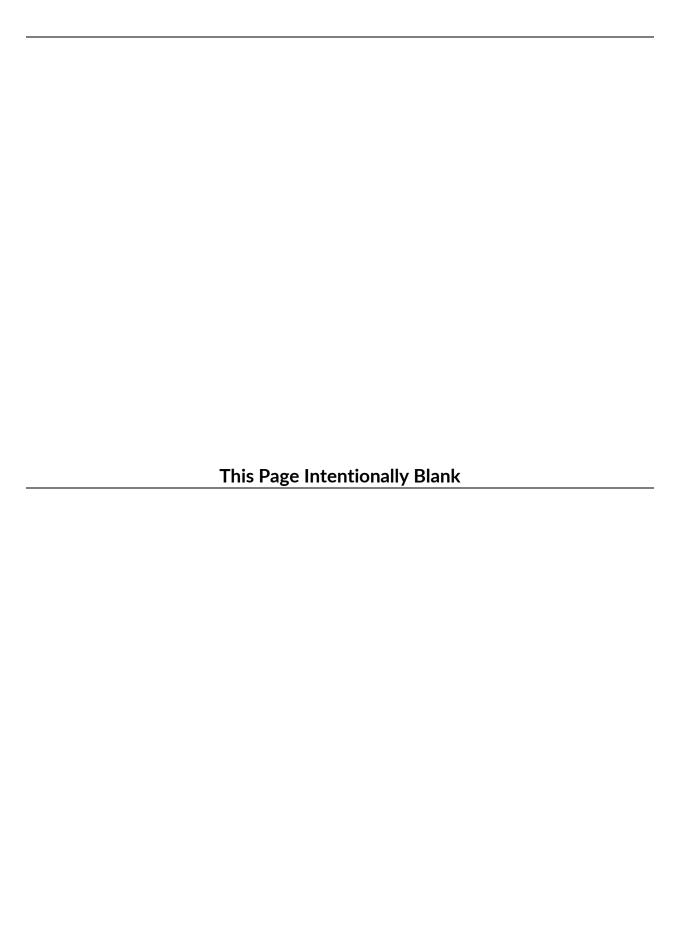
The Bureau of Rehabilitation Services works to bring about full access to employment, independence, and community integration for people with disabilities.

Bureau of Rehabilitation Services HIGHLIGHTS

Program Year 2021 (July 1, 2021 – June 30, 2022)









DEPARTMENT OF LABOR BUREAU OF REHABILITATION SERVICES 150 STATE HOUSE STATION AUGUSTA, MAINE 04333-0054

LAURA A. FORTMAN
COMMISSIONER

Message from the Bureau Director

Welcome to the latest edition of our *BRS Highlights!* The Bureau of Rehabilitation Services (BRS) is pleased to be part of the Maine Department of Labor serving residents with disabilities and businesses throughout the state. As a department and as a bureau, we are pursuing goals to increase our awareness and competencies related to Disability, Equity, Inclusion, and Accessibility with the purpose of attracting and retaining a more diverse workforce and ensuring that our services are welcoming and effective for all Mainers with disabilities who need our assistance.

This last year has been one of continued transition as we moved out of the pandemic's state of emergency and were able to increase our in-person interactions safely and effectively. As challenging as things have been, we have had many opportunities for innovation, learning, and growth in our delivery of services to individuals with disabilities and in our partnerships with employers, advocates, community-based organizations, and other state agencies.

Nationally, the data is also encouraging as we saw workers with disabilities surpass their counterparts without disabilities in more quickly returning to pre-pandemic levels of employment. Workforce demand and workplace changes, including technological advances and remote access, have offered opportunities for people with disabilities to move from the sidelines to employment at higher levels than ever previously achieved. Although still far too low at an employment rate of 36.9 % in Maine, the landscape is promising!

BRS is proud to be helping our beautiful state thrive through the contributions of people with disabilities, ensuring that we all prosper in a diverse and inclusive place to live and work.

We hope that you enjoy this publication!

