



**DETAILED REPORTS - COMPARISONS BY GENDER, AGE, GRADE, HISPANIC ETHNICITY, RACE,  
SEXUAL ORIENTATION, and TRANSGENDER IDENTITY**

**WESTERN MAINE PHD  
2023 MIYHS MIDDLE SCHOOL REPORT**

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# UNDERSTANDING THE DATA

## Reporting Thresholds and Student Confidentiality

Detailed reports have been run on the following levels for individual geographic units receiving weighted data, as survey design, response rates, and confidentiality protections allow:

- **Grade 5-6: State and Public Health District (PHD)**
- **Middle School: State, PHD, and County**
- **High School: State, PHD, and County**

**To protect student confidentiality, responses based on fewer than 6 individuals will not be shown.**

## How to Read this Report

For the Grade 5-6 detailed reports, all questions included on the 2023 MIYHS survey instrument are presented in the State and PHD detailed reports. For middle school (MS) and high school (HS), all questions that appeared on one or more of the four versions of the 2023 MIYHS survey instruments are presented in the State detailed reports, and questions on two or more versions of the MIYHS survey instruments are presented in the PHD and county detailed reports.

Each estimate is the weighted percentage of students who answered in the way specified in the question title; for instance, in 2023, 20.5% of Maine's high school students said they had consumed alcohol at least once in the 30 days prior to taking the MIYHS. The percentages are weighted to adjust for non-response and to make the estimates more representative of all Maine students, not just those who took the survey.

Because the weighted percentage is an estimate, there is some error involved. This is reflected in the Confidence Interval, which is bounded by the Lower Confidence Limit (LCL) and the Upper Confidence Limit (UCL). Confidence intervals quantify the degree of uncertainty in rate or prevalence estimates that result from sampling or random variability. Like the margin of error presented in political polls, the confidence interval presents a range of values within which the true underlying rate or prevalence is likely to lie. The 95% confidence interval is most commonly used and is presented in this report.

Percentages with very wide 95% confidence intervals (spanning more than 20 percentage points) have been flagged because they should be interpreted with caution. The true percentage may be as high or low as the 95% confidence limits.

## Comparing Data: Is a Difference Statistically Significant?

Statistically significant differences are differences between values that are more than what would have been expected by chance. Statistical significance is determined by comparing confidence intervals. If the confidence interval around one percentage does not overlap with the confidence interval around another percentage, then the estimates are considered significantly different.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Demographics*

|                      | <b>%</b> | <b>CI</b>         | <b>N</b> | <b>n</b> |
|----------------------|----------|-------------------|----------|----------|
| Total                | 16.2%    |                   | 4,184    | 2,545    |
| <b>----Sex----</b>   |          |                   |          |          |
| Female               | 46.8%    | ( 44.4% - 49.2% ) | 1,959    | 1,178    |
| Male                 | 51.8%    | ( 49.5% - 54.0% ) | 2,166    | 1,333    |
| Missing              | 1.4%     | ( 0.8% - 2.0% )   | 59       | 34       |
| <b>----Grade----</b> |          |                   |          |          |
| Grade 7              | 48.7%    | ( 46.5% - 50.9% ) | 2,038    | 1,237    |
| Grade 8              | 50.7%    | ( 48.5% - 52.9% ) | 2,120    | 1,291    |
| Missing              | 0.6%     | ( 0.0% - 1.3% )   | 26       | 17       |
| <b>----Age----</b>   |          |                   |          |          |
| 12 or younger        | 28.5%    | ( 26.7% - 30.2% ) | 1,191    | 724      |
| 13                   | 47.7%    | ( 46.2% - 49.2% ) | 1,996    | 1,216    |
| 14 or older          | 23.6%    | ( 21.1% - 26.1% ) | 988      | 599      |
| Missing              | 0.2%     | ( 0.0% - 0.4% )   | 9        | 6        |

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Demographics*

|   | %     | CI                | N     | n     |
|---|-------|-------------------|-------|-------|
| <b>----Hispanic Ethnicity----</b>         |       |                   |       |       |
| Hispanic                                  | 4.8%  | ( 4.0% - 5.6% )   | 201   | 127   |
| Non-Hispanic                              | 89.5% | ( 88.0% - 91.0% ) | 3,745 | 2,268 |
| Missing                                   | 5.7%  | ( 4.3% - 7.1% )   | 238   | 150   |
| <b>----Race----</b>                       |       |                   |       |       |
| American Indian or Alaskan Native         | 1.9%  | ( 1.3% - 2.6% )   | 80    | 53    |
| Asian                                     | 0.9%  | ( 0.4% - 1.3% )   | 37    | 25    |
| Black or African American                 | 3.0%  | ( 0.9% - 5.2% )   | 127   | 91    |
| Native Hawaiian or Other Pacific Islander | 0.4%  | ( 0.2% - 0.6% )   | 16    | 11    |
| White                                     | 85.1% | ( 81.4% - 88.8% ) | 3,560 | 2,147 |
| Multiple Races                            | 6.7%  | ( 5.2% - 8.2% )   | 280   | 167   |
| Missing                                   | 2.0%  | ( 1.3% - 2.7% )   | 83    | 51    |
| <b>----Language Spoken at Home----</b>    |       |                   |       |       |
| Arabic                                    | 0.1%  | ( 0.0% - 0.2% )   | 4     | 3     |
| Chinese                                   | 0.4%  | ( 0.1% - 0.7% )   | 18    | 11    |
| English                                   | 96.6% | ( 94.7% - 98.4% ) | 4,040 | 2,450 |
| French                                    | 0.4%  | ( 0.1% - 0.7% )   | 16    | 9     |
| Portuguese                                | 0.3%  | ( 0.0% - 0.5% )   | 10    | 8     |
| Somali                                    | 0.4%  | ( 0.0% - 1.1% )   | 18    | 14    |
| Spanish                                   | 0.4%  | ( 0.2% - 0.5% )   | 15    | 10    |
| Other Language                            | 1.1%  | ( 0.7% - 1.5% )   | 46    | 31    |
| Missing                                   | 0.4%  | ( 0.0% - 0.7% )   | 16    | 9     |

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Demographics*

|                                     | <b>%</b> | <b>CI</b>         | <b>N</b> | <b>n</b> |
|-------------------------------------|----------|-------------------|----------|----------|
| <b>----Sexual Orientation----</b>   |          |                   |          |          |
| Heterosexual                        | 72.3%    | ( 69.8% - 74.7% ) | 2,938    | 1,790    |
| Gay/Lesbian                         | 3.6%     | ( 2.8% - 4.4% )   | 145      | 90       |
| Bisexual                            | 10.2%    | ( 9.1% - 11.3% )  | 415      | 251      |
| Something Else                      | 5.4%     | ( 4.3% - 6.5% )   | 221      | 132      |
| Not Sure                            | 5.6%     | ( 4.7% - 6.5% )   | 227      | 133      |
| Did Not Understand Question         | 3.0%     | ( 2.4% - 3.5% )   | 120      | 74       |
| <b>----Transgender Identity----</b> |          |                   |          |          |
| Yes                                 | 2.6%     | ( 2.2% - 3.1% )   | 109      | 69       |
| No                                  | 91.9%    | ( 90.9% - 92.9% ) | 3,801    | 2,307    |
| Not Sure                            | 3.5%     | ( 3.0% - 4.0% )   | 145      | 91       |
| Did not understand question         | 1.9%     | ( 1.2% - 2.7% )   | 81       | 48       |
| <b>----LGBTQ----</b>                |          |                   |          |          |
| Yes                                 | 24.9%    | ( 22.3% - 27.5% ) | 1,027    | 618      |
| No                                  | 75.1%    | ( 72.5% - 77.7% ) | 3,100    | 1,891    |

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Demographics*

|                     | <b>%</b> | <b>CI</b>         | <b>N</b> | <b>n</b> |
|---------------------|----------|-------------------|----------|----------|
| <b>---County---</b> |          |                   |          |          |
| Androscoggin County | 44.7%    | ( 28.7% - 60.7% ) | 1,870    | 1,162    |
| Franklin County     | 21.5%    | ( 5.4% - 37.7% )  | 901      | 536      |
| Oxford County       | 33.8%    | ( 18.2% - 49.3% ) | 1,413    | 847      |

# **Section 1**

## **Height and Weight**



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) --  
SELF-REPORTED HEIGHT/WEIGHT (mnowt)*

|   | Total |               |     | Female |                |     | Male  |                |     |
|---|-------|---------------|-----|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI            | N   | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 18.6% | (16.2%-21.0%) | 622 | 16.5%  | (12.6%-20.3%)  | 252 | 20.4% | (17.7%-23.1%)  | 370 |
| <b>----Age----</b>                        |       |               |     |        |                |     |       |                |     |
| 12 or younger                             | 16.0% | (12.9%-19.1%) | 156 | 16.9%  | (10.6%-23.2%)  | 77  | 15.2% | (10.4%-20.0%)  | 79  |
| 13  | 21.8% | (16.9%-26.6%) | 337 | 16.4%  | (10.4%-22.5%)  | 121 | 26.6% | (20.9%-32.3%)  | 216 |
| 14 or older                               | 15.6% | (11.3%-20.0%) | 129 | 15.9%  | (8.5%-23.4%)   | 55  | 15.4% | (11.2%-19.6%)  | 74  |
| <b>----Grade----</b>                      |       |               |     |        |                |     |       |                |     |
| Grade 7                                   | 18.1% | (15.3%-20.8%) | 299 | 17.1%  | (11.7%-22.4%)  | 126 | 18.9% | (16.1%-21.7%)  | 173 |
| Grade 8                                   | 18.9% | (15.2%-22.6%) | 318 | 16.0%  | (11.0%-21.0%)  | 126 | 21.5% | (17.4%-25.6%)  | 192 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |                |     |       |                |     |
| Hispanic                                  | 18.1% | (8.5%-27.7%)  | 27  | 14.2%  | (1.5%-26.8%)~  | 9   | 21.3% | (5.4%-37.2%)~  | 17  |
| Non-Hispanic                              | 19.2% | (16.9%-21.5%) | 587 | 17.2%  | (13.2%-21.3%)  | 243 | 20.9% | (18.3%-23.6%)  | 344 |
| <b>----Race----</b>                       |       |               |     |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 19.6% | (1.8%-37.4%)~ | 10  | *      | *              | *   | *     | *              | *   |
| Asian                                     | 27.8% | (0.0%-65.2%)~ | 8   | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 17.0% | (5.5%-28.5%)~ | 19  | *      | *              | *   | *     | *              | *   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *              | *   | *     | *              | *   |
| White                                     | 18.2% | (15.5%-20.9%) | 524 | 16.2%  | (12.1%-20.3%)  | 209 | 19.8% | (16.9%-22.8%)  | 316 |
| Multiple Races                            | 25.2% | (16.9%-33.5%) | 58  | 23.5%  | (11.4%-35.6%)~ | 27  | 26.8% | (13.8%-39.9%)~ | 32  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note:

Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) --  
SELF-REPORTED HEIGHT/WEIGHT (mnowt)*

|  | Total |                |     | Female |                |     | Male  |               |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|---------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |               |     |
| Heterosexual                             | 18.8% | (16.2%-21.4%)  | 474 | 15.5%  | (11.5%-19.5%)  | 155 | 20.9% | (18.1%-23.7%) | 319 |
| Gay/Lesbian                              | 10.0% | (1.7%-18.3%)   | 11  | *      | *              | *   | *     | *             | *   |
| Bisexual                                 | 23.4% | (12.7%-34.1%)~ | 72  | 25.9%  | (11.0%-40.9%)~ | 57  | 17.1% | (5.5%-28.7%)~ | 15  |
| Described sexual identity some other way | 12.1% | (0.0%-24.9%)~  | 15  | *      | *              | *   | *     | *             | *   |
| Questioning                              | 13.1% | (3.7%-22.5%)   | 21  | *      | *              | *   | *     | *             | *   |
| Did not understand question              | 26.1% | (7.6%-44.7%)~  | 24  | *      | *              | *   | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |               |     |
| Yes                                      | 12.3% | (3.8%-20.8%)   | 12  | *      | *              | *   | *     | *             | *   |
| No                                       | 19.0% | (16.5%-21.5%)  | 592 | 16.8%  | (12.6%-21.0%)  | 235 | 20.7% | (18.0%-23.5%) | 356 |
| Not Sure                                 | 16.7% | (3.4%-30.1%)~  | 14  | *      | *              | *   | *     | *             | *   |
| Did not understand question              | *     | *              | *   | *      | *              | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |               |     |
| Yes                                      | 16.8% | (11.5%-22.2%)  | 121 | 19.0%  | (10.6%-27.4%)  | 95  | 11.8% | (3.1%-20.5%)  | 25  |
| No                                       | 19.1% | (16.7%-21.5%)  | 498 | 15.3%  | (11.5%-19.2%)  | 157 | 21.5% | (18.9%-24.2%) | 342 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note:  
Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who had obesity (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (mnobese)*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                     | 19.4% | (16.7%-22.2%) | 651 | 15.1%  | (12.6%-17.6%) | 231 | 23.1% | (18.5%-27.7%) | 420 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |               |     |
| 12 or younger                             | 20.7% | (15.8%-25.6%) | 202 | 12.9%  | (8.4%-17.4%)  | 58  | 27.5% | (20.8%-34.2%) | 143 |
| 13  | 18.1% | (13.8%-22.4%) | 280 | 19.5%  | (14.2%-24.8%) | 143 | 16.8% | (11.1%-22.5%) | 137 |
| 14 or older                               | 20.5% | (13.1%-27.9%) | 169 | 8.5%   | (0.0%-17.6%)  | 29  | 29.1% | (20.1%-38.0%) | 140 |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |               |     |
| Grade 7                                   | 19.4% | (15.3%-23.5%) | 321 | 15.1%  | (10.8%-19.5%) | 112 | 22.9% | (17.4%-28.3%) | 209 |
| Grade 8                                   | 19.3% | (14.8%-23.9%) | 326 | 14.6%  | (10.0%-19.2%) | 115 | 23.6% | (17.2%-30.0%) | 210 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |               |     |
| Hispanic                                  | 25.3% | (15.4%-35.3%) | 37  | *      | *             | *   | *     | *             | *   |
| Non-Hispanic                              | 19.6% | (16.7%-22.5%) | 599 | 15.9%  | (12.9%-18.9%) | 224 | 22.8% | (18.2%-27.4%) | 375 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native         | 13.5% | (0.0%-31.4%)~ | 7   | *      | *             | *   | *     | *             | *   |
| Asian                                     | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| Black or African American                 | 12.9% | (4.8%-21.1%)  | 14  | 13.8%  | (1.5%-26.2%)~ | 7   | 12.2% | (1.0%-23.5%)~ | 7   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| White                                     | 20.0% | (16.7%-23.3%) | 576 | 15.5%  | (11.9%-19.2%) | 200 | 23.6% | (18.6%-28.5%) | 376 |
| Multiple Races                            | 18.3% | (6.7%-30.0%)~ | 42  | 15.0%  | (2.3%-27.6%)~ | 17  | 21.6% | (4.5%-38.7%)~ | 25  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who had obesity (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who had obesity (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (mnobese)*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 16.5% | (13.7%-19.4%)  | 417 | 8.6%   | (6.5%-10.6%)   | 86  | 21.7% | (17.1%-26.3%)  | 331 |
| Gay/Lesbian                              | 44.4% | (15.3%-73.5%)~ | 48  | 42.7%  | (3.8%-81.6%)~  | 26  | 46.8% | (10.2%-83.4%)~ | 22  |
| Bisexual                                 | 26.0% | (14.3%-37.6%)~ | 80  | 22.3%  | (10.3%-34.4%)~ | 49  | 34.9% | (11.1%-58.7%)~ | 31  |
| Described sexual identity some other way | 30.8% | (15.0%-46.6%)~ | 38  | 32.9%  | (13.4%-52.3%)~ | 31  | 24.0% | (1.2%-46.9%)~  | 7   |
| Questioning                              | 30.1% | (17.9%-42.2%)~ | 48  | 31.0%  | (20.5%-41.5%)~ | 40  | 26.2% | (0.0%-58.7%)~  | 8   |
| Did not understand question              | 10.9% | (0.5%-21.4%)~  | 10  | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 34.5% | (18.7%-50.3%)~ | 32  | 18.3%  | (0.0%-37.8%)~  | 9   | 53.1% | (28.3%-77.9%)~ | 23  |
| No                                       | 19.0% | (16.4%-21.6%)  | 593 | 14.9%  | (12.1%-17.6%)  | 208 | 22.4% | (18.1%-26.7%)  | 385 |
| Not Sure                                 | 18.3% | (1.2%-35.4%)~  | 15  | *      | *              | *   | *     | *              | *   |
| Did not understand question              | 20.2% | (4.9%-35.6%)~  | 8   | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 30.3% | (25.8%-34.8%)  | 217 | 29.0%  | (22.2%-35.8%)  | 145 | 33.2% | (19.6%-46.8%)~ | 72  |
| No                                       | 16.4% | (13.4%-19.4%)  | 429 | 8.4%   | (6.4%-10.3%)   | 86  | 21.6% | (16.9%-26.4%)  | 343 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who had obesity (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who were overweight or had obesity (i.e. at or above the 85th percentile for body mass index, by age and sex) --  
SELF-REPORTED HEIGHT/WEIGHT (mnowtob)*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 38.0% | (33.9%-42.1%)  | 1,273 | 31.6%  | (26.6%-36.5%)  | 483 | 43.5% | (38.1%-48.8%)  | 790 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 36.7% | (31.4%-42.0%)  | 357   | 29.8%  | (22.5%-37.2%)  | 135 | 42.7% | (36.8%-48.6%)  | 222 |
| 13  | 39.8% | (34.3%-45.4%)  | 618   | 35.9%  | (28.3%-43.6%)  | 265 | 43.4% | (36.3%-50.5%)  | 353 |
| 14 or older                               | 36.2% | (29.1%-43.2%)  | 298   | 24.5%  | (16.6%-32.3%)  | 84  | 44.5% | (36.4%-52.6%)  | 214 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 37.5% | (32.8%-42.2%)  | 620   | 32.2%  | (26.7%-37.7%)  | 238 | 41.8% | (35.6%-47.9%)  | 383 |
| Grade 8                                   | 38.3% | (32.3%-44.3%)  | 644   | 30.6%  | (23.0%-38.2%)  | 242 | 45.1% | (38.6%-51.5%)  | 402 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 43.5% | (34.3%-52.6%)  | 64    | 20.8%  | (8.3%-33.4%)~  | 14  | 61.5% | (42.6%-80.4%)~ | 50  |
| Non-Hispanic                              | 38.8% | (34.8%-42.8%)  | 1,186 | 33.1%  | (27.8%-38.4%)  | 467 | 43.7% | (38.4%-49.0%)  | 719 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 33.1% | (15.1%-51.1%)~ | 18    | *      | *              | *   | *     | *              | *   |
| Asian                                     | 41.7% | (10.5%-72.9%)~ | 12    | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 29.9% | (19.2%-40.7%)~ | 33    | 23.9%  | (8.6%-39.2%)~  | 12  | 34.9% | (17.7%-52.1%)~ | 21  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *              | *   |
| White                                     | 38.2% | (33.3%-43.1%)  | 1,100 | 31.7%  | (25.8%-37.7%)  | 409 | 43.4% | (37.3%-49.5%)  | 691 |
| Multiple Races                            | 43.5% | (32.0%-55.0%)~ | 100   | 38.4%  | (28.2%-48.6%)~ | 44  | 48.4% | (29.8%-67.0%)~ | 57  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were overweight or had obesity (i.e. at or above the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who were overweight or had obesity (i.e. at or above the 85th percentile for body mass index, by age and sex) --  
SELF-REPORTED HEIGHT/WEIGHT (mnowtob)*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 35.3% | (30.6%-40.1%)  | 891   | 24.1%  | (18.7%-29.6%)  | 241 | 42.6% | (36.6%-48.6%)  | 651 |
| Gay/Lesbian                              | 54.4% | (30.9%-78.0%)~ | 58    | 55.6%  | (24.6%-86.6%)~ | 34  | 52.8% | (22.4%-83.1%)~ | 24  |
| Bisexual                                 | 49.4% | (37.0%-61.7%)~ | 152   | 48.3%  | (30.8%-65.7%)~ | 105 | 52.0% | (33.0%-71.0%)~ | 46  |
| Described sexual identity some other way | 42.8% | (24.3%-61.3%)~ | 52    | 48.8%  | (25.9%-71.6%)~ | 45  | 24.0% | (1.2%-46.9%)~  | 7   |
| Questioning                              | 43.2% | (28.9%-57.4%)~ | 69    | 43.5%  | (28.5%-58.5%)~ | 56  | 41.7% | (7.3%-76.0%)~  | 13  |
| Did not understand question              | 37.1% | (22.0%-52.1%)~ | 34    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 46.8% | (29.3%-64.2%)~ | 44    | 26.3%  | (0.0%-56.3%)~  | 13  | 70.3% | (47.0%-93.7%)~ | 31  |
| No                                       | 38.0% | (33.9%-42.1%)  | 1,184 | 31.7%  | (26.2%-37.1%)  | 443 | 43.1% | (37.4%-48.8%)  | 741 |
| Not Sure                                 | 35.1% | (8.9%-61.3%)~  | 28    | 39.1%  | (1.8%-76.4%)~  | 21  | 26.7% | (0.0%-53.9%)~  | 7   |
| Did not understand question              | 33.7% | (14.5%-52.9%)~ | 14    | 25.7%  | (0.9%-50.4%)~  | 6   | 43.8% | (10.2%-77.3%)~ | 8   |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 47.1% | (41.0%-53.2%)  | 338   | 48.0%  | (38.7%-57.4%)  | 241 | 45.0% | (30.8%-59.1%)~ | 97  |
| No                                       | 35.5% | (30.9%-40.1%)  | 927   | 23.7%  | (18.5%-28.9%)  | 243 | 43.1% | (37.3%-49.0%)  | 684 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were overweight or had obesity (i.e. at or above the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who had a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) --  
SELF-REPORTED HEIGHT/WEIGHT (mnhlthwt)*

|   | Total |                |       | Female |                |       | Male  |                 |     |
|---|-------|----------------|-------|--------|----------------|-------|-------|-----------------|-----|
|   | %     | CI             | N     | %      | CI             | N     | %     | CI              | N   |
| Total                                     | 59.2% | (55.2%-63.2%)  | 1,983 | 65.9%  | (61.1%-70.6%)  | 1,009 | 53.6% | (48.6%-58.6%)   | 974 |
| <b>----Age----</b>                        |       |                |       |        |                |       |       |                 |     |
| 12 or younger                             | 60.0% | (54.1%-65.8%)  | 584   | 67.7%  | (60.0%-75.4%)  | 306   | 53.3% | (46.4%-60.2%)   | 278 |
| 13  | 57.4% | (51.7%-63.1%)  | 891   | 61.0%  | (52.6%-69.5%)  | 450   | 54.1% | (47.4%-60.9%)   | 441 |
| 14 or older                               | 61.7% | (54.5%-69.0%)  | 509   | 73.9%  | (65.5%-82.2%)  | 254   | 53.1% | (44.8%-61.4%)   | 255 |
| <b>----Grade----</b>                      |       |                |       |        |                |       |       |                 |     |
| Grade 7                                   | 58.8% | (54.2%-63.4%)  | 973   | 64.4%  | (58.9%-69.8%)  | 475   | 54.4% | (48.5%-60.2%)   | 498 |
| Grade 8                                   | 59.9% | (53.8%-65.9%)  | 1,008 | 67.6%  | (59.6%-75.7%)  | 535   | 53.0% | (47.2%-58.9%)   | 473 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |       |       |                 |     |
| Hispanic                                  | 56.5% | (47.4%-65.7%)  | 83    | 79.2%  | (66.6%-91.7%)~ | 52    | 38.5% | (19.6%-57.4%)~  | 32  |
| Non-Hispanic                              | 58.3% | (54.3%-62.2%)  | 1,781 | 64.3%  | (59.2%-69.4%)  | 907   | 53.1% | (48.3%-57.9%)   | 873 |
| <b>----Race----</b>                       |       |                |       |        |                |       |       |                 |     |
| American Indian or Alaskan Native         | 55.5% | (26.7%-84.2%)~ | 30    | 53.8%  | (20.7%-86.9%)~ | 19    | 58.9% | (16.7%-100.0%)~ | 10  |
| Asian                                     | 58.3% | (27.1%-89.5%)~ | 16    | *      | *              | *     | *     | *               | *   |
| Black or African American                 | 70.1% | (59.3%-80.8%)~ | 78    | 76.1%  | (60.8%-91.4%)~ | 38    | 65.1% | (47.9%-82.3%)~  | 40  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *     | *     | *               | *   |
| White                                     | 59.2% | (54.6%-63.7%)  | 1,703 | 65.6%  | (59.9%-71.4%)  | 845   | 53.9% | (48.6%-59.2%)   | 858 |
| Multiple Races                            | 53.4% | (43.1%-63.8%)~ | 123   | 59.7%  | (50.1%-69.4%)  | 68    | 47.3% | (28.8%-65.9%)~  | 56  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who had a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who had a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) --  
SELF-REPORTED HEIGHT/WEIGHT (mnhlthwt)*

|  | Total |                |       | Female |                 |     | Male  |                 |     |
|--|-------|----------------|-------|--------|-----------------|-----|-------|-----------------|-----|
|  | %     | CI             | N     | %      | CI              | N   | %     | CI              | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                 |     |       |                 |     |
| Heterosexual                             | 61.8% | (57.3%-66.3%)  | 1,560 | 72.8%  | (67.2%-78.4%)   | 727 | 54.6% | (49.4%-59.7%)   | 833 |
| Gay/Lesbian                              | 41.8% | (15.3%-68.3%)~ | 45    | 37.8%  | (4.9%-70.6%)~   | 23  | 47.2% | (16.9%-77.6%)~  | 22  |
| Bisexual                                 | 50.0% | (37.6%-62.3%)~ | 153   | 50.8%  | (33.7%-67.9%)~  | 111 | 48.0% | (29.0%-67.0%)~  | 43  |
| Described sexual identity some other way | 54.8% | (37.4%-72.2%)~ | 67    | 48.2%  | (27.6%-68.7%)~  | 45  | 76.0% | (53.1%-98.8%)~  | 22  |
| Questioning                              | 56.8% | (42.6%-71.1%)~ | 91    | 56.5%  | (41.5%-71.5%)~  | 73  | 58.3% | (24.0%-92.7%)~  | 19  |
| Did not understand question              | 54.9% | (38.0%-71.9%)~ | 51    | *      | *               | *   | *     | *               | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                 |     |       |                 |     |
| Yes                                      | 53.2% | (35.8%-70.7%)~ | 50    | 73.7%  | (43.7%-100.0%)~ | 37  | 29.7% | (6.3%-53.0%)~   | 13  |
| No                                       | 59.3% | (55.5%-63.1%)  | 1,850 | 65.7%  | (60.6%-70.8%)   | 920 | 54.1% | (49.2%-59.0%)   | 931 |
| Not Sure                                 | 61.4% | (35.6%-87.3%)~ | 50    | 55.7%  | (19.0%-92.5%)~  | 31  | 73.3% | (46.1%-100.0%)~ | 19  |
| Did not understand question              | 54.1% | (31.4%-76.8%)~ | 22    | *      | *               | *   | *     | *               | *   |
| <b>----LGBTQ----</b>                     |       |                |       |        |                 |     |       |                 |     |
| Yes                                      | 51.6% | (45.3%-57.9%)  | 371   | 50.2%  | (41.1%-59.2%)   | 252 | 55.0% | (40.9%-69.2%)~  | 119 |
| No                                       | 61.5% | (57.1%-65.9%)  | 1,605 | 73.3%  | (67.9%-78.7%)   | 750 | 53.9% | (48.9%-58.8%)   | 855 |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who had a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



## **Section 2**

### **Demographics**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*What language is spoken most often at home? (Select only one response.) (mn8c)*  
*Percentage of students who answered something other than 'English'*

|   | Total |                |     | Female |                |    | Male  |                |    |
|---|-------|----------------|-----|--------|----------------|----|-------|----------------|----|
|   | %     | CI             | N   | %      | CI             | N  | %     | CI             | N  |
| Total                                     | 3.1%  | (1.4%-4.8%)    | 128 | 2.6%   | (0.5%-4.7%)    | 50 | 3.2%  | (1.6%-4.7%)    | 69 |
| <b>----Age----</b>                        |       |                |     |        |                |    |       |                |    |
| 12 or younger                             | 2.7%  | (0.9%-4.4%)    | 32  | 2.0%   | (0.0%-4.6%)    | 12 | 3.4%  | (1.6%-5.2%)    | 20 |
| 13  | 2.9%  | (1.0%-4.8%)    | 58  | 2.7%   | (0.5%-4.9%)    | 25 | 2.9%  | (0.9%-5.0%)    | 30 |
| 14 or older                               | 3.5%  | (1.8%-5.3%)    | 35  | 3.1%   | (0.8%-5.4%)    | 13 | 3.5%  | (1.6%-5.3%)    | 19 |
| <b>----Grade----</b>                      |       |                |     |        |                |    |       |                |    |
| Grade 7                                   | 2.6%  | (1.0%-4.1%)    | 52  | 2.2%   | (0.0%-4.4%)    | 21 | 2.8%  | (1.4%-4.2%)    | 30 |
| Grade 8                                   | 3.5%  | (1.5%-5.5%)    | 74  | 2.8%   | (0.8%-4.9%)    | 28 | 3.6%  | (1.4%-5.8%)    | 39 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |    |       |                |    |
| Hispanic                                  | 16.9% | (8.6%-25.2%)   | 34  | 9.8%   | (1.8%-17.7%)   | 9  | 19.5% | (7.9%-31.1%)~  | 20 |
| Non-Hispanic                              | 2.3%  | (0.8%-3.8%)    | 86  | 2.2%   | (0.2%-4.1%)    | 39 | 2.3%  | (0.8%-3.8%)    | 45 |
| <b>----Race----</b>                       |       |                |     |        |                |    |       |                |    |
| American Indian or Alaskan Native         | *     | *              | *   | *      | *              | *  | *     | *              | *  |
| Asian                                     | 42.5% | (25.1%-59.9%)~ | 16  | 44.0%  | (17.6%-70.3%)~ | 7  | 33.8% | (14.0%-53.6%)~ | 6  |
| Black or African American                 | 22.5% | (0.0%-48.9%)~  | 28  | 29.5%  | (0.0%-66.2%)~  | 15 | 17.6% | (0.0%-37.1%)~  | 13 |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *              | *  | *     | *              | *  |
| White                                     | 1.4%  | (1.0%-1.9%)    | 51  | 1.2%   | (0.2%-2.3%)    | 20 | 1.7%  | (1.1%-2.3%)    | 31 |
| Multiple Races                            | 6.1%  | (2.7%-9.5%)    | 17  | *      | *              | *  | *     | *              | *  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered something other than 'English' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*What language is spoken most often at home? (Select only one response.) (mn8c)*  
*Percentage of students who answered something other than 'English'*

|  | Total |               |    | Female |             |    | Male |              |    |
|--|-------|---------------|----|--------|-------------|----|------|--------------|----|
|  | %     | CI            | N  | %      | CI          | N  | %    | CI           | N  |
| <b>----Sexual Orientation----</b>        |       |               |    |        |             |    |      |              |    |
| Heterosexual                             | 2.5%  | (0.7%-4.4%)   | 73 | 2.7%   | (0.0%-5.6%) | 32 | 2.4% | (1.1%-3.7%)  | 42 |
| Gay/Lesbian                              | 8.2%  | (1.6%-14.8%)  | 12 | *      | *           | *  | *    | *            | *  |
| Bisexual                                 | 1.9%  | (0.5%-3.3%)   | 8  | *      | *           | *  | *    | *            | *  |
| Described sexual identity some other way | 6.2%  | (1.1%-11.3%)  | 14 | *      | *           | *  | *    | *            | *  |
| Questioning                              | 3.5%  | (0.7%-6.2%)   | 8  | *      | *           | *  | *    | *            | *  |
| Did not understand question              | 6.0%  | (0.4%-11.7%)  | 7  | *      | *           | *  | *    | *            | *  |
| <b>----Transgender Identity----</b>      |       |               |    |        |             |    |      |              |    |
| Yes                                      | 10.7% | (2.9%-18.5%)  | 12 | *      | *           | *  | *    | *            | *  |
| No                                       | 2.5%  | (1.1%-4.0%)   | 96 | 2.4%   | (0.4%-4.3%) | 41 | 2.6% | (1.3%-3.9%)  | 53 |
| Not Sure                                 | *     | *             | *  | *      | *           | *  | *    | *            | *  |
| Did not understand question              | 18.6% | (6.5%-30.8%)~ | 15 | *      | *           | *  | *    | *            | *  |
| <b>----LGBTQ----</b>                     |       |               |    |        |             |    |      |              |    |
| Yes                                      | 4.0%  | (2.2%-5.9%)   | 41 | 2.3%   | (0.9%-3.7%) | 16 | 6.2% | (2.0%-10.4%) | 18 |
| No                                       | 2.7%  | (0.7%-4.6%)   | 82 | 2.7%   | (0.0%-5.6%) | 33 | 2.6% | (1.2%-4.0%)  | 47 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered something other than 'English' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Which of the following best describes you? (mn213\_3)*

*Percentage of students who answered 'Gay or lesbian', 'Bisexual', 'I describe my sexual identity some other way', or 'I am not sure about my sexual identity (questioning)'*

|   | Total |                |       | Female |                |     | Male  |               |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|---------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI            | N   |
| Total                                     | 24.8% | (22.1%-27.5%)  | 1,007 | 36.0%  | (32.3%-39.7%)  | 688 | 13.0% | (10.3%-15.6%) | 272 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |               |     |
| 12 or younger                             | 23.4% | (18.9%-27.9%)  | 271   | 33.4%  | (27.2%-39.6%)  | 196 | 11.9% | (7.3%-16.4%)  | 67  |
| 13  | 25.0% | (21.8%-28.3%)  | 484   | 37.4%  | (32.8%-41.9%)  | 341 | 12.0% | (8.8%-15.1%)  | 119 |
| 14 or older                               | 25.8% | (22.3%-29.3%)  | 249   | 36.8%  | (30.7%-42.9%)  | 151 | 15.9% | (12.7%-19.2%) | 86  |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |               |     |
| Grade 7                                   | 24.5% | (20.4%-28.6%)  | 484   | 36.4%  | (31.6%-41.2%)  | 338 | 12.5% | (8.1%-16.9%)  | 128 |
| Grade 8                                   | 24.9% | (22.2%-27.5%)  | 514   | 35.3%  | (31.4%-39.3%)  | 343 | 13.4% | (9.8%-17.0%)  | 143 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |               |     |
| Hispanic                                  | 39.0% | (30.5%-47.5%)  | 77    | 55.4%  | (44.5%-66.4%)~ | 49  | 23.3% | (13.9%-32.6%) | 24  |
| Non-Hispanic                              | 24.0% | (21.4%-26.7%)  | 880   | 35.0%  | (30.8%-39.3%)  | 609 | 12.4% | (9.7%-15.1%)  | 234 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |               |     |
| American Indian or Alaskan Native         | 24.5% | (5.6%-43.3%)~  | 20    | *      | *              | *   | *     | *             | *   |
| Asian                                     | 56.5% | (37.0%-76.0%)~ | 19    | *      | *              | *   | *     | *             | *   |
| Black or African American                 | 12.7% | (8.0%-17.4%)   | 16    | *      | *              | *   | *     | *             | *   |
| Native Hawaiian or Other Pacific Islander | 45.4% | (10.5%-80.3%)~ | 7     | *      | *              | *   | *     | *             | *   |
| White                                     | 24.5% | (21.1%-27.8%)  | 849   | 35.5%  | (31.0%-40.1%)  | 578 | 13.0% | (9.3%-16.7%)  | 234 |
| Multiple Races                            | 27.1% | (18.5%-35.8%)  | 75    | 40.9%  | (28.3%-53.5%)~ | 53  | 12.2% | (2.9%-21.5%)  | 17  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Gay or lesbian', 'Bisexual', 'I describe my sexual identity some other way', or 'I am not sure about my sexual identity (questioning)' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Which of the following best describes you? (mn213\_3)*

*Percentage of students who answered 'Gay or lesbian', 'Bisexual', 'I describe my sexual identity some other way', or 'I am not sure about my sexual identity (questioning)'*

|  | Total |               |       | Female |               |     | Male  |              |     |
|--|-------|---------------|-------|--------|---------------|-----|-------|--------------|-----|
|  | %     | CI            | N     | %      | CI            | N   | %     | CI           | N   |
| <b>----Sexual Orientation----</b>        |       |               |       |        |               |     |       |              |     |
| Heterosexual                             | *     | *             | *     | *      | *             | *   | *     | *            | *   |
| Gay/Lesbian                              | *     | *             | *     | *      | *             | *   | *     | *            | *   |
| Bisexual                                 | *     | *             | *     | *      | *             | *   | *     | *            | *   |
| Described sexual identity some other way | *     | *             | *     | *      | *             | *   | *     | *            | *   |
| Questioning                              | *     | *             | *     | *      | *             | *   | *     | *            | *   |
| Did not understand question              | *     | *             | *     | *      | *             | *   | *     | *            | *   |
| <b>----Transgender Identity----</b>      |       |               |       |        |               |     |       |              |     |
| Yes                                      | *     | *             | *     | *      | *             | *   | *     | *            | *   |
| No                                       | 20.2% | (17.3%-23.0%) | 749   | 30.7%  | (26.9%-34.6%) | 531 | 10.3% | (7.4%-13.2%) | 202 |
| Not Sure                                 | 88.1% | (80.9%-95.2%) | 128   | *      | *             | *   | *     | *            | *   |
| Did not understand question              | 18.3% | (11.1%-25.5%) | 14    | *      | *             | *   | *     | *            | *   |
| <b>----LGBTQ----</b>                     |       |               |       |        |               |     |       |              |     |
| Yes                                      | 98.1% | (97.0%-99.1%) | 1,007 | *      | *             | *   | *     | *            | *   |
| No                                       | *     | *             | *     | *      | *             | *   | *     | *            | *   |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Gay or lesbian', 'Bisexual', 'I describe my sexual identity some other way', or 'I am not sure about my sexual identity (questioning)' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Some people describe themselves as transgender when their sex at birth does not match the way they think or feel about their gender. Are you transgender? (mn214)*

*Percentage of students who answered 'Yes, I am transgender'*

|   | Total |               |     | Female |              |    | Male |              |    |
|---|-------|---------------|-----|--------|--------------|----|------|--------------|----|
|   | %     | CI            | N   | %      | CI           | N  | %    | CI           | N  |
| Total                                     | 2.6%  | (2.2%-3.1%)   | 109 | 2.7%   | (2.1%-3.3%)  | 53 | 2.0% | (1.4%-2.6%)  | 43 |
| <b>----Age----</b>                        |       |               |     |        |              |    |      |              |    |
| 12 or younger                             | 1.7%  | (0.9%-2.6%)   | 20  | 1.7%   | (0.5%-2.8%)  | 10 | 1.5% | (0.3%-2.7%)  | 9  |
| 13  | 2.9%  | (1.8%-4.0%)   | 57  | 3.0%   | (2.0%-4.0%)  | 28 | 1.7% | (0.9%-2.6%)  | 18 |
| 14 or older                               | 3.2%  | (2.2%-4.3%)   | 32  | 3.6%   | (2.1%-5.1%)  | 15 | 3.0% | (1.6%-4.5%)  | 17 |
| <b>----Grade----</b>                      |       |               |     |        |              |    |      |              |    |
| Grade 7                                   | 2.0%  | (1.2%-2.8%)   | 40  | 2.1%   | (1.1%-3.1%)  | 20 | 1.5% | (0.5%-2.6%)  | 16 |
| Grade 8                                   | 3.2%  | (2.6%-3.7%)   | 66  | 3.1%   | (2.2%-4.0%)  | 31 | 2.5% | (1.9%-3.1%)  | 27 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |              |    |      |              |    |
| Hispanic                                  | 9.0%  | (4.2%-13.7%)  | 17  | *      | *            | *  | *    | *            | *  |
| Non-Hispanic                              | 2.3%  | (2.0%-2.7%)   | 87  | 2.8%   | (2.2%-3.5%)  | 50 | 1.4% | (1.0%-1.9%)  | 28 |
| <b>----Race----</b>                       |       |               |     |        |              |    |      |              |    |
| American Indian or Alaskan Native         | *     | *             | *   | *      | *            | *  | *    | *            | *  |
| Asian                                     | 17.1% | (1.3%-32.9%)~ | 6   | *      | *            | *  | *    | *            | *  |
| Black or African American                 | *     | *             | *   | *      | *            | *  | *    | *            | *  |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *            | *  | *    | *            | *  |
| White                                     | 2.3%  | (1.9%-2.8%)   | 82  | 2.7%   | (2.1%-3.3%)  | 45 | 1.5% | (1.1%-2.0%)  | 28 |
| Multiple Races                            | 5.3%  | (0.0%-11.0%)  | 15  | 4.8%   | (0.0%-11.4%) | 6  | 6.1% | (0.3%-11.8%) | 8  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes, I am transgender' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Some people describe themselves as transgender when their sex at birth does not match the way they think or feel about their gender. Are you transgender? (mn214)*

*Percentage of students who answered 'Yes, I am transgender'*

|  | Total |               |     | Female |               |    | Male  |                |    |
|--|-------|---------------|-----|--------|---------------|----|-------|----------------|----|
|  | %     | CI            | N   | %      | CI            | N  | %     | CI             | N  |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |    |       |                |    |
| Heterosexual                             | *     | *             | *   | *      | *             | *  | *     | *              | *  |
| Gay/Lesbian                              | 22.0% | (9.6%-34.4%)~ | 32  | 14.8%  | (8.0%-21.6%)  | 11 | 30.1% | (11.5%-48.8%)~ | 18 |
| Bisexual                                 | 7.7%  | (4.1%-11.3%)  | 32  | 4.4%   | (1.6%-7.2%)   | 14 | 13.7% | (3.1%-24.2%)~  | 13 |
| Described sexual identity some other way | 17.6% | (10.7%-24.6%) | 38  | 18.2%  | (11.5%-24.8%) | 25 | 14.0% | (2.8%-25.2%)~  | 9  |
| Questioning                              | *     | *             | *   | *      | *             | *  | *     | *              | *  |
| Did not understand question              | *     | *             | *   | *      | *             | *  | *     | *              | *  |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |    |       |                |    |
| Yes                                      | *     | *             | *   | *      | *             | *  | *     | *              | *  |
| No                                       | *     | *             | *   | *      | *             | *  | *     | *              | *  |
| Not Sure                                 | *     | *             | *   | *      | *             | *  | *     | *              | *  |
| Did not understand question              | *     | *             | *   | *      | *             | *  | *     | *              | *  |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |    |       |                |    |
| Yes                                      | 10.7% | (8.8%-12.7%)  | 109 | 7.8%   | (6.2%-9.4%)   | 53 | 15.1% | (9.4%-20.7%)   | 43 |
| No                                       | *     | *             | *   | *      | *             | *  | *     | *              | *  |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes, I am transgender' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Percentage of students who identified as LGBTQ+ (mnlgbtq)*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 24.9% | (22.3%-27.5%)  | 1,027 | 35.5%  | (32.0%-39.1%)  | 690 | 13.5% | (10.9%-16.0%)  | 286 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 23.4% | (18.8%-28.1%)  | 277   | 32.9%  | (27.0%-38.8%)  | 196 | 12.6% | (7.6%-17.5%)   | 72  |
| 13  | 25.3% | (22.1%-28.5%)  | 496   | 36.9%  | (32.6%-41.3%)  | 342 | 12.6% | (9.6%-15.6%)   | 126 |
| 14 or older                               | 25.7% | (22.3%-29.2%)  | 251   | 36.3%  | (30.7%-41.9%)  | 152 | 16.1% | (12.5%-19.7%)  | 87  |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 24.8% | (20.8%-28.8%)  | 498   | 35.8%  | (31.1%-40.5%)  | 340 | 13.5% | (9.0%-18.1%)   | 141 |
| Grade 8                                   | 24.8% | (22.1%-27.6%)  | 520   | 35.0%  | (31.3%-38.7%)  | 344 | 13.4% | (9.7%-17.2%)   | 144 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 40.6% | (30.6%-50.7%)~ | 80    | 56.2%  | (45.3%-67.2%)~ | 49  | 23.3% | (13.9%-32.6%)  | 24  |
| Non-Hispanic                              | 24.2% | (21.7%-26.7%)  | 897   | 34.6%  | (30.5%-38.7%)  | 612 | 13.1% | (10.5%-15.7%)  | 248 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 24.5% | (5.6%-43.3%)~  | 20    | *      | *              | *   | *     | *              | *   |
| Asian                                     | 54.5% | (35.5%-73.4%)~ | 19    | 64.4%  | (35.5%-93.3%)~ | 10  | 39.2% | (10.2%-68.2%)~ | 7   |
| Black or African American                 | 12.8% | (8.1%-17.4%)   | 16    | *      | *              | *   | *     | *              | *   |
| Native Hawaiian or Other Pacific Islander | 45.4% | (10.5%-80.3%)~ | 7     | *      | *              | *   | *     | *              | *   |
| White                                     | 24.6% | (21.4%-27.8%)  | 866   | 35.1%  | (30.7%-39.5%)  | 580 | 13.4% | (9.9%-17.0%)   | 246 |
| Multiple Races                            | 28.0% | (19.6%-36.4%)  | 77    | 40.5%  | (28.3%-52.7%)~ | 53  | 14.2% | (5.0%-23.4%)   | 19  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who identified as LGBTQ+ (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Percentage of students who identified as LGBTQ+ (mnlgbtq)*

|  | Total |                |     | Female |               |     | Male  |              |     |
|--|-------|----------------|-----|--------|---------------|-----|-------|--------------|-----|
|  | %     | CI             | N   | %      | CI            | N   | %     | CI           | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |               |     |       |              |     |
| Heterosexual                             | 0.6%  | (0.3%-0.8%)    | 16  | *      | *             | *   | *     | *            | *   |
| Gay/Lesbian                              | *     | *              | *   | *      | *             | *   | *     | *            | *   |
| Bisexual                                 | *     | *              | *   | *      | *             | *   | *     | *            | *   |
| Described sexual identity some other way | *     | *              | *   | *      | *             | *   | *     | *            | *   |
| Questioning                              | *     | *              | *   | *      | *             | *   | *     | *            | *   |
| Did not understand question              | *     | *              | *   | *      | *             | *   | *     | *            | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |               |     |       |              |     |
| Yes                                      | *     | *              | *   | *      | *             | *   | *     | *            | *   |
| No                                       | 19.7% | (17.0%-22.4%)  | 749 | 30.1%  | (26.4%-33.7%) | 531 | 10.0% | (7.2%-12.9%) | 202 |
| Not Sure                                 | *     | *              | *   | *      | *             | *   | *     | *            | *   |
| Did not understand question              | 27.0% | (16.0%-38.1%)~ | 14  | *      | *             | *   | *     | *            | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |               |     |       |              |     |
| Yes                                      | *     | *              | *   | *      | *             | *   | *     | *            | *   |
| No                                       | *     | *              | *   | *      | *             | *   | *     | *            | *   |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who identified as LGBTQ+ (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 30 days, where did you usually sleep? (mn187a\_2)*

*Percentage of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing)*

|   | Total |              |    | Female |             |    | Male |             |    |
|---|-------|--------------|----|--------|-------------|----|------|-------------|----|
|   | %     | CI           | N  | %      | CI          | N  | %    | CI          | N  |
| Total                                     | 1.8%  | (1.3%-2.3%)  | 76 | 1.8%   | (1.1%-2.4%) | 34 | 1.6% | (1.0%-2.3%) | 35 |
| <b>----Age----</b>                        |       |              |    |        |             |    |      |             |    |
| 12 or younger                             | 1.3%  | (0.5%-2.0%)  | 15 | 1.1%   | (0.3%-2.0%) | 7  | 1.2% | (0.1%-2.3%) | 7  |
| 13  | 1.8%  | (1.2%-2.3%)  | 35 | 1.9%   | (1.0%-2.9%) | 18 | 1.5% | (0.7%-2.3%) | 16 |
| 14 or older                               | 2.5%  | (1.7%-3.4%)  | 25 | 2.3%   | (0.2%-4.5%) | 10 | 2.2% | (1.1%-3.4%) | 12 |
| <b>----Grade----</b>                      |       |              |    |        |             |    |      |             |    |
| Grade 7                                   | 1.5%  | (0.8%-2.3%)  | 31 | 1.7%   | (0.8%-2.5%) | 16 | 1.3% | (0.4%-2.2%) | 14 |
| Grade 8                                   | 2.1%  | (1.4%-2.8%)  | 44 | 1.9%   | (0.9%-2.9%) | 19 | 1.9% | (1.0%-2.9%) | 21 |
| <b>----Hispanic Ethnicity----</b>         |       |              |    |        |             |    |      |             |    |
| Hispanic                                  | 7.1%  | (3.3%-11.0%) | 14 | *      | *           | *  | *    | *           | *  |
| Non-Hispanic                              | 1.5%  | (1.1%-2.0%)  | 56 | 1.5%   | (0.8%-2.2%) | 26 | 1.5% | (1.0%-2.0%) | 28 |
| <b>----Race----</b>                       |       |              |    |        |             |    |      |             |    |
| American Indian or Alaskan Native         | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Asian                                     | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Black or African American                 | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Native Hawaiian or Other Pacific Islander | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| White                                     | 1.5%  | (1.0%-2.1%)  | 54 | 1.8%   | (1.0%-2.6%) | 29 | 1.3% | (0.7%-1.8%) | 23 |
| Multiple Races                            | 3.7%  | (0.7%-6.8%)  | 10 | *      | *           | *  | *    | *           | *  |

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 30 days, where did you usually sleep? (mn187a\_2)*

*Percentage of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing)*

|  | Total |              |    | Female |             |    | Male |             |    |
|--|-------|--------------|----|--------|-------------|----|------|-------------|----|
|  | %     | CI           | N  | %      | CI          | N  | %    | CI          | N  |
| <b>----Sexual Orientation----</b>        |       |              |    |        |             |    |      |             |    |
| Heterosexual                             | 1.3%  | (0.8%-1.8%)  | 38 | 1.6%   | (0.7%-2.6%) | 20 | 1.1% | (0.5%-1.6%) | 18 |
| Gay/Lesbian                              | 5.3%  | (0.3%-10.3%) | 8  | *      | *           | *  | *    | *           | *  |
| Bisexual                                 | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Described sexual identity some other way | 6.0%  | (2.3%-9.6%)  | 13 | *      | *           | *  | *    | *           | *  |
| Questioning                              | 3.0%  | (0.6%-5.3%)  | 7  | *      | *           | *  | *    | *           | *  |
| Did not understand question              | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| <b>----Transgender Identity----</b>      |       |              |    |        |             |    |      |             |    |
| Yes                                      | 6.9%  | (0.0%-16.8%) | 8  | *      | *           | *  | *    | *           | *  |
| No                                       | 1.2%  | (0.8%-1.7%)  | 46 | 1.5%   | (0.9%-2.1%) | 26 | 1.0% | (0.3%-1.7%) | 20 |
| Not Sure                                 | 7.3%  | (2.0%-12.5%) | 10 | *      | *           | *  | *    | *           | *  |
| Did not understand question              | 11.1% | (4.9%-17.2%) | 9  | *      | *           | *  | *    | *           | *  |
| <b>----LGBTQ----</b>                     |       |              |    |        |             |    |      |             |    |
| Yes                                      | 3.2%  | (1.7%-4.7%)  | 33 | 2.0%   | (0.6%-3.4%) | 14 | 4.5% | (0.0%-9.9%) | 13 |
| No                                       | 1.3%  | (0.7%-1.8%)  | 39 | 1.6%   | (0.6%-2.6%) | 19 | 1.1% | (0.5%-1.7%) | 20 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**Section 3**  
**Unintentional Injury**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever ridden in a car or other vehicle driven by someone who had been drinking alcohol? (mn11)*  
*Percentage of students who answered 'Yes'*

|   | Total |                |       | Female |                |     | Male  |               |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|---------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI            | N   |
| Total                                     | 26.0% | (22.6%-29.5%)  | 1,074 | 30.6%  | (27.0%-34.1%)  | 594 | 21.6% | (16.8%-26.3%) | 461 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |               |     |
| 12 or younger                             | 23.1% | (18.5%-27.7%)  | 267   | 23.3%  | (17.6%-29.0%)  | 131 | 22.5% | (15.6%-29.5%) | 133 |
| 13  | 27.1% | (22.7%-31.6%)  | 525   | 32.6%  | (27.7%-37.5%)  | 306 | 21.7% | (16.4%-27.1%) | 211 |
| 14 or older                               | 27.1% | (19.2%-35.0%)  | 279   | 35.7%  | (22.7%-48.7%)~ | 157 | 20.2% | (13.8%-26.7%) | 117 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |               |     |
| Grade 7                                   | 26.2% | (22.5%-29.8%)  | 527   | 29.4%  | (24.8%-34.0%)  | 278 | 22.8% | (17.5%-28.1%) | 241 |
| Grade 8                                   | 25.8% | (21.0%-30.5%)  | 540   | 31.5%  | (25.0%-38.0%)  | 312 | 20.5% | (15.0%-26.0%) | 221 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |               |     |
| Hispanic                                  | 27.6% | (12.1%-43.1%)~ | 51    | 27.6%  | (8.8%-46.4%)~  | 23  | 25.8% | (9.1%-42.4%)~ | 26  |
| Non-Hispanic                              | 26.7% | (23.4%-29.9%)  | 991   | 31.7%  | (28.1%-35.3%)  | 561 | 21.8% | (17.1%-26.5%) | 419 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |               |     |
| American Indian or Alaskan Native         | 38.0% | (24.4%-51.5%)~ | 29    | *      | *              | *   | *     | *             | *   |
| Asian                                     | 27.0% | (0.0%-62.6%)~  | 10    | *      | *              | *   | *     | *             | *   |
| Black or African American                 | 16.0% | (1.2%-30.9%)~  | 19    | 16.7%  | (2.0%-31.4%)~  | 10  | 15.5% | (0.0%-32.5%)~ | 10  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *             | *   |
| White                                     | 26.6% | (23.7%-29.5%)  | 931   | 31.6%  | (28.3%-34.9%)  | 512 | 22.0% | (17.6%-26.4%) | 409 |
| Multiple Races                            | 22.7% | (13.6%-31.8%)  | 62    | 19.3%  | (8.8%-29.7%)~  | 28  | 25.1% | (9.2%-41.0%)~ | 31  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever ridden in a car or other vehicle driven by someone who had been drinking alcohol? (mn11)  
Percentage of students who answered 'Yes'*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 24.9% | (21.0%-28.9%)  | 728 | 28.9%  | (24.6%-33.1%)  | 343 | 22.1% | (17.4%-26.8%)  | 382 |
| Gay/Lesbian                              | 27.7% | (12.2%-43.1%)~ | 45  | 26.6%  | (5.6%-47.6%)~  | 22  | 19.5% | (3.5%-35.6%)~  | 13  |
| Bisexual                                 | 34.3% | (25.6%-43.0%)  | 145 | 37.2%  | (28.4%-46.0%)  | 116 | 28.3% | (14.4%-42.1%)~ | 29  |
| Described sexual identity some other way | 35.7% | (21.5%-49.9%)~ | 62  | 38.3%  | (20.3%-56.4%)~ | 47  | 27.2% | (1.8%-52.5%)~  | 9   |
| Questioning                              | 31.8% | (20.6%-43.1%)~ | 69  | 33.8%  | (23.3%-44.3%)~ | 57  | 25.2% | (0.0%-50.8%)~  | 13  |
| Did not understand question              | 11.9% | (0.4%-23.4%)~  | 16  | 19.8%  | (0.0%-42.4%)~  | 6   | 9.7%  | (0.0%-19.3%)   | 10  |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 33.4% | (16.3%-50.5%)~ | 46  | 33.1%  | (13.5%-52.8%)~ | 22  | 37.7% | (15.3%-60.1%)~ | 22  |
| No                                       | 25.6% | (22.1%-29.1%)  | 958 | 30.0%  | (26.4%-33.6%)  | 526 | 21.4% | (16.4%-26.3%)  | 421 |
| Not Sure                                 | 34.3% | (16.6%-52.1%)~ | 41  | *      | *              | *   | *     | *              | *   |
| Did not understand question              | 30.0% | (17.1%-42.8%)~ | 23  | 28.4%  | (2.4%-54.4%)~  | 9   | 26.7% | (6.6%-46.9%)~  | 12  |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 32.9% | (27.5%-38.4%)  | 329 | 35.3%  | (29.5%-41.1%)  | 242 | 26.0% | (15.2%-36.8%)~ | 71  |
| No                                       | 23.9% | (20.2%-27.7%)  | 734 | 27.8%  | (23.8%-31.9%)  | 346 | 21.2% | (16.6%-25.7%)  | 385 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever ridden in a car or other vehicle driven by someone who had been using marijuana (also called pot, weed, or cannabis)? (mn200a)  
Percentage of students who answered 'Yes'*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 27.9% | (23.5%-32.3%)  | 1,137 | 32.9%  | (25.1%-40.8%)  | 631 | 22.8% | (18.4%-27.2%)  | 484 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 20.6% | (15.5%-25.6%)  | 237   | 22.5%  | (14.8%-30.3%)  | 126 | 18.4% | (11.8%-24.9%)  | 108 |
| 13  | 30.1% | (25.8%-34.3%)  | 572   | 37.3%  | (28.6%-46.0%)  | 341 | 22.8% | (18.6%-27.0%)  | 220 |
| 14 or older                               | 31.9% | (25.8%-38.1%)  | 326   | 37.3%  | (26.3%-48.3%)~ | 164 | 27.4% | (18.8%-36.0%)  | 156 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 24.6% | (19.9%-29.3%)  | 487   | 29.0%  | (19.9%-38.1%)  | 268 | 20.4% | (14.7%-26.2%)  | 213 |
| Grade 8                                   | 30.8% | (25.2%-36.4%)  | 641   | 36.4%  | (27.2%-45.6%)  | 359 | 25.1% | (19.1%-31.1%)  | 268 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 44.2% | (30.5%-57.9%)~ | 80    | 45.8%  | (30.9%-60.7%)~ | 37  | 41.4% | (22.1%-60.7%)~ | 41  |
| Non-Hispanic                              | 27.6% | (23.3%-31.9%)  | 1,015 | 32.7%  | (25.0%-40.3%)  | 573 | 22.8% | (18.3%-27.3%)  | 434 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 47.1% | (22.6%-71.6%)~ | 33    | *      | *              | *   | *     | *              | *   |
| Asian                                     | 38.0% | (0.0%-78.6%)~  | 14    | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 36.4% | (21.3%-51.5%)~ | 39    | 33.3%  | (10.0%-56.6%)~ | 18  | 39.5% | (17.6%-61.4%)~ | 21  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *              | *   |
| White                                     | 26.9% | (22.7%-31.2%)  | 938   | 32.9%  | (24.5%-41.3%)  | 529 | 21.4% | (16.8%-26.0%)  | 396 |
| Multiple Races                            | 34.1% | (23.3%-44.9%)~ | 93    | 33.0%  | (24.0%-42.0%)  | 49  | 34.0% | (16.1%-51.9%)~ | 42  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever ridden in a car or other vehicle driven by someone who had been using marijuana (also called pot, weed, or cannabis)? (mn200a)  
Percentage of students who answered 'Yes'*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 25.5% | (20.9%-30.0%)  | 736   | 28.8%  | (21.2%-36.5%)  | 340 | 23.0% | (18.6%-27.4%)  | 394 |
| Gay/Lesbian                              | 41.1% | (25.7%-56.6%)~ | 66    | 31.8%  | (17.1%-46.6%)~ | 26  | 51.1% | (18.9%-83.4%)~ | 34  |
| Bisexual                                 | 42.4% | (30.3%-54.5%)~ | 175   | 45.8%  | (31.5%-60.1%)~ | 138 | 31.7% | (15.2%-48.2%)~ | 32  |
| Described sexual identity some other way | 30.5% | (18.5%-42.5%)~ | 52    | *      | *              | *   | *     | *              | *   |
| Questioning                              | 36.9% | (22.5%-51.3%)~ | 81    | 43.5%  | (28.3%-58.7%)~ | 74  | 14.4% | (0.0%-30.6%)~  | 7   |
| Did not understand question              | 13.4% | (3.0%-23.8%)~  | 18    | 19.8%  | (0.0%-42.4%)~  | 6   | 11.6% | (1.2%-22.1%)~  | 12  |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 52.3% | (39.1%-65.6%)~ | 69    | 40.5%  | (17.2%-63.8%)~ | 26  | 62.0% | (42.8%-81.2%)~ | 35  |
| No                                       | 27.3% | (22.7%-32.0%)  | 1,013 | 32.8%  | (25.0%-40.7%)  | 569 | 22.2% | (17.8%-26.6%)  | 433 |
| Not Sure                                 | 18.7% | (8.4%-29.0%)~  | 22    | 19.4%  | (3.0%-35.9%)~  | 15  | 21.6% | (0.0%-47.5%)~  | 7   |
| Did not understand question              | 36.3% | (20.4%-52.1%)~ | 28    | 60.8%  | (24.1%-97.5%)~ | 19  | 15.2% | (0.0%-32.0%)~  | 7   |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 38.5% | (32.2%-44.8%)  | 379   | 41.8%  | (31.3%-52.3%)~ | 282 | 28.7% | (17.6%-39.7%)~ | 78  |
| No                                       | 24.8% | (20.3%-29.3%)  | 752   | 27.9%  | (20.7%-35.2%)  | 343 | 22.5% | (18.2%-26.9%)  | 406 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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## **Section 4**

