



## **MIYHS CORE QUESTIONS: 2013 VERSUS 2015 COMPARISON REPORT**

**WESTERN MAINE PHD**

**2015 MIYHS HIGH SCHOOL REPORT**

# UNDERSTANDING THE DATA

## Reporting Thresholds and Student Confidentiality

Core reports have been run on the following levels for individual geographic units receiving weighted data\*:

- **Grade 5-6: State, Public Health District (PHD), SAU, and School**
- **Middle School: State, PHD, County, SAU, and School**
- **High School: State, PHD, County, SAU, and School**

\* In order for a report to be run on the State, PHD, County, and SAU levels, the geographic unit in question must have at least 2 participating schools and an overall response rate of at least 50% (overall response rate = school response rate within the geographic unit \* student response rate for participating schools within the geographic unit). Schools must have at least a 50% student participation rate within the eligible grades of a module to receive a report.

To protect student confidentiality, responses based on fewer than 6 individuals will not be shown. Also, individual reports have not been generated for schools or school districts yielding fewer than 20 usable surveys.

## How to Read this Report

For the Grade 5-6 core reports, all non-demographic questions included on the 2015 MIYHS survey instrument are presented. For middle school (MS) and high school (HS), only questions that appeared on all four survey versions are included in the core reports. Questions are grouped by topic area.

Please note that the numbers listed to the left of the questions in this report are for formatting purposes only; they do not represent actual question numbers on the survey instruments themselves.

When questions and/or answer options have changed from 2013 to 2015 and there may be a change in the way the results could be interpreted, the word "Modified" is listed after the question. Please go to <https://data.mainepublichealth.gov/miyhs/files/methodology/modifiedvar.pdf> for more information on the modified variables.

Each estimate is the weighted percentage of students who answered in the way specified in the question title; for instance, in 2013, 26.0% of Maine's high school students said they had consumed alcohol at least once in the 30 days prior to taking the MIYHS. The percentages are weighted to adjust for non-response and to make the estimates more representative of all Maine students, not just those who took the survey.

Because the weighted percentage is an estimate, there is some error involved. This is reflected in the Confidence Interval, which is bounded by the **Lower Confidence Limit (LCL)** and the **Upper Confidence Limit (UCL)**. Confidence intervals reflect how precise and stable the percentages are for students in the geographic unit in question. In 2013, 26.0% of Maine high school students indicated that they drank alcohol in the past 30 days. There was a LCL of 25.7% and a UCL of 26.3%; this means that there was a 95% chance that between 25.7% and 26.3% of Maine students engaged in this behavior in the past 30 days, and a 5% chance that fewer than 25.7% or more than 26.3% of students engaged in this behavior. In other words, if the survey were conducted 100 times, 95 of those times the percent of students who drank alcohol in the past month would be between 25.7% and 26.3%. Wider confidence intervals reflect more variability in student responses compared to more narrow confidence intervals. The narrower the confidence limits, the more confidence we have in the percentage. In general, the greater the proportions of eligible students taking the survey, the more confidence we have that the percentages reflect the true underlying population of students.

# UNDERSTANDING THE DATA

## Comparing Data: Is a Difference Statistically Significant?

In the last three columns of the tables in the core report, we present the results of statistical tests designed to determine whether the difference between values is more than would have been expected by chance. Statistical significance was determined by comparing confidence intervals. If the confidence interval around one percentage does not overlap with the confidence interval around another percentage, then the estimates are considered significantly different. Each geographic unit is compared to the state in 2013 and in 2015, and the values for these two survey years are compared within the geographic unit as well. If there is an "H" in a significance tests column, the percentage on this indicator is statistically higher than the state average or the previous survey year; if there is an "L", this indicates that the percentage on this indicator is statistically lower than the state average or the previous survey year. If the cell is blank, then the comparison is not statistically significantly different. To protect the privacy of students in small schools where data has not been released, statistically significant differences between the state and the school are not shown for indicators that are very rare or very common in Maine (i.e., almost no students or almost all students reported it). Otherwise, the reports will still display statistically significant differences, even if privacy concerns prevent us from showing local data.

