

**Board of Counseling Professionals Licensure
Public Board Meeting
Monday, October 27, 2025**

MINUTES

MEMBERS PRESENT

Jennifer King, Board Chair (in person)
Angela Blier, Vice Chair (remote)
Joanne Grant (in person)
Ellen Grunblatt (remote)
Lisa-Ann Henry (in person)
Carolyn Silsby, Public Member (in person)

MEMBERS ABSENT

Holly Cavanaugh, Complaint Officer

STAFF PRESENT

Megan Hudson-MacRae, Assistant Attorney General
Penny Vaillancourt, Director
Mike Tarr, Comprehensive Health Planner II
George Morgan, Board Investigator
Cecile Sirois, Professional Licensing Supervisor
Katy Getchell, Office Specialist I

CALL TO ORDER

Board Chair, Jennifer King, called the meeting to order at 9:01 a.m.

MINUTES REVIEW AND APPROVAL

Review and approval of the September 22, 2025 minutes.

A motion was made by Joanne Grant and seconded by Ellen Grunblatt to approve the minutes as written.

Vote: 6 in favor.

COMPLAINT PRESENTATIONS

2025-COU-20827

A motion was made by Carolyn Silsby and seconded by Joanne Grant to dismiss the complaint and issue a letter of guidance citing Board Rules Chapter 8-A paragraph (5). The letter of guidance is to stay in the file for 1 year.

Vote: 6 in favor.

2025-COU-20920

A motion was made by Carolyn Silsby and seconded by Lisa-Ann Henry to dismiss and refer to the Attorney Generals Office.

Vote: 6 in favor.

APPLICATION REVIEWS

Board Reviewed Laws and Rules for AL, ID, KY and WA for equivalency to Maine's requirements.

AL

A motion was made by Ellen Grunblatt and seconded by Carolyn Silsby to consider AL requirements for and LCPC equivalent to Maine LCPC requirements.

Vote: 6 in favor.

ID

A motion was made by Joanne Grant and seconded by Lisa-Ann Henry to consider ID requirements for and LCPC equivalent to Maine LCPC requirements.

Vote: 6 in favor.

KY

A motion was made by Lisa-Ann Henry and seconded by Angela Blier to consider ID requirements for and LCPC equivalent to Maine LCPC requirements.

Vote: 6 in favor.

WA

A motion was made by Ellen Grunblatt and seconded by Carolyn Silsby to consider WA requirements for and LCPC equivalent to Maine LCPC requirements.

Vote: 6 in favor.

Initial Application: Vivian Hicks

A motion was made by Angela Blier and seconded by Lisa-Ann Henry to approve the application as meeting the requirements.

Vote: 6 in favor.

Initial Application: Lexie Triggiani

A motion was made by Angela Blier and seconded by Ellen Grunblatt to consider a Master's degree in School Counselor as meeting the educational requirements and to waive the conditional licensed supervised experience and approve the application.

Vote: 6 in favor.

DIRECTOR'S REPORT

Penny Vaillancourt, Director told the board that she is working with HR to get some Board Manager positions filled. Penny gave the board an update on implementation of the Compact. She stated that there are some obstacles to work on for this process. Penny stated that the Laws and Rules will require a review soon to address current situations and changes.

OPPORTUNITY FOR PUBLIC COMMENT

Jeff Edelstein, Associates Mediation and Facilitation stated that he understands that the Board has difficult decisions to make, but that he is disappointed.

ADJOURNMENT

A motion was made by Carolyn Silsby and seconded by Lisa-Ann Henry to adjourn the meeting at 10:57 a.m.

Vote: 6 in favor.