



Maine Department of Health and Human Services
Maine Department of Education

SUMMARY REPORTS

MAINE

2009 MIYHS GRADE 5 - 6 REPORT

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Summary Report (weighted)

*What language is spoken most often at home? (qn6)
Percentage of students who answered something other than 'English'*

State Average:	Total					Female				Male
	2.1%					2.3%				1.8%
By Grade:	5th				6th					
	2.0%				2.1%					
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th			
	2.4%		1.5%		2.1%		2.1%			
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	2.3%	1.1%	4.3%	1.3%	0.9%	0.7%	3.6%	1.3%		

*How often do you wear a seat belt when riding in a car? (qn7)
Percentage of students who answered 'Never' or 'Rarely'*

State Average:	Total					Female				Male
	1.8%					1.2%				2.5%
By Grade:	5th				6th					
	1.6%				2.0%					
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th			
	1.1%		2.0%		1.2%		2.8%			
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	3.8%	2.8%	0.9%	2.1%	1.6%	2.2%	1.0%	1.7%		

*How often do you ride in the back seat when you are riding in a car? (qn8)
Percentage of students who answered 'Never' or 'Rarely'*

State Average:	Total					Female				Male
	20.2%					16.1%				24.0%
By Grade:	5th				6th					
	15.3%				25.0%					
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th			
	11.0%		19.3%		21.1%		28.4%			
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	24.2%	22.6%	17.7%	20.8%	21.2%	20.5%	19.2%	19.6%		

Note: Due to missing data, the average of demographic categories may not equal the overall total.

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Summary Report (weighted)

How often do you wear a helmet when you ride a bicycle? (qn9)
Among students who ride a bicycle, the percentage of students who answered 'Never' or 'Rarely'

State Average:	Total	Female				Male			
	29.7%	23.9%				35.2%			
By Grade:	5th				6th				
	28.2%				31.2%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	22.2%		33.9%		25.6%		36.2%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	39.7%	36.3%	16.2%	33.6%	28.6%	38.4%	35.1%	28.9%	

During the past 12 months, have you ever been bullied on school property? (qn10)
Percentage of students who answered 'Yes'

State Average:	Total	Female				Male			
	30.4%	30.2%				30.6%			
By Grade:	5th				6th				
	31.0%				29.7%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	30.7%		31.2%		29.5%		29.9%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	40.9%	30.6%	26.0%	29.9%	34.9%	37.1%	30.3%	27.6%	

During the past 12 months, have you ever been bullied away from school? (qn11)
Percentage of students who answered 'Yes'

State Average:	Total	Female				Male			
	22.9%	22.8%				23.0%			
By Grade:	5th				6th				
	24.5%				21.2%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	24.2%		24.7%		21.1%		21.3%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	26.8%	21.2%	21.0%	22.7%	25.9%	25.1%	24.0%	23.4%	

Note: Due to missing data, the average of demographic categories may not equal the overall total.

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Summary Report (weighted)

Do you agree or disagree with the following statement? 'I feel safe at my school.' (qn12)

Percentage of students who answered 'Strongly agree' or 'Agree'

State Average:	Total					Female				Male
	90.4%					91.8%				89.2%
By Grade:	5th				6th					
	90.9%				90.1%					
By Gender, Within Grade:	Female, 5th			Male, 5th			Female, 6th			Male, 6th
	92.0%			89.8%			91.6%			88.7%
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	87.3%	89.8%	92.9%	89.9%	89.4%	87.7%	90.2%	91.4%		

Have you ever tried cigarette smoking, even one or two puffs? (qn13)

Percentage of students who answered 'Yes'

State Average:	Total					Female				Male
	3.9%					3.1%				4.8%
By Grade:	5th				6th					
	3.0%				4.8%					
By Gender, Within Grade:	Female, 5th			Male, 5th			Female, 6th			Male, 6th
	2.1%			3.9%			3.9%			5.6%
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	6.5%	4.2%	3.1%	4.7%	3.5%	3.9%	4.6%	4.0%		

During the past 30 days, on how many days did you smoke cigarettes? (qn14)