## Western Maine PHD

### Demographics 2015 MIYHS High School Report

Category	2013 PHD Count	2013 PHD Percent	2013 Maine Count	2013 Maine Percent	2015 PHD Count	2015 PHD Percent	2015 Maine Count	2015 Maine Percent
Total	4,548	100.0%	37,328	100.0%	5,927	100.0%	38,186	100.0%
Female	2,234	49.1%	18,641	49.9%	2,932	49.5%	19,024	49.8%
Male	2,257	49.6%	18,264	48.9%	2,946	49.7%	18,850	49.4%
Missing	57	1.3%	423	1.1%	49	0.8%	312	0.8%
Grade 9	1,240	27.3%	10,182	27.3%	1,543	26.0%	10,281	26.9%
Grade 10	1,159	25.5%	9,548	25.6%	1,578	26.6%	10,029	26.3%
Grade 11	1,084	23.8%	8,912	23.9%	1,456	24.6%	9,210	24.1%
Grade 12	988	21.7%	8,055	21.6%	1,264	21.3%	8,137	21.3%
Missing	77	1.7%	631	1.7%	86	1.5%	529	1.4%

*Demographic counts of students with usable surveys are unweighted  
^ Data not available for 2013*

**Western Maine PHD**  
**Height and Weight -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
1.	Overweight (hnowt/hnowt)	Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT	<b>18.3%</b> (17.4% - 19.3%)	^	16.5% (15.9% - 17.0%)	^	H	^	^
2.	Obese (hnobese/hnobese)	Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT	<b>15.7%</b> (13.6% - 17.9%)	^	14.1% (13.3% - 15.0%)	^		^	^
3.	Healthy Weight (hnhlthwt/hnhlthwt)	Percentage of students who were at a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT	<b>64.2%</b> (62.3% - 66.2%)	^	67.6% (66.4% - 68.9%)	^	L	^	^

\* CI = Confidence Interval

A. **H/L**=PHD 2015 is significantly **Higher / Lower** than Maine 2015

B. **H/L**=PHD 2013 is significantly **Higher / Lower** than Maine 2013

C. **H/L**=PHD 2015 is significantly **Higher / Lower** than PHD 2013

\*\* Because of confidentiality, estimates have been suppressed due to either very small or very large cell sizes.

^ Data not available for 2013

**Western Maine PHD  
Unintentional Injury -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
4.	How often do you wear a seat belt when riding in a car driven by someone else? (hn11/hn11)	Percentage of students who answered "Never" or "Rarely"	<b>6.5%</b> (5.6% - 7.5%)	7.8% (6.6% - 9.0%)	6.4% (5.9% - 6.9%)	7.6% (7.0% - 8.3%)			
5.	How often do you wear a seat belt when riding in a car driven by someone else? (hn11_2/hn11_2)	Percentage of students who answered "Always"	<b>62.6%</b> (60.4% - 64.7%)	59.6% (57.3% - 61.8%)	64.7% (63.2% - 66.2%)	61.6% (59.9% - 63.4%)			
6.	How often do you wear a seat belt when driving a car? (hn213/hn213)	Among students who drive, the percentage of students who answered "Never" or "Rarely"	<b>6.0%</b> (4.9% - 7.1%)	7.1% (6.1% - 8.2%)	5.9% (5.3% - 6.4%)	7.1% (6.4% - 7.8%)			
7.	How often do you wear a seat belt when driving a car? (hn213_2/hn213_2)	Among students who drive, the percentage of students who answered "Always"	<b>78.7%</b> (76.5% - 80.9%)	74.5% (73.0% - 75.9%)	79.6% (78.5% - 80.7%)	76.7% (75.4% - 77.9%)			H

