



STATE OF MAINE
DEPARTMENT OF PROFESSIONAL
AND FINANCIAL REGULATION
Board of Counseling Professionals Licensure
35 STATE HOUSE STATION
AUGUSTA, MAINE
04333-0035

Educational Requirements Worksheet for Licensed Clinical Professional Counselor

Applicant's Name: _____ Applicant's School: _____

INSTRUCTIONS: Place the relevant course(s) from your transcripts into the appropriate category on the worksheet. A course cannot be used twice to fulfill more than one (1) content area. **NOTE:** You must attach a college catalog, description or syllabus to substantiate the specific material included in each course listed on the worksheet.

A minimum of three (3) credits in each of the following areas are required.

Content Area	Course No.	Course Title	Credits
1. Human Growth & Development			
2. Helping Relationships Note: Counseling skills & counseling theories must be covered			
3. Groups			
4. Measurement			
5. Research & Evaluation			
6. Diagnosis & Treatment			
7. Professional Orientation			
8. Social & Cultural Foundations			
9. Practicum			
10. Internship			

Educational Requirements Worksheet for Licensed Clinical Professional Counselor--cont'd

Applicant's Name: _____ **Applicant's School:** _____

INSTRUCTIONS: Place the relevant course(s) from your transcripts into the appropriate category on the worksheet. A course cannot be used twice to fulfill more than one (1) content area. **NOTE:** You must attach a college catalog, description or syllabus to substantiate the specific material included in each course listed on the worksheet.

A minimum of three (3) credits in three (3) of the following areas are required.

Content Area	Course No.	Course Title	Credits
11. Lifestyle & Career Development			
12. Marriage & Family Therapy*			
13. Human Sexuality for Counselors			
14. Supervision			
15. Consultation			
16. Crisis Intervention			
17. Addictive Disorders*			
18. Treatment Modalities*			

*** Denotes that up to six (6) semester hours may be used in one category in meeting the additional coursework requirements.**

NOTE: The following page contains the definitions of the above content areas

PLEASE BE SURE TO INCLUDE THIS COMPLETED WORKSHEET WITH YOUR APPLICATION

Educational Requirements for Licensed Clinical Professional Counselor

Chapter 3, Section 2

Human Growth and Development: Studies that provide an understanding of the nature and needs of individuals at different developmental levels throughout the life span.

Helping Relationships: Studies that provide an understanding of philosophic bases of helping processes, counseling theories and their applications, basic and advanced counseling skills, consultation theories and skills, self-understanding and self-development, and facilitation of client or consultee change.

Groups: Studies that provide an understanding of group development, dynamics, group counseling theories, group leadership styles, and group counseling methods and skills.

Measurement: Studies that provide an understanding of group and individual educational and psychometric theories and approaches to measurement, data and information-gathering methods, validity, reliability, psychometric statistics, factors influencing measurements, and use of measurement results in the helping process.

Research and Evaluation: Studies that provide an understanding of the types of research, basic statistics, research report development, research implementation, program evaluation, needs assessment, and ethical and legal considerations associated with research and evaluation.

Diagnosis and Treatment: Studies that provide an understanding of psychopathology, the diagnosis and statistical manual and its use in counseling, psychopathology, the development of treatment plans and the use of related services, and the role of assessment, intake interviews, and reports.

Professional Orientation: Studies that provide an understanding of professional roles and functions, professional organizations and associations, history and trends within the profession, ethical and legal standards, and professional preparation standards and professional credentialing.

Social and Cultural Foundations: Studies that provide an understanding of the development of multicultural awareness, cultural foundations of human growth and development, and cultural values and traditions covering the life span.

Practicum: A course of clinical instruction is required that provides practical experience in counseling for the purpose of developing individual counseling skills and for developing of group counseling skills. These experiences allow students to perform, on a limited basis, some of the counseling activities that a regularly employed Licensed Clinical Professional Counselor would be expected to perform.

Internship: A full academic year of supervised clinical counseling experience consisting of at least 900 clock hours, including a minimum of 360 clock hours of direct client contact. The internship provides an opportunity for the student to perform all the activities that a regularly employed clinical counselor would be expected to perform.

Educational Requirements for Licensed Clinical Professional Counselor-cont'd

Chapter 3, Section 2

Lifestyle and Career Development: Studies that provide an understanding of career development theories, occupational and educational information services, career counseling, and career decision-making.

Marriage and Family Counseling: Up to six (6) semester hours of study that provide an understanding of the structure and dynamics of the family, and methods of marital and family intervention and counseling.

Human Sexuality for Counselors: Studies that provide an understanding of human sexual function and dysfunction, the relationship between sexuality, self-esteem, sex roles and life styles over the life cycle, and counseling treatment approaches and techniques.

Supervision: Studies that provide an understanding of approaches and conceptual models, individual and group supervision, clinical evaluation, and ethical and legal considerations.

Consultation: Studies that provide an understanding of consultation skills, evaluation of organizational structure and individual client management, and theoretical orientation.

Crisis Intervention: Studies that provide an understanding of the theory and practice of crisis intervention, short-term crisis counseling strategies, and the responsibilities of all those involved in the intervention.

Addictive Disorders: Up to six (6) semester hours of study that provide an understanding of the stage, processes, and effects of addictions, social and psychological dynamics of chemical dependency, and the professional's role in prevention, intervention, and aftercare.

Treatment Modalities: Up to six (6) semester hours of study that provide an understanding of specific treatment approaches (for example, cognitive, client-centered, expressive therapy, feminist).