



Maine Department of Health and Human Services  
Maine Department of Education

## **SUMMARY REPORTS**

### **MAINE**

#### **2011 MIYHS GRADE 5 - 6 REPORT**

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Summary Report (weighted)**

*What language is spoken most often at home? (en6)  
Percentage of students who answered something other than 'English'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	2.0%					2.0%				1.9%
<b>By Grade:</b>					<b>5th</b>					<b>6th</b>
					2.0%					1.9%
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>			<b>Male, 5th</b>			<b>Female, 6th</b>			<b>Male, 6th</b>
	2.4%			1.7%			1.7%			2.1%
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	2.9%	0.3%	4.9%	0.6%	0.7%	0.4%	4.4%	1.6%		

*How often do you wear a seat belt when riding in a car? (en7)  
Percentage of students who answered 'Never' or 'Rarely'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	1.8%					1.1%				2.5%
<b>By Grade:</b>					<b>5th</b>					<b>6th</b>
					1.2%					2.4%
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>			<b>Male, 5th</b>			<b>Female, 6th</b>			<b>Male, 6th</b>
	0.5%			1.9%			1.6%			3.1%
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	3.5%	1.9%	0.9%	3.9%	1.6%	2.9%	1.5%	0.8%		

*How often do you ride in the back seat when you are riding in a car? (en8)  
Percentage of students who answered 'Never' or 'Rarely'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	21.3%					18.1%				24.6%
<b>By Grade:</b>					<b>5th</b>					<b>6th</b>
					15.2%					27.2%
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>			<b>Male, 5th</b>			<b>Female, 6th</b>			<b>Male, 6th</b>
	12.5%			18.1%			23.4%			30.9%
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	24.5%	21.5%	20.2%	23.8%	23.2%	21.7%	20.1%	19.1%		

Note: Due to missing data, the average of demographic categories may not equal the overall total.

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Summary Report (weighted)**

*When you ride a bicycle, how often do you wear a helmet? (Modified, en9a)*  
*Among students who ride a bicycle, the percentage of students who answered 'Never' or 'Rarely'*

<b>State Average:</b>	<b>Total</b>	<b>Female</b>				<b>Male</b>			
	29.7%	24.1%				35.0%			
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>				
	25.2%				34.0%				
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>		
	20.1%		30.4%		28.2%		39.4%		
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>	
	36.4%	35.5%	20.2%	40.8%	25.8%	36.0%	33.7%	20.7%	

*Have you ever been bullied on school property? (en51)*  
*Percentage of students who answered 'Yes'*

<b>State Average:</b>	<b>Total</b>	<b>Female</b>				<b>Male</b>			
	45.4%	46.7%				44.1%			
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>				
	45.5%				45.4%				
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>		
	46.2%		44.6%		47.2%		43.7%		
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>	
	57.9%	47.3%	45.9%	48.4%	43.1%	50.7%	43.4%	36.9%	

*Have you ever been bullied away from school? (en52)*  
*Percentage of students who answered 'Yes'*

<b>State Average:</b>	<b>Total</b>	<b>Female</b>				<b>Male</b>			
	36.5%	36.6%				36.3%			
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>				
	35.4%				37.5%				
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>		
	35.7%		35.0%		37.6%		37.3%		
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>	
	41.2%	37.1%	38.5%	35.5%	34.0%	42.5%	35.2%	31.3%	

Note: Due to missing data, the average of demographic categories may not equal the overall total.

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Summary Report (weighted)**

*Do you agree or disagree with the following statement? 'I feel safe at my school.' (en12)*

*Percentage of students who answered 'Strongly agree' or 'Agree'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	89.0%					90.3%				87.7%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	89.4%				88.6%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>			<b>Male, 5th</b>			<b>Female, 6th</b>			<b>Male, 6th</b>
	90.7%			88.3%			90.1%			87.2%
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	86.4%	86.6%	90.7%	87.9%	88.8%	87.4%	88.4%	92.9%		

*Have you ever tried cigarette smoking, even one or two puffs? (en13)*

*Percentage of students who answered 'Yes'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	2.7%					2.1%				3.2%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	1.8%				3.6%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>			<b>Male, 5th</b>			<b>Female, 6th</b>			<b>Male, 6th</b>
	1.0%			2.6%			3.2%			3.7%
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	4.0%	3.5%	1.5%	3.0%	2.6%	1.6%	3.8%	2.1%		