\* CI = Confidence Interval

A. **H/L**=PHD 2015 is significantly **H**igher / **L**ower than Maine 2015

B. **H/L**=PHD 2013 is significantly **H**igher / **L**ower than Maine 2013

C. **H/L**=PHD 2015 is significantly **H**igher / **L**ower than PHD 2013

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**Western Maine PHD  
Violence -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
8.	Do you agree or disagree with the following statement? "I feel safe at my school." (hn33/hn33)	Percentage of students who answered "Strongly agree" or "Agree"	<b>86.2%</b> (84.2% - 88.2%)	86.7% (84.6% - 88.9%)	88.6% (87.5% - 89.8%)	87.8% (86.6% - 88.9%)			

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**Western Maine PHD  
Bullying -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
9.	During the past 12 months, have you ever been bullied on school property? (hn34/hn34)	Percentage of students who answered "Yes"	<b>25.3%</b> (22.8% - 27.8%)	26.3% (23.4% - 29.2%)	23.9% (22.9% - 25.0%)	25.8% (24.9% - 26.8%)			

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**Western Maine PHD  
Suicide & Depression -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
10.	During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? (hn42/hn42)	Percentage of students who answered "Yes"	<b>28.6%</b> (27.4% - 29.8%)	26.6% (24.4% - 28.8%)	25.9% (25.0% - 26.8%)	24.3% (23.4% - 25.2%)	H		
11.	During the past 12 months, when you felt sad or hopeless, from whom did you get help? (hn43a/hn43b)	Among students who have ever felt sad or hopeless during the past 12 months, the percentage of students who answered that they got help from an adult	<b>21.9%</b> (20.3% - 23.5%)	20.1% (19.0% - 21.2%)	22.0% (21.2% - 22.8%)	22.3% (21.4% - 23.1%)		L	
12.	During the past 12 months, did you ever seriously consider attempting suicide? (hn44/hn44)	Percentage of students who answered "Yes"	<b>16.9%</b> (15.2% - 18.5%)	15.3% (13.6% - 17.1%)	14.8% (14.1% - 15.6%)	14.6% (13.9% - 15.3%)			

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**Western Maine PHD  
Tobacco -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
13.	During the past 30 days, on how many days did you smoke cigarettes? (hn48/hn48)	Percentage of students who answered at least 1 day	<b>10.0%</b> (8.3% - 11.7%)	12.6% (9.8% - 15.3%)	10.7% (10.0% - 11.4%)	12.9% (12.0% - 13.9%)			
14.	During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen? (hn50/hn50)	Percentage of students who answered at least 1 day	<b>5.3%</b> (4.1% - 6.6%)	7.7% (6.0% - 9.4%)	5.8% (5.3% - 6.3%)	6.5% (5.9% - 7.1%)			
15.	During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars? (hn49/hn49)	Percentage of students who answered at least 1 day	<b>9.4%</b> (7.6% - 11.3%)	12.1% (10.9% - 13.2%)	9.5% (8.8% - 10.1%)	11.3% (10.6% - 12.0%)			
16.	During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes? (hn52a/hn52a)	Percentage of students who answered at least 1 day	<b>40.1%</b> (37.2% - 43.1%)	45.0% (41.6% - 48.3%)	34.4% (32.7% - 36.0%)	38.3% (36.4% - 40.2%)	H	H	
17.	During the past 12 months, were you taught in any of your classes about the dangers of tobacco use? (hn204/hn204)	Percentage of students who answered "Yes"	<b>42.6%</b> (39.7% - 45.4%)	46.9% (43.4% - 50.3%)	42.1% (40.6% - 43.6%)	43.4% (41.7% - 45.1%)			
18.	How wrong do your parents feel it would be for you to smoke cigarettes? (hn54/hn54)	Percentage of students who answered "A little bit wrong" or "Not wrong at all"	<b>8.9%</b> (7.5% - 10.2%)	9.8% (8.4% - 11.2%)	8.0% (7.5% - 8.5%)	8.9% (8.4% - 9.5%)			

