



MAINE COMMISSION ON  
PUBLIC DEFENSE  
SERVICES

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## ***Trauma, Tirades, and Tears: Working with Challenging Clients***

Hosted by PDS

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**When:** September 23, 2025, from 12:00PM-1:00PM

**Where:** Zoom

**Summary:** This one-hour CLE will delve into practical strategies and best practices for working with "difficult" indigent clients, including discussions of trauma-informed lawyering, avoiding compassion fatigue, and when to ask for outside reinforcements.

**Admission Restrictions:** Unless otherwise approved by PDS, conference is only open to attorneys who are eligible to receive PDS case assignments and Maine Law Students.

**Registration:** Register [here](#).

**Cost:** Free!

**CLE:** This training has been approved by PDS for CLE credit and is eligible for payment in accordance with [Chapter 301-A](#). This training is pending approval by the Board of Overseers for 1 hour of Ethics CLE credit.



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### **Faculty Biographical Information:**

Julia R. Teitel, Esq., is the Executive Director of the Maine Assistance Program for Lawyers and Judges (MAP). Prior to MAP, Julia served as an Assistant Attorney General in the Child Protection Division of the Office of the Maine Attorney General. Julia is a graduate of the University of Maine School of Law, where she was a legal writing teaching assistant and active with the LGBTQ+ Law and Policy Group, the Cumberland Legal Aid Clinic, and competitive Moot Court teams. Julia has been part of Maine's recovery community for many years and has been involved with MAP in various capacities since law school, including as a member of the MAP Governing Commission. Before law school, Julia worked as a domestic violence advocate and community educator and volunteered with Restorative Justice Project Maine. Julia and MAP can be reached at (207) 266-5951 or by email at [maineassistanceprogram@gmail.com](mailto:maineassistanceprogram@gmail.com). All communications and actions taken by MAP with its clients and referents are held in the strictest confidence.