Percentage of students who answered at least 1 day

State Average:	Total					Female				Male
	1.2%					1.0%				1.3%
By Grade:	5th				6th					
	0.8%				1.5%					
By Gender, Within Grade:	Female, 5th			Male, 5th			Female, 6th			Male, 6th
	0.7%			1.0%			1.3%			1.7%
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	2.2%	1.4%	1.0%	1.5%	0.5%	1.0%	1.6%	1.2%		

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Summary Report (weighted)**

<i>Do you think you will try a cigarette soon? (qn15)</i>									
<i>Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'</i>									
State Average:	Total					Female			Male
	9.3%					7.2%			11.2%
By Grade:	5th				6th				
	7.7%				10.9%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	5.8%		9.4%		8.6%		12.9%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	12.7%	9.7%	7.4%	11.3%	9.8%	9.0%	10.2%	9.1%	

<i>Do you think you will smoke a cigarette at anytime during the next year? (qn16)</i>									
<i>Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'</i>									
State Average:	Total					Female			Male
	6.4%					4.9%			7.7%
By Grade:	5th				6th				
	4.6%				8.1%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	3.2%		6.0%		6.7%		9.4%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	9.3%	6.8%	4.5%	8.1%	7.8%	5.4%	7.5%	6.7%	

<i>If one of your best friends offered you a cigarette, would you smoke it? (qn17)</i>									
<i>Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'</i>									
State Average:	Total					Female			Male
	9.3%					7.6%			10.9%
By Grade:	5th				6th				
	7.1%				11.5%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	5.3%		8.9%		9.9%		12.9%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	13.4%	10.0%	9.0%	10.1%	9.6%	8.4%	9.5%	9.1%	

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Summary Report (weighted)

Have you ever had a drink of alcohol other than just a few sips? (qn18)
Percentage of students who answered 'Yes'

State Average:	Total					Female				Male
	8.2%					5.3%				10.9%
By Grade:	5th				6th					
	6.6%				9.7%					
By Gender, Within Grade:	Female, 5th			Male, 5th			Female, 6th		Male, 6th	
	4.1%			9.1%			6.5%		12.7%	
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	9.7%	8.1%	6.8%	9.1%	8.8%	8.5%	7.8%	8.8%		

During the past 30 days, on how many days did you have at least one drink of alcohol? (qn19)
Percentage of students who answered at least 1 day

State Average:	Total					Female				Male
	2.5%					1.8%				3.2%
By Grade:	5th				6th					
	2.1%				2.9%					
By Gender, Within Grade:	Female, 5th			Male, 5th			Female, 6th		Male, 6th	
	1.5%			2.7%			2.1%		3.7%	
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	2.7%	3.5%	2.4%	2.0%	2.5%	2.5%	2.7%	2.0%		

If you wanted to get some alcohol, how easy would it be for you to get some? (qn20)
Percentage of students who answered 'Sort of easy' or 'Very easy'

State Average:	Total					Female				Male
	17.8%					15.7%				19.7%
By Grade:	5th				6th					
	13.7%				21.8%					
By Gender, Within Grade:	Female, 5th			Male, 5th			Female, 6th		Male, 6th	
	11.7%			15.6%			19.7%		23.6%	
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	16.8%	18.4%	18.1%	18.9%	17.6%	17.9%	15.5%	18.0%		

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Summary Report (weighted)

*How wrong do your parents feel it would be for you to drink alcohol regularly? (qn21)
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

State Average:	Total					Female				Male
	2.7%					1.8%				3.7%
By Grade:	5th				6th					
	2.8%				2.6%					
By Gender, Within Grade:	Female, 5th			Male, 5th		Female, 6th		Male, 6th		
	1.6%			3.9%		1.9%		3.4%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	3.3%	3.3%	2.3%	3.9%	2.2%	4.1%	2.1%	1.9%		

*Have you ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high? (qn22)
Percentage of students who answered 'Yes'*

State Average:	Total					Female				Male
	5.4%					4.7%				6.0%
By Grade:	5th				6th					
	5.4%				5.3%					
By Gender, Within Grade:	Female, 5th			Male, 5th		Female, 6th		Male, 6th		
	4.7%			5.9%		4.6%		6.0%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	4.5%	5.7%	3.4%	6.3%	6.7%	5.8%	4.9%	6.2%		