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**Western Maine PHD  
Tobacco -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
19.	How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day? (hn55/hn55)	Percentage of students who answered "No risk" or "Slight risk"	<b>11.5%</b> (10.2% - 12.8%)	11.3% (9.7% - 13.0%)	9.6% (9.0% - 10.1%)	9.8% (9.2% - 10.4%)	H		
20.	If you wanted to get some cigarettes, how easy would it be for you to get some? (hn56/hn56)	Percentage of students who answered "Sort of easy" or "Very easy"	<b>57.5%</b> (53.8% - 61.3%)	63.4% (59.9% - 66.9%)	57.4% (56.1% - 58.6%)	61.5% (60.3% - 62.8%)			
21.	If you wanted to get some cigarettes, how easy would it be for you to get some? (hn56_2/hn56_2)	Among students under the age of 18, the percentage who answered "Sort of easy" or "Very easy"	<b>54.4%</b> (50.4% - 58.4%)	60.7% (57.0% - 64.4%)	53.7% (52.4% - 55.0%)	58.2% (56.8% - 59.6%)			
22.	Any Tobacco Use (hnanytob/hnanytob)	Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days	<b>15.0%</b> (12.5% - 17.4%)	18.3% (16.8% - 19.9%)	15.7% (14.8% - 16.6%)	18.2% (17.3% - 19.1%)			

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**Western Maine PHD  
Alcohol -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
23.	During your life, on how many days have you had at least one drink of alcohol? (hn78/hn78)	Percentage of students who answered at least 1 day	<b>50.5%</b> (47.2% - 53.9%)	54.8% (50.8% - 58.7%)	50.9% (49.8% - 52.0%)	54.3% (53.1% - 55.6%)			
24.	How old were you when you had your first drink of alcohol other than a few sips? (hn79/hn79)	Among students who have had more than a few sips of alcohol, the percentage of students who answered before age 13	<b>26.3%</b> (24.8% - 27.8%)	28.2% (24.0% - 32.5%)	25.4% (24.1% - 26.6%)	25.6% (24.3% - 26.9%)			
25.	During the past 30 days, on how many days did you have at least one drink of alcohol? (hn80/hn80)	Percentage of students who answered at least 1 day	<b>22.1%</b> (18.9% - 25.4%)	25.6% (21.9% - 29.3%)	23.8% (22.8% - 24.8%)	26.0% (24.9% - 27.1%)			
26.	During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (hn81a/hn81a)	Percentage of students who answered at least 1 day	<b>10.6%</b> (8.6% - 12.7%)	14.5% (11.4% - 17.6%)	12.2% (11.5% - 12.8%)	14.8% (14.0% - 15.7%)			
27.	During the past 30 days, how did you usually get the alcohol you drank? (hn82a)/(Modified, hn82b)	Among students who reported alcohol use during the past 30 days, the percentage of students who answered "Someone gave it to me"	<b>40.3%</b> (37.9% - 42.7%)	36.9% (34.5% - 39.2%)	39.9% (38.7% - 41.1%)	36.3% (35.1% - 37.5%)			
28.	During the past 30 days, on how many days did you have at least one drink of alcohol on school property? (hn83/hn83)	Percentage of students who answered at least 1 day	<b>1.9%</b> (1.3% - 2.5%)	3.9% (2.9% - 4.9%)	2.0% (1.9% - 2.2%)	3.4% (3.1% - 3.7%)			L