*During the past 30 days, on how many days did you smoke cigarettes? (en14)*

*Percentage of students who answered at least 1 day*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	0.9%					0.7%				1.0%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	0.7%				1.0%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>			<b>Male, 5th</b>			<b>Female, 6th</b>			<b>Male, 6th</b>
	0.3%			1.0%			1.0%			1.0%
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	0.8%	0.8%	0.4%	0.6%	1.0%	0.6%	1.6%	0.5%		

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Summary Report (weighted)**

*Do you think you will try a cigarette soon? (en15)*  
*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

<b>State Average:</b>	<b>Total</b>	<b>Female</b>				<b>Male</b>			
	10.3%	7.1%				13.2%			
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>				
	8.5%				11.8%				
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>		
	5.0%		11.7%		8.9%		14.7%		
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>	
	11.1%	10.5%	8.5%	13.0%	12.2%	8.5%	12.3%	8.2%	

*Do you think you will smoke a cigarette at anytime during the next year? (en16)*  
*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

<b>State Average:</b>	<b>Total</b>	<b>Female</b>				<b>Male</b>			
	6.5%	4.7%				8.1%			
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>				
	4.2%				8.6%				
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>		
	2.6%		5.6%		6.8%		10.3%		
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>	
	7.6%	8.0%	4.4%	7.1%	7.7%	5.4%	7.4%	5.1%	

*If one of your best friends offered you a cigarette, would you smoke it? (en17)*  
*Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

<b>State Average:</b>	<b>Total</b>	<b>Female</b>				<b>Male</b>			
	9.6%	7.6%				11.4%			
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>				
	7.1%				11.9%				
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>		
	4.9%		9.2%		10.2%		13.5%		
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>	
	11.6%	10.3%	7.8%	11.3%	10.8%	8.7%	11.2%	6.9%	

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Summary Report (weighted)**

*Have you ever had a drink of alcohol, other than a few sips? (Modified, en18a)*  
*Percentage of students who answered 'Yes'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	7.2%					5.2%				9.1%
<b>By Grade:</b>					<b>5th</b>					<b>6th</b>
					5.5%					9.0%
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>			<b>Male, 5th</b>			<b>Female, 6th</b>			<b>Male, 6th</b>
	3.7%			7.3%			6.7%			10.9%
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	8.0%	7.2%	5.5%	7.5%	8.2%	7.4%	8.8%	5.5%		

*During the past 30 days, on how many days did you have at least one drink of alcohol? (en19)*  
*Percentage of students who answered at least 1 day*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	1.8%					1.1%				2.4%
<b>By Grade:</b>					<b>5th</b>					<b>6th</b>
					1.4%					2.1%
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>			<b>Male, 5th</b>			<b>Female, 6th</b>			<b>Male, 6th</b>
	0.6%			2.2%			1.6%			2.6%
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	2.1%	2.4%	1.1%	2.1%	2.2%	1.6%	1.7%	1.2%		

*If you wanted to get some alcohol, how easy would it be for you to get some? (en20)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	15.0%					12.3%				17.5%
<b>By Grade:</b>					<b>5th</b>					<b>6th</b>
					11.5%					18.2%
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>			<b>Male, 5th</b>			<b>Female, 6th</b>			<b>Male, 6th</b>
	9.1%			13.7%			15.3%			20.9%
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	13.9%	14.3%	16.1%	16.7%	17.9%	13.6%	14.6%	13.2%		

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Summary Report (weighted)**

*How wrong do your parents feel it would be for you to drink alcohol regularly? (en21)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	2.8%					2.0%				3.4%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	3.0%				2.5%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>			<b>Male, 5th</b>			<b>Female, 6th</b>		<b>Male, 6th</b>	
	2.2%			3.6%			1.9%		3.1%	
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	2.3%	2.9%	1.9%	2.9%	3.1%	2.6%	3.3%	2.5%		

*Have you ever used marijuana? (en53)  
Percentage of students who answered 'Yes'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	1.2%					0.9%				1.5%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	0.9%				1.4%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>			<b>Male, 5th</b>			<b>Female, 6th</b>		<b>Male, 6th</b>	
	0.7%			1.1%			1.0%		1.8%	
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	0.4%	1.1%	1.1%	1.0%	1.3%	0.7%	2.2%	1.0%		

*Have you ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high? (Modified, en22a)  
Percentage of students who answered 'Yes'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	4.0%					3.1%				4.7%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	4.1%				3.9%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>			<b>Male, 5th</b>			<b>Female, 6th</b>		<b>Male, 6th</b>	
	3.1%			5.0%			3.1%		4.5%	
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	3.3%	3.7%	2.9%	4.1%	4.7%	3.3%	5.4%	3.9%		

Note: Due to missing data, the average of demographic categories may not equal the overall total.

