**Case Information:**

- **30** Patients diagnosed with HIV
- **2.2** Cases per 100,000 people
- **3.4%** increase since 2017

**Number of New Diagnoses**

- [Graph showing number of new diagnoses from 2006 to 2018]

**Transmission Category:**

- **33.3%** Male to Male Sexual Contact (MSM)
- **10%** Reported adult injection drug use (IDU)
- **37%** Reported no risk factor reported

**Prevention:**

- Proper condom use
- PrEP for those at risk
- Treatment for those who are HIV positive/maintaining viral suppression
- Regular HIV testing by providers
- Clean injecting equipment

**Demographics:**

- 77% of new cases were male
- 37% ages 24-34
- 70% Not Hispanic, White
- 17% Not Hispanic, Black

**Geography (Public Health District):**

- [Map of Maine showing public health districts]

**For more information visit:**

- [https://www.cdc.gov/hiv/default.html](https://www.cdc.gov/hiv/default.html)
- [https://www.cdc.gov/hiv/basics/prep.html](https://www.cdc.gov/hiv/basics/prep.html)
Understanding HIV:

- HIV health care providers help patients determine which HIV medications are best for their individual needs (ARTs).
- PLWH who take their medication as prescribed can reduce the amount of HIV in their body (viral load), keeping them healthy.
- People with undetectable viral loads are not able to transmit their HIV to another person through sex or syringe sharing (treatment as prevention).
- If you or someone you know is concerned that they may have been in contact with HIV, get tested. Everyone between the ages of 13-64 should be tested at least once in their lifetime, and if you are at higher-risk as your doctor to be tested.

For more information visit:

- [https://www.cdc.gov/hiv/basics/livingwithhiv/index.html](https://www.cdc.gov/hiv/basics/livingwithhiv/index.html)
- [https://www.cdc.gov/hiv/basics/livingwithhiv/treatment.html](https://www.cdc.gov/hiv/basics/livingwithhiv/treatment.html)
- [https://www.cdc.gov/hiv/basics/livingwithhiv/understanding-care.html](https://www.cdc.gov/hiv/basics/livingwithhiv/understanding-care.html)

### People Living with HIV in Maine:

**1,724**

Estimated number of people living with HIV in Maine

**128.8**

Cases per 100,000 people

### Diagnostic Status:

- **50%** Of prevalent cases were CDC defined Adult AIDS
- **21%** of PLWH in Maine were diagnosed with AIDS simultaneously
- **75%** of PLWH in Maine were born in the United States
- **55%** of PLWH in Maine identified as men who have sex with men (MSM)

### Characteristics of People Living with HIV (PLWH) in Maine:

<table>
<thead>
<tr>
<th>Age</th>
<th># Cases</th>
<th>% Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;20</td>
<td>24</td>
<td>1.38</td>
</tr>
<tr>
<td>20-24</td>
<td>19</td>
<td>1.10</td>
</tr>
<tr>
<td>25-29</td>
<td>52</td>
<td>3.02</td>
</tr>
<tr>
<td>30-34</td>
<td>79</td>
<td>4.58</td>
</tr>
<tr>
<td>35-39</td>
<td>140</td>
<td>8.12</td>
</tr>
<tr>
<td>40-44</td>
<td>149</td>
<td>8.64</td>
</tr>
<tr>
<td>45-49</td>
<td>194</td>
<td>11.25</td>
</tr>
<tr>
<td>50-54</td>
<td>307</td>
<td>17.81</td>
</tr>
<tr>
<td>55-59</td>
<td>304</td>
<td>17.63</td>
</tr>
<tr>
<td>60-64</td>
<td>222</td>
<td>12.88</td>
</tr>
<tr>
<td>&gt;= 65</td>
<td>234</td>
<td>13.57</td>
</tr>
</tbody>
</table>