

# Sexual Health Among High School Students in Maine

2025 Maine Integrated Youth Health Survey Data

**34%** of students have ever had sex

**25%** had sex with at least one person in the last 3 months



over **HALF**



of sexually active students (55%) used a condom the last time they had sex

Among sexually active students, girls were more likely to be tested for STIs<sup>1</sup> than boys

**20%**



**10%**

**1 in 6**

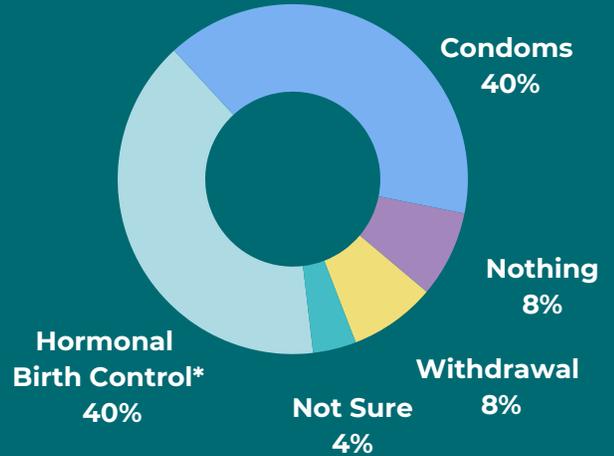
of those who have ever had sex have been tested for an STI<sup>1</sup> other than HIV<sup>2</sup> (15%)



**38%**

of all high school students are vaccinated for HPV<sup>3</sup>

Methods of pregnancy protection the last time they had sex with an opposite-sex partner



\*pills, IUD, implant, shot, patch or birth control ring

**76%** of students said it would be easy to get a method to prevent pregnancy or STIs.<sup>1</sup>

**37%**

have talked to their parents or guardians about sex in the past 6 months



**4 out of 5 students** (81%) have been taught about STIs<sup>1</sup> or pregnancy prevention in school

## ABOUT MAINE INTEGRATED YOUTH HEALTH SURVEY (MIYHS)

The MIYHS is a biennial collaboration between the Maine Department of Health and Human Services and the Maine Department of Education since 2009. It aims to identify youth health trends through direct surveys taken by Maine students in grades 5 - 12. All middle and high schools can participate.

[www.maine.gov/miyhs](http://www.maine.gov/miyhs)  
[miyhs.dhhs@maine.gov](mailto:miyhs.dhhs@maine.gov)



Maine Department of Health and Human Services  
Maine Department of Education

1. Sexually transmitted infections  
2. Human immunodeficiency virus  
3. Human Papillomavirus