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Summary Report (weighted)**

*During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol or drug use? (en23)  
Percentage of students who answered 'Yes'*

<b>State Average:</b>	<b>Total</b> 39.9%						<b>Female</b> 41.2%				<b>Male</b> 38.8%
<b>By Grade:</b>	<b>5th</b> 39.9%					<b>6th</b> 39.9%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 40.4%			<b>Male, 5th</b> 39.8%			<b>Female, 6th</b> 42.2%			<b>Male, 6th</b> 37.7%	
<b>Public Health District:</b>	<b>Aroostook</b> 33.6%	<b>Central</b> 42.0%	<b>Cumberland</b> 41.1%	<b>Downeast</b> 36.8%	<b>Mid-Coast</b> 41.4%	<b>Penquis</b> 40.4%	<b>Western</b> 38.5%	<b>York</b> 38.1%			

*Do you agree or disagree with the following statement? 'My family has clear rules about alcohol and drug use.' (en24)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

<b>State Average:</b>	<b>Total</b> 91.3%						<b>Female</b> 92.2%				<b>Male</b> 90.5%
<b>By Grade:</b>	<b>5th</b> 89.9%					<b>6th</b> 92.6%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 90.8%			<b>Male, 5th</b> 89.1%			<b>Female, 6th</b> 93.6%			<b>Male, 6th</b> 91.8%	
<b>Public Health District:</b>	<b>Aroostook</b> 92.2%	<b>Central</b> 90.7%	<b>Cumberland</b> 93.5%	<b>Downeast</b> 91.5%	<b>Mid-Coast</b> 91.3%	<b>Penquis</b> 89.8%	<b>Western</b> 88.7%	<b>York</b> 94.0%			

*About how many adults (over 21) have you known personally who in the past year have gotten drunk or high? (en25)  
Percentage of students who answered at least 1 adult*

<b>State Average:</b>	<b>Total</b> 48.2%						<b>Female</b> 47.0%				<b>Male</b> 49.5%
<b>By Grade:</b>	<b>5th</b> 43.8%					<b>6th</b> 52.2%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 43.0%			<b>Male, 5th</b> 45.1%			<b>Female, 6th</b> 50.6%			<b>Male, 6th</b> 53.4%	
<b>Public Health District:</b>	<b>Aroostook</b> 50.9%	<b>Central</b> 52.3%	<b>Cumberland</b> 43.9%	<b>Downeast</b> 53.2%	<b>Mid-Coast</b> 48.7%	<b>Penquis</b> 47.5%	<b>Western</b> 49.7%	<b>York</b> 44.1%			



**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Summary Report (weighted)**

*During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.) (en29a)*

*Percentage of students who answered at least once in the past week*

<b>State Average:</b>	<b>Total</b> 78.1%					<b>Female</b> 78.9%				<b>Male</b> 77.3%
<b>By Grade:</b>	<b>5th</b> 78.6%				<b>6th</b> 77.6%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 79.3%			<b>Male, 5th</b> 78.1%			<b>Female, 6th</b> 78.3%			<b>Male, 6th</b> 76.7%
<b>Public Health District:</b>	<b>Aroostook</b> 80.0%	<b>Central</b> 76.9%	<b>Cumberland</b> 76.8%	<b>Downeast</b> 75.3%	<b>Mid-Coast</b> 79.9%	<b>Penquis</b> 76.9%	<b>Western</b> 76.6%	<b>York</b> 79.9%		

*During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) (en30a)*

*Percentage of students who answered at least once in the past week*

<b>State Average:</b>	<b>Total</b> 90.4%					<b>Female</b> 92.4%				<b>Male</b> 88.6%
<b>By Grade:</b>	<b>5th</b> 90.3%				<b>6th</b> 90.4%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 92.1%			<b>Male, 5th</b> 88.7%			<b>Female, 6th</b> 92.9%			<b>Male, 6th</b> 88.3%
<b>Public Health District:</b>	<b>Aroostook</b> 90.9%	<b>Central</b> 89.0%	<b>Cumberland</b> 92.5%	<b>Downeast</b> 88.6%	<b>Mid-Coast</b> 91.5%	<b>Penquis</b> 90.3%	<b>Western</b> 88.8%	<b>York</b> 91.2%		

