



Janet T. Mills
Governor

STATE OF MAINE
DEPARTMENT OF PROFESSIONAL & FINANCIAL REGULATION
OFFICE OF PROFESSIONAL & OCCUPATIONAL REGULATION
BOARD OF COUNSELING PROFESSIONAL LICENSURE
76 NORTHERN AVENUE
GARDINER, MAINE 04345

Anne L. Head
Commissioner

LICENSED MARRIAGE & FAMILY THERAPIST EDUCATIONAL WORKSHEET

*This worksheet is required if your graduate counseling degree was **not** CACREP or COAMFTE-accredited. Applicants **must** also submit applicable courses' descriptions or syllabi. A course can only be used **once** in this entire worksheet.*

Applicant Information		
Name:	License Number:	
Areas of Study		
<i>All areas of study must contain at least 3 semester hours unless indicated otherwise.</i>		
Content Area	Course Title & Number	Credit Hours
<p>Marital & Family Studies*</p> <p>*must include 9 semester hours total with at least 3 semester hours in general systems theory <i>Theories of family development, general systems theory, theories of family functioning, the family life cycle, sociology of the family, families under stress, contemporary family forms, family subsystems, family of origin and external societal influences, family pathology such as addiction, child abuse and sexual abuse, and other related topics.</i></p>		
<p>Marital & Family Therapy*</p> <p>*must include 9 semester hours total <i>Study of major marital and family therapy treatment approaches and techniques to provide a substantive understanding of systems change. The course work may include strategic, structural, object relations, integrative, experiential, systems, neoanalytic, communications and behavioral treatment modalities.</i></p>		
<p>Human Development*</p> <p>*must include 6 semester hours total <i>The study of human development across the life cycle, personality theory and cognitive development.</i></p>		
<p>Human Sexuality</p> <p><i>Studies that provide an understanding of human sexuality over the life cycle, sex roles, sexual function and dysfunction.</i></p>		
<p>Diagnosis & Treatment</p> <p><i>Studies that provide an understanding of psychopathology, the diagnosis and statistical manual and its use in counseling, psychopathology, the development of treatment plans and the use of related services, and the role of assessment, intake interviews, and reports.</i></p>		

Areas of Study

All areas of study must contain at least 3 semester hours unless indicated otherwise.

Content Area	Course Title & Number	Credit Hours
Professional Orientation <i>Studies that provide an understanding of professional roles and functions, professional organizations and associations, history and trends within the profession, ethical and legal standards, and professional preparation standards and professional credentialing.</i>		
Research & Evaluation <i>Studies that provide an understanding of the types of research, basic statistics, research report development, research implementation, program evaluation, needs assessment, and ethical and legal considerations associated with research and evaluation.</i>		
Practicum <i>A course of clinical instruction that provides practical experience in counseling for the purpose of developing marriage and family counseling skills. These experiences allow students to perform, on a limited basis, some counseling activities that a regularly employed licensed marriage and family therapist would be expected to perform.</i>		
Internship <i>A full academic year of supervised marriage and family counseling experience consisting of at least 900 clock hours, including a minimum of 360 clock hours of direct client contact. The internship provides an opportunity for the student to perform all the activities that a regularly employed marriage and family therapist would be expected to perform.</i>		