

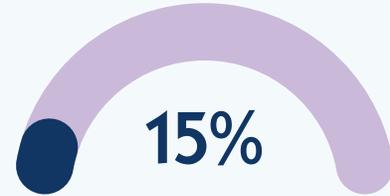
Cannabis Use Among Maine High School Students

2025 Maine Integrated Youth Health Survey Data



1 in 4 (27%) students have ever used cannabis **at least once**

IN THE PAST 30 DAYS



15% have used cannabis



35% said a friend or sibling gave it to them

AMONG THOSE WHO HAVE TRIED CANNABIS



23% were before age 13

46% believe it is **easy** to get

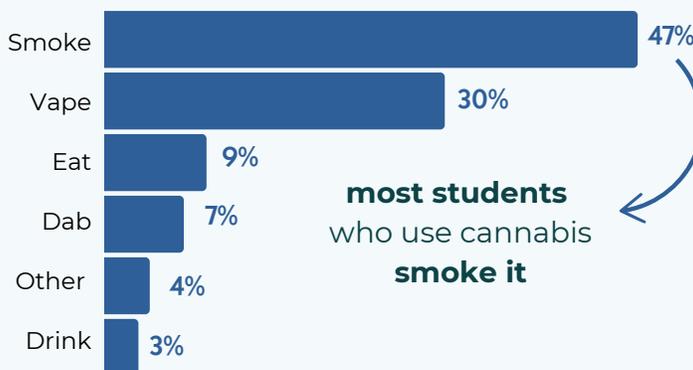


52% believe there is **little to no risk** of using cannabis once or twice a week

20%

believe their parents **wouldn't** think it's wrong for them to use cannabis

HOW ARE STUDENTS USING CANNABIS?



9%

have ever used synthetic marijuana or hemp derived products*



Maine Department of Health and Human Services
Maine Department of Education

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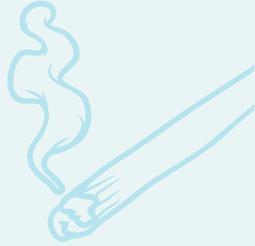
* Synthetic marijuana also called K2, Spice, fake weed, King Kong, Yucatan Fire, or Skunk or hemp-derived products such as delta-8, delta-10 or THCO
MIYHS survey questions used the term "marijuana". This document has updated the term "marijuana" to "cannabis" as it is now the legal term used in Maine.

Cannabis Use Among Maine Middle School Students

2025 Maine Integrated Youth Health Survey Data

7%

have used cannabis at least once



IN THE PAST 30 DAYS

3%

have used cannabis

30%

said a friend or sibling gave it to them

AMONG THOSE WHO HAVE TRIED CANNABIS

26%

were before age 11

1 in 6

(17%) believe it is **easy** to get

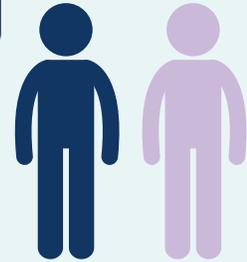


5%

believe their parents **wouldn't** think it's wrong for them to use cannabis

6%

LGBTQ students use cannabis at a higher rate than non-LGBTQ students



3%



32% believe there is **little to no risk** of using cannabis once or twice a week

ABOUT MAINE INTEGRATED YOUTH HEALTH SURVEY (MIYHS)

The MIYHS is a biennial collaboration between the Maine Department of Health and Human Services and the Maine Department of Education since 2009. It aims to identify youth health trends through direct surveys taken by Maine students in grades 5 - 12. All middle and high schools can participate.

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Maine Department of Education