*During the past 7 days, how many times did you eat vegetables, such as carrots, green salad, corn, or green beans? (Do not count french fries or other fried potatoes.) (en31a)*

*Percentage of students who answered at least once in the past week*

<b>State Average:</b>	<b>Total</b> 91.8%					<b>Female</b> 94.3%				<b>Male</b> 89.4%
<b>By Grade:</b>	<b>5th</b> 91.2%				<b>6th</b> 92.4%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 93.5%			<b>Male, 5th</b> 88.9%			<b>Female, 6th</b> 95.0%			<b>Male, 6th</b> 90.0%
<b>Public Health District:</b>	<b>Aroostook</b> 91.8%	<b>Central</b> 93.1%	<b>Cumberland</b> 91.9%	<b>Downeast</b> 90.6%	<b>Mid-Coast</b> 91.5%	<b>Penquis</b> 90.3%	<b>Western</b> 90.2%	<b>York</b> 94.6%		

Note: Due to missing data, the average of demographic categories may not equal the overall total.

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Summary Report (weighted)**

*During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage (Gatorade, Red Bull, lemonade, sweetened tea/coffee drinks, flavored milk, Snapple, Sunny Delight)? (en54)*

*Percentage of students who answered at least once in the past week*

<b>State Average:</b>	<b>Total</b> 82.2%					<b>Female</b> 78.3%				<b>Male</b> 85.7%
<b>By Grade:</b>	<b>5th</b> 80.2%				<b>6th</b> 84.0%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 76.5%			<b>Male, 5th</b> 83.5%			<b>Female, 6th</b> 80.1%			<b>Male, 6th</b> 87.7%
<b>Public Health District:</b>	<b>Aroostook</b> 84.3%	<b>Central</b> 84.0%	<b>Cumberland</b> 78.3%	<b>Downeast</b> 83.0%	<b>Mid-Coast</b> 82.1%	<b>Penquis</b> 85.8%	<b>Western</b> 83.4%	<b>York</b> 78.2%		

*During the past 7 days, how many meals did you eat with your family? (en55)*

*Percentage of students who answered at least 7 meals*

<b>State Average:</b>	<b>Total</b> 61.6%					<b>Female</b> 60.6%				<b>Male</b> 62.4%
<b>By Grade:</b>	<b>5th</b> 62.2%				<b>6th</b> 61.0%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 60.9%			<b>Male, 5th</b> 63.3%			<b>Female, 6th</b> 60.4%			<b>Male, 6th</b> 61.4%
<b>Public Health District:</b>	<b>Aroostook</b> 63.5%	<b>Central</b> 60.1%	<b>Cumberland</b> 60.7%	<b>Downeast</b> 55.5%	<b>Mid-Coast</b> 61.3%	<b>Penquis</b> 63.0%	<b>Western</b> 61.3%	<b>York</b> 65.5%		

*During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Include any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (Modified, en56)*

*Percentage of students who answered at least 5 days*

<b>State Average:</b>	<b>Total</b> 51.1%					<b>Female</b> 48.0%				<b>Male</b> 53.7%
<b>By Grade:</b>	<b>5th</b> 49.8%				<b>6th</b> 52.2%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 46.1%			<b>Male, 5th</b> 52.5%			<b>Female, 6th</b> 49.5%			<b>Male, 6th</b> 54.8%
<b>Public Health District:</b>	<b>Aroostook</b> 50.2%	<b>Central</b> 48.0%	<b>Cumberland</b> 51.4%	<b>Downeast</b> 51.0%	<b>Mid-Coast</b> 54.5%	<b>Penquis</b> 47.9%	<b>Western</b> 49.0%	<b>York</b> 55.5%		

Note: Due to missing data, the average of demographic categories may not equal the overall total.

