Case Information:

- 101 Patients diagnosed with babesiosis
- 7.5 Cases per 100,000 people
- 14% Decrease from 2017

Characteristics:

- Highest rates among 65+ age group
- Signs and symptoms include extreme fatigue, aches, fever, chills, sweating, dark urine, and anemia
- 12 People with babesiosis were co-infected with Lyme disease.
- 4 People with babesiosis were co-infected with anaplasmosis.

Hospitalizations:

- 23 (23%) patients were hospitalized
- 14% decrease from 2017

Demographics:

- 72% of patients were male
- 61 years old on average
- Age range of 6-92 years
- 98% White

Prevention:

- Wear light-colored clothing, including long-sleeved shirts, long pants, and socks
- Use an EPA-approved repellant
- Avoid wooded and brushy areas with high grass and leaf litter
- Check your clothing and gear for ticks and do a full-body tick check when coming back indoors

For more information visit:
- www.maine.gov/dhhs/babesiosis
- www.cdc.gov/babesiosis

All suspected or confirmed cases of babesiosis should be reported to Maine CDC