Karen Fraser, Bureau Director

Karn Francis

PHONE: (207) 623-7943

TTY users call Maine Relay 711

FAX: (207) 287-5292

The Maine Department of Labor provides equal opportunity in programs, services and employment.

Auxiliary aids and services are available to individuals with disabilities upon request.

Programs are provided as a proud partner of the American Job Center network.

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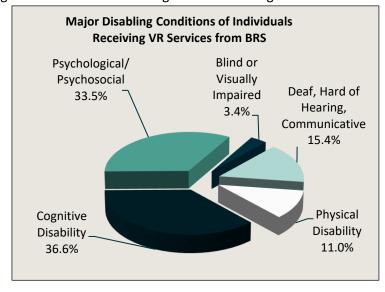
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Bureau of Rehabilitation Services Overview

The Bureau of Rehabilitation Services (BRS) is comprised of three Divisions – the Division of Vocational Rehabilitation (DVR), the Division for the Blind and Visually Impaired (DBVI), and the Division of Systems Improvement and Quality Assurance (SIQA). Like other Maine employers, BRS has been facing significant workforce challenges with an average of **123**

employees delivering public vocational rehabilitation and independent living services to people with disabilities throughout the last year. Co-located at CareerCenters statewide, BRS also houses the Office of the State Accessibility Coordinator, who leads the State's compliance under the Americans with Disabilities Act (ADA) and Section 504 (see page 9).

The Rehabilitation Act of 1973, as amended by the Workforce Innovation and Opportunity Act (WIOA) of 2014, establishes program eligibility and the scope of services provided through DVR and DBVI. Included are vocational counseling and guidance, physical restoration services, education and skills training, and job placement services. DBVI, in conjunction with the Department of Education, also serves all children who are blind in Maine.

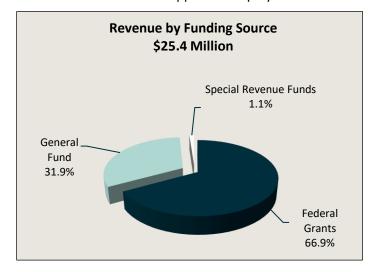


This past year, **7,756** Mainers with disabilities received services from BRS; of those participants, **5,678** received services with a plan for employment. Counselors worked with clients who had an employment plan, on average, for **24.2** months. A total of **511** clients were successfully employed earning an average wage of **\$546.73** per week.

BRS receives most of its funding from federal grants, some of which require matching state funds. The largest (one administered by DVR and one administered by DBVI) are from the Department of Education's Title I grant program for vocational rehabilitation services.

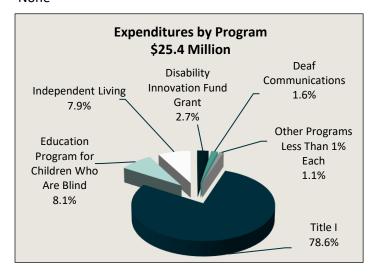
Federal Grants

Vocational Rehabilitation Independent Living Supported Employment - Youth Supported Employment - Adult



Required General Fund Match

4:1 (21%) 9:1 (11%) 10% None



Special Revenue income is received from the Business Enterprise Program, the Worker's Compensation Board, and the Public Utilities Commission for telecommunications. The use of the Special Revenue funds is restricted for these specific purposes.

How We Define Success...



After "Martha" lost her vision as a teen, she came to DBVI for education and vocational rehabilitation services. Martha benefited from Orientation & Mobility, Vision Rehabilitation Therapy, Assistive Technology and Employment services, including several summer programs to build her skills. Paid work experiences and a part-time job in early childhood education after attending college gave Martha the real-world career preparation to enter her chosen career as an Ed Tech in her local school system. Martha reports that she "loves working with my students"!



"Caleb" was hired at a large building materials supplier near his home. As a yard worker, he retrieves carts and is loving his position. With ongoing supports, Caleb is growing in his independence in this job and is quickly becoming a valued team member!



When "Miguel" experienced significant changes in his hearing, he was concerned that he would have to give up his career as a high school teacher and coach. Services through Vocational Rehabilitation – including assistance with a hearing aid and guidance and counseling – gave Miguel back his confidence that he will be able to continue in employment for years to come.