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Summary Report (weighted)**

*On an average school day, how many hours do you watch TV? (en34)*  
*Percentage of students who answered at least 3 hours*

<b>State Average:</b>	<b>Total</b> 29.4%					<b>Female</b> 25.0%				<b>Male</b> 33.6%	
<b>By Grade:</b>	<b>5th</b> 28.8%				<b>6th</b> 30.1%						
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 23.8%			<b>Male, 5th</b> 33.7%			<b>Female, 6th</b> 26.2%			<b>Male, 6th</b> 33.9%	
<b>Public Health District:</b>	<b>Aroostook</b> 33.0%	<b>Central</b> 31.0%	<b>Cumberland</b> 24.9%	<b>Downeast</b> 33.7%	<b>Mid-Coast</b> 28.6%	<b>Penquis</b> 31.4%	<b>Western</b> 31.5%	<b>York</b> 25.6%			

*On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.) (en57)*  
*Percentage of students who answered at least 3 hours*

<b>State Average:</b>	<b>Total</b> 23.6%					<b>Female</b> 17.5%				<b>Male</b> 29.7%	
<b>By Grade:</b>	<b>5th</b> 20.6%				<b>6th</b> 26.7%						
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 14.4%			<b>Male, 5th</b> 26.7%			<b>Female, 6th</b> 20.4%			<b>Male, 6th</b> 32.8%	
<b>Public Health District:</b>	<b>Aroostook</b> 27.0%	<b>Central</b> 23.9%	<b>Cumberland</b> 17.2%	<b>Downeast</b> 29.9%	<b>Mid-Coast</b> 22.5%	<b>Penquis</b> 27.1%	<b>Western</b> 26.4%	<b>York</b> 20.0%			

*During an average week, how many days do you spend time in clubs, after-school programs, or other organized activities (other than sports) outside of regular school hours? (en35)*  
*Percentage of students who answered at least 1 day*

<b>State Average:</b>	<b>Total</b> 51.0%					<b>Female</b> 57.6%				<b>Male</b> 44.8%	
<b>By Grade:</b>	<b>5th</b> 50.7%				<b>6th</b> 51.3%						
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 57.7%			<b>Male, 5th</b> 44.3%			<b>Female, 6th</b> 57.6%			<b>Male, 6th</b> 45.3%	
<b>Public Health District:</b>	<b>Aroostook</b> 55.3%	<b>Central</b> 43.0%	<b>Cumberland</b> 55.0%	<b>Downeast</b> 55.1%	<b>Mid-Coast</b> 50.8%	<b>Penquis</b> 49.9%	<b>Western</b> 50.7%	<b>York</b> 51.8%			

Note: Due to missing data, the average of demographic categories may not equal the overall total.

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Summary Report (weighted)**

*Has a doctor or nurse ever told you that you have asthma? (Modified, en36a)*  
*Percentage of students who answered 'Yes'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	17.5%					15.6%				19.5%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	16.1%				18.9%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>			
	14.4%		17.9%		16.7%		20.9%			
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	18.3%	17.4%	14.6%	17.7%	17.7%	21.6%	16.8%	16.7%		

*During the past 12 months, have you had an asthma attack or taken asthma medication? (en37)*  
*Among students who reported to have asthma, the percentage of students who answered 'Yes'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	26.7%					28.6%				25.5%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	25.8%				27.4%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>			
	27.4%		25.0%		30.0%		25.5%			
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	25.6%	25.2%	25.4%	27.4%	27.7%	29.7%	26.9%	23.3%		

*Has a doctor, nurse, or asthma teacher ever taught you what to do during an asthma episode or attack? (en38)*  
*Among students who reported to have asthma, the percentage of students who answered 'Yes'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	22.5%					21.5%				23.2%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	20.8%				24.1%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>			
	19.6%		21.3%		23.1%		24.9%			
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	25.2%	20.6%	18.7%	25.7%	18.5%	32.1%	21.5%	20.1%		

*Note: Due to missing data, the average of demographic categories may not equal the overall total.*

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Summary Report (weighted)**

*During the past month, how often has asthma limited your usual activities? (en39)*

*Among students who reported to have asthma, the percentage of students who answered 'Most of the time' or 'Some of the time'*

<b>State Average:</b>	<b>Total</b> 31.2%						<b>Female</b> 33.6%				<b>Male</b> 29.9%
<b>By Grade:</b>	<b>5th</b> 31.5%					<b>6th</b> 30.6%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 32.8%			<b>Male, 5th</b> 31.3%			<b>Female, 6th</b> 34.0%			<b>Male, 6th</b> 28.4%	
<b>Public Health District:</b>	<b>Aroostook</b> 39.5%	<b>Central</b> 30.3%	<b>Cumberland</b> 28.7%	<b>Downeast</b> 30.3%	<b>Mid-Coast</b> 30.8%	<b>Penquis</b> 37.2%	<b>Western</b> 30.3%			<b>York</b> 24.9%	

