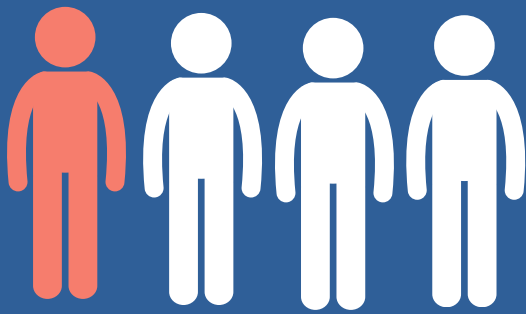


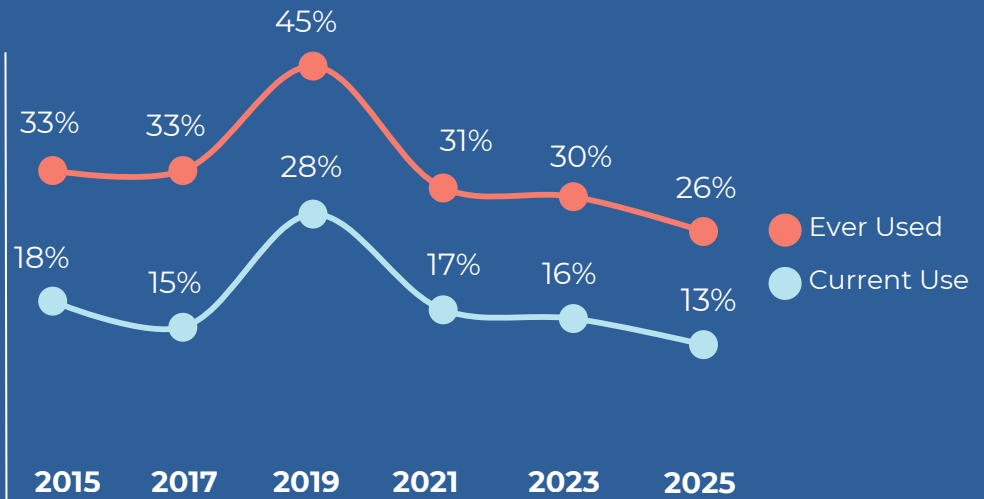
Electronic Vapor Product Use Among High School Students in Maine

2025 Maine Integrated Youth Health Survey Data

E-Vapor Product Use Among Maine High School Students



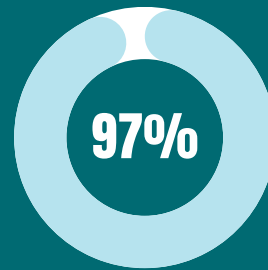
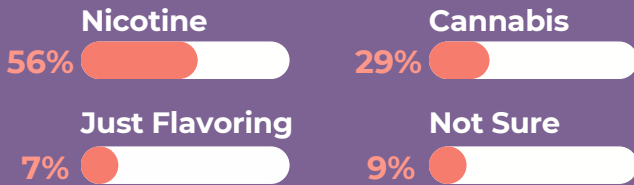
1 in 4 have **ever used** e-vapor products (26%)



Ever used = ever used an e-vapor product
Current use = past 30 day use of an e-vapor product

What Was In The Vapor Inhaled

the last time they used an e-vapor product



97% of students who used e-vapor products in the past 30 days reported using a flavored tobacco product

50% of students who use e-vapor products **got or bought them from a friend, family member or someone else**

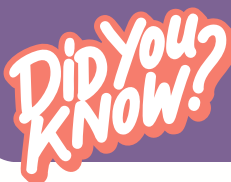
55% believe e-vapor products are **easy to get**

Free Help to Quit

Maine QuitLink
1-800-QUIT-NOW | MaineQuitLink.com

My Life, My Quit
Text "START" to 36072 | MyLifeMyQuit.org

Vape Free Maine
VapeFreeMaine.com



Youth who start vaping with flavors are more likely to have a lifetime nicotine addiction

ABOUT MAINE INTEGRATED YOUTH HEALTH SURVEY (MIYHS)

The MIYHS is a biennial collaboration between the Maine Department of Health and Human Services and the Maine Department of Education since 2009. It aims to identify youth health trends through direct surveys taken by Maine students in grades 5 - 12. All middle and high schools can participate.

www.maine.gov/miyhs
miyhs.dhhs@maine.gov



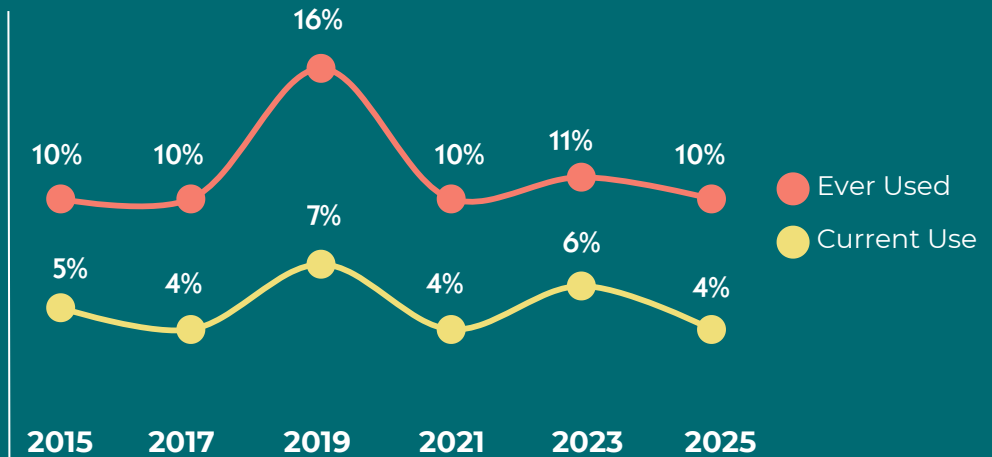
Electronic Vapor Use Among Middle School Students in Maine

2025 Maine Integrated Youth Health Survey Data

E-Vapor Use Among Maine Middle School Students



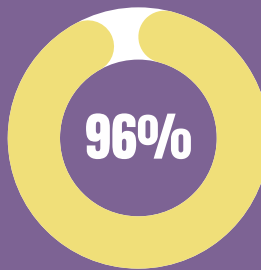
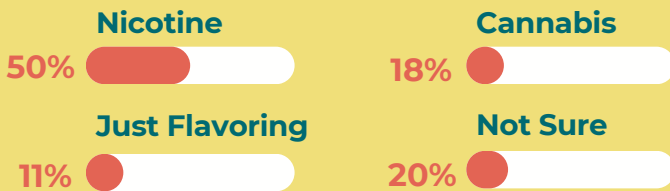
1 in 10 have ever used e-vapor products (10%)



Ever used = ever used an e-vapor product
Current use = past 30-days use of an e-vapor product

What Was In The Vapor Inhaled

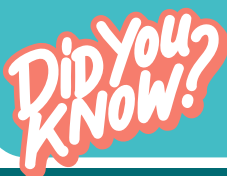
the last time they used an e-vapor product



96% of students who have used e-vapor products in the past 30 days reported using a flavored tobacco product



27% believe e-vapor products are easy to get



Youth who start vaping with flavors are more likely to have a lifetime nicotine addiction

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