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**Western Maine PHD  
Alcohol -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
29.	If you wanted to get some alcohol, how easy would it be for you to get some? (hn84/hn84)	Percentage of students who answered "Sort of easy" or "Very easy"	<b>59.3%</b> (56.8% - 61.8%)	63.6% (61.3% - 65.9%)	62.7% (61.7% - 63.8%)	65.6% (64.6% - 66.6%)			
30.	If you drank some alcohol without your parents' permission, would you be caught by your parents? (hn86/hn86)	Percentage of students who answered "Probably not" or "Definitely not"	<b>49.1%</b> (46.9% - 51.2%)	52.6% (50.1% - 55.2%)	49.8% (48.8% - 50.7%)	52.9% (51.9% - 53.9%)			
31.	If a kid drank some alcohol in your neighborhood, would he or she be caught by the police? (hn87/hn87)	Percentage of students who answered "Probably not" or "Definitely not"	<b>82.5%</b> (79.6% - 85.5%)	84.1% (81.1% - 87.2%)	82.2% (81.3% - 83.2%)	84.2% (83.4% - 85.0%)			
32.	How much do you think people risk harming themselves (physically or in other ways) if they have 1 or 2 drinks of an alcoholic beverage nearly every day? (hn88b/hn88b)	Percentage of students who answered "No risk" or "Slight risk"	<b>41.5%</b> (39.3% - 43.6%)	41.9% (38.1% - 45.7%)	40.4% (39.6% - 41.2%)	41.6% (40.7% - 42.6%)			
33.	How much do you think people risk harming themselves (physically or in other ways) if they have 5 or more drinks of an alcoholic beverage in a row once or twice a week? (hn89b/hn89b)	Percentage of students who answered "No risk" or "Slight risk"	<b>19.6%</b> (18.5% - 20.8%)	20.8% (18.3% - 23.3%)	18.6% (17.9% - 19.3%)	19.3% (18.5% - 20.2%)			

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**Western Maine PHD  
Alcohol -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
34.	How wrong do your friends feel it would be for you to have 1 or 2 drinks of an alcoholic beverage nearly every day? (hn218/hn218)	Percentage of students who answered "A little bit wrong" or "Not wrong at all"	<b>32.4%</b> (29.1% - 35.7%)	36.1% (32.6% - 39.5%)	30.8% (29.6% - 32.0%)	34.0% (32.8% - 35.1%)			
35.	How wrong do your parents feel it would be for you to have 1 or 2 drinks of an alcoholic beverage nearly every day? (hn219/hn219)	Percentage of students who answered "A little bit wrong" or "Not wrong at all"	<b>7.9%</b> (6.8% - 9.0%)	7.8% (6.7% - 8.9%)	7.0% (6.6% - 7.5%)	7.0% (6.6% - 7.4%)			

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^ Data not available for 2013

**Western Maine PHD  
Marijuana -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
36.	During your life, how many times have you used marijuana? (hn98/hn98)	Percentage of students who answered at least 1 time	<b>35.4%</b> (32.0% - 38.8%)	^	<b>34.6%</b> (33.4% - 35.8%)	^		^	^
37.	How old were you when you tried marijuana for the first time? (hn99/hn99)	Among students who have tried marijuana, the percentage of students who answered before age 13	<b>22.9%</b> (20.2% - 25.7%)	26.4% (23.2% - 29.6%)	19.1% (17.8% - 20.4%)	22.0% (20.6% - 23.4%)			
38.	During the past 30 days, how many times did you use marijuana? (hn100/hn100)	Percentage of students who answered at least 1 time	<b>20.0%</b> (17.4% - 22.5%)	22.5% (20.3% - 24.6%)	19.6% (18.7% - 20.6%)	21.6% (20.5% - 22.8%)			
39.	If you wanted to get some marijuana, how easy would it be for you to get some? (hn101/hn101)	Percentage of students who answered "Sort of easy" or "Very easy"	<b>55.9%</b> (52.5% - 59.3%)	58.8% (55.9% - 61.8%)	54.6% (53.4% - 55.9%)	56.2% (54.8% - 57.6%)			
40.	How wrong do your parents feel it would be for you to smoke marijuana? (hn102/hn102)	Percentage of students who answered "A little bit wrong" or "Not wrong at all"	<b>18.7%</b> (17.2% - 20.2%)	17.9% (16.2% - 19.6%)	16.6% (15.8% - 17.3%)	15.3% (14.6% - 16.0%)		H	
41.	How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week? (hn220/hn220)	Percentage of students who answered "No risk" or "Slight risk"	<b>62.3%</b> (60.0% - 64.5%)	59.5% (57.5% - 61.5%)	59.9% (58.8% - 61.0%)	58.3% (57.3% - 59.4%)			
42.	How wrong do your friends feel it would be for you to smoke marijuana? (hn221/hn221)	Percentage of students who answered "A little bit wrong" or "Not wrong at all"	<b>53.9%</b> (50.4% - 57.4%)	53.8% (50.7% - 56.9%)	53.3% (52.0% - 54.6%)	52.7% (51.3% - 54.2%)			