*How often did you miss school this year because of your asthma? (en40)*

*Among students who reported to have asthma, the percentage of students who answered 'I missed school some of the time' or 'I missed school often'*

<b>State Average:</b>	<b>Total</b> 11.8%						<b>Female</b> 9.8%				<b>Male</b> 13.4%
<b>By Grade:</b>	<b>5th</b> 12.5%					<b>6th</b> 11.0%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 9.3%			<b>Male, 5th</b> 15.1%			<b>Female, 6th</b> 9.8%			<b>Male, 6th</b> 12.0%	
<b>Public Health District:</b>	<b>Aroostook</b> 13.5%	<b>Central</b> 9.7%	<b>Cumberland</b> 11.2%	<b>Downeast</b> 12.0%	<b>Mid-Coast</b> 13.9%	<b>Penquis</b> 10.4%	<b>Western</b> 12.6%			<b>York</b> 11.1%	

*During the past month, how often did your asthma make it difficult for you to stay asleep? (en41)*

*Among students who reported to have asthma, the percentage of students who answered at least 1 time*

<b>State Average:</b>	<b>Total</b> 25.1%						<b>Female</b> 28.7%				<b>Male</b> 22.3%
<b>By Grade:</b>	<b>5th</b> 26.4%					<b>6th</b> 23.9%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b> 29.9%			<b>Male, 5th</b> 23.9%			<b>Female, 6th</b> 27.3%			<b>Male, 6th</b> 20.9%	
<b>Public Health District:</b>	<b>Aroostook</b> 32.1%	<b>Central</b> 23.1%	<b>Cumberland</b> 24.9%	<b>Downeast</b> 21.5%	<b>Mid-Coast</b> 26.7%	<b>Penquis</b> 27.7%	<b>Western</b> 24.3%			<b>York</b> 20.9%	

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Summary Report (weighted)**

*During the past month, how many days did you have any symptoms of asthma such as shortness of breath, tightness in chest, or a wheezing cough? (en42)*  
*Among students who reported to have asthma, the percentage of students who answered at least 1 day*

<b>State Average:</b>	<b>Total</b>	<b>Female</b>				<b>Male</b>			
	44.3%	48.4%				41.3%			
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>				
	43.0%				45.1%				
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>		
	47.1%		40.2%		49.1%		41.8%		
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>	
	42.0%	42.5%	43.5%	42.1%	50.2%	43.7%	44.2%	40.8%	

*Has a doctor or nurse ever told you that you have diabetes? (Modified, en43a)*  
*Percentage of students who answered 'Yes'*

<b>State Average:</b>	<b>Total</b>	<b>Female</b>				<b>Male</b>			
	1.3%	1.4%				1.1%			
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>				
	1.1%				1.4%				
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>		
	1.3%		1.0%		1.5%		1.3%		
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>	
	1.1%	1.4%	1.0%	1.7%	1.0%	1.0%	2.2%	0.6%	

*When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work? (Modified, en58)*  
*Percentage of students who answered 'During the past 12 months (1 year)'*

<b>State Average:</b>	<b>Total</b>	<b>Female</b>				<b>Male</b>			
	68.6%	70.0%				67.5%			
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>				
	65.6%				71.5%				
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>		
	65.8%		65.7%		73.9%		69.3%		
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>	
	64.3%	68.3%	71.2%	60.9%	69.9%	68.3%	64.0%	75.4%	

*Note: Due to missing data, the average of demographic categories may not equal the overall total.*

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**5-6 Summary Report (weighted)**

*During the past month, how many days of school have you missed because of problems with your teeth? (Do not include routine dentist or orthodontist visits.)  
(Modified, en45a)*

*Percentage of students who answered at least 1 day*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	9.8%					9.5%				10.0%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	10.0%				9.5%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>			
	9.6%		10.3%		9.3%		9.8%			
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	12.5%	9.2%	7.5%	10.6%	10.5%	10.1%	10.9%	8.4%		

*When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher? (en46)*

*Percentage of students who answered 'Most of the time' or 'Always'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	42.4%					51.2%				34.1%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	47.8%				37.5%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>			
	57.0%		39.0%		46.1%		29.4%			
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	36.1%	37.8%	47.8%	37.7%	41.5%	40.0%	39.1%	52.5%		

*When you are outside for more than one hour on a sunny day, how often do you do one of the following: stay in the shade, wear clothing that covers most of your arms and legs, or wear a hat? (en47)*

*Percentage of students who answered 'Most of the time' or 'Always'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	32.0%					30.9%				33.2%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	36.0%				28.5%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>			
	35.9%		36.3%		26.4%		30.4%			
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	31.2%	31.3%	34.2%	30.3%	31.8%	29.4%	33.5%	32.4%		

Note: Due to missing data, the average of demographic categories may not equal the overall total.