*During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol or drug use? (qn23)
Percentage of students who answered 'Yes'*

State Average:	Total					Female				Male
	41.4%					43.4%				39.7%
By Grade:	5th				6th					
	41.7%				41.0%					
By Gender, Within Grade:	Female, 5th			Male, 5th		Female, 6th		Male, 6th		
	43.0%			40.7%		43.6%		38.6%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	42.3%	41.7%	41.9%	42.4%	39.0%	39.8%	39.9%	40.5%		

Note: Due to missing data, the average of demographic categories may not equal the overall total.

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Summary Report (weighted)

Do you agree or disagree with the following statement? 'My family has clear rules about alcohol and drug use.' (qn24)

Percentage of students who answered 'Strongly agree' or 'Agree'

State Average:	Total					Female				Male
	92.4%					93.2%				91.7%
By Grade:	5th				6th					
	92.1%				92.7%					
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th			
	92.9%		91.3%		93.5%		92.1%			
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	92.0%	91.9%	94.3%	93.6%	92.7%	90.6%	90.4%	92.6%		

About how many adults (over 21) have you known personally who in the past year have gotten drunk or high? (qn25)

Percentage of students who answered at least 1 adult

State Average:	Total					Female				Male
	48.6%					48.1%				49.2%
By Grade:	5th				6th					
	46.3%				50.8%					
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th			
	45.0%		47.5%		51.0%		50.7%			
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	55.6%	49.6%	39.7%	50.0%	50.4%	51.5%	52.2%	51.0%		

Which of the following are you trying to do about your weight? (qn28)

Percentage of students who answered 'Lose weight'

State Average:	Total					Female				Male
	39.0%					41.5%				36.7%
By Grade:	5th				6th					
	40.2%				38.0%					
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th			
	42.2%		38.4%		40.8%		35.3%			
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	40.6%	41.5%	36.1%	40.0%	39.1%	43.0%	40.8%	37.9%		

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Summary Report (weighted)

During the past seven (7) days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.) (qn29)

Percentage of students who answered at least once in the past week

State Average:	Total 80.1%	Female 82.1%	Male 78.2%
By Grade:	5th 79.7%	6th 80.4%	
By Gender, Within Grade:	Female, 5th 82.0%	Male, 5th 77.6%	Female, 6th 82.2% Male, 6th 78.8%
Public Health District:	Aroostook 78.7%	Central 77.7%	Cumberland 83.6% Downeast 82.4% Mid-Coast 80.7% Penquis 77.3% Western 78.3% York 80.6%

During the past seven (7) days, how many times did you eat fruit? (qn30)

Percentage of students who answered at least once in the past week

State Average:	Total 90.4%	Female 93.2%	Male 87.9%
By Grade:	5th 89.3%	6th 91.6%	
By Gender, Within Grade:	Female, 5th 92.6%	Male, 5th 86.2%	Female, 6th 93.8% Male, 6th 89.5%
Public Health District:	Aroostook 89.1%	Central 89.5%	Cumberland 93.1% Downeast 90.5% Mid-Coast 92.0% Penquis 86.8% Western 87.3% York 91.6%

During the past seven (7) days, how many times did you eat vegetables, such as carrots, green salad, corn, or green beans, but not including French fries or other fried potatoes? (qn31)

Percentage of students who answered at least once in the past week

State Average:	Total 93.3%	Female 95.9%	Male 90.9%
By Grade:	5th 92.7%	6th 93.9%	
By Gender, Within Grade:	Female, 5th 95.7%	Male, 5th 89.8%	Female, 6th 96.1% Male, 6th 92.0%
Public Health District:	Aroostook 93.4%	Central 93.7%	Cumberland 94.4% Downeast 93.8% Mid-Coast 92.3% Penquis 92.9% Western 92.7% York 92.3%

Note: Due to missing data, the average of demographic categories may not equal the overall total.

