



Lyme Disease

Maine Surveillance Report | 2018

Case Information:

1,405

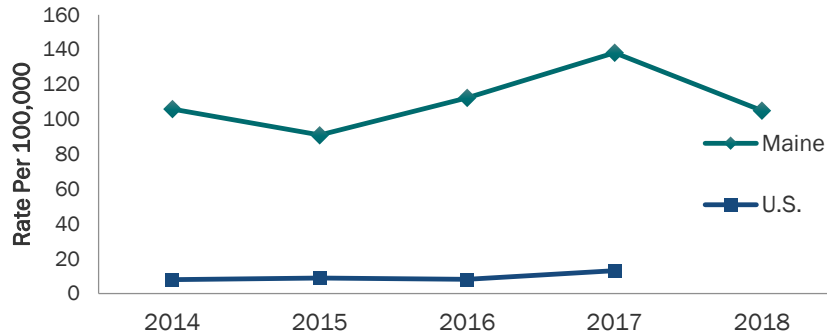
Patients diagnosed with Lyme disease

105.0

Cases per 100,000 people

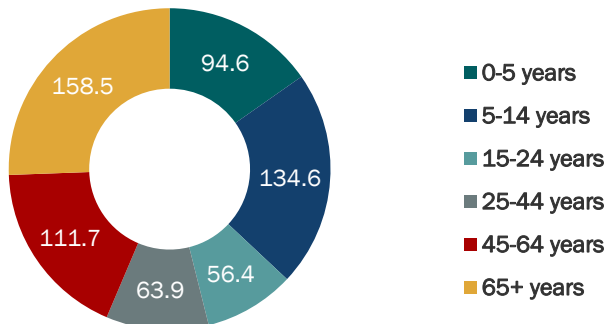
24%

Decrease from 2017



Characteristics:

Infection Rate by Age Group



- Most infections occur during the summer months, peaking in July
- 2% of patients were hospitalized
- 31 People with Lyme were co-infected with anaplasmosis
- 12 People with Lyme were co-infected with babesiosis

Symptoms Reported:



- EM (Bullseye Rash) – 46%
- Arthritis – 34%
- Neurologic – 9%
- Cardiac – 0.2%

Demographics:

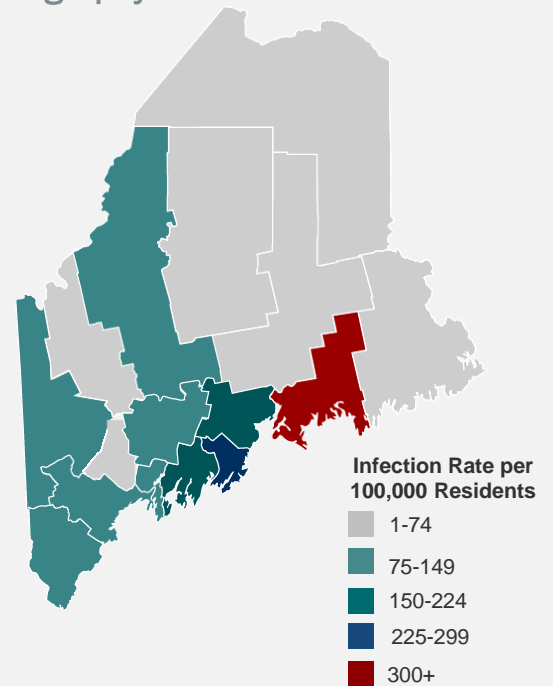


57% of patients were male

47 years old on average
Age range of 1 -92 years

83% White

Geography:



Prevention:

- Wear light-colored clothing, including long-sleeved shirts, long pants, and socks
- Use an EPA-approved repellent
- Avoid wooded and brushy areas with high grass and leaf litter
- Check your clothing and gear for ticks and do a full-body tick check when coming back indoors

For more information visit:

- www.maine.gov/lyme
- www.cdc.gov/lyme