With natural supports in place at a local donut shop, "Priscilla" has found success in employment for the first time.



"Summer's" anxiety made them feel that employment in the community may never be possible. Through participating in Progressive Employment activities and working with a VR counselor who had a strong understanding of intersectional needs, Summer was able to successfully complete a work experience and re-engage with education and training.



An employer partnership with a large pharmacy chain led to statewide opportunities for job shadows and paid work experiences – and to employment for two clients who are Deaf!



"Amara" began services with DBVI five years ago. She had experienced a number of challenges throughout her life, but with the support of DBVI was able to successfully complete a bachelor's degree in psychology. With her new credentials, Amara was able to quickly find full-time employment as a social services caseworker!



"RJ" had always wanted to work in state government but didn't think it would be possible. With assistance from his VR counselor, RJ was able to make his dream come true. "I feel very fortunate to have landed this job and will do everything in my power to keep it."

Division of Vocational Rehabilitation (DVR)

Libby Stone-Sterling, PhD, Director

Maine's DVR assists individuals with disabilities who wish to achieve, retain, or advance in employment. Any person who wants to pursue employment and has a disability that creates a barrier to employment is encouraged to apply. Once determined eligible, individuals develop a plan for employment, which outlines the services needed to successfully achieve their employment goal.

Contributing to the Maine Economy

While maintaining a wait list for services, DVR assisted **493** people to find employment success over the last year. This resulted in these individuals earning a total of **\$11,332,508.72** in annual wages. Across the state and across industry sectors, DVR clients are joining or rejoining the workforce in jobs such as:

Accountants and Auditors
Administrative Services Managers
Agricultural Technicians
Aircraft Mechanics and Service Technicians

Bus Drivers, School

Carpenters Cashiers

Chief Executives
Childcare Workers

Clergy

Clinical and Counseling Psychologists

Community Health Workers

Construction Laborers
Data Entry Professionals

Dieticians and Nutritionists
Drywall and Ceiling Tile Installers

Electricians

Engineering Technicians Financial Managers Food Service Managers Graphic Designers

Grounds Maintenance Workers Healthcare Support Workers Highway Maintenance Workers

Home Health Aids

Human Resource Specialists Information Security Analysts Interpreters and Translators Janitors and Cleaners

Machinists

Medical Assistants Nursing Assistants Office Clerks

Orderlies

Parts Salespersons
Postal Service Clerks
Registered Nurses
Retail Salespersons
Security Guards
Social Workers

Teachers

Waiters and Waitresses

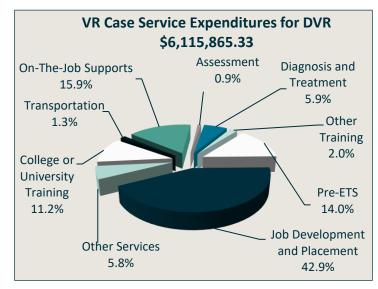
Individuals Served

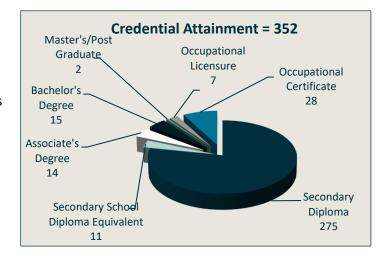
2,287 New VR Applicants

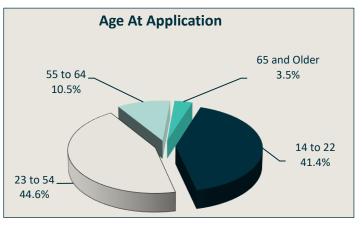
2,945 Youth with Disabilities who received Transition Services

5,027 Received Services through Employment Plans

493 Individuals Successfully Employed







DVR Initiatives and Innovations



Above: Students tour Southern Maine Community College during a College Bus Tour in 2022.