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Summary Report (weighted)

*During the past seven (7) days, how many cans, bottles, or glasses of soda, sports drinks, Kool-Aid, or sweetened ice tea did you drink? Do not include diet drinks.
(qn32)*

Percentage of students who answered at least once in the past week

State Average:	Total 79.3%					Female 75.9%				Male 82.6%
By Grade:	5th 77.6%				6th 81.0%					
By Gender, Within Grade:	Female, 5th 74.1%		Male, 5th 80.8%		Female, 6th 77.4%		Male, 6th 84.2%			
Public Health District:	Aroostook 81.0%	Central 82.4%	Cumberland 74.1%	Downeast 79.8%	Mid-Coast 76.0%	Penquis 81.3%	Western 84.4%	York 80.4%		

During the past 7 days, on how many days did you exercise or participate in physical activity for at least 60 minutes? (Add up all of the time you spent in any physical activity that increases your heart rate and made you sweat and breathe hard some of the time.) (qn33)

Percentage of students who answered at least 5 days

State Average:	Total 47.1%					Female 45.4%				Male 48.3%
By Grade:	5th 44.1%				6th 50.0%					
By Gender, Within Grade:	Female, 5th 42.7%		Male, 5th 45.0%		Female, 6th 48.1%		Male, 6th 51.6%			
Public Health District:	Aroostook 48.2%	Central 43.6%	Cumberland 52.3%	Downeast 45.6%	Mid-Coast 48.4%	Penquis 46.2%	Western 47.6%	York 44.0%		

On an average school day, how many hours do you watch TV? (qn34)

Percentage of students who answered at least 3 hours

State Average:	Total 30.7%					Female 26.9%				Male 34.3%
By Grade:	5th 29.9%				6th 31.5%					
By Gender, Within Grade:	Female, 5th 26.6%		Male, 5th 33.1%		Female, 6th 27.2%		Male, 6th 35.6%			
Public Health District:	Aroostook 30.7%	Central 30.2%	Cumberland 24.6%	Downeast 32.9%	Mid-Coast 33.0%	Penquis 31.1%	Western 33.2%	York 33.9%		

Note: Due to missing data, the average of demographic categories may not equal the overall total.

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Summary Report (weighted)

During an average week, how many days do you spend time in clubs, after-school programs, or other organized activities (other than sports) outside of regular school hours? (qn35)

Percentage of students who answered at least 1 day

State Average:	Total 53.3%					Female 60.4%				Male 46.5%
By Grade:	5th 53.0%				6th 53.5%					
By Gender, Within Grade:	Female, 5th 60.8%		Male, 5th 45.4%		Female, 6th 60.0%		Male, 6th 47.5%			
Public Health District:	Aroostook 56.0%	Central 48.3%	Cumberland 57.2%	Downeast 59.1%	Mid-Coast 53.4%	Penquis 52.1%	Western 48.7%	York 53.1%		

Have you ever been told by a doctor or other health professional that you had asthma? (qn36)

Percentage of students who answered 'Yes'

State Average:	Total 16.7%					Female 15.5%				Male 17.8%
By Grade:	5th 15.4%				6th 17.9%					
By Gender, Within Grade:	Female, 5th 15.1%		Male, 5th 15.8%		Female, 6th 15.8%		Male, 6th 19.8%			
Public Health District:	Aroostook 20.6%	Central 18.0%	Cumberland 16.3%	Downeast 17.5%	Mid-Coast 17.8%	Penquis 17.9%	Western 15.0%	York 15.4%		

During the past 12 months, have you had an asthma attack or taken asthma medication? (qn37)

Among students who reported to have asthma, the percentage of students who answered 'Yes'

State Average:	Total 28.5%					Female 31.3%				Male 26.5%
By Grade:	5th 26.8%				6th 30.1%					
By Gender, Within Grade:	Female, 5th 29.4%		Male, 5th 24.9%		Female, 6th 33.4%		Male, 6th 27.8%			
Public Health District:	Aroostook 28.6%	Central 29.2%	Cumberland 33.4%	Downeast 27.3%	Mid-Coast 29.5%	Penquis 26.1%	Western 27.0%	York 26.9%		

Note: Due to missing data, the average of demographic categories may not equal the overall total.

