

**Board of Counseling Professionals Licensure
Public Board Meeting
Monday, May 18, 2026**

MINUTES

MEMBERS PRESENT

Angela Blier, Vice Chair (remote)
Joanne Grant (remote)
Ellen Grunblatt (in person)
Lisa-Ann Henry (in person)
Holly Cavna, Complaint Officer (remote)
Carolyn Silsby, Public Member (in person)

MEMBERS ABSENT

Jennifer King, Board Chair

STAFF PRESENT

Megan Hudson-MacRae, Assistant Attorney General
Mike Tarr, Board Manager
Cecile Sirois, Professional Licensing Supervisor
Katy Getchell, Office Specialist I

CALL TO ORDER

Vice Chair, Angela Blier, called the meeting to order at 9:12 a.m.

MINUTES REVIEW AND APPROVAL

Review and approval of the April 27, 2026 minutes.

A motion was made by Holly Cavna and seconded by Carolyn Silsby to approve the minutes as written.

Vote: 6 in favor.

COMPLAINT PRESENTATIONS

2025-COU-20686

A motion was made by Ellen Grunblatt and seconded by Lisa Henry to dismiss due to lack of evidence of violation of Board Laws and Rules.

Vote: 3 in favor, 2 recused: Holly Cavna, and Joanne Grant.

2025-COU-21002

A motion was made by Ellen Grnblatt and seconded by Carolyn Silsby to set this matter for an adjudicatory hearing and offer a consent agreement, in lieu of a hearing, citing Board rules Chapter 8-A 2(1)(A) (Client Relationship), with a: reprimand; and surrender of license.

The motion was amended by Ellen Grnblatt and seconded by Lisa Henry to include request for a psychological assessment by a practitioner or neuropsychologist which will be reviewed by the Board prior to a license reinstatement, and approval of the Vice Chair to sign the consent agreement without further Board review.

Vote: 5 in favor, 1 abstained: Holly Cavna.

2026-COU-21199

A motion was made by Lisa Henry and seconded by Ellen Grunblatt to table until the Board Chair, Jennifer King, MFT is present to discuss this presentation with the Board.

Vote: 4 in favor, 1 abstained: Holly Cavna, 1 recused: Joanne Grant.

REPORTING NOTIFICATION

Report 1

A motion was made by Holly Cavna and seconded by Lisa Henry to open a complaint.

Vote: 6 in favor.

A motion was made by Holly Cavna and seconded by Angela Blier to take a break at 10:48 a.m.

Vote: 6 in favor

The Board was back from break at 11:00 a.m.

APPLICATION REVIEWS

Supervision Review: James Shafer

A motion was made by Ellen Grunblatt and seconded by Carolyn Silsby to approve the supervisor from another state provided that the licensee has another supervisor in

Maine that they are able to meet with enough to meet the in-person supervision requirements.

Vote: 6 in favor.

LCPC Renewal Application: Mathew Salch

A motion was made by Ellen Grunblatt and seconded by Carolyn Silsby to approve the renewal application and send a reminder to the licensee about the 10-day notification pursuant to 10 M.R.S. §8003-G. Duty to require certain information from applicants and licensees.

Vote: 5 in favor, 1 opposed: Holly Cavna.

LCPC Renewal Application: Luke House

A motion was made by Lisa Henry and seconded by Carolyn Silsby to approve the renewal application.

Vote: 6 in favor.

LCPC Renewal Application: Kathleen Fortier

A motion was made by Ellen Grunblatt and seconded by Angela Blier to approve the renewal as inactive and send the licensee a letter letting them know that they would need to complete the continuing educational requirements if requesting to reactivate the license and that those continuing education courses could not count towards the next renewal.

Vote: 6 in favor.

BOARD MANAGER'S REPORT

Mike Tarr, Board Manager provided the Board with licensee totals. Mike stated that the vacant positions within our unit should be filled soon. He mentioned that complaints are being organized and will be cleaned up with a new process starting soon.

OHIO ENDORSMENT REVIEW

A motion was made by Joanne Grant and seconded by Holly Cavna to consider Ohio as having an equivalent license to the Maine LCPC license.

Vote: 6 in favor

OPPORTUNITY FOR PUBLIC COMMENT

Jeri Stevens asked when Rulemaking will reconvene. Mike Tarr said it will start again as soon as he can and that Statutory changes may be needed first.

Dennis Noonan said that the issue raised earlier with the applicant who needed a pastoral licensed supervisor is an ongoing issue. He spoke about the roundtable committee. Dennis also said that there needs to be a pastoral counselor on the Board.

ADJOURNMENT

A motion was made by Holly Cavna and seconded by Lisa Henry to adjourn the meeting at 12:01 p.m.

Vote: 6 in favor.