NEW! College Bus Tours Many Maine students with disabilities do not have the opportunity to visit colleges first-hand as they consider their post-secondary plans. To address that need, DVR launched a new Pre-Employment Transition Services program this year – taking high school students on two one-week bus tours of community colleges and universities across Maine. Students met with college staff, toured campuses, slept in the dorms and ate cafeteria food all while making friends and increasing their knowledge of Maine's numerous higher education opportunities!

Relational Skills (PEERS®) is world-renowned for providing evidence-based social skills treatment. Through a research partnership with Dr. Sarah Howorth at the University of Maine, DVR staff became certified to deliver PEERS® via telehealth to youth and young adult ages 14 to 24 with Autism Spectrum Disorders (ASD) around the state. DVR was excited to offer PEERS®, knowing how difficulties with interpersonal skills can negatively impact attainment of employment goals for individuals with ASD. The partnership is believed to be the first of its kind in the nation. Initial results are very promising!

Virtual Services Reach Individuals in Rural Areas DVR's virtual services allowed access during the pandemic – but have continued to be in demand due to their quality and ease of access. From Pathful Explore (formerly Virtual Job Shadow) to Career Exploration Workshops to Virtual Job Clubs to employer interviews – DVR is finding success in reaching individuals of all ages in rural areas! DVR is also continuing a computer and hotspot loan initiative that has proven useful in increasing access to programs and services.

Progressive Employment From a pilot that launched in 2015, DVR has continued to expand opportunities for youth and adults through the Progressive Employment dual customer approach that uses a unique teaming strategy called "Jobsville" and a series of coordinated work-based learning activities to promote career exploration for jobseekers while introducing employers to a new talent pool. With training modules in Progressive Employment now able to be offered on demand by DVR staff and growing practitioner capacity, the model is finding success in opening doors for individuals with multiple barriers to employment.

Targeted Population Liaisons Each office has established a liaison with subject area knowledge related to Foster Care, Corrections, and Veterans to best support coordination and improved outcomes for mutual clients. These liaisons serve as a point of contact and assist with promoting connections within and outside Vocational Rehabilitation. This year a new liaison group was developed to enhance DVR's relationship with the Office of Aging and Disability Services (OADS).

Partnership to Increase Competitive Integrated Employment Outcomes DVR has long had a strong partnership with DHHS – Office of Aging and Disability Services, but with the implementation of the Home and Community Based Settings (HCBS) Rule, the impact of the pandemic and other changes, the agencies have recommitted to new strategies to meet the employment needs of individuals with Intellectual/Developmental Disorders. In addition to joint training, another innovative approach has been the co-location of an OADS Employment Specialist within the DVR Bangor office.

Bureau of Rehabilitation Services (BRS) Apprenticeship Program

The year 2022 was highlighted by a number of exciting and transformational accomplishments, which helped to shape how the Maine Bureau of Rehabilitation Services (BRS), in partnership with the Bureau of Employment Services (BES), and the Maine Apprenticeship Program (MAP), worked to increase and to engage apprenticeships and pre-apprenticeships in the Maine workforce. Some of these accomplishments include:

