

Cumberland County High School Level Data

2025 Maine Integrated Youth Health Survey Data



58%

of students feel they matter in their community



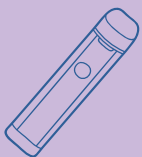
88%

of students felt safe at school



78%

of students have at least one adult in school who really cares about them and gives them support when they need it



12%

have used an electronic vapor product at least once in the past 30 days



19%

have had at least 1 alcoholic drink in the past 30 days



15%

have used cannabis at least once in the past 30 days



26%

of students felt sad or hopeless for two or more weeks in the past 12 months they stopped doing some usual activities

FEMALE

35%

MALE

17%

ABOUT MAINE INTEGRATED YOUTH HEALTH SURVEY (MIYHS)

The MIYHS is a biennial collaboration between the Maine Department of Health and Human Services and the Maine Department of Education since 2009. It aims to identify youth health trends through direct surveys taken by Maine students in grades 5 - 12. All middle and high schools can participate.

www.maine.gov/miyhs
miyhs.dhhs@maine.gov



Maine Department of Health and Human Services
Maine Department of Education

Cumberland County Middle School Level Data

2025 Maine Integrated Youth Health Survey Data



64%

of students feel they matter in their community



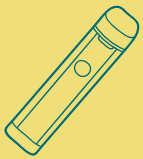
84%

of students felt safe at school



71%

of students have at least one adult in school who really cares about them and gives them support when they need it



2%

have used an electronic vapor product at least once in the past 30 days



3%

have had at least 1 alcohol drink in the past 30 days



2%

have used cannabis at least once in the past 30 days



25%

of students felt sad or hopeless for two or more weeks ever in their lifetime they stopped doing usual activities

FEMALE 34%

MALE 15%

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