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Summary Report (weighted)

Has a doctor, nurse, or asthma teacher ever taught you what to do during an asthma episode or attack? (qn38)

Among students who reported to have asthma, the percentage of students who answered 'Yes'

State Average:	Total					Female				Male
	20.0%					20.0%				20.2%
By Grade:	5th				6th					
	18.3%				21.7%					
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th			
	18.8%		17.9%		21.3%		22.1%			
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	25.8%	18.1%	24.3%	21.5%	21.0%	15.5%	16.9%	20.7%		

During the past month, how often has asthma limited your usual activities? (qn39)

Among students who reported to have asthma, the percentage of students who answered 'Most of the time' or 'Some of the time'

State Average:	Total					Female				Male
	32.3%					36.6%				29.0%
By Grade:	5th				6th					
	32.2%				32.4%					
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th			
	35.9%		28.7%		36.9%		29.3%			
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	35.4%	32.2%	30.1%	35.8%	33.3%	31.6%	32.3%	33.1%		

How often did you miss school this year because of your asthma? (qn40)

Among students who reported to have asthma, the percentage of students who answered 'I missed school some of the time' or 'I missed school often'

State Average:	Total					Female				Male
	13.7%					13.7%				13.4%
By Grade:	5th				6th					
	14.9%				12.5%					
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th			
	14.1%		15.4%		13.3%		11.8%			
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	14.7%	11.7%	10.6%	16.7%	14.2%	14.7%	15.3%	13.4%		

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Summary Report (weighted)

During the past month, how often did your asthma make it difficult for you to stay asleep? (qn41)
Among students who reported to have asthma, the percentage of students who answered at least 1 time

State Average:	Total	Female				Male			
	30.7%	38.6%				24.2%			
By Grade:	5th				6th				
	32.2%				29.3%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	39.3%		25.5%		37.8%		23.0%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	31.5%	29.3%	27.2%	33.0%	33.9%	30.4%	28.6%	33.4%	

During the past month, how many days did you have any symptoms of asthma such as shortness of breath, tightness in chest, or a wheezing cough? (qn42)
Among students who reported to have asthma, the percentage of students who answered at least 1 day

State Average:	Total	Female				Male			
	44.6%	48.9%				41.0%			
By Grade:	5th				6th				
	43.0%				46.3%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	47.3%		38.7%		50.5%		43.0%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	48.2%	42.3%	45.7%	35.4%	45.7%	45.8%	45.3%	45.7%	

Have you ever been told by a doctor or other health professional that you had diabetes? (qn43)
Percentage of students who answered 'Yes'

State Average:	Total	Female				Male			
	1.1%	1.0%				1.0%			
By Grade:	5th				6th				
	1.0%				1.2%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	0.9%		1.0%		1.2%		1.1%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	1.3%	1.3%	0.6%	1.5%	1.1%	0.8%	1.1%	1.2%	

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY

5-6 Summary Report (weighted)

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (qn44)
Percentage of students who answered 'During the past 12 months (1 year)'*

State Average:	Total 82.3%					Female 83.7%				Male 81.3%
By Grade:	5th 79.2%				6th 85.2%					
By Gender, Within Grade:	Female, 5th 81.0%			Male, 5th 77.9%			Female, 6th 86.1%			Male, 6th 84.4%
Public Health District:	Aroostook 79.3%	Central 78.2%	Cumberland 86.8%	Downeast 83.4%	Mid-Coast 82.3%	Penquis 81.4%	Western 79.8%	York 82.9%		

*During the past 4 weeks, how many days of school have you missed because of problems with your teeth? (Do not include routine dental or orthodontist visits.) (qn45)
Percentage of students who answered at least 1 day*

State Average:	Total 8.2%					Female 7.4%				Male 8.7%
By Grade:	5th 8.3%				6th 7.8%					
By Gender, Within Grade:	Female, 5th 7.6%			Male, 5th 8.9%			Female, 6th 7.2%			Male, 6th 8.4%
Public Health District:	Aroostook 8.8%	Central 10.0%	Cumberland 5.8%	Downeast 9.6%	Mid-Coast 7.3%	Penquis 9.4%	Western 9.4%	York 7.8%		