- Participating in the selection committee that awarded over \$12 million to 14 organizations through the Maine Jobs and Recovery Plan to provide more than 3,000 Maine people with new apprenticeship or pre-apprenticeship opportunities, more than doubling the number of Maine's current apprentices. BRS also helped shape the language used in the contracts of these awards to ensure inclusive and accessible hiring practices be established in recruitment of pre-apprentices and apprentices statewide, as well as an expectation that apprenticeship sponsors receive "Windmills Disability Awareness" training offered by BRS.
- Hiring a full-time BRS dedicated Apprenticeship Navigator who works directly with BRS staff and as part of the MAP team with funds from the State Apprenticeship Expansion, Equity, and Inclusion Grant.
- Working with the Institute for Community Inclusion to produce training videos for their "Innovative Guided Rehabilitation Employer Engagement Training (iGREET)" series offered to VR employment engagement staff nationwide.
- Identifying as an Apprenticeship Mentor State and presenting at the Rural Youth Apprenticeship Development
 (RYAD) Learning Collaborative sponsored by ICI. Wyoming and Vermont VR programs, recipients of RYAD technical
 assistance, were able to learn about the Maine BRS apprenticeship program and processes as they seek to expand
 their own apprenticeship programs.
- Producing, in partnership with MAP, a two-part webinar to assist apprenticeship sponsors in expanding their understanding of disability awareness and inclusive hiring practices. BRS provided better understanding of how to promote access to persons with disabilities in their recruitment process, including provision of reasonable accommodations and disability resources, and how BRS could help in their apprenticeship recruitment efforts to achieve their apprenticeship goals.
- Meeting with staff from the Burton Blatt Institute at Syracuse
 University who are working with Council of State Administrators of
 Vocational Rehabilitation (CSAVR) programs to identify State
 Vocational Rehabilitation programs "doing interesting work in
 apprenticeships."
- Working with staff from the National Disability Institute as they develop an apprenticeship assessment through their Apprenticeship Strategic Partnership and System Alignment TA Center.
- Continuing to meet quarterly with Maine workforce partners, including Eastern Maine Development Corporation, Coastal Counties Workforce, Inc., the Urban Institute, and the Maine Department of Health and Human Services.

Mentoring

Participating Registered Apprenticeship Sponsors provide on-site mentors as a requirement of apprenticeship.

Flexibility

Apprenticeships vary in duration (generally 1 to 4 years), are offered by both small and large businesses, and are tailored to meet the needs of the employer.

Earn While You Learn

Apprentices are paid employees from the first day of the apprenticeship.

National Occupation Credential

Upon completion of an apprenticeship, the apprentice is awarded a nationally recognized, portable credential.

For more information, contact Peter Diplock at: Peter.D.Diplock@maine.gov or call 207-215-3580.

Division for the Blind and Visually Impaired (DBVI)

Brenda Drummond, Director

Maine's DBVI provides a continuum of rehabilitation services to individuals who are blind or have low vision. Services may include individual counseling and guidance related to employment and adjustment to blindness issues, use of adaptive technology, low vision therapy, alternative skill training in communication (such as braille), instruction to develop independent travel skills (orientation and mobility), and instruction of daily living skills geared to being more self-sufficient. These services are provided through various programs:

Vocational Rehabilitation Program (VR) is primarily for working-age youth and adults who seek competitive, integrated employment. Services may include individual vocational counseling and guidance, vocational assessment, orientation and mobility instruction, low vision services, independent living services (vision rehabilitation therapy), and more.

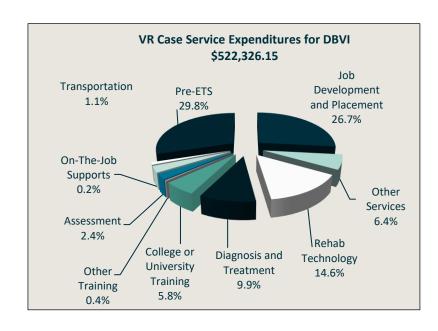
Business Enterprise Program (BEP) provides training and support to four licensed managers who operate snack bars, cafeterias, micro markets, and vending machines at 24 sites on state, federal, and municipal properties across Maine. BEP also provides employment to many other individuals with disabilities.

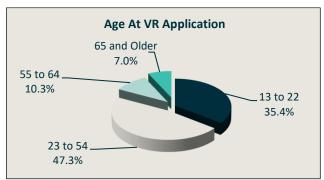
Independent Living Services (IL) provides training in adaptive skills and alternative techniques for accomplishing daily tasks that enable adults who are blind or visually impaired to be more self-sufficient. This year, 231 individuals applied for IL services and 463 received services through an individualized plan. Of the total 591 individuals served, sixty-eight percent were over age 55.

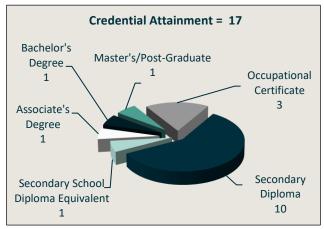
Education Services for Children Who Are Blind or Visually Impaired provides adaptive instruction services or consultation to approximately 300 students annually in home or at local schools related to academics and independence.

