**Department of Health and Human Services (DHHS)-Baxter Counseling Fund**

Last Updated; June 4, 2025

**DHHS Contracted Counselors:**

#### Maine Deaf Counseling, LLC

Health Affiliates Maine  
**Tony Brucato, LCPC-C**Office (VP/VRS): 207-558-4404  
Text: 207-613-6897  
Email: [brucato@deafcounselingmaine.org](mailto:brucato@deafcounselingmaine.org)  
  
Office Location:  
Motivational Services, Inc.  
71 Hospital Street  
Augusta, Maine 04332

Deaf, male clinician provides culturally sensitive therapy to Deaf, Hard of Hearing and Children of Deaf Adults. Individual, family and group counseling.

Areas of counseling services:

* Deaf Identity Development
* Parenting Deaf Child
* Child & Adolescent Behavior
* Behavioral & Academic Problems
* Depression
* Anxiety
* PTSD
* ADHD/ADD
* Life Stressors
* Others

**Deaf Multicultural Counseling, LLC**

**Makoto Ikegami, DSW, LCSW (he/him/his)**

Owner/Psychotherapist

Deaf Multicultural Counseling, LLC

Website: <https://makotolcsw.clientsecure.me/>

Email: [makoto@deafmulticulturalcounseling.com](mailto:makoto@deafmulticulturalcounseling.com)

(470) 763-5282 (Video Relay Services/Videophone)

(855) 848-9904 (Fax)

Dr. Makoto Ikegami, a licensed clinical social worker with over a decade of experience, leads Deaf Multicultural Counseling (DMC). Offering virtual psychotherapy across multiple states, including Pennsylvania, Georgia, Florida, New York, Maine, Texas, and Maryland, DMC caters to the unique needs of the deaf and hard-of-hearing communities.

#### Echo Dixon, LCSW

15 York Street

Building #9, Suite #201B

Biddeford, ME 04005

(207) 332-0023 (T/V)

(207) 494-5520 (VP)

Email: [echodixonlcsw@gmail.com](mailto:echodixonlcsw@gmail.com)  
[Psychology Today](https://www.psychologytoday.com/us/therapists/echo-dixon-westbrook-me/150780)

Individual and couples/group therapy in ASL. Training in Cognitive Behavior Therapy and Dialectical Behavior Therapy for mental health: ADHD, ADD, Anger Management, Autism, Bipolar Disorder, Adolescent, Depression, Divorce, Domestic Violence, Eating Disorders, Family Conflict, Grief, Institutional Abuse specific to Deaf, Intellectual Disability, Learning Disability, Obsessive-Compulsive Disorder, Oppositional Defiant Disorder, Parenting, Relationships, Self-Esteem, Trauma, GLBTQ, and Personality Disorders. See ages 10 - 110. Insurance, accept all.

**Lori Tully, MS, CRC, LCPC**

1 Constellation Way

Falmouth, Maine 04105

207-318-2434 (V)  
Email: [ltully@maine.rr.com](mailto:ltully@maine.rr.com)  
Website: [Lori Tully Counseling](http://www.loritully.com/)

Offering private, HIPAA complaint teletherapy via [doxy.me](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fdoxy.me%2F&data=05%7C01%7CNancy.A.Winter%40maine.gov%7Cc3f8e24250a7455d836808dae420d1e0%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C638073127001218561%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000%7C%7C%7C&sdata=UXLP9NgL5OOXeUP2LijWT2UWlDojpOoJbA5fRjZfhio%3D&reserved=0).

**My Deaf Therapy**

Website: [https://www.mydeaftherapy.com/](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.mydeaftherapy.com%2F&data=05%7C02%7CNancy.A.Winter%40maine.gov%7C3ae39780d2e14ee2f90508dd7386ed8b%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C638793745541396018%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=0wLseQ6JXUDI2Av2P6TI7glQoFVQpVDGl84M%2BYxt5FY%3D&reserved=0)

Email: [welcome@mydeaftherapy.com](mailto:welcome@mydeaftherapy.com)

(240) 575-2203 (Videophone/Video Relay Services)

(240) 689-8230 (Text/Voice)

(240) 877-0511 (Fax)

Kristine Gile, LCPC

<https://www.mydeaftherapy.com/kristine-gile>

With over 20 years of experience, Kristine works with a diverse range of clients, including children, adolescents, families, and adults. Kristine is skilled in addressing challenges such as depression, anxiety, trauma, parenting issues, and behavioral concerns in children. As a highly trained clinician, she is experienced in multiple evidence-based therapies, including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Parent-Child Interaction Therapy (PCIT), Child and Parent Psychotherapy (CPP), and Cognitive Behavioral Therapy (CBT), and is dedicated to providing compassionate, individualized care.

Courtni Hurd, LCSW

<https://www.mydeaftherapy.com/courtni-hurd>

Courtni Hurd is a Licensed Clinical Social Worker specializing in working with Deaf and Hard of Hearing (DHH) individuals. Her therapy approach blends mindfulness, cognitive-behavioral techniques, and trauma-informed methods, empowering clients to discover their inner strengths. Licensed in Arizona, Maine, Nevada, and Utah, Courtni has over a decade of experience working with children and DHH adults. Her specialties include anxiety, work-related stress, and trauma.

Online Therapy Services-Nationwide

At My Deaf Therapy, we are a team of therapists fluent in ASL, committed to providing accessible, culturally aware, and sensitive care tailored to the unique needs of the Deaf and Hard of Hearing community. We also offer support to the families and loved ones who walk alongside you in this process. Our approach is holistic, blending evidence-based methods like cognitive behavioral therapy and social-emotional therapy to foster overall well-being. Whether you're seeking individual support or guidance as part of a family or relationship, we’re here to help you create lasting, life-affirming changes.

**National Deaf Therapy**

Email: [hello@nationaldeaftherapy.com](mailto:hello@nationaldeaftherapy.com)

Website: [www.nationaldeaftherapy.com](http://www.nationaldeaftherapy.com)

National Deaf Therapy is a virtual-based mental health counseling service for the Deaf, DeafBlind, DeafDisabled, Hard-of-Hearing, and Late-Deafened populations by a team of Deaf Licensed Therapists.

We have a team of Deaf Licensed therapists that provide mental health therapy services. Also, we offer Wellness Subscription packages, and mental health training and workshops.

We have had successful partnership opportunities with different companies and organizations to provide specific mental health support.