*When you are outside for more than one hour on a sunny day, how often do you wear sunscreen with an SPF of 15 or higher? (qn46)
Percentage of students who answered 'Most of the time' or 'Always'*

State Average:	Total 46.3%					Female 56.4%				Male 36.7%
By Grade:	5th 49.3%				6th 43.3%					
By Gender, Within Grade:	Female, 5th 59.5%			Male, 5th 39.7%			Female, 6th 53.4%			Male, 6th 33.9%
Public Health District:	Aroostook 39.8%	Central 42.9%	Cumberland 52.1%	Downeast 42.6%	Mid-Coast 44.0%	Penquis 42.4%	Western 40.8%	York 50.4%		

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5-6 Summary Report (weighted)

When you are outside for more than one hour on a sunny day, how often do you do one of the following: stay in the shade, wear clothing that covers most of your arms and legs, or wear a hat? (qn47)

Percentage of students who answered 'Most of the time' or 'Always'

State Average:	Total 34.7%					Female 32.3%				Male 37.1%
By Grade:	5th 36.9%				6th 32.7%					
By Gender, Within Grade:	Female, 5th 34.8%		Male, 5th 39.2%		Female, 6th 29.9%		Male, 6th 35.2%			
Public Health District:	Aroostook 33.9%	Central 33.4%	Cumberland 38.9%	Downeast 32.7%	Mid-Coast 34.1%	Penquis 34.8%	Western 30.1%	York 34.9%		

During the past year, have you had any sunburns? A sunburn is any reddening or burn of the skin that lasts until the next day. (qn48)

Percentage of students who answered 'Yes'

State Average:	Total 55.4%					Female 55.1%				Male 56.0%
By Grade:	5th 53.3%				6th 57.5%					
By Gender, Within Grade:	Female, 5th 53.1%		Male, 5th 53.8%		Female, 6th 57.2%		Male, 6th 58.0%			
Public Health District:	Aroostook 54.6%	Central 56.4%	Cumberland 53.6%	Downeast 53.2%	Mid-Coast 56.2%	Penquis 55.9%	Western 54.4%	York 56.9%		

Do you agree or disagree that you have parents who try to help you succeed? (qn49)

Percentage of students who answered 'Strongly agree' or 'Agree'

State Average:	Total 92.5%					Female 92.6%				Male 92.5%
By Grade:	5th 92.1%				6th 92.9%					
By Gender, Within Grade:	Female, 5th 92.8%		Male, 5th 91.3%		Female, 6th 92.3%		Male, 6th 93.5%			
Public Health District:	Aroostook 92.4%	Central 92.2%	Cumberland 94.9%	Downeast 92.2%	Mid-Coast 90.9%	Penquis 91.0%	Western 92.4%	York 91.8%		

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Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (qn50)
Percentage of students who answered 'Strongly agree' or 'Agree'

State Average:	Total					Female				Male
	82.7%					84.5%				81.0%
By Grade:	5th				6th					
	85.1%				80.3%					
By Gender, Within Grade:	Female, 5th			Male, 5th			Female, 6th		Male, 6th	
	86.0%			84.4%			83.1%		77.6%	
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	82.5%	84.0%	84.6%	81.6%	81.2%	81.6%	80.0%	82.6%		

QNOWT1

Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT

State Average:	Total					Female				Male
	17.7%					15.4%				19.7%
By Grade:	5th				6th					
	18.8%				16.8%					
By Gender, Within Grade:	Female, 5th			Male, 5th			Female, 6th		Male, 6th	
	16.6%			20.8%			14.5%		18.8%	
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	18.2%	17.4%	18.6%	18.9%	17.3%	20.8%	19.0%	15.6%		

QNOBESE1

Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT

State Average:	Total					Female				Male
	15.8%					13.3%				18.1%
By Grade:	5th				6th					
	18.6%				13.5%					
By Gender, Within Grade:	Female, 5th			Male, 5th			Female, 6th		Male, 6th	
	16.7%			20.4%			10.4%		16.2%	
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York		
	20.9%	17.0%	11.4%	17.8%	15.8%	17.5%	16.5%	16.2%		