\* CI = Confidence Interval

A. H/L=PHD 2015 is significantly Higher / Lower than Maine 2015

B. H/L=PHD 2013 is significantly Higher / Lower than Maine 2013

C. H/L=PHD 2015 is significantly Higher / Lower than PHD 2013

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^ Data not available for 2013

**Western Maine PHD  
Other Drugs -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
43.	During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high? (hn111/hn111)	Percentage of students who answered at least 1 time	<b>8.6%</b> (7.7% - 9.5%)	8.6% (7.5% - 9.7%)	7.5% (7.1% - 7.9%)	8.6% (8.1% - 9.1%)			
44.	During your life, how many times have you taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription? (hn112a/hn112a)	Percentage of students who answered at least 1 time	<b>11.5%</b> (10.3% - 12.7%)	12.1% (10.1% - 14.1%)	11.0% (10.5% - 11.6%)	12.3% (11.7% - 12.9%)			
45.	During the past 30 days, how many times did you take a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription? (hn113a/hn113a)	Percentage of students who answered at least 1 time	<b>4.9%</b> (4.3% - 5.6%)	5.5% (4.2% - 6.8%)	4.8% (4.5% - 5.2%)	5.6% (5.2% - 6.0%)			
46.	During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property? (hn114/hn114)	Percentage of students who answered "Yes"	<b>20.4%</b> (18.4% - 22.4%)	24.8% (21.3% - 28.3%)	20.1% (19.3% - 20.9%)	21.8% (20.8% - 22.7%)			

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**Western Maine PHD  
Other Drugs -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
47.	During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? (hn116/hn116)	Percentage of students who answered "Yes"	<b>43.0%</b> (40.6% - 45.5%)	42.2% (39.7% - 44.8%)	47.6% (46.3% - 48.8%)	46.6% (45.2% - 47.9%)	L	L	
48.	Do you agree or disagree with the following statement? "My family has clear rules about alcohol and drug use." (hn115/hn115)	Percentage of students who answered "Strongly agree" or "Agree"	<b>86.6%</b> (85.4% - 87.9%)	85.4% (84.3% - 86.4%)	87.7% (87.3% - 88.2%)	86.7% (86.2% - 87.2%)			
49.	How much do you think people risk harming themselves (physically or in other ways) if they take a prescription drug that is not prescribed to them? (hn131a/hn131a)	Percentage of students who answered "No risk" or "Slight risk"	<b>14.8%</b> (13.4% - 16.2%)	14.9% (13.6% - 16.1%)	12.8% (12.1% - 13.4%)	13.0% (12.4% - 13.6%)		H	

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**Western Maine PHD  
Sexual Behaviors -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
50.	Have you ever had sexual intercourse? (hn135/hn135)	Percentage of students who answered "Yes"	<b>43.2%</b> (39.7% - 46.7%)	47.3% (43.6% - 50.9%)	38.7% (37.3% - 40.0%)	42.4% (41.1% - 43.8%)			

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C. **H/L**=PHD 2015 is significantly **H**igher / **L**ower than PHD 2013

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**Western Maine PHD  
Nutrition -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
51.	Fruit: at least two servings daily (hnfruit/hnfruit)	Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days	<b>28.0%</b> (26.9% - 29.2%)	28.5% (26.2% - 30.7%)	31.3% (30.2% - 32.5%)	32.5% (31.2% - 33.8%)	L	L	
52.	Vegetables: at least three servings daily (hnveg/hnveg)	Percentage of students who ate vegetables three or more times per day during the past seven days	<b>9.3%</b> (8.6% - 9.9%)	9.3% (8.4% - 10.2%)	10.4% (9.9% - 11.0%)	10.3% (9.9% - 10.8%)			
53.	Fruit and Vegetables: at least five servings daily (hnfrvg/hnfrvg)	Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days	<b>15.0%</b> (14.0% - 16.1%)	14.9% (13.9% - 15.9%)	16.1% (15.3% - 16.9%)	16.8% (16.1% - 17.6%)		L	
54.	During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (hn207_2/hn207_2)	Percentage of students who answered at least one time per day in the past week	<b>25.7%</b> (23.5% - 27.9%)	28.2% (26.9% - 29.4%)	23.1% (22.2% - 24.0%)	26.2% (25.3% - 27.0%)			