### **Violence**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Have you ever carried a weapon such as a gun, knife, or club on school property? (mn151)*  
*Percentage of students who answered 'Yes'*

|   | Total |              |     | Female |              |    | Male |              |    |
|---|-------|--------------|-----|--------|--------------|----|------|--------------|----|
|   | %     | CI           | N   | %      | CI           | N  | %    | CI           | N  |
| Total                                     | 3.9%  | (3.1%-4.7%)  | 162 | 3.4%   | (2.1%-4.7%)  | 67 | 4.3% | (3.3%-5.3%)  | 92 |
| <b>----Age----</b>                        |       |              |     |        |              |    |      |              |    |
| 12 or younger                             | 2.2%  | (1.4%-3.1%)  | 26  | *      | *            | *  | *    | *            | *  |
| 13  | 4.4%  | (2.9%-5.9%)  | 88  | 4.4%   | (2.3%-6.4%)  | 41 | 4.3% | (2.7%-5.9%)  | 44 |
| 14 or older                               | 5.0%  | (2.9%-7.0%)  | 48  | 5.0%   | (2.2%-7.8%)  | 21 | 5.0% | (2.8%-7.3%)  | 27 |
| <b>----Grade----</b>                      |       |              |     |        |              |    |      |              |    |
| Grade 7                                   | 3.6%  | (3.2%-4.0%)  | 73  | 2.9%   | (1.7%-4.1%)  | 27 | 4.1% | (3.2%-5.0%)  | 44 |
| Grade 8                                   | 4.2%  | (2.7%-5.8%)  | 90  | 4.0%   | (2.0%-5.9%)  | 39 | 4.4% | (2.8%-6.0%)  | 48 |
| <b>----Hispanic Ethnicity----</b>         |       |              |     |        |              |    |      |              |    |
| Hispanic                                  | 7.9%  | (2.8%-13.0%) | 16  | 6.7%   | (0.9%-12.5%) | 6  | 8.3% | (2.0%-14.6%) | 8  |
| Non-Hispanic                              | 3.6%  | (2.8%-4.5%)  | 136 | 3.4%   | (2.0%-4.7%)  | 59 | 3.8% | (2.7%-4.9%)  | 74 |
| <b>----Race----</b>                       |       |              |     |        |              |    |      |              |    |
| American Indian or Alaskan Native         | *     | *            | *   | *      | *            | *  | *    | *            | *  |
| Asian                                     | *     | *            | *   | *      | *            | *  | *    | *            | *  |
| Black or African American                 | *     | *            | *   | *      | *            | *  | *    | *            | *  |
| Native Hawaiian or Other Pacific Islander | *     | *            | *   | *      | *            | *  | *    | *            | *  |
| White                                     | 3.8%  | (3.0%-4.6%)  | 135 | 3.3%   | (1.8%-4.7%)  | 54 | 4.3% | (3.2%-5.3%)  | 79 |
| Multiple Races                            | 4.3%  | (1.7%-6.8%)  | 12  | *      | *            | *  | *    | *            | *  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever carried a weapon such as a gun, knife, or club on school property? (mn151)  
Percentage of students who answered 'Yes'*

|  | Total |               |     | Female |               |    | Male  |               |    |
|--|-------|---------------|-----|--------|---------------|----|-------|---------------|----|
|  | %     | CI            | N   | %      | CI            | N  | %     | CI            | N  |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |    |       |               |    |
| Heterosexual                             | 2.7%  | (2.0%-3.5%)   | 80  | 1.6%   | (0.6%-2.6%)   | 20 | 3.5%  | (2.5%-4.5%)   | 60 |
| Gay/Lesbian                              | 11.1% | (3.9%-18.4%)  | 16  | 9.0%   | (2.0%-15.9%)  | 6  | 14.4% | (3.7%-25.1%)~ | 8  |
| Bisexual                                 | 8.6%  | (6.5%-10.6%)  | 35  | 7.5%   | (4.9%-10.1%)  | 23 | 11.6% | (4.4%-18.7%)  | 11 |
| Described sexual identity some other way | 6.8%  | (0.9%-12.6%)  | 15  | *      | *             | *  | *     | *             | *  |
| Questioning                              | 6.0%  | (2.1%-10.0%)  | 13  | *      | *             | *  | *     | *             | *  |
| Did not understand question              | *     | *             | *   | *      | *             | *  | *     | *             | *  |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |    |       |               |    |
| Yes                                      | 15.4% | (2.5%-28.4%)~ | 17  | 14.6%  | (2.4%-26.9%)~ | 8  | 14.8% | (0.0%-31.8%)~ | 6  |
| No                                       | 3.4%  | (2.7%-4.1%)   | 127 | 2.7%   | (1.4%-3.9%)   | 47 | 4.0%  | (3.2%-4.8%)   | 80 |
| Not Sure                                 | 7.5%  | (2.5%-12.6%)  | 11  | *      | *             | *  | *     | *             | *  |
| Did not understand question              | 7.9%  | (0.4%-15.4%)  | 6   | *      | *             | *  | *     | *             | *  |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |    |       |               |    |
| Yes                                      | 7.8%  | (5.9%-9.7%)   | 79  | 6.9%   | (4.5%-9.4%)   | 47 | 9.9%  | (5.2%-14.6%)  | 28 |
| No                                       | 2.7%  | (2.0%-3.4%)   | 83  | 1.6%   | (0.6%-2.5%)   | 20 | 3.5%  | (2.5%-4.4%)   | 63 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Do you agree or disagree with the following statement? I feel safe at my school. (mn21)*  
*Percentage of students who answered 'Strongly agree' or 'Agree'*

|   | Total |                |       | Female |                |       | Male  |                |       |
|---|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|   | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| Total                                     | 76.7% | (73.2%-80.2%)  | 3,158 | 72.1%  | (67.5%-76.8%)  | 1,383 | 81.7% | (78.5%-84.9%)  | 1,748 |
| <b>----Age----</b>                        |       |                |       |        |                |       |       |                |       |
| 12 or younger                             | 78.8% | (74.4%-83.2%)  | 925   | 76.0%  | (70.5%-81.5%)  | 447   | 82.4% | (78.3%-86.5%)  | 475   |
| 13  | 75.1% | (70.9%-79.4%)  | 1,482 | 68.2%  | (62.0%-74.4%)  | 625   | 82.4% | (79.0%-85.8%)  | 845   |
| 14 or older                               | 77.3% | (73.0%-81.7%)  | 744   | 75.3%  | (70.6%-80.0%)  | 308   | 79.5% | (74.1%-84.8%)  | 427   |
| <b>----Grade----</b>                      |       |                |       |        |                |       |       |                |       |
| Grade 7                                   | 77.7% | (73.6%-81.8%)  | 1,561 | 73.7%  | (66.4%-81.0%)  | 689   | 82.1% | (79.4%-84.9%)  | 865   |
| Grade 8                                   | 75.5% | (71.1%-80.0%)  | 1,573 | 70.4%  | (64.8%-76.1%)  | 683   | 81.0% | (76.4%-85.6%)  | 872   |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |       |       |                |       |
| Hispanic                                  | 66.2% | (58.2%-74.2%)~ | 133   | 67.3%  | (53.2%-81.3%)~ | 61    | 71.4% | (60.7%-82.0%)~ | 72    |
| Non-Hispanic                              | 77.2% | (73.5%-80.9%)  | 2,848 | 72.1%  | (67.6%-76.6%)  | 1,256 | 82.5% | (79.1%-85.9%)  | 1,573 |
| <b>----Race----</b>                       |       |                |       |        |                |       |       |                |       |
| American Indian or Alaskan Native         | 63.2% | (52.2%-74.2%)~ | 50    | 52.8%  | (40.4%-65.2%)~ | 24    | 79.6% | (65.8%-93.4%)~ | 23    |
| Asian                                     | 72.0% | (55.4%-88.7%)~ | 26    | *      | *              | *     | *     | *              | *     |
| Black or African American                 | 71.8% | (58.6%-85.0%)~ | 92    | 60.0%  | (38.4%-81.7%)~ | 32    | 80.3% | (68.0%-92.5%)~ | 60    |
| Native Hawaiian or Other Pacific Islander | 62.6% | (30.9%-94.3%)~ | 10    | *      | *              | *     | *     | *              | *     |
| White                                     | 77.7% | (74.0%-81.4%)  | 2,727 | 73.4%  | (68.8%-78.1%)  | 1,199 | 82.4% | (79.1%-85.7%)  | 1,512 |
| Multiple Races                            | 70.3% | (64.3%-76.2%)  | 192   | 69.6%  | (61.7%-77.5%)  | 88    | 72.6% | (61.8%-83.4%)~ | 101   |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Do you agree or disagree with the following statement? I feel safe at my school. (mn21)*  
*Percentage of students who answered 'Strongly agree' or 'Agree'*

|  | Total |                |       | Female |                |       | Male  |                |       |
|--|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |       |       |                |       |
| Heterosexual                             | 79.4% | (75.1%-83.6%)  | 2,298 | 74.3%  | (68.8%-79.7%)  | 874   | 82.9% | (79.0%-86.8%)  | 1,420 |
| Gay/Lesbian                              | 60.8% | (56.0%-65.7%)  | 86    | 65.2%  | (51.0%-79.4%)~ | 47    | 60.4% | (48.1%-72.6%)~ | 34    |
| Bisexual                                 | 71.3% | (65.8%-76.8%)  | 290   | 68.6%  | (61.5%-75.8%)  | 207   | 80.6% | (71.3%-89.9%)  | 76    |
| Described sexual identity some other way | 67.4% | (59.6%-75.1%)  | 149   | 69.3%  | (58.9%-79.7%)~ | 96    | 72.5% | (54.5%-90.5%)~ | 45    |
| Questioning                              | 63.5% | (53.5%-73.5%)  | 143   | 63.0%  | (52.9%-73.2%)~ | 104   | 69.2% | (54.1%-84.3%)~ | 39    |
| Did not understand question              | 86.9% | (77.4%-96.4%)  | 102   | *      | *              | *     | *     | *              | *     |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |       |       |                |       |
| Yes                                      | 56.0% | (43.0%-69.0%)~ | 60    | 70.8%  | (50.0%-91.6%)~ | 37    | 46.2% | (31.0%-61.5%)~ | 20    |
| No                                       | 78.2% | (74.4%-82.1%)  | 2,929 | 73.1%  | (68.5%-77.7%)  | 1,266 | 82.7% | (79.1%-86.4%)  | 1,645 |
| Not Sure                                 | 50.4% | (38.6%-62.1%)~ | 72    | 53.1%  | (35.6%-70.7%)~ | 51    | 56.1% | (25.9%-86.2%)~ | 19    |
| Did not understand question              | 81.5% | (72.8%-90.1%)  | 64    | *      | *              | *     | *     | *              | *     |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |       |       |                |       |
| Yes                                      | 66.9% | (63.0%-70.8%)  | 679   | 67.0%  | (61.1%-72.8%)  | 456   | 71.7% | (63.0%-80.5%)  | 203   |
| No                                       | 79.7% | (75.4%-84.0%)  | 2,431 | 74.7%  | (69.5%-79.9%)  | 914   | 83.1% | (78.9%-87.2%)  | 1,512 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Has violence in your home, or the threat of violence, ever made you want to leave your home, even just for a short while? (mn18)  
Percentage of students who answered 'Yes'*

|   | Total |                |     | Female |                |     | Male  |                |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 20.8% | (17.6%-24.0%)  | 852 | 25.3%  | (20.8%-29.7%)  | 476 | 16.6% | (13.5%-19.8%)  | 356 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |                |     |
| 12 or younger                             | 19.9% | (14.4%-25.4%)  | 239 | 23.0%  | (16.9%-29.0%)  | 144 | 16.3% | (9.6%-22.9%)   | 93  |
| 13  | 20.7% | (17.6%-23.8%)  | 406 | 24.3%  | (20.3%-28.4%)  | 212 | 17.1% | (13.4%-20.8%)  | 180 |
| 14 or older                               | 22.1% | (16.6%-27.6%)  | 204 | 30.4%  | (23.1%-37.7%)  | 118 | 16.2% | (9.8%-22.5%)   | 83  |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |                |     |
| Grade 7                                   | 21.1% | (16.6%-25.6%)  | 422 | 24.8%  | (19.6%-30.0%)  | 230 | 17.2% | (11.6%-22.7%)  | 180 |
| Grade 8                                   | 20.8% | (16.8%-24.7%)  | 428 | 25.8%  | (20.5%-31.2%)  | 243 | 16.4% | (12.4%-20.4%)  | 177 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |                |     |
| Hispanic                                  | 29.2% | (20.1%-38.3%)  | 63  | 37.4%  | (22.6%-52.3%)~ | 36  | 26.4% | (13.6%-39.2%)~ | 27  |
| Non-Hispanic                              | 20.2% | (16.8%-23.7%)  | 741 | 24.9%  | (20.5%-29.3%)  | 427 | 15.5% | (12.4%-18.7%)  | 295 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 37.8% | (21.0%-54.5%)~ | 31  | 40.1%  | (12.5%-67.6%)~ | 20  | 39.5% | (8.1%-70.8%)~  | 12  |
| Asian                                     | 26.5% | (0.0%-57.0%)~  | 9   | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 22.1% | (9.7%-34.5%)~  | 28  | 22.4%  | (7.2%-37.5%)~  | 11  | 21.9% | (7.0%-36.7%)~  | 17  |
| Native Hawaiian or Other Pacific Islander | 46.6% | (0.0%-93.5%)~  | 11  | *      | *              | *   | *     | *              | *   |
| White                                     | 20.0% | (16.5%-23.4%)  | 698 | 24.1%  | (19.1%-29.1%)  | 392 | 15.7% | (12.5%-18.9%)  | 286 |
| Multiple Races                            | 20.1% | (7.2%-32.9%)~  | 56  | 33.2%  | (11.3%-55.0%)~ | 39  | 11.7% | (1.1%-22.3%)~  | 17  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Has violence in your home, or the threat of violence, ever made you want to leave your home, even just for a short while? (mn18)  
Percentage of students who answered 'Yes'*

|  | Total |                |     | Female |                |     | Male  |                 |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|-----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI              | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                 |     |
| Heterosexual                             | 16.0% | (13.4%-18.7%)  | 462 | 19.7%  | (15.1%-24.3%)  | 232 | 13.6% | (11.0%-16.2%)   | 230 |
| Gay/Lesbian                              | 40.6% | (17.6%-63.7%)~ | 50  | 39.5%  | (18.1%-60.9%)~ | 24  | 48.3% | (24.0%-72.7%)~  | 24  |
| Bisexual                                 | 33.8% | (25.2%-42.4%)  | 129 | 38.6%  | (27.0%-50.2%)~ | 110 | 15.8% | (0.7%-30.9%)~   | 14  |
| Described sexual identity some other way | 31.6% | (19.8%-43.3%)~ | 79  | 30.7%  | (16.7%-44.7%)~ | 45  | 29.1% | (11.1%-47.1%)~  | 26  |
| Questioning                              | 34.5% | (24.3%-44.6%)~ | 76  | 35.0%  | (25.4%-44.7%)  | 53  | 32.8% | (5.2%-60.5%)~   | 20  |
| Did not understand question              | 8.4%  | (1.1%-15.7%)   | 8   | *      | *              | *   | *     | *               | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                 |     |
| Yes                                      | 66.2% | (49.3%-83.1%)~ | 53  | 52.0%  | (23.9%-80.1%)~ | 21  | 72.8% | (37.8%-100.0%)~ | 20  |
| No                                       | 19.1% | (15.7%-22.5%)  | 713 | 23.9%  | (19.4%-28.4%)  | 406 | 15.2% | (11.8%-18.6%)   | 304 |
| Not Sure                                 | 39.0% | (24.8%-53.3%)~ | 62  | 44.7%  | (25.0%-64.3%)~ | 49  | 24.9% | (2.4%-47.4%)~   | 8   |
| Did not understand question              | 26.5% | (13.7%-39.2%)~ | 22  | *      | *              | *   | *     | *               | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                 |     |
| Yes                                      | 33.9% | (26.9%-40.8%)  | 337 | 36.2%  | (28.6%-43.8%)  | 234 | 28.4% | (17.8%-39.0%)~  | 83  |
| No                                       | 16.5% | (13.4%-19.6%)  | 504 | 19.8%  | (15.1%-24.5%)  | 242 | 14.4% | (11.5%-17.4%)   | 262 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 5 Bullying**



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Have you ever been bullied on school property? (mn22)*  
*Percentage of students who answered 'Yes'*

|   | Total |                |       | Female |                |       | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-------|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N     | %     | CI             | N   |
| Total                                     | 53.7% | (51.0%-56.3%)  | 2,226 | 62.9%  | (60.1%-65.7%)  | 1,220 | 45.0% | (41.5%-48.6%)  | 968 |
| <b>----Age----</b>                        |       |                |       |        |                |       |       |                |     |
| 12 or younger                             | 51.3% | (47.1%-55.4%)  | 602   | 57.3%  | (52.3%-62.4%)  | 339   | 44.8% | (37.0%-52.7%)  | 258 |
| 13  | 54.6% | (51.4%-57.7%)  | 1,081 | 63.3%  | (58.5%-68.1%)  | 586   | 45.9% | (40.4%-51.4%)  | 471 |
| 14 or older                               | 54.5% | (51.8%-57.2%)  | 536   | 69.9%  | (64.7%-75.0%)  | 294   | 43.6% | (39.0%-48.1%)  | 238 |
| <b>----Grade----</b>                      |       |                |       |        |                |       |       |                |     |
| Grade 7                                   | 52.6% | (47.7%-57.5%)  | 1,059 | 60.5%  | (55.2%-65.8%)  | 570   | 45.1% | (39.9%-50.3%)  | 474 |
| Grade 8                                   | 54.7% | (52.4%-57.0%)  | 1,154 | 65.1%  | (60.5%-69.8%)  | 643   | 44.9% | (41.2%-48.6%)  | 487 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |       |       |                |     |
| Hispanic                                  | 56.3% | (46.7%-65.9%)  | 113   | 67.1%  | (55.0%-79.2%)~ | 61    | 44.1% | (32.1%-56.0%)~ | 45  |
| Non-Hispanic                              | 53.5% | (50.9%-56.2%)  | 1,989 | 62.7%  | (59.8%-65.7%)  | 1,105 | 45.0% | (41.8%-48.2%)  | 860 |
| <b>----Race----</b>                       |       |                |       |        |                |       |       |                |     |
| American Indian or Alaskan Native         | 66.5% | (53.6%-79.5%)~ | 53    | 79.6%  | (64.1%-95.1%)~ | 38    | 45.9% | (23.8%-68.0%)~ | 13  |
| Asian                                     | 50.0% | (24.8%-75.2%)~ | 18    | 40.6%  | (4.9%-76.3%)~  | 6     | 54.6% | (25.5%-83.6%)~ | 10  |
| Black or African American                 | 45.4% | (33.8%-57.0%)~ | 57    | 64.4%  | (41.7%-87.2%)~ | 34    | 31.5% | (20.7%-42.4%)~ | 23  |
| Native Hawaiian or Other Pacific Islander | 47.2% | (15.7%-78.7%)~ | 8     | *      | *              | *     | *     | *              | *   |
| White                                     | 53.4% | (50.8%-56.0%)  | 1,885 | 62.2%  | (59.2%-65.1%)  | 1,023 | 45.4% | (41.4%-49.4%)  | 837 |
| Multiple Races                            | 55.9% | (48.7%-63.2%)  | 155   | 64.8%  | (54.2%-75.4%)~ | 85    | 46.5% | (37.1%-56.0%)  | 64  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Have you ever been bullied on school property? (mn22)*  
*Percentage of students who answered 'Yes'*

|  | Total |                |       | Female |                |       | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-------|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N     | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |       |       |                |     |
| Heterosexual                             | 48.0% | (43.9%-52.1%)  | 1,400 | 58.1%  | (52.4%-63.9%)  | 693   | 40.9% | (36.9%-44.8%)  | 703 |
| Gay/Lesbian                              | 68.9% | (63.0%-74.8%)  | 99    | 68.9%  | (56.3%-81.5%)~ | 49    | 69.9% | (55.3%-84.4%)~ | 41  |
| Bisexual                                 | 74.9% | (67.9%-81.9%)  | 308   | 77.4%  | (69.8%-85.0%)  | 237   | 68.1% | (58.2%-78.1%)  | 64  |
| Described sexual identity some other way | 65.7% | (56.1%-75.3%)  | 145   | 63.0%  | (52.4%-73.6%)~ | 88    | 70.5% | (53.0%-87.9%)~ | 44  |
| Questioning                              | 65.9% | (59.0%-72.9%)  | 149   | 66.6%  | (60.2%-73.1%)  | 110   | 61.6% | (40.5%-82.6%)~ | 35  |
| Did not understand question              | 45.9% | (32.2%-59.5%)~ | 54    | 64.1%  | (32.0%-96.1%)~ | 14    | 42.3% | (29.3%-55.3%)~ | 40  |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |       |       |                |     |
| Yes                                      | 76.8% | (67.4%-86.2%)  | 84    | 70.9%  | (54.3%-87.4%)~ | 38    | 77.3% | (60.5%-94.0%)~ | 33  |
| No                                       | 52.3% | (49.2%-55.4%)  | 1,973 | 62.2%  | (59.3%-65.0%)  | 1,089 | 44.1% | (40.0%-48.2%)  | 881 |
| Not Sure                                 | 70.5% | (59.1%-82.0%)~ | 102   | 67.2%  | (54.4%-80.0%)~ | 65    | 67.4% | (42.8%-92.0%)~ | 22  |
| Did not understand question              | 53.0% | (41.5%-64.6%)~ | 42    | 68.2%  | (44.6%-91.8%)~ | 17    | 43.5% | (26.2%-60.9%)~ | 23  |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |       |       |                |     |
| Yes                                      | 70.0% | (67.3%-72.7%)  | 714   | 70.9%  | (67.7%-74.1%)  | 486   | 67.7% | (60.9%-74.4%)  | 194 |
| No                                       | 48.1% | (44.2%-52.1%)  | 1,480 | 58.3%  | (53.1%-63.5%)  | 724   | 41.2% | (37.4%-45.1%)  | 753 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.) (mn152b)  
Percentage of students who answered 'Yes'*

|   | Total |                |       | Female |                |       | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-------|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N     | %     | CI             | N   |
| Total                                     | 40.8% | (38.5%-43.1%)  | 1,691 | 52.6%  | (49.2%-55.9%)  | 1,022 | 29.5% | (27.0%-32.0%)  | 632 |
| <b>----Age----</b>                        |       |                |       |        |                |       |       |                |     |
| 12 or younger                             | 40.9% | (36.8%-44.9%)  | 484   | 52.4%  | (45.8%-59.1%)  | 312   | 28.7% | (23.6%-33.8%)  | 167 |
| 13  | 40.0% | (37.2%-42.8%)  | 790   | 52.3%  | (48.3%-56.3%)  | 484   | 28.2% | (23.5%-32.8%)  | 287 |
| 14 or older                               | 41.9% | (38.2%-45.6%)  | 411   | 53.0%  | (48.1%-58.0%)  | 223   | 32.8% | (27.4%-38.2%)  | 179 |
| <b>----Grade----</b>                      |       |                |       |        |                |       |       |                |     |
| Grade 7                                   | 40.6% | (36.4%-44.8%)  | 821   | 54.5%  | (48.0%-60.9%)  | 515   | 27.7% | (24.4%-31.0%)  | 293 |
| Grade 8                                   | 41.1% | (38.3%-44.0%)  | 863   | 50.8%  | (47.2%-54.5%)  | 501   | 31.5% | (27.0%-35.9%)  | 338 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |       |       |                |     |
| Hispanic                                  | 47.9% | (39.8%-56.0%)  | 95    | 58.6%  | (45.3%-71.9%)~ | 53    | 34.4% | (23.2%-45.5%)~ | 34  |
| Non-Hispanic                              | 41.1% | (38.7%-43.4%)  | 1,525 | 52.5%  | (49.1%-55.9%)  | 925   | 30.0% | (27.1%-33.0%)  | 574 |
| <b>----Race----</b>                       |       |                |       |        |                |       |       |                |     |
| American Indian or Alaskan Native         | 55.2% | (41.1%-69.3%)~ | 44    | 67.9%  | (55.4%-80.4%)~ | 32    | 28.6% | (6.6%-50.5%)~  | 8   |
| Asian                                     | 35.4% | (12.3%-58.6%)~ | 11    | *      | *              | *     | *     | *              | *   |
| Black or African American                 | 35.0% | (14.0%-55.9%)~ | 43    | 38.6%  | (6.5%-70.8%)~  | 21    | 32.2% | (15.3%-49.1%)~ | 23  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *     | *     | *              | *   |
| White                                     | 39.5% | (37.4%-41.6%)  | 1,398 | 52.0%  | (48.2%-55.8%)  | 858   | 28.1% | (25.4%-30.8%)  | 518 |
| Multiple Races                            | 55.3% | (47.5%-63.0%)  | 153   | 63.4%  | (53.5%-73.3%)  | 83    | 44.5% | (31.3%-57.7%)~ | 61  |

\*Estimate suppressed due to small cell sizes.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.) (mn152b)  
Percentage of students who answered 'Yes'*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 37.3% | (33.6%-40.9%)  | 1,088 | 50.4%  | (44.4%-56.3%)  | 603 | 27.9% | (24.5%-31.3%)  | 478 |
| Gay/Lesbian                              | 56.6% | (43.5%-69.7%)~ | 80    | 53.4%  | (41.3%-65.5%)~ | 38  | 62.0% | (46.8%-77.2%)~ | 35  |
| Bisexual                                 | 58.8% | (51.4%-66.2%)  | 243   | 65.7%  | (60.5%-70.9%)  | 203 | 41.4% | (24.6%-58.2%)~ | 39  |
| Described sexual identity some other way | 46.4% | (40.4%-52.3%)  | 101   | 44.1%  | (35.0%-53.2%)  | 60  | 39.6% | (24.7%-54.4%)~ | 25  |
| Questioning                              | 50.6% | (41.7%-59.4%)  | 114   | 57.2%  | (48.4%-66.0%)  | 94  | 30.2% | (10.5%-50.0%)~ | 17  |
| Did not understand question              | 24.0% | (12.1%-35.8%)~ | 29    | 33.6%  | (13.1%-54.2%)~ | 7   | 20.6% | (9.0%-32.1%)~  | 20  |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 66.9% | (58.3%-75.6%)  | 72    | 61.8%  | (47.7%-75.8%)~ | 33  | 72.4% | (51.6%-93.2%)~ | 30  |
| No                                       | 40.1% | (37.4%-42.7%)  | 1,513 | 52.4%  | (49.0%-55.8%)  | 920 | 29.1% | (26.3%-31.8%)  | 580 |
| Not Sure                                 | 49.3% | (39.0%-59.6%)~ | 70    | 53.6%  | (40.4%-66.8%)~ | 51  | 31.1% | (10.0%-52.2%)~ | 10  |
| Did not understand question              | 28.3% | (17.8%-38.7%)~ | 22    | 48.7%  | (18.8%-78.7%)~ | 12  | 15.4% | (3.4%-27.4%)~  | 8   |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 53.6% | (49.5%-57.8%)  | 547   | 58.0%  | (54.5%-61.5%)  | 397 | 42.1% | (31.8%-52.5%)~ | 120 |
| No                                       | 36.9% | (33.4%-40.4%)  | 1,134 | 49.7%  | (44.3%-55.1%)  | 619 | 27.9% | (24.6%-31.1%)  | 508 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 6**

### **Suicide & Depression**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever felt so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? (mn153)*  
*Percentage of students who answered 'Yes'*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 36.3% | (34.5%-38.1%)  | 1,484 | 49.4%  | (46.4%-52.4%)  | 943 | 23.8% | (21.5%-26.1%)  | 507 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 31.2% | (28.3%-34.1%)  | 357   | 43.2%  | (37.2%-49.2%)  | 249 | 18.7% | (14.8%-22.6%)  | 106 |
| 13  | 36.9% | (33.9%-39.9%)  | 726   | 51.6%  | (47.8%-55.5%)  | 472 | 22.6% | (18.3%-27.0%)  | 231 |
| 14 or older                               | 41.1% | (37.5%-44.7%)  | 399   | 53.4%  | (48.2%-58.5%)  | 222 | 31.5% | (27.3%-35.8%)  | 170 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 33.7% | (30.0%-37.4%)  | 666   | 46.4%  | (41.2%-51.6%)  | 426 | 21.8% | (17.3%-26.3%)  | 227 |
| Grade 8                                   | 38.8% | (36.2%-41.5%)  | 811   | 52.2%  | (48.5%-55.8%)  | 509 | 26.0% | (23.1%-29.0%)  | 280 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 46.9% | (40.6%-53.2%)  | 94    | 55.9%  | (42.8%-68.9%)~ | 51  | 39.2% | (30.6%-47.8%)  | 39  |
| Non-Hispanic                              | 36.1% | (34.3%-37.9%)  | 1,325 | 49.4%  | (46.4%-52.4%)  | 858 | 23.3% | (20.9%-25.7%)  | 441 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 44.2% | (31.6%-56.9%)~ | 34    | 47.5%  | (32.8%-62.2%)~ | 21  | 36.9% | (15.8%-57.9%)~ | 11  |
| Asian                                     | 37.0% | (9.9%-64.1%)~  | 13    | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 29.2% | (20.4%-38.0%)  | 37    | 38.7%  | (25.9%-51.5%)~ | 21  | 22.2% | (11.7%-32.7%)~ | 16  |
| Native Hawaiian or Other Pacific Islander | 37.4% | (5.7%-69.1%)~  | 6     | *      | *              | *   | *     | *              | *   |
| White                                     | 35.8% | (34.2%-37.3%)  | 1,247 | 48.8%  | (45.9%-51.7%)  | 792 | 23.4% | (21.3%-25.6%)  | 428 |
| Multiple Races                            | 45.4% | (40.0%-50.8%)  | 125   | 65.5%  | (57.9%-73.2%)  | 84  | 26.9% | (19.3%-34.6%)  | 37  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever felt so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? (mn153)  
Percentage of students who answered 'Yes'*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 29.6% | (27.5%-31.7%)  | 854   | 41.4%  | (37.7%-45.2%)  | 487 | 21.3% | (19.1%-23.4%)  | 363 |
| Gay/Lesbian                              | 60.6% | (50.1%-71.1%)~ | 85    | 65.1%  | (48.2%-81.9%)~ | 47  | 54.7% | (38.1%-71.4%)~ | 31  |
| Bisexual                                 | 61.2% | (55.4%-67.1%)  | 248   | 67.2%  | (61.1%-73.3%)  | 204 | 41.9% | (25.3%-58.5%)~ | 38  |
| Described sexual identity some other way | 63.3% | (57.7%-68.8%)  | 135   | 66.2%  | (57.4%-74.9%)  | 88  | 53.4% | (39.3%-67.4%)~ | 33  |
| Questioning                              | 59.0% | (42.0%-76.0%)~ | 134   | 66.3%  | (52.1%-80.5%)~ | 110 | 34.5% | (13.1%-55.9%)~ | 19  |
| Did not understand question              | 12.2% | (4.9%-19.4%)   | 14    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 81.7% | (71.7%-91.8%)~ | 87    | 87.5%  | (77.6%-97.4%)  | 47  | 71.7% | (55.8%-87.5%)~ | 29  |
| No                                       | 33.9% | (32.0%-35.8%)  | 1,263 | 46.7%  | (43.5%-50.0%)  | 805 | 22.6% | (20.2%-24.9%)  | 448 |
| Not Sure                                 | 71.8% | (64.6%-78.9%)  | 100   | 78.4%  | (69.4%-87.3%)  | 75  | 50.6% | (23.1%-78.0%)~ | 16  |
| Did not understand question              | 30.5% | (19.9%-41.1%)~ | 23    | 48.1%  | (18.1%-78.1%)~ | 12  | 18.7% | (8.6%-28.7%)~  | 9   |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 60.9% | (54.2%-67.6%)  | 612   | 66.5%  | (60.6%-72.4%)  | 450 | 45.7% | (35.9%-55.5%)  | 128 |
| No                                       | 28.7% | (26.6%-30.8%)  | 870   | 40.4%  | (36.7%-44.2%)  | 492 | 20.8% | (18.5%-23.1%)  | 377 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (mn215)  
Among students who have ever felt sad or hopeless, the percentage of students who answered that they got help from an adult*

|   | Total |                |       | Female |                 |     | Male  |                |     |
|---|-------|----------------|-------|--------|-----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI              | N   | %     | CI             | N   |
| Total                                     | 39.8% | (36.1%-43.4%)  | 1,063 | 36.2%  | (29.7%-42.7%)   | 543 | 45.5% | (39.4%-51.6%)  | 508 |
| <b>----Age----</b>                        |       |                |       |        |                 |     |       |                |     |
| 12 or younger                             | 41.2% | (31.7%-50.8%)  | 305   | 37.7%  | (23.0%-52.4%)~  | 176 | 47.6% | (37.8%-57.4%)  | 126 |
| 13  | 38.3% | (34.8%-41.7%)  | 502   | 35.2%  | (30.4%-40.1%)   | 255 | 44.5% | (35.8%-53.2%)  | 247 |
| 14 or older                               | 41.0% | (32.1%-50.0%)  | 252   | 36.5%  | (29.2%-43.7%)   | 112 | 45.4% | (30.6%-60.2%)~ | 135 |
| <b>----Grade----</b>                      |       |                |       |        |                 |     |       |                |     |
| Grade 7                                   | 41.2% | (33.6%-48.8%)  | 516   | 39.0%  | (28.4%-49.6%)~  | 273 | 45.6% | (35.4%-55.9%)~ | 240 |
| Grade 8                                   | 38.5% | (33.6%-43.3%)  | 536   | 33.7%  | (28.8%-38.7%)   | 264 | 45.1% | (34.0%-56.2%)~ | 263 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                 |     |       |                |     |
| Hispanic                                  | 40.4% | (23.9%-57.0%)~ | 71    | 42.2%  | (26.0%-58.4%)~  | 36  | 45.0% | (16.5%-73.4%)~ | 34  |
| Non-Hispanic                              | 39.7% | (35.0%-44.4%)  | 943   | 35.5%  | (28.0%-43.1%)   | 482 | 46.1% | (41.0%-51.2%)  | 449 |
| <b>----Race----</b>                       |       |                |       |        |                 |     |       |                |     |
| American Indian or Alaskan Native         | 56.1% | (31.3%-81.0%)~ | 32    | 68.1%  | (34.1%-100.0%)~ | 22  | 48.2% | (2.6%-93.8%)~  | 9   |
| Asian                                     | 39.4% | (6.0%-72.8%)~  | 10    | *      | *               | *   | *     | *              | *   |
| Black or African American                 | 23.3% | (9.6%-37.0%)~  | 18    | 18.5%  | (3.7%-33.3%)~   | 8   | 29.0% | (5.6%-52.5%)~  | 10  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *               | *   | *     | *              | *   |
| White                                     | 39.8% | (35.0%-44.6%)  | 907   | 35.8%  | (27.5%-44.2%)   | 462 | 46.6% | (39.5%-53.7%)  | 442 |
| Multiple Races                            | 35.6% | (22.9%-48.2%)~ | 66    | 28.5%  | (8.3%-48.6%)~   | 26  | 36.0% | (23.2%-48.7%)~ | 31  |

\*Estimate suppressed due to small cell sizes.

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N = Among students who have ever felt sad or hopeless, the number of students who answered that they got help from an adult (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (mn215)  
Among students who have ever felt sad or hopeless, the percentage of students who answered that they got help from an adult*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 41.6% | (37.8%-45.5%)  | 699 | 36.8%  | (29.4%-44.2%)  | 316 | 46.7% | (39.0%-54.4%)  | 378 |
| Gay/Lesbian                              | 14.2% | (3.3%-25.2%)~  | 14  | *      | *              | *   | *     | *              | *   |
| Bisexual                                 | 40.5% | (31.5%-49.6%)  | 136 | 41.8%  | (29.0%-54.5%)~ | 113 | 35.2% | (13.7%-56.6%)~ | 21  |
| Described sexual identity some other way | 27.9% | (15.3%-40.5%)~ | 62  | 32.4%  | (17.0%-47.9%)~ | 47  | 23.1% | (1.8%-44.4%)~  | 15  |
| Questioning                              | 40.2% | (28.7%-51.7%)~ | 75  | 34.1%  | (18.8%-49.3%)~ | 48  | 57.1% | (34.2%-80.0%)~ | 23  |
| Did not understand question              | 63.3% | (38.5%-88.2%)~ | 44  | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 32.1% | (20.1%-44.1%)~ | 24  | 36.6%  | (12.0%-61.3%)~ | 14  | 27.9% | (0.3%-55.4%)~  | 7   |
| No                                       | 40.5% | (36.9%-44.0%)  | 962 | 36.8%  | (29.6%-44.0%)  | 490 | 45.7% | (39.3%-52.0%)  | 466 |
| Not Sure                                 | 25.0% | (9.8%-40.2%)~  | 37  | 26.0%  | (7.3%-44.7%)~  | 27  | 37.5% | (0.0%-75.4%)~  | 10  |
| Did not understand question              | 48.7% | (23.7%-73.7%)~ | 26  | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 33.6% | (26.9%-40.3%)  | 290 | 34.6%  | (26.2%-43.0%)  | 210 | 34.7% | (25.2%-44.2%)  | 73  |
| No                                       | 42.3% | (38.9%-45.7%)  | 751 | 36.6%  | (29.2%-43.9%)  | 322 | 47.8% | (41.1%-54.4%)  | 424 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Among students who have ever felt sad or hopeless, the number of students who answered that they got help from an adult (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (mn215\_2)*

*Among students who have ever felt sad or hopeless, the percentage of students who answered that they got help from a teacher or other school staff member*

|   | Total |             |    | Female |             |    | Male |             |    |
|---|-------|-------------|----|--------|-------------|----|------|-------------|----|
|   | %     | CI          | N  | %      | CI          | N  | %    | CI          | N  |
| Total                                     | 1.6%  | (0.5%-2.8%) | 43 | 2.2%   | (0.2%-4.2%) | 33 | 0.9% | (0.0%-1.8%) | 10 |
| <b>----Age----</b>                        |       |             |    |        |             |    |      |             |    |
| 12 or younger                             | *     | *           | *  | *      | *           | *  | *    | *           | *  |
| 13  | 2.2%  | (0.0%-4.5%) | 28 | *      | *           | *  | *    | *           | *  |
| 14 or older                               | 1.5%  | (0.0%-3.3%) | 9  | *      | *           | *  | *    | *           | *  |
| <b>----Grade----</b>                      |       |             |    |        |             |    |      |             |    |
| Grade 7                                   | 1.3%  | (0.0%-2.8%) | 16 | *      | *           | *  | *    | *           | *  |
| Grade 8                                   | 2.0%  | (0.9%-3.1%) | 27 | 2.5%   | (0.7%-4.4%) | 20 | 1.3% | (0.0%-2.8%) | 7  |
| <b>----Hispanic Ethnicity----</b>         |       |             |    |        |             |    |      |             |    |
| Hispanic                                  | *     | *           | *  | *      | *           | *  | *    | *           | *  |
| Non-Hispanic                              | 1.3%  | (0.1%-2.5%) | 31 | 1.7%   | (0.0%-3.9%) | 24 | 0.8% | (0.0%-1.7%) | 7  |
| <b>----Race----</b>                       |       |             |    |        |             |    |      |             |    |
| American Indian or Alaskan Native         | *     | *           | *  | *      | *           | *  | *    | *           | *  |
| Asian                                     | *     | *           | *  | *      | *           | *  | *    | *           | *  |
| Black or African American                 | *     | *           | *  | *      | *           | *  | *    | *           | *  |
| Native Hawaiian or Other Pacific Islander | *     | *           | *  | *      | *           | *  | *    | *           | *  |
| White                                     | 1.8%  | (0.5%-3.1%) | 41 | 2.4%   | (0.1%-4.6%) | 30 | 1.1% | (0.0%-2.1%) | 10 |
| Multiple Races                            | *     | *           | *  | *      | *           | *  | *    | *           | *  |

\*Estimate suppressed due to small cell sizes.

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N = Among students who have ever felt sad or hopeless, the number of students who answered that they got help from a teacher or other school staff member (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (mn215\_2)*

*Among students who have ever felt sad or hopeless, the percentage of students who answered that they got help from a teacher or other school staff member*

|  | Total |              |    | Female |             |    | Male |             |   |
|--|-------|--------------|----|--------|-------------|----|------|-------------|---|
|  | %     | CI           | N  | %      | CI          | N  | %    | CI          | N |
| <b>----Sexual Orientation----</b>        |       |              |    |        |             |    |      |             |   |
| Heterosexual                             | 1.1%  | (0.0%-2.1%)  | 18 | 1.2%   | (0.0%-3.5%) | 11 | 0.9% | (0.0%-1.9%) | 7 |
| Gay/Lesbian                              | *     | *            | *  | *      | *           | *  | *    | *           | * |
| Bisexual                                 | 2.8%  | (0.0%-6.3%)  | 9  | *      | *           | *  | *    | *           | * |
| Described sexual identity some other way | 3.4%  | (0.0%-9.0%)  | 8  | *      | *           | *  | *    | *           | * |
| Questioning                              | 4.4%  | (0.0%-10.0%) | 8  | *      | *           | *  | *    | *           | * |
| Did not understand question              | *     | *            | *  | *      | *           | *  | *    | *           | * |
| <b>----Transgender Identity----</b>      |       |              |    |        |             |    |      |             |   |
| Yes                                      | *     | *            | *  | *      | *           | *  | *    | *           | * |
| No                                       | 1.6%  | (0.3%-2.9%)  | 38 | 2.3%   | (0.1%-4.5%) | 30 | 0.7% | (0.0%-1.5%) | 7 |
| Not Sure                                 | *     | *            | *  | *      | *           | *  | *    | *           | * |
| Did not understand question              | *     | *            | *  | *      | *           | *  | *    | *           | * |
| <b>----LGBTQ----</b>                     |       |              |    |        |             |    |      |             |   |
| Yes                                      | 2.9%  | (1.0%-4.8%)  | 25 | *      | *           | *  | *    | *           | * |
| No                                       | 1.0%  | (0.0%-2.0%)  | 18 | 1.2%   | (0.0%-3.4%) | 11 | 0.8% | (0.0%-1.8%) | 7 |

\*Estimate suppressed due to small cell sizes.

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N = Among students who have ever felt sad or hopeless, the number of students who answered that they got help from a teacher or other school staff member (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (m215)*

|  | Total |               |     | Female |               |     | Male  |               |     |
|--|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|  | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| B. I did feel sad or hopeless but did not seek help        | 37.1% | (34.0%-40.1%) | 991 | 38.3%  | (34.8%-41.8%) | 574 | 35.4% | (28.6%-42.3%) | 396 |
| C. Parent or other adult relative                          | 29.5% | (26.6%-32.4%) | 788 | 24.1%  | (19.5%-28.7%) | 362 | 37.4% | (32.3%-42.5%) | 418 |
| D. Teacher or other school staff member                    | 1.6%  | (0.5%-2.8%)   | 43  | 2.2%   | (0.2%-4.2%)   | 33  | 0.9%  | (0.0%-1.8%)   | 10  |
| E. Other adult   | 1.7%  | (0.7%-2.8%)   | 46  | 1.9%   | (0.5%-3.2%)   | 28  | 1.6%  | (0.5%-2.8%)   | 18  |
| F. Friend or another young person                          | 19.5% | (16.5%-22.4%) | 520 | 21.5%  | (17.5%-25.6%) | 323 | 16.0% | (13.0%-19.0%) | 179 |
| G. Hotline, counselor, or other mental health professional | 6.9%  | (5.9%-8.0%)   | 186 | 8.0%   | (5.6%-10.4%)  | 120 | 5.5%  | (2.7%-8.3%)   | 61  |
| H. Some other person                                       | 3.7%  | (2.2%-5.2%)   | 99  | 4.0%   | (2.2%-5.8%)   | 60  | 3.1%  | (1.2%-5.0%)   | 35  |

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.) (mn209)  
Percentage of students who answered 'Most of the time' or 'Always'*

|   | Total |                |       | Female |                |     | Male  |               |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|---------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI            | N   |
| Total                                     | 31.0% | (28.7%-33.3%)  | 1,252 | 41.9%  | (37.0%-46.9%)  | 800 | 19.8% | (14.0%-25.7%) | 411 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |               |     |
| 12 or younger                             | 28.7% | (24.9%-32.6%)  | 342   | 39.2%  | (30.8%-47.6%)  | 248 | 16.4% | (11.7%-21.0%) | 91  |
| 13  | 29.5% | (25.1%-33.9%)  | 573   | 41.3%  | (36.0%-46.5%)  | 361 | 17.5% | (10.3%-24.7%) | 181 |
| 14 or older                               | 36.6% | (32.2%-41.0%)  | 330   | 47.4%  | (35.9%-58.8%)~ | 188 | 28.8% | (19.4%-38.3%) | 140 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |               |     |
| Grade 7                                   | 29.7% | (25.6%-33.8%)  | 586   | 40.3%  | (34.1%-46.5%)  | 377 | 18.6% | (10.6%-26.6%) | 189 |
| Grade 8                                   | 32.6% | (29.6%-35.6%)  | 664   | 44.0%  | (36.2%-51.7%)  | 419 | 21.3% | (16.6%-26.0%) | 222 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |               |     |
| Hispanic                                  | 37.5% | (28.1%-46.9%)  | 78    | 53.4%  | (36.5%-70.2%)~ | 48  | 19.7% | (8.0%-31.4%)~ | 20  |
| Non-Hispanic                              | 31.2% | (28.7%-33.8%)  | 1,130 | 42.0%  | (36.7%-47.2%)  | 730 | 20.1% | (14.2%-26.0%) | 369 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |               |     |
| American Indian or Alaskan Native         | 45.4% | (22.6%-68.2%)~ | 37    | 44.7%  | (13.4%-76.1%)~ | 23  | 37.3% | (3.0%-71.5%)~ | 9   |
| Asian                                     | 24.7% | (0.0%-51.9%)~  | 9     | *      | *              | *   | *     | *             | *   |
| Black or African American                 | 26.9% | (13.8%-40.0%)~ | 32    | 32.4%  | (4.8%-59.9%)~  | 14  | 23.7% | (8.0%-39.4%)~ | 18  |
| Native Hawaiian or Other Pacific Islander | 35.8% | (0.0%-80.8%)~  | 8     | *      | *              | *   | *     | *             | *   |
| White                                     | 31.1% | (28.8%-33.4%)  | 1,073 | 41.9%  | (37.1%-46.7%)  | 689 | 19.9% | (13.9%-25.9%) | 351 |
| Multiple Races                            | 30.8% | (24.6%-37.0%)  | 88    | 49.2%  | (28.0%-70.4%)~ | 59  | 16.5% | (7.4%-25.6%)  | 25  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.) (mn209)  
Percentage of students who answered 'Most of the time' or 'Always'*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 24.8% | (21.0%-28.5%)  | 699   | 35.2%  | (30.4%-40.0%)  | 415 | 17.0% | (10.0%-24.1%)  | 278 |
| Gay/Lesbian                              | 56.9% | (41.8%-72.0%)~ | 64    | 56.8%  | (39.7%-73.9%)~ | 34  | 53.2% | (23.9%-82.6%)~ | 23  |
| Bisexual                                 | 51.5% | (43.1%-59.8%)  | 207   | 52.7%  | (41.7%-63.6%)~ | 160 | 47.1% | (32.0%-62.3%)~ | 41  |
| Described sexual identity some other way | 51.6% | (42.1%-61.1%)  | 137   | 59.7%  | (39.6%-79.8%)~ | 94  | 34.0% | (22.2%-45.8%)~ | 31  |
| Questioning                              | 47.9% | (37.3%-58.5%)~ | 105   | 52.9%  | (36.7%-69.2%)~ | 80  | 29.3% | (12.0%-46.6%)~ | 18  |
| Did not understand question              | 13.1% | (1.3%-24.8%)~  | 13    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 84.1% | (68.6%-99.6%)~ | 67    | *      | *              | *   | *     | *              | *   |
| No                                       | 29.0% | (26.3%-31.6%)  | 1,071 | 40.0%  | (34.7%-45.3%)  | 688 | 18.9% | (13.1%-24.7%)  | 369 |
| Not Sure                                 | 53.2% | (34.3%-72.0%)~ | 84    | 58.9%  | (38.9%-78.9%)~ | 68  | 18.8% | (0.0%-53.2%)~  | 6   |
| Did not understand question              | 35.1% | (12.4%-57.7%)~ | 26    | 28.0%  | (2.6%-53.4%)~  | 6   | 32.1% | (11.4%-52.7%)~ | 16  |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 51.2% | (47.0%-55.5%)  | 521   | 54.7%  | (47.8%-61.7%)  | 371 | 38.9% | (33.2%-44.7%)  | 113 |
| No                                       | 24.1% | (20.5%-27.8%)  | 719   | 34.7%  | (30.0%-39.3%)  | 422 | 16.7% | (9.9%-23.5%)   | 292 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Have you ever seriously thought about killing yourself? (mn25)*  
*Percentage of students who answered 'Yes'*

|   | Total |                |     | Female |                |     | Male  |                |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 23.6% | (21.6%-25.6%)  | 957 | 30.5%  | (26.6%-34.3%)  | 575 | 16.3% | (14.4%-18.1%)  | 345 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |                |     |
| 12 or younger                             | 21.0% | (18.5%-23.4%)  | 239 | 26.3%  | (22.2%-30.4%)  | 150 | 14.8% | (11.8%-17.8%)  | 83  |
| 13  | 22.9% | (19.7%-26.0%)  | 445 | 30.5%  | (24.9%-36.1%)  | 276 | 14.6% | (11.1%-18.1%)  | 148 |
| 14 or older                               | 27.9% | (24.5%-31.3%)  | 270 | 36.4%  | (31.1%-41.7%)  | 149 | 21.0% | (15.7%-26.2%)  | 114 |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |                |     |
| Grade 7                                   | 22.6% | (20.0%-25.2%)  | 446 | 29.3%  | (25.4%-33.1%)  | 267 | 15.6% | (12.4%-18.8%)  | 162 |
| Grade 8                                   | 24.5% | (21.7%-27.3%)  | 506 | 31.6%  | (26.5%-36.7%)  | 304 | 17.1% | (14.4%-19.7%)  | 183 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |                |     |
| Hispanic                                  | 34.1% | (28.2%-39.9%)  | 67  | 40.5%  | (32.2%-48.9%)  | 37  | 23.8% | (13.5%-34.1%)~ | 24  |
| Non-Hispanic                              | 23.0% | (21.1%-25.0%)  | 839 | 30.1%  | (26.4%-33.7%)  | 515 | 15.8% | (13.6%-18.0%)  | 299 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 30.7% | (19.6%-41.9%)~ | 24  | *      | *              | *   | *     | *              | *   |
| Asian                                     | 45.7% | (22.2%-69.2%)~ | 16  | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 21.9% | (15.5%-28.4%)  | 27  | 21.1%  | (10.0%-32.2%)~ | 11  | 22.6% | (11.7%-33.4%)~ | 16  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| White                                     | 22.6% | (20.3%-24.9%)  | 780 | 29.2%  | (24.6%-33.8%)  | 467 | 16.0% | (14.0%-17.9%)  | 291 |
| Multiple Races                            | 30.7% | (22.8%-38.6%)  | 84  | 40.0%  | (30.7%-49.3%)  | 52  | 18.9% | (9.6%-28.3%)   | 25  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Have you ever seriously thought about killing yourself? (mn25)*  
*Percentage of students who answered 'Yes'*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 16.3% | (14.1%-18.5%)  | 467 | 20.5%  | (16.1%-24.9%)  | 238 | 13.4% | (11.3%-15.4%)  | 227 |
| Gay/Lesbian                              | 43.9% | (32.2%-55.6%)~ | 61  | 42.3%  | (25.7%-58.8%)~ | 30  | 34.0% | (16.8%-51.1%)~ | 19  |
| Bisexual                                 | 50.6% | (44.4%-56.8%)  | 201 | 50.3%  | (41.9%-58.6%)  | 149 | 50.0% | (37.9%-62.1%)~ | 47  |
| Described sexual identity some other way | 52.9% | (45.9%-59.8%)  | 112 | 57.4%  | (48.4%-66.4%)  | 75  | 36.6% | (24.2%-49.0%)~ | 23  |
| Questioning                              | 43.2% | (34.5%-51.8%)  | 96  | 47.0%  | (38.4%-55.6%)  | 76  | 29.6% | (11.6%-47.6%)~ | 17  |
| Did not understand question              | 10.6% | (6.2%-15.0%)   | 12  | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 69.5% | (56.6%-82.5%)~ | 75  | 72.1%  | (57.5%-86.7%)~ | 37  | 62.6% | (42.3%-83.0%)~ | 27  |
| No                                       | 21.3% | (19.2%-23.4%)  | 787 | 28.0%  | (24.3%-31.6%)  | 477 | 15.1% | (13.1%-17.1%)  | 298 |
| Not Sure                                 | 56.3% | (43.7%-68.9%)~ | 74  | 57.6%  | (43.6%-71.6%)~ | 52  | 42.4% | (21.5%-63.3%)~ | 14  |
| Did not understand question              | 20.3% | (14.9%-25.7%)  | 16  | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 48.2% | (44.8%-51.7%)  | 477 | 50.0%  | (45.5%-54.5%)  | 332 | 39.0% | (33.0%-45.0%)  | 111 |
| No                                       | 15.9% | (13.8%-18.0%)  | 480 | 20.1%  | (16.1%-24.2%)  | 243 | 13.0% | (11.0%-15.0%)  | 234 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever tried to kill yourself? (mn27)*  
*Percentage of students who answered 'Yes'*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                     | 10.3% | (8.5%-12.1%)  | 420 | 12.9%  | (9.4%-16.5%)  | 246 | 7.9%  | (6.1%-9.6%)   | 167 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |               |     |
| 12 or younger                             | 9.3%  | (5.6%-13.1%)  | 110 | 10.9%  | (4.1%-17.7%)  | 68  | 7.6%  | (4.7%-10.5%)  | 42  |
| 13  | 8.7%  | (6.2%-11.2%)  | 172 | 11.7%  | (7.1%-16.3%)  | 104 | 5.8%  | (3.0%-8.5%)   | 61  |
| 14 or older                               | 14.9% | (9.9%-19.9%)  | 138 | 18.9%  | (9.1%-28.7%)  | 74  | 12.4% | (8.9%-15.9%)  | 64  |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |               |     |
| Grade 7                                   | 9.8%  | (7.2%-12.4%)  | 195 | 12.2%  | (7.7%-16.6%)  | 113 | 7.3%  | (5.2%-9.4%)   | 76  |
| Grade 8                                   | 10.9% | (8.2%-13.6%)  | 224 | 13.9%  | (8.9%-18.8%)  | 133 | 8.5%  | (5.5%-11.5%)  | 92  |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |               |     |
| Hispanic                                  | 17.2% | (7.4%-27.1%)  | 36  | 17.8%  | (5.4%-30.3%)~ | 17  | 12.1% | (1.3%-22.9%)~ | 12  |
| Non-Hispanic                              | 9.9%  | (7.9%-11.9%)  | 361 | 12.8%  | (9.0%-16.7%)  | 221 | 7.4%  | (5.9%-8.9%)   | 140 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native         | 18.9% | (1.7%-36.2%)~ | 16  | *      | *             | *   | *     | *             | *   |
| Asian                                     | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| Black or African American                 | 8.2%  | (2.1%-14.2%)  | 10  | *      | *             | *   | *     | *             | *   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| White                                     | 9.9%  | (8.0%-11.7%)  | 343 | 12.9%  | (9.3%-16.5%)  | 211 | 7.2%  | (5.7%-8.7%)   | 130 |
| Multiple Races                            | 11.6% | (4.6%-18.7%)  | 33  | 10.4%  | (0.1%-20.6%)~ | 12  | 13.7% | (2.4%-25.0%)~ | 21  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Have you ever tried to kill yourself? (mn27)*  
*Percentage of students who answered 'Yes'*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 6.3%  | (4.4%-8.1%)    | 179 | 7.9%   | (4.3%-11.5%)   | 93  | 5.1%  | (3.3%-6.9%)    | 86  |
| Gay/Lesbian                              | 29.9% | (20.8%-39.1%)  | 35  | 22.5%  | (2.1%-43.0%)~  | 13  | 40.4% | (18.6%-62.2%)~ | 19  |
| Bisexual                                 | 22.9% | (14.9%-30.8%)  | 90  | 25.5%  | (15.5%-35.5%)~ | 76  | 16.3% | (0.0%-33.8%)~  | 14  |
| Described sexual identity some other way | 20.3% | (10.4%-30.1%)  | 54  | 21.1%  | (5.4%-36.7%)~  | 33  | 22.8% | (8.1%-37.4%)~  | 21  |
| Questioning                              | 19.0% | (11.3%-26.6%)  | 41  | 16.9%  | (6.6%-27.2%)~  | 26  | 25.5% | (6.4%-44.7%)~  | 16  |
| Did not understand question              | 6.8%  | (0.0%-16.0%)   | 7   | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 32.3% | (17.5%-47.1%)~ | 26  | 26.0%  | (0.0%-54.7%)~  | 11  | 55.1% | (31.2%-78.9%)~ | 15  |
| No                                       | 9.7%  | (7.8%-11.5%)   | 361 | 12.9%  | (9.4%-16.4%)   | 222 | 6.7%  | (4.8%-8.7%)    | 134 |
| Not Sure                                 | 20.1% | (10.4%-29.7%)  | 28  | 12.2%  | (0.0%-24.7%)~  | 13  | 43.2% | (22.7%-63.8%)~ | 13  |
| Did not understand question              | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 22.1% | (17.1%-27.1%)  | 222 | 22.0%  | (14.0%-30.0%)  | 148 | 24.4% | (18.4%-30.4%)  | 71  |
| No                                       | 6.5%  | (4.5%-8.5%)    | 198 | 8.0%   | (4.5%-11.6%)   | 98  | 5.3%  | (3.5%-7.2%)    | 96  |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever done something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose? (mn28)  
Percentage of students who answered 'Yes'*

