

**MAINE BOARD OF COMPLEMENTARY HEALTH CARE PROVIDERS
FORMULARY SUBCOMMITTEE MEETING
Minutes of November 25, 2025**

CALL TO ORDER

Chair Ackerly called the meeting to order at 9:04 a.m.

MEMBERS PRESENT

Sarah Ackerly, Naturopathic Doctor, Chairperson
Deborah Moskowitz, Naturopathic Doctor
Maureen Purdue, D.O.

STAFF PRESENT

Penny Vaillancourt, Director
Meagan Trussell, Comprehensive Health Planner II

INTRODUCTION AND EXPLANATION OF MEETING

As authorized by the newly adopted Title 1 section 403-B(1) of the Maine Revised Statutes and the Board Member Remote Participation Policy adopted by the Board on June 27, 2024. The agenda for this meeting consists of various items for the Board.

REVIEW OF PUBLIC LAW 2025, CHAPTER 150

Chairperson Ackerly provided historical context to the statutes and rules, identified main concerns regarding the current formulary and discussed the legislative committee's request regarding consultation with pharmacist members of the Maine Board of Pharmacy.

REVIEW OF STATUTES AND BOARD RULES CHAPTER 6

There was a review of the existing statutory scope of practice for naturopathic doctors and discussion of legislative issues for future consideration such as modernizing the practice by expanding the prescribing authority to certain controlled substances and ordering diagnostic imaging/testing.

DISCUSSION OF PROPOSED FORMULARY CHANGES

A review of reference materials was conducted along with a brief summary of considerations for the basis for recommended changes. One recommendation was to amend the rule from an inclusion list to an exclusionary list and incorporating into rule by reference the 2025 AHFS classification similar to the Oregon formulary. Proposed changes were discussed that included identifying legend drugs with exclusions, use of diagnostic substances for non-physiologic testing, clarify the national medicine sections, identify minimum training standards for use of IV therapies, and revise the collaborative agreement to include licensed naturopathic doctors with five years' experience.

ADJOURN

There being no further business, Moskowitz moved to adjourn at 10:55 a.m., seconded by Purdue. Ackerly, Moskowitz, and Purdue in favor..