



# Anaplasmosis

Maine Surveillance Report | 2018

## Case Information:

# 476

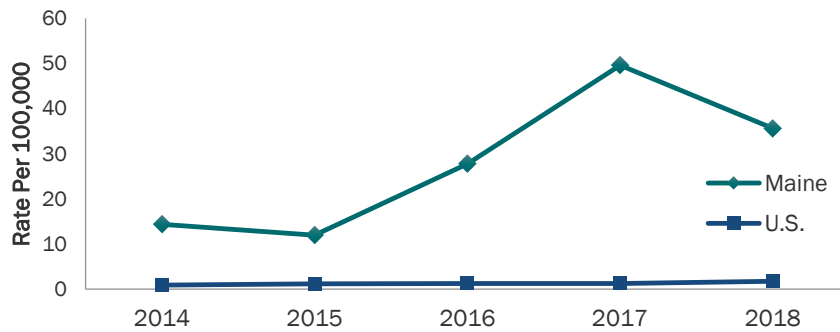
Confirmed and probable cases of anaplasmosis

# 35.6

Cases per 100,000 people

# 28%

Decrease from 2017



## Demographics:

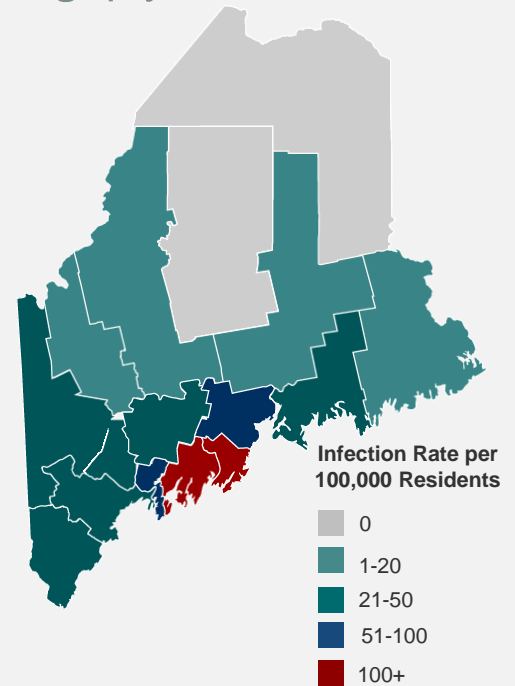


63% of patients were male

Median age of 61  
Age range of 3-92 years

97% White

## Geography:



## Characteristics:



- Highest rates among 65+ age group



- 31 People with anaplasmosis were co-infected with Lyme disease.



- Signs and symptoms include fever, headache, malaise, and body aches



- 4 People with anaplasmosis were co-infected with babesiosis.

## Hospitalizations:



- 101 (21%) patients were hospitalized
- 6% decrease from 2017

## Prevention:

- Wear light-colored clothing, including long-sleeved shirts, long pants, and socks
- Use an EPA-approved repellent
- Avoid wooded and brushy areas with high grass and leaf litter
- Check your clothing and gear for ticks and do a full-body tick check when coming back indoors

## For more information visit:

- [www.maine.gov/dhhs/anaplasmosis](http://www.maine.gov/dhhs/anaplasmosis)
- [www.cdc.gov/anaplasmosis](http://www.cdc.gov/anaplasmosis)