|   | Total |                |       | Female |                |     | Male  |               |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|---------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI            | N   |
| Total                                     | 24.9% | (22.3%-27.4%)  | 1,016 | 34.9%  | (30.0%-39.8%)  | 656 | 15.0% | (12.3%-17.8%) | 323 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |               |     |
| 12 or younger                             | 24.7% | (19.6%-29.7%)  | 293   | 33.3%  | (23.7%-43.0%)  | 206 | 14.8% | (10.0%-19.6%) | 84  |
| 13  | 23.8% | (19.3%-28.2%)  | 468   | 33.3%  | (28.2%-38.4%)  | 293 | 14.4% | (8.6%-20.2%)  | 152 |
| 14 or older                               | 27.0% | (23.4%-30.7%)  | 248   | 40.5%  | (33.7%-47.3%)  | 154 | 16.7% | (12.9%-20.4%) | 87  |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |               |     |
| Grade 7                                   | 24.5% | (21.3%-27.8%)  | 488   | 33.5%  | (27.0%-40.0%)  | 309 | 15.4% | (13.2%-17.5%) | 161 |
| Grade 8                                   | 25.3% | (21.8%-28.9%)  | 523   | 36.3%  | (31.5%-41.0%)  | 341 | 15.0% | (10.0%-20.0%) | 162 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |               |     |
| Hispanic                                  | 31.5% | (21.0%-42.1%)~ | 67    | 38.4%  | (26.0%-50.8%)~ | 35  | 19.3% | (4.4%-34.1%)~ | 20  |
| Non-Hispanic                              | 24.2% | (21.5%-26.8%)  | 880   | 34.4%  | (29.5%-39.3%)  | 587 | 14.1% | (11.5%-16.7%) | 268 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |               |     |
| American Indian or Alaskan Native         | 24.2% | (5.1%-43.2%)~  | 21    | 18.5%  | (0.0%-43.3%)~  | 10  | 23.2% | (0.0%-51.1%)~ | 7   |
| Asian                                     | 16.8% | (0.0%-35.9%)~  | 6     | *      | *              | *   | *     | *             | *   |
| Black or African American                 | 19.7% | (9.0%-30.3%)~  | 26    | 31.9%  | (11.7%-52.0%)~ | 15  | 12.6% | (3.5%-21.7%)  | 10  |
| Native Hawaiian or Other Pacific Islander | 35.8% | (0.0%-80.8%)~  | 8     | *      | *              | *   | *     | *             | *   |
| White                                     | 24.9% | (21.9%-27.9%)  | 863   | 35.3%  | (29.0%-41.6%)  | 571 | 14.8% | (12.6%-17.0%) | 269 |
| Multiple Races                            | 27.6% | (13.0%-42.3%)~ | 78    | 36.5%  | (18.0%-55.0%)~ | 42  | 17.4% | (0.4%-34.3%)~ | 27  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever done something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose? (mn28)  
Percentage of students who answered 'Yes'*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 16.8% | (13.6%-20.1%)  | 485 | 25.0%  | (18.7%-31.2%)  | 294 | 11.3% | (8.8%-13.8%)   | 190 |
| Gay/Lesbian                              | 60.0% | (44.2%-75.8%)~ | 69  | 52.4%  | (36.7%-68.2%)~ | 31  | 61.9% | (37.5%-86.3%)~ | 29  |
| Bisexual                                 | 48.2% | (40.8%-55.5%)  | 187 | 53.1%  | (44.4%-61.8%)  | 156 | 29.6% | (8.8%-50.3%)~  | 26  |
| Described sexual identity some other way | 53.4% | (46.5%-60.3%)  | 138 | 61.7%  | (50.9%-72.5%)~ | 92  | 34.5% | (19.4%-49.6%)~ | 31  |
| Questioning                              | 46.5% | (34.8%-58.2%)~ | 99  | 47.3%  | (34.3%-60.3%)~ | 69  | 40.8% | (19.5%-62.1%)~ | 26  |
| Did not understand question              | 14.5% | (0.0%-30.2%)~  | 15  | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 83.9% | (71.5%-96.4%)~ | 67  | *      | *              | *   | *     | *              | *   |
| No                                       | 22.8% | (19.8%-25.8%)  | 849 | 32.9%  | (27.3%-38.6%)  | 558 | 13.9% | (11.2%-16.6%)  | 279 |
| Not Sure                                 | 57.6% | (39.3%-75.8%)~ | 86  | 60.0%  | (41.2%-78.8%)~ | 65  | 52.8% | (13.1%-92.4%)~ | 16  |
| Did not understand question              | 11.0% | (0.7%-21.3%)~  | 9   | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 50.5% | (46.6%-54.3%)  | 502 | 53.7%  | (47.6%-59.8%)  | 351 | 39.7% | (32.0%-47.4%)  | 117 |
| No                                       | 16.9% | (13.3%-20.6%)  | 514 | 25.2%  | (19.3%-31.1%)  | 304 | 11.3% | (8.3%-14.4%)   | 206 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 7 Tobacco**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 30 days, on how many days did you smoke cigarettes? (mn29)*  
*Percentage of students who answered at least 1 day*

|   | Total |              |     | Female |             |    | Male |             |    |
|---|-------|--------------|-----|--------|-------------|----|------|-------------|----|
|   | %     | CI           | N   | %      | CI          | N  | %    | CI          | N  |
| Total                                     | 2.6%  | (2.0%-3.2%)  | 107 | 2.8%   | (1.5%-4.1%) | 55 | 2.1% | (1.2%-3.0%) | 45 |
| <b>----Age----</b>                        |       |              |     |        |             |    |      |             |    |
| 12 or younger                             | 1.9%  | (1.2%-2.6%)  | 22  | 1.5%   | (0.3%-2.8%) | 9  | 2.3% | (0.9%-3.7%) | 13 |
| 13  | 2.5%  | (1.6%-3.3%)  | 49  | 3.0%   | (1.4%-4.7%) | 28 | 1.9% | (0.8%-3.0%) | 19 |
| 14 or older                               | 3.3%  | (0.9%-5.8%)  | 33  | 4.2%   | (0.0%-8.5%) | 17 | 2.3% | (0.1%-4.5%) | 12 |
| <b>----Grade----</b>                      |       |              |     |        |             |    |      |             |    |
| Grade 7                                   | 2.1%  | (1.2%-3.0%)  | 42  | 2.6%   | (1.0%-4.1%) | 24 | 1.7% | (0.6%-2.8%) | 18 |
| Grade 8                                   | 3.1%  | (1.8%-4.3%)  | 64  | 3.1%   | (1.1%-5.1%) | 30 | 2.5% | (1.1%-4.0%) | 27 |
| <b>----Hispanic Ethnicity----</b>         |       |              |     |        |             |    |      |             |    |
| Hispanic                                  | 6.2%  | (2.2%-10.2%) | 12  | *      | *           | *  | *    | *           | *  |
| Non-Hispanic                              | 2.4%  | (1.9%-3.0%)  | 91  | 2.8%   | (1.5%-4.2%) | 50 | 2.0% | (1.3%-2.7%) | 38 |
| <b>----Race----</b>                       |       |              |     |        |             |    |      |             |    |
| American Indian or Alaskan Native         | *     | *            | *   | *      | *           | *  | *    | *           | *  |
| Asian                                     | *     | *            | *   | *      | *           | *  | *    | *           | *  |
| Black or African American                 | *     | *            | *   | *      | *           | *  | *    | *           | *  |
| Native Hawaiian or Other Pacific Islander | *     | *            | *   | *      | *           | *  | *    | *           | *  |
| White                                     | 2.4%  | (1.8%-2.9%)  | 83  | 2.9%   | (1.6%-4.1%) | 47 | 2.0% | (1.2%-2.8%) | 36 |
| Multiple Races                            | 6.5%  | (2.2%-10.9%) | 18  | *      | *           | *  | *    | *           | *  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 30 days, on how many days did you smoke cigarettes? (mn29)*  
*Percentage of students who answered at least 1 day*

|  | Total |               |    | Female |               |    | Male  |               |    |
|--|-------|---------------|----|--------|---------------|----|-------|---------------|----|
|  | %     | CI            | N  | %      | CI            | N  | %     | CI            | N  |
| <b>----Sexual Orientation----</b>        |       |               |    |        |               |    |       |               |    |
| Heterosexual                             | 1.5%  | (0.9%-2.0%)   | 43 | 1.8%   | (0.3%-3.2%)   | 21 | 1.3%  | (0.6%-2.0%)   | 23 |
| Gay/Lesbian                              | 10.1% | (3.8%-16.4%)  | 14 | *      | *             | *  | *     | *             | *  |
| Bisexual                                 | 5.5%  | (2.7%-8.2%)   | 22 | *      | *             | *  | *     | *             | *  |
| Described sexual identity some other way | 5.6%  | (0.2%-11.0%)  | 12 | *      | *             | *  | *     | *             | *  |
| Questioning                              | 2.9%  | (0.5%-5.3%)   | 7  | *      | *             | *  | *     | *             | *  |
| Did not understand question              | *     | *             | *  | *      | *             | *  | *     | *             | *  |
| <b>----Transgender Identity----</b>      |       |               |    |        |               |    |       |               |    |
| Yes                                      | 17.6% | (6.6%-28.7%)~ | 19 | 16.9%  | (3.2%-30.5%)~ | 9  | 21.1% | (0.3%-41.8%)~ | 9  |
| No                                       | 1.9%  | (1.3%-2.5%)   | 71 | 2.2%   | (0.8%-3.6%)   | 38 | 1.6%  | (0.9%-2.4%)   | 32 |
| Not Sure                                 | *     | *             | *  | *      | *             | *  | *     | *             | *  |
| Did not understand question              | 13.6% | (5.1%-22.1%)  | 10 | *      | *             | *  | *     | *             | *  |
| <b>----LGBTQ----</b>                     |       |               |    |        |               |    |       |               |    |
| Yes                                      | 5.5%  | (3.7%-7.2%)   | 56 | 4.6%   | (2.6%-6.5%)   | 31 | 6.0%  | (1.8%-10.2%)  | 17 |
| No                                       | 1.7%  | (1.1%-2.3%)   | 52 | 1.9%   | (0.5%-3.3%)   | 24 | 1.5%  | (0.6%-2.5%)   | 28 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*How old were you when you smoked a whole cigarette for the first time? (mn32)*

*Among students who have smoked a whole cigarette, the percentage of students who answered before age 11*

|   | Total |                |    | Female |                |    | Male  |                |    |
|---|-------|----------------|----|--------|----------------|----|-------|----------------|----|
|   | %     | CI             | N  | %      | CI             | N  | %     | CI             | N  |
| Total                                     | 30.8% | (20.4%-41.2%)~ | 69 | 27.7%  | (11.5%-43.9%)~ | 38 | 34.6% | (7.0%-62.1%)~  | 29 |
| <b>----Age----</b>                        |       |                |    |        |                |    |       |                |    |
| 12 or younger                             | 62.1% | (30.9%-93.4%)~ | 16 | *      | *              | *  | *     | *              | *  |
| 13  | 30.5% | (16.8%-44.2%)~ | 34 | 23.5%  | (3.9%-43.1%)~  | 17 | 40.1% | (0.0%-80.6%)~  | 14 |
| 14 or older                               | 22.4% | (11.3%-33.6%)~ | 19 | *      | *              | *  | *     | *              | *  |
| <b>----Grade----</b>                      |       |                |    |        |                |    |       |                |    |
| Grade 7                                   | 41.9% | (27.7%-56.2%)~ | 38 | 30.1%  | (11.5%-48.7%)~ | 16 | 60.2% | (26.0%-94.5%)~ | 21 |
| Grade 8                                   | 23.9% | (8.5%-39.2%)~  | 32 | 26.2%  | (6.9%-45.5%)~  | 21 | 15.8% | (0.0%-39.2%)~  | 8  |
| <b>----Hispanic Ethnicity----</b>         |       |                |    |        |                |    |       |                |    |
| Hispanic                                  | 59.1% | (20.6%-97.6%)~ | 10 | *      | *              | *  | *     | *              | *  |
| Non-Hispanic                              | 28.9% | (19.3%-38.4%)  | 59 | 25.5%  | (9.4%-41.6%)~  | 33 | 34.5% | (7.0%-62.0%)~  | 27 |
| <b>----Race----</b>                       |       |                |    |        |                |    |       |                |    |
| American Indian or Alaskan Native         | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| Asian                                     | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| Black or African American                 | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| White                                     | 29.2% | (20.6%-37.8%)  | 54 | 29.2%  | (12.8%-45.5%)~ | 33 | 29.2% | (4.0%-54.5%)~  | 22 |
| Multiple Races                            | *     | *              | *  | *      | *              | *  | *     | *              | *  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have smoked a whole cigarette, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*How old were you when you smoked a whole cigarette for the first time? (mn32)*

*Among students who have smoked a whole cigarette, the percentage of students who answered before age 11*

|  | Total |                |    | Female |                |    | Male  |                |    |
|--|-------|----------------|----|--------|----------------|----|-------|----------------|----|
|  | %     | CI             | N  | %      | CI             | N  | %     | CI             | N  |
| <b>----Sexual Orientation----</b>        |       |                |    |        |                |    |       |                |    |
| Heterosexual                             | 31.8% | (18.6%-45.1%)~ | 32 | 21.2%  | (9.9%-32.5%)~  | 12 | 45.7% | (17.5%-73.9%)~ | 20 |
| Gay/Lesbian                              | 29.6% | (0.0%-71.6%)~  | 8  | *      | *              | *  | *     | *              | *  |
| Bisexual                                 | 37.1% | (19.1%-55.2%)~ | 18 | *      | *              | *  | *     | *              | *  |
| Described sexual identity some other way | 26.6% | (0.0%-67.9%)~  | 7  | *      | *              | *  | *     | *              | *  |
| Questioning                              | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| Did not understand question              | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| <b>----Transgender Identity----</b>      |       |                |    |        |                |    |       |                |    |
| Yes                                      | 67.6% | (50.5%-84.8%)~ | 27 | *      | *              | *  | *     | *              | *  |
| No                                       | 23.3% | (12.7%-34.0%)~ | 37 | 18.8%  | (7.4%-30.1%)~  | 18 | 30.1% | (8.1%-52.1%)~  | 19 |
| Not Sure                                 | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| Did not understand question              | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| <b>----LGBTQ----</b>                     |       |                |    |        |                |    |       |                |    |
| Yes                                      | 30.0% | (16.9%-43.0%)~ | 38 | 32.4%  | (11.4%-53.3%)~ | 26 | 22.7% | (0.0%-51.5%)~  | 9  |
| No                                       | 31.8% | (18.6%-45.1%)~ | 32 | 21.2%  | (9.9%-32.5%)~  | 12 | 45.7% | (17.5%-73.9%)~ | 20 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have smoked a whole cigarette, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How old were you when you smoked a whole cigarette for the first time? (mn32\_2)*  
*Percentage of students who answered before age 11*

|   | Total |              |    | Female |             |    | Male |             |    |
|---|-------|--------------|----|--------|-------------|----|------|-------------|----|
|   | %     | CI           | N  | %      | CI          | N  | %    | CI          | N  |
| Total                                     | 1.7%  | (0.9%-2.5%)  | 69 | 2.0%   | (0.8%-3.1%) | 38 | 1.4% | (0.2%-2.5%) | 29 |
| <b>----Age----</b>                        |       |              |    |        |             |    |      |             |    |
| 12 or younger                             | 1.4%  | (0.0%-2.8%)  | 16 | 1.2%   | (0.0%-2.7%) | 7  | 1.6% | (0.0%-3.7%) | 10 |
| 13  | 1.8%  | (0.6%-2.9%)  | 34 | 1.9%   | (0.2%-3.6%) | 17 | 1.4% | (0.0%-3.2%) | 14 |
| 14 or older                               | 1.9%  | (0.3%-3.5%)  | 19 | *      | *           | *  | *    | *           | *  |
| <b>----Grade----</b>                      |       |              |    |        |             |    |      |             |    |
| Grade 7                                   | 1.9%  | (0.7%-3.0%)  | 38 | 1.7%   | (0.2%-3.2%) | 16 | 2.0% | (0.1%-3.9%) | 21 |
| Grade 8                                   | 1.5%  | (0.2%-2.8%)  | 32 | 2.2%   | (0.3%-4.1%) | 21 | 0.7% | (0.0%-1.9%) | 8  |
| <b>----Hispanic Ethnicity----</b>         |       |              |    |        |             |    |      |             |    |
| Hispanic                                  | 5.6%  | (0.0%-12.8%) | 10 | *      | *           | *  | *    | *           | *  |
| Non-Hispanic                              | 1.6%  | (0.9%-2.3%)  | 59 | 1.9%   | (0.7%-3.0%) | 33 | 1.4% | (0.2%-2.6%) | 27 |
| <b>----Race----</b>                       |       |              |    |        |             |    |      |             |    |
| American Indian or Alaskan Native         | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Asian                                     | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Black or African American                 | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Native Hawaiian or Other Pacific Islander | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| White                                     | 1.6%  | (0.9%-2.2%)  | 54 | 2.0%   | (0.8%-3.2%) | 33 | 1.2% | (0.1%-2.2%) | 22 |
| Multiple Races                            | *     | *            | *  | *      | *           | *  | *    | *           | *  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How old were you when you smoked a whole cigarette for the first time? (mn32\_2)*  
*Percentage of students who answered before age 11*

|  | Total |               |    | Female |               |    | Male  |               |    |
|--|-------|---------------|----|--------|---------------|----|-------|---------------|----|
|  | %     | CI            | N  | %      | CI            | N  | %     | CI            | N  |
| <b>----Sexual Orientation----</b>        |       |               |    |        |               |    |       |               |    |
| Heterosexual                             | 1.1%  | (0.4%-1.8%)   | 32 | 1.0%   | (0.2%-1.8%)   | 12 | 1.1%  | (0.2%-2.1%)   | 20 |
| Gay/Lesbian                              | 4.5%  | (0.0%-11.8%)  | 8  | *      | *             | *  | *     | *             | *  |
| Bisexual                                 | 4.4%  | (1.4%-7.4%)   | 18 | *      | *             | *  | *     | *             | *  |
| Described sexual identity some other way | 4.1%  | (0.0%-9.3%)   | 7  | *      | *             | *  | *     | *             | *  |
| Questioning                              | *     | *             | *  | *      | *             | *  | *     | *             | *  |
| Did not understand question              | *     | *             | *  | *      | *             | *  | *     | *             | *  |
| <b>----Transgender Identity----</b>      |       |               |    |        |               |    |       |               |    |
| Yes                                      | 20.1% | (8.8%-31.4%)~ | 27 | 27.3%  | (5.2%-49.3%)~ | 18 | 12.4% | (0.0%-29.6%)~ | 7  |
| No                                       | 1.0%  | (0.4%-1.5%)   | 37 | 1.0%   | (0.4%-1.6%)   | 18 | 1.0%  | (0.2%-1.8%)   | 19 |
| Not Sure                                 | *     | *             | *  | *      | *             | *  | *     | *             | *  |
| Did not understand question              | *     | *             | *  | *      | *             | *  | *     | *             | *  |
| <b>----LGBTQ----</b>                     |       |               |    |        |               |    |       |               |    |
| Yes                                      | 3.8%  | (1.8%-5.8%)   | 38 | 3.8%   | (1.0%-6.6%)   | 26 | 3.3%  | (0.0%-7.1%)   | 9  |
| No                                       | 1.0%  | (0.4%-1.7%)   | 32 | 1.0%   | (0.2%-1.7%)   | 12 | 1.1%  | (0.2%-2.0%)   | 20 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day? (mn36)  
Percentage of students who answered 'No risk' or 'Slight risk'*

|   | Total |                |     | Female |               |     | Male  |                |     |
|---|-------|----------------|-----|--------|---------------|-----|-------|----------------|-----|
|   | %     | CI             | N   | %      | CI            | N   | %     | CI             | N   |
| Total                                     | 16.5% | (14.1%-18.9%)  | 672 | 17.7%  | (14.2%-21.1%) | 336 | 15.5% | (13.0%-17.9%)  | 328 |
| <b>----Age----</b>                        |       |                |     |        |               |     |       |                |     |
| 12 or younger                             | 18.9% | (13.8%-24.1%)  | 214 | 19.1%  | (11.4%-26.8%) | 103 | 18.1% | (12.1%-24.0%)  | 106 |
| 13  | 14.1% | (10.7%-17.6%)  | 272 | 16.6%  | (13.0%-20.3%) | 155 | 11.8% | (7.8%-15.8%)   | 114 |
| 14 or older                               | 18.4% | (13.4%-23.4%)  | 186 | 18.2%  | (9.0%-27.3%)  | 78  | 18.9% | (13.4%-24.4%)  | 108 |
| <b>----Grade----</b>                      |       |                |     |        |               |     |       |                |     |
| Grade 7                                   | 18.3% | (13.4%-23.2%)  | 363 | 21.0%  | (13.5%-28.5%) | 192 | 15.7% | (10.7%-20.7%)  | 165 |
| Grade 8                                   | 14.9% | (11.9%-17.9%)  | 309 | 14.6%  | (9.4%-19.9%)  | 143 | 15.3% | (12.3%-18.3%)  | 163 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |               |     |       |                |     |
| Hispanic                                  | 16.2% | (5.4%-26.9%)~  | 29  | 14.5%  | (2.5%-26.4%)~ | 11  | 18.0% | (4.1%-31.8%)~  | 18  |
| Non-Hispanic                              | 16.3% | (13.1%-19.5%)  | 601 | 18.0%  | (13.6%-22.5%) | 314 | 14.8% | (12.0%-17.6%)  | 281 |
| <b>----Race----</b>                       |       |                |     |        |               |     |       |                |     |
| American Indian or Alaskan Native         | 14.4% | (0.0%-31.9%)~  | 11  | *      | *             | *   | *     | *              | *   |
| Asian                                     | 16.7% | (0.0%-44.2%)~  | 6   | *      | *             | *   | *     | *              | *   |
| Black or African American                 | 34.2% | (23.5%-44.8%)~ | 41  | 32.7%  | (9.4%-56.0%)~ | 18  | 35.3% | (18.2%-52.4%)~ | 23  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *             | *   | *     | *              | *   |
| White                                     | 15.9% | (13.4%-18.5%)  | 554 | 17.8%  | (13.5%-22.2%) | 285 | 14.1% | (12.3%-16.0%)  | 260 |
| Multiple Races                            | 14.2% | (7.4%-21.0%)   | 38  | 15.3%  | (4.2%-26.4%)~ | 22  | 13.3% | (3.9%-22.7%)   | 17  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day? (mn36)  
Percentage of students who answered 'No risk' or 'Slight risk'*

|  | Total |                |     | Female |               |     | Male  |                 |     |
|--|-------|----------------|-----|--------|---------------|-----|-------|-----------------|-----|
|  | %     | CI             | N   | %      | CI            | N   | %     | CI              | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |               |     |       |                 |     |
| Heterosexual                             | 15.1% | (12.6%-17.5%)  | 436 | 17.6%  | (14.0%-21.2%) | 205 | 13.4% | (10.5%-16.4%)   | 232 |
| Gay/Lesbian                              | 29.2% | (8.3%-50.1%)~  | 49  | 25.3%  | (1.1%-49.4%)~ | 21  | 40.4% | (9.8%-71.0%)~   | 28  |
| Bisexual                                 | 17.6% | (9.5%-25.6%)   | 73  | 17.1%  | (7.6%-26.7%)  | 53  | 17.6% | (6.7%-28.4%)~   | 18  |
| Described sexual identity some other way | 11.9% | (4.6%-19.2%)   | 21  | *      | *             | *   | *     | *               | *   |
| Questioning                              | 13.3% | (1.9%-24.8%)~  | 29  | 12.6%  | (0.2%-25.0%)~ | 21  | 15.7% | (0.0%-37.7%)~   | 8   |
| Did not understand question              | 27.0% | (15.1%-38.9%)~ | 33  | 28.7%  | (1.6%-55.9%)~ | 8   | 26.5% | (14.0%-39.0%)~  | 25  |
| <b>----Transgender Identity----</b>      |       |                |     |        |               |     |       |                 |     |
| Yes                                      | 15.9% | (4.2%-27.7%)~  | 22  | 8.7%   | (0.0%-19.8%)  | 6   | 28.2% | (5.7%-50.6%)~   | 16  |
| No                                       | 16.1% | (13.9%-18.4%)  | 597 | 18.3%  | (14.7%-21.9%) | 314 | 14.1% | (12.2%-16.0%)   | 278 |
| Not Sure                                 | 9.7%  | (0.5%-18.9%)   | 12  | *      | *             | *   | *     | *               | *   |
| Did not understand question              | 43.4% | (13.5%-73.3%)~ | 31  | 26.0%  | (0.0%-54.2%)~ | 8   | 61.0% | (15.7%-100.0%)~ | 23  |
| <b>----LGBTQ----</b>                     |       |                |     |        |               |     |       |                 |     |
| Yes                                      | 17.6% | (11.0%-24.2%)  | 176 | 16.2%  | (9.3%-23.1%)  | 110 | 20.8% | (10.2%-31.4%)~  | 57  |
| No                                       | 15.7% | (13.4%-18.0%)  | 475 | 18.2%  | (14.9%-21.5%) | 220 | 14.1% | (11.6%-16.6%)   | 255 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*If you wanted to get some cigarettes, how easy would it be for you to get some? (mn37)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 28.5% | (25.4%-31.6%)  | 1,131 | 29.6%  | (25.0%-34.1%)  | 547 | 27.5% | (23.9%-31.1%)  | 568 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 22.2% | (16.6%-27.8%)  | 242   | 20.4%  | (12.5%-28.3%)  | 104 | 24.2% | (17.9%-30.5%)  | 138 |
| 13  | 26.8% | (22.6%-31.1%)  | 505   | 28.7%  | (23.8%-33.7%)  | 262 | 24.7% | (18.2%-31.3%)  | 233 |
| 14 or older                               | 38.7% | (31.4%-45.9%)  | 384   | 42.3%  | (32.6%-52.0%)  | 181 | 35.7% | (25.5%-45.8%)~ | 197 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 21.8% | (17.7%-25.9%)  | 418   | 20.0%  | (14.3%-25.7%)  | 178 | 23.2% | (19.4%-26.9%)  | 235 |
| Grade 8                                   | 35.1% | (30.5%-39.7%)  | 713   | 38.6%  | (32.4%-44.9%)  | 369 | 31.9% | (26.6%-37.1%)  | 333 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 33.1% | (18.2%-48.0%)~ | 58    | 26.5%  | (14.8%-38.3%)~ | 21  | 36.6% | (14.7%-58.5%)~ | 34  |
| Non-Hispanic                              | 29.1% | (25.4%-32.8%)  | 1,047 | 30.2%  | (25.3%-35.0%)  | 514 | 27.9% | (23.6%-32.2%)  | 520 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 35.2% | (21.0%-49.5%)~ | 26    | *      | *              | *   | *     | *              | *   |
| Asian                                     | 30.1% | (6.2%-53.9%)~  | 11    | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 26.0% | (17.1%-34.9%)  | 31    | 36.1%  | (14.9%-57.4%)~ | 19  | 18.0% | (3.7%-32.3%)~  | 12  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *              | *   |
| White                                     | 29.1% | (25.8%-32.4%)  | 985   | 30.0%  | (24.8%-35.3%)  | 465 | 28.2% | (24.4%-31.9%)  | 507 |
| Multiple Races                            | 21.2% | (11.6%-30.8%)  | 55    | 17.6%  | (7.6%-27.5%)   | 25  | 26.0% | (7.9%-44.1%)~  | 31  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*If you wanted to get some cigarettes, how easy would it be for you to get some? (mn37)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 27.8% | (24.2%-31.4%)  | 788   | 28.5%  | (21.2%-35.8%)  | 323 | 27.4% | (24.7%-30.1%)  | 465 |
| Gay/Lesbian                              | 28.3% | (16.7%-39.8%)~ | 46    | 27.5%  | (19.1%-35.9%)  | 23  | 23.9% | (0.6%-47.3%)~  | 16  |
| Bisexual                                 | 38.4% | (33.0%-43.8%)  | 157   | 36.3%  | (26.6%-46.0%)  | 109 | 48.7% | (32.8%-64.6%)~ | 49  |
| Described sexual identity some other way | 39.5% | (26.9%-52.2%)~ | 67    | 35.0%  | (20.2%-49.9%)~ | 41  | 59.3% | (21.3%-97.4%)~ | 18  |
| Questioning                              | 21.6% | (6.5%-36.7%)~  | 46    | *      | *              | *   | *     | *              | *   |
| Did not understand question              | 12.1% | (1.9%-22.2%)~  | 14    | 21.8%  | (0.0%-48.1%)~  | 6   | 9.2%  | (0.0%-20.6%)~  | 9   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 43.9% | (25.9%-61.9%)~ | 61    | 55.6%  | (36.1%-75.0%)~ | 36  | 37.5% | (7.8%-67.3%)~  | 22  |
| No                                       | 28.2% | (25.0%-31.5%)  | 1,020 | 29.1%  | (23.9%-34.3%)  | 488 | 27.5% | (24.0%-31.0%)  | 527 |
| Not Sure                                 | 22.9% | (10.7%-35.1%)~ | 28    | 19.3%  | (2.2%-36.4%)~  | 15  | 23.0% | (0.3%-45.7%)~  | 8   |
| Did not understand question              | 18.3% | (0.0%-37.5%)~  | 11    | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 33.0% | (27.5%-38.4%)  | 321   | 32.5%  | (25.9%-39.1%)  | 216 | 34.2% | (21.6%-46.7%)~ | 89  |
| No                                       | 27.2% | (23.5%-30.9%)  | 804   | 27.8%  | (20.9%-34.8%)  | 328 | 26.8% | (24.1%-29.4%)  | 476 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you think that you will try a cigarette soon? (mn47)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

|   | Total |                |     | Female |                |     | Male  |                |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 23.7% | (19.6%-27.9%)  | 984 | 25.7%  | (19.5%-31.9%)  | 502 | 21.7% | (18.2%-25.3%)  | 465 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |                |     |
| 12 or younger                             | 19.1% | (14.8%-23.3%)  | 220 | 19.8%  | (13.3%-26.2%)  | 111 | 17.7% | (11.8%-23.6%)  | 104 |
| 13  | 24.0% | (19.1%-28.9%)  | 471 | 28.9%  | (19.9%-37.9%)  | 274 | 19.1% | (14.5%-23.7%)  | 189 |
| 14 or older                               | 28.3% | (21.3%-35.4%)  | 290 | 26.4%  | (16.6%-36.2%)  | 117 | 30.4% | (23.7%-37.0%)  | 173 |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |                |     |
| Grade 7                                   | 20.0% | (16.0%-24.0%)  | 404 | 22.7%  | (15.9%-29.5%)  | 216 | 17.0% | (13.0%-21.0%)  | 180 |
| Grade 8                                   | 27.2% | (21.7%-32.7%)  | 573 | 28.2%  | (20.5%-35.9%)  | 282 | 26.5% | (20.1%-33.0%)  | 285 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |                |     |
| Hispanic                                  | 27.3% | (16.0%-38.6%)~ | 50  | 35.9%  | (22.7%-49.1%)~ | 29  | 18.1% | (6.3%-29.9%)~  | 18  |
| Non-Hispanic                              | 24.1% | (19.6%-28.6%)  | 900 | 25.5%  | (18.8%-32.2%)  | 455 | 22.7% | (18.8%-26.7%)  | 437 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 38.3% | (17.4%-59.2%)~ | 30  | 42.5%  | (18.3%-66.7%)~ | 19  | 38.0% | (13.6%-62.4%)~ | 11  |
| Asian                                     | 27.0% | (0.0%-62.6%)~  | 10  | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 18.9% | (9.7%-28.1%)   | 23  | 28.5%  | (5.1%-52.0%)~  | 16  | 10.5% | (0.1%-20.9%)~  | 7   |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| White                                     | 22.9% | (18.5%-27.4%)  | 809 | 24.8%  | (17.6%-32.0%)  | 405 | 21.3% | (17.2%-25.4%)  | 396 |
| Multiple Races                            | 28.4% | (18.2%-38.5%)~ | 77  | 32.1%  | (21.6%-42.6%)~ | 47  | 24.6% | (8.5%-40.7%)~  | 30  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you think that you will try a cigarette soon? (mn47)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 20.4% | (16.6%-24.2%)  | 599 | 20.5%  | (14.6%-26.3%)  | 246 | 20.4% | (16.7%-24.1%)  | 353 |
| Gay/Lesbian                              | 33.0% | (20.4%-45.6%)~ | 55  | 26.6%  | (8.9%-44.4%)~  | 22  | 40.1% | (22.2%-58.1%)~ | 27  |
| Bisexual                                 | 38.4% | (28.1%-48.8%)~ | 161 | 38.8%  | (26.3%-51.2%)~ | 118 | 38.4% | (19.2%-57.6%)~ | 40  |
| Described sexual identity some other way | 37.9% | (27.6%-48.3%)~ | 68  | 40.2%  | (29.2%-51.2%)~ | 49  | 29.7% | (4.0%-55.4%)~  | 10  |
| Questioning                              | 29.6% | (21.0%-38.2%)  | 66  | 30.7%  | (23.2%-38.2%)  | 53  | 25.9% | (0.6%-51.1%)~  | 13  |
| Did not understand question              | 13.0% | (3.4%-22.7%)   | 17  | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 51.9% | (37.0%-66.8%)~ | 72  | 55.7%  | (37.6%-73.9%)~ | 36  | 56.4% | (25.5%-87.3%)~ | 33  |
| No                                       | 22.2% | (18.2%-26.1%)  | 834 | 24.3%  | (18.4%-30.3%)  | 431 | 20.3% | (16.9%-23.7%)  | 401 |
| Not Sure                                 | 33.1% | (18.9%-47.2%)~ | 42  | 26.0%  | (3.2%-48.8%)~  | 20  | 35.0% | (7.3%-62.7%)~  | 13  |
| Did not understand question              | 32.9% | (4.2%-61.5%)~  | 25  | 40.1%  | (0.0%-87.8%)~  | 12  | 23.7% | (2.0%-45.3%)~  | 10  |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 35.2% | (28.9%-41.5%)  | 354 | 35.5%  | (27.4%-43.6%)  | 242 | 34.4% | (23.8%-45.0%)~ | 95  |
| No                                       | 20.3% | (16.4%-24.1%)  | 625 | 20.6%  | (14.6%-26.6%)  | 259 | 20.1% | (16.6%-23.5%)  | 366 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Do you think you will smoke a cigarette at any time during the next year? (mn48)*  
*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

|   | Total |                |     | Female |                |     | Male  |               |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|---------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI            | N   |
| Total                                     | 19.7% | (16.8%-22.5%)  | 812 | 22.4%  | (16.7%-28.1%)  | 437 | 17.0% | (14.3%-19.6%) | 362 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |               |     |
| 12 or younger                             | 14.2% | (10.1%-18.3%)  | 165 | 17.0%  | (9.1%-24.9%)   | 95  | 11.3% | (7.1%-15.4%)  | 66  |
| 13  | 19.1% | (16.2%-22.1%)  | 372 | 22.1%  | (15.8%-28.4%)  | 209 | 16.0% | (11.4%-20.6%) | 156 |
| 14 or older                               | 26.6% | (18.6%-34.7%)  | 273 | 30.0%  | (18.5%-41.4%)~ | 132 | 24.6% | (15.6%-33.5%) | 140 |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |               |     |
| Grade 7                                   | 16.1% | (13.0%-19.1%)  | 324 | 18.3%  | (12.0%-24.5%)  | 173 | 13.5% | (9.6%-17.5%)  | 143 |
| Grade 8                                   | 22.9% | (17.6%-28.3%)  | 482 | 26.1%  | (17.8%-34.3%)  | 260 | 20.5% | (13.9%-27.0%) | 219 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |               |     |
| Hispanic                                  | 24.4% | (12.8%-36.0%)~ | 45  | 29.5%  | (16.3%-42.7%)~ | 24  | 18.1% | (6.3%-29.9%)~ | 18  |
| Non-Hispanic                              | 20.1% | (17.2%-23.0%)  | 749 | 22.4%  | (16.6%-28.3%)  | 400 | 17.8% | (14.8%-20.8%) | 341 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |               |     |
| American Indian or Alaskan Native         | 17.0% | (6.7%-27.4%)~  | 13  | *      | *              | *   | *     | *             | *   |
| Asian                                     | 32.6% | (0.0%-74.6%)~  | 12  | *      | *              | *   | *     | *             | *   |
| Black or African American                 | 10.9% | (4.2%-17.5%)   | 13  | 11.7%  | (0.0%-23.4%)~  | 7   | 10.1% | (0.9%-19.3%)  | 7   |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *              | *   | *     | *             | *   |
| White                                     | 19.7% | (16.1%-23.2%)  | 690 | 23.2%  | (15.9%-30.5%)  | 378 | 16.4% | (13.3%-19.6%) | 304 |
| Multiple Races                            | 20.7% | (12.4%-28.9%)  | 56  | 20.0%  | (10.7%-29.2%)  | 29  | 21.9% | (7.0%-36.8%)~ | 27  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Do you think you will smoke a cigarette at any time during the next year? (mn48)*  
*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 16.2% | (13.3%-19.0%)  | 473 | 16.8%  | (11.0%-22.7%)  | 201 | 15.8% | (13.3%-18.2%)  | 272 |
| Gay/Lesbian                              | 31.0% | (18.4%-43.5%)~ | 51  | 29.3%  | (9.8%-48.8%)~  | 24  | 32.1% | (11.8%-52.3%)~ | 22  |
| Bisexual                                 | 35.8% | (25.9%-45.7%)  | 150 | 38.2%  | (27.5%-48.9%)~ | 116 | 32.5% | (12.4%-52.6%)~ | 33  |
| Described sexual identity some other way | 32.1% | (20.3%-43.9%)~ | 57  | 35.6%  | (23.3%-47.8%)~ | 44  | 16.4% | (0.0%-51.6%)~  | 6   |
| Questioning                              | 26.2% | (16.7%-35.7%)  | 59  | 27.9%  | (20.3%-35.5%)  | 48  | 20.2% | (0.0%-45.5%)~  | 10  |
| Did not understand question              | 14.9% | (6.3%-23.5%)   | 20  | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 52.8% | (37.9%-67.6%)~ | 73  | 67.9%  | (50.3%-85.5%)~ | 44  | 44.7% | (17.8%-71.6%)~ | 26  |
| No                                       | 18.0% | (15.0%-20.9%)  | 674 | 20.5%  | (14.8%-26.3%)  | 362 | 15.7% | (13.4%-18.1%)  | 309 |
| Not Sure                                 | 32.4% | (23.1%-41.7%)  | 41  | 29.1%  | (12.4%-45.7%)~ | 23  | 35.0% | (7.3%-62.7%)~  | 13  |
| Did not understand question              | 20.1% | (1.2%-39.1%)~  | 16  | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 32.0% | (26.5%-37.4%)  | 322 | 34.0%  | (26.4%-41.7%)  | 232 | 27.5% | (13.5%-41.5%)~ | 76  |
| No                                       | 15.9% | (13.3%-18.5%)  | 488 | 16.3%  | (10.7%-21.9%)  | 204 | 15.6% | (13.3%-18.0%)  | 284 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Do you think you will smoke a cigarette at any time during the next year? (mn48\_2)*  
*Percentage of students who answered 'I definitely will not'*

|   | Total |                 |       | Female |                 |       | Male  |                |       |
|---|-------|-----------------|-------|--------|-----------------|-------|-------|----------------|-------|
|   | %     | CI              | N     | %      | CI              | N     | %     | CI             | N     |
| Total                                     | 80.3% | (77.5%-83.2%)   | 3,320 | 77.6%  | (71.9%-83.3%)   | 1,512 | 83.0% | (80.4%-85.7%)  | 1,771 |
| <b>----Age----</b>                        |       |                 |       |        |                 |       |       |                |       |
| 12 or younger                             | 85.8% | (81.7%-89.9%)   | 993   | 83.0%  | (75.1%-90.9%)   | 465   | 88.7% | (84.6%-92.9%)  | 523   |
| 13  | 80.9% | (77.9%-83.8%)   | 1,574 | 77.9%  | (71.6%-84.2%)   | 735   | 84.0% | (79.4%-88.6%)  | 819   |
| 14 or older                               | 73.4% | (65.3%-81.4%)   | 750   | 70.0%  | (58.6%-81.5%)~  | 310   | 75.4% | (66.5%-84.4%)  | 430   |
| <b>----Grade----</b>                      |       |                 |       |        |                 |       |       |                |       |
| Grade 7                                   | 83.9% | (80.9%-87.0%)   | 1,693 | 81.7%  | (75.5%-88.0%)   | 772   | 86.5% | (82.5%-90.4%)  | 913   |
| Grade 8                                   | 77.1% | (71.7%-82.4%)   | 1,618 | 73.9%  | (65.7%-82.2%)   | 738   | 79.5% | (73.0%-86.1%)  | 851   |
| <b>----Hispanic Ethnicity----</b>         |       |                 |       |        |                 |       |       |                |       |
| Hispanic                                  | 75.6% | (64.0%-87.2%)~  | 138   | 70.5%  | (57.3%-83.7%)~  | 58    | 81.9% | (70.1%-93.7%)~ | 80    |
| Non-Hispanic                              | 79.9% | (77.0%-82.8%)   | 2,977 | 77.6%  | (71.7%-83.4%)   | 1,380 | 82.2% | (79.2%-85.2%)  | 1,574 |
| <b>----Race----</b>                       |       |                 |       |        |                 |       |       |                |       |
| American Indian or Alaskan Native         | 83.0% | (72.6%-93.3%)~  | 64    | *      | *               | *     | *     | *              | *     |
| Asian                                     | 67.4% | (25.4%-100.0%)~ | 24    | *      | *               | *     | *     | *              | *     |
| Black or African American                 | 89.1% | (82.5%-95.8%)   | 109   | 88.3%  | (76.6%-100.0%)~ | 50    | 89.9% | (80.7%-99.1%)  | 59    |
| Native Hawaiian or Other Pacific Islander | *     | *               | *     | *      | *               | *     | *     | *              | *     |
| White                                     | 80.3% | (76.8%-83.9%)   | 2,823 | 76.8%  | (69.5%-84.1%)   | 1,252 | 83.6% | (80.4%-86.7%)  | 1,544 |
| Multiple Races                            | 79.3% | (71.1%-87.6%)   | 216   | 80.0%  | (70.8%-89.3%)   | 116   | 78.1% | (63.2%-93.0%)~ | 97    |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'I definitely will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Do you think you will smoke a cigarette at any time during the next year? (mn48\_2)*  
*Percentage of students who answered 'I definitely will not'*

|  | Total |                |       | Female |                |       | Male  |                 |       |
|--|-------|----------------|-------|--------|----------------|-------|-------|-----------------|-------|
|  | %     | CI             | N     | %      | CI             | N     | %     | CI              | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |       |       |                 |       |
| Heterosexual                             | 83.8% | (81.0%-86.7%)  | 2,451 | 83.2%  | (77.3%-89.0%)  | 997   | 84.2% | (81.8%-86.7%)   | 1,452 |
| Gay/Lesbian                              | 69.0% | (56.5%-81.6%)~ | 115   | 70.7%  | (51.2%-90.2%)~ | 58    | 67.9% | (47.7%-88.2%)~  | 47    |
| Bisexual                                 | 64.2% | (54.3%-74.1%)  | 268   | 61.8%  | (51.1%-72.5%)~ | 188   | 67.5% | (47.4%-87.6%)~  | 70    |
| Described sexual identity some other way | 67.9% | (56.1%-79.7%)~ | 121   | 64.4%  | (52.2%-76.7%)~ | 79    | 83.6% | (48.4%-100.0%)~ | 29    |
| Questioning                              | 73.8% | (64.3%-83.3%)  | 165   | 72.1%  | (64.5%-79.7%)  | 125   | 79.8% | (54.5%-100.0%)~ | 40    |
| Did not understand question              | 85.1% | (76.5%-93.7%)  | 113   | *      | *              | *     | *     | *               | *     |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |       |       |                 |       |
| Yes                                      | 47.2% | (32.4%-62.1%)~ | 65    | 32.1%  | (14.5%-49.7%)~ | 21    | 55.3% | (28.4%-82.2%)~  | 32    |
| No                                       | 82.0% | (79.1%-85.0%)  | 3,075 | 79.5%  | (73.7%-85.2%)  | 1,402 | 84.3% | (81.9%-86.6%)   | 1,656 |
| Not Sure                                 | 67.6% | (58.3%-76.9%)  | 85    | 70.9%  | (54.3%-87.6%)~ | 55    | 65.0% | (37.3%-92.7%)~  | 24    |
| Did not understand question              | 79.9% | (60.9%-98.8%)~ | 62    | *      | *              | *     | *     | *               | *     |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |       |       |                 |       |
| Yes                                      | 68.0% | (62.6%-73.5%)  | 685   | 66.0%  | (58.3%-73.6%)  | 450   | 72.5% | (58.5%-86.5%)~  | 200   |
| No                                       | 84.1% | (81.5%-86.7%)  | 2,580 | 83.7%  | (78.1%-89.3%)  | 1,048 | 84.4% | (82.0%-86.7%)   | 1,530 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I definitely will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*If one of your closest friends offered you a cigarette, would you smoke it? (mn51a)*  
*Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

|   | Total |                |       | Female |                |     | Male  |               |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|---------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI            | N   |
| Total                                     | 28.5% | (25.4%-31.7%)  | 1,179 | 34.0%  | (29.5%-38.4%)  | 661 | 23.1% | (19.1%-27.1%) | 494 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |               |     |
| 12 or younger                             | 24.2% | (20.0%-28.4%)  | 279   | 27.9%  | (19.2%-36.6%)  | 155 | 19.6% | (15.1%-24.2%) | 115 |
| 13  | 29.3% | (25.5%-33.0%)  | 574   | 36.0%  | (30.0%-41.9%)  | 341 | 22.1% | (17.8%-26.4%) | 217 |
| 14 or older                               | 32.0% | (23.9%-40.1%)  | 325   | 37.2%  | (24.0%-50.4%)~ | 163 | 28.5% | (19.9%-37.1%) | 162 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |               |     |
| Grade 7                                   | 24.3% | (21.7%-27.0%)  | 489   | 29.6%  | (23.3%-35.9%)  | 278 | 18.8% | (14.6%-22.9%) | 197 |
| Grade 8                                   | 32.5% | (26.4%-38.7%)  | 686   | 37.9%  | (29.4%-46.4%)  | 379 | 27.5% | (19.8%-35.2%) | 296 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |               |     |
| Hispanic                                  | 27.4% | (13.1%-41.8%)~ | 51    | 34.3%  | (12.0%-56.5%)~ | 28  | 20.0% | (8.8%-31.2%)~ | 20  |
| Non-Hispanic                              | 29.3% | (25.8%-32.8%)  | 1,091 | 34.4%  | (29.6%-39.1%)  | 610 | 24.3% | (19.7%-28.9%) | 465 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |               |     |
| American Indian or Alaskan Native         | 39.9% | (23.8%-55.9%)~ | 31    | 44.7%  | (23.8%-65.6%)~ | 20  | 22.3% | (2.4%-42.3%)~ | 6   |
| Asian                                     | 25.0% | (0.0%-58.7%)~  | 9     | *      | *              | *   | *     | *             | *   |
| Black or African American                 | 19.1% | (10.7%-27.4%)  | 23    | 20.7%  | (8.7%-32.7%)~  | 12  | 17.7% | (3.4%-32.0%)~ | 12  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *             | *   |
| White                                     | 28.7% | (25.3%-32.1%)  | 1,009 | 34.2%  | (28.5%-39.9%)  | 556 | 23.7% | (19.5%-27.9%) | 440 |
| Multiple Races                            | 30.9% | (22.3%-39.6%)  | 84    | 41.1%  | (31.2%-51.1%)  | 60  | 19.5% | (3.2%-35.8%)~ | 24  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*If one of your closest friends offered you a cigarette, would you smoke it? (mn51a)*  
*Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 24.9% | (21.5%-28.3%)  | 728   | 28.5%  | (23.4%-33.7%)  | 340 | 22.4% | (18.8%-26.0%)  | 388 |
| Gay/Lesbian                              | 38.5% | (20.7%-56.3%)~ | 62    | 42.7%  | (19.6%-65.9%)~ | 35  | 30.6% | (11.9%-49.4%)~ | 19  |
| Bisexual                                 | 43.4% | (33.6%-53.2%)  | 181   | 46.8%  | (35.4%-58.2%)~ | 144 | 31.9% | (15.5%-48.2%)~ | 32  |
| Described sexual identity some other way | 46.8% | (35.6%-58.0%)~ | 84    | 46.6%  | (35.6%-57.6%)~ | 57  | 45.8% | (9.6%-82.0%)~  | 16  |
| Questioning                              | 43.0% | (31.9%-54.1%)~ | 96    | 44.7%  | (34.9%-54.5%)  | 78  | 37.1% | (11.1%-63.1%)~ | 18  |
| Did not understand question              | 13.1% | (0.9%-25.3%)~  | 18    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 54.4% | (39.6%-69.2%)~ | 72    | 67.7%  | (48.9%-86.5%)~ | 44  | 39.4% | (13.5%-65.4%)~ | 21  |
| No                                       | 27.1% | (23.7%-30.5%)  | 1,018 | 32.6%  | (27.8%-37.4%)  | 574 | 22.2% | (18.7%-25.8%)  | 438 |
| Not Sure                                 | 49.8% | (35.8%-63.9%)~ | 63    | 46.2%  | (30.6%-61.8%)~ | 36  | 42.6% | (11.0%-74.2%)~ | 16  |
| Did not understand question              | 19.9% | (0.0%-41.6%)~  | 15    | 24.5%  | (0.0%-50.9%)~  | 7   | 17.9% | (0.0%-39.3%)~  | 8   |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 42.7% | (34.9%-50.6%)  | 428   | 45.8%  | (38.0%-53.5%)  | 314 | 33.7% | (19.7%-47.7%)~ | 90  |
| No                                       | 24.3% | (20.8%-27.7%)  | 746   | 27.9%  | (22.7%-33.1%)  | 348 | 21.8% | (18.4%-25.3%)  | 399 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How wrong do your friends feel it would be for you to smoke cigarettes? (mn172)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|   | Total |                |     | Female |                |     | Male  |                |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 19.2% | (16.5%-21.9%)  | 769 | 20.0%  | (14.9%-25.1%)  | 378 | 18.6% | (15.0%-22.2%)  | 383 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |                |     |
| 12 or younger                             | 14.2% | (10.7%-17.6%)  | 158 | 12.0%  | (7.5%-16.5%)   | 63  | 15.4% | (10.2%-20.7%)  | 90  |
| 13  | 19.9% | (16.1%-23.7%)  | 373 | 23.7%  | (16.8%-30.6%)  | 218 | 16.4% | (12.9%-19.9%)  | 153 |
| 14 or older                               | 23.7% | (15.8%-31.6%)  | 238 | 22.1%  | (12.2%-31.9%)  | 96  | 25.5% | (14.0%-37.0%)~ | 141 |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |                |     |
| Grade 7                                   | 16.0% | (13.5%-18.5%)  | 310 | 17.0%  | (11.2%-22.7%)  | 153 | 14.8% | (10.6%-19.1%)  | 152 |
| Grade 8                                   | 22.3% | (16.7%-27.8%)  | 455 | 22.6%  | (13.6%-31.5%)  | 220 | 22.4% | (16.3%-28.6%)  | 232 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |                |     |
| Hispanic                                  | 30.2% | (20.0%-40.4%)~ | 53  | 24.5%  | (13.2%-35.7%)~ | 20  | 33.3% | (16.5%-50.1%)~ | 30  |
| Non-Hispanic                              | 19.3% | (16.2%-22.4%)  | 696 | 20.4%  | (14.7%-26.1%)  | 350 | 18.3% | (14.5%-22.1%)  | 341 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 21.2% | (7.0%-35.4%)~  | 16  | *      | *              | *   | *     | *              | *   |
| Asian                                     | 41.6% | (16.5%-66.7%)~ | 15  | 33.8%  | (10.5%-57.0%)~ | 6   | 49.5% | (0.0%-100.0%)~ | 6   |
| Black or African American                 | 8.2%  | (2.3%-14.1%)   | 10  | *      | *              | *   | *     | *              | *   |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| White                                     | 19.1% | (16.2%-22.0%)  | 651 | 19.9%  | (13.9%-25.8%)  | 313 | 18.5% | (14.7%-22.4%)  | 332 |
| Multiple Races                            | 22.6% | (12.9%-32.3%)  | 61  | 24.6%  | (13.4%-35.7%)~ | 36  | 20.7% | (7.9%-33.6%)~  | 25  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How wrong do your friends feel it would be for you to smoke cigarettes? (mn172)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 15.7% | (13.0%-18.3%)  | 447 | 14.2%  | (9.0%-19.3%)   | 164 | 16.7% | (13.2%-20.3%)  | 283 |
| Gay/Lesbian                              | 35.7% | (21.4%-49.9%)~ | 59  | 35.1%  | (22.4%-47.7%)~ | 29  | 40.5% | (16.1%-64.9%)~ | 28  |
| Bisexual                                 | 29.1% | (22.0%-36.2%)  | 119 | 31.9%  | (22.2%-41.6%)  | 96  | 23.4% | (5.4%-41.5%)~  | 22  |
| Described sexual identity some other way | 31.3% | (20.0%-42.6%)~ | 54  | 36.8%  | (20.1%-53.4%)~ | 42  | 16.4% | (0.0%-51.6%)~  | 6   |
| Questioning                              | 29.9% | (22.5%-37.3%)  | 65  | 25.5%  | (18.7%-32.2%)  | 44  | 46.0% | (25.2%-66.9%)~ | 22  |
| Did not understand question              | 19.6% | (8.9%-30.2%)~  | 23  | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 60.6% | (46.5%-74.7%)~ | 82  | 81.3%  | (68.8%-93.8%)~ | 53  | 47.8% | (18.3%-77.3%)~ | 27  |
| No                                       | 17.2% | (14.3%-20.1%)  | 624 | 17.0%  | (11.7%-22.2%)  | 289 | 17.4% | (13.9%-20.9%)  | 332 |
| Not Sure                                 | 24.6% | (14.2%-34.9%)~ | 30  | 26.2%  | (8.5%-44.0%)~  | 20  | 21.3% | (0.0%-44.4%)~  | 8   |
| Did not understand question              | 33.4% | (19.6%-47.1%)~ | 24  | 43.5%  | (24.8%-62.2%)~ | 13  | 27.8% | (3.0%-52.6%)~  | 11  |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 30.4% | (25.1%-35.7%)  | 299 | 31.5%  | (25.4%-37.6%)  | 211 | 30.1% | (13.8%-46.4%)~ | 80  |
| No                                       | 15.6% | (13.1%-18.1%)  | 462 | 13.9%  | (8.8%-18.9%)   | 166 | 16.8% | (13.5%-20.0%)  | 295 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, on how many days were you in the same car with someone who was smoking cigarettes? (mn56a)  
Percentage of students who answered at least 1 day*

|   | Total |                |     | Female |                |     | Male  |                |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 21.0% | (18.5%-23.6%)  | 857 | 22.4%  | (18.6%-26.2%)  | 430 | 19.3% | (15.9%-22.7%)  | 406 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |                |     |
| 12 or younger                             | 16.0% | (10.0%-22.0%)  | 181 | 15.1%  | (7.9%-22.3%)   | 82  | 16.6% | (9.3%-23.9%)   | 96  |
| 13  | 22.5% | (18.3%-26.8%)  | 436 | 24.2%  | (18.8%-29.7%)  | 225 | 20.4% | (12.5%-28.4%)  | 200 |
| 14 or older                               | 23.7% | (18.5%-28.9%)  | 237 | 27.7%  | (20.7%-34.8%)  | 122 | 20.0% | (11.3%-28.6%)  | 110 |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |                |     |
| Grade 7                                   | 20.0% | (16.7%-23.2%)  | 397 | 19.9%  | (14.1%-25.7%)  | 184 | 19.6% | (15.8%-23.3%)  | 205 |
| Grade 8                                   | 22.1% | (19.3%-24.8%)  | 457 | 24.9%  | (21.2%-28.5%)  | 245 | 19.1% | (14.9%-23.3%)  | 201 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |                |     |
| Hispanic                                  | 27.5% | (13.2%-41.8%)~ | 50  | 27.5%  | (11.2%-43.8%)~ | 22  | 25.5% | (8.4%-42.6%)~  | 25  |
| Non-Hispanic                              | 20.3% | (18.1%-22.5%)  | 745 | 21.5%  | (17.7%-25.2%)  | 377 | 18.9% | (15.2%-22.6%)  | 355 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 24.0% | (8.9%-39.2%)~  | 19  | 27.1%  | (0.0%-55.9%)~  | 12  | 23.2% | (0.0%-48.9%)~  | 7   |
| Asian                                     | 21.5% | (0.0%-52.3%)~  | 8   | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 12.3% | (5.1%-19.6%)   | 15  | *      | *              | *   | *     | *              | *   |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| White                                     | 21.4% | (18.7%-24.2%)  | 744 | 23.6%  | (19.6%-27.5%)  | 377 | 19.2% | (15.5%-23.0%)  | 354 |
| Multiple Races                            | 24.2% | (16.2%-32.2%)  | 65  | 22.5%  | (12.2%-32.8%)~ | 33  | 24.6% | (11.0%-38.2%)~ | 29  |

