

## **APPROVED MASSAGE THERAPY PROGRAMS**

The following massage therapy programs have demonstrated compliance with the core curriculum requirements as set forth by Chapter 300 of the Rules of the Massage Therapy Program. This list will continue to be updated as applications are received.

### **Acadia School of Massage – Tree of Life Day Spa, Inc.**

108 Cottage Street  
Bar Harbor, ME 04609  
(207) 288-8222  
Approval Date: March 7, 2023

### **Allied Career Training Institute**

890 Maine Street Suite 100  
Sanford, Maine 04073  
(207) 850-1107  
Approval Date: April 30, 2025

### **Bloom! School of Therapeutic Arts**

152 Main St  
Newport, ME 04953  
(207) 368-9979  
Approval Date: March 7, 2023

### **Downeast School of Massage**

PO Box 24  
Waldoboro, ME 04572  
(207) 832-5531  
[www.downeastschoolofmassage.net](http://www.downeastschoolofmassage.net)  
Approval Date: December 15, 2023

### **DownTown Yoga & Healing Arts – Bliss Living LLC**

283 Water Street Box 101 August,  
ME 04330  
(207) 861-1508  
[www.downtownyogame.com](http://www.downtownyogame.com)  
Approval Date: December 15, 2023

**New Hampshire Institute for Therapeutic Arts**

103 Norway Rd  
Harrison, ME 04040  
(207) 583-2477  
Approval Date: May 17, 2023

**Panacea School of Integrative Health**

101 Second St.  
Hallowell, ME 04347  
(207) 242-2983  
[www.panaceayogastudios.com](http://www.panaceayogastudios.com)  
Approval Date: January 5, 2023

**Spatech Institute**

100 Larrabee Rd. Ste. 200  
Westbrook, ME 04092  
(207) 591-4141  
[www.spatech.edu](http://www.spatech.edu)  
Approval Date: April 30, 2024

**Therapeutic Bodywork Learning Center**

141 North Main St. Ste. 306  
Brewer, ME 04421  
(207) 951-3584  
[www.mainemassageschool.com](http://www.mainemassageschool.com)  
Approval Date: April 30, 2024

**Zardus Holistic Wellness Center  
Formally Zardus Art of Massage**

11 Parkwood Drive  
Augusta Maine 04345  
(207) 207-446-7470  
[www.zardusartofmassage.com](http://www.zardusartofmassage.com)  
Approval Date: March 27, 2024

Please note: The curriculum must include a minimum of 500 clock hours of supervised classroom and clinical instruction (Rule #02-041, Chapter 300, Section 3 (A)). If a school listed above offers both in-class and distance learning (e.g., CD-ROM), then only the program meeting this regulatory requirement is approved.

Prospective applicants intending to meet the academic requirements for licensure by passing a national examination may choose, at their own risk, to use distance learning options in preparation for the NCBTMB or the MBLEx.