

**Board of Counseling Professionals Licensure
Public Board Meeting
Monday, November 24, 2025**

MINUTES

MEMBERS PRESENT

Jennifer King, Board Chair (remote)
Angela Blier, Vice Chair (remote)
Holly Cavna, Complaint Officer (remote)
Joanne Grant (remote)
Ellen Grunblatt (in person)
Lisa-Ann Henry (in person)
Carolyn Silsby, Public Member (in person)

MEMBERS ABSENT

STAFF PRESENT

Megan Hudson-MacRae, Assistant Attorney General
Mike Tarr, Board Manager
George Morgan, Board Investigator
Cecile Sirois, Professional Licensing Supervisor
Katy Getchell, Professional Licensing Supervisor

CALL TO ORDER

Board Chair, Jennifer King, called the meeting to order at 9:04 a.m.

MINUTES REVIEW AND APPROVAL

Review and approval of the October 27, 2025 minutes.

A motion was made by Ellen Grunblatt and seconded by Lisa-Ann Henry to approve the minutes as written.

Vote: 6 in favor, 1 abstained: Holly Cavna.

COMPLAINT PRESENTATIONS

2024-COU-20437

A motion was made by Angela Blier and seconded by Jennifer King to dismiss the complaint and issue a letter of guidance referring to working within the scope of practice for the license they hold and consulting with a supervisor when questions arise. The letter of guidance is to stay in the file for 2 year.

Vote: 6 in favor, 1 abstained: Holly Cavna.

2025-COU-21016

A motion was made by Angela Blier and seconded by Ellen Grunblatt to dismiss the complaint due to the lack of evidence of violation of Board laws or rules.

Vote: 6 in favor, 1 abstained: Holly Cavna.

10 M.R.S. § 8003-H ENDORSEMETN CHART

A motion was made by Holly Cavna and seconded by Ellen Grunblatt to approve the following states as being comparable to Maine's licensing requirements when applying for LCPC licensure by endorsement: AR, CA, CT, DC, DE, FL, GA, HI, IA, IN, KS, LA, MA, MC, MO, MS, MT, ND, NH, NJ, NV, NY, OK, PA, RI, TN, TX, UT, VA, VT, WV, and WY, and to further research the rest of the states listed for discussion at a later meeting.

Vote: 7 in favor.

A motion was made by Holly Cavna and seconded by Lisa-Ann Henry to approve the following states as being comparable to Maine's licensing requirements when applying for MFT licensure by endorsement: CT, FL, MA, MN, NH, PA, TX, and to further research the rest of the states listed for discussion at a later meeting.

Vote: 7 in favor.

DIRECTOR'S REPORT

Penny Vaillancourt, Director asked the board if they have received the 2026 meeting schedule and to be mindful of availability for those dates. Penny mentioned a mandated FOIA training that all board members will be required to complete. She announced that Mike Tarr has been hired as the Board Manager. She also let the board know that legislation is back in session soon and she will keep Mike informed of any legislative discussions or changes that may affect the counseling board.

OPPORTUNITY FOR PUBLIC COMMENT

Jeri Stevens said that the board did a great job and congratulated Mike Tarr. Virginia B. requested the list of states that the board approved at this meeting for licensure by endorsement.

ADJOURNMENT

A motion was made by Holly Cavna and seconded by Lisa-Ann Henry to adjourn the meeting at 10:42 a.m.

Vote: 7 in favor.