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, on how many days were you in the same car with someone who was smoking cigarettes? (mn56a)  
Percentage of students who answered at least 1 day*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 18.6% | (15.8%-21.5%)  | 540 | 18.9%  | (14.4%-23.4%)  | 224 | 18.3% | (14.6%-22.1%)  | 314 |
| Gay/Lesbian                              | 34.3% | (20.9%-47.6%)~ | 54  | 33.4%  | (5.8%-61.1%)~  | 28  | 26.8% | (9.6%-44.0%)~  | 16  |
| Bisexual                                 | 35.1% | (26.8%-43.4%)  | 146 | 36.8%  | (28.2%-45.4%)  | 111 | 33.8% | (15.8%-51.8%)~ | 35  |
| Described sexual identity some other way | 22.1% | (10.8%-33.5%)~ | 40  | 17.6%  | (3.4%-31.9%)~  | 22  | 28.7% | (2.4%-55.0%)~  | 10  |
| Questioning                              | 18.7% | (5.7%-31.6%)~  | 40  | *      | *              | *   | *     | *              | *   |
| Did not understand question              | 20.0% | (9.2%-30.8%)~  | 26  | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 32.7% | (13.4%-52.1%)~ | 44  | 30.0%  | (5.5%-54.4%)~  | 20  | 40.4% | (14.6%-66.2%)~ | 21  |
| No                                       | 20.2% | (17.5%-22.8%)  | 748 | 21.7%  | (17.7%-25.8%)  | 377 | 18.6% | (15.2%-22.0%)  | 363 |
| Not Sure                                 | 33.8% | (17.5%-50.2%)~ | 42  | 36.1%  | (11.8%-60.4%)~ | 28  | 24.2% | (0.0%-53.2%)~  | 8   |
| Did not understand question              | 27.2% | (11.4%-43.0%)~ | 18  | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 28.3% | (22.1%-34.6%)  | 280 | 29.5%  | (21.1%-37.8%)  | 198 | 23.6% | (13.2%-34.0%)~ | 63  |
| No                                       | 18.7% | (16.0%-21.5%)  | 568 | 18.8%  | (14.2%-23.4%)  | 231 | 18.6% | (15.0%-22.2%)  | 334 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes? (mn33a)  
Percentage of students who answered at least 1 day*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 25.0% | (20.2%-29.8%)  | 1,021 | 27.2%  | (21.4%-33.1%)  | 522 | 23.0% | (16.9%-29.0%)  | 485 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 20.0% | (15.3%-24.8%)  | 228   | 23.8%  | (17.1%-30.4%)  | 130 | 16.8% | (11.1%-22.6%)  | 98  |
| 13  | 25.3% | (21.2%-29.3%)  | 489   | 27.6%  | (21.2%-34.0%)  | 257 | 22.9% | (16.9%-29.0%)  | 223 |
| 14 or older                               | 30.1% | (19.8%-40.3%)~ | 301   | 30.4%  | (20.6%-40.2%)  | 133 | 29.4% | (15.1%-43.7%)~ | 163 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 22.4% | (18.3%-26.4%)  | 444   | 25.8%  | (19.9%-31.7%)  | 238 | 19.4% | (15.2%-23.6%)  | 204 |
| Grade 8                                   | 27.5% | (21.2%-33.8%)  | 572   | 28.3%  | (21.3%-35.2%)  | 280 | 26.6% | (18.1%-35.2%)  | 281 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 30.7% | (16.5%-44.9%)~ | 55    | 41.1%  | (25.6%-56.5%)~ | 32  | 20.5% | (3.7%-37.3%)~  | 20  |
| Non-Hispanic                              | 24.6% | (19.8%-29.4%)  | 905   | 25.9%  | (20.4%-31.4%)  | 456 | 23.2% | (17.1%-29.3%)  | 439 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 49.2% | (31.5%-67.0%)~ | 38    | 66.8%  | (47.3%-86.3%)~ | 30  | 29.8% | (4.3%-55.2%)~  | 8   |
| Asian                                     | 19.5% | (0.0%-49.3%)~  | 7     | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 17.8% | (4.8%-30.7%)~  | 21    | 25.3%  | (2.8%-47.9%)~  | 14  | 11.4% | (1.4%-21.3%)   | 7   |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *              | *   |
| White                                     | 24.6% | (19.5%-29.8%)  | 858   | 26.6%  | (19.9%-33.2%)  | 426 | 22.8% | (16.2%-29.4%)  | 421 |
| Multiple Races                            | 28.3% | (18.6%-38.0%)  | 75    | 27.0%  | (15.5%-38.5%)~ | 39  | 30.6% | (12.8%-48.5%)~ | 36  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes? (mn33a)  
Percentage of students who answered at least 1 day*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 21.1% | (16.2%-25.9%)  | 610 | 20.7%  | (15.2%-26.2%)  | 244 | 21.3% | (15.0%-27.7%)  | 366 |
| Gay/Lesbian                              | 41.8% | (30.4%-53.3%)~ | 69  | 44.8%  | (18.3%-71.3%)~ | 37  | 43.8% | (15.1%-72.4%)~ | 29  |
| Bisexual                                 | 41.4% | (32.5%-50.3%)  | 172 | 43.8%  | (33.5%-54.0%)~ | 132 | 38.8% | (19.2%-58.4%)~ | 40  |
| Described sexual identity some other way | 42.1% | (26.6%-57.6%)~ | 75  | 36.0%  | (21.9%-50.1%)~ | 44  | 58.2% | (32.6%-83.8%)~ | 20  |
| Questioning                              | 31.7% | (19.0%-44.3%)~ | 69  | 31.0%  | (14.3%-47.7%)~ | 52  | 34.0% | (9.2%-58.8%)~  | 17  |
| Did not understand question              | 10.4% | (1.2%-19.6%)   | 14  | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 41.9% | (24.3%-59.5%)~ | 58  | 41.2%  | (19.1%-63.2%)~ | 27  | 49.0% | (19.2%-78.8%)~ | 28  |
| No                                       | 24.2% | (19.7%-28.7%)  | 898 | 25.9%  | (20.3%-31.5%)  | 450 | 22.6% | (16.7%-28.6%)  | 443 |
| Not Sure                                 | 35.9% | (23.6%-48.3%)~ | 44  | 42.8%  | (20.9%-64.6%)~ | 33  | 24.2% | (0.0%-53.2%)~  | 8   |
| Did not understand question              | 22.2% | (0.0%-47.5%)~  | 15  | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 38.6% | (31.4%-45.9%)  | 385 | 39.3%  | (29.6%-49.1%)  | 265 | 38.7% | (27.8%-49.6%)~ | 106 |
| No                                       | 20.9% | (16.3%-25.5%)  | 633 | 20.9%  | (15.5%-26.3%)  | 257 | 20.9% | (15.0%-26.9%)  | 376 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Have you ever used an electronic vapor product? (mn173)*  
*Percentage of students who answered 'Yes'*

|   | Total |               |     | Female |                |     | Male  |               |     |
|---|-------|---------------|-----|--------|----------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI             | N   | %     | CI            | N   |
| Total                                     | 14.9% | (12.1%-17.6%) | 608 | 17.9%  | (14.3%-21.5%)  | 345 | 12.0% | (9.6%-14.3%)  | 253 |
| <b>----Age----</b>                        |       |               |     |        |                |     |       |               |     |
| 12 or younger                             | 8.7%  | (6.2%-11.2%)  | 101 | 11.2%  | (7.2%-15.2%)   | 66  | 6.0%  | (3.1%-8.8%)   | 33  |
| 13  | 14.9% | (12.2%-17.6%) | 292 | 18.6%  | (14.0%-23.2%)  | 171 | 11.6% | (9.1%-14.1%)  | 117 |
| 14 or older                               | 21.8% | (16.8%-26.9%) | 212 | 25.5%  | (19.6%-31.4%)  | 107 | 19.0% | (13.8%-24.2%) | 102 |
| <b>----Grade----</b>                      |       |               |     |        |                |     |       |               |     |
| Grade 7                                   | 11.6% | (8.7%-14.4%)  | 229 | 14.5%  | (10.5%-18.5%)  | 135 | 8.8%  | (6.1%-11.5%)  | 91  |
| Grade 8                                   | 18.1% | (14.5%-21.6%) | 377 | 21.0%  | (15.8%-26.2%)  | 207 | 15.2% | (12.4%-18.0%) | 162 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |                |     |       |               |     |
| Hispanic                                  | 21.7% | (17.0%-26.4%) | 42  | 29.9%  | (18.6%-41.1%)~ | 26  | 14.6% | (7.7%-21.5%)  | 14  |
| Non-Hispanic                              | 15.0% | (12.0%-17.9%) | 549 | 18.0%  | (14.2%-21.9%)  | 316 | 12.0% | (9.3%-14.6%)  | 225 |
| <b>----Race----</b>                       |       |               |     |        |                |     |       |               |     |
| American Indian or Alaskan Native         | 24.8% | (9.4%-40.2%)~ | 20  | 29.8%  | (9.9%-49.7%)~  | 14  | 20.0% | (4.3%-35.7%)~ | 6   |
| Asian                                     | *     | *             | *   | *      | *              | *   | *     | *             | *   |
| Black or African American                 | 17.1% | (7.9%-26.3%)  | 20  | 18.3%  | (6.2%-30.3%)~  | 10  | 16.1% | (5.2%-27.0%)~ | 11  |
| Native Hawaiian or Other Pacific Islander | 44.9% | (8.9%-80.9%)~ | 6   | *      | *              | *   | *     | *             | *   |
| White                                     | 14.0% | (11.4%-16.7%) | 491 | 17.0%  | (13.5%-20.4%)  | 278 | 11.6% | (9.1%-14.0%)  | 210 |
| Multiple Races                            | 21.4% | (13.8%-28.9%) | 56  | 26.0%  | (13.9%-38.0%)~ | 33  | 12.9% | (4.0%-21.8%)  | 17  |

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Have you ever used an electronic vapor product? (mn173)*  
*Percentage of students who answered 'Yes'*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 12.7% | (10.0%-15.5%)  | 366 | 14.3%  | (11.1%-17.4%)  | 169 | 11.4% | (9.0%-13.9%)   | 193 |
| Gay/Lesbian                              | 18.8% | (11.4%-26.2%)  | 26  | 21.4%  | (8.9%-33.9%)~  | 15  | 17.9% | (9.1%-26.6%)   | 10  |
| Bisexual                                 | 28.3% | (21.5%-35.1%)  | 115 | 30.7%  | (23.4%-38.0%)  | 93  | 22.1% | (13.4%-30.9%)  | 21  |
| Described sexual identity some other way | 20.8% | (15.7%-25.9%)  | 45  | 20.6%  | (12.4%-28.8%)  | 29  | 24.5% | (12.5%-36.5%)~ | 15  |
| Questioning                              | 19.2% | (12.8%-25.5%)  | 43  | 20.9%  | (13.1%-28.6%)  | 34  | 11.1% | (0.0%-22.3%)~  | 6   |
| Did not understand question              | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 41.9% | (28.7%-55.1%)~ | 45  | 43.9%  | (20.8%-67.0%)~ | 23  | 46.2% | (27.7%-64.7%)~ | 19  |
| No                                       | 14.1% | (11.4%-16.8%)  | 526 | 17.3%  | (13.9%-20.7%)  | 302 | 11.2% | (8.8%-13.6%)   | 220 |
| Not Sure                                 | 15.0% | (6.5%-23.4%)   | 21  | *      | *              | *   | *     | *              | *   |
| Did not understand question              | 19.0% | (11.5%-26.5%)  | 14  | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 22.9% | (18.9%-26.9%)  | 230 | 25.2%  | (20.1%-30.3%)  | 171 | 19.0% | (14.3%-23.6%)  | 53  |
| No                                       | 12.4% | (9.6%-15.1%)   | 375 | 14.1%  | (11.2%-17.0%)  | 174 | 11.0% | (8.4%-13.5%)   | 197 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 30 days, on how many days did you use an electronic vapor product? (mn174)*  
*Percentage of students who answered at least 1 day*

|   | Total |               |     | Female |               |     | Male  |              |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|--------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI           | N   |
| Total                                     | 8.0%  | (6.3%-9.7%)   | 325 | 10.2%  | (7.8%-12.6%)  | 195 | 5.9%  | (4.2%-7.5%)  | 124 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |              |     |
| 12 or younger                             | 3.9%  | (2.1%-5.6%)   | 45  | 3.9%   | (1.3%-6.4%)   | 22  | 3.9%  | (1.9%-6.0%)  | 22  |
| 13  | 7.3%  | (5.8%-8.8%)   | 143 | 10.5%  | (7.9%-13.2%)  | 96  | 4.5%  | (2.8%-6.1%)  | 45  |
| 14 or older                               | 14.1% | (9.8%-18.4%)  | 135 | 18.2%  | (11.5%-25.0%) | 76  | 10.7% | (7.2%-14.1%) | 56  |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |              |     |
| Grade 7                                   | 5.5%  | (4.1%-6.9%)   | 109 | 7.1%   | (4.6%-9.6%)   | 66  | 4.2%  | (2.4%-5.9%)  | 43  |
| Grade 8                                   | 10.4% | (7.7%-13.1%)  | 216 | 13.2%  | (9.2%-17.3%)  | 129 | 7.6%  | (5.3%-9.9%)  | 81  |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |              |     |
| Hispanic                                  | 15.0% | (10.2%-19.8%) | 29  | 23.2%  | (13.7%-32.7%) | 21  | 7.2%  | (0.3%-14.0%) | 7   |
| Non-Hispanic                              | 7.8%  | (6.0%-9.6%)   | 285 | 10.0%  | (7.3%-12.6%)  | 173 | 5.7%  | (3.8%-7.6%)  | 107 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |              |     |
| American Indian or Alaskan Native         | 12.7% | (1.8%-23.6%)~ | 10  | *      | *             | *   | *     | *            | *   |
| Asian                                     | *     | *             | *   | *      | *             | *   | *     | *            | *   |
| Black or African American                 | 4.5%  | (0.4%-8.7%)   | 6   | *      | *             | *   | *     | *            | *   |
| Native Hawaiian or Other Pacific Islander | 37.4% | (5.7%-69.1%)~ | 6   | *      | *             | *   | *     | *            | *   |
| White                                     | 7.6%  | (5.7%-9.5%)   | 263 | 9.7%   | (7.1%-12.3%)  | 157 | 5.9%  | (3.9%-7.8%)  | 106 |
| Multiple Races                            | 11.8% | (9.1%-14.6%)  | 32  | 12.3%  | (5.2%-19.3%)  | 16  | 8.1%  | (3.9%-12.4%) | 11  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 30 days, on how many days did you use an electronic vapor product? (mn174)*  
*Percentage of students who answered at least 1 day*

|  | Total |                |     | Female |               |     | Male  |               |     |
|--|-------|----------------|-----|--------|---------------|-----|-------|---------------|-----|
|  | %     | CI             | N   | %      | CI            | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |               |     |       |               |     |
| Heterosexual                             | 6.7%  | (4.7%-8.6%)    | 191 | 8.3%   | (5.0%-11.6%)  | 98  | 5.3%  | (3.6%-7.0%)   | 90  |
| Gay/Lesbian                              | 12.0% | (4.5%-19.5%)   | 16  | 10.3%  | (0.0%-20.5%)~ | 7   | 15.0% | (5.3%-24.6%)  | 8   |
| Bisexual                                 | 15.7% | (11.8%-19.5%)  | 64  | 18.1%  | (13.1%-23.2%) | 55  | 9.4%  | (0.9%-18.0%)  | 9   |
| Described sexual identity some other way | 14.3% | (9.4%-19.1%)   | 31  | 13.1%  | (6.8%-19.4%)  | 18  | 20.6% | (7.7%-33.6%)~ | 13  |
| Questioning                              | 6.9%  | (2.5%-11.4%)   | 15  | *      | *             | *   | *     | *             | *   |
| Did not understand question              | *     | *              | *   | *      | *             | *   | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |               |     |       |               |     |
| Yes                                      | 22.5% | (10.2%-34.8%)~ | 24  | 19.0%  | (3.4%-34.6%)~ | 10  | 31.2% | (9.9%-52.5%)~ | 13  |
| No                                       | 7.4%  | (5.5%-9.3%)    | 275 | 9.9%   | (7.2%-12.5%)  | 172 | 5.1%  | (3.5%-6.8%)   | 101 |
| Not Sure                                 | 8.4%  | (3.6%-13.2%)   | 11  | *      | *             | *   | *     | *             | *   |
| Did not understand question              | 17.4% | (8.8%-26.0%)   | 13  | *      | *             | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |               |     |       |               |     |
| Yes                                      | 12.8% | (10.3%-15.3%)  | 127 | 13.7%  | (11.0%-16.3%) | 91  | 11.5% | (6.8%-16.2%)  | 32  |
| No                                       | 6.5%  | (4.6%-8.4%)    | 198 | 8.4%   | (5.3%-11.5%)  | 104 | 5.1%  | (3.6%-6.7%)   | 92  |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182a)*  
*Among those who have used an electronic vapor product, the percentage of students who answered 'Nicotine'*

|   | Total |                |     | Female |                |     | Male  |                |    |
|---|-------|----------------|-----|--------|----------------|-----|-------|----------------|----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI             | N  |
| Total                                     | 42.7% | (30.7%-54.7%)~ | 234 | 45.7%  | (31.1%-60.2%)~ | 138 | 38.1% | (24.8%-51.4%)~ | 89 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |                |    |
| 12 or younger                             | 33.0% | (12.5%-53.4%)~ | 36  | 27.9%  | (3.7%-52.2%)~  | 21  | 43.4% | (7.0%-79.9%)~  | 15 |
| 13  | 48.5% | (34.4%-62.6%)~ | 126 | 53.0%  | (38.9%-67.2%)~ | 77  | 41.4% | (17.3%-65.6%)~ | 46 |
| 14 or older                               | 39.4% | (22.7%-56.1%)~ | 68  | 50.2%  | (27.6%-72.8%)~ | 41  | 31.7% | (15.1%-48.3%)~ | 28 |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |                |    |
| Grade 7                                   | 31.7% | (19.7%-43.8%)~ | 72  | 33.3%  | (16.9%-49.7%)~ | 45  | 29.5% | (14.2%-44.8%)~ | 27 |
| Grade 8                                   | 50.4% | (36.2%-64.6%)~ | 162 | 55.5%  | (38.5%-72.6%)~ | 93  | 43.7% | (24.6%-62.8%)~ | 62 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |                |    |
| Hispanic                                  | 59.4% | (31.6%-87.2%)~ | 29  | *      | *              | *   | *     | *              | *  |
| Non-Hispanic                              | 39.6% | (28.3%-50.9%)~ | 191 | 42.0%  | (29.0%-54.9%)~ | 111 | 35.5% | (21.1%-49.9%)~ | 73 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |                |    |
| American Indian or Alaskan Native         | 44.9% | (9.1%-80.6%)~  | 6   | *      | *              | *   | *     | *              | *  |
| Asian                                     | *     | *              | *   | *      | *              | *   | *     | *              | *  |
| Black or African American                 | *     | *              | *   | *      | *              | *   | *     | *              | *  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *              | *   | *     | *              | *  |
| White                                     | 43.4% | (28.4%-58.5%)~ | 189 | 45.4%  | (27.9%-62.8%)~ | 109 | 40.3% | (24.8%-55.7%)~ | 78 |
| Multiple Races                            | 40.1% | (20.3%-59.9%)~ | 24  | *      | *              | *   | *     | *              | *  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among those who have used an electronic vapor product, the number of students who answered 'Nicotine' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182a)  
Among those who have used an electronic vapor product, the percentage of students who answered 'Nicotine'*

|  | Total |                |     | Female |                |     | Male  |                |    |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N  |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |    |
| Heterosexual                             | 46.3% | (30.6%-62.0%)~ | 152 | 51.1%  | (33.1%-69.1%)~ | 69  | 44.2% | (25.0%-63.3%)~ | 83 |
| Gay/Lesbian                              | 45.1% | (4.6%-85.6%)~  | 11  | *      | *              | *   | *     | *              | *  |
| Bisexual                                 | 40.3% | (24.6%-56.0%)~ | 42  | *      | *              | *   | *     | *              | *  |
| Described sexual identity some other way | 14.7% | (0.0%-42.0%)~  | 7   | *      | *              | *   | *     | *              | *  |
| Questioning                              | 45.1% | (5.2%-85.0%)~  | 15  | *      | *              | *   | *     | *              | *  |
| Did not understand question              | *     | *              | *   | *      | *              | *   | *     | *              | *  |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |    |
| Yes                                      | *     | *              | *   | *      | *              | *   | *     | *              | *  |
| No                                       | 43.8% | (31.4%-56.3%)~ | 216 | 47.6%  | (32.3%-62.9%)~ | 131 | 40.0% | (25.0%-55.0%)~ | 84 |
| Not Sure                                 | *     | *              | *   | *      | *              | *   | *     | *              | *  |
| Did not understand question              | *     | *              | *   | *      | *              | *   | *     | *              | *  |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |    |
| Yes                                      | 36.1% | (24.8%-47.4%)~ | 74  | *      | *              | *   | *     | *              | *  |
| No                                       | 47.1% | (30.9%-63.2%)~ | 161 | 50.2%  | (30.8%-69.7%)~ | 71  | 46.0% | (27.9%-64.1%)~ | 89 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among those who have used an electronic vapor product, the number of students who answered 'Nicotine' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182a\_2)*

*Among those that have used an electronic vapor product, the percentage of students who answered 'Marijuana, THC, or hash oil'*

|   | Total |                |    | Female |               |    | Male  |                |    |
|---|-------|----------------|----|--------|---------------|----|-------|----------------|----|
|   | %     | CI             | N  | %      | CI            | N  | %     | CI             | N  |
| Total                                     | 17.1% | (10.4%-23.9%)  | 94 | 12.1%  | (5.1%-19.2%)  | 37 | 22.3% | (12.4%-32.2%)  | 52 |
| <b>----Age----</b>                        |       |                |    |        |               |    |       |                |    |
| 12 or younger                             | 13.0% | (4.2%-21.8%)   | 14 | 8.2%   | (0.0%-23.1%)~ | 6  | 23.2% | (8.3%-38.1%)~  | 8  |
| 13  | 9.2%  | (1.3%-17.2%)   | 24 | 8.6%   | (0.0%-17.6%)  | 12 | 10.3% | (0.0%-25.8%)~  | 12 |
| 14 or older                               | 32.2% | (19.0%-45.4%)~ | 56 | 22.5%  | (5.4%-39.7%)~ | 18 | 37.2% | (18.1%-56.3%)~ | 32 |
| <b>----Grade----</b>                      |       |                |    |        |               |    |       |                |    |
| Grade 7                                   | 15.1% | (7.3%-22.9%)   | 34 | 8.1%   | (0.0%-18.7%)  | 11 | 25.2% | (4.6%-45.8%)~  | 23 |
| Grade 8                                   | 18.5% | (11.8%-25.3%)  | 60 | 15.3%  | (6.3%-24.4%)  | 26 | 20.4% | (12.0%-28.8%)  | 29 |
| <b>----Hispanic Ethnicity----</b>         |       |                |    |        |               |    |       |                |    |
| Hispanic                                  | 14.8% | (0.0%-34.9%)~  | 7  | *      | *             | *  | *     | *              | *  |
| Non-Hispanic                              | 17.4% | (9.3%-25.5%)   | 84 | 13.8%  | (6.2%-21.4%)  | 37 | 20.7% | (9.0%-32.3%)~  | 43 |
| <b>----Race----</b>                       |       |                |    |        |               |    |       |                |    |
| American Indian or Alaskan Native         | *     | *              | *  | *      | *             | *  | *     | *              | *  |
| Asian                                     | *     | *              | *  | *      | *             | *  | *     | *              | *  |
| Black or African American                 | *     | *              | *  | *      | *             | *  | *     | *              | *  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *  | *      | *             | *  | *     | *              | *  |
| White                                     | 15.4% | (8.3%-22.4%)   | 67 | 13.1%  | (4.6%-21.6%)  | 31 | 18.4% | (9.6%-27.1%)   | 35 |
| Multiple Races                            | 32.4% | (16.1%-48.7%)~ | 19 | *      | *             | *  | *     | *              | *  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among those that have used an electronic vapor product, the number of students who answered 'Marijuana, THC, or hash oil' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182a\_2)  
Among those that have used an electronic vapor product, the percentage of students who answered 'Marijuana, THC, or hash oil'*

|  | Total |               |    | Female |               |    | Male  |               |    |
|--|-------|---------------|----|--------|---------------|----|-------|---------------|----|
|  | %     | CI            | N  | %      | CI            | N  | %     | CI            | N  |
| <b>----Sexual Orientation----</b>        |       |               |    |        |               |    |       |               |    |
| Heterosexual                             | 19.7% | (8.9%-30.5%)~ | 64 | 13.5%  | (0.1%-26.8%)~ | 18 | 21.9% | (9.1%-34.8%)~ | 41 |
| Gay/Lesbian                              | *     | *             | *  | *      | *             | *  | *     | *             | *  |
| Bisexual                                 | 15.7% | (3.8%-27.7%)~ | 16 | *      | *             | *  | *     | *             | *  |
| Described sexual identity some other way | 18.3% | (0.0%-42.6%)~ | 8  | *      | *             | *  | *     | *             | *  |
| Questioning                              | *     | *             | *  | *      | *             | *  | *     | *             | *  |
| Did not understand question              | *     | *             | *  | *      | *             | *  | *     | *             | *  |
| <b>----Transgender Identity----</b>      |       |               |    |        |               |    |       |               |    |
| Yes                                      | 26.6% | (0.0%-53.5%)~ | 8  | *      | *             | *  | *     | *             | *  |
| No                                       | 17.5% | (9.7%-25.3%)  | 86 | 13.3%  | (5.5%-21.0%)  | 37 | 21.0% | (9.8%-32.3%)~ | 44 |
| Not Sure                                 | *     | *             | *  | *      | *             | *  | *     | *             | *  |
| Did not understand question              | *     | *             | *  | *      | *             | *  | *     | *             | *  |
| <b>----LGBTQ----</b>                     |       |               |    |        |               |    |       |               |    |
| Yes                                      | 12.0% | (4.0%-19.9%)  | 24 | 8.4%   | (1.0%-15.9%)  | 13 | 29.6% | (1.7%-57.6%)~ | 11 |
| No                                       | 20.4% | (8.9%-31.8%)~ | 70 | 16.3%  | (2.7%-29.9%)~ | 23 | 21.2% | (8.6%-33.9%)~ | 41 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among those that have used an electronic vapor product, the number of students who answered 'Marijuana, THC, or hash oil' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (m182a)*

|                                | Total |               |     | Female |               |     | Male  |               |    |
|--------------------------------|-------|---------------|-----|--------|---------------|-----|-------|---------------|----|
|                                | %     | CI            | N   | %      | CI            | N   | %     | CI            | N  |
| B. Nicotine                    | 42.7% | (30.7%-54.7%) | 234 | 45.7%  | (31.1%-60.2%) | 138 | 38.1% | (24.8%-51.4%) | 89 |
| C. Marijuana, THC, or hash oil | 17.1% | (10.4%-23.9%) | 94  | 12.1%  | (5.1%-19.2%)  | 37  | 22.3% | (12.4%-32.2%) | 52 |
| D. Just flavoring              | 24.4% | (16.9%-32.0%) | 134 | 25.7%  | (12.5%-39.0%) | 78  | 24.0% | (16.4%-31.7%) | 56 |
| E. Not sure                    | 15.7% | (9.2%-22.2%)  | 86  | 16.5%  | (6.3%-26.7%)  | 50  | 15.6% | (7.0%-24.1%)  | 36 |

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they use electronic vapor products every day? (mn202)  
Percentage of students who answered 'No risk' or 'Slight risk'*

|   | Total |                |     | Female |               |     | Male  |                |     |
|---|-------|----------------|-----|--------|---------------|-----|-------|----------------|-----|
|   | %     | CI             | N   | %      | CI            | N   | %     | CI             | N   |
| Total                                     | 21.5% | (18.4%-24.5%)  | 875 | 19.8%  | (17.0%-22.6%) | 374 | 23.0% | (19.0%-26.9%)  | 488 |
| <b>----Age----</b>                        |       |                |     |        |               |     |       |                |     |
| 12 or younger                             | 16.1% | (13.3%-18.9%)  | 193 | 17.9%  | (13.8%-21.9%) | 113 | 14.4% | (8.9%-19.9%)   | 81  |
| 13  | 22.3% | (18.5%-26.1%)  | 436 | 19.4%  | (16.1%-22.7%) | 170 | 25.6% | (20.1%-31.0%)  | 266 |
| 14 or older                               | 26.8% | (19.9%-33.7%)  | 246 | 24.0%  | (16.4%-31.7%) | 92  | 27.1% | (20.2%-34.1%)  | 141 |
| <b>----Grade----</b>                      |       |                |     |        |               |     |       |                |     |
| Grade 7                                   | 21.6% | (17.8%-25.4%)  | 427 | 20.3%  | (14.2%-26.5%) | 188 | 23.3% | (17.6%-29.0%)  | 239 |
| Grade 8                                   | 21.7% | (18.0%-25.3%)  | 448 | 19.7%  | (15.6%-23.7%) | 186 | 23.0% | (17.7%-28.3%)  | 249 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |               |     |       |                |     |
| Hispanic                                  | 27.6% | (9.5%-45.7%)~  | 60  | 24.0%  | (0.0%-48.2%)~ | 23  | 30.8% | (5.6%-55.9%)~  | 31  |
| Non-Hispanic                              | 20.8% | (18.1%-23.5%)  | 758 | 19.8%  | (17.2%-22.5%) | 340 | 21.7% | (18.3%-25.2%)  | 410 |
| <b>----Race----</b>                       |       |                |     |        |               |     |       |                |     |
| American Indian or Alaskan Native         | 22.9% | (3.3%-42.6%)~  | 19  | 13.8%  | (0.0%-32.8%)~ | 7   | 41.6% | (14.4%-68.8%)~ | 12  |
| Asian                                     | 17.5% | (0.0%-36.8%)~  | 6   | *      | *             | *   | *     | *              | *   |
| Black or African American                 | 23.9% | (12.1%-35.8%)~ | 29  | *      | *             | *   | *     | *              | *   |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *             | *   | *     | *              | *   |
| White                                     | 20.1% | (17.7%-22.6%)  | 699 | 20.0%  | (17.3%-22.6%) | 326 | 20.6% | (16.7%-24.6%)  | 370 |
| Multiple Races                            | 36.3% | (25.5%-47.1%)~ | 104 | 23.8%  | (7.1%-40.5%)~ | 28  | 42.9% | (31.5%-54.4%)~ | 66  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they use electronic vapor products every day? (mn202)  
Percentage of students who answered 'No risk' or 'Slight risk'*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 20.2% | (17.6%-22.7%)  | 575 | 18.5%  | (15.7%-21.2%)  | 216 | 21.2% | (18.0%-24.4%)  | 354 |
| Gay/Lesbian                              | 30.3% | (10.2%-50.3%)~ | 37  | 44.1%  | (17.7%-70.5%)~ | 26  | 22.1% | (1.8%-42.5%)~  | 11  |
| Bisexual                                 | 20.3% | (14.8%-25.7%)  | 80  | 20.5%  | (13.6%-27.4%)  | 62  | 20.7% | (8.2%-33.2%)~  | 18  |
| Described sexual identity some other way | 19.2% | (7.9%-30.5%)~  | 50  | 8.5%   | (0.9%-16.1%)   | 13  | 35.5% | (9.5%-61.4%)~  | 32  |
| Questioning                              | 20.7% | (7.9%-33.4%)~  | 45  | 21.6%  | (8.3%-34.9%)~  | 32  | 20.7% | (0.1%-41.3%)~  | 13  |
| Did not understand question              | 39.3% | (24.4%-54.3%)~ | 41  | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 19.0% | (6.1%-32.0%)~  | 15  | 19.6%  | (0.0%-42.7%)~  | 8   | 26.2% | (0.0%-56.3%)~  | 7   |
| No                                       | 20.8% | (18.0%-23.6%)  | 774 | 19.2%  | (16.5%-21.8%)  | 327 | 22.1% | (18.3%-26.0%)  | 441 |
| Not Sure                                 | 18.2% | (5.9%-30.6%)~  | 30  | 14.5%  | (3.5%-25.5%)~  | 17  | 43.2% | (0.0%-88.4%)~  | 13  |
| Did not understand question              | 45.4% | (28.3%-62.5%)~ | 34  | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 22.0% | (16.6%-27.4%)  | 224 | 20.7%  | (15.7%-25.7%)  | 139 | 26.7% | (13.9%-39.6%)~ | 80  |
| No                                       | 20.7% | (17.9%-23.4%)  | 623 | 18.6%  | (15.9%-21.2%)  | 224 | 21.9% | (18.5%-25.4%)  | 394 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How wrong do you think it is for someone your age to use electronic vapor products? (mn203)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|   | Total |               |     | Female |               |     | Male  |                |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|----------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI             | N   |
| Total                                     | 17.2% | (14.9%-19.5%) | 706 | 18.6%  | (16.2%-20.9%) | 356 | 15.5% | (12.8%-18.1%)  | 329 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |                |     |
| 12 or younger                             | 13.9% | (10.3%-17.4%) | 166 | 17.2%  | (12.6%-21.7%) | 109 | 10.3% | (6.1%-14.5%)   | 58  |
| 13  | 16.6% | (13.2%-19.9%) | 326 | 17.1%  | (13.2%-21.0%) | 152 | 16.0% | (11.3%-20.6%)  | 168 |
| 14 or older                               | 22.6% | (18.5%-26.6%) | 209 | 24.2%  | (16.7%-31.8%) | 95  | 20.2% | (14.2%-26.2%)  | 103 |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |                |     |
| Grade 7                                   | 16.8% | (12.8%-20.8%) | 338 | 18.7%  | (13.8%-23.7%) | 176 | 15.1% | (9.8%-20.4%)   | 157 |
| Grade 8                                   | 17.8% | (15.5%-20.1%) | 368 | 18.7%  | (15.5%-22.0%) | 180 | 16.1% | (12.5%-19.6%)  | 171 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |                |     |
| Hispanic                                  | 24.2% | (9.6%-38.8%)~ | 53  | 22.0%  | (0.2%-43.7%)~ | 22  | 21.3% | (8.8%-33.7%)~  | 22  |
| Non-Hispanic                              | 17.1% | (15.2%-19.1%) | 626 | 18.8%  | (16.4%-21.3%) | 326 | 15.4% | (13.0%-17.8%)  | 288 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |                |     |
| American Indian or Alaskan Native         | 19.6% | (3.4%-35.9%)~ | 17  | 10.8%  | (0.0%-32.4%)~ | 6   | 23.5% | (0.0%-52.4%)~  | 7   |
| Asian                                     | 21.3% | (0.0%-42.6%)~ | 8   | *      | *             | *   | *     | *              | *   |
| Black or African American                 | 20.5% | (9.0%-32.0%)~ | 26  | *      | *             | *   | *     | *              | *   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *     | *              | *   |
| White                                     | 16.4% | (14.0%-18.8%) | 572 | 19.5%  | (16.7%-22.2%) | 320 | 13.9% | (10.7%-17.1%)  | 249 |
| Multiple Races                            | 23.8% | (15.9%-31.7%) | 68  | 8.7%   | (0.0%-18.0%)  | 10  | 28.2% | (18.0%-38.5%)~ | 43  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How wrong do you think it is for someone your age to use electronic vapor products? (mn203)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|  | Total |                |     | Female |               |     | Male  |                |     |
|--|-------|----------------|-----|--------|---------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI            | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |               |     |       |                |     |
| Heterosexual                             | 15.2% | (12.7%-17.8%)  | 437 | 17.3%  | (14.1%-20.5%) | 206 | 13.6% | (11.0%-16.1%)  | 226 |
| Gay/Lesbian                              | 17.2% | (3.2%-31.1%)~  | 21  | *      | *             | *   | *     | *              | *   |
| Bisexual                                 | 24.2% | (18.4%-30.0%)  | 96  | 23.5%  | (17.4%-29.6%) | 71  | 26.5% | (6.4%-46.6%)~  | 23  |
| Described sexual identity some other way | 25.8% | (15.3%-36.2%)~ | 68  | 17.7%  | (6.4%-29.0%)~ | 27  | 38.8% | (11.4%-66.2%)~ | 35  |
| Questioning                              | 19.3% | (10.6%-28.0%)  | 43  | 17.1%  | (8.2%-25.9%)  | 26  | 19.7% | (6.7%-32.7%)~  | 13  |
| Did not understand question              | 15.1% | (1.4%-28.9%)~  | 15  | *      | *             | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |               |     |       |                |     |
| Yes                                      | 29.0% | (12.9%-45.0%)~ | 23  | 32.0%  | (5.8%-58.3%)~ | 13  | 27.5% | (0.0%-55.8%)~  | 8   |
| No                                       | 16.7% | (14.1%-19.3%)  | 624 | 18.0%  | (15.2%-20.7%) | 310 | 15.4% | (12.6%-18.1%)  | 305 |
| Not Sure                                 | 19.0% | (6.7%-31.4%)~  | 31  | 20.2%  | (3.6%-36.7%)~ | 23  | 26.0% | (1.8%-50.3%)~  | 8   |
| Did not understand question              | 21.1% | (4.1%-38.1%)~  | 18  | *      | *             | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |               |     |       |                |     |
| Yes                                      | 23.0% | (20.3%-25.8%)  | 236 | 21.6%  | (17.3%-25.9%) | 145 | 26.4% | (16.9%-35.8%)  | 79  |
| No                                       | 15.2% | (12.3%-18.2%)  | 462 | 16.7%  | (13.8%-19.7%) | 206 | 13.8% | (10.6%-17.0%)  | 247 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*If you wanted to get electronic vapor products, how easy would it be for you to get some? (mn204a)*

*Percentage of students who answered 'Sort of easy' or 'Very easy'*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 29.6% | (26.4%-32.7%)  | 1,174 | 30.2%  | (26.1%-34.2%)  | 556 | 29.0% | (25.5%-32.6%)  | 599 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 22.3% | (18.8%-25.7%)  | 257   | 23.0%  | (18.4%-27.7%)  | 139 | 21.8% | (16.7%-26.9%)  | 118 |
| 13  | 29.9% | (24.8%-35.0%)  | 572   | 32.5%  | (26.0%-38.9%)  | 280 | 28.1% | (22.4%-33.7%)  | 285 |
| 14 or older                               | 38.0% | (31.7%-44.3%)  | 339   | 35.9%  | (25.6%-46.3%)~ | 133 | 38.9% | (30.6%-47.2%)  | 196 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 25.0% | (22.0%-28.0%)  | 478   | 28.4%  | (24.4%-32.4%)  | 256 | 22.1% | (16.9%-27.3%)  | 217 |
| Grade 8                                   | 34.4% | (28.5%-40.2%)  | 696   | 32.5%  | (25.5%-39.4%)  | 299 | 35.9% | (28.8%-42.9%)  | 381 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 41.4% | (31.6%-51.2%)  | 88    | 39.5%  | (25.3%-53.7%)~ | 37  | 40.9% | (30.0%-51.9%)~ | 42  |
| Non-Hispanic                              | 29.4% | (26.0%-32.9%)  | 1,046 | 29.9%  | (26.0%-33.9%)  | 500 | 29.3% | (25.2%-33.5%)  | 538 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 42.2% | (25.6%-58.9%)~ | 35    | 42.9%  | (20.9%-64.9%)~ | 21  | 32.7% | (5.2%-60.2%)~  | 10  |
| Asian                                     | 36.1% | (21.4%-50.8%)~ | 13    | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 44.8% | (29.8%-59.7%)~ | 56    | 55.4%  | (29.6%-81.2%)~ | 23  | 39.4% | (18.4%-60.5%)~ | 33  |
| Native Hawaiian or Other Pacific Islander | 27.3% | (0.0%-64.9%)~  | 6     | *      | *              | *   | *     | *              | *   |
| White                                     | 27.9% | (24.8%-31.1%)  | 942   | 28.7%  | (24.1%-33.2%)  | 455 | 27.8% | (23.8%-31.9%)  | 484 |
| Multiple Races                            | 37.4% | (27.0%-47.7%)~ | 104   | 32.7%  | (12.8%-52.7%)~ | 36  | 37.7% | (26.9%-48.4%)~ | 58  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*If you wanted to get electronic vapor products, how easy would it be for you to get some? (mn204a)  
Percentage of students who answered 'Sort of easy' or 'Very easy'*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 28.9% | (25.4%-32.4%)  | 811   | 25.8%  | (20.7%-30.9%)  | 297 | 30.9% | (27.3%-34.6%)  | 509 |
| Gay/Lesbian                              | 38.5% | (24.3%-52.7%)~ | 44    | 52.1%  | (36.4%-67.9%)~ | 31  | 30.0% | (1.3%-58.8%)~  | 13  |
| Bisexual                                 | 29.6% | (20.6%-38.7%)  | 115   | 34.5%  | (23.5%-45.5%)~ | 100 | 14.1% | (2.9%-25.3%)~  | 12  |
| Described sexual identity some other way | 37.2% | (25.8%-48.7%)~ | 95    | 43.2%  | (29.6%-56.9%)~ | 63  | 29.1% | (4.4%-53.8%)~  | 26  |
| Questioning                              | 34.2% | (20.6%-47.7%)~ | 72    | 37.4%  | (22.8%-51.9%)~ | 55  | 30.3% | (3.8%-56.8%)~  | 18  |
| Did not understand question              | 25.5% | (8.7%-42.3%)~  | 24    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 44.8% | (27.5%-62.2%)~ | 35    | 57.1%  | (26.5%-87.7%)~ | 22  | 37.8% | (22.5%-53.2%)~ | 11  |
| No                                       | 29.0% | (25.6%-32.4%)  | 1,055 | 28.9%  | (24.4%-33.4%)  | 480 | 28.9% | (25.1%-32.7%)  | 563 |
| Not Sure                                 | 34.2% | (20.6%-47.9%)~ | 54    | 39.2%  | (19.7%-58.7%)~ | 44  | 33.5% | (13.1%-54.0%)~ | 10  |
| Did not understand question              | 25.4% | (6.7%-44.2%)~  | 17    | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 33.0% | (27.3%-38.8%)  | 326   | 38.5%  | (32.9%-44.0%)  | 249 | 24.2% | (14.8%-33.6%)  | 70  |
| No                                       | 28.6% | (25.2%-32.0%)  | 845   | 25.7%  | (20.8%-30.7%)  | 304 | 30.1% | (26.4%-33.8%)  | 529 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges? (Do not count any electronic vapor products.) (mn181c)*

*Percentage of students who answered at least 1 day*

|   | Total |              |    | Female |             |    | Male |             |    |
|---|-------|--------------|----|--------|-------------|----|------|-------------|----|
|   | %     | CI           | N  | %      | CI          | N  | %    | CI          | N  |
| Total                                     | 1.4%  | (0.8%-2.1%)  | 59 | 1.4%   | (0.4%-2.4%) | 28 | 1.2% | (0.3%-2.1%) | 26 |
| <b>----Age----</b>                        |       |              |    |        |             |    |      |             |    |
| 12 or younger                             | 0.5%  | (0.0%-1.4%)  | 6  | *      | *           | *  | *    | *           | *  |
| 13  | 1.7%  | (0.9%-2.5%)  | 34 | 2.4%   | (0.5%-4.3%) | 21 | 1.2% | (0.2%-2.1%) | 12 |
| 14 or older                               | 2.0%  | (0.3%-3.8%)  | 19 | 1.7%   | (0.0%-4.2%) | 7  | 1.4% | (0.0%-3.3%) | 7  |
| <b>----Grade----</b>                      |       |              |    |        |             |    |      |             |    |
| Grade 7                                   | 1.2%  | (0.3%-2.0%)  | 24 | 1.8%   | (0.1%-3.6%) | 17 | 0.6% | (0.0%-1.7%) | 6  |
| Grade 8                                   | 1.7%  | (0.7%-2.6%)  | 35 | 1.1%   | (0.0%-2.5%) | 10 | 1.8% | (0.1%-3.5%) | 20 |
| <b>----Hispanic Ethnicity----</b>         |       |              |    |        |             |    |      |             |    |
| Hispanic                                  | 7.6%  | (0.7%-14.5%) | 17 | *      | *           | *  | *    | *           | *  |
| Non-Hispanic                              | 1.1%  | (0.5%-1.8%)  | 42 | 1.4%   | (0.3%-2.4%) | 24 | 1.0% | (0.2%-1.7%) | 18 |
| <b>----Race----</b>                       |       |              |    |        |             |    |      |             |    |
| American Indian or Alaskan Native         | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Asian                                     | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Black or African American                 | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Native Hawaiian or Other Pacific Islander | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| White                                     | 1.1%  | (0.6%-1.7%)  | 40 | 1.3%   | (0.2%-2.3%) | 21 | 1.0% | (0.2%-1.8%) | 18 |
| Multiple Races                            | 4.4%  | (0.1%-8.7%)  | 13 | *      | *           | *  | *    | *           | *  |

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges? (Do not count any electronic vapor products.) (mn181c)*  
*Percentage of students who answered at least 1 day*

|  | Total |              |    | Female |             |    | Male |             |    |
|--|-------|--------------|----|--------|-------------|----|------|-------------|----|
|  | %     | CI           | N  | %      | CI          | N  | %    | CI          | N  |
| <b>----Sexual Orientation----</b>        |       |              |    |        |             |    |      |             |    |
| Heterosexual                             | 1.1%  | (0.5%-1.6%)  | 32 | 1.1%   | (0.0%-2.3%) | 14 | 1.0% | (0.4%-1.7%) | 18 |
| Gay/Lesbian                              | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Bisexual                                 | 1.9%  | (0.0%-4.1%)  | 8  | *      | *           | *  | *    | *           | *  |
| Described sexual identity some other way | 6.4%  | (0.4%-12.3%) | 17 | *      | *           | *  | *    | *           | *  |
| Questioning                              | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Did not understand question              | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| <b>----Transgender Identity----</b>      |       |              |    |        |             |    |      |             |    |
| Yes                                      | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| No                                       | 1.3%  | (0.7%-1.9%)  | 49 | 1.6%   | (0.5%-2.7%) | 28 | 1.0% | (0.4%-1.7%) | 21 |
| Not Sure                                 | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Did not understand question              | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| <b>----LGBTQ----</b>                     |       |              |    |        |             |    |      |             |    |
| Yes                                      | 2.7%  | (1.0%-4.4%)  | 27 | 2.1%   | (0.2%-3.9%) | 14 | 2.8% | (0.0%-6.5%) | 8  |
| No                                       | 1.0%  | (0.5%-1.5%)  | 32 | 1.1%   | (0.0%-2.2%) | 14 | 1.0% | (0.4%-1.6%) | 18 |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild), or Backwoods? (mn30a)*

*Percentage of students who answered at least 1 day*

|   | Total |              |    | Female |             |    | Male |             |    |
|---|-------|--------------|----|--------|-------------|----|------|-------------|----|
|   | %     | CI           | N  | %      | CI          | N  | %    | CI          | N  |
| Total                                     | 1.5%  | (1.0%-2.0%)  | 62 | 1.2%   | (0.2%-2.1%) | 22 | 1.6% | (0.6%-2.6%) | 34 |
| <b>----Age----</b>                        |       |              |    |        |             |    |      |             |    |
| 12 or younger                             | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| 13  | 1.9%  | (1.2%-2.6%)  | 38 | 1.7%   | (0.2%-3.2%) | 15 | 2.1% | (0.7%-3.6%) | 22 |
| 14 or older                               | 2.1%  | (0.4%-3.7%)  | 19 | *      | *           | *  | *    | *           | *  |
| <b>----Grade----</b>                      |       |              |    |        |             |    |      |             |    |
| Grade 7                                   | 1.2%  | (0.1%-2.2%)  | 24 | 1.8%   | (0.0%-3.8%) | 17 | 0.7% | (0.0%-1.5%) | 7  |
| Grade 8                                   | 1.8%  | (0.6%-3.0%)  | 38 | *      | *           | *  | *    | *           | *  |
| <b>----Hispanic Ethnicity----</b>         |       |              |    |        |             |    |      |             |    |
| Hispanic                                  | 5.8%  | (0.0%-11.8%) | 12 | *      | *           | *  | *    | *           | *  |
| Non-Hispanic                              | 1.3%  | (0.8%-1.7%)  | 47 | 1.1%   | (0.0%-2.2%) | 19 | 1.4% | (0.5%-2.3%) | 27 |
| <b>----Race----</b>                       |       |              |    |        |             |    |      |             |    |
| American Indian or Alaskan Native         | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Asian                                     | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Black or African American                 | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Native Hawaiian or Other Pacific Islander | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| White                                     | 0.8%  | (0.4%-1.3%)  | 30 | 0.8%   | (0.0%-1.7%) | 13 | 0.9% | (0.2%-1.7%) | 17 |
| Multiple Races                            | 9.8%  | (3.9%-15.6%) | 28 | *      | *           | *  | *    | *           | *  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild), or Backwoods? (mn30a)*

*Percentage of students who answered at least 1 day*

|  | Total |               |    | Female |             |    | Male |             |    |
|--|-------|---------------|----|--------|-------------|----|------|-------------|----|
|  | %     | CI            | N  | %      | CI          | N  | %    | CI          | N  |
| <b>----Sexual Orientation----</b>        |       |               |    |        |             |    |      |             |    |
| Heterosexual                             | 0.8%  | (0.4%-1.3%)   | 24 | *      | *           | *  | *    | *           | *  |
| Gay/Lesbian                              | 6.9%  | (0.0%-16.4%)  | 8  | *      | *           | *  | *    | *           | *  |
| Bisexual                                 | 2.9%  | (0.0%-5.8%)   | 12 | *      | *           | *  | *    | *           | *  |
| Described sexual identity some other way | 3.8%  | (0.0%-9.1%)   | 10 | *      | *           | *  | *    | *           | *  |
| Questioning                              | *     | *             | *  | *      | *           | *  | *    | *           | *  |
| Did not understand question              | 5.9%  | (0.0%-16.7%)  | 6  | *      | *           | *  | *    | *           | *  |
| <b>----Transgender Identity----</b>      |       |               |    |        |             |    |      |             |    |
| Yes                                      | 13.0% | (0.8%-25.2%)~ | 10 | *      | *           | *  | *    | *           | *  |
| No                                       | 1.2%  | (0.9%-1.5%)   | 46 | 1.1%   | (0.3%-2.0%) | 19 | 1.3% | (0.6%-2.0%) | 27 |
| Not Sure                                 | *     | *             | *  | *      | *           | *  | *    | *           | *  |
| Did not understand question              | *     | *             | *  | *      | *           | *  | *    | *           | *  |
| <b>----LGBTQ----</b>                     |       |               |    |        |             |    |      |             |    |
| Yes                                      | 3.2%  | (1.4%-4.9%)   | 32 | 2.5%   | (0.0%-5.3%) | 17 | 3.4% | (0.0%-7.5%) | 10 |
| No                                       | 1.0%  | (0.6%-1.3%)   | 29 | *      | *           | *  | *    | *           | *  |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users)  
(mntobsus)*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 35.1% | (31.3%-38.8%)  | 1,440 | 41.1%  | (35.8%-46.3%)  | 796 | 29.1% | (25.3%-32.9%)  | 618 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 29.5% | (25.0%-33.9%)  | 337   | 33.1%  | (24.8%-41.5%)  | 184 | 25.0% | (18.6%-31.5%)  | 145 |
| 13  | 35.0% | (30.3%-39.7%)  | 679   | 42.8%  | (34.8%-50.8%)  | 404 | 26.8% | (22.8%-30.8%)  | 260 |
| 14 or older                               | 41.2% | (33.5%-49.0%)  | 419   | 47.2%  | (33.4%-60.9%)~ | 206 | 37.4% | (29.8%-45.1%)  | 213 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 30.2% | (26.7%-33.6%)  | 601   | 36.4%  | (30.5%-42.3%)  | 340 | 23.8% | (18.0%-29.5%)  | 248 |
| Grade 8                                   | 39.7% | (34.2%-45.1%)  | 832   | 45.3%  | (36.6%-53.9%)  | 452 | 34.6% | (27.9%-41.3%)  | 370 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 32.4% | (18.0%-46.8%)~ | 59    | 44.5%  | (25.7%-63.4%)~ | 36  | 20.5% | (6.8%-34.2%)~  | 20  |
| Non-Hispanic                              | 35.9% | (31.9%-40.0%)  | 1,330 | 41.2%  | (35.7%-46.7%)  | 729 | 30.9% | (26.7%-35.0%)  | 586 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 50.4% | (33.8%-67.0%)~ | 39    | 53.0%  | (33.8%-72.1%)~ | 24  | 38.0% | (13.6%-62.4%)~ | 11  |
| Asian                                     | 32.6% | (0.0%-74.6%)~  | 12    | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 27.3% | (21.3%-33.3%)  | 34    | 34.1%  | (14.6%-53.5%)~ | 19  | 21.4% | (3.2%-39.7%)~  | 14  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *              | *   |
| White                                     | 34.7% | (30.5%-38.9%)  | 1,212 | 40.8%  | (34.3%-47.3%)  | 661 | 29.3% | (25.1%-33.4%)  | 538 |
| Multiple Races                            | 38.3% | (26.7%-49.9%)~ | 103   | 49.9%  | (35.6%-64.2%)~ | 73  | 25.0% | (8.7%-41.4%)~  | 30  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users)  
(mntobsus)*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 30.5% | (26.2%-34.8%)  | 887   | 34.3%  | (27.7%-40.8%)  | 407 | 28.0% | (24.1%-31.8%)  | 480 |
| Gay/Lesbian                              | 46.9% | (29.4%-64.4%)~ | 76    | 49.2%  | (23.5%-74.8%)~ | 41  | 39.3% | (22.5%-56.1%)~ | 25  |
| Bisexual                                 | 56.1% | (46.9%-65.4%)  | 233   | 58.8%  | (48.1%-69.5%)~ | 179 | 48.4% | (32.6%-64.1%)~ | 49  |
| Described sexual identity some other way | 52.7% | (40.8%-64.6%)~ | 94    | 55.2%  | (45.7%-64.6%)  | 68  | 45.8% | (9.6%-82.0%)~  | 16  |
| Questioning                              | 46.7% | (37.3%-56.2%)  | 104   | 49.5%  | (41.9%-57.0%)  | 86  | 37.1% | (11.1%-63.1%)~ | 18  |
| Did not understand question              | 18.9% | (8.2%-29.5%)~  | 25    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 63.6% | (47.5%-79.7%)~ | 85    | 76.1%  | (56.7%-95.5%)~ | 50  | 52.2% | (20.7%-83.7%)~ | 28  |
| No                                       | 33.4% | (29.3%-37.5%)  | 1,247 | 39.3%  | (33.6%-44.9%)  | 689 | 28.3% | (24.8%-31.7%)  | 553 |
| Not Sure                                 | 55.5% | (41.1%-69.9%)~ | 70    | 55.3%  | (39.8%-70.8%)~ | 43  | 42.6% | (11.0%-74.2%)~ | 16  |
| Did not understand question              | 36.2% | (5.6%-66.7%)~  | 28    | 40.1%  | (0.0%-87.8%)~  | 12  | 29.5% | (0.5%-58.5%)~  | 13  |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 51.3% | (44.4%-58.1%)  | 512   | 54.6%  | (47.1%-62.2%)  | 373 | 41.9% | (32.0%-51.9%)  | 113 |
| No                                       | 30.2% | (25.8%-34.5%)  | 920   | 34.1%  | (27.2%-40.9%)  | 423 | 27.5% | (24.1%-31.0%)  | 497 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (mntobsus\_2)*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 32.4% | (28.9%-36.0%)  | 1,237 | 37.8%  | (32.4%-43.2%)  | 671 | 27.3% | (24.0%-30.6%)  | 548 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 28.3% | (24.0%-32.7%)  | 313   | 31.4%  | (22.8%-39.9%)  | 170 | 24.7% | (18.5%-30.9%)  | 138 |
| 13  | 32.3% | (27.4%-37.1%)  | 582   | 39.7%  | (30.6%-48.7%)  | 338 | 24.9% | (20.6%-29.3%)  | 230 |
| 14 or older                               | 37.6% | (30.2%-45.0%)  | 340   | 42.5%  | (28.4%-56.5%)~ | 160 | 34.4% | (28.0%-40.9%)  | 180 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 27.8% | (24.4%-31.2%)  | 523   | 32.7%  | (27.2%-38.1%)  | 286 | 22.8% | (17.7%-27.9%)  | 226 |
| Grade 8                                   | 37.0% | (31.7%-42.3%)  | 710   | 42.7%  | (33.2%-52.1%)  | 380 | 32.0% | (26.3%-37.8%)  | 322 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 27.7% | (14.2%-41.1%)~ | 45    | 38.9%  | (18.1%-59.7%)~ | 29  | 18.0% | (5.3%-30.8%)~  | 16  |
| Non-Hispanic                              | 33.3% | (29.5%-37.1%)  | 1,147 | 37.8%  | (32.2%-43.5%)  | 613 | 29.0% | (25.5%-32.5%)  | 521 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 48.8% | (32.0%-65.6%)~ | 37    | 50.4%  | (29.5%-71.2%)~ | 21  | 38.0% | (13.6%-62.4%)~ | 11  |
| Asian                                     | *     | *              | *     | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 29.1% | (22.5%-35.6%)  | 34    | 37.4%  | (12.1%-62.7%)~ | 19  | 22.3% | (4.1%-40.4%)~  | 14  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *              | *   |
| White                                     | 31.9% | (28.1%-35.7%)  | 1,035 | 37.2%  | (30.4%-44.0%)  | 554 | 27.1% | (23.7%-30.6%)  | 471 |
| Multiple Races                            | 36.9% | (24.8%-49.1%)~ | 92    | 48.1%  | (31.6%-64.7%)~ | 62  | 25.5% | (8.9%-42.1%)~  | 30  |

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N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (mntobsus\_2)*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 28.8% | (25.0%-32.6%)  | 802   | 31.6%  | (25.8%-37.5%)  | 355 | 26.9% | (23.4%-30.4%)  | 446 |
| Gay/Lesbian                              | 41.7% | (22.7%-60.6%)~ | 57    | 46.9%  | (17.6%-76.3%)~ | 35  | 32.9% | (15.4%-50.3%)~ | 17  |
| Bisexual                                 | 53.3% | (44.0%-62.6%)  | 193   | 55.7%  | (45.1%-66.4%)~ | 151 | 45.2% | (29.3%-61.1%)~ | 36  |
| Described sexual identity some other way | 45.4% | (33.4%-57.3%)~ | 65    | 47.6%  | (36.4%-58.8%)~ | 50  | 28.4% | (7.4%-49.5%)~  | 7   |
| Questioning                              | 43.5% | (33.0%-54.1%)~ | 83    | 46.6%  | (36.2%-57.0%)~ | 67  | 34.2% | (8.8%-59.5%)~  | 16  |
| Did not understand question              | 19.2% | (8.6%-29.8%)~  | 25    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 51.7% | (32.3%-71.2%)~ | 47    | 69.1%  | (42.1%-96.0%)~ | 29  | 36.0% | (0.0%-73.8%)~  | 13  |
| No                                       | 31.6% | (28.0%-35.2%)  | 1,113 | 36.6%  | (31.2%-42.0%)  | 600 | 27.1% | (24.3%-30.0%)  | 508 |
| Not Sure                                 | 52.5% | (36.5%-68.5%)~ | 59    | 53.8%  | (34.2%-73.5%)~ | 37  | 38.4% | (5.2%-71.5%)~  | 13  |
| Did not understand question              | 17.6% | (0.0%-36.0%)~  | 10    | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 47.2% | (39.5%-54.9%)  | 402   | 51.0%  | (42.8%-59.2%)  | 302 | 36.2% | (27.0%-45.4%)  | 82  |
| No                                       | 28.5% | (24.6%-32.4%)  | 832   | 31.5%  | (25.1%-37.9%)  | 369 | 26.6% | (23.5%-29.8%)  | 464 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb)*

|   | Total |              |     | Female |              |    | Male |              |    |
|---|-------|--------------|-----|--------|--------------|----|------|--------------|----|
|   | %     | CI           | N   | %      | CI           | N  | %    | CI           | N  |
| Total                                     | 3.5%  | (2.5%-4.6%)  | 145 | 3.7%   | (2.1%-5.4%)  | 71 | 3.0% | (1.6%-4.4%)  | 64 |
| <b>----Age----</b>                        |       |              |     |        |              |    |      |              |    |
| 12 or younger                             | 2.4%  | (0.6%-4.2%)  | 29  | 1.8%   | (0.0%-3.9%)  | 11 | 3.1% | (1.0%-5.2%)  | 18 |
| 13  | 4.0%  | (2.4%-5.6%)  | 78  | 4.7%   | (2.1%-7.3%)  | 42 | 3.5% | (1.3%-5.7%)  | 36 |
| 14 or older                               | 3.7%  | (1.4%-5.9%)  | 34  | 4.7%   | (0.5%-9.0%)  | 19 | 2.0% | (0.0%-4.3%)  | 10 |
| <b>----Grade----</b>                      |       |              |     |        |              |    |      |              |    |
| Grade 7                                   | 3.3%  | (1.6%-5.0%)  | 67  | 4.1%   | (2.0%-6.1%)  | 38 | 2.7% | (0.5%-4.9%)  | 28 |
| Grade 8                                   | 3.8%  | (2.4%-5.2%)  | 78  | 3.5%   | (0.8%-6.1%)  | 33 | 3.3% | (1.4%-5.3%)  | 36 |
| <b>----Hispanic Ethnicity----</b>         |       |              |     |        |              |    |      |              |    |
| Hispanic                                  | 10.9% | (4.7%-17.2%) | 23  | 8.9%   | (0.0%-18.0%) | 8  | 9.7% | (0.9%-18.4%) | 10 |
| Non-Hispanic                              | 3.1%  | (2.1%-4.1%)  | 113 | 3.5%   | (1.7%-5.2%)  | 60 | 2.6% | (1.4%-3.7%)  | 48 |
| <b>----Race----</b>                       |       |              |     |        |              |    |      |              |    |
| American Indian or Alaskan Native         | *     | *            | *   | *      | *            | *  | *    | *            | *  |
| Asian                                     | *     | *            | *   | *      | *            | *  | *    | *            | *  |
| Black or African American                 | *     | *            | *   | *      | *            | *  | *    | *            | *  |
| Native Hawaiian or Other Pacific Islander | *     | *            | *   | *      | *            | *  | *    | *            | *  |
| White                                     | 2.9%  | (1.9%-3.9%)  | 102 | 3.6%   | (1.9%-5.2%)  | 58 | 2.4% | (1.2%-3.7%)  | 43 |
| Multiple Races                            | 11.4% | (4.8%-18.1%) | 32  | *      | *            | *  | *    | *            | *  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb)*

|  | Total |               |     | Female |             |    | Male |             |    |
|--|-------|---------------|-----|--------|-------------|----|------|-------------|----|
|  | %     | CI            | N   | %      | CI          | N  | %    | CI          | N  |
| <b>----Sexual Orientation----</b>        |       |               |     |        |             |    |      |             |    |
| Heterosexual                             | 2.2%  | (1.3%-3.1%)   | 64  | 2.1%   | (0.2%-4.0%) | 25 | 2.3% | (1.7%-3.0%) | 39 |
| Gay/Lesbian                              | 6.9%  | (0.0%-16.4%)  | 8   | *      | *           | *  | *    | *           | *  |
| Bisexual                                 | 6.9%  | (2.5%-11.4%)  | 27  | *      | *           | *  | *    | *           | *  |
| Described sexual identity some other way | 6.4%  | (0.4%-12.4%)  | 17  | *      | *           | *  | *    | *           | *  |
| Questioning                              | 5.4%  | (1.0%-9.8%)   | 12  | *      | *           | *  | *    | *           | *  |
| Did not understand question              | 5.9%  | (0.0%-16.7%)  | 6   | *      | *           | *  | *    | *           | *  |
| <b>----Transgender Identity----</b>      |       |               |     |        |             |    |      |             |    |
| Yes                                      | 16.9% | (3.6%-30.2%)~ | 13  | *      | *           | *  | *    | *           | *  |
| No                                       | 3.3%  | (2.1%-4.4%)   | 122 | 3.8%   | (2.0%-5.6%) | 66 | 2.8% | (1.4%-4.3%) | 56 |
| Not Sure                                 | *     | *             | *   | *      | *           | *  | *    | *           | *  |
| Did not understand question              | *     | *             | *   | *      | *           | *  | *    | *           | *  |
| <b>----LGBTQ----</b>                     |       |               |     |        |             |    |      |             |    |
| Yes                                      | 6.3%  | (4.2%-8.5%)   | 64  | 6.2%   | (2.6%-9.8%) | 42 | 4.5% | (0.4%-8.7%) | 13 |
| No                                       | 2.7%  | (1.3%-4.0%)   | 81  | 2.4%   | (0.5%-4.4%) | 30 | 2.8% | (1.2%-4.4%) | 51 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb\_2)*

|   | Total |               |     | Female |               |     | Male  |              |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|--------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI           | N   |
| Total                                     | 7.4%  | (5.7%-9.2%)   | 299 | 9.1%   | (6.6%-11.6%)  | 171 | 5.7%  | (4.0%-7.4%)  | 118 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |              |     |
| 12 or younger                             | 3.4%  | (0.9%-5.9%)   | 41  | 3.3%   | (0.3%-6.2%)   | 20  | 3.6%  | (1.5%-5.7%)  | 20  |
| 13  | 7.6%  | (5.1%-10.1%)  | 146 | 10.9%  | (6.7%-15.2%)  | 95  | 5.0%  | (2.7%-7.3%)  | 51  |
| 14 or older                               | 12.1% | (7.7%-16.6%)  | 108 | 14.3%  | (8.5%-20.0%)  | 56  | 9.7%  | (5.8%-13.6%) | 47  |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |              |     |
| Grade 7                                   | 5.6%  | (3.5%-7.7%)   | 111 | 7.4%   | (4.2%-10.6%)  | 68  | 4.2%  | (1.8%-6.5%)  | 42  |
| Grade 8                                   | 9.3%  | (6.9%-11.8%)  | 188 | 10.9%  | (7.2%-14.5%)  | 103 | 7.4%  | (5.1%-9.6%)  | 76  |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |              |     |
| Hispanic                                  | 16.7% | (7.8%-25.5%)  | 34  | 25.6%  | (8.4%-42.8%)~ | 24  | 10.1% | (0.2%-20.0%) | 10  |
| Non-Hispanic                              | 7.1%  | (5.2%-8.9%)   | 254 | 8.3%   | (6.0%-10.7%)  | 142 | 5.6%  | (3.5%-7.6%)  | 102 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |              |     |
| American Indian or Alaskan Native         | *     | *             | *   | *      | *             | *   | *     | *            | *   |
| Asian                                     | *     | *             | *   | *      | *             | *   | *     | *            | *   |
| Black or African American                 | *     | *             | *   | *      | *             | *   | *     | *            | *   |
| Native Hawaiian or Other Pacific Islander | 35.8% | (0.0%-80.8%)~ | 8   | *      | *             | *   | *     | *            | *   |
| White                                     | 7.0%  | (5.2%-8.9%)   | 241 | 8.5%   | (6.1%-10.9%)  | 137 | 5.9%  | (3.9%-7.9%)  | 104 |
| Multiple Races                            | 14.8% | (9.1%-20.6%)  | 40  | 15.2%  | (1.4%-29.1%)~ | 18  | 8.6%  | (2.4%-14.9%) | 12  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted).

Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb\_2)*

|  | Total |               |     | Female |              |     | Male  |               |     |
|--|-------|---------------|-----|--------|--------------|-----|-------|---------------|-----|
|  | %     | CI            | N   | %      | CI           | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |               |     |        |              |     |       |               |     |
| Heterosexual                             | 6.2%  | (4.1%-8.3%)   | 175 | 6.9%   | (4.4%-9.3%)  | 81  | 5.4%  | (3.4%-7.4%)   | 89  |
| Gay/Lesbian                              | 13.9% | (0.7%-27.1%)~ | 16  | *      | *            | *   | *     | *             | *   |
| Bisexual                                 | 14.6% | (5.8%-23.4%)  | 56  | *      | *            | *   | *     | *             | *   |
| Described sexual identity some other way | 10.3% | (2.6%-18.1%)  | 27  | 8.6%   | (0.2%-17.0%) | 14  | 14.7% | (0.0%-31.7%)~ | 13  |
| Questioning                              | 5.6%  | (1.1%-10.2%)  | 12  | *      | *            | *   | *     | *             | *   |
| Did not understand question              | *     | *             | *   | *      | *            | *   | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |               |     |        |              |     |       |               |     |
| Yes                                      | 20.3% | (9.5%-31.0%)~ | 16  | *      | *            | *   | *     | *             | *   |
| No                                       | 7.3%  | (5.4%-9.1%)   | 268 | 9.5%   | (7.1%-11.9%) | 162 | 5.2%  | (3.4%-6.9%)   | 101 |
| Not Sure                                 | 4.1%  | (0.0%-9.7%)   | 6   | *      | *            | *   | *     | *             | *   |
| Did not understand question              | 13.3% | (0.0%-27.6%)~ | 9   | *      | *            | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |               |     |        |              |     |       |               |     |
| Yes                                      | 11.2% | (7.0%-15.4%)  | 111 | 12.7%  | (6.5%-18.9%) | 83  | 8.2%  | (2.5%-13.8%)  | 23  |
| No                                       | 6.3%  | (4.0%-8.6%)   | 189 | 7.3%   | (4.6%-10.0%) | 89  | 5.4%  | (3.4%-7.4%)   | 95  |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted).

Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb\_3)*

|   | Total |                |     | Female |               |     | Male  |              |    |
|---|-------|----------------|-----|--------|---------------|-----|-------|--------------|----|
|   | %     | CI             | N   | %      | CI            | N   | %     | CI           | N  |
| Total                                     | 5.3%  | (3.9%-6.7%)    | 208 | 6.6%   | (4.2%-9.0%)   | 123 | 4.0%  | (2.7%-5.3%)  | 81 |
| <b>----Age----</b>                        |       |                |     |        |               |     |       |              |    |
| 12 or younger                             | 2.8%  | (0.5%-5.0%)    | 32  | 1.9%   | (0.0%-4.6%)   | 12  | 3.7%  | (1.6%-5.9%)  | 20 |
| 13  | 5.8%  | (4.1%-7.5%)    | 109 | 8.1%   | (4.5%-11.8%)  | 70  | 3.9%  | (2.6%-5.2%)  | 39 |
| 14 or older                               | 7.2%  | (3.9%-10.4%)   | 63  | 10.6%  | (6.4%-14.9%)  | 41  | 4.6%  | (1.4%-7.8%)  | 22 |
| <b>----Grade----</b>                      |       |                |     |        |               |     |       |              |    |
| Grade 7                                   | 4.4%  | (2.4%-6.4%)    | 85  | 5.5%   | (2.8%-8.3%)   | 50  | 3.4%  | (1.1%-5.8%)  | 34 |
| Grade 8                                   | 6.3%  | (4.3%-8.2%)    | 124 | 7.8%   | (4.8%-10.7%)  | 72  | 4.7%  | (2.4%-6.9%)  | 47 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |               |     |       |              |    |
| Hispanic                                  | 16.8% | (8.0%-25.7%)   | 34  | 26.3%  | (8.7%-43.8%)~ | 24  | 10.1% | (0.2%-20.0%) | 10 |
| Non-Hispanic                              | 4.7%  | (3.2%-6.2%)    | 165 | 5.7%   | (3.4%-8.0%)   | 96  | 3.6%  | (2.2%-5.1%)  | 65 |
| <b>----Race----</b>                       |       |                |     |        |               |     |       |              |    |
| American Indian or Alaskan Native         | *     | *              | *   | *      | *             | *   | *     | *            | *  |
| Asian                                     | *     | *              | *   | *      | *             | *   | *     | *            | *  |
| Black or African American                 | *     | *              | *   | *      | *             | *   | *     | *            | *  |
| Native Hawaiian or Other Pacific Islander | 53.5% | (5.0%-100.0%)~ | 8   | *      | *             | *   | *     | *            | *  |
| White                                     | 4.8%  | (3.0%-6.6%)    | 161 | 5.9%   | (3.7%-8.2%)   | 95  | 3.9%  | (2.1%-5.6%)  | 66 |
| Multiple Races                            | 12.5% | (6.2%-18.8%)   | 32  | 13.3%  | (1.6%-25.0%)~ | 15  | 9.2%  | (2.3%-16.1%) | 12 |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb\_3)*

|  | Total |               |     | Female |              |     | Male |               |    |
|--|-------|---------------|-----|--------|--------------|-----|------|---------------|----|
|  | %     | CI            | N   | %      | CI           | N   | %    | CI            | N  |
| <b>----Sexual Orientation----</b>        |       |               |     |        |              |     |      |               |    |
| Heterosexual                             | 4.1%  | (2.6%-5.6%)   | 114 | 4.5%   | (2.4%-6.7%)  | 52  | 3.8% | (2.4%-5.3%)   | 62 |
| Gay/Lesbian                              | 11.8% | (0.0%-24.6%)~ | 13  | *      | *            | *   | *    | *             | *  |
| Bisexual                                 | 9.9%  | (4.1%-15.7%)  | 37  | *      | *            | *   | *    | *             | *  |
| Described sexual identity some other way | 7.2%  | (0.4%-14.0%)  | 19  | 6.6%   | (0.0%-14.2%) | 10  | 9.2% | (0.0%-22.6%)~ | 8  |
| Questioning                              | 5.7%  | (1.1%-10.3%)  | 12  | *      | *            | *   | *    | *             | *  |
| Did not understand question              | *     | *             | *   | *      | *            | *   | *    | *             | *  |
| <b>----Transgender Identity----</b>      |       |               |     |        |              |     |      |               |    |
| Yes                                      | 16.9% | (3.6%-30.2%)~ | 13  | *      | *            | *   | *    | *             | *  |
| No                                       | 5.0%  | (3.6%-6.5%)   | 182 | 6.7%   | (4.4%-9.0%)  | 113 | 3.6% | (2.4%-4.8%)   | 68 |
| Not Sure                                 | *     | *             | *   | *      | *            | *   | *    | *             | *  |
| Did not understand question              | 14.4% | (0.1%-28.7%)~ | 9   | *      | *            | *   | *    | *             | *  |
| <b>----LGBTQ----</b>                     |       |               |     |        |              |     |      |               |    |
| Yes                                      | 8.3%  | (5.3%-11.3%)  | 80  | 9.7%   | (4.7%-14.8%) | 63  | 4.7% | (0.3%-9.2%)   | 13 |
| No                                       | 4.4%  | (2.8%-5.9%)   | 128 | 5.0%   | (2.6%-7.4%)  | 60  | 4.0% | (2.5%-5.4%)   | 68 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How wrong do your parents or guardians feel it would be for you to use any tobacco products? (mn212a)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|   | Total |               |     | Female |               |     | Male |              |    |
|---|-------|---------------|-----|--------|---------------|-----|------|--------------|----|
|   | %     | CI            | N   | %      | CI            | N   | %    | CI           | N  |
| Total                                     | 4.9%  | (3.8%-5.9%)   | 200 | 6.0%   | (4.5%-7.6%)   | 117 | 3.7% | (2.0%-5.3%)  | 78 |
| <b>----Age----</b>                        |       |               |     |        |               |     |      |              |    |
| 12 or younger                             | 3.9%  | (2.3%-5.5%)   | 45  | 4.0%   | (2.1%-5.9%)   | 22  | 3.8% | (1.7%-5.9%)  | 22 |
| 13  | 4.1%  | (2.6%-5.5%)   | 79  | 5.4%   | (3.3%-7.4%)   | 50  | 2.7% | (1.1%-4.3%)  | 26 |
| 14 or older                               | 7.2%  | (5.1%-9.3%)   | 74  | 9.9%   | (5.5%-14.4%)  | 44  | 5.2% | (1.2%-9.1%)  | 30 |
| <b>----Grade----</b>                      |       |               |     |        |               |     |      |              |    |
| Grade 7                                   | 4.0%  | (2.4%-5.5%)   | 80  | 4.8%   | (2.5%-7.0%)   | 45  | 3.3% | (1.5%-5.2%)  | 35 |
| Grade 8                                   | 5.6%  | (4.2%-7.0%)   | 118 | 7.2%   | (5.4%-9.0%)   | 72  | 4.0% | (1.5%-6.6%)  | 43 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |      |              |    |
| Hispanic                                  | 8.7%  | (2.0%-15.4%)  | 16  | *      | *             | *   | *    | *            | *  |
| Non-Hispanic                              | 4.7%  | (3.7%-5.8%)   | 176 | 5.7%   | (4.1%-7.3%)   | 101 | 4.0% | (2.2%-5.7%)  | 76 |
| <b>----Race----</b>                       |       |               |     |        |               |     |      |              |    |
| American Indian or Alaskan Native         | *     | *             | *   | *      | *             | *   | *    | *            | *  |
| Asian                                     | 21.5% | (0.0%-52.3%)~ | 8   | *      | *             | *   | *    | *            | *  |
| Black or African American                 | 4.8%  | (0.0%-11.6%)  | 6   | *      | *             | *   | *    | *            | *  |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *    | *            | *  |
| White                                     | 4.3%  | (3.3%-5.4%)   | 152 | 5.2%   | (3.6%-6.8%)   | 85  | 3.6% | (1.9%-5.4%)  | 67 |
| Multiple Races                            | 7.2%  | (0.0%-14.7%)  | 20  | 9.4%   | (0.0%-22.9%)~ | 14  | 4.9% | (0.0%-11.3%) | 6  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How wrong do your parents or guardians feel it would be for you to use any tobacco products? (mn212a)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|  | Total |               |     | Female |               |    | Male  |               |    |
|--|-------|---------------|-----|--------|---------------|----|-------|---------------|----|
|  | %     | CI            | N   | %      | CI            | N  | %     | CI            | N  |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |    |       |               |    |
| Heterosexual                             | 3.6%  | (2.2%-5.1%)   | 107 | 4.4%   | (2.6%-6.1%)   | 52 | 3.1%  | (1.6%-4.7%)   | 54 |
| Gay/Lesbian                              | 10.9% | (2.1%-19.7%)  | 18  | *      | *             | *  | *     | *             | *  |
| Bisexual                                 | 9.4%  | (6.1%-12.7%)  | 40  | 10.2%  | (4.8%-15.7%)  | 32 | 7.9%  | (0.0%-19.3%)  | 8  |
| Described sexual identity some other way | 11.7% | (4.4%-19.0%)  | 21  | *      | *             | *  | *     | *             | *  |
| Questioning                              | 4.7%  | (0.0%-11.3%)  | 10  | *      | *             | *  | *     | *             | *  |
| Did not understand question              | *     | *             | *   | *      | *             | *  | *     | *             | *  |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |    |       |               |    |
| Yes                                      | 18.5% | (5.7%-31.3%)~ | 26  | 15.2%  | (1.6%-28.8%)~ | 10 | 22.5% | (0.0%-49.6%)~ | 13 |
| No                                       | 4.0%  | (2.9%-5.1%)   | 152 | 5.2%   | (3.5%-7.0%)   | 92 | 3.0%  | (1.6%-4.4%)   | 60 |
| Not Sure                                 | 9.7%  | (0.0%-20.7%)~ | 12  | *      | *             | *  | *     | *             | *  |
| Did not understand question              | 10.4% | (0.0%-23.9%)~ | 8   | *      | *             | *  | *     | *             | *  |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |    |       |               |    |
| Yes                                      | 8.8%  | (6.1%-11.6%)  | 89  | 9.1%   | (5.6%-12.6%)  | 63 | 7.7%  | (0.5%-15.0%)  | 21 |
| No                                       | 3.6%  | (2.2%-5.0%)   | 111 | 4.4%   | (2.7%-6.1%)   | 54 | 3.1%  | (1.6%-4.6%)   | 57 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 8**

### **Alcohol**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Have you ever had a drink of alcohol, other than a few sips? (mn59a)*  
*Percentage of students who answered 'Yes'*

|   | Total |                |     | Female |                |     | Male  |               |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|---------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI            | N   |
| Total                                     | 16.0% | (13.9%-18.1%)  | 617 | 17.0%  | (14.4%-19.5%)  | 307 | 14.8% | (12.3%-17.2%) | 294 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |               |     |
| 12 or younger                             | 10.8% | (7.6%-14.0%)   | 119 | 11.0%  | (7.2%-14.7%)   | 61  | 10.5% | (6.8%-14.2%)  | 57  |
| 13  | 17.0% | (14.6%-19.4%)  | 312 | 18.4%  | (14.7%-22.2%)  | 159 | 15.6% | (12.5%-18.7%) | 148 |
| 14 or older                               | 20.1% | (15.4%-24.7%)  | 181 | 22.3%  | (17.1%-27.5%)  | 87  | 17.8% | (11.8%-23.9%) | 89  |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |               |     |
| Grade 7                                   | 14.0% | (11.5%-16.5%)  | 264 | 14.9%  | (10.7%-19.2%)  | 131 | 12.9% | (9.9%-15.9%)  | 127 |
| Grade 8                                   | 17.9% | (14.6%-21.2%)  | 347 | 18.7%  | (15.3%-22.2%)  | 172 | 16.9% | (13.5%-20.3%) | 166 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |               |     |
| Hispanic                                  | 25.3% | (16.4%-34.2%)  | 47  | 28.7%  | (13.6%-43.8%)~ | 24  | 20.2% | (10.6%-29.7%) | 19  |
| Non-Hispanic                              | 15.7% | (13.4%-18.0%)  | 542 | 16.6%  | (13.9%-19.4%)  | 274 | 14.6% | (12.0%-17.2%) | 259 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |               |     |
| American Indian or Alaskan Native         | 18.9% | (3.8%-34.0%)~  | 14  | *      | *              | *   | *     | *             | *   |
| Asian                                     | 27.6% | (7.7%-47.4%)~  | 10  | *      | *              | *   | *     | *             | *   |
| Black or African American                 | 11.4% | (4.4%-18.4%)   | 13  | *      | *              | *   | *     | *             | *   |
| Native Hawaiian or Other Pacific Islander | 45.4% | (13.5%-77.2%)~ | 6   | *      | *              | *   | *     | *             | *   |
| White                                     | 15.0% | (12.7%-17.3%)  | 493 | 16.0%  | (13.2%-18.7%)  | 245 | 14.3% | (11.7%-16.9%) | 244 |
| Multiple Races                            | 25.9% | (21.3%-30.5%)  | 68  | 27.4%  | (18.6%-36.1%)  | 34  | 19.2% | (14.8%-23.7%) | 25  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Have you ever had a drink of alcohol, other than a few sips? (mn59a)*  
*Percentage of students who answered 'Yes'*

|  | Total |                |     | Female |               |     | Male  |                |     |
|--|-------|----------------|-----|--------|---------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI            | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |               |     |       |                |     |
| Heterosexual                             | 14.0% | (11.6%-16.4%)  | 379 | 14.1%  | (11.0%-17.1%) | 157 | 13.7% | (11.3%-16.1%)  | 218 |
| Gay/Lesbian                              | 22.8% | (15.0%-30.6%)  | 30  | 18.7%  | (7.8%-29.7%)~ | 12  | 29.6% | (11.5%-47.8%)~ | 15  |
| Bisexual                                 | 25.1% | (19.6%-30.5%)  | 93  | 26.8%  | (19.7%-33.8%) | 75  | 20.5% | (8.7%-32.3%)~  | 16  |
| Described sexual identity some other way | 21.0% | (12.4%-29.6%)  | 45  | 19.4%  | (8.4%-30.5%)~ | 26  | 21.7% | (1.8%-41.6%)~  | 13  |
| Questioning                              | 18.9% | (11.0%-26.8%)  | 39  | 17.9%  | (7.5%-28.2%)~ | 26  | 18.6% | (6.7%-30.5%)~  | 10  |
| Did not understand question              | 12.6% | (5.4%-19.8%)   | 14  | *      | *             | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |               |     |       |                |     |
| Yes                                      | 40.3% | (29.1%-51.5%)~ | 40  | 26.8%  | (7.6%-46.1%)~ | 13  | 54.6% | (32.5%-76.8%)~ | 22  |
| No                                       | 15.0% | (12.9%-17.1%)  | 525 | 16.4%  | (13.7%-19.1%) | 268 | 13.7% | (11.4%-16.0%)  | 253 |
| Not Sure                                 | 18.9% | (8.8%-29.0%)~  | 25  | *      | *             | *   | *     | *              | *   |
| Did not understand question              | 21.4% | (15.0%-27.9%)  | 16  | 23.5%  | (1.3%-45.7%)~ | 6   | 14.0% | (5.2%-22.9%)   | 6   |
| <b>----LGBTQ----</b>                     |       |                |     |        |               |     |       |                |     |
| Yes                                      | 22.1% | (17.0%-27.2%)  | 208 | 22.2%  | (17.4%-26.9%) | 140 | 21.7% | (10.9%-32.4%)~ | 56  |
| No                                       | 14.2% | (11.9%-16.5%)  | 406 | 14.3%  | (11.5%-17.2%) | 167 | 13.9% | (11.4%-16.4%)  | 235 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*How old were you when you had your first drink of alcohol other than a few sips? (mn60)*

*Among students who have had more than a few sips of alcohol, the percentage of students who answered before age 11*

|   | Total |                |     | Female |                |     | Male  |                |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 40.5% | (34.8%-46.2%)  | 249 | 37.7%  | (31.4%-44.1%)  | 114 | 42.8% | (35.8%-49.8%)  | 127 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |                |     |
| 12 or younger                             | 62.7% | (53.6%-71.8%)  | 75  | 63.9%  | (45.4%-82.5%)~ | 38  | 60.5% | (37.9%-83.0%)~ | 36  |
| 13  | 35.4% | (28.0%-42.9%)  | 109 | 33.1%  | (25.6%-40.7%)  | 52  | 37.5% | (27.2%-47.8%)~ | 55  |
| 14 or older                               | 34.5% | (24.9%-44.2%)  | 63  | 28.0%  | (16.5%-39.5%)~ | 24  | 39.8% | (25.7%-53.9%)~ | 36  |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |                |     |
| Grade 7                                   | 52.8% | (45.1%-60.5%)  | 139 | 54.9%  | (42.3%-67.4%)~ | 71  | 51.0% | (42.8%-59.2%)  | 66  |
| Grade 8                                   | 30.4% | (22.9%-38.0%)  | 106 | 23.8%  | (15.7%-31.9%)  | 40  | 36.5% | (26.5%-46.5%)~ | 61  |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |                |     |
| Hispanic                                  | 52.8% | (35.2%-70.4%)~ | 24  | 44.9%  | (17.7%-72.0%)~ | 10  | 52.6% | (24.3%-80.9%)~ | 10  |
| Non-Hispanic                              | 39.6% | (34.0%-45.3%)  | 214 | 37.9%  | (31.4%-44.4%)  | 102 | 42.3% | (34.9%-49.7%)  | 111 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |                |     |
| American Indian or Alaskan Native         | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| Asian                                     | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| Black or African American                 | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| White                                     | 37.9% | (31.6%-44.1%)  | 186 | 36.2%  | (28.8%-43.7%)  | 88  | 39.6% | (31.8%-47.4%)  | 97  |
| Multiple Races                            | 48.3% | (33.3%-63.4%)~ | 33  | 43.5%  | (29.3%-57.7%)~ | 14  | 55.8% | (33.7%-77.9%)~ | 15  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Among students who have had more than a few sips of alcohol, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How old were you when you had your first drink of alcohol other than a few sips? (mn60)*

*Among students who have had more than a few sips of alcohol, the percentage of students who answered before age 11*

|  | Total |                |     | Female |                |    | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N  | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |    |       |                |     |
| Heterosexual                             | 40.7% | (35.4%-46.0%)  | 155 | 38.3%  | (30.8%-45.8%)  | 60 | 42.6% | (34.1%-51.1%)  | 94  |
| Gay/Lesbian                              | 42.3% | (11.6%-73.0%)~ | 13  | *      | *              | *  | *     | *              | *   |
| Bisexual                                 | 36.0% | (20.4%-51.7%)~ | 33  | *      | *              | *  | *     | *              | *   |
| Described sexual identity some other way | 42.5% | (14.1%-71.0%)~ | 19  | 37.0%  | (4.1%-69.8%)~  | 9  | 50.8% | (2.7%-98.9%)~  | 7   |
| Questioning                              | 37.8% | (20.9%-54.8%)~ | 15  | *      | *              | *  | *     | *              | *   |
| Did not understand question              | *     | *              | *   | *      | *              | *  | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |    |       |                |     |
| Yes                                      | 42.7% | (19.9%-65.5%)~ | 17  | *      | *              | *  | *     | *              | *   |
| No                                       | 40.6% | (35.3%-45.9%)  | 213 | 37.7%  | (31.4%-44.1%)  | 99 | 43.7% | (35.9%-51.4%)  | 112 |
| Not Sure                                 | 35.0% | (5.4%-64.6%)~  | 9   | *      | *              | *  | *     | *              | *   |
| Did not understand question              | 46.7% | (14.2%-79.2%)~ | 7   | *      | *              | *  | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |    |       |                |     |
| Yes                                      | 38.4% | (28.1%-48.7%)~ | 80  | 37.7%  | (25.6%-49.7%)~ | 52 | 36.7% | (13.4%-60.1%)~ | 21  |
| No                                       | 41.7% | (36.9%-46.5%)  | 169 | 37.8%  | (30.2%-45.4%)  | 62 | 44.5% | (37.2%-51.7%)  | 106 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have had more than a few sips of alcohol, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How old were you when you had your first drink of alcohol other than a few sips? (mn60\_2)*  
*Percentage of students who answered before age 11*

|   | Total |               |     | Female |               |     | Male  |              |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|--------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI           | N   |
| Total                                     | 6.8%  | (5.2%-8.4%)   | 249 | 6.7%   | (5.0%-8.3%)   | 114 | 6.7%  | (4.9%-8.5%)  | 127 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |              |     |
| 12 or younger                             | 7.2%  | (4.8%-9.7%)   | 75  | 7.3%   | (4.4%-10.2%)  | 38  | 7.0%  | (3.1%-10.9%) | 36  |
| 13  | 6.2%  | (4.3%-8.2%)   | 109 | 6.3%   | (4.0%-8.6%)   | 52  | 6.1%  | (3.8%-8.3%)  | 55  |
| 14 or older                               | 7.3%  | (5.1%-9.6%)   | 63  | 6.6%   | (3.8%-9.3%)   | 24  | 7.6%  | (4.2%-10.9%) | 36  |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |              |     |
| Grade 7                                   | 7.8%  | (5.9%-9.8%)   | 139 | 8.5%   | (5.5%-11.5%)  | 71  | 7.0%  | (4.9%-9.2%)  | 66  |
| Grade 8                                   | 5.7%  | (3.8%-7.5%)   | 106 | 4.7%   | (2.9%-6.4%)   | 40  | 6.4%  | (3.9%-8.9%)  | 61  |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |              |     |
| Hispanic                                  | 13.7% | (7.7%-19.6%)  | 24  | 12.8%  | (2.7%-22.9%)~ | 10  | 11.2% | (4.5%-17.9%) | 10  |
| Non-Hispanic                              | 6.5%  | (5.0%-8.0%)   | 214 | 6.6%   | (4.9%-8.2%)   | 102 | 6.5%  | (4.6%-8.4%)  | 111 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |              |     |
| American Indian or Alaskan Native         | 11.9% | (0.0%-24.1%)~ | 8   | *      | *             | *   | *     | *            | *   |
| Asian                                     | 18.6% | (2.0%-35.3%)~ | 6   | *      | *             | *   | *     | *            | *   |
| Black or African American                 | 9.5%  | (3.5%-15.5%)  | 10  | *      | *             | *   | *     | *            | *   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *     | *            | *   |
| White                                     | 6.0%  | (4.4%-7.5%)   | 186 | 6.0%   | (4.2%-7.8%)   | 88  | 6.0%  | (4.1%-7.8%)  | 97  |
| Multiple Races                            | 13.1% | (8.2%-18.0%)  | 33  | 12.3%  | (7.4%-17.3%)  | 14  | 11.5% | (5.9%-17.1%) | 15  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How old were you when you had your first drink of alcohol other than a few sips? (mn60\_2)*  
*Percentage of students who answered before age 11*

|  | Total |              |     | Female |              |    | Male  |               |     |
|--|-------|--------------|-----|--------|--------------|----|-------|---------------|-----|
|  | %     | CI           | N   | %      | CI           | N  | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |              |     |        |              |    |       |               |     |
| Heterosexual                             | 6.0%  | (4.5%-7.5%)  | 155 | 5.6%   | (4.0%-7.3%)  | 60 | 6.1%  | (4.2%-8.1%)   | 94  |
| Gay/Lesbian                              | 10.2% | (1.8%-18.6%) | 13  | *      | *            | *  | *     | *             | *   |
| Bisexual                                 | 9.5%  | (5.5%-13.5%) | 33  | *      | *            | *  | *     | *             | *   |
| Described sexual identity some other way | 9.3%  | (4.7%-13.8%) | 19  | 7.5%   | (0.9%-14.2%) | 9  | 11.2% | (0.0%-23.9%)~ | 7   |
| Questioning                              | 7.3%  | (2.1%-12.5%) | 15  | *      | *            | *  | *     | *             | *   |
| Did not understand question              | 8.7%  | (1.7%-15.7%) | 9   | *      | *            | *  | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |              |     |        |              |    |       |               |     |
| Yes                                      | 17.5% | (7.6%-27.5%) | 17  | *      | *            | *  | *     | *             | *   |
| No                                       | 6.4%  | (4.8%-7.9%)  | 213 | 6.4%   | (4.7%-8.1%)  | 99 | 6.3%  | (4.5%-8.2%)   | 112 |
| Not Sure                                 | 7.2%  | (0.2%-14.1%) | 9   | *      | *            | *  | *     | *             | *   |
| Did not understand question              | 11.1% | (3.2%-19.1%) | 7   | *      | *            | *  | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |              |     |        |              |    |       |               |     |
| Yes                                      | 8.9%  | (6.2%-11.6%) | 80  | 8.7%   | (6.0%-11.4%) | 52 | 8.4%  | (1.9%-14.9%)  | 21  |
| No                                       | 6.2%  | (4.7%-7.7%)  | 169 | 5.6%   | (4.0%-7.3%)  | 62 | 6.5%  | (4.6%-8.5%)   | 106 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 30 days, on how many days did you have at least one drink of alcohol? (mn61)*  
*Percentage of students who answered at least 1 day*

|   | Total |               |     | Female |               |     | Male |              |    |
|---|-------|---------------|-----|--------|---------------|-----|------|--------------|----|
|   | %     | CI            | N   | %      | CI            | N   | %    | CI           | N  |
| Total                                     | 5.4%  | (3.9%-6.9%)   | 219 | 6.5%   | (4.9%-8.1%)   | 123 | 3.9% | (2.4%-5.5%)  | 83 |
| <b>----Age----</b>                        |       |               |     |        |               |     |      |              |    |
| 12 or younger                             | 2.0%  | (0.5%-3.5%)   | 23  | 2.6%   | (0.8%-4.5%)   | 15  | 1.4% | (0.0%-3.2%)  | 8  |
| 13  | 5.5%  | (3.7%-7.2%)   | 106 | 7.3%   | (5.0%-9.5%)   | 66  | 3.5% | (1.5%-5.6%)  | 35 |
| 14 or older                               | 9.0%  | (4.7%-13.4%)  | 87  | 10.3%  | (4.2%-16.4%)  | 42  | 7.3% | (4.0%-10.6%) | 39 |
| <b>----Grade----</b>                      |       |               |     |        |               |     |      |              |    |
| Grade 7                                   | 3.2%  | (1.8%-4.5%)   | 62  | 4.0%   | (1.8%-6.2%)   | 37  | 2.2% | (0.7%-3.7%)  | 23 |
| Grade 8                                   | 7.6%  | (5.0%-10.2%)  | 156 | 9.0%   | (5.6%-12.4%)  | 87  | 5.7% | (3.5%-7.9%)  | 60 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |      |              |    |
| Hispanic                                  | 11.0% | (6.4%-15.5%)  | 21  | 11.8%  | (1.8%-21.8%)~ | 10  | 7.3% | (1.9%-12.8%) | 7  |
| Non-Hispanic                              | 5.3%  | (3.6%-7.1%)   | 194 | 6.4%   | (4.5%-8.4%)   | 110 | 4.0% | (2.3%-5.8%)  | 75 |
| <b>----Race----</b>                       |       |               |     |        |               |     |      |              |    |
| American Indian or Alaskan Native         | 8.7%  | (0.7%-16.6%)  | 7   | *      | *             | *   | *    | *            | *  |
| Asian                                     | 17.1% | (0.7%-33.5%)~ | 6   | *      | *             | *   | *    | *            | *  |
| Black or African American                 | *     | *             | *   | *      | *             | *   | *    | *            | *  |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *    | *            | *  |
| White                                     | 4.9%  | (3.5%-6.3%)   | 170 | 6.4%   | (4.7%-8.1%)   | 103 | 3.5% | (2.0%-5.1%)  | 64 |
| Multiple Races                            | 10.1% | (6.5%-13.8%)  | 28  | 6.0%   | (1.7%-10.3%)  | 8   | 8.9% | (5.9%-11.9%) | 12 |

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 30 days, on how many days did you have at least one drink of alcohol? (mn61)*  
*Percentage of students who answered at least 1 day*

|  | Total |               |     | Female |               |     | Male  |               |    |
|--|-------|---------------|-----|--------|---------------|-----|-------|---------------|----|
|  | %     | CI            | N   | %      | CI            | N   | %     | CI            | N  |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |     |       |               |    |
| Heterosexual                             | 4.6%  | (2.9%-6.2%)   | 131 | 5.8%   | (3.6%-8.1%)   | 68  | 3.6%  | (2.0%-5.2%)   | 61 |
| Gay/Lesbian                              | 7.7%  | (1.9%-13.5%)  | 10  | *      | *             | *   | *     | *             | *  |
| Bisexual                                 | 9.2%  | (6.0%-12.4%)  | 37  | *      | *             | *   | *     | *             | *  |
| Described sexual identity some other way | 8.9%  | (3.2%-14.5%)  | 19  | 5.3%   | (0.1%-10.5%)  | 7   | 10.3% | (0.0%-22.3%)~ | 6  |
| Questioning                              | 5.5%  | (0.9%-10.1%)  | 12  | *      | *             | *   | *     | *             | *  |
| Did not understand question              | *     | *             | *   | *      | *             | *   | *     | *             | *  |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |     |       |               |    |
| Yes                                      | 20.7% | (8.7%-32.7%)~ | 22  | 12.0%  | (0.0%-26.3%)~ | 6   | 27.9% | (8.6%-47.2%)~ | 11 |
| No                                       | 4.9%  | (3.5%-6.2%)   | 179 | 6.5%   | (4.9%-8.1%)   | 111 | 3.4%  | (1.9%-4.8%)   | 66 |
| Not Sure                                 | 4.8%  | (0.1%-9.5%)   | 7   | *      | *             | *   | *     | *             | *  |
| Did not understand question              | 11.8% | (4.6%-19.0%)  | 9   | *      | *             | *   | *     | *             | *  |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |     |       |               |    |
| Yes                                      | 7.9%  | (5.2%-10.6%)  | 79  | 7.5%   | (4.9%-10.2%)  | 50  | 6.5%  | (1.8%-11.1%)  | 18 |
| No                                       | 4.7%  | (3.0%-6.4%)   | 141 | 6.0%   | (3.8%-8.2%)   | 73  | 3.6%  | (1.9%-5.3%)   | 65 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (mn62a)*  
*Percentage of students who answered at least 1 day*

|   | Total |              |    | Female |             |    | Male |             |    |
|---|-------|--------------|----|--------|-------------|----|------|-------------|----|
|   | %     | CI           | N  | %      | CI          | N  | %    | CI          | N  |
| Total                                     | 2.1%  | (1.5%-2.7%)  | 86 | 2.2%   | (1.3%-3.2%) | 43 | 1.5% | (0.8%-2.2%) | 32 |
| <b>----Age----</b>                        |       |              |    |        |             |    |      |             |    |
| 12 or younger                             | 0.9%  | (0.1%-1.7%)  | 10 | *      | *           | *  | *    | *           | *  |
| 13  | 1.8%  | (1.0%-2.5%)  | 35 | 2.1%   | (0.9%-3.4%) | 20 | 1.4% | (0.5%-2.3%) | 14 |
| 14 or older                               | 3.8%  | (1.4%-6.2%)  | 37 | 3.8%   | (0.9%-6.8%) | 16 | 2.8% | (0.7%-5.0%) | 15 |
| <b>----Grade----</b>                      |       |              |    |        |             |    |      |             |    |
| Grade 7                                   | 0.9%  | (0.1%-1.7%)  | 18 | *      | *           | *  | *    | *           | *  |
| Grade 8                                   | 3.2%  | (1.7%-4.6%)  | 66 | 2.9%   | (1.7%-4.2%) | 29 | 2.6% | (1.2%-4.1%) | 28 |
| <b>----Hispanic Ethnicity----</b>         |       |              |    |        |             |    |      |             |    |
| Hispanic                                  | 6.4%  | (2.5%-10.4%) | 13 | *      | *           | *  | *    | *           | *  |
| Non-Hispanic                              | 1.9%  | (1.4%-2.5%)  | 72 | 2.2%   | (1.2%-3.3%) | 39 | 1.4% | (0.7%-2.2%) | 27 |
| <b>----Race----</b>                       |       |              |    |        |             |    |      |             |    |
| American Indian or Alaskan Native         | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Asian                                     | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Black or African American                 | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Native Hawaiian or Other Pacific Islander | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| White                                     | 1.8%  | (1.2%-2.4%)  | 63 | 2.5%   | (1.5%-3.4%) | 40 | 1.2% | (0.5%-2.0%) | 22 |
| Multiple Races                            | 6.0%  | (2.0%-10.0%) | 17 | *      | *           | *  | *    | *           | *  |

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (mn62a)  
Percentage of students who answered at least 1 day*

|  | Total |              |    | Female |             |    | Male |             |    |
|--|-------|--------------|----|--------|-------------|----|------|-------------|----|
|  | %     | CI           | N  | %      | CI          | N  | %    | CI          | N  |
| <b>----Sexual Orientation----</b>        |       |              |    |        |             |    |      |             |    |
| Heterosexual                             | 1.7%  | (0.9%-2.5%)  | 49 | 2.1%   | (0.6%-3.5%) | 24 | 1.3% | (0.6%-2.0%) | 22 |
| Gay/Lesbian                              | 6.6%  | (1.7%-11.6%) | 9  | *      | *           | *  | *    | *           | *  |
| Bisexual                                 | 2.9%  | (0.9%-4.9%)  | 12 | *      | *           | *  | *    | *           | *  |
| Described sexual identity some other way | 3.6%  | (0.0%-7.2%)  | 8  | *      | *           | *  | *    | *           | *  |
| Questioning                              | 3.4%  | (0.0%-7.7%)  | 8  | *      | *           | *  | *    | *           | *  |
| Did not understand question              | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| <b>----Transgender Identity----</b>      |       |              |    |        |             |    |      |             |    |
| Yes                                      | 10.6% | (1.5%-19.7%) | 11 | *      | *           | *  | *    | *           | *  |
| No                                       | 1.6%  | (1.0%-2.2%)  | 60 | 2.0%   | (1.0%-3.1%) | 35 | 1.1% | (0.5%-1.7%) | 22 |
| Not Sure                                 | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Did not understand question              | 10.0% | (2.3%-17.6%) | 7  | *      | *           | *  | *    | *           | *  |
| <b>----LGBTQ----</b>                     |       |              |    |        |             |    |      |             |    |
| Yes                                      | 3.6%  | (1.9%-5.3%)  | 36 | 2.8%   | (0.7%-4.8%) | 19 | 3.6% | (0.8%-6.4%) | 10 |
| No                                       | 1.6%  | (0.8%-2.4%)  | 49 | 2.0%   | (0.6%-3.4%) | 24 | 1.2% | (0.5%-1.9%) | 22 |

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (mn62a\_2)  
Among students that reported alcohol use during the past 30 days in m61, the percentage of students who answered at least 1 day*

|   | Total |              |    | Female |             |    | Male |             |    |
|---|-------|--------------|----|--------|-------------|----|------|-------------|----|
|   | %     | CI           | N  | %      | CI          | N  | %    | CI          | N  |
| Total                                     | 2.1%  | (1.4%-2.7%)  | 84 | 2.3%   | (1.3%-3.3%) | 43 | 1.5% | (0.7%-2.2%) | 31 |
| <b>----Age----</b>                        |       |              |    |        |             |    |      |             |    |
| 12 or younger                             | 0.9%  | (0.1%-1.7%)  | 10 | *      | *           | *  | *    | *           | *  |
| 13  | 1.8%  | (1.0%-2.5%)  | 34 | 2.2%   | (0.9%-3.4%) | 20 | 1.3% | (0.4%-2.2%) | 13 |
| 14 or older                               | 3.8%  | (1.4%-6.2%)  | 37 | 3.9%   | (0.9%-6.9%) | 16 | 2.9% | (0.7%-5.0%) | 15 |
| <b>----Grade----</b>                      |       |              |    |        |             |    |      |             |    |
| Grade 7                                   | 0.9%  | (0.1%-1.7%)  | 18 | *      | *           | *  | *    | *           | *  |
| Grade 8                                   | 3.2%  | (1.7%-4.7%)  | 65 | 3.0%   | (1.7%-4.3%) | 29 | 2.6% | (1.1%-4.0%) | 27 |
| <b>----Hispanic Ethnicity----</b>         |       |              |    |        |             |    |      |             |    |
| Hispanic                                  | 6.6%  | (2.5%-10.7%) | 13 | *      | *           | *  | *    | *           | *  |
| Non-Hispanic                              | 1.9%  | (1.3%-2.6%)  | 70 | 2.3%   | (1.2%-3.4%) | 39 | 1.4% | (0.7%-2.1%) | 26 |
| <b>----Race----</b>                       |       |              |    |        |             |    |      |             |    |
| American Indian or Alaskan Native         | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Asian                                     | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Black or African American                 | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Native Hawaiian or Other Pacific Islander | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| White                                     | 1.8%  | (1.3%-2.4%)  | 63 | 2.5%   | (1.5%-3.5%) | 40 | 1.2% | (0.5%-2.0%) | 22 |
| Multiple Races                            | 6.0%  | (2.0%-10.1%) | 17 | *      | *           | *  | *    | *           | *  |

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Among students that reported alcohol use during the past 30 days in m61, the number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (mn62a\_2)  
Among students that reported alcohol use during the past 30 days in m61, the percentage of students who answered at least 1 day*

|  | Total |              |    | Female |             |    | Male |             |    |
|--|-------|--------------|----|--------|-------------|----|------|-------------|----|
|  | %     | CI           | N  | %      | CI          | N  | %    | CI          | N  |
| <b>----Sexual Orientation----</b>        |       |              |    |        |             |    |      |             |    |
| Heterosexual                             | 1.7%  | (0.8%-2.6%)  | 48 | 2.1%   | (0.7%-3.6%) | 24 | 1.2% | (0.5%-2.0%) | 21 |
| Gay/Lesbian                              | 6.8%  | (1.7%-11.8%) | 9  | *      | *           | *  | *    | *           | *  |
| Bisexual                                 | 3.0%  | (0.9%-5.0%)  | 12 | *      | *           | *  | *    | *           | *  |
| Described sexual identity some other way | 3.6%  | (0.0%-7.2%)  | 8  | *      | *           | *  | *    | *           | *  |
| Questioning                              | 3.5%  | (0.0%-7.9%)  | 8  | *      | *           | *  | *    | *           | *  |
| Did not understand question              | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| <b>----Transgender Identity----</b>      |       |              |    |        |             |    |      |             |    |
| Yes                                      | 10.8% | (1.6%-19.9%) | 11 | *      | *           | *  | *    | *           | *  |
| No                                       | 1.6%  | (1.0%-2.2%)  | 59 | 2.1%   | (1.0%-3.2%) | 35 | 1.1% | (0.5%-1.7%) | 21 |
| Not Sure                                 | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Did not understand question              | 10.4% | (2.7%-18.1%) | 7  | *      | *           | *  | *    | *           | *  |
| <b>----LGBTQ----</b>                     |       |              |    |        |             |    |      |             |    |
| Yes                                      | 3.7%  | (1.9%-5.4%)  | 36 | 2.8%   | (0.7%-4.9%) | 19 | 3.6% | (0.8%-6.4%) | 10 |
| No                                       | 1.6%  | (0.8%-2.4%)  | 48 | 2.0%   | (0.6%-3.4%) | 24 | 1.2% | (0.4%-1.9%) | 21 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students that reported alcohol use during the past 30 days in m61, the number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, how did you usually get the alcohol you drank? (mn63b)*

*Among students who reported alcohol use during the past 30 days, the percentage of students who answered 'Someone gave it to me'*

|   | Total |                |    | Female |                |    | Male  |                |    |
|---|-------|----------------|----|--------|----------------|----|-------|----------------|----|
|   | %     | CI             | N  | %      | CI             | N  | %     | CI             | N  |
| Total                                     | 23.3% | (12.5%-34.1%)~ | 48 | 21.4%  | (10.4%-32.5%)~ | 32 | 31.0% | (1.9%-60.2%)~  | 16 |
| <b>----Age----</b>                        |       |                |    |        |                |    |       |                |    |
| 12 or younger                             | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| 13  | 21.1% | (10.0%-32.1%)~ | 20 | *      | *              | *  | *     | *              | *  |
| 14 or older                               | 31.5% | (6.8%-56.3%)~  | 26 | 23.2%  | (0.0%-53.6%)~  | 12 | 45.7% | (16.9%-74.4%)~ | 14 |
| <b>----Grade----</b>                      |       |                |    |        |                |    |       |                |    |
| Grade 7                                   | 18.9% | (4.4%-33.4%)~  | 11 | *      | *              | *  | *     | *              | *  |
| Grade 8                                   | 25.6% | (8.2%-43.1%)~  | 37 | 20.9%  | (1.8%-40.0%)~  | 20 | 38.1% | (7.1%-69.2%)~  | 16 |
| <b>----Hispanic Ethnicity----</b>         |       |                |    |        |                |    |       |                |    |
| Hispanic                                  | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| Non-Hispanic                              | 25.1% | (13.3%-37.0%)~ | 48 | 22.2%  | (10.6%-33.7%)~ | 32 | 33.9% | (3.4%-64.5%)~  | 16 |
| <b>----Race----</b>                       |       |                |    |        |                |    |       |                |    |
| American Indian or Alaskan Native         | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| Asian                                     | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| Black or African American                 | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *  | *      | *              | *  | *     | *              | *  |
| White                                     | 23.5% | (11.6%-35.5%)~ | 42 | 20.6%  | (9.1%-32.1%)~  | 28 | 32.6% | (5.4%-59.8%)~  | 14 |
| Multiple Races                            | *     | *              | *  | *      | *              | *  | *     | *              | *  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who reported alcohol use during the past 30 days, the number of students who answered 'Someone gave it to me' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, how did you usually get the alcohol you drank? (mn63b)*

*Among students who reported alcohol use during the past 30 days, the percentage of students who answered 'Someone gave it to me'*

|  | Total |                |    | Female |                |    | Male  |               |    |
|--|-------|----------------|----|--------|----------------|----|-------|---------------|----|
|  | %     | CI             | N  | %      | CI             | N  | %     | CI            | N  |
| <b>----Sexual Orientation----</b>        |       |                |    |        |                |    |       |               |    |
| Heterosexual                             | 13.7% | (0.0%-29.9%)~  | 16 | *      | *              | *  | *     | *             | *  |
| Gay/Lesbian                              | *     | *              | *  | *      | *              | *  | *     | *             | *  |
| Bisexual                                 | 42.3% | (8.5%-76.1%)~  | 16 | *      | *              | *  | *     | *             | *  |
| Described sexual identity some other way | 46.2% | (19.5%-72.8%)~ | 8  | *      | *              | *  | *     | *             | *  |
| Questioning                              | 33.4% | (2.0%-64.8%)~  | 6  | *      | *              | *  | *     | *             | *  |
| Did not understand question              | *     | *              | *  | *      | *              | *  | *     | *             | *  |
| <b>----Transgender Identity----</b>      |       |                |    |        |                |    |       |               |    |
| Yes                                      | 30.4% | (8.1%-52.7%)~  | 8  | *      | *              | *  | *     | *             | *  |
| No                                       | 24.0% | (12.7%-35.3%)~ | 38 | 17.4%  | (7.7%-27.2%)   | 22 | 47.7% | (7.5%-87.8%)~ | 16 |
| Not Sure                                 | *     | *              | *  | *      | *              | *  | *     | *             | *  |
| Did not understand question              | *     | *              | *  | *      | *              | *  | *     | *             | *  |
| <b>----LGBTQ----</b>                     |       |                |    |        |                |    |       |               |    |
| Yes                                      | 36.7% | (25.3%-48.1%)~ | 32 | 43.4%  | (27.7%-59.1%)~ | 27 | 26.5% | (0.0%-53.1%)~ | 6  |
| No                                       | 13.4% | (0.0%-29.3%)~  | 16 | *      | *              | *  | *     | *             | *  |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who reported alcohol use during the past 30 days, the number of students who answered 'Someone gave it to me' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 30 days, how did you usually get the alcohol you drank? (m63b)*

|  | Total |               |    | Female |               |    | Male  |              |    |
|--|-------|---------------|----|--------|---------------|----|-------|--------------|----|
|  | %     | CI            | N  | %      | CI            | N  | %     | CI           | N  |
| B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station | 3.6%  | (0.0%-9.5%)   | 8  | *      | *             | *  | *     | *            | *  |
| C. I bought it at a restaurant, bar, or club   | 0.0%  | (0.0%-0.0%)   | 0  | *      | *             | *  | *     | *            | *  |
| D. I bought it at a public event such as a concert or sporting event   | 1.3%  | (0.0%-3.8%)   | 3  | *      | *             | *  | *     | *            | *  |
| E. I gave someone else money to buy it for me  | 9.5%  | (4.2%-14.7%)  | 20 | *      | *             | *  | *     | *            | *  |
| F. Someone gave it to me   | 23.3% | (12.5%-34.1%) | 48 | 21.4%  | (10.4%-32.5%) | 32 | 31.0% | (1.9%-60.2%) | 16 |
| G. I took it from a store or family member   | 40.0% | (28.0%-52.0%) | 83 | 48.5%  | (30.9%-66.1%) | 72 | 20.0% | (0.0%-40.3%) | 11 |
| H. I got it some other way   | 22.3% | (15.8%-28.7%) | 46 | 20.4%  | (6.4%-34.4%)  | 30 | 24.8% | (1.5%-48.2%) | 13 |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*If you wanted to get some alcohol, how easy would it be for you to get some? (mn64)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 37.3% | (34.8%-39.8%)  | 1,496 | 41.5%  | (38.1%-44.8%)  | 777 | 33.6% | (30.8%-36.3%)  | 696 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 30.2% | (28.0%-32.4%)  | 343   | 34.5%  | (29.9%-39.1%)  | 194 | 25.6% | (21.6%-29.6%)  | 144 |
| 13  | 38.4% | (35.2%-41.6%)  | 734   | 43.7%  | (40.1%-47.3%)  | 393 | 33.9% | (30.1%-37.6%)  | 333 |
| 14 or older                               | 43.4% | (38.3%-48.4%)  | 414   | 46.0%  | (37.6%-54.3%)  | 188 | 41.5% | (35.2%-47.8%)  | 220 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 29.9% | (27.6%-32.3%)  | 581   | 34.8%  | (30.0%-39.6%)  | 316 | 25.2% | (21.5%-28.9%)  | 255 |
| Grade 8                                   | 44.4% | (40.6%-48.3%)  | 908   | 48.2%  | (42.5%-53.9%)  | 460 | 41.4% | (37.9%-45.0%)  | 436 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 47.6% | (38.0%-57.2%)  | 89    | 49.3%  | (37.0%-61.7%)~ | 41  | 45.0% | (30.9%-59.2%)~ | 43  |
| Non-Hispanic                              | 37.8% | (35.1%-40.6%)  | 1,365 | 42.1%  | (38.7%-45.6%)  | 720 | 33.9% | (30.7%-37.0%)  | 630 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 37.8% | (16.2%-59.4%)~ | 28    | *      | *              | *   | *     | *              | *   |
| Asian                                     | 59.9% | (39.3%-80.6%)~ | 21    | 57.5%  | (21.1%-93.9%)~ | 8   | 56.6% | (25.2%-88.0%)~ | 11  |
| Black or African American                 | 32.0% | (25.1%-38.9%)  | 40    | 31.0%  | (17.0%-45.0%)~ | 16  | 32.8% | (26.5%-39.0%)  | 24  |
| Native Hawaiian or Other Pacific Islander | 45.9% | (6.9%-85.0%)~  | 7     | *      | *              | *   | *     | *              | *   |
| White                                     | 37.6% | (35.2%-40.0%)  | 1,285 | 42.1%  | (38.7%-45.4%)  | 672 | 33.7% | (30.6%-36.9%)  | 601 |
| Multiple Races                            | 34.4% | (27.5%-41.3%)  | 94    | 34.6%  | (25.3%-43.9%)  | 44  | 32.8% | (22.4%-43.2%)~ | 45  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*If you wanted to get some alcohol, how easy would it be for you to get some? (mn64)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 37.2% | (34.3%-40.1%)  | 1,058 | 41.2%  | (37.3%-45.1%)  | 476 | 34.6% | (31.1%-38.1%)  | 582 |
| Gay/Lesbian                              | 34.2% | (23.0%-45.4%)~ | 48    | 35.2%  | (24.2%-46.2%)~ | 25  | 35.1% | (20.3%-49.9%)~ | 19  |
| Bisexual                                 | 43.1% | (37.7%-48.5%)  | 172   | 45.9%  | (38.1%-53.7%)  | 136 | 35.5% | (15.3%-55.8%)~ | 33  |
| Described sexual identity some other way | 40.8% | (30.2%-51.3%)~ | 88    | 43.2%  | (32.6%-53.8%)~ | 58  | 32.3% | (14.5%-50.1%)~ | 20  |
| Questioning                              | 42.7% | (35.6%-49.8%)  | 95    | 42.8%  | (35.6%-50.1%)  | 70  | 41.0% | (25.2%-56.9%)~ | 23  |
| Did not understand question              | 14.2% | (5.6%-22.8%)   | 15    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 42.9% | (32.1%-53.7%)~ | 47    | 48.5%  | (32.3%-64.6%)~ | 26  | 32.6% | (16.7%-48.5%)~ | 14  |
| No                                       | 37.2% | (34.5%-39.8%)  | 1,360 | 41.4%  | (37.9%-44.8%)  | 700 | 33.6% | (30.9%-36.4%)  | 655 |
| Not Sure                                 | 38.4% | (29.3%-47.5%)  | 55    | 44.9%  | (30.6%-59.2%)~ | 43  | 28.1% | (7.4%-48.8%)~  | 9   |
| Did not understand question              | 32.5% | (21.1%-43.9%)~ | 22    | 24.7%  | (5.4%-43.9%)~  | 6   | 31.1% | (20.8%-41.4%)~ | 12  |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 40.8% | (36.0%-45.6%)  | 406   | 43.2%  | (39.2%-47.3%)  | 289 | 35.4% | (24.9%-45.9%)~ | 99  |
| No                                       | 36.4% | (33.8%-38.9%)  | 1,083 | 40.8%  | (36.9%-44.6%)  | 487 | 33.4% | (30.5%-36.3%)  | 594 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*If you drank some alcohol without your parents' or guardians' permission, would you be caught by your parents or guardians? (mn66a)  
Percentage of students who answered 'Probably not' or 'Definitely not'*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 27.1% | (24.4%-29.9%)  | 1,094 | 29.9%  | (25.8%-34.0%)  | 571 | 23.9% | (20.2%-27.6%)  | 497 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 16.1% | (13.8%-18.4%)  | 181   | 17.9%  | (13.3%-22.5%)  | 96  | 13.7% | (9.5%-17.9%)   | 80  |
| 13  | 27.6% | (23.4%-31.7%)  | 522   | 29.8%  | (23.7%-35.9%)  | 277 | 24.5% | (18.6%-30.4%)  | 229 |
| 14 or older                               | 38.6% | (32.6%-44.6%)  | 391   | 44.8%  | (34.3%-55.3%)~ | 198 | 33.5% | (27.6%-39.3%)  | 188 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 20.0% | (16.9%-23.1%)  | 392   | 22.2%  | (16.4%-27.9%)  | 202 | 17.4% | (12.2%-22.5%)  | 179 |
| Grade 8                                   | 33.8% | (29.5%-38.1%)  | 698   | 36.8%  | (31.7%-42.0%)  | 365 | 30.5% | (25.4%-35.6%)  | 318 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 34.7% | (22.4%-47.1%)~ | 61    | 48.4%  | (29.4%-67.4%)~ | 39  | 21.4% | (4.1%-38.6%)~  | 20  |
| Non-Hispanic                              | 27.3% | (23.8%-30.8%)  | 997   | 29.4%  | (24.6%-34.2%)  | 515 | 24.5% | (20.0%-29.1%)  | 459 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 42.8% | (25.5%-60.0%)~ | 32    | 49.5%  | (27.5%-71.5%)~ | 21  | 23.2% | (2.1%-44.2%)~  | 7   |
| Asian                                     | 25.8% | (0.0%-57.1%)~  | 9     | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 28.1% | (17.5%-38.8%)~ | 33    | 14.2%  | (2.4%-26.0%)~  | 8   | 40.0% | (26.6%-53.5%)~ | 25  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *              | *   |
| White                                     | 25.8% | (22.3%-29.4%)  | 890   | 28.5%  | (23.5%-33.5%)  | 456 | 23.0% | (19.0%-26.9%)  | 415 |
| Multiple Races                            | 36.8% | (24.4%-49.2%)~ | 100   | 42.1%  | (23.9%-60.3%)~ | 61  | 31.4% | (14.2%-48.6%)~ | 39  |