Individuals Served

- 71 New VR Applicants
- 77 Youth with Disabilities Received Transition Services
- 213 Received VR Services through Employment Plans
- 18 VR Individuals Successfully Employed







DBVI Initiatives and Innovations

DBVI Family Day 2022, hosted by the Division for the Blind and Visually Impaired (DBVI), brought students with visual impairments and their families together for a day of fun, learning, and networking. Families had the opportunity to learn about resources and participate in activities, such as adapting board games to make them accessible, experience an occluded obstacle course, listen to a braille book read aloud, participate in accessible crafts and table activities, and join a session for parents to share their experiences and insights with one another.



Above: The Middle School Visually Impaired Girls Group serves refreshments at the program's closing ceremony.

Middle School Visually Impaired Girls Group was the name chosen by the students from York and Cumberland County who participated in the six-week program targeted to middle school students that was hosted by DBVI and staff from the Education of Blind and Visually Impaired Children's program. During the six weeks, the students completed a volunteer project through Maine Needs and learned about budgeting, online shopping, comparative shopping, and the difference between volunteering and employment. Participants learned about personal safety and rode a city bus. They also created a menu

for the final session and shopped at the grocery store for needed items. The students learned proper food preparation/safety skills and made a variety of snacks to celebrate their accomplishments.

LIFE (Learning, Independence, Fun and Employment) Camp was a two-week residential program which focused on preemployment transition services (Pre-ETS) activities for students with low vision and additional disabilities. Students were introduced to adaptive home/personal management skills, such as cleaning, budgeting, shopping, meal prep, organization, and travel planning/training. They explored their strengths, interests, the difference between volunteering and employment, and identified the benefits of volunteering. Attendees directly explored jobs at Maine Needs, Sunflower Farm Creamery, and the BEP Sebago Lake site. The students learned about appropriate social skills, basic interview techniques, and shopped for a professional interview outfit. They also participated in technology classes, learning new apps and accessibility features of their personal devices. In addition to all their hard work, students participated in fun and leisure activities, such as a trip to the beach, a walk at Bug Light, and a campfire. Self-advocacy skills were coached, encouraged, and interwoven throughout the program. LIFE Camp introduced students to independence, employment, and empowerment!

NEW! DBVI's first Robotics and Cyber Academy Camp, a one-week residential program, was offered to high school students with disabilities with an interest in the field of algebra. Students from both DBVI and DVR assembled, programmed, and coded their own "bots," as well as learned cyber ethics and safety. Some of the programming included controlling sensors and components, creating sounds and music with a Piezo speaker, obstacle avoidance navigation, and terrain navigation. The students stayed at the University of Southern Maine's Gorham campus, giving them exposure to college life. They participated in evening activities that built social, communication, and teamwork skills.

No Barriers was a weekend, residential camp for students to participate in team building activities, including rock wall climbing, zip lining, and



Above: A group of students during the first Robotics Camp in 2022

hiking, while immersing themselves in the "7 life elements" of the No Barriers Curriculum developed by Erik Wiehenmyer, the first blind individual to climb to the summit of Mt. Everest. The students stayed at the UMaine 4-H Camp and Learning Center at Bryant Pond in Woodstock, ME. The training is designed to empower students to overcome their own personal barriers and, eventually, share with others.

Division for the Deaf, Hard of Hearing and Late Deafened (DDHHLD)

The Division for the Deaf, Hard of Hearing and Late Deafened (DDHHLD) provides information and referrals for resources of interest to people who have hearing loss throughout the state. This includes such things as interpreting services, hearing aids, and advocacy. The Commission for the Deaf, Hard of Hearing and Late Deafened (CDHHLD) created and actively works on an ongoing Five-Year Plan, which can be found at https://www.maine.gov/rehab/dod/index.shtml.

The CDHHLD worked with Representative Stanley Zeigler and the Judiciary Committee on LD 1336 "An Act to Discontinue the Use of the Terms Handicap, Handicapped and Hearing Impaired in State Law, Rules and Official Documents. The bill passed as amended and each State department will report how it will be implemented and the time frame needed.

