Anaplasmosis
Maine Surveillance Report | 2018

Case Information:

- **476** Confirmed and probable cases of anaplasmosis
- **35.6** Cases per 100,000 people
- **28%** Decrease from 2017

**Demographics:**

- 63% of patients were male
- Median age of 61
- Age range of 3-92 years
- 97% White

**Geography:**

- Infection Rate per 100,000 Residents

**Characteristics:**

- Highest rates among 65+ age group
- 31 People with anaplasmosis were co-infected with Lyme disease.
- Signs and symptoms include fever, headache, malaise, and body aches
- 4 People with anaplasmosis were co-infected with babesiosis.

**Hospitalizations:**

- 101 (21%) patients were hospitalized
- 6% decrease from 2017

**Prevention:**

- Wear light-colored clothing, including long-sleeved shirts, long pants, and socks
- Use an EPA-approved repellant
- Avoid wooded and brushy areas with high grass and leaf litter
- Check your clothing and gear for ticks and do a full-body tick check when coming back indoors

For more information visit:

- [www.maine.gov/dhhs/anaplasmosis](http://www.maine.gov/dhhs/anaplasmosis)
- [www.cdc.gov/anaplasmosis](http://www.cdc.gov/anaplasmosis)

All suspected or confirmed cases of anaplasmosis should be reported to Maine CDC.