

Anonymous
Westbrook

I have a mental health diagnosis and lately it's been getting worse. I have been trying to find a case manager to work with me to help me with managing my bills and other activities. However, I am finding that I don't qualify for case management because I'm not eligible for MaineCare, even though my insurer, Blue Cross Blue Shield, will cover case management.

I was referred to Sweetser and they gave me a list of eight companies that provide case management. I called all of them. Two never responded and the others said they couldn't serve non-MaineCare clients. I am not sure what to do at this point. My only option is to reduce the hours that I work so that I can get MaineCare but then I wouldn't be able to afford my apartment, food, and utilities. I would lose so much if I reduced my work hours.