Other accomplishments of the Division included issuing approximately a total of 440 Deaf identification cards and vehicle placards and providing Deaf Awareness trainings to a wide range of audiences, including E911 dispatchers.

Each year the Division and Commission organize the Annual Deaf Culture Tea Awards ceremony. Since the pandemic, the Tea has been celebrated remotely and in-person. We were honored with the presence of Governor Janet Mills, via video recording. This year we had a student and a former student as co-keynote speakers, and some Maine Educational Center of the Deaf and Hard of Hearing (MECDHH) students attended in person. Some of the students from MECDHH attended Youth Leadership Camp last summer, so presented about leadership and their camp experience during the keynote address. Approximately 105 people attended the Tea. Awards were presented to active community members following a welcome from the Commissioner of the Department of Labor and the keynote address.

The Division also continues to be involved with the National Deaf Center (NDC), which focuses on the needs of Deaf and hard-of-hearing transition students. Maine's NDC team includes the Division of Vocational Rehabilitation, Maine Education Center for Deaf and Hard of Hearing, Maine Behavioral Health, Disability Rights Maine, and the Department of Education. The priority that Maine's NDC team chose to focus on is *Leveraging Community Resources and Promoting Higher Expectations*.

The Division for the Deaf, Hard of Hearing and Late Deafened, with other agencies, established the first Deaf Career Day in Maine in 2022. It was a successful event, taking place in Portland. Approximately 60 people attended, including fourteen vendors, such as Goodwill, Maine Medical Center, State of Maine Bureau of Human Resources, and the Department of Health and Human Services. Several community members, Vocational Rehabilitation clients, and MECDHH high school students also participated. The next Deaf Career Day event will be in Augusta and/or Bangor.



Mural at Maine Educational Center for the Deaf and Hard of Hearing, created by artist Marena Thompson

Office of the State Accessibility and Independent Living Coordinator

State ADA Accessibility Highlights

The Accessibility Coordinator leads the State's compliance under the Americans with Disabilities Act (ADA) and Section 504. The Coordinator works with State agencies to develop and carry out policies and practices regarding services, facilities, web design, and communication. The Coordinator works with customers and departments to resolve any disability-based discrimination complaints.

A number of key initiatives, which BRS and the ADA Office have been pursuing for several years, grew and matured in 2022, including:

- Information Technology Accessibility Committee (ITAC) of MaineIT ITAC is a collaboration of many departmental representatives carrying out the <u>Digital Accessibility and Usability Policy</u>¹. The policy requires access to all State services, programs, and communications using the Internet. Key steps supporting implementation of the policy are:
 - A video giving high-level awareness about functional issues and disability rights for all staff (being developed by the Department of Administrative and Financial Services)
 - A growing cadre of knowledgeable staff throughout departments, providing resources and training; for example,
 MDOL will be offering ongoing learning opportunities on various platforms in 2023, as well as role-based and inperson training
 - A <u>resource library of digital accessibility</u> training materials in a single place recorded sessions, self-paced training modules – as well as the <u>MaineIT Accessibility Team page</u>³
- With direction from the Department of Administrative and Financial Services, accessibility coordinators are
 designated in each State agency and listed with a webcast of an <u>introductory overview of ADA responsibilities and</u>
 accommodations⁴

Independent Living Highlights

The State Independent Living (IL) Coordinator oversees contracts with the Independent Living Services Program at Alpha One and the Maine Statewide Independent Living Council (SILC), which support improved community and housing access for people with disabilities. The IL Coordinator works with the Kim Wallace Adaptive Equipment Loan Program, Maine's flexible loan program for assistive technology, as well as the Travel Helpers Training Program, the Assistive Technology Consortia, and others. The IL Coordinator provides technical assistance and training for Maine businesses and individuals about use of service animals and about disability rights in public accommodations and housing. Public access to outdoor recreation in Maine has garnered widespread recognition and resulted in numerous new State and private trails being built for accessibility⁵, particularly using Recreational Trails Program funding and incorporating user design.

