

**Board of Counseling Professionals Licensure  
Public Board Meeting  
Monday, March 9, 2026**

**MINUTES**

**MEMBERS PRESENT**

Jennifer King, Board Chair (in person)  
Angela Blier, Vice Chair (remote)  
Lisa-Ann Henry (in person)  
Carolyn Silsby, Public Member (in person)

**MEMBERS ABSENT**

Holly Cavna, Complaint Officer  
Joanne Grant  
Ellen Grunblatt

**STAFF PRESENT**

Megan Hudson-MacRae, Assistant Attorney General  
Mike Tarr, Board Manager  
Cecile Sirois Professional Licensing Supervisor

**CALL TO ORDER**

Board Chair, Jennifer King, called the meeting to order at 9:13 a.m.

**MINUTES REVIEW AND APPROVAL**

Review and approval of the November 24, 2025 minutes.

A motion was made by Carolyn Silsby and seconded by Lisa Henry to approve the minutes as written.

**Vote: 4 in favor.**

**COMPLAINT PRESENTATIONS**

2022-COU-18629

A motion was made by Carolyn Silsby and seconded by Lisa Henry to have the assistant attorney general request records of patient 23 and patient 7 which should include treatment records, progress notes, and biopsychosocial assessment if available. The records requested should be from January 1, 2021 through March 16, 2022.

**Vote: 4 in favor.**

2025-COU-20655

A motion was made by Angela Blier and seconded by Lisa Henry to dismiss this complaint due to the lack of evidence of a violation of Board laws or rules and to issue a letter of guidance, citing Board rules Chapter 8-A, 5 (Records), and Chapter 8-A, 2 (Client Relationship), which will stay in the licensee's file for 2 years.

**Vote: 4 in favor.**

2025-COU-20677

A motion was made by Carolyn Silsby and seconded by Lisa Henry to set this matter for an adjudicatory hearing and offer a consent agreement, in lieu of a hearing, citing Board rules Chapter 8-A 2(5) (Client Relationship, discharging a client), with a: warning; and required probational supervision of at least one hour a month for one year. The supervisor is to be a board approved supervisor MFT, LCPC, or LCSW who has been licensed at least 5 years and is considered in good standing. The supervision can be in person or virtual and supervision will be focused on family systems. The supervisor is to submit typed quarterly reports and a final recommendation.

**Vote: 4 in favor.**

2025-COU-20771

A motion was made by Angela Blier and seconded by Carolyn Silsby to dismiss this complaint due to the lack of evidence of violation of Board laws or rules and to issue a letter of guidance, citing Board rules Chapter 8-A, 2 (Client Relationship), which will stay in the licensee's file for 2 years.

**Vote: 4 in favor.**

2025-COU-20831

A motion was made by Jennifer King and seconded by Angela Blier to dismiss due to lack of violation of Board Laws and Rules.

**Vote: 4 in favor.**

2025-COU-20978

A motion was made by Angela Blier and seconded by Lisa Henry to set this matter for an adjudicatory hearing and offer a consent agreement, in lieu of a hearing, citing Board rules Chapter 8-A 2(1)(A) (Client Relationship), with a: reprimand; and surrender of license.

**Vote: 4 in favor.**

2025-COU-21005

A motion was made by Angela Blier and seconded by Carolyn Silsby to table until the next meeting.

**Vote: 4 in favor.**

A motion was made by Jennifer King and seconded by Carolyn Silsby to table the rest of the agenda to the March 23, 2026, meeting due to lack of quorum with member Angela Blier needing to leave.

**Vote: 4 in favor.**

A motion was made by Jennifer King and seconded by Carolyn Silsby to adjourn the meeting at 11:47 a.m.

**Vote: 4 in favor.**