

October: Numbers

National Book Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Help your child write out the numbers from 1 to 10. Use this sheet throughout the month to practice counting.</p>	<p>Count the socks in your house, singly and in pairs. Talk about things that come in pairs.</p> 	<p>Remember the socks from yesterday? Sort them by color or size. Sorting helps with pattern recognition needed for math.</p>	<p>Song Day One Potato, Two Potato One potato, two potato, Three potato, four, Five potato, six potato, Seven potato, more!</p>	<p>Take a walk and count acorns.</p> 	<p>Play dominos or a game with dice where numbers are easily visible.</p>	<p>Maine is the 23rd US state. Can you count to 23 together?</p> 
<p>How tall are you? Measure each member of your family at the beginning of the month and again at the end. Did they grow?</p>	<p>Question What is your favorite number?</p>	<p>Count by fives and tens as high as your child can go.</p> 	<p>Show your child a clock and count the hours. Explain the number of hours in a day. Talk about the number 12 meaning noon and midnight.</p>	<p>Help your child sort coins into groups by size. Talk about size and which is bigger.</p>	<p>Look for the number 5 today Sing 5 Little Monkeys Jumping on the Bed.</p> 	<p>Visit your library if you can. Ask a librarian how many books are in the library.</p>
<p>Number Search Have your child find numbers on objects around the house, like food labels.</p>	<p>Show your child what time it is during the morning, afternoon, evening, and bedtime. Talk about some of the routines you have at those times of day.</p>	<p>Practice counting down from ten to zero. Then pretend you're a rocket and countdown to blast off.</p>	<p>Count from 1 to 10 in English and another language.</p>	<p>Exercise with your child by hopping or doing jumping jacks. Count as you go.</p>	<p>Show your child how to measure a cup, half cup, and quarter cup of water. Use salt dough to make numbers.</p>	<p>Help your child count their fingers and toes. Use the Mother Goose rhyme This Little Piggy with your toes.</p>
<p>Talk about animals with two legs and with four legs.</p> 	<p>Talk about how 12 objects together are called a dozen. Can you find a dozen of something?</p>	<p>Spend the day counting doors and windows.</p> 	<p>Talk about how much a penny, nickel, dime, and quarter are worth and how many of each are in a dollar.</p>	<p>Play store with coins to "buy" objects in your house.</p>	<p>Sing This Old Man all the way up to ten. Do the hand motions or make up your own!</p>	<p>Draw a picture of the family members who live with you. Then practice counting them forward and backward.</p>
<p>Song Day Sing songs with numbers: The Ants Go Marching, Five Little Ducks, and One Potato, Two Potato.</p>	<p>Play I Spy with numbers.</p>	<p>Talk about birthdays. Point out your child's birthday and those of other family members on a calendar. Talk about the ages of your family members.</p>	<p>Bring a set of measuring cups or spoons into the bathtub. Practice counting and measurements.</p>	<p>Count the number of seeds in an apple.</p> 	<p>Craft Time Cut out or make an outline of the number that is the age of your child that can be decorated.</p>	<p>Read a favorite book together. Is there something in the book that you can count together?</p>