



STATE OF MAINE
DEPARTMENT OF PROFESSIONAL
AND FINANCIAL REGULATION
Board of Counseling Professionals Licensure
35 STATE HOUSE STATION
AUGUSTA, MAINE
04333-0035

Educational Requirements Worksheet for Licensed Marriage and Family Therapist

Applicant's Name: _____ **Applicant's School:** _____

INSTRUCTIONS: Place the relevant course(s) from your transcripts into the appropriate category on the worksheet. A course cannot be used twice to fulfill more than one (1) content area. **NOTE:** You must attach a college catalog, description or syllabus to substantiate the specific material included in each course listed on the worksheet.

A minimum of three (3) credits in each of the following areas are required.

Content Area	Course No.	Course Title	Credit Hours	
			Qrt.	Sem.
1. Marital and Family Studies (minimum of 9 semester hours with 3 semester hours in general systems theory)				
2. Marital and Family Therapy (minimum of 9 semester hours)				
3. Human Development (minimum of 6 semester hours)				
4. Human Sexuality				
5. Diagnosis and Treatment				
6. Professional Orientation				
7. Research and Evaluation				
8. Practicum				
9. Internship				

NOTE: The following page contains the definitions of the above content areas

PLEASE BE SURE TO INCLUDE THIS COMPLETED WORKSHEET WITH YOUR APPLICATION

Educational Requirements for Licensed Marriage and Family Therapist

Chapter 4, Section 2

Marital and Family Studies: Nine (9) semester hours or quarter-hour equivalent in theories of family development, general systems theory, theories of family functioning, the family life cycle, sociology of the family, families under stress, contemporary family forms, family sub-systems, family of origin and external societal influences, family pathology such as addiction, child abuse and sexual abuse, and other related topics. Three (3) of the nine (9) semester hours must be in general systems theory.

Marital and Family Therapy: Nine (9) semester hours or quarter-hour equivalent in the study of major marital and family therapy treatment approaches and techniques to provide a substantive understanding of systems change. The coursework may include strategic, structural, integrative experiential, systems, neo-analytic, communications and behavioral treatment modalities.

Human Development: Six (6) semester hours or quarter-hour equivalent in the study of human development across the life cycle, personality theory and cognitive development.

Human Sexuality: Studies that provide an understanding of human sexuality over the life cycle, sex roles, sexual function and dysfunction.

Diagnosis and Treatment: Students that provide an understanding of psychopathology, the diagnosis and statistical manual and its use in counseling, psychopathology, the development of treatment plans and the use of related services, and the role of assessment, intake interviews, and reports.

Professional Orientation: Studies that provide an understanding of professional roles and functions, professional organizations and associations, history and trends within the profession, ethical and legal standards, and professional preparation standards and professional credentialing.

Research and Evaluation: Studies that provide an understanding of the types of research, basic statistics, research report development, research implementation, program evaluation, needs assessment, and ethical and legal considerations associated with research and evaluation.

Practicum: A course of clinical instruction that provides practical experience in counseling for the purpose of developing marriage and family counseling skills. These experiences allow students to perform, on a limited basis, some counseling activities that a regularly employed licensed marriage and family therapist would be expected to perform.

Internship: A full academic year of supervised marriage and family counseling experience consisting of at least 900 clock hours, including a minimum of 360 clock hours of direct client contact. The internship provides an opportunity for the student to perform all the activities that a regularly employed marriage and family therapist would be expected to perform.