## September: Letters



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Make an ABC Book  Make a 26 page booklet from blank paper. Together, write each letter on the top of each page. Fill in your book with drawings or magazine pictures all month long.	A is for Apple Eat an apple and count the seeds.	B is for Bumblebee With your hand in a fist say: Here is a beehive, but where are the bees? Hiding inside where nobody sees. Watch and you'll see them come out of their hive 1,2,3,4,5 BZZZ!	C is for Cup  Make a tower using paper or plastic cups. How high can you go?	D is for Dig  Fill a small container with dirt or rice and hide objects in it. Have your child dig for treasure!	E is for Exercise Touch your toes, do some jumping jacks and, if you know how, do a square dance!	Visit Your Library Check out some alphabet books.
F is for Fruit  Talk about your favorite fruits and then make some fruit salad together.	Look for Letters  Help your child find the letters of their name in the words of a book.	G is for Great Outdoors Enjoy some time outside, then draw a picture of what you saw.	H is for Hugs  Make up silly kinds of hugs and try them out. How about a bear hug? Or a quick hug? Or a laughing hug?	l is for Ice  Melt ice cubes and talk about temperature. Have your child list things that are hot and things that are cold.	J is for Jack and Jill  Jack and Jill went up the hill to fetch a pail of water; Jack fell down and broke his crown, and Jill came tumbling after.	K is for Kindness  Talk about being kind and think of kind things you can do for family and friends.
L is for Leaves  Take a walk outside and find leaves. Try to find ten different kinds of leaves and three different colors of leaves.	L is also for Lighthouse Draw a picture of a lighthouse.	M is for Music Sing Mary Had a Little Lamb together	M is also for Maine Talk about your favorite things about Maine.	N is for Noodle  Help your child spell their name or make the alphabet using spaghetti.	O is for Origami Origami is the Japanese art of making objects by folding paper. Help your child make a paper airplane.	P is for Pat-a-cake Pat-a-cake, pat-a-cake, baker's man, Bake me a cake as fast as you can. Roll it, and prick it, and mark it with a "B" And put it in the oven for Baby and me!
Q is for Quilt  Draw a family quilt on paper and have each family member decorate one or more squares.	R is for Ring Around the Rosie  Teach your child the rhyme and actions. Ring around the rosie A pocketful of posies "Ashes, Ashes" We all fall down!	S is for Sign Language Explain the idea of sign language to your child. They already know how to say hello and goodbye by waving. Teach them how to say "I love you."	Play ISpy See if you can spy something that starts with the same letter as your child's name.	T is for Treasure Hunt for objects around the house that start with each letter of the alphabet	Use salt dough or Play-doh to spell out your initials or your name. Don't forget to wash your hands!	U is for Uno  Learn to count to ten in Spanish.  1. uno 6. seis 2. dos 7. siete 3. tres 8. ocho 4. cuatro 9. nueve 5. cinco 10. diez
Sing your ABCs.	V is for Vegetables Try to name a vegetable that starts with each letter of the alphabet.	All Letter Day  Point out the letters you recognize in signs throughout the day.	W is for Wash  Make paint with shaving cream and a few drops of food coloring.  Let your child paint with it in the tub during bath time, then wash it all away.	X is for X-marks-the-spot Draw a map of your neighbor-hood.	Y is for Yellow  Point out the yellow objects you see throughout the day.	Z is for Zoo  Help your child spell out their name with an animal for each let- ter. Draw these animals to make a zoo.