6 inches in diameter. The cathole should be covered and disguised with natural materials when finished. If camping in the area for more than one night, or if camping with a large group, cathole sites should be widely dispersed.



Toilet Paper

Use toilet paper sparingly and use only plain, white, non-perfumed brands. Toilet paper must be disposed of properly! It should either be thoroughly buried in a cathole or placed in plastic bags and packed out.