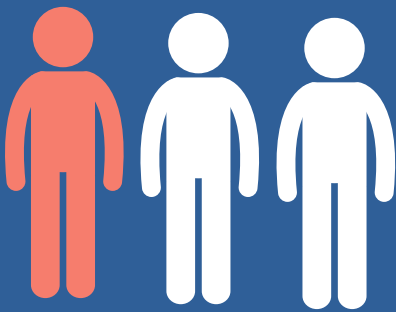


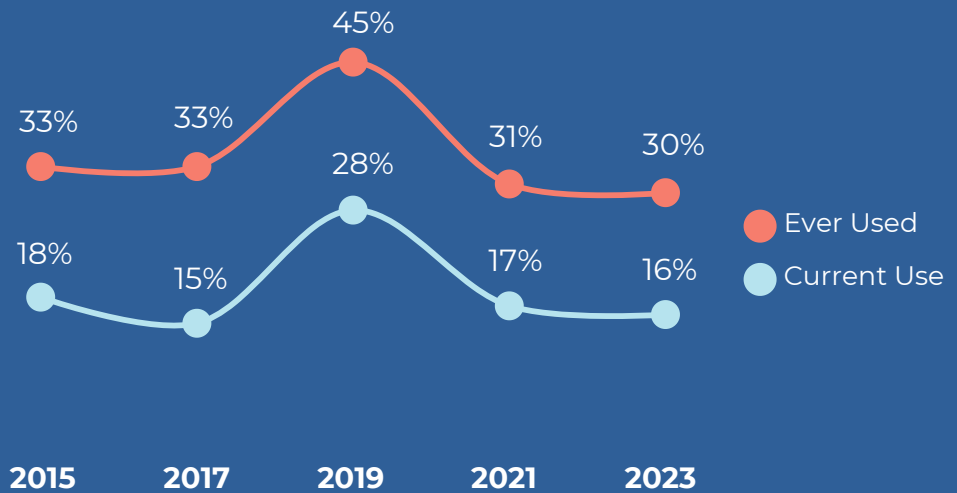
# Electronic Vapor Product Use Among High School Students in Maine

2023 Maine Integrated Youth Health Survey Data

## E-Vapor Product Use Among Maine High School Students



**1 in 3** have **ever used** e-vapor products (30%)



Ever used = ever used an e-vapor product  
Current use = past 30 day use of an e-vapor product

### What Was In The Vapor Inhaled

Nicotine



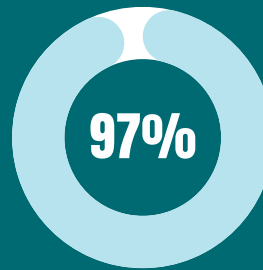
Cannabis



Just Flavoring



Not Sure



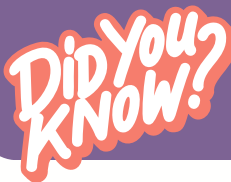
of students who used e-vapor products in the past 30 days reported using a flavored tobacco product

**55%**

of students who use e-vapor products got them from someone else

**61%**

believe e-vapor products are easy to get



Youth who start vaping with flavors are more likely to have a lifetime nicotine addiction

### Free Help to Quit

Maine QuitLink

1-800-QUIT-NOW | MaineQuitLink.com

My Life, My Quit

Text "START" to 36072 | MyLifeMyQuit.org

Vape Free Maine  
VapeFreeMaine.com

#### ABOUT MAINE INTEGRATED YOUTH HEALTH SURVEY (MIYHS)

The MIYHS is a biennial collaboration between the Maine Department of Health and Human Services and the Maine Department of Education since 2009. It aims to identify youth health trends through direct surveys taken by Maine students in grades 5 - 12. All middle and high schools can participate.

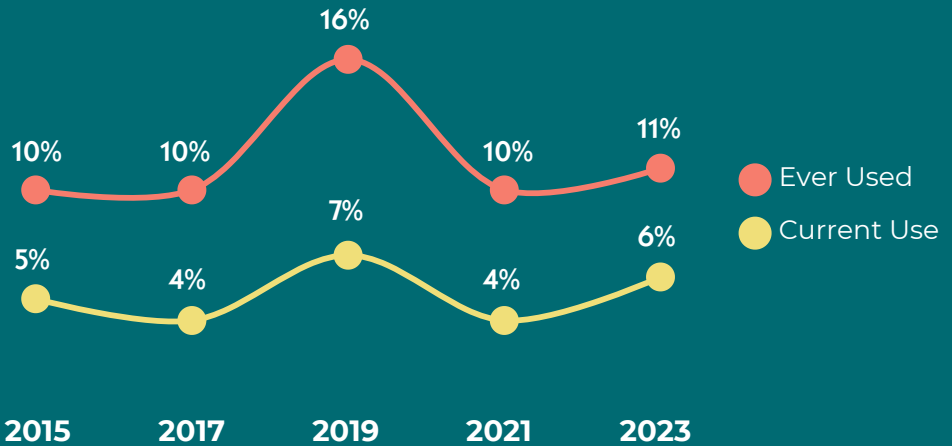
[www.maine.gov/miyhs](http://www.maine.gov/miyhs)  
[miyhs.dhhs@maine.gov](mailto:miyhs.dhhs@maine.gov)



# Electronic Vapor Use Among Middle School Students in Maine

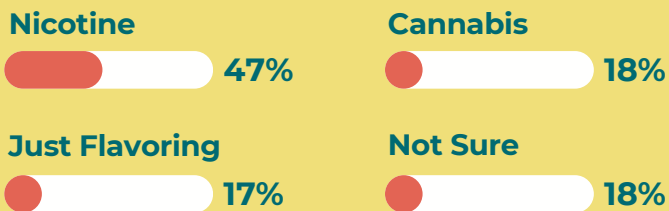
2023 Maine Integrated Youth Health Survey Data

## E-Vapor Use Among Maine Middle School Students



Ever used = ever used an e-vapor product  
Current use = past 30-days use of an e-vapor product

### What Was In The Vapor Inhaled

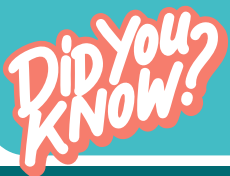


97%

of students who have used e-vapor products in the past 30 days reported using a flavored tobacco product



**29%** believe e-vapor products are **easy to get**



Youth who start vaping with flavors are more likely to have a lifetime nicotine addiction

### Free Help to Quit

**Maine QuitLink**  
1-800-QUIT-NOW | [MaineQuitLink.com](http://MaineQuitLink.com)

**My Life, My Quit**  
Text "START" to 36072 | [MyLifeMyQuit.org](http://MyLifeMyQuit.org)

**Vape Free Maine**  
[VapeFreeMaine.com](http://VapeFreeMaine.com)

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[www.maine.gov/miyhs](http://www.maine.gov/miyhs)  
[miyhs.dhhs@maine.gov](mailto:miyhs.dhhs@maine.gov)