\*Estimate suppressed due to small cell sizes.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*If you drank some alcohol without your parents' or guardians' permission, would you be caught by your parents or guardians? (mn66a)  
Percentage of students who answered 'Probably not' or 'Definitely not'*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 25.5% | (22.0%-29.0%)  | 733 | 27.1%  | (21.1%-33.1%)  | 317 | 24.5% | (20.2%-28.7%)  | 416 |
| Gay/Lesbian                              | 35.3% | (21.2%-49.3%)~ | 57  | 32.0%  | (9.8%-54.3%)~  | 26  | 27.2% | (7.7%-46.7%)~  | 18  |
| Bisexual                                 | 32.9% | (23.5%-42.4%)  | 137 | 32.6%  | (20.6%-44.6%)~ | 99  | 37.6% | (21.8%-53.3%)~ | 38  |
| Described sexual identity some other way | 37.0% | (25.1%-49.0%)~ | 65  | 36.4%  | (22.5%-50.3%)~ | 44  | 23.0% | (0.0%-57.4%)~  | 8   |
| Questioning                              | 33.0% | (17.5%-48.4%)~ | 74  | *      | *              | *   | *     | *              | *   |
| Did not understand question              | 11.8% | (0.0%-23.9%)~  | 14  | 21.8%  | (0.0%-48.1%)~  | 6   | 8.7%  | (0.0%-22.0%)~  | 8   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 50.5% | (36.8%-64.2%)~ | 69  | 57.0%  | (38.5%-75.5%)~ | 36  | 43.8% | (22.2%-65.3%)~ | 25  |
| No                                       | 25.9% | (22.8%-29.1%)  | 952 | 28.5%  | (24.2%-32.7%)  | 491 | 23.5% | (19.8%-27.2%)  | 453 |
| Not Sure                                 | 35.2% | (24.8%-45.5%)~ | 43  | *      | *              | *   | *     | *              | *   |
| Did not understand question              | 27.1% | (10.6%-43.7%)~ | 19  | 36.3%  | (17.2%-55.4%)~ | 11  | 19.8% | (0.0%-41.9%)~  | 8   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 33.9% | (28.7%-39.0%)  | 337 | 35.4%  | (28.8%-41.9%)  | 241 | 26.1% | (19.2%-32.9%)  | 71  |
| No                                       | 24.9% | (21.4%-28.4%)  | 746 | 26.9%  | (21.0%-32.9%)  | 327 | 23.6% | (19.5%-27.6%)  | 419 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they have 1 or 2 drinks of an alcoholic beverage nearly every day?  
(mn67b)*

*Percentage of students who answered 'No risk' or 'Slight risk'*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 37.0% | (31.8%-42.1%)  | 1,494 | 37.2%  | (31.3%-43.1%)  | 707 | 37.2% | (31.8%-42.6%)  | 778 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 37.1% | (30.6%-43.5%)  | 416   | 38.1%  | (30.2%-46.1%)  | 206 | 36.0% | (29.1%-43.0%)  | 207 |
| 13  | 34.7% | (29.3%-40.1%)  | 666   | 34.5%  | (28.4%-40.6%)  | 324 | 35.9% | (28.2%-43.6%)  | 342 |
| 14 or older                               | 41.1% | (31.9%-50.2%)  | 410   | 41.5%  | (28.0%-55.1%)~ | 175 | 40.5% | (27.1%-53.9%)~ | 229 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 37.1% | (32.4%-41.8%)  | 725   | 41.6%  | (35.6%-47.6%)  | 380 | 33.3% | (27.6%-39.1%)  | 342 |
| Grade 8                                   | 36.8% | (29.7%-43.8%)  | 762   | 33.1%  | (25.3%-40.9%)  | 325 | 40.8% | (31.9%-49.6%)  | 431 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 36.7% | (26.8%-46.6%)  | 65    | 46.5%  | (26.1%-66.9%)~ | 37  | 29.4% | (14.5%-44.4%)~ | 28  |
| Non-Hispanic                              | 37.2% | (31.7%-42.6%)  | 1,356 | 36.9%  | (30.4%-43.3%)  | 642 | 37.6% | (31.9%-43.2%)  | 706 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 28.5% | (12.5%-44.5%)~ | 22    | *      | *              | *   | *     | *              | *   |
| Asian                                     | 32.0% | (0.0%-68.5%)~  | 11    | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 41.2% | (23.2%-59.1%)~ | 49    | 48.9%  | (18.1%-79.7%)~ | 28  | 33.9% | (16.7%-51.1%)~ | 21  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *              | *   |
| White                                     | 36.9% | (31.9%-41.9%)  | 1,271 | 36.5%  | (30.7%-42.4%)  | 583 | 37.5% | (32.3%-42.6%)  | 679 |
| Multiple Races                            | 37.0% | (25.1%-48.8%)~ | 97    | 37.1%  | (23.8%-50.4%)~ | 51  | 37.6% | (19.6%-55.5%)~ | 47  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they have 1 or 2 drinks of an alcoholic beverage nearly every day?  
(mn67b)*

*Percentage of students who answered 'No risk' or 'Slight risk'*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 38.4% | (33.4%-43.4%)  | 1,103 | 37.6%  | (31.6%-43.6%)  | 437 | 39.1% | (33.8%-44.3%)  | 666 |
| Gay/Lesbian                              | 41.2% | (23.8%-58.5%)~ | 66    | 49.9%  | (30.4%-69.3%)~ | 41  | 38.0% | (12.4%-63.6%)~ | 25  |
| Bisexual                                 | 37.5% | (25.3%-49.8%)~ | 157   | 39.5%  | (24.8%-54.2%)~ | 120 | 35.6% | (23.8%-47.4%)~ | 37  |
| Described sexual identity some other way | 20.9% | (9.4%-32.3%)~  | 37    | *      | *              | *   | *     | *              | *   |
| Questioning                              | 32.6% | (20.2%-45.0%)~ | 71    | 31.9%  | (18.7%-45.2%)~ | 54  | 34.8% | (8.3%-61.4%)~  | 17  |
| Did not understand question              | 20.2% | (10.0%-30.4%)~ | 25    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 27.9% | (16.0%-39.9%)~ | 39    | 30.9%  | (9.6%-52.2%)~  | 20  | 31.8% | (7.6%-56.0%)~  | 18  |
| No                                       | 37.5% | (32.2%-42.8%)  | 1,379 | 37.6%  | (31.4%-43.8%)  | 646 | 37.4% | (32.3%-42.4%)  | 724 |
| Not Sure                                 | 24.2% | (13.1%-35.3%)~ | 30    | 24.6%  | (7.3%-41.8%)~  | 19  | 31.1% | (7.9%-54.2%)~  | 11  |
| Did not understand question              | 38.2% | (15.1%-61.3%)~ | 27    | 53.1%  | (14.3%-91.8%)~ | 16  | 26.5% | (0.0%-60.5%)~  | 10  |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 33.8% | (25.2%-42.3%)  | 337   | 36.0%  | (26.2%-45.8%)  | 244 | 30.7% | (17.9%-43.6%)~ | 84  |
| No                                       | 38.2% | (33.3%-43.1%)  | 1,146 | 37.9%  | (31.8%-44.0%)  | 460 | 38.4% | (33.2%-43.6%)  | 686 |

\*Estimate suppressed due to small cell sizes.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they have 5 or more drinks of an alcoholic beverage in a row once or twice a week? (mn68b)*

*Percentage of students who answered 'No risk' or 'Slight risk'*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                     | 17.4% | (15.0%-19.8%) | 698 | 15.4%  | (11.4%-19.4%) | 291 | 19.4% | (17.3%-21.5%) | 404 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |               |     |
| 12 or younger                             | 18.7% | (14.9%-22.4%) | 209 | 17.7%  | (11.5%-23.9%) | 94  | 19.4% | (14.9%-23.9%) | 112 |
| 13  | 15.8% | (13.2%-18.5%) | 300 | 13.4%  | (9.0%-17.7%)  | 124 | 18.7% | (14.7%-22.7%) | 176 |
| 14 or older                               | 19.0% | (12.8%-25.1%) | 189 | 17.2%  | (8.8%-25.6%)  | 73  | 20.6% | (13.2%-28.1%) | 116 |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |               |     |
| Grade 7                                   | 18.4% | (15.7%-21.1%) | 359 | 18.2%  | (13.3%-23.1%) | 165 | 18.6% | (15.2%-22.0%) | 192 |
| Grade 8                                   | 16.5% | (13.2%-19.8%) | 339 | 13.0%  | (7.3%-18.6%)  | 127 | 20.3% | (16.3%-24.4%) | 212 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |               |     |
| Hispanic                                  | 11.5% | (2.4%-20.7%)  | 20  | 11.4%  | (0.0%-22.8%)~ | 9   | 12.0% | (2.6%-21.3%)  | 12  |
| Non-Hispanic                              | 17.7% | (15.1%-20.2%) | 641 | 15.7%  | (11.6%-19.9%) | 272 | 19.8% | (17.4%-22.1%) | 369 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native         | 11.2% | (0.4%-22.0%)~ | 8   | *      | *             | *   | *     | *             | *   |
| Asian                                     | 20.2% | (0.0%-45.2%)~ | 7   | *      | *             | *   | *     | *             | *   |
| Black or African American                 | 15.0% | (7.8%-22.2%)  | 18  | 19.6%  | (0.0%-40.5%)~ | 11  | 10.9% | (0.0%-23.3%)~ | 7   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| White                                     | 18.2% | (15.7%-20.8%) | 624 | 16.0%  | (11.8%-20.2%) | 253 | 20.4% | (18.1%-22.7%) | 369 |
| Multiple Races                            | 7.8%  | (3.2%-12.5%)  | 21  | 7.0%   | (0.9%-13.1%)  | 10  | 8.9%  | (2.0%-15.8%)  | 11  |

\*Estimate suppressed due to small cell sizes.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they have 5 or more drinks of an alcoholic beverage in a row once or twice a week? (mn68b)*

*Percentage of students who answered 'No risk' or 'Slight risk'*

|  | Total |                |     | Female |                 |     | Male  |               |     |
|--|-------|----------------|-----|--------|-----------------|-----|-------|---------------|-----|
|  | %     | CI             | N   | %      | CI              | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                 |     |       |               |     |
| Heterosexual                             | 18.1% | (15.3%-20.9%)  | 515 | 15.8%  | (12.3%-19.3%)   | 182 | 19.7% | (16.3%-23.0%) | 333 |
| Gay/Lesbian                              | 17.8% | (5.9%-29.7%)~  | 29  | 15.5%  | (2.1%-28.9%)~   | 13  | 24.0% | (0.5%-47.5%)~ | 16  |
| Bisexual                                 | 16.3% | (7.1%-25.5%)   | 68  | 16.8%  | (6.9%-26.7%)    | 51  | 14.0% | (1.4%-26.7%)~ | 14  |
| Described sexual identity some other way | 4.4%  | (0.6%-8.3%)    | 8   | *      | *               | *   | *     | *             | *   |
| Questioning                              | 8.1%  | (2.2%-13.9%)   | 18  | *      | *               | *   | *     | *             | *   |
| Did not understand question              | 20.8% | (5.4%-36.2%)~  | 26  | 27.2%  | (0.0%-58.1%)~   | 8   | 18.8% | (4.0%-33.7%)~ | 18  |
| <b>----Transgender Identity----</b>      |       |                |     |        |                 |     |       |               |     |
| Yes                                      | 9.7%  | (0.0%-20.7%)~  | 13  | *      | *               | *   | *     | *             | *   |
| No                                       | 16.9% | (14.1%-19.6%)  | 616 | 15.0%  | (10.9%-19.1%)   | 256 | 18.5% | (15.9%-21.2%) | 358 |
| Not Sure                                 | 11.9% | (0.7%-23.1%)~  | 15  | 8.5%   | (0.0%-19.4%)    | 7   | 23.3% | (1.5%-45.1%)~ | 8   |
| Did not understand question              | 55.2% | (20.1%-90.3%)~ | 39  | 69.4%  | (36.9%-100.0%)~ | 21  | 44.3% | (4.0%-84.5%)~ | 18  |
| <b>----LGBTQ----</b>                     |       |                |     |        |                 |     |       |               |     |
| Yes                                      | 12.3% | (6.2%-18.4%)   | 122 | 12.4%  | (6.0%-18.7%)    | 83  | 13.1% | (1.9%-24.4%)~ | 36  |
| No                                       | 18.7% | (15.8%-21.7%)  | 558 | 16.9%  | (12.8%-21.0%)   | 203 | 20.0% | (16.8%-23.3%) | 356 |

\*Estimate suppressed due to small cell sizes.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*If a kid drank some alcohol in your community, would they be caught by the police? (mn69b)*  
*Percentage of students who answered 'Probably not' or 'Definitely not'*

|   | Total |                |       | Female |                |       | Male  |                |       |
|---|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|   | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| Total                                     | 55.2% | (50.9%-59.5%)  | 2,244 | 57.4%  | (52.2%-62.6%)  | 1,102 | 52.7% | (47.8%-57.6%)  | 1,106 |
| <b>----Age----</b>                        |       |                |       |        |                |       |       |                |       |
| 12 or younger                             | 47.7% | (42.1%-53.2%)  | 541   | 48.0%  | (42.1%-53.8%)  | 265   | 47.1% | (37.2%-57.0%)  | 271   |
| 13  | 56.1% | (50.1%-62.1%)  | 1,069 | 59.6%  | (54.1%-65.2%)  | 554   | 52.1% | (43.7%-60.5%)  | 495   |
| 14 or older                               | 61.8% | (55.4%-68.3%)  | 632   | 64.4%  | (52.3%-76.5%)~ | 281   | 59.2% | (52.2%-66.2%)  | 340   |
| <b>----Grade----</b>                      |       |                |       |        |                |       |       |                |       |
| Grade 7                                   | 47.3% | (42.8%-51.8%)  | 937   | 48.6%  | (42.7%-54.5%)  | 453   | 45.6% | (39.8%-51.4%)  | 471   |
| Grade 8                                   | 62.8% | (56.9%-68.7%)  | 1,301 | 65.5%  | (57.7%-73.4%)  | 643   | 60.0% | (52.4%-67.5%)  | 635   |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |       |       |                |       |
| Hispanic                                  | 59.4% | (49.6%-69.2%)  | 105   | 62.2%  | (44.5%-80.0%)~ | 50    | 56.0% | (42.9%-69.1%)~ | 53    |
| Non-Hispanic                              | 56.2% | (51.7%-60.7%)  | 2,063 | 57.4%  | (52.2%-62.7%)  | 1,009 | 54.3% | (49.0%-59.5%)  | 1,023 |
| <b>----Race----</b>                       |       |                |       |        |                |       |       |                |       |
| American Indian or Alaskan Native         | 50.0% | (36.7%-63.3%)~ | 38    | 51.0%  | (32.8%-69.2%)~ | 22    | 40.2% | (10.3%-70.0%)~ | 11    |
| Asian                                     | 31.8% | (0.0%-69.1%)~  | 11    | *      | *              | *     | *     | *              | *     |
| Black or African American                 | 52.4% | (40.9%-64.0%)~ | 62    | 53.6%  | (32.7%-74.4%)~ | 29    | 51.5% | (34.7%-68.2%)~ | 33    |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *     | *     | *              | *     |
| White                                     | 55.6% | (50.5%-60.8%)  | 1,927 | 57.8%  | (51.4%-64.2%)  | 929   | 53.3% | (47.7%-58.9%)  | 972   |
| Multiple Races                            | 58.2% | (48.0%-68.4%)~ | 157   | 58.4%  | (48.3%-68.4%)~ | 83    | 57.1% | (43.3%-70.9%)~ | 71    |

\*Estimate suppressed due to small cell sizes.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*If a kid drank some alcohol in your community, would they be caught by the police? (mn69b)*  
*Percentage of students who answered 'Probably not' or 'Definitely not'*

|  | Total |                |       | Female |                |       | Male  |                |       |
|--|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |       |       |                |       |
| Heterosexual                             | 56.9% | (52.5%-61.3%)  | 1,649 | 59.0%  | (52.2%-65.8%)  | 701   | 55.4% | (50.8%-59.9%)  | 945   |
| Gay/Lesbian                              | 54.1% | (38.2%-69.9%)~ | 87    | 48.4%  | (30.4%-66.3%)~ | 40    | 52.6% | (26.9%-78.2%)~ | 35    |
| Bisexual                                 | 54.5% | (44.7%-64.4%)  | 228   | 58.9%  | (49.3%-68.4%)  | 179   | 47.5% | (31.6%-63.5%)~ | 49    |
| Described sexual identity some other way | 62.3% | (47.0%-77.5%)~ | 106   | 58.3%  | (46.6%-69.9%)~ | 67    | 51.7% | (10.9%-92.5%)~ | 18    |
| Questioning                              | 51.4% | (33.5%-69.3%)~ | 111   | 51.2%  | (35.9%-66.6%)~ | 85    | 51.9% | (16.3%-87.6%)~ | 26    |
| Did not understand question              | 19.0% | (10.0%-27.9%)  | 24    | 39.5%  | (9.0%-70.0%)~  | 12    | 12.5% | (2.8%-22.2%)   | 12    |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |       |       |                |       |
| Yes                                      | 64.9% | (49.3%-80.5%)~ | 88    | 71.0%  | (44.0%-97.9%)~ | 45    | 58.1% | (31.1%-85.2%)~ | 34    |
| No                                       | 55.5% | (51.3%-59.7%)  | 2,051 | 57.5%  | (52.2%-62.8%)  | 1,002 | 53.4% | (48.7%-58.0%)  | 1,033 |
| Not Sure                                 | 47.2% | (28.6%-65.9%)~ | 56    | 51.4%  | (20.4%-82.4%)~ | 37    | 30.8% | (0.6%-61.0%)~  | 11    |
| Did not understand question              | 39.9% | (25.6%-54.1%)~ | 30    | 42.5%  | (10.3%-74.6%)~ | 13    | 38.0% | (24.2%-51.9%)~ | 17    |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |       |       |                |       |
| Yes                                      | 54.5% | (46.2%-62.7%)  | 537   | 55.6%  | (47.2%-63.9%)  | 371   | 48.3% | (32.9%-63.8%)~ | 132   |
| No                                       | 55.8% | (51.5%-60.0%)  | 1,689 | 58.6%  | (51.9%-65.2%)  | 726   | 53.8% | (49.4%-58.2%)  | 961   |

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How do you feel about someone your age having 1 or 2 drinks of an alcoholic beverage nearly every day? (mn164)  
Percentage of students who answered 'Strongly approve' or 'Approve'*

|   | Total |             |     | Female |             |    | Male |             |    |
|---|-------|-------------|-----|--------|-------------|----|------|-------------|----|
|   | %     | CI          | N   | %      | CI          | N  | %    | CI          | N  |
| Total                                     | 3.2%  | (2.1%-4.4%) | 131 | 2.9%   | (1.3%-4.6%) | 56 | 3.5% | (1.6%-5.3%) | 73 |
| <b>----Age----</b>                        |       |             |     |        |             |    |      |             |    |
| 12 or younger                             | 1.7%  | (0.5%-3.0%) | 19  | 1.3%   | (0.1%-2.5%) | 7  | 2.1% | (0.0%-4.4%) | 12 |
| 13  | 3.7%  | (1.9%-5.5%) | 71  | 3.5%   | (1.2%-5.7%) | 33 | 3.8% | (1.3%-6.2%) | 36 |
| 14 or older                               | 4.1%  | (2.2%-6.0%) | 41  | 3.8%   | (0.0%-8.0%) | 16 | 4.4% | (0.9%-7.9%) | 24 |
| <b>----Grade----</b>                      |       |             |     |        |             |    |      |             |    |
| Grade 7                                   | 2.7%  | (1.2%-4.1%) | 52  | 2.4%   | (0.5%-4.3%) | 22 | 2.9% | (0.8%-5.1%) | 30 |
| Grade 8                                   | 3.8%  | (2.5%-5.1%) | 79  | 3.4%   | (1.1%-5.7%) | 34 | 4.0% | (1.9%-6.1%) | 42 |
| <b>----Hispanic Ethnicity----</b>         |       |             |     |        |             |    |      |             |    |
| Hispanic                                  | *     | *           | *   | *      | *           | *  | *    | *           | *  |
| Non-Hispanic                              | 3.3%  | (2.1%-4.5%) | 122 | 2.8%   | (1.2%-4.5%) | 50 | 3.9% | (1.8%-6.0%) | 73 |
| <b>----Race----</b>                       |       |             |     |        |             |    |      |             |    |
| American Indian or Alaskan Native         | *     | *           | *   | *      | *           | *  | *    | *           | *  |
| Asian                                     | *     | *           | *   | *      | *           | *  | *    | *           | *  |
| Black or African American                 | *     | *           | *   | *      | *           | *  | *    | *           | *  |
| Native Hawaiian or Other Pacific Islander | *     | *           | *   | *      | *           | *  | *    | *           | *  |
| White                                     | 3.3%  | (2.0%-4.6%) | 113 | 3.1%   | (1.2%-5.0%) | 50 | 3.5% | (1.3%-5.6%) | 63 |
| Multiple Races                            | 2.5%  | (0.0%-6.0%) | 7   | *      | *           | *  | *    | *           | *  |

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N = Number of students who answered 'Strongly approve' or 'Approve' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How do you feel about someone your age having 1 or 2 drinks of an alcoholic beverage nearly every day? (mn164)  
Percentage of students who answered 'Strongly approve' or 'Approve'*

|  | Total |               |     | Female |             |    | Male |              |    |
|--|-------|---------------|-----|--------|-------------|----|------|--------------|----|
|  | %     | CI            | N   | %      | CI          | N  | %    | CI           | N  |
| <b>----Sexual Orientation----</b>        |       |               |     |        |             |    |      |              |    |
| Heterosexual                             | 3.3%  | (2.1%-4.5%)   | 95  | 3.7%   | (1.3%-6.2%) | 44 | 3.0% | (1.6%-4.4%)  | 52 |
| Gay/Lesbian                              | 10.2% | (1.0%-19.4%)  | 16  | *      | *           | *  | *    | *            | *  |
| Bisexual                                 | *     | *             | *   | *      | *           | *  | *    | *            | *  |
| Described sexual identity some other way | 4.7%  | (0.0%-11.3%)  | 8   | *      | *           | *  | *    | *            | *  |
| Questioning                              | 2.9%  | (0.0%-7.1%)   | 6   | *      | *           | *  | *    | *            | *  |
| Did not understand question              | *     | *             | *   | *      | *           | *  | *    | *            | *  |
| <b>----Transgender Identity----</b>      |       |               |     |        |             |    |      |              |    |
| Yes                                      | 5.7%  | (0.0%-14.2%)  | 8   | *      | *           | *  | *    | *            | *  |
| No                                       | 3.1%  | (1.8%-4.5%)   | 116 | 2.9%   | (1.2%-4.6%) | 51 | 3.3% | (1.3%-5.4%)  | 65 |
| Not Sure                                 | *     | *             | *   | *      | *           | *  | *    | *            | *  |
| Did not understand question              | 11.4% | (0.0%-25.8%)~ | 8   | *      | *           | *  | *    | *            | *  |
| <b>----LGBTQ----</b>                     |       |               |     |        |             |    |      |              |    |
| Yes                                      | 3.1%  | (1.2%-5.0%)   | 31  | 1.8%   | (0.3%-3.3%) | 12 | 6.0% | (0.0%-12.0%) | 16 |
| No                                       | 3.3%  | (2.2%-4.5%)   | 101 | 3.6%   | (1.2%-6.0%) | 44 | 3.2% | (1.6%-4.7%)  | 57 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly approve' or 'Approve' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How wrong do your parents or guardians feel it would be for you to have 1 or 2 drinks of an alcoholic beverage nearly every day? (mn165a)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|   | Total |              |     | Female |              |    | Male  |              |    |
|---|-------|--------------|-----|--------|--------------|----|-------|--------------|----|
|   | %     | CI           | N   | %      | CI           | N  | %     | CI           | N  |
| Total                                     | 4.2%  | (3.3%-5.1%)  | 170 | 3.4%   | (2.1%-4.8%)  | 65 | 4.7%  | (2.8%-6.7%)  | 99 |
| <b>----Age----</b>                        |       |              |     |        |              |    |       |              |    |
| 12 or younger                             | 3.0%  | (1.5%-4.5%)  | 35  | 2.5%   | (0.9%-4.0%)  | 14 | 3.6%  | (0.7%-6.5%)  | 20 |
| 13  | 4.1%  | (3.1%-5.1%)  | 79  | 3.6%   | (1.6%-5.6%)  | 32 | 4.7%  | (2.7%-6.7%)  | 47 |
| 14 or older                               | 5.8%  | (4.1%-7.5%)  | 56  | 4.4%   | (1.6%-7.3%)  | 18 | 6.0%  | (2.9%-9.2%)  | 32 |
| <b>----Grade----</b>                      |       |              |     |        |              |    |       |              |    |
| Grade 7                                   | 4.0%  | (2.5%-5.6%)  | 80  | 2.9%   | (1.5%-4.4%)  | 27 | 5.1%  | (2.1%-8.2%)  | 53 |
| Grade 8                                   | 4.4%  | (3.3%-5.5%)  | 90  | 3.9%   | (1.6%-6.3%)  | 38 | 4.4%  | (2.4%-6.5%)  | 47 |
| <b>----Hispanic Ethnicity----</b>         |       |              |     |        |              |    |       |              |    |
| Hispanic                                  | 10.7% | (4.9%-16.4%) | 20  | 8.1%   | (0.9%-15.3%) | 7  | 11.0% | (1.8%-20.2%) | 11 |
| Non-Hispanic                              | 3.7%  | (2.8%-4.6%)  | 135 | 3.0%   | (1.5%-4.4%)  | 52 | 4.3%  | (2.6%-6.0%)  | 81 |
| <b>----Race----</b>                       |       |              |     |        |              |    |       |              |    |
| American Indian or Alaskan Native         | *     | *            | *   | *      | *            | *  | *     | *            | *  |
| Asian                                     | *     | *            | *   | *      | *            | *  | *     | *            | *  |
| Black or African American                 | 6.9%  | (3.1%-10.8%) | 9   | *      | *            | *  | *     | *            | *  |
| Native Hawaiian or Other Pacific Islander | *     | *            | *   | *      | *            | *  | *     | *            | *  |
| White                                     | 3.5%  | (2.3%-4.7%)  | 120 | 3.0%   | (1.4%-4.6%)  | 48 | 4.0%  | (2.1%-6.0%)  | 72 |
| Multiple Races                            | 11.4% | (7.2%-15.7%) | 31  | 6.0%   | (0.0%-12.7%) | 8  | 13.3% | (7.3%-19.4%) | 18 |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How wrong do your parents or guardians feel it would be for you to have 1 or 2 drinks of an alcoholic beverage nearly every day? (mn165a)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|  | Total |              |     | Female |             |    | Male |              |    |
|--|-------|--------------|-----|--------|-------------|----|------|--------------|----|
|  | %     | CI           | N   | %      | CI          | N  | %    | CI           | N  |
| <b>----Sexual Orientation----</b>        |       |              |     |        |             |    |      |              |    |
| Heterosexual                             | 4.2%  | (3.1%-5.3%)  | 121 | 3.4%   | (2.0%-4.7%) | 39 | 4.7% | (2.8%-6.5%)  | 79 |
| Gay/Lesbian                              | 4.5%  | (0.7%-8.4%)  | 6   | *      | *           | *  | *    | *            | *  |
| Bisexual                                 | 4.6%  | (2.7%-6.6%)  | 19  | 4.2%   | (1.2%-7.2%) | 13 | 6.6% | (0.0%-14.1%) | 6  |
| Described sexual identity some other way | 6.9%  | (1.8%-12.0%) | 15  | *      | *           | *  | *    | *            | *  |
| Questioning                              | *     | *            | *   | *      | *           | *  | *    | *            | *  |
| Did not understand question              | *     | *            | *   | *      | *           | *  | *    | *            | *  |
| <b>----Transgender Identity----</b>      |       |              |     |        |             |    |      |              |    |
| Yes                                      | *     | *            | *   | *      | *           | *  | *    | *            | *  |
| No                                       | 4.0%  | (3.1%-4.9%)  | 147 | 3.3%   | (2.0%-4.5%) | 56 | 4.5% | (2.7%-6.3%)  | 88 |
| Not Sure                                 | 5.7%  | (1.5%-10.0%) | 8   | *      | *           | *  | *    | *            | *  |
| Did not understand question              | *     | *            | *   | *      | *           | *  | *    | *            | *  |
| <b>----LGBTQ----</b>                     |       |              |     |        |             |    |      |              |    |
| Yes                                      | 4.4%  | (2.6%-6.2%)  | 44  | 3.4%   | (1.5%-5.3%) | 23 | 6.5% | (0.9%-12.1%) | 18 |
| No                                       | 4.1%  | (3.0%-5.2%)  | 123 | 3.4%   | (2.0%-4.8%) | 41 | 4.5% | (2.7%-6.2%)  | 80 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 9 Marijuana**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever used marijuana? (mn74)*  
*Percentage of students who answered 'Yes'*

|   | Total |               |     | Female |                |     | Male  |               |     |
|---|-------|---------------|-----|--------|----------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI             | N   | %     | CI            | N   |
| Total                                     | 12.0% | (9.9%-14.0%)  | 488 | 14.2%  | (11.7%-16.6%)  | 272 | 10.0% | (7.9%-12.2%)  | 212 |
| <b>----Age----</b>                        |       |               |     |        |                |     |       |               |     |
| 12 or younger                             | 6.5%  | (4.7%-8.4%)   | 76  | 6.4%   | (3.3%-9.4%)    | 37  | 6.7%  | (4.1%-9.4%)   | 39  |
| 13  | 12.1% | (10.3%-14.0%) | 236 | 16.6%  | (13.2%-20.0%)  | 152 | 8.3%  | (6.5%-10.0%)  | 83  |
| 14 or older                               | 18.3% | (13.3%-23.3%) | 176 | 20.0%  | (14.4%-25.7%)  | 83  | 16.9% | (10.8%-23.0%) | 90  |
| <b>----Grade----</b>                      |       |               |     |        |                |     |       |               |     |
| Grade 7                                   | 8.1%  | (6.5%-9.7%)   | 161 | 9.5%   | (6.5%-12.5%)   | 89  | 7.0%  | (5.5%-8.5%)   | 73  |
| Grade 8                                   | 15.6% | (12.5%-18.8%) | 324 | 18.6%  | (14.8%-22.4%)  | 181 | 13.1% | (10.0%-16.2%) | 139 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |                |     |       |               |     |
| Hispanic                                  | 18.2% | (10.9%-25.5%) | 34  | 24.1%  | (12.3%-36.0%)~ | 21  | 12.6% | (5.3%-19.8%)  | 12  |
| Non-Hispanic                              | 12.0% | (9.9%-14.1%)  | 441 | 14.1%  | (11.4%-16.8%)  | 246 | 10.2% | (7.9%-12.5%)  | 193 |
| <b>----Race----</b>                       |       |               |     |        |                |     |       |               |     |
| American Indian or Alaskan Native         | 19.2% | (8.6%-29.9%)~ | 15  | 19.5%  | (3.2%-35.8%)~  | 9   | 20.4% | (6.7%-34.2%)~ | 6   |
| Asian                                     | *     | *             | *   | *      | *              | *   | *     | *             | *   |
| Black or African American                 | 13.9% | (5.0%-22.9%)  | 17  | 16.4%  | (0.0%-37.7%)~  | 8   | 12.2% | (4.9%-19.4%)  | 9   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *              | *   | *     | *             | *   |
| White                                     | 11.3% | (9.2%-13.4%)  | 393 | 13.6%  | (11.0%-16.1%)  | 221 | 9.5%  | (7.0%-12.0%)  | 172 |
| Multiple Races                            | 18.0% | (12.3%-23.8%) | 50  | 20.5%  | (11.6%-29.4%)  | 27  | 14.6% | (7.9%-21.2%)  | 20  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Have you ever used marijuana? (mn74)*  
*Percentage of students who answered 'Yes'*

|  | Total |                |     | Female |               |     | Male  |                |     |
|--|-------|----------------|-----|--------|---------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI            | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |               |     |       |                |     |
| Heterosexual                             | 10.1% | (8.3%-11.9%)   | 292 | 11.3%  | (8.7%-13.9%)  | 133 | 9.2%  | (7.1%-11.3%)   | 155 |
| Gay/Lesbian                              | 16.4% | (8.9%-23.8%)   | 23  | 19.5%  | (7.9%-31.2%)~ | 13  | 14.2% | (3.3%-25.0%)~  | 8   |
| Bisexual                                 | 23.1% | (17.4%-28.8%)  | 93  | 23.9%  | (17.9%-29.9%) | 72  | 23.0% | (14.5%-31.4%)  | 21  |
| Described sexual identity some other way | 14.2% | (6.1%-22.2%)   | 30  | 13.8%  | (5.1%-22.5%)  | 19  | 18.7% | (5.1%-32.2%)~  | 12  |
| Questioning                              | 14.8% | (8.7%-20.9%)   | 33  | *      | *             | *   | *     | *              | *   |
| Did not understand question              | 5.9%  | (0.8%-10.9%)   | 7   | *      | *             | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |               |     |       |                |     |
| Yes                                      | 32.3% | (19.0%-45.5%)~ | 34  | 27.4%  | (6.6%-48.1%)~ | 14  | 45.3% | (26.4%-64.1%)~ | 19  |
| No                                       | 11.5% | (9.6%-13.4%)   | 427 | 13.9%  | (11.4%-16.4%) | 241 | 9.3%  | (7.4%-11.3%)   | 183 |
| Not Sure                                 | 10.4% | (2.2%-18.5%)   | 15  | *      | *             | *   | *     | *              | *   |
| Did not understand question              | 13.9% | (7.7%-20.1%)   | 11  | *      | *             | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |               |     |       |                |     |
| Yes                                      | 18.2% | (13.9%-22.5%)  | 182 | 20.0%  | (15.8%-24.3%) | 135 | 16.4% | (9.6%-23.2%)   | 45  |
| No                                       | 10.1% | (8.2%-11.9%)   | 305 | 11.2%  | (8.8%-13.5%)  | 137 | 9.2%  | (7.1%-11.2%)   | 165 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*How old were you when you tried marijuana for the first time? (mn75)*

*Among students who have tried marijuana, the percentage of students who answered before age 11*

|   | Total |                |     | Female |                |    | Male  |                |    |
|---|-------|----------------|-----|--------|----------------|----|-------|----------------|----|
|   | %     | CI             | N   | %      | CI             | N  | %     | CI             | N  |
| Total                                     | 21.0% | (15.2%-26.8%)  | 102 | 17.3%  | (10.4%-24.2%)  | 47 | 24.7% | (17.0%-32.5%)  | 52 |
| <b>----Age----</b>                        |       |                |     |        |                |    |       |                |    |
| 12 or younger                             | 39.9% | (31.4%-48.5%)  | 30  | 27.6%  | (8.4%-46.8%)~  | 11 | 52.6% | (33.2%-72.0%)~ | 20 |
| 13  | 17.6% | (8.9%-26.4%)   | 41  | 19.8%  | (7.1%-32.5%)~  | 30 | 13.4% | (1.2%-25.7%)~  | 11 |
| 14 or older                               | 17.3% | (9.9%-24.8%)   | 31  | 8.0%   | (0.5%-15.4%)   | 7  | 23.2% | (11.7%-34.8%)~ | 22 |
| <b>----Grade----</b>                      |       |                |     |        |                |    |       |                |    |
| Grade 7                                   | 30.4% | (25.5%-35.4%)  | 49  | 27.9%  | (15.9%-39.8%)~ | 25 | 33.6% | (19.0%-48.2%)~ | 24 |
| Grade 8                                   | 16.4% | (8.5%-24.4%)   | 53  | 12.4%  | (5.2%-19.5%)   | 22 | 20.1% | (10.4%-29.9%)  | 28 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |    |       |                |    |
| Hispanic                                  | 33.5% | (11.9%-55.1%)~ | 11  | *      | *              | *  | *     | *              | *  |
| Non-Hispanic                              | 19.7% | (14.2%-25.2%)  | 87  | 16.7%  | (9.8%-23.7%)   | 41 | 22.4% | (14.3%-30.4%)  | 43 |
| <b>----Race----</b>                       |       |                |     |        |                |    |       |                |    |
| American Indian or Alaskan Native         | *     | *              | *   | *      | *              | *  | *     | *              | *  |
| Asian                                     | *     | *              | *   | *      | *              | *  | *     | *              | *  |
| Black or African American                 | *     | *              | *   | *      | *              | *  | *     | *              | *  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *              | *  | *     | *              | *  |
| White                                     | 20.0% | (14.1%-25.9%)  | 79  | 17.5%  | (10.3%-24.7%)  | 39 | 23.2% | (12.7%-33.6%)~ | 40 |
| Multiple Races                            | 32.7% | (9.3%-56.0%)~  | 16  | *      | *              | *  | *     | *              | *  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have tried marijuana, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*How old were you when you tried marijuana for the first time? (mn75)*

*Among students who have tried marijuana, the percentage of students who answered before age 11*

|  | Total |               |    | Female |               |    | Male  |                |    |
|--|-------|---------------|----|--------|---------------|----|-------|----------------|----|
|  | %     | CI            | N  | %      | CI            | N  | %     | CI             | N  |
| <b>----Sexual Orientation----</b>        |       |               |    |        |               |    |       |                |    |
| Heterosexual                             | 18.6% | (12.2%-25.0%) | 54 | 15.4%  | (8.9%-21.9%)  | 21 | 19.9% | (11.7%-28.1%)  | 31 |
| Gay/Lesbian                              | *     | *             | *  | *      | *             | *  | *     | *              | *  |
| Bisexual                                 | 20.7% | (8.3%-33.0%)~ | 20 | *      | *             | *  | *     | *              | *  |
| Described sexual identity some other way | 30.8% | (2.5%-59.1%)~ | 9  | *      | *             | *  | *     | *              | *  |
| Questioning                              | 18.1% | (3.4%-32.9%)~ | 6  | *      | *             | *  | *     | *              | *  |
| Did not understand question              | *     | *             | *  | *      | *             | *  | *     | *              | *  |
| <b>----Transgender Identity----</b>      |       |               |    |        |               |    |       |                |    |
| Yes                                      | 30.2% | (1.6%-58.8%)~ | 10 | *      | *             | *  | *     | *              | *  |
| No                                       | 20.2% | (13.3%-27.1%) | 86 | 16.6%  | (9.2%-24.1%)  | 40 | 23.7% | (13.8%-33.6%)  | 43 |
| Not Sure                                 | *     | *             | *  | *      | *             | *  | *     | *              | *  |
| Did not understand question              | *     | *             | *  | *      | *             | *  | *     | *              | *  |
| <b>----LGBTQ----</b>                     |       |               |    |        |               |    |       |                |    |
| Yes                                      | 22.0% | (12.7%-31.2%) | 40 | 19.7%  | (9.1%-30.3%)~ | 27 | 28.7% | (10.2%-47.3%)~ | 13 |
| No                                       | 20.5% | (12.2%-28.9%) | 62 | 15.0%  | (8.5%-21.5%)  | 21 | 23.8% | (13.4%-34.2%)~ | 39 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have tried marijuana, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How old were you when you tried marijuana for the first time? (mn75\_2)*  
*Percentage of students who answered before age 11*

|   | Total |              |     | Female |             |    | Male |             |    |
|---|-------|--------------|-----|--------|-------------|----|------|-------------|----|
|   | %     | CI           | N   | %      | CI          | N  | %    | CI          | N  |
| Total                                     | 2.5%  | (1.7%-3.3%)  | 102 | 2.5%   | (1.5%-3.5%) | 47 | 2.5% | (1.5%-3.4%) | 52 |
| <b>----Age----</b>                        |       |              |     |        |             |    |      |             |    |
| 12 or younger                             | 2.6%  | (1.9%-3.4%)  | 30  | 1.8%   | (0.3%-3.3%) | 11 | 3.5% | (2.0%-5.0%) | 20 |
| 13  | 2.1%  | (0.9%-3.4%)  | 41  | 3.3%   | (0.9%-5.7%) | 30 | 1.1% | (0.1%-2.0%) | 11 |
| 14 or older                               | 3.2%  | (1.7%-4.8%)  | 31  | 1.6%   | (0.0%-3.2%) | 7  | 4.1% | (2.0%-6.1%) | 22 |
| <b>----Grade----</b>                      |       |              |     |        |             |    |      |             |    |
| Grade 7                                   | 2.5%  | (1.8%-3.1%)  | 49  | 2.7%   | (1.3%-4.1%) | 25 | 2.3% | (1.0%-3.6%) | 24 |
| Grade 8                                   | 2.6%  | (1.3%-3.9%)  | 53  | 2.3%   | (0.8%-3.8%) | 22 | 2.7% | (1.4%-3.9%) | 28 |
| <b>----Hispanic Ethnicity----</b>         |       |              |     |        |             |    |      |             |    |
| Hispanic                                  | 6.0%  | (1.8%-10.3%) | 11  | *      | *           | *  | *    | *           | *  |
| Non-Hispanic                              | 2.4%  | (1.6%-3.2%)  | 87  | 2.4%   | (1.3%-3.5%) | 41 | 2.3% | (1.2%-3.3%) | 43 |
| <b>----Race----</b>                       |       |              |     |        |             |    |      |             |    |
| American Indian or Alaskan Native         | *     | *            | *   | *      | *           | *  | *    | *           | *  |
| Asian                                     | *     | *            | *   | *      | *           | *  | *    | *           | *  |
| Black or African American                 | *     | *            | *   | *      | *           | *  | *    | *           | *  |
| Native Hawaiian or Other Pacific Islander | *     | *            | *   | *      | *           | *  | *    | *           | *  |
| White                                     | 2.3%  | (1.6%-3.0%)  | 79  | 2.4%   | (1.4%-3.4%) | 39 | 2.2% | (1.1%-3.4%) | 40 |
| Multiple Races                            | 5.8%  | (1.5%-10.1%) | 16  | *      | *           | *  | *    | *           | *  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How old were you when you tried marijuana for the first time? (mn75\_2)*  
*Percentage of students who answered before age 11*

|  | Total |              |    | Female |             |    | Male |             |    |
|--|-------|--------------|----|--------|-------------|----|------|-------------|----|
|  | %     | CI           | N  | %      | CI          | N  | %    | CI          | N  |
| <b>----Sexual Orientation----</b>        |       |              |    |        |             |    |      |             |    |
| Heterosexual                             | 1.9%  | (1.1%-2.6%)  | 54 | 1.7%   | (0.9%-2.6%) | 21 | 1.8% | (0.9%-2.7%) | 31 |
| Gay/Lesbian                              | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Bisexual                                 | 4.9%  | (2.5%-7.2%)  | 20 | *      | *           | *  | *    | *           | *  |
| Described sexual identity some other way | 4.4%  | (0.0%-8.8%)  | 9  | *      | *           | *  | *    | *           | *  |
| Questioning                              | 2.7%  | (0.0%-5.4%)  | 6  | *      | *           | *  | *    | *           | *  |
| Did not understand question              | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| <b>----Transgender Identity----</b>      |       |              |    |        |             |    |      |             |    |
| Yes                                      | 9.8%  | (0.9%-18.6%) | 10 | *      | *           | *  | *    | *           | *  |
| No                                       | 2.3%  | (1.4%-3.3%)  | 86 | 2.3%   | (1.1%-3.5%) | 40 | 2.2% | (1.2%-3.3%) | 43 |
| Not Sure                                 | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| Did not understand question              | *     | *            | *  | *      | *           | *  | *    | *           | *  |
| <b>----LGBTQ----</b>                     |       |              |    |        |             |    |      |             |    |
| Yes                                      | 4.0%  | (2.5%-5.5%)  | 40 | 4.0%   | (2.2%-5.8%) | 27 | 4.8% | (0.4%-9.1%) | 13 |
| No                                       | 2.1%  | (1.1%-3.1%)  | 62 | 1.7%   | (0.8%-2.5%) | 21 | 2.2% | (1.1%-3.3%) | 39 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 30 days, how many times did you use marijuana? (mn76)*  
*Percentage of students who answered at least 1 time*

|   | Total |              |     | Female |              |     | Male |              |     |
|---|-------|--------------|-----|--------|--------------|-----|------|--------------|-----|
|   | %     | CI           | N   | %      | CI           | N   | %    | CI           | N   |
| Total                                     | 7.2%  | (5.8%-8.5%)  | 294 | 8.5%   | (6.7%-10.4%) | 164 | 5.9% | (4.5%-7.4%)  | 126 |
| <b>----Age----</b>                        |       |              |     |        |              |     |      |              |     |
| 12 or younger                             | 3.5%  | (2.3%-4.8%)  | 41  | 2.9%   | (1.1%-4.6%)  | 17  | 4.3% | (2.4%-6.1%)  | 24  |
| 13  | 7.2%  | (5.7%-8.7%)  | 142 | 10.0%  | (7.4%-12.6%) | 92  | 4.8% | (3.4%-6.2%)  | 48  |
| 14 or older                               | 11.5% | (8.2%-14.9%) | 111 | 13.4%  | (8.7%-18.0%) | 55  | 9.9% | (6.6%-13.2%) | 53  |
| <b>----Grade----</b>                      |       |              |     |        |              |     |      |              |     |
| Grade 7                                   | 4.8%  | (3.5%-6.1%)  | 96  | 5.5%   | (3.1%-7.9%)  | 52  | 4.3% | (2.9%-5.7%)  | 45  |
| Grade 8                                   | 9.4%  | (7.4%-11.4%) | 195 | 11.3%  | (8.5%-14.0%) | 109 | 7.6% | (5.6%-9.7%)  | 82  |
| <b>----Hispanic Ethnicity----</b>         |       |              |     |        |              |     |      |              |     |
| Hispanic                                  | 11.5% | (7.3%-15.7%) | 21  | 15.8%  | (7.0%-24.6%) | 13  | 7.2% | (1.7%-12.8%) | 7   |
| Non-Hispanic                              | 7.2%  | (5.8%-8.7%)  | 267 | 8.5%   | (6.4%-10.7%) | 149 | 6.0% | (4.4%-7.7%)  | 115 |
| <b>----Race----</b>                       |       |              |     |        |              |     |      |              |     |
| American Indian or Alaskan Native         | 12.9% | (5.2%-20.6%) | 10  | *      | *            | *   | *    | *            | *   |
| Asian                                     | *     | *            | *   | *      | *            | *   | *    | *            | *   |
| Black or African American                 | 5.9%  | (0.0%-11.9%) | 7   | *      | *            | *   | *    | *            | *   |
| Native Hawaiian or Other Pacific Islander | *     | *            | *   | *      | *            | *   | *    | *            | *   |
| White                                     | 6.9%  | (5.6%-8.2%)  | 241 | 8.3%   | (6.4%-10.3%) | 136 | 5.7% | (4.1%-7.3%)  | 105 |
| Multiple Races                            | 11.7% | (7.5%-15.8%) | 32  | 12.2%  | (4.2%-20.1%) | 16  | 9.8% | (5.5%-14.1%) | 14  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 30 days, how many times did you use marijuana? (mn76)*  
*Percentage of students who answered at least 1 time*

|  | Total |                |     | Female |               |     | Male  |                |     |
|--|-------|----------------|-----|--------|---------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI            | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |               |     |       |                |     |
| Heterosexual                             | 5.8%  | (4.4%-7.2%)    | 168 | 6.5%   | (4.5%-8.5%)   | 77  | 5.2%  | (3.5%-6.8%)    | 88  |
| Gay/Lesbian                              | 11.0% | (5.6%-16.3%)   | 15  | 8.3%   | (1.2%-15.3%)  | 6   | 14.9% | (3.9%-26.0%)~  | 8   |
| Bisexual                                 | 12.8% | (7.4%-18.1%)   | 52  | 12.9%  | (7.0%-18.8%)  | 40  | 13.7% | (6.3%-21.1%)   | 13  |
| Described sexual identity some other way | 12.3% | (5.5%-19.1%)   | 26  | 12.6%  | (5.3%-20.0%)  | 17  | 14.8% | (0.9%-28.6%)~  | 9   |
| Questioning                              | 9.1%  | (4.2%-14.0%)   | 20  | *      | *             | *   | *     | *              | *   |
| Did not understand question              | *     | *              | *   | *      | *             | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |               |     |       |                |     |
| Yes                                      | 26.9% | (15.9%-38.0%)~ | 29  | 19.1%  | (4.5%-33.8%)~ | 10  | 42.0% | (21.0%-62.9%)~ | 18  |
| No                                       | 6.7%  | (5.5%-7.8%)    | 248 | 8.3%   | (6.4%-10.2%)  | 144 | 5.1%  | (3.8%-6.5%)    | 102 |
| Not Sure                                 | 5.7%  | (0.6%-10.7%)   | 8   | *      | *             | *   | *     | *              | *   |
| Did not understand question              | 9.2%  | (2.8%-15.6%)   | 7   | *      | *             | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |               |     |       |                |     |
| Yes                                      | 11.6% | (7.5%-15.7%)   | 117 | 12.2%  | (8.4%-16.1%)  | 83  | 11.7% | (4.8%-18.6%)   | 32  |
| No                                       | 5.8%  | (4.5%-7.1%)    | 177 | 6.6%   | (4.7%-8.5%)   | 81  | 5.2%  | (3.7%-6.6%)    | 94  |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*If you wanted to get some marijuana, how easy would it be for you to get some? (mn77)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 28.1% | (25.4%-30.9%)  | 1,127 | 30.3%  | (25.7%-34.8%)  | 567 | 25.5% | (23.8%-27.3%)  | 531 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 21.9% | (17.7%-26.1%)  | 249   | 26.2%  | (20.3%-32.2%)  | 149 | 16.7% | (13.4%-19.9%)  | 94  |
| 13  | 27.1% | (24.5%-29.6%)  | 518   | 28.9%  | (24.1%-33.7%)  | 259 | 24.7% | (22.3%-27.1%)  | 244 |
| 14 or older                               | 37.8% | (33.6%-42.0%)  | 359   | 39.0%  | (33.2%-44.7%)  | 158 | 36.5% | (31.8%-41.3%)  | 193 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 22.5% | (19.0%-26.0%)  | 438   | 25.4%  | (20.5%-30.3%)  | 230 | 19.0% | (15.6%-22.5%)  | 193 |
| Grade 8                                   | 33.7% | (29.7%-37.6%)  | 687   | 35.1%  | (28.9%-41.2%)  | 334 | 32.1% | (29.0%-35.2%)  | 337 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 32.4% | (27.4%-37.4%)  | 60    | 39.8%  | (28.5%-51.2%)~ | 33  | 24.3% | (13.0%-35.7%)~ | 23  |
| Non-Hispanic                              | 28.4% | (25.5%-31.3%)  | 1,026 | 30.0%  | (25.4%-34.5%)  | 512 | 26.2% | (24.2%-28.2%)  | 489 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 34.9% | (23.7%-46.0%)~ | 27    | 32.8%  | (14.4%-51.1%)~ | 15  | 29.2% | (15.3%-43.1%)~ | 8   |
| Asian                                     | *     | *              | *     | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 31.9% | (21.3%-42.5%)~ | 39    | 36.1%  | (18.0%-54.3%)~ | 18  | 28.9% | (19.8%-38.0%)  | 21  |
| Native Hawaiian or Other Pacific Islander | 38.3% | (7.4%-69.2%)~  | 6     | *      | *              | *   | *     | *              | *   |
| White                                     | 28.0% | (25.0%-31.1%)  | 959   | 30.1%  | (24.8%-35.4%)  | 480 | 25.7% | (23.6%-27.8%)  | 459 |
| Multiple Races                            | 30.5% | (24.5%-36.5%)  | 84    | 31.4%  | (19.9%-42.9%)~ | 40  | 27.7% | (21.8%-33.5%)  | 38  |