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**Western Maine PHD**  
**Physical Activity -- 2015 MIYHS High School Report**

							Significance Tests		
Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013	
55.	During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (hn209/hn209)	Percentage of students who answered at least 5 days	<b>40.3%</b> (37.9% - 42.7%)	39.9% (36.4% - 43.4%)	42.1% (40.9% - 43.4%)	43.7% (42.3% - 45.0%)			
56.	60+ minutes of total physical activity daily (hnpa7day/hnnpa7day)	Percentage of students who were physically active for a total of at least 60 minutes per day on all of the past seven days	<b>20.8%</b> (18.8% - 22.8%)	21.6% (19.7% - 23.5%)	20.5% (19.7% - 21.3%)	22.4% (21.6% - 23.2%)			
57.	In an average week when you are in school, on how many days do you go to physical education (PE) classes? (hn168/hn168)	Percentage of students who answered at least 1 day	<b>41.5%</b> (37.1% - 45.9%)	43.0% (38.2% - 47.7%)	39.0% (37.2% - 40.8%)	38.8% (36.9% - 40.7%)			
58.	Daily physical education (PE) classes (hndlype/hndlype)	Percentage of students who attended physical education (PE) classes daily in an average week when they were in school	<b>4.9%</b> (2.0% - 7.9%)	3.6% (1.7% - 5.5%)	5.9% (4.3% - 7.4%)	5.8% (4.1% - 7.6%)			

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**Western Maine PHD  
Assets -- 2015 MIYHS High School Report**

							Significance Tests		
	Questions	Answers of Interest	PHD 2015 95% CI*	PHD 2013 95% CI*	Maine 2015 95% CI*	Maine 2013 95% CI*	A. PHD 2015 vs. Maine 2015	B. PHD 2013 vs. Maine 2013	C. PHD 2015 vs. PHD 2013
59.	Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (hn186/hn186)	Percentage of students who answered "Strongly agree" or "Agree"	<b>78.9%</b> (77.1% - 80.7%)	80.7% (78.9% - 82.4%)	79.7% (78.8% - 80.5%)	80.4% (79.7% - 81.2%)			
60.	How often does your school enforce rules fairly? (hn210/hn210)	Percentage of students who answered "Most of the time" or "Always"	<b>42.2%</b> (39.6% - 44.8%)	42.5% (38.3% - 46.8%)	48.1% (46.4% - 49.8%)	47.9% (46.1% - 49.7%)	L		
61.	How often do adults in your school address conflict, negative language, and bullying in positive ways to help students? (hn211/hn211)	Percentage of students who answered "Most of the time" or "Always"	<b>32.4%</b> (29.2% - 35.7%)	34.6% (31.3% - 37.9%)	34.0% (32.8% - 35.3%)	35.7% (34.7% - 36.8%)			
62.	How often does one of your parents talk with you about what you are doing in school? (hn187/hn187)	Percentage of students who answered "About every day" or "About once or twice a week"	<b>78.3%</b> (76.3% - 80.3%)	78.4% (76.6% - 80.2%)	81.7% (80.8% - 82.5%)	82.1% (81.3% - 83.0%)	L	L	
63.	Do you agree or disagree that in your community you feel like you matter to people? (hn191a/hn191a)	Percentage of students who answered "Strongly agree" or "Agree"	<b>46.5%</b> (44.3% - 48.7%)	47.0% (45.0% - 48.9%)	51.3% (50.0% - 52.5%)	48.0% (46.9% - 49.1%)	L		

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