**Case Information:**

- **1,405** Patients diagnosed with Lyme disease
- **105.0** Cases per 100,000 people
- **24%** Decrease from 2017

**Demographics:**

- 57% of patients were male
- 47 years old on average
- Age range of 1-92 years
- 83% White

**Prevention:**

- Wear light-colored clothing, including long-sleeved shirts, long pants, and socks
- Use an EPA-approved repellant
- Avoid wooded and brushy areas with high grass and leaf litter
- Check your clothing and gear for ticks and do a full-body tick check when coming back indoors

**For more information visit:**

- [www.maine.gov/lyme](http://www.maine.gov/lyme)
- [www.cdc.gov/lyme](http://www.cdc.gov/lyme)

**Symptoms Reported:**

- EM (Bullseye Rash) – 46%
- Arthritis – 34%
- Neurologic – 9%
- Cardiac – 0.2%

**Geography:**

- Infection Rate by Age Group
- Most infections occur during the summer months, peaking in July
- 2% of patients were hospitalized
- 31 People with Lyme were co-infected with anaplasmosis
- 12 People with Lyme were co-infected with babesiosis

**Infection Rate per 100,000 Residents**

- 1-74
- 75-149
- 150-224
- 225-299
- 300+