

APPROVED MASSAGE THERAPY PROGRAMS

The following massage therapy programs have demonstrated compliance with the core curriculum requirements as set forth by Chapter 300 of the Rules of the Massage Therapy Program. This list will continue to be updated as applications are received.

Acadia School of Massage PO

Box 402
Bar Harbor, ME 04609 (207) 288-
8222
www.acadiaschoolofmassage.com

Approval Date: August 29, 2017

Bloom! School of Therapeutic Arts

5 Water Street
Newport, ME 04953
(207) 570-8304

Approval Date: February 20, 2018

Downeast School of Massage

PO Box 24
Waldoboro, ME 04572 (207) 832-
5531
www.downeastschoolofmassage.net

Approval Date: October 7, 2019

Holistic Academy of Natural Disciplines

142 Main St Suite 410
Nashua, NH 03060 (603)
990-5775
www.hand-nh.com

Approval Date: April 24, 2019

New Hampshire Institute for Therapeutic Arts 47 Sandy Creek Rd.

Bridgton, ME 04009
(207) 647-3794
www.nhita.com

Approval Date: January 1, 2017

Panacea School of Integrative Health 101

Second St.
Hallowell, ME 04347 (207)
242-2983
www.panaceayogastudios.com

Approval Date: January 1, 2019

Harris School of Business

Formerly Seacoast Career Schools Massage Therapy Certificate Program

1 Eagle Drive, Suite 1
Sanford, ME 04073 (207) 490-
0509
www.seacoastcareerschools.edu

Approval Date: April 4, 2019

Spa Tech Institute Therapeutic Massage Program

Spa Tech Institute Holistic Massage Program

100 Larrabee Road
Westbrook, ME 04093
(603) 205-1870
www.spatech.edu

Approval Date: January 1, 2019

Therapeutic Bodywork Learning Center

141 North Main St. Ste. 306
Brewer, ME 04421 (207) 876-
4174
www.mainemassageschool.com

Approval Date: November 1, 2018

Please note: The curriculum must include a minimum of 500 clock hours of supervised classroom and clinical instruction (Rule #02-041, Chapter 300, Section 3 (A)). If a school listed above offers both in-class and distance learning (e.g., CD-ROM), then only the program meeting this regulatory requirement is approved.

Prospective applicants intending to meet the academic requirements for licensure by passing a national examination may choose, at their own risk, to use distance learning options in preparation for the NCBTMB or the MBLEx.