

2023 Individual Stand Alone Dental Plans – Rates Under Review

Individual Dental Plans	Anthem-Family Value On & Off Exchange		Delta Dental On & Off Exchange	
	High	Low	High	Low
Diagnostic & Preventive (D&P)	No charge after deductible	No charge after deductible	100%	100%
Basic Services	80%	50%	80%	60%
Major Services	50%	30%	50%	50%
Dentally Necessary Orthodontics	0%	0%	50%	50%
Deductible	\$50	\$50	\$50	\$150
Deductible applies to D&P	Yes	Yes	Yes	Yes
Rates	\$38.18	\$21.61	\$54.50	\$39.00

"High" plans have an Actuarial Value of 85% and "Low" plans have Actuarial Value of 70%.
 All Pediatric plans have an Out of Pocket Maximum of \$375 a year for one child and it is capped at \$750 for two or more children.
 The sample rates shown above are for age 0-20 only and are for Area 1.
 Rates may differ for family plans enrolling consumers over age 20 and may differ by the Area in which you live.
 Coinsurance percentages are the amounts the plan pays.
 Some plans have copays on specific services.

Web Address & Phone Contacts for Providers

Anthem Blue Cross Blue Shield	www.anthem.com/health-insurance/maine/dental-vision-plans/	(800) 547-4317
Delta Dental	www.nedelta.com/	(800) 832-5700