



STATE OF MAINE
DEPARTMENT OF PROFESSIONAL
AND FINANCIAL REGULATION
Board of Counseling Professionals Licensure
35 STATE HOUSE STATION
AUGUSTA, MAINE
04333-0035

Educational Requirements Worksheet for Licensed Professional Counselor

Applicant's Name: _____ Applicant's School: _____

INSTRUCTIONS: Place the relevant course(s) from your transcripts into the appropriate category on the worksheet. A course cannot be used twice to fulfill more than one (1) content area. **NOTE:** You must attach a college catalog, description or syllabus to substantiate the specific material included in each course listed on the worksheet.

A minimum of three (3) credits in each of the following areas are required.

Content Area	Course No.	Course Title	Credit Hours	
			Qrt.	Sem.
1. Human Growth and Development				
2. Social and Cultural Foundations				
3. Helping Relationships				
4. Groups				
5. Lifestyle and Career Development				
6. Measurement				
7. Research and Evaluation				
8. Professional Orientation				
9. Practicum				
10. Internship				

NOTE: The following page contains the definitions of the above content areas

PLEASE BE SURE TO INCLUDE THIS COMPLETED WORKSHEET WITH YOUR APPLICATION

EDUCATIONAL REQUIREMENTS FOR LICENSED PROFESSIONAL COUNSELOR

Chapter 2, Section 1

Human Growth and Development: Studies that provide an understanding of the nature and needs of individuals at different developmental levels throughout the life span.

Social and Cultural Foundations: Studies that provide an understanding of societal changes and trends, human roles, social mores, and interaction patterns, and differing life styles.

Helping Relationships: Studies that provide an understanding of philosophic bases of helping processes, counseling theories and their applications, basic and advanced counseling skills, consultation theories and skills, self-understanding and self-development, and facilitation of client or consultee change.

Groups: Studies that provide an understanding of group development, dynamics, group counseling theories, group leadership styles, and group counseling methods and skills.

Lifestyle and Career Development: Studies that provide an understanding of career development theories, occupational and educational information services, career counseling, and career decision-making.

Measurement: Studies that provide an understanding of group and individual educational and psychometric theories and approaches to measurement, data and information-gathering methods, validity, reliability, psychometric statistics, factors influencing measurements, and use of measurement results in the helping process.

Research and Evaluation: Studies that provide an understanding of the types of research, basic statistics, research report development, research implementation, program evaluation, needs assessment, and ethical and legal consideration associated with research and evaluation.

Professional Orientation: Studies that provide an understanding of professional roles and functions, professional organizations and associations, history and trends within the profession, ethical and legal standards, and professional preparation standards and professional credentialing.

Practicum: A course of instruction that provides practical experience in counseling for the purpose of developing individual and group counseling skill. These studies include some counseling activities that a regularly employed licensed professional counselor would be expected to perform.

Internship: A supervised counseling experience of at least 600 clock hours. The internship provides an opportunity for the student to perform all the activities that a regularly employed counselor would be expected to perform.