Lyme Disease
Maine Surveillance Report | 2017

Case Information:

1,852 Patients diagnosed with Lyme disease
138.3 Cases per 100,000 people
23% Increase from 2016

Demographics:
- 60% of patients were male
- 53 years old on average
- Age range of 1-99 years
- 80% White

Geography:

Characteristics:

- Most infections occur during the summer months, peaking in July
- 3% of patients were hospitalized
- 37 People with Lyme were co-infected with anaplasmosis
- 12 People with Lyme were co-infected with babesiosis

Infection Rate by Age Group

- 0-5 years
- 5-14 years
- 15-24 years
- 25-44 years
- 45-64 years
- 65+ years

Symptoms Reported:

- EM (Bullseye Rash) – 48%
- Arthritis – 29%
- Neurologic – 11%
- Cardiac – 0.5%

Prevention:
- Wear long-sleeved, light-colored clothing
- Avoid wooded and brushy areas with high grass and leaf litter
- Check your clothing and gear for ticks and do a full-body tick check when coming back indoors

For more information visit:
- www.maine.gov/lyme
- www.cdc.gov/lyme

All suspected or confirmed cases of Lyme disease must be reported to Maine CDC