



Janet T. Mills  
Governor

STATE OF MAINE  
DEPARTMENT OF PROFESSIONAL & FINANCIAL REGULATION  
OFFICE OF PROFESSIONAL & OCCUPATIONAL REGULATION  
BOARD OF COUNSELING PROFESSIONALS LICENSURE  
76 NORTHERN AVENUE  
GARDINER, MAINE 04345

Joan F. Cohen  
Commissioner

**Board of Counseling Professionals Licensure  
Public Board Meeting  
Monday, May 19, 2025**

**MINUTES**

**MEMBERS PRESENT**

Angela Blier, Vice Chair (Remote)  
Holly Cavna, Complaint Officer  
Joanne Grant  
Ellen Grunblatt  
Lisa-Ann Henry (Remote)  
Carolyn Silsby, Public Member

**MEMBERS ABSENT**

Jennifer King, Board Chair

**STAFF PRESENT**

Megan Hudson-MacRae, Assistant Attorney General  
Mike Tarr, Comprehensive Health Planner II  
George Morgan, Board Investigator  
Cecile Sirois, Professional Licensing Supervisor

**CALL TO ORDER**

Vice Chair, Angela Blier, called the meeting to order at 9:11 a.m.

**MINUTES REVIEW AND APPROVAL**

Review and approval of the April 28, 2025 minutes.

A motion was made by Holly Cavna and seconded by Ellen Grunblatt to approve the minutes as written.

**Vote: 6 in favor.**

**ADJUDICATORY HEARING**

Hearing 9:18 a.m. to 4:14 p.m.

2025-COU-20404

A motion was made by Carolyn Silsby and seconded by Ellen Grunblatt to dismiss the complaint due to lack of evidence of a violation of Board Laws and Rules and to issue a letter of guidance that includes a recommendation of additional supervision on documentation and how to document their own supervision.

An amended motion was made by Ellen Grunblatt and seconded by Carolyn Silsby to dismiss the complaint due to lack of evidence of a violation of Board Laws and Rules

**Vote: 4 in favor, 1 recused: Holly Cavna, 1 opposed: Joanne Grant.**

A motion was made by Ellen Grunblatt and seconded by Carolyn Silsby to delegate authority to the Board Chair to sign the decision and order without Board review.

**Vote: 5 in favor, 1 recused: Holly Cavna.**

A motion was made by Angela Blier and seconded by Carolyn Silsby to approve the application for licensure effective immediately.

**Vote: 4 in favor, 1 recused: Holly Cavna, 1 opposed Joanne Grant.**

### **COMPLAINT PRESENTATIONS**

A motion was made by Holly Cavna and seconded by Carolyn Silsby to table the complaint items and administrator's report until the next meeting.

### **OPPORTUNITY FOR PUBLIC COMMENT**

None.

### **ADJOURNMENT**

A motion was made by Joanne Grant and seconded by Ellen Grunblatt to adjourn the meeting at 4:26 p.m.

**Vote: 6 in favor.**