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Summary Report (weighted)**

*During the past year, have you had any sunburns? (A sunburn is any reddening or burn of the skin that lasts until the next day.) (en48)*  
*Percentage of students who answered 'Yes'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	54.3%					54.1%				54.7%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	52.3%				56.1%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>			
	51.5%		53.5%		56.2%		56.0%			
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	51.9%	53.5%	53.5%	53.8%	56.6%	53.7%	53.9%	53.0%		

*Do you agree or disagree that you have parents who try to help you succeed? (en49)*  
*Percentage of students who answered 'Strongly agree' or 'Agree'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	92.1%					92.4%				91.8%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	92.1%				92.2%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>			
	92.4%		91.8%		92.5%		91.9%			
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	92.1%	91.0%	92.1%	93.4%	93.1%	91.1%	90.9%	93.8%		

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (en50)*  
*Percentage of students who answered 'Strongly agree' or 'Agree'*

<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	82.1%					84.7%				79.7%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	83.7%				80.6%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>			
	86.0%		81.5%		83.2%		78.1%			
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	84.6%	81.6%	82.3%	82.1%	80.9%	79.7%	82.1%	84.2%		



**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**5-6 Summary Report (weighted)**

<i>ENOWT2</i>										
<i>Percentage of 5th graders who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT</i>										
<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	19.6%					21.1%				18.3%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	19.6%				0.0%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>			
	21.1%		18.3%		0.0%		0.0%			
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	18.1%	24.9%	15.9%	22.2%	16.6%	20.9%	19.5%	18.4%		

<i>ENOBES2</i>										
<i>Percentage of 5th graders who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT</i>										
<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	23.8%					20.3%				27.2%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	23.8%				0.0%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>			
	20.3%		27.2%		0.0%		0.0%			
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	25.9%	25.8%	21.8%	30.3%	19.3%	31.4%	23.6%	16.5%		

<i>ENFRUIT</i>										
<i>Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days</i>										
<b>State Average:</b>	<b>Total</b>					<b>Female</b>				<b>Male</b>
	44.0%					45.2%				42.8%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>					
	45.9%				42.4%					
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>			
	46.5%		45.2%		43.9%		40.8%			
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>		
	41.2%	41.9%	46.5%	39.6%	44.9%	41.9%	43.2%	48.0%		

Note: Due to missing data, the average of demographic categories may not equal the overall total.

**2011 MAINE INTEGRATED YOUTH HEALTH SURVEY  
5-6 Summary Report (weighted)**

<i>ENVEG</i>									
<i>Percentage of students who ate vegetables three or more times per day during the past seven days</i>									
<b>State Average:</b>	<b>Total</b>					<b>Female</b>			<b>Male</b>
	15.2%					16.4%			14.1%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>				
	16.5%				13.8%				
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>		
	17.6%		15.8%		15.2%		12.4%		
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>	
	14.6%	16.2%	19.8%	14.2%	15.8%	12.8%	13.6%	14.8%	

<i>ENFRVG</i>									
<i>Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days</i>									
<b>State Average:</b>	<b>Total</b>					<b>Female</b>			<b>Male</b>
	25.9%					27.9%			24.1%
<b>By Grade:</b>	<b>5th</b>				<b>6th</b>				
	27.9%				24.1%				
<b>By Gender, Within Grade:</b>	<b>Female, 5th</b>		<b>Male, 5th</b>		<b>Female, 6th</b>		<b>Male, 6th</b>		
	30.2%		25.9%		25.7%		22.6%		
<b>Public Health District:</b>	<b>Aroostook</b>	<b>Central</b>	<b>Cumberland</b>	<b>Downeast</b>	<b>Mid-Coast</b>	<b>Penquis</b>	<b>Western</b>	<b>York</b>	
	25.5%	26.1%	29.6%	23.5%	26.1%	23.9%	23.7%	28.1%	