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N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*If you wanted to get some marijuana, how easy would it be for you to get some? (mn77)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 26.2% | (23.1%-29.3%)  | 745   | 26.5%  | (21.2%-31.7%)  | 306 | 26.0% | (23.9%-28.0%)  | 436 |
| Gay/Lesbian                              | 34.8% | (24.4%-45.3%)~ | 48    | 37.0%  | (22.2%-51.8%)~ | 27  | 30.7% | (17.2%-44.2%)~ | 16  |
| Bisexual                                 | 34.9% | (30.7%-39.2%)  | 139   | 38.3%  | (33.2%-43.3%)  | 113 | 25.3% | (16.5%-34.1%)  | 23  |
| Described sexual identity some other way | 46.3% | (33.5%-59.0%)~ | 98    | 42.5%  | (30.8%-54.3%)~ | 55  | 42.3% | (17.5%-67.1%)~ | 26  |
| Questioning                              | 33.0% | (26.6%-39.5%)  | 74    | 37.1%  | (28.7%-45.6%)  | 61  | 20.5% | (4.7%-36.3%)~  | 11  |
| Did not understand question              | 9.6%  | (2.3%-16.9%)   | 10    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 52.5% | (36.1%-69.0%)~ | 56    | 53.6%  | (38.3%-68.8%)~ | 29  | 43.5% | (22.9%-64.0%)~ | 18  |
| No                                       | 27.4% | (24.6%-30.1%)  | 1,001 | 29.6%  | (25.2%-34.0%)  | 500 | 25.3% | (23.4%-27.2%)  | 493 |
| Not Sure                                 | 34.3% | (26.5%-42.1%)  | 49    | 32.3%  | (19.4%-45.2%)~ | 30  | 31.3% | (2.3%-60.2%)~  | 10  |
| Did not understand question              | 21.4% | (11.1%-31.7%)~ | 15    | 28.8%  | (11.3%-46.3%)~ | 7   | 18.2% | (7.3%-29.1%)~  | 8   |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 36.7% | (31.8%-41.6%)  | 364   | 38.5%  | (33.6%-43.5%)  | 256 | 29.7% | (19.5%-40.0%)~ | 83  |
| No                                       | 25.6% | (22.5%-28.8%)  | 764   | 26.0%  | (21.1%-31.0%)  | 311 | 25.2% | (23.0%-27.5%)  | 448 |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*How wrong do your parents or guardians feel it would be for you to use marijuana? (mn193a)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|   | Total |               |     | Female |               |     | Male  |              |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|--------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI           | N   |
| Total                                     | 10.2% | (8.8%-11.5%)  | 412 | 11.7%  | (9.7%-13.6%)  | 222 | 8.5%  | (7.3%-9.7%)  | 178 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |              |     |
| 12 or younger                             | 5.5%  | (3.7%-7.3%)   | 64  | 6.5%   | (3.8%-9.2%)   | 38  | 4.3%  | (2.3%-6.2%)  | 24  |
| 13  | 10.2% | (8.4%-11.9%)  | 195 | 12.3%  | (9.2%-15.5%)  | 111 | 7.9%  | (6.6%-9.3%)  | 79  |
| 14 or older                               | 15.9% | (12.5%-19.3%) | 153 | 17.6%  | (12.1%-23.2%) | 73  | 14.0% | (9.8%-18.3%) | 75  |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |              |     |
| Grade 7                                   | 7.3%  | (6.0%-8.6%)   | 144 | 7.9%   | (5.5%-10.4%)  | 73  | 6.5%  | (4.6%-8.4%)  | 67  |
| Grade 8                                   | 12.9% | (10.7%-15.1%) | 266 | 15.1%  | (12.8%-17.4%) | 146 | 10.6% | (8.0%-13.1%) | 111 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |              |     |
| Hispanic                                  | 18.5% | (11.0%-26.0%) | 35  | 20.9%  | (12.0%-29.8%) | 18  | 15.1% | (6.0%-24.2%) | 15  |
| Non-Hispanic                              | 10.0% | (8.6%-11.3%)  | 365 | 11.4%  | (9.5%-13.3%)  | 197 | 8.4%  | (7.1%-9.7%)  | 158 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |              |     |
| American Indian or Alaskan Native         | 14.3% | (5.3%-23.3%)  | 11  | *      | *             | *   | *     | *            | *   |
| Asian                                     | *     | *             | *   | *      | *             | *   | *     | *            | *   |
| Black or African American                 | 14.2% | (7.9%-20.5%)  | 18  | 14.3%  | (0.0%-31.5%)~ | 7   | 14.1% | (8.5%-19.6%) | 10  |
| Native Hawaiian or Other Pacific Islander | 36.6% | (8.7%-64.4%)~ | 6   | *      | *             | *   | *     | *            | *   |
| White                                     | 9.4%  | (8.0%-10.7%)  | 325 | 11.0%  | (9.2%-12.9%)  | 179 | 7.8%  | (6.4%-9.1%)  | 140 |
| Multiple Races                            | 17.5% | (10.9%-24.1%) | 47  | 17.4%  | (8.8%-26.0%)  | 22  | 14.7% | (8.7%-20.6%) | 20  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How wrong do your parents or guardians feel it would be for you to use marijuana? (mn193a)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|  | Total |                |     | Female |                |     | Male  |               |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|---------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |               |     |
| Heterosexual                             | 8.2%  | (6.7%-9.7%)    | 234 | 8.2%   | (5.9%-10.5%)   | 97  | 8.0%  | (6.6%-9.4%)   | 134 |
| Gay/Lesbian                              | 15.2% | (8.2%-22.2%)   | 21  | 20.1%  | (10.0%-30.2%)~ | 14  | 12.3% | (0.0%-25.4%)~ | 7   |
| Bisexual                                 | 17.5% | (14.3%-20.8%)  | 71  | 19.3%  | (15.6%-22.9%)  | 58  | 14.0% | (5.4%-22.6%)  | 13  |
| Described sexual identity some other way | 21.3% | (15.6%-27.0%)  | 45  | 19.3%  | (9.9%-28.7%)   | 25  | 19.0% | (6.6%-31.3%)~ | 12  |
| Questioning                              | 13.0% | (7.4%-18.5%)   | 29  | *      | *              | *   | *     | *             | *   |
| Did not understand question              | 5.6%  | (0.1%-11.2%)   | 6   | *      | *              | *   | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |               |     |
| Yes                                      | 24.0% | (11.1%-36.8%)~ | 25  | 17.7%  | (5.4%-30.0%)~  | 9   | 28.5% | (3.8%-53.1%)~ | 12  |
| No                                       | 9.4%  | (8.1%-10.7%)   | 347 | 11.0%  | (9.1%-12.8%)   | 189 | 8.0%  | (6.7%-9.3%)   | 155 |
| Not Sure                                 | 19.6% | (11.7%-27.5%)  | 28  | *      | *              | *   | *     | *             | *   |
| Did not understand question              | 10.0% | (0.8%-19.2%)   | 8   | *      | *              | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |               |     |
| Yes                                      | 17.0% | (14.3%-19.8%)  | 171 | 18.5%  | (15.5%-21.5%)  | 124 | 13.0% | (7.2%-18.9%)  | 37  |
| No                                       | 8.0%  | (6.5%-9.4%)    | 240 | 8.0%   | (5.8%-10.2%)   | 98  | 7.9%  | (6.5%-9.2%)   | 140 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they use marijuana once or twice a week? (mn194)*  
*Percentage of students who answered 'No risk' or 'Slight risk'*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 44.0% | (40.5%-47.4%)  | 1,766 | 43.6%  | (39.2%-47.9%)  | 821 | 44.3% | (40.6%-48.1%)  | 919 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 36.1% | (31.2%-41.1%)  | 414   | 36.1%  | (31.5%-40.7%)  | 208 | 35.7% | (29.3%-42.1%)  | 201 |
| 13  | 42.3% | (38.5%-46.2%)  | 809   | 42.7%  | (36.8%-48.6%)  | 385 | 42.4% | (38.1%-46.6%)  | 415 |
| 14 or older                               | 56.6% | (51.6%-61.6%)  | 538   | 56.0%  | (48.9%-63.1%)  | 226 | 57.1% | (50.3%-63.8%)  | 303 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 39.6% | (35.4%-43.7%)  | 769   | 40.6%  | (35.7%-45.5%)  | 369 | 38.9% | (34.7%-43.1%)  | 394 |
| Grade 8                                   | 48.4% | (44.3%-52.5%)  | 989   | 46.7%  | (41.4%-52.0%)  | 449 | 49.6% | (44.5%-54.6%)  | 520 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 48.6% | (39.5%-57.7%)  | 92    | 42.8%  | (26.4%-59.2%)~ | 36  | 54.9% | (47.6%-62.1%)  | 53  |
| Non-Hispanic                              | 44.3% | (40.6%-47.9%)  | 1,604 | 43.9%  | (39.6%-48.2%)  | 755 | 44.6% | (40.6%-48.6%)  | 830 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 53.5% | (38.8%-68.2%)~ | 42    | 57.0%  | (36.4%-77.7%)~ | 26  | 46.5% | (28.0%-64.9%)~ | 13  |
| Asian                                     | 52.5% | (33.5%-71.6%)~ | 17    | 51.2%  | (25.7%-76.8%)~ | 7   | 53.6% | (25.4%-81.9%)~ | 9   |
| Black or African American                 | 41.7% | (28.4%-55.1%)~ | 52    | 45.2%  | (19.1%-71.2%)~ | 23  | 39.3% | (31.1%-47.5%)  | 29  |
| Native Hawaiian or Other Pacific Islander | 36.9% | (3.7%-70.2%)~  | 6     | *      | *              | *   | *     | *              | *   |
| White                                     | 43.1% | (39.6%-46.6%)  | 1,476 | 42.9%  | (38.4%-47.3%)  | 687 | 43.5% | (39.7%-47.4%)  | 774 |
| Multiple Races                            | 51.0% | (42.9%-59.1%)  | 141   | 46.2%  | (35.1%-57.3%)~ | 60  | 53.3% | (44.8%-61.8%)  | 73  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they use marijuana once or twice a week? (mn194)  
Percentage of students who answered 'No risk' or 'Slight risk'*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 41.8% | (37.8%-45.8%)  | 1,187 | 39.1%  | (32.8%-45.4%)  | 454 | 43.7% | (40.2%-47.2%)  | 730 |
| Gay/Lesbian                              | 54.8% | (45.3%-64.3%)  | 77    | 63.7%  | (46.7%-80.6%)~ | 45  | 51.2% | (36.4%-66.0%)~ | 29  |
| Bisexual                                 | 48.9% | (43.7%-54.1%)  | 196   | 49.7%  | (43.9%-55.5%)  | 150 | 44.1% | (34.4%-53.8%)  | 40  |
| Described sexual identity some other way | 54.6% | (45.9%-63.4%)  | 118   | 47.0%  | (39.2%-54.9%)  | 64  | 71.0% | (57.0%-85.1%)~ | 44  |
| Questioning                              | 55.0% | (44.7%-65.3%)~ | 122   | 55.8%  | (43.2%-68.4%)~ | 90  | 52.2% | (36.0%-68.4%)~ | 29  |
| Did not understand question              | 27.5% | (17.4%-37.5%)~ | 31    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 55.5% | (45.6%-65.4%)  | 59    | 54.5%  | (40.3%-68.8%)~ | 29  | 51.3% | (33.1%-69.5%)~ | 21  |
| No                                       | 43.7% | (40.0%-47.5%)  | 1,600 | 42.6%  | (38.0%-47.3%)  | 725 | 44.7% | (40.8%-48.6%)  | 866 |
| Not Sure                                 | 47.7% | (35.3%-60.2%)~ | 69    | 51.9%  | (34.9%-68.8%)~ | 50  | 52.4% | (32.0%-72.8%)~ | 17  |
| Did not understand question              | 36.5% | (26.1%-46.9%)~ | 26    | 45.8%  | (14.9%-76.7%)~ | 11  | 28.2% | (5.2%-51.1%)~  | 13  |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 52.2% | (47.8%-56.7%)  | 522   | 52.3%  | (46.8%-57.8%)  | 351 | 53.2% | (47.1%-59.2%)  | 149 |
| No                                       | 41.6% | (37.4%-45.7%)  | 1,236 | 38.7%  | (32.5%-44.9%)  | 466 | 43.4% | (39.8%-47.1%)  | 766 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How wrong do your friends feel it would be for you to use marijuana? (mn195)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|   | Total |                |       | Female |                |     | Male  |               |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|---------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI            | N   |
| Total                                     | 24.9% | (19.6%-30.2%)  | 1,000 | 28.0%  | (21.0%-35.0%)  | 533 | 22.2% | (17.2%-27.2%) | 459 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |               |     |
| 12 or younger                             | 14.7% | (9.9%-19.4%)   | 165   | 14.6%  | (10.6%-18.6%)  | 80  | 14.0% | (7.4%-20.7%)  | 80  |
| 13  | 25.2% | (19.9%-30.5%)  | 475   | 31.9%  | (22.6%-41.3%)  | 294 | 19.0% | (14.5%-23.5%) | 178 |
| 14 or older                               | 35.9% | (29.6%-42.2%)  | 360   | 36.8%  | (28.9%-44.8%)  | 160 | 35.9% | (29.0%-42.9%) | 201 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |               |     |
| Grade 7                                   | 17.9% | (13.6%-22.1%)  | 349   | 21.0%  | (14.7%-27.3%)  | 193 | 14.5% | (8.2%-20.8%)  | 148 |
| Grade 8                                   | 31.6% | (24.4%-38.8%)  | 647   | 34.4%  | (24.1%-44.6%)~ | 336 | 29.9% | (24.6%-35.1%) | 311 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |               |     |
| Hispanic                                  | 30.3% | (17.4%-43.2%)~ | 52    | 37.5%  | (22.3%-52.7%)~ | 29  | 24.2% | (9.8%-38.7%)~ | 22  |
| Non-Hispanic                              | 25.4% | (19.9%-30.9%)  | 923   | 28.1%  | (20.7%-35.4%)  | 489 | 22.9% | (17.6%-28.1%) | 425 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |               |     |
| American Indian or Alaskan Native         | 31.6% | (14.2%-49.0%)~ | 24    | 35.7%  | (11.6%-59.7%)~ | 15  | 30.6% | (9.3%-51.9%)~ | 9   |
| Asian                                     | 21.4% | (3.6%-39.1%)~  | 6     | *      | *              | *   | *     | *             | *   |
| Black or African American                 | 22.4% | (11.0%-33.8%)~ | 26    | 32.7%  | (14.3%-51.1%)~ | 18  | 12.7% | (0.0%-29.1%)~ | 7   |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *             | *   |
| White                                     | 24.4% | (19.1%-29.7%)  | 839   | 26.9%  | (19.6%-34.3%)  | 431 | 22.2% | (17.2%-27.1%) | 400 |
| Multiple Races                            | 32.6% | (20.2%-44.9%)~ | 87    | 40.4%  | (29.3%-51.5%)~ | 56  | 24.5% | (6.2%-42.8%)~ | 31  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How wrong do your friends feel it would be for you to use marijuana? (mn195)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 20.8% | (15.0%-26.7%)  | 597 | 20.6%  | (12.5%-28.6%)  | 242 | 21.1% | (15.1%-27.0%)  | 354 |
| Gay/Lesbian                              | 29.4% | (13.6%-45.2%)~ | 45  | 25.5%  | (12.6%-38.4%)~ | 21  | 39.4% | (14.3%-64.5%)~ | 24  |
| Bisexual                                 | 42.8% | (34.6%-51.0%)  | 178 | 47.5%  | (40.3%-54.7%)  | 143 | 33.7% | (16.4%-51.0%)~ | 35  |
| Described sexual identity some other way | 45.0% | (27.3%-62.6%)~ | 78  | 50.3%  | (34.3%-66.4%)~ | 59  | 31.2% | (0.0%-80.0%)~  | 11  |
| Questioning                              | 30.3% | (22.3%-38.4%)  | 65  | 30.8%  | (20.6%-41.0%)~ | 51  | 28.7% | (6.8%-50.5%)~  | 14  |
| Did not understand question              | 18.2% | (5.1%-31.3%)~  | 22  | 26.0%  | (0.0%-56.7%)~  | 7   | 16.0% | (2.9%-29.1%)~  | 15  |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 54.8% | (41.1%-68.4%)~ | 72  | 76.8%  | (63.0%-90.7%)~ | 48  | 41.9% | (22.1%-61.7%)~ | 23  |
| No                                       | 23.7% | (18.2%-29.1%)  | 866 | 25.9%  | (19.0%-32.9%)  | 447 | 21.7% | (16.4%-27.1%)  | 416 |
| Not Sure                                 | 29.4% | (17.3%-41.6%)~ | 36  | 29.9%  | (13.7%-46.1%)~ | 23  | 22.8% | (0.0%-48.6%)~  | 8   |
| Did not understand question              | 32.3% | (15.9%-48.7%)~ | 21  | 45.5%  | (20.8%-70.1%)~ | 12  | 22.6% | (0.0%-46.8%)~  | 8   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 38.0% | (32.3%-43.7%)  | 371 | 41.2%  | (35.0%-47.3%)  | 274 | 33.0% | (21.0%-45.0%)~ | 89  |
| No                                       | 20.8% | (14.9%-26.8%)  | 622 | 21.0%  | (12.7%-29.3%)  | 257 | 20.7% | (14.9%-26.5%)  | 365 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Do you think using marijuana would negatively impact your goals or future? (mn205)*  
*Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

|   | Total |               |       | Female |               |       | Male  |               |       |
|---|-------|---------------|-------|--------|---------------|-------|-------|---------------|-------|
|   | %     | CI            | N     | %      | CI            | N     | %     | CI            | N     |
| Total                                     | 93.9% | (92.6%-95.1%) | 3,796 | 93.0%  | (91.5%-94.6%) | 1,783 | 94.5% | (92.6%-96.4%) | 1,968 |
| <b>----Age----</b>                        |       |               |       |        |               |       |       |               |       |
| 12 or younger                             | 96.6% | (94.8%-98.3%) | 1,089 | 96.1%  | (94.0%-98.3%) | 524   | 96.9% | (94.1%-99.7%) | 557   |
| 13  | 94.8% | (93.5%-96.1%) | 1,801 | 94.3%  | (92.1%-96.5%) | 874   | 95.2% | (93.4%-97.1%) | 901   |
| 14 or older                               | 89.0% | (84.6%-93.4%) | 904   | 86.6%  | (81.4%-91.7%) | 383   | 90.7% | (84.8%-96.6%) | 510   |
| <b>----Grade----</b>                      |       |               |       |        |               |       |       |               |       |
| Grade 7                                   | 95.2% | (94.1%-96.3%) | 1,870 | 94.4%  | (92.3%-96.5%) | 864   | 95.9% | (93.4%-98.3%) | 990   |
| Grade 8                                   | 92.5% | (90.3%-94.8%) | 1,913 | 91.7%  | (89.4%-94.0%) | 913   | 93.1% | (89.9%-96.3%) | 971   |
| <b>----Hispanic Ethnicity----</b>         |       |               |       |        |               |       |       |               |       |
| Hispanic                                  | *     | *             | *     | *      | *             | *     | *     | *             | *     |
| Non-Hispanic                              | 93.5% | (92.1%-94.9%) | 3,427 | 92.6%  | (90.9%-94.2%) | 1,627 | 94.3% | (92.2%-96.4%) | 1,769 |
| <b>----Race----</b>                       |       |               |       |        |               |       |       |               |       |
| American Indian or Alaskan Native         | *     | *             | *     | *      | *             | *     | *     | *             | *     |
| Asian                                     | *     | *             | *     | *      | *             | *     | *     | *             | *     |
| Black or African American                 | 90.1% | (81.3%-98.9%) | 105   | *      | *             | *     | *     | *             | *     |
| Native Hawaiian or Other Pacific Islander | *     | *             | *     | *      | *             | *     | *     | *             | *     |
| White                                     | 93.6% | (92.4%-94.9%) | 3,239 | 92.3%  | (90.5%-94.2%) | 1,486 | 94.7% | (92.7%-96.7%) | 1,719 |
| Multiple Races                            | *     | *             | *     | *      | *             | *     | *     | *             | *     |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Do you think using marijuana would negatively impact your goals or future? (mn205)*  
*Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

|  | Total |                 |       | Female |                 |       | Male  |                 |       |
|--|-------|-----------------|-------|--------|-----------------|-------|-------|-----------------|-------|
|  | %     | CI              | N     | %      | CI              | N     | %     | CI              | N     |
| <b>----Sexual Orientation----</b>        |       |                 |       |        |                 |       |       |                 |       |
| Heterosexual                             | 93.9% | (92.3%-95.4%)   | 2,697 | 92.4%  | (89.4%-95.4%)   | 1,082 | 94.9% | (93.4%-96.4%)   | 1,612 |
| Gay/Lesbian                              | 89.8% | (73.7%-100.0%)~ | 140   | 90.2%  | (76.4%-100.0%)~ | 75    | 87.6% | (65.3%-100.0%)~ | 56    |
| Bisexual                                 | 96.9% | (92.8%-100.0%)  | 410   | *      | *               | *     | *     | *               | *     |
| Described sexual identity some other way | 89.0% | (79.6%-98.4%)   | 157   | *      | *               | *     | *     | *               | *     |
| Questioning                              | 96.5% | (91.6%-100.0%)  | 216   | *      | *               | *     | *     | *               | *     |
| Did not understand question              | 90.6% | (79.8%-100.0%)~ | 112   | *      | *               | *     | *     | *               | *     |
| <b>----Transgender Identity----</b>      |       |                 |       |        |                 |       |       |                 |       |
| Yes                                      | 92.1% | (83.4%-100.0%)  | 123   | *      | *               | *     | *     | *               | *     |
| No                                       | 94.5% | (93.3%-95.7%)   | 3,469 | 94.2%  | (92.4%-96.0%)   | 1,629 | 94.7% | (92.8%-96.6%)   | 1,821 |
| Not Sure                                 | 91.3% | (82.9%-99.7%)   | 113   | *      | *               | *     | *     | *               | *     |
| Did not understand question              | 70.7% | (51.2%-90.1%)~  | 53    | 46.9%  | (8.2%-85.7%)~   | 14    | 87.2% | (70.0%-100.0%)~ | 38    |
| <b>----LGBTQ----</b>                     |       |                 |       |        |                 |       |       |                 |       |
| Yes                                      | 94.1% | (89.9%-98.3%)   | 941   | 94.3%  | (90.5%-98.1%)   | 647   | 92.7% | (85.3%-100.0%)  | 252   |
| No                                       | 93.9% | (92.4%-95.3%)   | 2,809 | 92.5%  | (89.7%-95.2%)   | 1,126 | 94.8% | (93.3%-96.3%)   | 1,681 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**Section 10**  
**Other Drugs**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (mn183)*  
*Percentage of students who answered 'Yes'*

|   | Total |               |     | Female |               |     | Male  |              |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|--------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI           | N   |
| Total                                     | 9.4%  | (8.2%-10.7%)  | 383 | 11.3%  | (9.8%-12.9%)  | 217 | 7.5%  | (6.0%-9.1%)  | 158 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |              |     |
| 12 or younger                             | 8.1%  | (5.9%-10.2%)  | 93  | 9.4%   | (5.8%-13.0%)  | 55  | 6.5%  | (4.5%-8.5%)  | 37  |
| 13  | 8.3%  | (7.0%-9.6%)   | 162 | 11.0%  | (8.5%-13.5%)  | 101 | 5.7%  | (4.5%-6.8%)  | 57  |
| 14 or older                               | 13.1% | (9.3%-16.9%)  | 126 | 14.9%  | (10.0%-19.8%) | 62  | 12.1% | (7.7%-16.5%) | 65  |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |              |     |
| Grade 7                                   | 8.0%  | (6.3%-9.6%)   | 157 | 9.6%   | (7.0%-12.2%)  | 89  | 6.0%  | (4.5%-7.6%)  | 62  |
| Grade 8                                   | 10.9% | (8.7%-13.0%)  | 225 | 13.0%  | (10.3%-15.7%) | 127 | 9.1%  | (6.4%-11.7%) | 96  |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |              |     |
| Hispanic                                  | 15.2% | (8.1%-22.3%)  | 28  | 16.9%  | (3.8%-30.0%)~ | 14  | 13.4% | (5.1%-21.7%) | 13  |
| Non-Hispanic                              | 9.2%  | (8.1%-10.2%)  | 336 | 11.0%  | (9.7%-12.2%)  | 191 | 7.4%  | (5.9%-8.9%)  | 139 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |              |     |
| American Indian or Alaskan Native         | 16.1% | (4.5%-27.7%)~ | 13  | *      | *             | *   | *     | *            | *   |
| Asian                                     | *     | *             | *   | *      | *             | *   | *     | *            | *   |
| Black or African American                 | 10.8% | (6.0%-15.5%)  | 13  | 13.1%  | (3.1%-23.0%)  | 6   | 9.2%  | (3.1%-15.2%) | 6   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *     | *            | *   |
| White                                     | 8.4%  | (7.1%-9.8%)   | 292 | 10.6%  | (8.7%-12.4%)  | 172 | 6.5%  | (4.9%-8.2%)  | 118 |
| Multiple Races                            | 18.6% | (11.5%-25.7%) | 52  | 19.0%  | (8.2%-29.8%)~ | 25  | 16.8% | (7.9%-25.6%) | 23  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (mn183)  
Percentage of students who answered 'Yes'*

|  | Total |                |     | Female |               |     | Male  |                |     |
|--|-------|----------------|-----|--------|---------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI            | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |               |     |       |                |     |
| Heterosexual                             | 8.0%  | (6.8%-9.2%)    | 228 | 9.6%   | (7.7%-11.4%)  | 112 | 6.8%  | (5.4%-8.2%)    | 115 |
| Gay/Lesbian                              | 9.7%  | (3.6%-15.7%)   | 13  | *      | *             | *   | *     | *              | *   |
| Bisexual                                 | 14.1% | (10.5%-17.7%)  | 58  | 16.1%  | (12.0%-20.2%) | 49  | 9.1%  | (0.4%-17.8%)   | 8   |
| Described sexual identity some other way | 13.3% | (7.7%-18.9%)   | 29  | 13.7%  | (6.3%-21.1%)  | 19  | 12.3% | (0.0%-25.1%)~  | 8   |
| Questioning                              | 16.7% | (10.8%-22.7%)  | 38  | 15.8%  | (9.4%-22.2%)  | 26  | 16.3% | (5.5%-27.1%)~  | 9   |
| Did not understand question              | 9.4%  | (2.2%-16.5%)   | 11  | *      | *             | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |               |     |       |                |     |
| Yes                                      | 25.3% | (10.3%-40.3%)~ | 27  | 24.6%  | (9.1%-40.0%)~ | 13  | 33.3% | (13.0%-53.6%)~ | 14  |
| No                                       | 8.7%  | (7.6%-9.8%)    | 322 | 10.6%  | (8.9%-12.3%)  | 183 | 6.9%  | (5.8%-8.1%)    | 136 |
| Not Sure                                 | 16.2% | (7.1%-25.4%)   | 23  | *      | *             | *   | *     | *              | *   |
| Did not understand question              | 12.2% | (6.0%-18.4%)   | 10  | *      | *             | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |               |     |       |                |     |
| Yes                                      | 13.8% | (10.6%-17.0%)  | 139 | 15.0%  | (11.4%-18.5%) | 102 | 11.4% | (5.0%-17.8%)   | 32  |
| No                                       | 8.1%  | (6.9%-9.3%)    | 244 | 9.4%   | (7.6%-11.3%)  | 115 | 7.1%  | (5.7%-8.5%)    | 127 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, how many times did you take a prescription drug (such as Adderall, Ritalin, Xanax, OxyContin, Percocet, Vicodin, or codeine) without a doctor's prescription? (mn88b)*

*Percentage of students who answered at least 1 time*

|   | Total |              |     | Female |              |    | Male |              |     |
|---|-------|--------------|-----|--------|--------------|----|------|--------------|-----|
|   | %     | CI           | N   | %      | CI           | N  | %    | CI           | N   |
| Total                                     | 5.4%  | (4.6%-6.2%)  | 220 | 5.1%   | (3.8%-6.5%)  | 99 | 5.4% | (4.2%-6.5%)  | 113 |
| <b>----Age----</b>                        |       |              |     |        |              |    |      |              |     |
| 12 or younger                             | 5.0%  | (3.5%-6.4%)  | 58  | 4.1%   | (1.6%-6.7%)  | 24 | 5.4% | (3.2%-7.6%)  | 31  |
| 13  | 5.0%  | (3.9%-6.1%)  | 98  | 5.8%   | (3.6%-8.1%)  | 54 | 4.3% | (2.6%-6.0%)  | 43  |
| 14 or older                               | 6.5%  | (4.4%-8.6%)  | 63  | 5.0%   | (3.0%-7.1%)  | 21 | 7.3% | (3.6%-11.0%) | 39  |
| <b>----Grade----</b>                      |       |              |     |        |              |    |      |              |     |
| Grade 7                                   | 4.7%  | (3.2%-6.2%)  | 93  | 4.8%   | (2.3%-7.4%)  | 45 | 4.4% | (2.7%-6.1%)  | 45  |
| Grade 8                                   | 6.0%  | (4.4%-7.7%)  | 125 | 5.5%   | (3.7%-7.3%)  | 54 | 6.4% | (4.0%-8.7%)  | 68  |
| <b>----Hispanic Ethnicity----</b>         |       |              |     |        |              |    |      |              |     |
| Hispanic                                  | 9.1%  | (4.3%-13.9%) | 18  | 7.2%   | (0.2%-14.1%) | 6  | 7.7% | (0.8%-14.6%) | 7   |
| Non-Hispanic                              | 5.3%  | (4.5%-6.1%)  | 194 | 5.1%   | (3.8%-6.3%)  | 88 | 5.5% | (4.2%-6.8%)  | 103 |
| <b>----Race----</b>                       |       |              |     |        |              |    |      |              |     |
| American Indian or Alaskan Native         | *     | *            | *   | *      | *            | *  | *    | *            | *   |
| Asian                                     | *     | *            | *   | *      | *            | *  | *    | *            | *   |
| Black or African American                 | *     | *            | *   | *      | *            | *  | *    | *            | *   |
| Native Hawaiian or Other Pacific Islander | *     | *            | *   | *      | *            | *  | *    | *            | *   |
| White                                     | 4.9%  | (4.0%-5.9%)  | 172 | 4.6%   | (3.3%-5.9%)  | 75 | 5.2% | (4.0%-6.4%)  | 94  |
| Multiple Races                            | 12.6% | (8.5%-16.7%) | 35  | 15.1%  | (9.4%-20.9%) | 20 | 9.0% | (2.7%-15.4%) | 12  |

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 30 days, how many times did you take a prescription drug (such as Adderall, Ritalin, Xanax, OxyContin, Percocet, Vicodin, or codeine) without a doctor's prescription? (mn88b)*

*Percentage of students who answered at least 1 time*

|  | Total |               |     | Female |               |    | Male  |               |    |
|--|-------|---------------|-----|--------|---------------|----|-------|---------------|----|
|  | %     | CI            | N   | %      | CI            | N  | %     | CI            | N  |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |    |       |               |    |
| Heterosexual                             | 4.5%  | (3.4%-5.6%)   | 130 | 4.2%   | (2.5%-5.9%)   | 50 | 4.7%  | (3.7%-5.8%)   | 80 |
| Gay/Lesbian                              | 10.3% | (4.8%-15.8%)  | 14  | *      | *             | *  | *     | *             | *  |
| Bisexual                                 | 6.5%  | (3.7%-9.2%)   | 27  | *      | *             | *  | *     | *             | *  |
| Described sexual identity some other way | 9.5%  | (6.5%-12.5%)  | 21  | 5.6%   | (2.3%-9.0%)   | 8  | 14.6% | (1.4%-27.8%)~ | 9  |
| Questioning                              | 7.7%  | (2.1%-13.4%)  | 17  | *      | *             | *  | *     | *             | *  |
| Did not understand question              | 6.2%  | (0.8%-11.7%)  | 7   | *      | *             | *  | *     | *             | *  |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |    |       |               |    |
| Yes                                      | 18.0% | (7.9%-28.1%)~ | 19  | 12.0%  | (1.2%-22.7%)~ | 6  | 24.7% | (7.3%-42.1%)~ | 10 |
| No                                       | 4.9%  | (4.0%-5.8%)   | 182 | 4.8%   | (3.3%-6.3%)   | 84 | 5.0%  | (4.0%-6.0%)   | 99 |
| Not Sure                                 | 5.0%  | (0.0%-11.0%)  | 7   | *      | *             | *  | *     | *             | *  |
| Did not understand question              | 11.9% | (4.9%-19.0%)  | 8   | *      | *             | *  | *     | *             | *  |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |    |       |               |    |
| Yes                                      | 7.9%  | (6.2%-9.6%)   | 81  | 7.0%   | (4.3%-9.7%)   | 48 | 8.9%  | (3.5%-14.2%)  | 25 |
| No                                       | 4.6%  | (3.6%-5.6%)   | 139 | 4.1%   | (2.6%-5.7%)   | 51 | 4.9%  | (3.8%-6.1%)   | 88 |

\*Estimate suppressed due to small cell sizes.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How wrong do your parents or guardians feel it would be for you to take prescription drugs not prescribed to you? (mn176a)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                     | 5.9%  | (4.2%-7.5%)   | 236 | 6.1%   | (3.7%-8.6%)   | 116 | 5.4%  | (3.2%-7.6%)   | 112 |
| <b>---Age---</b>                          |       |               |     |        |               |     |       |               |     |
| 12 or younger                             | 5.8%  | (4.0%-7.7%)   | 66  | 6.5%   | (3.3%-9.8%)   | 36  | 4.8%  | (2.3%-7.3%)   | 27  |
| 13  | 5.5%  | (2.6%-8.5%)   | 104 | 5.2%   | (2.0%-8.4%)   | 48  | 5.7%  | (1.2%-10.2%)  | 54  |
| 14 or older                               | 6.4%  | (4.1%-8.6%)   | 63  | 7.6%   | (3.6%-11.6%)  | 32  | 5.5%  | (2.7%-8.3%)   | 30  |
| <b>---Grade---</b>                        |       |               |     |        |               |     |       |               |     |
| Grade 7                                   | 6.0%  | (4.2%-7.8%)   | 117 | 6.0%   | (3.2%-8.7%)   | 54  | 5.6%  | (2.7%-8.5%)   | 58  |
| Grade 8                                   | 5.5%  | (3.5%-7.5%)   | 112 | 5.9%   | (2.8%-9.0%)   | 58  | 5.3%  | (2.2%-8.3%)   | 54  |
| <b>---Hispanic Ethnicity---</b>           |       |               |     |        |               |     |       |               |     |
| Hispanic                                  | 10.4% | (3.0%-17.8%)  | 17  | 10.1%  | (0.0%-20.8%)~ | 8   | 10.7% | (0.0%-23.8%)~ | 10  |
| Non-Hispanic                              | 5.7%  | (4.0%-7.4%)   | 207 | 5.7%   | (3.3%-8.2%)   | 100 | 5.5%  | (3.4%-7.6%)   | 102 |
| <b>---Race---</b>                         |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native         | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| Asian                                     | 20.9% | (0.0%-46.5%)~ | 6   | *      | *             | *   | *     | *             | *   |
| Black or African American                 | 5.9%  | (1.2%-10.6%)  | 7   | *      | *             | *   | *     | *             | *   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| White                                     | 5.4%  | (3.3%-7.4%)   | 185 | 5.6%   | (2.5%-8.7%)   | 90  | 5.0%  | (2.4%-7.5%)   | 89  |
| Multiple Races                            | 6.9%  | (1.8%-11.9%)  | 19  | 8.9%   | (1.4%-16.5%)  | 13  | 4.7%  | (0.0%-11.3%)  | 6   |

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How wrong do your parents or guardians feel it would be for you to take prescription drugs not prescribed to you? (mn176a)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|  | Total |               |     | Female |               |    | Male  |               |    |
|--|-------|---------------|-----|--------|---------------|----|-------|---------------|----|
|  | %     | CI            | N   | %      | CI            | N  | %     | CI            | N  |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |    |       |               |    |
| Heterosexual                             | 4.0%  | (2.0%-6.0%)   | 114 | 3.6%   | (1.5%-5.6%)   | 41 | 4.3%  | (1.6%-7.0%)   | 73 |
| Gay/Lesbian                              | 14.4% | (5.2%-23.6%)  | 22  | 10.7%  | (0.1%-21.4%)~ | 9  | 18.0% | (0.0%-37.5%)~ | 11 |
| Bisexual                                 | 7.2%  | (2.2%-12.2%)  | 30  | *      | *             | *  | *     | *             | *  |
| Described sexual identity some other way | 20.7% | (8.6%-32.8%)~ | 36  | 19.9%  | (4.5%-35.3%)~ | 24 | 21.5% | (3.4%-39.7%)~ | 7  |
| Questioning                              | 9.5%  | (2.0%-17.0%)  | 21  | *      | *             | *  | *     | *             | *  |
| Did not understand question              | *     | *             | *   | *      | *             | *  | *     | *             | *  |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |    |       |               |    |
| Yes                                      | 12.2% | (1.4%-23.0%)~ | 16  | *      | *             | *  | *     | *             | *  |
| No                                       | 5.0%  | (3.4%-6.7%)   | 183 | 5.3%   | (2.9%-7.6%)   | 90 | 4.8%  | (2.4%-7.3%)   | 93 |
| Not Sure                                 | 16.7% | (4.3%-29.2%)~ | 21  | *      | *             | *  | *     | *             | *  |
| Did not understand question              | 11.5% | (0.0%-23.9%)~ | 8   | *      | *             | *  | *     | *             | *  |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |    |       |               |    |
| Yes                                      | 11.1% | (6.4%-15.8%)  | 109 | 11.2%  | (5.9%-16.4%)  | 75 | 9.9%  | (3.9%-15.9%)  | 26 |
| No                                       | 4.1%  | (2.1%-6.1%)   | 122 | 3.4%   | (1.5%-5.4%)   | 41 | 4.6%  | (1.9%-7.3%)   | 80 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*How wrong do your friends feel it would be for you to take prescription drugs not prescribed to you? (mn177)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|   | Total |                |     | Female |               |     | Male  |               |     |
|---|-------|----------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI             | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                     | 14.3% | (11.9%-16.7%)  | 572 | 15.6%  | (12.4%-18.7%) | 296 | 13.1% | (9.9%-16.2%)  | 268 |
| <b>----Age----</b>                        |       |                |     |        |               |     |       |               |     |
| 12 or younger                             | 11.9% | (7.6%-16.2%)   | 133 | 14.9%  | (8.8%-21.0%)  | 81  | 8.2%  | (4.9%-11.5%)  | 47  |
| 13  | 15.4% | (12.6%-18.1%)  | 288 | 16.1%  | (11.7%-20.5%) | 149 | 14.7% | (10.1%-19.3%) | 136 |
| 14 or older                               | 15.2% | (10.7%-19.7%)  | 150 | 15.3%  | (10.5%-20.2%) | 66  | 15.4% | (8.9%-21.8%)  | 84  |
| <b>----Grade----</b>                      |       |                |     |        |               |     |       |               |     |
| Grade 7                                   | 13.4% | (10.6%-16.2%)  | 260 | 15.8%  | (11.5%-20.0%) | 143 | 10.7% | (6.1%-15.2%)  | 109 |
| Grade 8                                   | 15.3% | (11.6%-19.1%)  | 311 | 15.5%  | (9.5%-21.5%)  | 152 | 15.6% | (12.0%-19.3%) | 159 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |               |     |       |               |     |
| Hispanic                                  | 18.4% | (5.2%-31.6%)~  | 31  | 18.8%  | (0.0%-39.1%)~ | 14  | 18.1% | (3.3%-33.0%)~ | 17  |
| Non-Hispanic                              | 14.3% | (11.8%-16.9%)  | 518 | 15.6%  | (11.7%-19.6%) | 272 | 12.9% | (10.1%-15.8%) | 238 |
| <b>----Race----</b>                       |       |                |     |        |               |     |       |               |     |
| American Indian or Alaskan Native         | 8.9%  | (0.5%-17.4%)   | 7   | *      | *             | *   | *     | *             | *   |
| Asian                                     | 38.0% | (17.1%-58.9%)~ | 12  | *      | *             | *   | *     | *             | *   |
| Black or African American                 | 17.0% | (8.2%-25.7%)   | 19  | 19.5%  | (7.0%-32.1%)~ | 10  | 14.8% | (4.9%-24.6%)  | 9   |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *             | *   | *     | *             | *   |
| White                                     | 13.8% | (11.6%-16.1%)  | 472 | 14.7%  | (11.5%-18.0%) | 235 | 12.8% | (9.4%-16.3%)  | 228 |
| Multiple Races                            | 17.2% | (5.4%-28.9%)~  | 46  | 19.6%  | (5.8%-33.3%)~ | 28  | 14.4% | (2.7%-26.1%)~ | 18  |

\*Estimate suppressed due to small cell sizes.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How wrong do your friends feel it would be for you to take prescription drugs not prescribed to you? (mn177)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

|  | Total |                |     | Female |                |     | Male  |               |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|---------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |               |     |
| Heterosexual                             | 12.0% | (9.4%-14.5%)   | 340 | 11.7%  | (8.7%-14.7%)   | 136 | 12.2% | (8.8%-15.5%)  | 203 |
| Gay/Lesbian                              | 15.2% | (7.0%-23.3%)   | 24  | 21.2%  | (10.0%-32.3%)~ | 17  | 10.2% | (0.0%-28.9%)~ | 6   |
| Bisexual                                 | 21.6% | (15.0%-28.3%)  | 89  | 23.2%  | (13.9%-32.5%)  | 69  | 19.2% | (4.6%-33.7%)~ | 20  |
| Described sexual identity some other way | 29.3% | (20.3%-38.3%)  | 52  | 30.0%  | (20.8%-39.3%)  | 36  | 21.5% | (3.4%-39.7%)~ | 7   |
| Questioning                              | 22.7% | (8.0%-37.4%)~  | 49  | 20.3%  | (8.9%-31.6%)~  | 34  | 30.8% | (0.0%-68.9%)~ | 15  |
| Did not understand question              | 12.7% | (3.7%-21.7%)   | 16  | *      | *              | *   | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |               |     |
| Yes                                      | 37.8% | (24.0%-51.6%)~ | 50  | 65.7%  | (48.8%-82.6%)~ | 43  | 13.3% | (0.0%-27.8%)~ | 7   |
| No                                       | 13.3% | (11.1%-15.5%)  | 482 | 13.8%  | (10.9%-16.6%)  | 236 | 12.9% | (9.8%-15.9%)  | 244 |
| Not Sure                                 | 16.1% | (6.4%-25.8%)   | 20  | *      | *              | *   | *     | *             | *   |
| Did not understand question              | 15.3% | (0.2%-30.4%)~  | 11  | *      | *              | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |               |     |
| Yes                                      | 22.2% | (16.4%-28.1%)  | 219 | 23.5%  | (17.2%-29.7%)  | 157 | 19.9% | (6.9%-32.9%)~ | 54  |
| No                                       | 11.8% | (9.3%-14.2%)   | 347 | 11.4%  | (8.3%-14.5%)   | 139 | 12.0% | (8.9%-15.1%)  | 208 |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*If you wanted to get prescription drugs (such as Adderall, Ritalin, Xanax, OxyContin, Percocet, Vicodin, or codeine) that were not prescribed to you, how easy would it be to get some? (mn184a)*

*Percentage of students who answered 'Sort of easy' or 'Very easy'*

|   | Total |                |     | Female |               |     | Male  |               |     |
|---|-------|----------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI             | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                     | 15.8% | (14.0%-17.6%)  | 625 | 18.8%  | (15.4%-22.2%) | 351 | 13.0% | (11.1%-15.0%) | 266 |
| <b>----Age----</b>                        |       |                |     |        |               |     |       |               |     |
| 12 or younger                             | 14.8% | (10.6%-19.1%)  | 164 | 19.1%  | (13.0%-25.1%) | 101 | 10.6% | (6.4%-14.9%)  | 61  |
| 13  | 15.3% | (13.5%-17.1%)  | 284 | 18.6%  | (15.4%-21.8%) | 168 | 12.0% | (9.1%-14.9%)  | 111 |
| 14 or older                               | 17.8% | (13.6%-22.0%)  | 176 | 18.9%  | (12.5%-25.3%) | 82  | 17.3% | (9.7%-24.9%)  | 94  |
| <b>----Grade----</b>                      |       |                |     |        |               |     |       |               |     |
| Grade 7                                   | 14.9% | (11.7%-18.1%)  | 287 | 18.6%  | (13.9%-23.4%) | 166 | 11.6% | (7.3%-15.9%)  | 118 |
| Grade 8                                   | 16.3% | (13.5%-19.1%)  | 329 | 18.6%  | (13.4%-23.8%) | 181 | 14.1% | (9.5%-18.7%)  | 143 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |               |     |       |               |     |
| Hispanic                                  | 18.2% | (8.2%-28.3%)~  | 30  | 14.4%  | (0.5%-28.4%)~ | 11  | 21.4% | (5.5%-37.4%)~ | 19  |
| Non-Hispanic                              | 15.8% | (13.6%-18.0%)  | 570 | 19.0%  | (15.6%-22.3%) | 327 | 12.8% | (10.2%-15.4%) | 236 |
| <b>----Race----</b>                       |       |                |     |        |               |     |       |               |     |
| American Indian or Alaskan Native         | 28.4% | (10.7%-46.1%)~ | 22  | *      | *             | *   | *     | *             | *   |
| Asian                                     | 34.7% | (3.1%-66.4%)~  | 10  | *      | *             | *   | *     | *             | *   |
| Black or African American                 | 16.0% | (4.3%-27.7%)~  | 19  | 21.1%  | (1.6%-40.6%)~ | 12  | 11.4% | (2.7%-20.2%)  | 7   |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *             | *   | *     | *             | *   |
| White                                     | 14.9% | (13.1%-16.7%)  | 504 | 17.3%  | (14.2%-20.5%) | 271 | 12.9% | (10.8%-14.9%) | 230 |
| Multiple Races                            | 21.4% | (14.3%-28.5%)  | 56  | 25.4%  | (15.6%-35.2%) | 35  | 17.4% | (6.7%-28.0%)~ | 21  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*If you wanted to get prescription drugs (such as Adderall, Ritalin, Xanax, OxyContin, Percocet, Vicodin, or codeine) that were not prescribed to you, how easy would it be to get some? (mn184a)*

*Percentage of students who answered 'Sort of easy' or 'Very easy'*

|  | Total |                |     | Female |                |     | Male  |               |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|---------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |               |     |
| Heterosexual                             | 14.9% | (12.8%-16.9%)  | 420 | 16.7%  | (12.9%-20.5%)  | 191 | 13.7% | (11.2%-16.1%) | 229 |
| Gay/Lesbian                              | 23.4% | (13.2%-33.7%)~ | 36  | 30.0%  | (13.2%-46.8%)~ | 23  | 12.3% | (1.8%-22.7%)~ | 8   |
| Bisexual                                 | 22.0% | (15.1%-28.9%)  | 90  | 25.7%  | (14.8%-36.6%)~ | 76  | 13.6% | (3.8%-23.4%)  | 14  |
| Described sexual identity some other way | 18.0% | (8.2%-27.9%)   | 31  | 19.7%  | (5.9%-33.4%)~  | 23  | 16.1% | (0.0%-41.3%)~ | 6   |
| Questioning                              | 16.8% | (6.5%-27.1%)~  | 37  | 17.5%  | (6.0%-29.1%)~  | 30  | 14.4% | (0.0%-30.6%)~ | 7   |
| Did not understand question              | 6.9%  | (0.0%-16.7%)   | 9   | *      | *              | *   | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |               |     |
| Yes                                      | 20.2% | (10.5%-29.9%)  | 26  | 19.2%  | (2.1%-36.3%)~  | 12  | 17.4% | (1.3%-33.5%)~ | 10  |
| No                                       | 15.5% | (13.4%-17.6%)  | 559 | 18.4%  | (14.6%-22.1%)  | 311 | 13.1% | (11.3%-14.8%) | 248 |
| Not Sure                                 | 27.8% | (15.0%-40.6%)~ | 34  | *      | *              | *   | *     | *             | *   |
| Did not understand question              | *     | *              | *   | *      | *              | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |               |     |
| Yes                                      | 20.2% | (16.4%-23.9%)  | 196 | 23.0%  | (18.1%-27.9%)  | 152 | 13.7% | (4.7%-22.7%)  | 36  |
| No                                       | 14.5% | (12.5%-16.6%)  | 429 | 16.6%  | (12.6%-20.7%)  | 198 | 13.2% | (10.9%-15.4%) | 230 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they take prescription drugs that are not prescribed to them? (mn95)  
Percentage of students who answered 'No risk' or 'Slight risk'*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                     | 13.0% | (10.5%-15.6%) | 523 | 12.2%  | (8.7%-15.7%)  | 231 | 14.0% | (11.0%-16.9%) | 290 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |               |     |
| 12 or younger                             | 14.0% | (10.7%-17.3%) | 156 | 13.4%  | (9.3%-17.5%)  | 71  | 14.7% | (10.3%-19.1%) | 85  |
| 13  | 12.7% | (9.9%-15.4%)  | 240 | 11.1%  | (7.8%-14.4%)  | 103 | 14.6% | (10.0%-19.1%) | 137 |
| 14 or older                               | 12.5% | (7.9%-17.1%)  | 125 | 13.2%  | (4.5%-21.9%)  | 57  | 12.2% | (8.3%-16.1%)  | 68  |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |               |     |
| Grade 7                                   | 14.3% | (11.7%-17.0%) | 280 | 14.1%  | (11.1%-17.1%) | 127 | 14.8% | (11.2%-18.3%) | 153 |
| Grade 8                                   | 11.8% | (8.0%-15.5%)  | 240 | 10.5%  | (4.0%-17.1%)  | 104 | 13.3% | (10.2%-16.4%) | 136 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |               |     |
| Hispanic                                  | 9.0%  | (0.3%-17.7%)  | 15  | *      | *             | *   | *     | *             | *   |
| Non-Hispanic                              | 13.4% | (10.4%-16.4%) | 486 | 12.3%  | (8.3%-16.3%)  | 214 | 14.6% | (11.4%-17.8%) | 272 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native         | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| Asian                                     | 24.0% | (0.0%-52.0%)~ | 7   | *      | *             | *   | *     | *             | *   |
| Black or African American                 | 21.7% | (11.9%-31.4%) | 25  | 29.0%  | (4.2%-53.9%)~ | 16  | 15.0% | (0.0%-31.6%)~ | 9   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| White                                     | 13.3% | (10.3%-16.3%) | 455 | 12.6%  | (8.2%-17.0%)  | 200 | 14.1% | (10.9%-17.4%) | 255 |
| Multiple Races                            | 8.2%  | (3.8%-12.5%)  | 22  | 4.5%   | (0.0%-10.0%)  | 7   | 12.6% | (3.4%-21.7%)  | 16  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they take prescription drugs that are not prescribed to them? (mn95)  
Percentage of students who answered 'No risk' or 'Slight risk'*

|  | Total |               |     | Female |               |     | Male  |               |     |
|--|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|  | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |     |       |               |     |
| Heterosexual                             | 13.1% | (10.8%-15.5%) | 375 | 12.1%  | (9.9%-14.3%)  | 141 | 13.9% | (10.2%-17.5%) | 234 |
| Gay/Lesbian                              | 13.5% | (2.6%-24.5%)~ | 21  | 6.9%   | (0.0%-16.0%)  | 6   | 20.3% | (0.0%-41.4%)~ | 13  |
| Bisexual                                 | 14.3% | (6.0%-22.6%)  | 59  | 13.9%  | (5.8%-22.1%)  | 42  | 16.7% | (1.0%-32.5%)~ | 17  |
| Described sexual identity some other way | 11.8% | (4.6%-19.1%)  | 21  | 11.2%  | (0.3%-22.2%)~ | 14  | 21.5% | (3.4%-39.7%)~ | 7   |
| Questioning                              | 13.1% | (4.1%-22.1%)  | 29  | *      | *             | *   | *     | *             | *   |
| Did not understand question              | 6.5%  | (0.0%-13.9%)  | 8   | *      | *             | *   | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |     |       |               |     |
| Yes                                      | 10.0% | (0.0%-20.4%)~ | 13  | *      | *             | *   | *     | *             | *   |
| No                                       | 12.7% | (10.0%-15.4%) | 464 | 11.3%  | (7.5%-15.2%)  | 194 | 14.1% | (11.2%-16.9%) | 271 |
| Not Sure                                 | 11.1% | (3.7%-18.6%)  | 14  | 10.4%  | (1.7%-19.0%)  | 8   | 16.4% | (0.0%-39.5%)~ | 6   |
| Did not understand question              | 28.0% | (0.0%-56.0%)~ | 18  | *      | *             | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |     |       |               |     |
| Yes                                      | 13.2% | (7.1%-19.2%)  | 130 | 12.6%  | (6.2%-19.1%)  | 85  | 15.7% | (5.4%-26.0%)~ | 43  |
| No                                       | 13.0% | (10.8%-15.3%) | 388 | 11.6%  | (9.4%-13.8%)  | 141 | 14.0% | (10.3%-17.6%) | 247 |

\*Estimate suppressed due to small cell sizes.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 12 months, do you recall hearing, reading or watching an advertisement about the prevention of substance use? (mn93)  
Percentage of students who answered 'Yes'*

|   | Total |                |       | Female |                |       | Male  |                |       |
|---|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|   | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| Total                                     | 54.8% | (51.4%-58.1%)  | 2,233 | 53.3%  | (49.0%-57.7%)  | 1,031 | 56.0% | (51.3%-60.6%)  | 1,173 |
| <b>----Age----</b>                        |       |                |       |        |                |       |       |                |       |
| 12 or younger                             | 52.0% | (46.6%-57.3%)  | 595   | 52.2%  | (47.9%-56.6%)  | 290   | 51.5% | (43.3%-59.6%)  | 300   |
| 13  | 53.4% | (49.8%-57.1%)  | 1,025 | 50.4%  | (45.2%-55.7%)  | 474   | 56.8% | (51.0%-62.5%)  | 540   |
| 14 or older                               | 60.4% | (53.4%-67.4%)  | 608   | 60.9%  | (48.4%-73.4%)~ | 264   | 59.2% | (53.2%-65.3%)  | 333   |
| <b>----Grade----</b>                      |       |                |       |        |                |       |       |                |       |
| Grade 7                                   | 51.3% | (47.2%-55.5%)  | 1,020 | 48.1%  | (41.6%-54.6%)  | 448   | 53.7% | (49.0%-58.5%)  | 559   |
| Grade 8                                   | 58.2% | (53.3%-63.0%)  | 1,205 | 58.6%  | (52.3%-64.9%)  | 583   | 58.1% | (51.7%-64.5%)  | 609   |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |       |       |                |       |
| Hispanic                                  | 60.3% | (45.9%-74.6%)~ | 105   | 53.9%  | (30.5%-77.3%)~ | 43    | 65.6% | (48.7%-82.5%)~ | 62    |
| Non-Hispanic                              | 54.8% | (51.4%-58.2%)  | 2,019 | 53.5%  | (48.9%-58.1%)  | 944   | 55.6% | (50.7%-60.5%)  | 1,050 |
| <b>----Race----</b>                       |       |                |       |        |                |       |       |                |       |
| American Indian or Alaskan Native         | 52.1% | (35.6%-68.6%)~ | 39    | 55.7%  | (36.7%-74.7%)~ | 24    | 55.2% | (16.7%-93.7%)~ | 16    |
| Asian                                     | 43.5% | (19.5%-67.4%)~ | 13    | *      | *              | *     | *     | *              | *     |
| Black or African American                 | 39.4% | (23.3%-55.5%)~ | 47    | 35.1%  | (11.5%-58.8%)~ | 18    | 42.8% | (27.9%-57.6%)~ | 28    |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *     | *     | *              | *     |
| White                                     | 55.8% | (52.2%-59.3%)  | 1,939 | 54.0%  | (48.5%-59.6%)  | 877   | 57.0% | (52.8%-61.3%)  | 1,038 |
| Multiple Races                            | 53.8% | (38.4%-69.1%)~ | 147   | 48.8%  | (35.7%-61.8%)~ | 71    | 58.6% | (38.1%-79.1%)~ | 73    |

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 12 months, do you recall hearing, reading or watching an advertisement about the prevention of substance use? (mn93)  
Percentage of students who answered 'Yes'*

|  | Total |                |       | Female |                |     | Male  |                |       |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |       |
| Heterosexual                             | 57.0% | (52.8%-61.3%)  | 1,648 | 52.9%  | (46.6%-59.2%)  | 624 | 59.9% | (55.4%-64.3%)  | 1,021 |
| Gay/Lesbian                              | 55.7% | (31.7%-79.7%)~ | 90    | 58.2%  | (38.3%-78.2%)~ | 48  | 51.2% | (20.8%-81.6%)~ | 34    |
| Bisexual                                 | 45.3% | (36.0%-54.5%)  | 193   | 52.5%  | (41.9%-63.0%)~ | 164 | 28.2% | (12.0%-44.3%)~ | 29    |
| Described sexual identity some other way | 59.8% | (39.1%-80.4%)~ | 107   | 57.0%  | (41.8%-72.1%)~ | 70  | 51.7% | (10.9%-92.5%)~ | 18    |
| Questioning                              | 57.9% | (42.9%-73.0%)~ | 126   | 58.6%  | (42.9%-74.3%)~ | 98  | 55.9% | (32.1%-79.6%)~ | 28    |
| Did not understand question              | 37.6% | (18.6%-56.6%)~ | 46    | 58.4%  | (25.8%-91.0%)~ | 16  | 31.7% | (7.7%-55.7%)~  | 30    |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |       |
| Yes                                      | 50.9% | (33.0%-68.9%)~ | 68    | 70.0%  | (47.6%-92.4%)~ | 46  | 39.8% | (19.5%-60.1%)~ | 22    |
| No                                       | 55.3% | (51.6%-58.9%)  | 2,046 | 52.6%  | (47.8%-57.4%)  | 918 | 57.4% | (53.1%-61.6%)  | 1,112 |
| Not Sure                                 | 65.2% | (51.5%-78.9%)~ | 82    | 65.5%  | (43.9%-87.1%)~ | 51  | 62.8% | (39.7%-85.8%)~ | 23    |
| Did not understand question              | 25.2% | (3.0%-47.5%)~  | 18    | *      | *              | *   | *     | *              | *     |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |       |
| Yes                                      | 52.8% | (46.1%-59.4%)  | 530   | 55.5%  | (49.9%-61.0%)  | 380 | 44.8% | (31.5%-58.2%)~ | 123   |
| No                                       | 56.3% | (52.2%-60.3%)  | 1,700 | 52.5%  | (46.0%-59.0%)  | 647 | 58.8% | (54.3%-63.3%)  | 1,050 |

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 12 months, how many times have you been drunk or high at school? (mn96a)*  
*Percentage of students who answered at least 1 time*

|   | Total |               |     | Female |              |     | Male |              |     |
|---|-------|---------------|-----|--------|--------------|-----|------|--------------|-----|
|   | %     | CI            | N   | %      | CI           | N   | %    | CI           | N   |
| Total                                     | 6.1%  | (3.7%-8.6%)   | 252 | 7.5%   | (4.1%-10.9%) | 145 | 4.9% | (2.5%-7.4%)  | 104 |
| <b>----Age----</b>                        |       |               |     |        |              |     |      |              |     |
| 12 or younger                             | 3.5%  | (2.1%-5.0%)   | 40  | 4.1%   | (1.1%-7.1%)  | 23  | 3.0% | (1.0%-5.0%)  | 18  |
| 13  | 5.9%  | (3.6%-8.2%)   | 114 | 8.7%   | (4.9%-12.4%) | 82  | 3.3% | (1.2%-5.5%)  | 32  |
| 14 or older                               | 9.3%  | (3.2%-15.5%)  | 95  | 9.3%   | (2.4%-16.2%) | 41  | 9.6% | (1.7%-17.4%) | 55  |
| <b>----Grade----</b>                      |       |               |     |        |              |     |      |              |     |
| Grade 7                                   | 4.3%  | (2.7%-5.9%)   | 86  | 6.3%   | (2.9%-9.7%)  | 59  | 2.6% | (1.3%-3.9%)  | 27  |
| Grade 8                                   | 7.8%  | (3.5%-12.2%)  | 163 | 8.7%   | (3.0%-14.3%) | 86  | 7.3% | (2.4%-12.1%) | 77  |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |              |     |      |              |     |
| Hispanic                                  | 7.2%  | (0.0%-15.2%)  | 12  | *      | *            | *   | *    | *            | *   |
| Non-Hispanic                              | 6.4%  | (3.7%-9.1%)   | 237 | 7.8%   | (3.9%-11.7%) | 138 | 5.2% | (2.5%-7.9%)  | 99  |
| <b>----Race----</b>                       |       |               |     |        |              |     |      |              |     |
| American Indian or Alaskan Native         | 19.9% | (4.3%-35.4%)~ | 15  | *      | *            | *   | *    | *            | *   |
| Asian                                     | *     | *             | *   | *      | *            | *   | *    | *            | *   |
| Black or African American                 | 6.6%  | (0.9%-12.4%)  | 8   | *      | *            | *   | *    | *            | *   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *            | *   | *    | *            | *   |
| White                                     | 5.9%  | (3.3%-8.5%)   | 206 | 7.6%   | (3.5%-11.7%) | 123 | 4.5% | (2.1%-6.8%)  | 83  |
| Multiple Races                            | 6.6%  | (1.5%-11.7%)  | 18  | 5.7%   | (0.0%-12.8%) | 8   | 7.8% | (0.0%-15.8%) | 10  |

