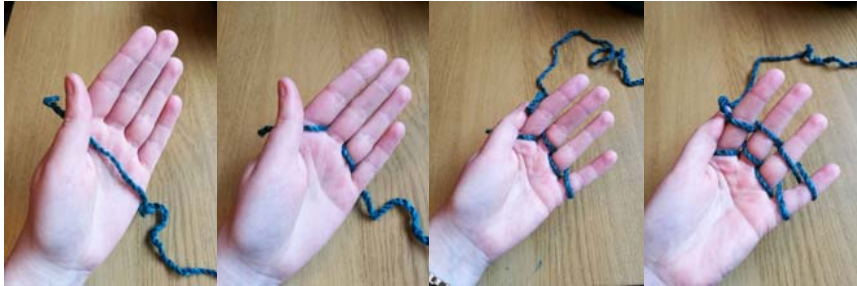


# Learn to FINGER KNIT

**MATERIALS NEEDED:** *Yarn and your hands*



**STEP 1:** Take the end of the yarn between your thumb and the side of your palm in your non-dominant hand (left for right handed-people) with the yarn trailing over your palm. Take the trailing yarn and wind it between your fingers, going in front of your index finger, behind your middle finger, in front of your ring finger and behind your little finger. Wind it back down the fingers on the opposite sides until you come back to the start.

Repeat until you have two rows of yarn on your fingers. Pinch the yarn ends with your thumb to free up your other hand.



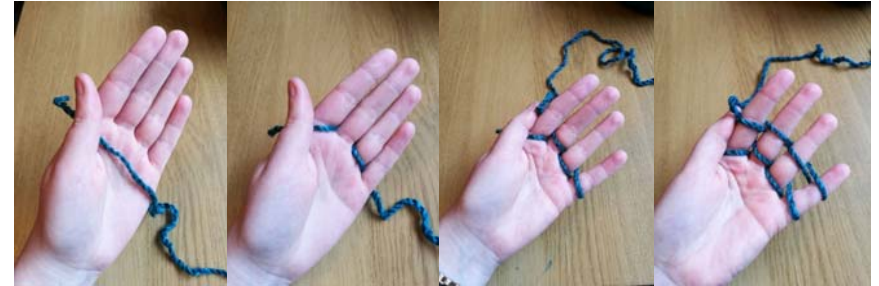
**STEP 2:** Take the lower row on your little finger and bring it up and over the top of your finger. Do the same with your other three fingers until you only have one row across your fingers and some loopy yarn at the back of your hand.

Wriggle this row down your fingers a bit to give you enough space to wind more yarn through your fingers (like you did in step 1). Once you have two rows again, bring the lower row up and over your fingers like you did before.

OVER →

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Repeat until you have two rows of yarn on your fingers. Pinch the yarn ends with your thumb to free up your other hand.



**STEP 2:** Take the lower row on your little finger and bring it up and over the top of your finger. Do the same with your other three fingers until you only have one row across your fingers and some loopy yarn at the back of your hand.

Wriggle this row down your fingers a bit to give you enough space to wind more yarn through your fingers (like you did in step 1). Once you have two rows again, bring the lower row up and over your fingers like you did before.

OVER →

**STEP 3:** Continue to add rows and loop them over your fingers, pulling them taught every few rows to keep it neat. The knitted structure will gradually appear behind your hand.



After about 10 rows, you should have enough for a small bracelet. You can keep adding rows until you get it to the length you want. If you need to pause and come back to it, thread something through the row where your fingers would be (knitting needle, spoon, stick), then carry on when you're ready.

**STEP 4:** To finish, take the loop on your little finger and put it on your ring finger. Lift the bottom loop over the top of your ring finger just like we were doing before. Move the loop to your middle finger and bring the lower loop over the top again. Finally, move the loop on to your index finger and bring the lower loop over the top once more.

You should now be left with just one loop on your index finger. Slide it off and post the trailing thread through the loop. Take the yarn from the other end of the object where you started from and tie the two ends together which stops the whole thing coming undone.



## Credits

Instructions & photos from:  
[www.instructables.com/id/Super-Simple-Finger-Knitting](http://www.instructables.com/id/Super-Simple-Finger-Knitting)

Template created by Maine State Library:  
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