Contact:	Eric Dibner, ADA Accessibility and IL Coordinator
Tel:	207-623-7950 (Voice)
TTY:	Call Maine Relay 711
Fax:	(207) 287-5292
E-mail:	Eric.Dibner@maine.gov

¹ https://www.maine.gov/oit/sites/maine.gov.oit/files/inline-files/DigitalAccessibilityPolicy.pdf

² https://www.maine.gov/oit/accessibility/resources

³ https://www.maine.gov/oit/accessibility

⁴ https://www.youtube.com/watch?v=X3kJwMjGH10

⁵ https://www.pbs.org/video/accessible-trails-4ep1zd/

Partners in Advocacy, Advisory Boards and Councils

Client Assistance Program at Disability Rights Maine provides information, advice, advocacy, and (if determined necessary) legal representation to persons who have concerns about the rehabilitation services they receive from DVR and DBVI. Website: https://drme.org/client-assistance-program

Commission for the Deaf, Hard of Hearing and Late Deafened is an advisory council that provides a review of the status of services to deaf and hard-of-hearing persons, recommends priorities for development, evaluates the progress made as a result of recommendations, and sets goals for activities of the division to carry out its obligations and responsibilities to the Deaf and hard of hearing communities.

Website: https://www.maine.gov/rehab/advisory_councils/dod

Commission on Disability and Employment (CDE) is a subcommittee of the State Workforce Board. The Commission promotes collaboration with the public and private sectors to increase awareness and influence policy related to employment for people with disabilities. Its members envision a Maine workforce that includes all people with disabilities employed in jobs that meet both their economic and personal needs.

Website: https://www.maine.gov/swb/committees/disability_employment/index.shtml

DBVI State Rehabilitation Council (SRC) is a diverse group of people concerned with the quality of vocational rehabilitation services provided to blind Maine citizens. The SRC's core functions are to review, analyze, and advise on the policies and other related entities involved with the employment of people who are blind or have vision impairments. Website: https://maine-src-dbvi.org

DVR State Rehabilitation Council (SRC) is a statewide citizens group that advises DVR about how well its programs and services match the needs of people with disabilities in Maine. In partnership, the SRC works with DVR to review, analyze, and advise the state agency regarding its performance in providing vocational rehabilitation services.

Website: https://mainesrc.org

State Independent Living Council (SILC) promotes a philosophy of independent living, which encompasses consumer control, peer support, self-help, self-determination, and equal access, as well as individual and system advocacy, to maximize the leadership, empowerment, independence and productivity of individuals with significant disabilities. Website: http://mainesilc.org

BRS Office Directory

Tel: 207-532-5019

Fax: 207-532-5309

Central Administrative Office Bureau of Rehabilitation Services From any location: 150 State House Station Tel.: 1-888-457-8883 Augusta, ME 04333 TTY users call Maine Relay 711 Tel: 207-623-6799 Fax: 207-287-5292 **Augusta CareerCenter Lewiston CareerCenter** 5 Mollison Way 45 Commerce Drive Augusta, ME 04333-0073 Lewiston, ME 04240-5805 Tel: 207-624-5120 Tel: 207-753-9000 Fax: 207-287-6249 Fax: 207-753-9051 **Machias CareerCenter Bangor CareerCenter** 53 Prescott Drive 45 Oak Street, Suite 1 Suite 2, Bangor, ME 04401-6664 Machias, ME 04654-9751 Tel: 207-561-4000 Tel: 207-255-1926 Fax: 207-561-4027 Fax: 207-255-3091 Northern Kennebec Valley CareerCenter **Greater Portland CareerCenter** 23 Stanley Road 151 Jetport Boulevard Hinckley, ME 04944 Portland, ME 04102 Tel: 207-474-4958 or 1-800-760-1572 Tel: 207-822-3300 Fax: 207-474-4914 Fax: 207-775-7870 **Presque Isle CareerCenter Houlton DVR Office** 66 Spruce Street 11 High Street Suite 3, Houlton, ME 04730-2421

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Fax: 207-768-6837

