



Janet T. Mills
Governor

STATE OF MAINE
DEPARTMENT OF PROFESSIONAL & FINANCIAL REGULATION
OFFICE OF PROFESSIONAL & OCCUPATIONAL REGULATION
BOARD OF COUNSELING PROFESSIONALS LICENSURE
76 NORTHERN AVENUE
GARDINER, MAINE 04345

Joan F. Cohen
Commissioner

**Board of Counseling Professionals Licensure
Public Board Meeting
Monday, March 24, 2025**

MINUTES

MEMBERS PRESENT

Jennifer King, Board Chair
Angela Blier, Vice Chair (remote)
Holly Cavna, Complaint Officer (remote)
Ellen Grunblatt (remote)
Lisa-Ann Henry
Carolyn Silsby, Public Member (remote)

MEMBERS ABSENT

Joanne Grant

STAFF PRESENT

Megan Hudson-MacRae, Assistant Attorney General
Kristina Halvorsen, Board Administrator
George Morgan, Board Investigator
Jessica Cirello, Professional Licensing Supervisor

CALL TO ORDER

Board Chair, Jennifer King, called the meeting to order at 9:01 a.m.

MINUTES REVIEW AND APPROVAL

Review and approval of the January 27, 2025 minutes.

A motion was made by Angela Blier and seconded by Lisa-Ann Henry to approve the minutes as written.

Vote: 5 in favor, 1 absent: Holly Cavna.

COMPLAINT PRESENTATIONS

2023-COU-19711

A motion was made by Carolyn Silsby and seconded by Ellen Grunblatt to table this complaint and direct Board staff to obtain additional information including: court documents on the conviction; the licensee's treatment records; and a statement

detailing the licensee's rehabilitation, why court documents were not initially shared with the Board and why the conviction was not reported to the Board within 10 days.

Vote: 5 in favor, 1 abstained: Holly Cavanaugh.

2024-COU-20311

A motion was made by Angela Blier and seconded by Ellen Grunblatt to set this matter for an adjudicatory hearing and amend the licensee's pending consent agreement for case # 2023-COU-19621, in lieu of a hearing, citing Board rules Chapter 8-A 2(4) (clarifying roles), 3(2) (competence), 3(6) (peer consultation), 4(5) (ensuring privacy and appropriate location), 6(1) (confidentiality), 6(2) (confidentiality with couples counseling) with: a change from a warning to a reprimand; and double the required supervision hours with a supervisor who has experience with both couples and families and the additional supervision hours will focus on the ethics of working with couples and families.

Vote: 5 in favor, 1 abstained: Holly Cavanaugh.

2024-COU-20327

A motion was made by Ellen Grunblatt and seconded by Lisa-Ann Henry to dismiss this complaint due to the lack of evidence of a violation of Board laws or rules and to issue a letter of guidance, citing Board rules Chapter 8-A 6 (confidentiality), which will stay in the licensee's file for 3 years.

Vote: 5 in favor, 1 abstained: Holly Cavanaugh.

2025-COU-20526

A motion was made by Lisa-Ann Henry and seconded by Jennifer King to set this matter for an adjudicatory hearing and offer a consent agreement, in lieu of a hearing, citing Board rules Chapter 8-A 3(5) (failure to seek own services), with: a censure; the suspension of licensure until the licensee can submit documentation of treatment with a duly licensed clinical mental health and substance use professional, who will submit the initial treatment recommendations, a detailed summary of the licensee's treatment and the determination that the licensee is safe to return to practice; and once the suspension is lifted, 24 months of probation that will consist of 1 hour of supervision twice month, focusing on self-care while practicing, with a clinical mental health professional who has been in good standing for at least 5 years, who is aware of the concerns in this complaint and who will submit quarterly and final reports to the Board for review. The licensee can also petition the Board for early termination of probation if it is determined appropriate.

Vote: 4 in favor, 1 recused: Angela Blier, 1 abstained: Holly Cavna.

REQUEST FOR CONDITIONAL LICENSE EXTENSION

Jennifer Zorn

A motion was made by Holly Cavna and seconded by Angela Blier to grant the conditional license term extension.

Vote: 4 in favor, 2 abstained: Lisa-Ann Henry and Jennifer King.

ADMINISTRATOR'S REPORT

Board Administrator, Kristina Halvorsen, announced her retirement, effective April 30, 2025.

Board members received March's licensure dashboard prior to today's meeting that details the Board's current application and licensure numbers.

Board members requested the Board join the MPHP. Kristina will relay this request to OPOR's Commissioner Joan Cohen.

OPPORTUNITY FOR PUBLIC COMMENT

None

ADJOURNMENT

A motion was made by Holly Cavna and seconded by Ellen Grunblatt to adjourn the meeting at 11:44 a.m.

Vote: 6 in favor.