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Governor

STATE OF MAINE
DEPARTMENT OF PROFESSIONAL & FINANCIAL REGULATION
OFFICE OF PROFESSIONAL & OCCUPATIONAL REGULATION
BOARD OF COUNSELING PROFESSIONALS LICENSURE
76 NORTHERN AVENUE
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Anne L. Head
Commissioner

LICENSED CLINICAL PROFESSIONAL COUNSELOR EDUCATIONAL WORKSHEET

*This worksheet is required if your graduate counseling degree was **not** CACREP-accredited. Applicants **must** also submit applicable courses' descriptions or syllabi. A course can only be used **once** in this entire worksheet.*

Applicant Information		
Name:	License Number:	
Core Areas of Study		
<i>All 10 core areas of study content areas must contain at least 3 graduate credit hours.</i>		
Content Area	Course Title & Number	Credit Hours
Human Growth & Development <i>Studies that provide an understanding of the nature and needs of individuals at different developmental levels throughout the life span.</i>		
Helping Relationships* <i>*must cover counseling theories and skills Studies that provide an understanding of philosophic bases of helping processes, counseling theories and their applications, basic and advanced counseling skills, consultation theories and skills, self-understanding and self-development, and facilitation of client or consultee change.</i>		
Groups <i>Studies that provide an understanding of group development, dynamics, group counseling theories, group leadership styles, and group counseling methods and skills.</i>		
Measurement <i>Studies that provide an understanding of group and individual educational and psychometric theories and approaches to measurement, data and information gathering methods, validity, reliability, psychometric statistics, factors influencing measurements, and use of measurement results in the helping process.</i>		
Research & Evaluation <i>Studies that provide an understanding of the types of research, basic statistics, research report development, research implementation, program evaluation, needs assessment, and ethical and legal considerations associated with research and evaluation.</i>		
Diagnosis & Treatment <i>Studies that provide an understanding of psychopathology, the diagnosis and statistical manual and its use in counseling, psychopathology, the development of treatment plans and the use of related services, and the role of assessment, intake interviews, and reports.</i>		
Professional Orientation <i>Studies that provide an understanding of professional roles and functions, professional organizations and associations, history and trends within the profession, ethical and legal standards, and professional preparation standards and professional credentialing.</i>		
Social & Cultural Foundations <i>Studies that provide an understanding of the development of multi-cultural awareness, cultural foundations of human growth and development, and cultural values and traditions covering the life span.</i>		

Core Areas of Study

All 10 core areas of study content areas must contain at least 3 graduate credit hours.

Content Area	Course Title & Number	Credit Hours
<p>Practicum</p> <p><i>A course of clinical instruction that provides practical experience in counseling for the purpose of developing individual and group counseling skills. These experiences allow students to perform, on a limited basis, some of the counseling activities that a regularly employed licensed clinical professional counselor would be expected to perform.</i></p>		
<p>Internship</p> <p><i>A full academic year of supervised clinical counseling experience consisting of at least 900 clock hours, including a minimum of 360 clock hours of direct client contact. The internship provides an opportunity for the student to perform all the activities that a regularly employed licensed clinical professional counselor would be expected to perform.</i></p>		

Additional Areas of Study

This section must contain at least 9 graduate credit hours total in at least 2 content areas. Content areas must contain at least 3 credit hours. A content area can only count towards 3 of the 9 required credit hours unless indicated otherwise..

Content Area	Course Title & Number	Credit Hours
<p>Lifestyle & Career Development</p> <p><i>Studies that provide an understanding of career development theories, occupational and educational information services, career counseling, and career decision-making.</i></p>		
<p>Marriage & Family Counseling*</p> <p><i>Up to six semester hours of study that provide an understanding of the structure and dynamics of the family, and methods of marital and family intervention and counseling.</i></p>		
<p>Human Sexuality for Counselors</p> <p><i>Studies that provide an understanding of human sexual function and dysfunction, the relationship between sexuality, self-esteem, sex roles and life styles over the life cycle, and counseling treatment approaches and techniques.</i></p>		
<p>Supervision</p> <p><i>Studies that provide an understanding of approaches and conceptual models, individual and group supervision, clinical evaluation, and ethical and legal considerations.</i></p>		
<p>Consultation</p> <p><i>Studies that provide an understanding of consultation skills, evaluation of organizational structure and individual client management, and theoretical orientation.</i></p>		
<p>Crisis Intervention</p> <p><i>Studies that provide an understanding of the theory and practice of crisis intervention, short-term crisis counseling strategies, and the responsibilities of all those involved in the intervention.</i></p>		
<p>Addictive Disorders*</p> <p><i>Up to six semester hours of study that provide an understanding of the stages, processes, and effects of addictions, social and psychological dynamics of chemical dependency, and the professional's role in prevention, intervention, and aftercare.</i></p>		
<p>Treatment Modalities*</p> <p><i>Up to six semester hours of studies that provide an understanding of specific treatment approaches (for example, cognitive, client-centered, expressive therapy, feminist).</i></p>		