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Summary Report (weighted)

<i>QNOWT2</i>									
<i>Percentage of 5th graders who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT</i>									
State Average:	Total				Female				Male
	16.8%				16.6%				17.0%
By Grade:	5th						6th		
	16.8%						0.0%		
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	16.6%		17.0%		0.0%		0.0%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	9.5%	17.3%	14.1%	16.9%	19.5%	18.8%	18.7%	17.0%	

<i>QNOBESE2</i>									
<i>Percentage of 5th graders who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- MEASURED HEIGHT/WEIGHT</i>									
State Average:	Total				Female				Male
	23.3%				21.1%				25.5%
By Grade:	5th						6th		
	23.3%						0.0%		
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	20.9%		25.6%		0.0%		0.0%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	19.4%	25.6%	15.3%	29.9%	21.2%	28.7%	20.6%	23.8%	

<i>QNFRUIT</i>									
<i>Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days</i>									
State Average:	Total				Female				Male
	44.7%				47.5%				41.9%
By Grade:	5th						6th		
	45.2%						44.1%		
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	48.7%		41.8%		46.2%		42.0%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	42.9%	44.0%	49.4%	47.9%	45.5%	39.2%	43.2%	44.6%	

Note: Due to missing data, the average of demographic categories may not equal the overall total.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Summary Report (weighted)**

<i>QNVEG</i>									
<i>Percentage of students who ate vegetables three or more times per day during the past seven days</i>									
State Average:	Total					Female			Male
	15.4%					16.7%			14.1%
By Grade:	5th				6th				
	16.4%				14.4%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	18.1%		14.7%		15.2%		13.7%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	16.7%	14.8%	16.4%	16.4%	17.3%	15.4%	15.2%	14.9%	

<i>QNFRVG</i>									
<i>Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days</i>									
State Average:	Total					Female			Male
	26.6%					28.8%			24.3%
By Grade:	5th				6th				
	27.5%				25.7%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	30.2%		24.8%		27.5%		23.9%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	26.6%	28.5%	28.5%	28.1%	25.9%	22.2%	28.0%	26.2%	

<i>QNCARIES</i>									
<i>Presence of Decay Experience (Observed during oral health assessment)</i>									
State Average:	Total					Female			Male
	34.8%					34.0%			35.7%
By Grade:	5th				6th				
	35.0%				0.0%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	34.1%		35.8%		0.0%		0.0%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	43.0%	30.4%	39.3%	35.6%	30.1%	31.3%	45.8%	32.1%	

2009 MAINE INTEGRATED YOUTH HEALTH SURVEY
5-6 Summary Report (weighted)

<i>QNCAVIT</i>									
<i>Presence of Untreated Cavities (Observed during oral health assessment)</i>									
State Average:	Total					Female			Male
	14.4%					12.8%			16.2%
By Grade:	5th				6th				
	14.4%				37.1%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	12.8%		16.1%		37.1%		0.0%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	28.7%	21.7%	7.5%	10.9%	14.2%	13.1%	20.2%	9.9%	

<i>QNSEAL</i>									
<i>Presence of Sealants (Observed during oral health assessment)</i>									
State Average:	Total					Female			Male
	50.5%					52.5%			48.3%
By Grade:	5th				6th				
	50.5%				100.0%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	52.4%		48.5%		100.0%		0.0%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	90.2%	62.6%	38.3%	45.5%	69.7%	51.6%	57.0%	30.1%	

<i>QNTREAT</i>									
<i>Early / Urgent Dental Care Needed (Observed during oral health assessment)</i>									
State Average:	Total					Female			Male
	15.4%					14.2%			16.5%
By Grade:	5th				6th				
	15.4%				0.0%				
By Gender, Within Grade:	Female, 5th		Male, 5th		Female, 6th		Male, 6th		
	14.3%		16.5%		0.0%		0.0%		
Public Health District:	Aroostook	Central	Cumberland	Downeast	Mid-Coast	Penquis	Western	York	
	18.1%	22.9%	10.1%	9.4%	11.7%	15.8%	22.2%	10.1%	