

<<ON SCHOOL LETTERHEAD >>

Date #1

Dear Parent(s) of Kindergarten/3rd Grade Students:

This year, our school is taking part in the 2019 **Maine Integrated Youth Health Survey (MIYHS)**. The survey is the joint effort of the Maine Department of Health and Human Services (DHHS) and the Maine Department of Education (DOE). The goal of the MIYHS is to collect data to improve children's health programs and services. The MIYHS is completely confidential and voluntary, which means that you may choose not to have your child participate with no penalty to you or your child.

In the Kindergarten and Third Grade section of the survey project, the school nurse will collect and record your child's height, weight, and oral health. This information is already collected by many schools in Maine. The results will be kept private, the answers from any one student are never reported individually. No student will ever be mentioned by name in any report, and no information that connects your child to their own survey responses will be kept.

Please write or call our school nurse by **Date #2** if you do not want your child to take part in this screening. If we do not hear from you, your consent to your child's participation is assumed. Your child can also refuse to be measured.

If you have questions about your rights or your child's rights as part of this survey, you may call the USM Human Protections Administrator at (207) 228-8434 and/or email usmorio@maine.edu. The Institutional Review Board (IRB) at the University of Southern Maine has approved the use of this survey. The IRB is responsible for protecting the rights and welfare of survey participants.

If you have questions about this project, the screening or about your or your child's rights in being part of the survey, you may contact the following people or me:

Reid Plimpton, Maine Center for Disease Control & Prevention at 207-287-5084

Gregory McHugh, Pan-Atlantic Research at 1-844-308-8906 or 207 221-8877 x106

Jean Zimmerman, Department of Education, at 207-624-6687

Sincerely,

<<PRINCIPAL'S NAME>>

Principal

IRB 15-07-562
Approved by USM IRB
August 22, 2018 – April 11, 2019