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N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 12 months, how many times have you been drunk or high at school? (mn96a)*  
*Percentage of students who answered at least 1 time*

|  | Total |               |     | Female |               |     | Male  |                |    |
|--|-------|---------------|-----|--------|---------------|-----|-------|----------------|----|
|  | %     | CI            | N   | %      | CI            | N   | %     | CI             | N  |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |     |       |                |    |
| Heterosexual                             | 4.7%  | (2.2%-7.1%)   | 135 | 6.2%   | (3.0%-9.4%)   | 73  | 3.6%  | (1.2%-6.0%)    | 62 |
| Gay/Lesbian                              | 10.0% | (4.0%-16.0%)  | 16  | *      | *             | *   | *     | *              | *  |
| Bisexual                                 | 14.6% | (5.1%-24.1%)  | 62  | 14.2%  | (3.9%-24.6%)~ | 44  | 17.4% | (3.6%-31.1%)~  | 18 |
| Described sexual identity some other way | 8.3%  | (0.6%-16.0%)  | 14  | 7.5%   | (0.3%-14.7%)  | 9   | 16.4% | (0.0%-51.6%)~  | 6  |
| Questioning                              | 10.9% | (3.8%-18.0%)  | 24  | 10.8%  | (3.6%-17.9%)  | 19  | 11.3% | (0.0%-33.3%)~  | 6  |
| Did not understand question              | *     | *             | *   | *      | *             | *   | *     | *              | *  |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |     |       |                |    |
| Yes                                      | 23.2% | (6.2%-40.2%)~ | 31  | 13.1%  | (0.0%-30.4%)~ | 9   | 40.3% | (14.5%-66.0%)~ | 22 |
| No                                       | 5.3%  | (2.9%-7.7%)   | 198 | 6.9%   | (3.5%-10.4%)  | 122 | 3.9%  | (1.5%-6.2%)    | 76 |
| Not Sure                                 | 12.7% | (4.1%-21.3%)  | 15  | 13.2%  | (0.0%-26.8%)~ | 10  | 15.4% | (0.0%-37.4%)~  | 6  |
| Did not understand question              | 11.2% | (0.0%-23.5%)~ | 8   | *      | *             | *   | *     | *              | *  |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |     |       |                |    |
| Yes                                      | 11.9% | (6.0%-17.8%)  | 119 | 10.5%  | (4.2%-16.9%)  | 72  | 16.4% | (4.0%-28.7%)~  | 45 |
| No                                       | 4.4%  | (2.1%-6.6%)   | 133 | 5.9%   | (2.8%-9.0%)   | 73  | 3.3%  | (1.1%-5.4%)    | 59 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Has anyone offered, sold, or given you alcohol or drugs on school property? (mn218)*  
*Percentage of students who answered 'Yes'*

|   | Total |              |     | Female |              |     | Male  |               |     |
|---|-------|--------------|-----|--------|--------------|-----|-------|---------------|-----|
|   | %     | CI           | N   | %      | CI           | N   | %     | CI            | N   |
| Total                                     | 8.6%  | (6.5%-10.7%) | 352 | 10.2%  | (7.5%-12.8%) | 196 | 7.1%  | (4.8%-9.3%)   | 150 |
| <b>----Age----</b>                        |       |              |     |        |              |     |       |               |     |
| 12 or younger                             | 6.0%  | (3.7%-8.3%)  | 70  | 6.3%   | (3.4%-9.2%)  | 37  | 5.8%  | (3.4%-8.2%)   | 33  |
| 13  | 9.7%  | (7.3%-12.1%) | 190 | 12.1%  | (8.5%-15.6%) | 111 | 7.4%  | (5.4%-9.4%)   | 75  |
| 14 or older                               | 9.1%  | (5.7%-12.5%) | 88  | 11.1%  | (5.5%-16.7%) | 46  | 7.8%  | (3.7%-11.9%)  | 42  |
| <b>----Grade----</b>                      |       |              |     |        |              |     |       |               |     |
| Grade 7                                   | 6.9%  | (5.0%-8.9%)  | 139 | 8.1%   | (5.7%-10.4%) | 75  | 5.8%  | (3.9%-7.7%)   | 61  |
| Grade 8                                   | 10.2% | (7.3%-13.1%) | 212 | 12.1%  | (8.3%-16.0%) | 119 | 8.4%  | (5.1%-11.6%)  | 89  |
| <b>----Hispanic Ethnicity----</b>         |       |              |     |        |              |     |       |               |     |
| Hispanic                                  | 12.7% | (5.7%-19.7%) | 24  | 11.3%  | (1.9%-20.7%) | 10  | 15.1% | (4.5%-25.6%)~ | 14  |
| Non-Hispanic                              | 8.5%  | (6.4%-10.6%) | 315 | 10.2%  | (7.6%-12.9%) | 179 | 6.9%  | (4.6%-9.1%)   | 130 |
| <b>----Race----</b>                       |       |              |     |        |              |     |       |               |     |
| American Indian or Alaskan Native         | 15.1% | (5.8%-24.4%) | 12  | *      | *            | *   | *     | *             | *   |
| Asian                                     | *     | *            | *   | *      | *            | *   | *     | *             | *   |
| Black or African American                 | 6.1%  | (3.1%-9.2%)  | 7   | *      | *            | *   | *     | *             | *   |
| Native Hawaiian or Other Pacific Islander | *     | *            | *   | *      | *            | *   | *     | *             | *   |
| White                                     | 8.2%  | (6.3%-10.2%) | 288 | 9.8%   | (7.5%-12.1%) | 161 | 6.8%  | (4.4%-9.2%)   | 125 |
| Multiple Races                            | 11.6% | (5.6%-17.5%) | 32  | 10.8%  | (2.8%-18.9%) | 14  | 10.3% | (3.4%-17.2%)  | 14  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Has anyone offered, sold, or given you alcohol or drugs on school property? (mn218)*  
*Percentage of students who answered 'Yes'*

|  | Total |               |     | Female |               |     | Male  |                |     |
|--|-------|---------------|-----|--------|---------------|-----|-------|----------------|-----|
|  | %     | CI            | N   | %      | CI            | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |     |       |                |     |
| Heterosexual                             | 7.6%  | (5.6%-9.6%)   | 219 | 8.5%   | (6.0%-10.9%)  | 100 | 6.9%  | (4.6%-9.2%)    | 118 |
| Gay/Lesbian                              | 9.6%  | (3.6%-15.7%)  | 14  | 9.6%   | (1.4%-17.8%)  | 7   | 11.8% | (1.7%-21.9%)~  | 7   |
| Bisexual                                 | 13.5% | (7.1%-20.0%)  | 55  | 14.9%  | (7.5%-22.3%)  | 45  | 9.3%  | (0.2%-18.3%)   | 9   |
| Described sexual identity some other way | 12.2% | (6.9%-17.5%)  | 27  | 12.7%  | (5.0%-20.4%)  | 18  | 12.8% | (0.0%-26.1%)~  | 8   |
| Questioning                              | 13.5% | (7.7%-19.3%)  | 31  | *      | *             | *   | *     | *              | *   |
| Did not understand question              | *     | *             | *   | *      | *             | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |     |       |                |     |
| Yes                                      | 26.2% | (17.7%-34.6%) | 27  | 23.6%  | (4.5%-42.6%)~ | 12  | 33.7% | (16.6%-50.8%)~ | 14  |
| No                                       | 7.9%  | (5.8%-10.0%)  | 295 | 9.5%   | (6.9%-12.1%)  | 165 | 6.5%  | (4.4%-8.6%)    | 129 |
| Not Sure                                 | 11.7% | (5.7%-17.6%)  | 17  | *      | *             | *   | *     | *              | *   |
| Did not understand question              | 9.7%  | (3.4%-16.1%)  | 8   | *      | *             | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |     |       |                |     |
| Yes                                      | 12.7% | (9.3%-16.0%)  | 129 | 13.6%  | (9.1%-18.1%)  | 93  | 10.9% | (5.7%-16.1%)   | 31  |
| No                                       | 7.3%  | (5.3%-9.2%)   | 221 | 8.4%   | (6.0%-10.7%)  | 103 | 6.5%  | (4.3%-8.6%)    | 116 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you agree or disagree with the following statement? My family has clear rules about alcohol and drug use. (mn90)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

|   | Total |                 |       | Female |               |       | Male  |                |       |
|---|-------|-----------------|-------|--------|---------------|-------|-------|----------------|-------|
|   | %     | CI              | N     | %      | CI            | N     | %     | CI             | N     |
| Total                                     | 94.6% | (93.0%-96.2%)   | 3,820 | 93.8%  | (91.7%-95.9%) | 1,785 | 95.7% | (94.3%-97.2%)  | 1,981 |
| <b>----Age----</b>                        |       |                 |       |        |               |       |       |                |       |
| 12 or younger                             | 94.8% | (91.2%-98.5%)   | 1,131 | 93.1%  | (88.4%-97.8%) | 582   | 96.7% | (92.5%-100.0%) | 542   |
| 13  | 94.4% | (92.3%-96.6%)   | 1,830 | 93.7%  | (91.7%-95.6%) | 828   | 96.0% | (93.4%-98.6%)  | 979   |
| 14 or older                               | 94.6% | (91.8%-97.4%)   | 853   | 95.1%  | (90.8%-99.5%) | 373   | 94.0% | (90.0%-97.9%)  | 461   |
| <b>----Grade----</b>                      |       |                 |       |        |               |       |       |                |       |
| Grade 7                                   | 94.0% | (91.3%-96.7%)   | 1,854 | 92.5%  | (89.2%-95.8%) | 866   | 96.0% | (93.4%-98.7%)  | 971   |
| Grade 8                                   | 95.1% | (93.6%-96.7%)   | 1,935 | 95.0%  | (92.7%-97.3%) | 905   | 95.4% | (93.7%-97.1%)  | 994   |
| <b>----Hispanic Ethnicity----</b>         |       |                 |       |        |               |       |       |                |       |
| Hispanic                                  | 93.3% | (86.9%-99.7%)   | 196   | *      | *             | *     | *     | *              | *     |
| Non-Hispanic                              | 94.8% | (92.9%-96.6%)   | 3,416 | 94.0%  | (91.5%-96.4%) | 1,618 | 96.0% | (94.4%-97.7%)  | 1,765 |
| <b>----Race----</b>                       |       |                 |       |        |               |       |       |                |       |
| American Indian or Alaskan Native         | 92.4% | (79.0%-100.0%)~ | 77    | *      | *             | *     | *     | *              | *     |
| Asian                                     | *     | *               | *     | *      | *             | *     | *     | *              | *     |
| Black or African American                 | 89.9% | (84.5%-95.2%)   | 113   | *      | *             | *     | *     | *              | *     |
| Native Hawaiian or Other Pacific Islander | *     | *               | *     | *      | *             | *     | *     | *              | *     |
| White                                     | 95.5% | (93.7%-97.3%)   | 3,282 | 94.2%  | (92.0%-96.5%) | 1,545 | 97.2% | (95.4%-99.1%)  | 1,701 |
| Multiple Races                            | 87.0% | (82.6%-91.4%)   | 243   | 90.3%  | (81.5%-99.0%) | 105   | 83.6% | (77.3%-89.9%)  | 128   |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you agree or disagree with the following statement? My family has clear rules about alcohol and drug use. (mn90)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

|  | Total |                |       | Female |               |       | Male  |               |       |
|--|-------|----------------|-------|--------|---------------|-------|-------|---------------|-------|
|  | %     | CI             | N     | %      | CI            | N     | %     | CI            | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |               |       |       |               |       |
| Heterosexual                             | 95.9% | (94.0%-97.7%)  | 2,707 | 95.2%  | (92.1%-98.3%) | 1,121 | 96.4% | (94.8%-98.0%) | 1,575 |
| Gay/Lesbian                              | 93.2% | (83.0%-100.0%) | 110   | *      | *             | *     | *     | *             | *     |
| Bisexual                                 | 90.0% | (86.7%-93.3%)  | 361   | *      | *             | *     | *     | *             | *     |
| Described sexual identity some other way | 90.7% | (84.9%-96.4%)  | 236   | *      | *             | *     | *     | *             | *     |
| Questioning                              | 92.9% | (86.5%-99.3%)  | 202   | *      | *             | *     | *     | *             | *     |
| Did not understand question              | 91.4% | (80.3%-100.0%) | 88    | *      | *             | *     | *     | *             | *     |
| <b>----Transgender Identity----</b>      |       |                |       |        |               |       |       |               |       |
| Yes                                      | 82.9% | (67.6%-98.3%)~ | 66    | *      | *             | *     | *     | *             | *     |
| No                                       | 95.2% | (93.4%-97.0%)  | 3,519 | 93.9%  | (91.4%-96.3%) | 1,612 | 96.4% | (94.7%-98.1%) | 1,883 |
| Not Sure                                 | 90.2% | (81.2%-99.2%)  | 147   | *      | *             | *     | *     | *             | *     |
| Did not understand question              | 88.8% | (81.1%-96.5%)  | 60    | *      | *             | *     | *     | *             | *     |
| <b>----LGBTQ----</b>                     |       |                |       |        |               |       |       |               |       |
| Yes                                      | 91.3% | (88.5%-94.1%)  | 928   | 91.3%  | (88.0%-94.6%) | 614   | 93.8% | (88.9%-98.7%) | 275   |
| No                                       | 95.8% | (93.9%-97.7%)  | 2,858 | 95.1%  | (92.1%-98.1%) | 1,160 | 96.3% | (94.7%-97.9%) | 1,687 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 11**

### **Sexual Behaviors**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Have you ever had sexual intercourse? (mn100)*  
*Percentage of students who answered 'Yes'*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                     | 8.3%  | (6.1%-10.4%)  | 329 | 7.0%   | (4.5%-9.5%)   | 133 | 9.4%  | (7.0%-11.7%)  | 191 |
| <b>---Age---</b>                          |       |               |     |        |               |     |       |               |     |
| 12 or younger                             | 4.6%  | (2.5%-6.6%)   | 52  | 3.9%   | (1.1%-6.6%)   | 22  | 5.3%  | (2.8%-7.9%)   | 30  |
| 13  | 7.9%  | (5.5%-10.3%)  | 150 | 7.5%   | (4.2%-10.7%)  | 67  | 8.3%  | (5.9%-10.6%)  | 80  |
| 14 or older                               | 13.6% | (9.9%-17.3%)  | 128 | 10.6%  | (6.3%-14.8%)  | 43  | 15.9% | (11.4%-20.4%) | 82  |
| <b>---Grade---</b>                        |       |               |     |        |               |     |       |               |     |
| Grade 7                                   | 5.6%  | (3.7%-7.6%)   | 109 | 5.4%   | (2.4%-8.5%)   | 50  | 5.8%  | (3.8%-7.7%)   | 58  |
| Grade 8                                   | 10.9% | (8.1%-13.6%)  | 219 | 8.5%   | (5.2%-11.8%)  | 81  | 13.0% | (10.0%-16.0%) | 134 |
| <b>---Hispanic Ethnicity---</b>           |       |               |     |        |               |     |       |               |     |
| Hispanic                                  | 20.5% | (13.2%-27.9%) | 38  | 17.6%  | (4.5%-30.7%)~ | 15  | 20.7% | (9.1%-32.2%)~ | 19  |
| Non-Hispanic                              | 7.6%  | (5.6%-9.6%)   | 273 | 6.5%   | (4.1%-9.0%)   | 113 | 8.7%  | (6.3%-11.2%)  | 160 |
| <b>---Race---</b>                         |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native         | 12.0% | (4.8%-19.1%)  | 9   | *      | *             | *   | *     | *             | *   |
| Asian                                     | 17.0% | (0.8%-33.2%)~ | 6   | *      | *             | *   | *     | *             | *   |
| Black or African American                 | 11.7% | (6.0%-17.4%)  | 14  | *      | *             | *   | *     | *             | *   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| White                                     | 7.4%  | (5.3%-9.4%)   | 251 | 6.7%   | (4.1%-9.3%)   | 108 | 8.2%  | (6.0%-10.3%)  | 144 |
| Multiple Races                            | 16.5% | (9.2%-23.9%)  | 45  | 11.3%  | (3.8%-18.8%)  | 15  | 19.8% | (8.2%-31.5%)~ | 26  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Have you ever had sexual intercourse? (mn100)*  
*Percentage of students who answered 'Yes'*

|  | Total |                |     | Female |               |     | Male  |                |     |
|--|-------|----------------|-----|--------|---------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI            | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |               |     |       |                |     |
| Heterosexual                             | 7.5%  | (5.1%-9.9%)    | 211 | 5.7%   | (2.7%-8.7%)   | 66  | 8.8%  | (5.9%-11.6%)   | 144 |
| Gay/Lesbian                              | 11.6% | (4.5%-18.7%)   | 15  | *      | *             | *   | *     | *              | *   |
| Bisexual                                 | 12.9% | (8.1%-17.7%)   | 51  | 12.2%  | (6.6%-17.9%)  | 36  | 16.4% | (8.2%-24.5%)   | 15  |
| Described sexual identity some other way | 13.1% | (7.8%-18.3%)   | 28  | 9.9%   | (3.9%-15.9%)  | 14  | 20.1% | (7.1%-33.1%)~  | 12  |
| Questioning                              | 5.1%  | (1.1%-9.0%)    | 11  | *      | *             | *   | *     | *              | *   |
| Did not understand question              | *     | *              | *   | *      | *             | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |               |     |       |                |     |
| Yes                                      | 29.0% | (18.3%-39.7%)~ | 30  | 19.5%  | (4.1%-34.9%)~ | 10  | 47.1% | (25.6%-68.5%)~ | 19  |
| No                                       | 7.5%  | (5.4%-9.6%)    | 272 | 6.5%   | (3.8%-9.2%)   | 111 | 8.4%  | (6.0%-10.8%)   | 160 |
| Not Sure                                 | 8.0%  | (1.8%-14.2%)   | 11  | *      | *             | *   | *     | *              | *   |
| Did not understand question              | 15.6% | (8.5%-22.7%)   | 11  | *      | *             | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |               |     |       |                |     |
| Yes                                      | 10.7% | (8.2%-13.3%)   | 106 | 9.4%   | (6.9%-11.9%)  | 63  | 14.6% | (7.8%-21.5%)   | 39  |
| No                                       | 7.6%  | (5.2%-9.9%)    | 223 | 5.8%   | (3.1%-8.5%)   | 70  | 8.7%  | (6.0%-11.5%)   | 152 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*The last time you had sexual intercourse, did you or your partner use a condom? (mn101)*  
*Among students who have had sexual intercourse, the percentage of students who answered 'Yes'*

|   | Total |                |     | Female |                 |    | Male  |                |    |
|---|-------|----------------|-----|--------|-----------------|----|-------|----------------|----|
|   | %     | CI             | N   | %      | CI              | N  | %     | CI             | N  |
| Total                                     | 47.9% | (35.0%-60.9%)~ | 123 | 45.6%  | (22.4%-68.8%)~  | 38 | 50.6% | (34.1%-67.0%)~ | 85 |
| <b>----Age----</b>                        |       |                |     |        |                 |    |       |                |    |
| 12 or younger                             | 35.5% | (10.0%-61.0%)~ | 12  | *      | *               | *  | *     | *              | *  |
| 13  | 49.4% | (30.4%-68.4%)~ | 60  | 39.3%  | (10.9%-67.7%)~  | 17 | 55.1% | (29.8%-80.5%)~ | 43 |
| 14 or older                               | 50.3% | (28.3%-72.3%)~ | 51  | 71.2%  | (38.6%-100.0%)~ | 18 | 46.5% | (21.7%-71.3%)~ | 33 |
| <b>----Grade----</b>                      |       |                |     |        |                 |    |       |                |    |
| Grade 7                                   | 36.3% | (14.2%-58.5%)~ | 26  | 33.5%  | (6.8%-60.2%)~   | 11 | 38.6% | (1.6%-75.6%)~  | 15 |
| Grade 8                                   | 52.4% | (35.9%-69.0%)~ | 97  | 52.9%  | (26.4%-79.5%)~  | 28 | 54.3% | (33.6%-74.9%)~ | 70 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                 |    |       |                |    |
| Hispanic                                  | 52.5% | (21.1%-83.9%)~ | 19  | *      | *               | *  | *     | *              | *  |
| Non-Hispanic                              | 46.9% | (31.9%-61.9%)~ | 98  | 48.2%  | (27.1%-69.3%)~  | 34 | 46.3% | (29.0%-63.6%)~ | 65 |
| <b>----Race----</b>                       |       |                |     |        |                 |    |       |                |    |
| American Indian or Alaskan Native         | *     | *              | *   | *      | *               | *  | *     | *              | *  |
| Asian                                     | *     | *              | *   | *      | *               | *  | *     | *              | *  |
| Black or African American                 | *     | *              | *   | *      | *               | *  | *     | *              | *  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *               | *  | *     | *              | *  |
| White                                     | 46.7% | (31.1%-62.3%)~ | 85  | 39.8%  | (14.4%-65.2%)~  | 26 | 50.6% | (32.9%-68.3%)~ | 59 |
| Multiple Races                            | 48.0% | (12.4%-83.6%)~ | 21  | *      | *               | *  | *     | *              | *  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have had sexual intercourse, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*The last time you had sexual intercourse, did you or your partner use a condom? (mn101)*  
*Among students who have had sexual intercourse, the percentage of students who answered 'Yes'*

|  | Total |                |     | Female |                |    | Male  |                |    |
|--|-------|----------------|-----|--------|----------------|----|-------|----------------|----|
|  | %     | CI             | N   | %      | CI             | N  | %     | CI             | N  |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |    |       |                |    |
| Heterosexual                             | 52.6% | (36.9%-68.3%)~ | 88  | 47.5%  | (14.4%-80.7%)~ | 18 | 54.1% | (34.7%-73.4%)~ | 70 |
| Gay/Lesbian                              | *     | *              | *   | *      | *              | *  | *     | *              | *  |
| Bisexual                                 | 45.3% | (15.0%-75.5%)~ | 15  | *      | *              | *  | *     | *              | *  |
| Described sexual identity some other way | 34.2% | (4.7%-63.7%)~  | 9   | *      | *              | *  | *     | *              | *  |
| Questioning                              | *     | *              | *   | *      | *              | *  | *     | *              | *  |
| Did not understand question              | *     | *              | *   | *      | *              | *  | *     | *              | *  |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |    |       |                |    |
| Yes                                      | *     | *              | *   | *      | *              | *  | *     | *              | *  |
| No                                       | 49.0% | (35.3%-62.7%)~ | 112 | 45.6%  | (22.4%-68.8%)~ | 38 | 51.1% | (33.2%-68.9%)~ | 74 |
| Not Sure                                 | *     | *              | *   | *      | *              | *  | *     | *              | *  |
| Did not understand question              | *     | *              | *   | *      | *              | *  | *     | *              | *  |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |    |       |                |    |
| Yes                                      | 38.7% | (21.9%-55.4%)~ | 29  | 46.7%  | (21.5%-71.9%)~ | 20 | 33.2% | (2.2%-64.3%)~  | 9  |
| No                                       | 51.8% | (37.2%-66.4%)~ | 94  | 44.4%  | (10.4%-78.4%)~ | 18 | 53.9% | (36.1%-71.8%)~ | 76 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have had sexual intercourse, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 12**

### **Nutrition**



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) (mn116)*  
*Percentage of students who ate fruit two or more times per day during the past seven days*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 25.8% | (23.2%-28.4%)  | 1,047 | 25.9%  | (22.9%-28.9%)  | 495 | 26.0% | (21.9%-30.1%)  | 542 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 27.8% | (23.1%-32.5%)  | 320   | 28.1%  | (23.5%-32.7%)  | 163 | 27.6% | (20.5%-34.6%)  | 155 |
| 13  | 25.2% | (22.5%-27.8%)  | 487   | 25.4%  | (21.9%-28.9%)  | 232 | 25.4% | (20.8%-30.0%)  | 252 |
| 14 or older                               | 24.5% | (20.1%-29.0%)  | 236   | 23.5%  | (16.0%-30.9%)  | 97  | 25.3% | (20.1%-30.6%)  | 135 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 26.3% | (23.2%-29.5%)  | 520   | 27.3%  | (23.5%-31.1%)  | 253 | 25.6% | (21.5%-29.6%)  | 263 |
| Grade 8                                   | 24.9% | (22.0%-27.8%)  | 511   | 24.0%  | (20.5%-27.5%)  | 233 | 26.1% | (21.3%-30.9%)  | 274 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 30.3% | (21.7%-39.0%)  | 58    | 24.2%  | (13.0%-35.4%)~ | 21  | 34.1% | (21.1%-47.1%)~ | 33  |
| Non-Hispanic                              | 25.6% | (22.8%-28.4%)  | 934   | 25.9%  | (22.9%-28.8%)  | 449 | 25.7% | (21.2%-30.3%)  | 480 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 31.4% | (24.6%-38.2%)  | 24    | 31.4%  | (17.2%-45.5%)~ | 14  | 30.6% | (15.5%-45.7%)~ | 8   |
| Asian                                     | 23.2% | (9.0%-37.5%)~  | 8     | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 31.8% | (16.2%-47.4%)~ | 38    | 24.8%  | (1.7%-48.0%)~  | 13  | 37.0% | (22.5%-51.4%)~ | 26  |
| Native Hawaiian or Other Pacific Islander | 48.2% | (20.7%-75.6%)~ | 8     | *      | *              | *   | *     | *              | *   |
| White                                     | 25.5% | (22.8%-28.2%)  | 884   | 25.7%  | (22.9%-28.5%)  | 418 | 25.6% | (21.0%-30.3%)  | 461 |
| Multiple Races                            | 24.8% | (16.0%-33.7%)  | 69    | 22.7%  | (11.8%-33.6%)~ | 30  | 26.6% | (13.1%-40.1%)~ | 36  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate fruit two or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) (mn116)*  
*Percentage of students who ate fruit two or more times per day during the past seven days*

|  | Total |               |     | Female |               |     | Male  |                |     |
|--|-------|---------------|-----|--------|---------------|-----|-------|----------------|-----|
|  | %     | CI            | N   | %      | CI            | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |     |       |                |     |
| Heterosexual                             | 27.8% | (24.6%-30.9%) | 794 | 28.3%  | (24.9%-31.8%) | 333 | 27.5% | (23.3%-31.7%)  | 462 |
| Gay/Lesbian                              | 26.5% | (20.8%-32.2%) | 36  | 22.1%  | (13.2%-31.0%) | 16  | 34.1% | (21.2%-47.0%)~ | 18  |
| Bisexual                                 | 19.1% | (12.9%-25.2%) | 77  | 21.4%  | (15.1%-27.7%) | 65  | 11.5% | (3.3%-19.6%)   | 10  |
| Described sexual identity some other way | 21.4% | (15.7%-27.1%) | 46  | 22.5%  | (14.1%-30.9%) | 30  | 19.3% | (8.3%-30.3%)~  | 12  |
| Questioning                              | 20.3% | (14.5%-26.1%) | 46  | 21.5%  | (14.2%-28.7%) | 36  | 18.3% | (4.3%-32.4%)~  | 10  |
| Did not understand question              | 21.5% | (12.9%-30.2%) | 24  | 31.6%  | (8.2%-55.0%)~ | 7   | 17.7% | (5.3%-30.2%)~  | 16  |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |     |       |                |     |
| Yes                                      | 21.8% | (12.0%-31.6%) | 23  | 25.2%  | (4.9%-45.4%)~ | 13  | 20.0% | (4.5%-35.6%)~  | 8   |
| No                                       | 26.1% | (23.3%-28.9%) | 966 | 26.6%  | (23.3%-29.9%) | 460 | 25.9% | (21.8%-30.0%)  | 505 |
| Not Sure                                 | 20.4% | (11.8%-28.9%) | 29  | 15.6%  | (6.0%-25.2%)  | 15  | 34.5% | (11.9%-57.0%)~ | 11  |
| Did not understand question              | 19.9% | (8.4%-31.4%)~ | 15  | 23.1%  | (2.4%-43.8%)~ | 6   | 17.2% | (0.0%-35.1%)~  | 8   |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |     |       |                |     |
| Yes                                      | 21.0% | (17.8%-24.2%) | 210 | 21.8%  | (17.9%-25.7%) | 148 | 19.7% | (14.0%-25.4%)  | 54  |
| No                                       | 27.5% | (24.5%-30.5%) | 827 | 28.1%  | (24.6%-31.6%) | 344 | 27.1% | (23.0%-31.2%)  | 481 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who ate fruit two or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) (mn116\_2)*  
*Percentage of students who ate fruit less than 1 time per day during the past seven days*

|   | Total |                |       | Female |                |       | Male  |                |       |
|---|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|   | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| Total                                     | 60.7% | (57.1%-64.2%)  | 2,459 | 61.7%  | (56.9%-66.5%)  | 1,179 | 59.2% | (55.2%-63.3%)  | 1,236 |
| <b>----Age----</b>                        |       |                |       |        |                |       |       |                |       |
| 12 or younger                             | 59.9% | (53.9%-65.9%)  | 690   | 59.3%  | (52.4%-66.3%)  | 345   | 60.2% | (52.5%-68.0%)  | 338   |
| 13  | 60.5% | (56.4%-64.5%)  | 1,169 | 61.4%  | (56.1%-66.7%)  | 561   | 59.1% | (53.6%-64.6%)  | 586   |
| 14 or older                               | 62.0% | (57.5%-66.5%)  | 597   | 66.1%  | (59.4%-72.9%)  | 273   | 58.4% | (53.1%-63.7%)  | 312   |
| <b>----Grade----</b>                      |       |                |       |        |                |       |       |                |       |
| Grade 7                                   | 61.0% | (57.2%-64.8%)  | 1,205 | 60.2%  | (54.5%-65.8%)  | 558   | 61.7% | (57.4%-66.0%)  | 634   |
| Grade 8                                   | 60.7% | (56.5%-65.0%)  | 1,248 | 63.7%  | (58.4%-68.9%)  | 618   | 57.1% | (52.3%-61.9%)  | 599   |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |       |       |                |       |
| Hispanic                                  | 57.6% | (48.9%-66.2%)  | 110   | 67.0%  | (56.2%-77.9%)~ | 58    | 49.8% | (36.7%-62.8%)~ | 48    |
| Non-Hispanic                              | 60.6% | (57.0%-64.3%)  | 2,210 | 61.5%  | (56.8%-66.3%)  | 1,069 | 59.3% | (55.1%-63.5%)  | 1,108 |
| <b>----Race----</b>                       |       |                |       |        |                |       |       |                |       |
| American Indian or Alaskan Native         | 53.4% | (43.6%-63.2%)  | 40    | 45.6%  | (30.2%-61.0%)~ | 20    | 65.1% | (49.0%-81.2%)~ | 17    |
| Asian                                     | 54.6% | (35.3%-73.9%)~ | 18    | *      | *              | *     | *     | *              | *     |
| Black or African American                 | 56.1% | (38.8%-73.5%)~ | 68    | 62.7%  | (35.6%-89.7%)~ | 33    | 51.2% | (36.5%-65.9%)~ | 35    |
| Native Hawaiian or Other Pacific Islander | 45.2% | (15.4%-75.0%)~ | 7     | *      | *              | *     | *     | *              | *     |
| White                                     | 61.0% | (57.5%-64.5%)  | 2,115 | 61.9%  | (57.2%-66.6%)  | 1,007 | 59.7% | (55.4%-63.9%)  | 1,074 |
| Multiple Races                            | 61.4% | (49.2%-73.6%)~ | 170   | 65.4%  | (50.6%-80.2%)~ | 86    | 56.9% | (43.3%-70.6%)~ | 78    |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who ate fruit less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) (mn116\_2)*  
*Percentage of students who ate fruit less than 1 time per day during the past seven days*

|  | Total |                |       | Female |                |       | Male  |                |       |
|--|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |       |       |                |       |
| Heterosexual                             | 58.0% | (53.4%-62.6%)  | 1,659 | 57.9%  | (51.7%-64.1%)  | 680   | 57.9% | (53.7%-62.1%)  | 972   |
| Gay/Lesbian                              | 65.7% | (59.0%-72.4%)  | 90    | 68.6%  | (56.7%-80.4%)~ | 48    | 58.3% | (39.1%-77.4%)~ | 31    |
| Bisexual                                 | 71.0% | (64.9%-77.2%)  | 286   | 70.8%  | (64.5%-77.1%)  | 215   | 70.7% | (60.0%-81.3%)~ | 64    |
| Described sexual identity some other way | 69.2% | (60.2%-78.2%)  | 148   | 71.3%  | (61.8%-80.8%)  | 95    | 66.6% | (58.3%-74.9%)  | 42    |
| Questioning                              | 63.8% | (56.3%-71.4%)  | 145   | 61.4%  | (53.5%-69.4%)  | 102   | 68.4% | (48.9%-88.0%)~ | 39    |
| Did not understand question              | 62.5% | (51.3%-73.6%)~ | 70    | 55.7%  | (25.7%-85.8%)~ | 12    | 65.2% | (52.0%-78.3%)~ | 58    |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |       |       |                |       |
| Yes                                      | 68.3% | (54.5%-82.0%)~ | 73    | 64.8%  | (44.7%-84.9%)~ | 34    | 74.5% | (57.9%-91.2%)~ | 31    |
| No                                       | 60.2% | (56.4%-64.1%)  | 2,228 | 60.8%  | (55.7%-66.0%)  | 1,051 | 59.3% | (55.3%-63.4%)  | 1,156 |
| Not Sure                                 | 70.1% | (58.3%-81.9%)~ | 99    | 75.7%  | (62.3%-89.2%)~ | 72    | 49.4% | (27.3%-71.4%)~ | 16    |
| Did not understand question              | 64.3% | (51.4%-77.1%)~ | 49    | 76.9%  | (56.2%-97.6%)~ | 19    | 57.5% | (36.9%-78.1%)~ | 27    |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |       |       |                |       |
| Yes                                      | 68.0% | (64.6%-71.4%)  | 680   | 68.0%  | (63.9%-72.1%)  | 460   | 66.2% | (59.3%-73.2%)  | 183   |
| No                                       | 58.3% | (54.0%-62.6%)  | 1,755 | 58.3%  | (52.1%-64.5%)  | 714   | 58.3% | (54.2%-62.3%)  | 1,036 |

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N = Number of students who ate fruit less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (mnfruit)*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 33.3% | (30.9%-35.7%)  | 1,331 | 32.4%  | (28.8%-36.0%)  | 612 | 34.5% | (30.1%-38.9%)  | 709 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 35.7% | (30.7%-40.8%)  | 402   | 35.6%  | (30.0%-41.3%)  | 202 | 36.1% | (29.5%-42.7%)  | 199 |
| 13  | 32.6% | (29.9%-35.2%)  | 625   | 31.6%  | (27.0%-36.1%)  | 288 | 34.1% | (28.5%-39.7%)  | 334 |
| 14 or older                               | 31.6% | (26.5%-36.7%)  | 300   | 29.2%  | (21.5%-37.0%)  | 120 | 33.7% | (26.5%-40.8%)  | 176 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 34.4% | (31.2%-37.7%)  | 668   | 33.6%  | (28.6%-38.6%)  | 306 | 35.5% | (31.7%-39.3%)  | 358 |
| Grade 8                                   | 31.8% | (29.2%-34.4%)  | 647   | 30.8%  | (27.4%-34.1%)  | 298 | 33.4% | (27.8%-39.0%)  | 346 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 37.0% | (27.4%-46.5%)  | 70    | 30.4%  | (18.6%-42.1%)~ | 26  | 41.6% | (25.7%-57.6%)~ | 40  |
| Non-Hispanic                              | 33.2% | (30.5%-35.8%)  | 1,196 | 32.5%  | (29.0%-36.0%)  | 559 | 34.3% | (29.4%-39.2%)  | 633 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 41.2% | (30.5%-51.9%)~ | 31    | 37.5%  | (20.7%-54.3%)~ | 17  | 47.8% | (27.9%-67.8%)~ | 13  |
| Asian                                     | 27.0% | (13.2%-40.8%)~ | 9     | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 42.1% | (20.5%-63.6%)~ | 51    | 37.4%  | (9.4%-65.5%)~  | 19  | 45.6% | (26.8%-64.5%)~ | 32  |
| Native Hawaiian or Other Pacific Islander | 48.2% | (20.7%-75.6%)~ | 8     | *      | *              | *   | *     | *              | *   |
| White                                     | 32.7% | (30.1%-35.3%)  | 1,118 | 31.8%  | (28.8%-34.7%)  | 511 | 34.0% | (29.2%-38.8%)  | 603 |
| Multiple Races                            | 33.5% | (24.5%-42.5%)  | 91    | 33.7%  | (18.9%-48.6%)~ | 43  | 33.5% | (20.0%-47.0%)~ | 45  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (mnfruit)*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 34.7% | (31.5%-37.8%)  | 978   | 34.3%  | (30.1%-38.5%)  | 399 | 35.0% | (30.8%-39.2%)  | 580 |
| Gay/Lesbian                              | 34.6% | (25.3%-43.9%)  | 46    | 27.3%  | (15.7%-39.0%)~ | 19  | 48.0% | (29.3%-66.7%)~ | 25  |
| Bisexual                                 | 25.9% | (18.8%-33.0%)  | 104   | 28.5%  | (21.2%-35.9%)  | 87  | 17.8% | (4.0%-31.7%)~  | 16  |
| Described sexual identity some other way | 27.8% | (19.4%-36.2%)  | 59    | 26.8%  | (16.2%-37.3%)~ | 35  | 32.1% | (17.8%-46.4%)~ | 20  |
| Questioning                              | 27.7% | (20.1%-35.4%)  | 63    | 28.7%  | (18.1%-39.2%)~ | 47  | 26.9% | (9.5%-44.2%)~  | 15  |
| Did not understand question              | 36.7% | (23.3%-50.0%)~ | 41    | 43.6%  | (17.2%-70.0%)~ | 10  | 33.9% | (16.2%-51.5%)~ | 30  |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 27.8% | (19.0%-36.6%)  | 30    | 32.7%  | (14.2%-51.2%)~ | 17  | 25.8% | (10.4%-41.2%)~ | 11  |
| No                                       | 33.7% | (31.0%-36.4%)  | 1,231 | 33.3%  | (29.3%-37.3%)  | 570 | 34.4% | (30.0%-38.8%)  | 660 |
| Not Sure                                 | 22.6% | (13.0%-32.3%)  | 31    | 16.3%  | (6.1%-26.5%)~  | 15  | 41.9% | (16.2%-67.7%)~ | 14  |
| Did not understand question              | 28.9% | (14.3%-43.6%)~ | 22    | 28.4%  | (5.8%-51.1%)~  | 7   | 28.8% | (4.1%-53.6%)~  | 14  |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 28.1% | (24.8%-31.4%)  | 279   | 28.4%  | (24.0%-32.8%)  | 190 | 29.5% | (21.2%-37.8%)  | 81  |
| No                                       | 34.9% | (31.8%-38.0%)  | 1,037 | 34.4%  | (30.2%-38.5%)  | 416 | 35.4% | (31.0%-39.8%)  | 620 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (mnonefrt)*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 37.6% | (34.0%-41.2%)  | 1,506 | 39.7%  | (34.8%-44.6%)  | 750 | 35.3% | (31.7%-38.9%)  | 725 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 36.6% | (33.2%-39.9%)  | 412   | 38.3%  | (34.0%-42.6%)  | 217 | 34.2% | (30.6%-37.8%)  | 189 |
| 13  | 37.1% | (32.8%-41.4%)  | 712   | 37.5%  | (31.0%-44.1%)  | 342 | 35.8% | (31.4%-40.2%)  | 351 |
| 14 or older                               | 40.1% | (34.4%-45.8%)  | 381   | 46.6%  | (38.4%-54.7%)  | 191 | 35.4% | (28.6%-42.2%)  | 185 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 37.7% | (33.6%-41.8%)  | 731   | 39.0%  | (34.0%-43.9%)  | 354 | 36.2% | (32.1%-40.3%)  | 365 |
| Grade 8                                   | 37.8% | (33.9%-41.6%)  | 769   | 40.6%  | (34.6%-46.6%)  | 393 | 34.5% | (29.8%-39.2%)  | 357 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 32.4% | (25.5%-39.2%)  | 62    | 42.3%  | (27.4%-57.3%)~ | 37  | 22.0% | (12.7%-31.4%)  | 21  |
| Non-Hispanic                              | 37.8% | (34.0%-41.6%)  | 1,362 | 39.7%  | (34.8%-44.6%)  | 683 | 35.7% | (31.9%-39.5%)  | 658 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 31.5% | (19.1%-43.8%)~ | 24    | 28.7%  | (12.3%-45.2%)~ | 13  | 31.6% | (13.2%-49.9%)~ | 8   |
| Asian                                     | 36.3% | (15.8%-56.7%)~ | 12    | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 34.7% | (17.9%-51.5%)~ | 42    | 38.9%  | (12.0%-65.8%)~ | 20  | 31.5% | (19.9%-43.1%)~ | 22  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *              | *   |
| White                                     | 37.9% | (34.0%-41.8%)  | 1,297 | 39.8%  | (35.0%-44.6%)  | 640 | 35.8% | (31.4%-40.1%)  | 634 |
| Multiple Races                            | 35.6% | (24.9%-46.2%)~ | 97    | 39.2%  | (24.8%-53.7%)~ | 50  | 31.5% | (22.0%-41.1%)  | 43  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (mnonefrt)*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 34.9% | (30.8%-39.1%)  | 986   | 34.4%  | (29.1%-39.8%)  | 400 | 35.0% | (31.1%-38.9%)  | 579 |
| Gay/Lesbian                              | 49.4% | (41.8%-56.9%)  | 66    | 59.4%  | (44.9%-73.9%)~ | 40  | 32.8% | (17.8%-47.8%)~ | 17  |
| Bisexual                                 | 46.6% | (38.4%-54.8%)  | 187   | 49.1%  | (39.6%-58.5%)  | 149 | 35.7% | (22.0%-49.3%)~ | 32  |
| Described sexual identity some other way | 42.9% | (31.5%-54.2%)~ | 91    | 47.8%  | (38.3%-57.2%)  | 63  | 35.1% | (19.3%-51.0%)~ | 22  |
| Questioning                              | 44.5% | (35.1%-53.8%)  | 100   | 45.1%  | (34.6%-55.7%)~ | 74  | 43.1% | (22.7%-63.5%)~ | 24  |
| Did not understand question              | 34.8% | (19.9%-49.6%)~ | 39    | 34.7%  | (11.4%-57.9%)~ | 8   | 35.4% | (14.3%-56.5%)~ | 32  |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 52.7% | (35.4%-69.9%)~ | 56    | 51.3%  | (30.9%-71.8%)~ | 27  | 51.8% | (31.9%-71.7%)~ | 22  |
| No                                       | 36.8% | (33.0%-40.5%)  | 1,342 | 38.3%  | (33.7%-42.9%)  | 656 | 35.1% | (31.3%-38.8%)  | 673 |
| Not Sure                                 | 51.0% | (37.6%-64.3%)~ | 71    | 54.5%  | (38.3%-70.7%)~ | 51  | 29.0% | (11.1%-47.0%)~ | 9   |
| Did not understand question              | 42.9% | (34.7%-51.1%)  | 33    | 63.3%  | (42.1%-84.5%)~ | 16  | 35.5% | (21.6%-49.3%)~ | 17  |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 45.5% | (41.0%-49.9%)  | 451   | 48.7%  | (42.4%-55.0%)  | 327 | 36.2% | (27.6%-44.9%)  | 99  |
| No                                       | 35.1% | (31.2%-39.0%)  | 1,041 | 34.8%  | (29.4%-40.1%)  | 421 | 35.1% | (31.4%-38.8%)  | 615 |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who ate vegetables three or more times per day during the past seven days (mnveg)*

|   | Total |                |     | Female |               |     | Male  |               |     |
|---|-------|----------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI             | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                     | 12.2% | (10.4%-14.1%)  | 496 | 11.9%  | (9.4%-14.4%)  | 228 | 12.5% | (10.2%-14.8%) | 260 |
| <b>----Age----</b>                        |       |                |     |        |               |     |       |               |     |
| 12 or younger                             | 12.2% | (9.8%-14.7%)   | 140 | 13.3%  | (9.0%-17.5%)  | 77  | 11.3% | (9.2%-13.4%)  | 63  |
| 13  | 12.4% | (10.1%-14.6%)  | 240 | 12.2%  | (8.9%-15.5%)  | 112 | 12.8% | (9.1%-16.4%)  | 127 |
| 14 or older                               | 12.1% | (8.8%-15.4%)   | 116 | 9.4%   | (4.5%-14.3%)  | 39  | 13.3% | (9.4%-17.2%)  | 70  |
| <b>----Grade----</b>                      |       |                |     |        |               |     |       |               |     |
| Grade 7                                   | 12.6% | (10.5%-14.8%)  | 248 | 13.2%  | (9.0%-17.3%)  | 122 | 12.4% | (9.4%-15.4%)  | 127 |
| Grade 8                                   | 11.7% | (9.3%-14.1%)   | 242 | 10.4%  | (7.1%-13.7%)  | 102 | 12.6% | (9.3%-15.9%)  | 132 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |               |     |       |               |     |
| Hispanic                                  | 19.1% | (10.9%-27.4%)  | 36  | 19.2%  | (8.1%-30.4%)~ | 16  | 17.8% | (9.3%-26.3%)  | 17  |
| Non-Hispanic                              | 11.7% | (9.7%-13.7%)   | 426 | 11.3%  | (8.6%-14.0%)  | 197 | 12.1% | (9.4%-14.8%)  | 226 |
| <b>----Race----</b>                       |       |                |     |        |               |     |       |               |     |
| American Indian or Alaskan Native         | 15.9% | (8.5%-23.2%)   | 12  | *      | *             | *   | *     | *             | *   |
| Asian                                     | 20.2% | (2.2%-38.3%)~  | 7   | *      | *             | *   | *     | *             | *   |
| Black or African American                 | 15.5% | (9.4%-21.7%)   | 19  | 12.5%  | (3.2%-21.7%)  | 7   | 17.8% | (9.0%-26.6%)  | 12  |
| Native Hawaiian or Other Pacific Islander | 40.4% | (10.6%-70.1%)~ | 6   | *      | *             | *   | *     | *             | *   |
| White                                     | 11.7% | (9.7%-13.7%)   | 403 | 10.9%  | (8.0%-13.8%)  | 178 | 12.4% | (9.8%-15.0%)  | 222 |
| Multiple Races                            | 15.2% | (9.6%-20.9%)   | 42  | 18.7%  | (13.3%-24.1%) | 24  | 11.0% | (3.8%-18.2%)  | 15  |

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N = Number of students who ate vegetables three or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who ate vegetables three or more times per day during the past seven days (mnveg)*

|  | Total |               |     | Female |               |     | Male  |               |     |
|--|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|  | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |     |       |               |     |
| Heterosexual                             | 12.6% | (10.8%-14.4%) | 359 | 13.0%  | (10.3%-15.8%) | 153 | 12.3% | (10.2%-14.4%) | 206 |
| Gay/Lesbian                              | 12.7% | (6.7%-18.6%)  | 18  | *      | *             | *   | *     | *             | *   |
| Bisexual                                 | 12.1% | (8.4%-15.7%)  | 49  | 12.0%  | (7.6%-16.3%)  | 37  | 12.2% | (1.9%-22.4%)~ | 11  |
| Described sexual identity some other way | 10.1% | (3.1%-17.2%)  | 22  | 7.2%   | (1.8%-12.7%)  | 10  | 15.2% | (3.9%-26.5%)~ | 9   |
| Questioning                              | 8.7%  | (3.8%-13.6%)  | 20  | *      | *             | *   | *     | *             | *   |
| Did not understand question              | 13.7% | (7.0%-20.4%)  | 15  | 32.3%  | (6.7%-57.9%)~ | 7   | 9.6%  | (0.5%-18.6%)  | 9   |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |     |       |               |     |
| Yes                                      | 7.9%  | (2.3%-13.4%)  | 8   | *      | *             | *   | *     | *             | *   |
| No                                       | 12.3% | (10.6%-14.0%) | 454 | 12.1%  | (9.7%-14.5%)  | 209 | 12.5% | (10.2%-14.9%) | 243 |
| Not Sure                                 | 8.1%  | (1.8%-14.3%)  | 12  | *      | *             | *   | *     | *             | *   |
| Did not understand question              | 17.2% | (5.4%-29.0%)~ | 12  | *      | *             | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |     |       |               |     |
| Yes                                      | 10.9% | (7.6%-14.2%)  | 110 | 9.8%   | (6.1%-13.5%)  | 67  | 12.7% | (7.4%-18.0%)  | 35  |
| No                                       | 12.6% | (10.8%-14.5%) | 378 | 13.0%  | (10.1%-15.8%) | 158 | 12.4% | (10.2%-14.6%) | 220 |

\*Estimate suppressed due to small cell sizes.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who ate vegetables less than 1 time per day during the past seven days (mnoneveg)*

|   | Total |                |       | Female |                |       | Male  |                |       |
|---|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|   | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| Total                                     | 54.2% | (50.8%-57.5%)  | 2,195 | 55.2%  | (50.0%-60.4%)  | 1,057 | 53.2% | (50.0%-56.3%)  | 1,106 |
| <b>----Age----</b>                        |       |                |       |        |                |       |       |                |       |
| 12 or younger                             | 53.5% | (49.2%-57.8%)  | 613   | 51.9%  | (45.4%-58.4%)  | 299   | 54.8% | (49.6%-60.0%)  | 307   |
| 13  | 54.7% | (49.8%-59.5%)  | 1,061 | 56.9%  | (50.4%-63.4%)  | 523   | 52.1% | (47.4%-56.9%)  | 518   |
| 14 or older                               | 54.3% | (51.1%-57.6%)  | 521   | 56.4%  | (49.5%-63.4%)  | 235   | 53.3% | (48.9%-57.7%)  | 281   |
| <b>----Grade----</b>                      |       |                |       |        |                |       |       |                |       |
| Grade 7                                   | 54.4% | (50.8%-58.1%)  | 1,068 | 54.2%  | (49.1%-59.2%)  | 500   | 54.5% | (50.0%-59.0%)  | 555   |
| Grade 8                                   | 54.3% | (50.0%-58.6%)  | 1,121 | 56.8%  | (49.9%-63.7%)  | 556   | 52.1% | (47.4%-56.8%)  | 546   |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |       |       |                |       |
| Hispanic                                  | 49.8% | (41.4%-58.3%)  | 94    | 47.4%  | (34.0%-60.9%)~ | 40    | 52.1% | (40.2%-64.0%)~ | 50    |
| Non-Hispanic                              | 54.6% | (50.6%-58.5%)  | 1,989 | 55.9%  | (50.5%-61.3%)  | 973   | 53.2% | (49.5%-57.0%)  | 992   |
| <b>----Race----</b>                       |       |                |       |        |                |       |       |                |       |
| American Indian or Alaskan Native         | 53.9% | (44.1%-63.7%)  | 40    | 50.6%  | (38.5%-62.7%)~ | 22    | 58.3% | (42.0%-74.7%)~ | 16    |
| Asian                                     | 50.5% | (23.8%-77.1%)~ | 17    | 48.0%  | (1.4%-94.6%)~  | 7     | 56.0% | (28.7%-83.3%)~ | 10    |
| Black or African American                 | 60.1% | (46.7%-73.6%)~ | 73    | 69.2%  | (48.3%-90.0%)~ | 36    | 53.3% | (41.0%-65.6%)~ | 37    |
| Native Hawaiian or Other Pacific Islander | 37.9% | (6.9%-69.0%)~  | 6     | *      | *              | *     | *     | *              | *     |
| White                                     | 54.2% | (51.2%-57.3%)  | 1,877 | 54.9%  | (50.0%-59.8%)  | 896   | 53.3% | (50.0%-56.5%)  | 953   |
| Multiple Races                            | 50.8% | (41.3%-60.4%)  | 140   | 55.1%  | (43.8%-66.3%)~ | 71    | 49.2% | (38.4%-60.1%)~ | 67    |

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who ate vegetables less than 1 time per day during the past seven days (mnoneveg)*

|  | Total |                |       | Female |                |     | Male  |                |       |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N     |
| <b>---Sexual Orientation---</b>          |       |                |       |        |                |     |       |                |       |
| Heterosexual                             | 52.2% | (48.5%-55.9%)  | 1,490 | 52.8%  | (47.7%-57.9%)  | 619 | 51.8% | (47.8%-55.8%)  | 866   |
| Gay/Lesbian                              | 62.2% | (55.9%-68.5%)  | 88    | 62.3%  | (46.8%-77.8%)~ | 45  | 61.9% | (48.5%-75.4%)~ | 35    |
| Bisexual                                 | 59.8% | (51.2%-68.5%)  | 242   | 59.6%  | (50.4%-68.8%)  | 182 | 58.9% | (43.3%-74.6%)~ | 52    |
| Described sexual identity some other way | 62.2% | (54.5%-70.0%)  | 136   | 61.4%  | (54.1%-68.7%)  | 84  | 64.4% | (48.7%-80.0%)~ | 40    |
| Questioning                              | 56.9% | (47.7%-66.0%)  | 128   | 56.9%  | (47.7%-66.1%)  | 95  | 60.7% | (42.5%-78.9%)~ | 33    |
| Did not understand question              | 55.7% | (44.4%-66.9%)~ | 62    | 40.5%  | (14.5%-66.5%)~ | 8   | 60.1% | (48.2%-72.1%)~ | 54    |
| <b>---Transgender Identity---</b>        |       |                |       |        |                |     |       |                |       |
| Yes                                      | 64.1% | (54.4%-73.8%)  | 68    | 52.5%  | (29.3%-75.7%)~ | 28  | 76.4% | (57.8%-95.0%)~ | 31    |
| No                                       | 53.8% | (50.7%-57.0%)  | 1,988 | 54.7%  | (49.5%-59.9%)  | 945 | 53.1% | (50.3%-55.9%)  | 1,031 |
| Not Sure                                 | 63.3% | (52.8%-73.9%)~ | 91    | 65.4%  | (53.1%-77.7%)~ | 64  | 53.5% | (23.9%-83.0%)~ | 17    |
| Did not understand question              | 51.3% | (29.0%-73.5%)~ | 37    | 67.8%  | (49.1%-86.5%)~ | 17  | 46.0% | (21.1%-70.9%)~ | 20    |
| <b>---LGBTQ---</b>                       |       |                |       |        |                |     |       |                |       |
| Yes                                      | 60.2% | (55.4%-64.9%)  | 607   | 59.5%  | (52.8%-66.3%)  | 406 | 61.4% | (56.8%-66.1%)  | 170   |
| No                                       | 52.5% | (49.1%-55.9%)  | 1,572 | 53.0%  | (47.8%-58.3%)  | 647 | 52.2% | (48.6%-55.8%)  | 924   |

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N = Number of students who ate vegetables less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (mnfrvg)*

|   | Total |               |     | Female |               |     | Male  |                |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|----------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI             | N   |
| Total                                     | 17.0% | (15.2%-18.8%) | 677 | 16.1%  | (13.6%-18.5%) | 302 | 18.0% | (14.6%-21.4%)  | 368 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |                |     |
| 12 or younger                             | 18.4% | (13.3%-23.5%) | 206 | 19.2%  | (11.5%-26.9%) | 108 | 17.9% | (13.8%-21.9%)  | 98  |
| 13  | 16.5% | (14.0%-19.0%) | 316 | 15.3%  | (12.6%-17.9%) | 139 | 18.0% | (13.6%-22.4%)  | 176 |
| 14 or older                               | 16.2% | (12.3%-20.1%) | 153 | 13.3%  | (7.2%-19.4%)  | 55  | 18.2% | (12.7%-23.7%)  | 94  |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |                |     |
| Grade 7                                   | 18.6% | (15.7%-21.6%) | 359 | 18.1%  | (13.1%-23.1%) | 163 | 19.3% | (15.8%-22.9%)  | 194 |
| Grade 8                                   | 15.3% | (12.3%-18.2%) | 310 | 13.9%  | (11.1%-16.8%) | 135 | 16.7% | (11.5%-21.9%)  | 171 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |                |     |
| Hispanic                                  | 23.3% | (15.5%-31.0%) | 44  | 14.6%  | (6.5%-22.7%)  | 12  | 28.5% | (15.5%-41.5%)~ | 27  |
| Non-Hispanic                              | 16.6% | (14.8%-18.4%) | 596 | 15.9%  | (13.5%-18.4%) | 274 | 17.5% | (13.8%-21.1%)  | 321 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |                |     |
| American Indian or Alaskan Native         | 23.7% | (14.1%-33.2%) | 17  | *      | *             | *   | *     | *              | *   |
| Asian                                     | 17.3% | (2.2%-32.5%)~ | 6   | *      | *             | *   | *     | *              | *   |
| Black or African American                 | 19.4% | (7.6%-31.3%)~ | 24  | 13.0%  | (0.0%-33.9%)~ | 7   | 24.3% | (13.3%-35.3%)~ | 17  |
| Native Hawaiian or Other Pacific Islander | 40.6% | (7.6%-73.6%)~ | 7   | *      | *             | *   | *     | *              | *   |
| White                                     | 16.4% | (14.3%-18.5%) | 558 | 15.6%  | (13.6%-17.7%) | 251 | 17.4% | (13.6%-21.1%)  | 306 |
| Multiple Races                            | 20.1% | (14.8%-25.5%) | 55  | 18.2%  | (8.7%-27.6%)  | 23  | 21.4% | (10.5%-32.2%)~ | 29  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (mnfrvg)*

|  | Total |               |     | Female |               |     | Male  |                |     |
|--|-------|---------------|-----|--------|---------------|-----|-------|----------------|-----|
|  | %     | CI            | N   | %      | CI            | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |     |       |                |     |
| Heterosexual                             | 17.6% | (15.4%-19.8%) | 494 | 17.2%  | (13.5%-20.8%) | 199 | 17.9% | (15.0%-20.9%)  | 295 |
| Gay/Lesbian                              | 19.9% | (13.6%-26.2%) | 27  | 11.6%  | (4.1%-19.2%)  | 8   | 30.8% | (15.9%-45.7%)~ | 16  |
| Bisexual                                 | 13.8% | (9.9%-17.6%)  | 55  | 15.1%  | (10.8%-19.5%) | 46  | 10.6% | (1.3%-19.8%)   | 9   |
| Described sexual identity some other way | 17.7% | (10.8%-24.6%) | 38  | 16.5%  | (9.1%-23.8%)  | 22  | 21.4% | (9.7%-33.1%)~  | 13  |
| Questioning                              | 9.8%  | (5.9%-13.8%)  | 22  | 8.9%   | (3.9%-13.9%)  | 15  | 13.3% | (2.0%-24.7%)~  | 7   |
| Did not understand question              | 21.8% | (12.9%-30.7%) | 24  | 27.4%  | (0.0%-56.2%)~ | 6   | 19.2% | (7.0%-31.4%)~  | 17  |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |     |       |                |     |
| Yes                                      | 16.0% | (8.5%-23.4%)  | 17  | 20.6%  | (11.4%-29.9%) | 11  | 14.5% | (0.6%-28.4%)~  | 6   |
| No                                       | 17.1% | (15.3%-18.9%) | 621 | 16.4%  | (13.7%-19.1%) | 279 | 17.8% | (14.5%-21.1%)  | 340 |
| Not Sure                                 | 11.8% | (5.9%-17.6%)  | 16  | 7.0%   | (1.9%-12.1%)  | 7   | 26.2% | (5.0%-47.3%)~  | 8   |
| Did not understand question              | 14.6% | (4.9%-24.3%)  | 10  | *      | *             | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |     |       |                |     |
| Yes                                      | 14.8% | (12.1%-17.5%) | 147 | 13.9%  | (11.4%-16.3%) | 93  | 17.8% | (11.8%-23.9%)  | 48  |
| No                                       | 17.7% | (15.5%-19.9%) | 522 | 17.0%  | (13.1%-21.0%) | 205 | 18.1% | (14.9%-21.4%)  | 316 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who ate fruit and/or ate vegetables five or more times per day during the past seven days (mnfrvg\_2)*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                     | 12.1% | (10.4%-13.7%) | 486 | 11.5%  | (9.6%-13.4%)  | 219 | 12.6% | (9.6%-15.5%)  | 260 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |               |     |
| 12 or younger                             | 11.9% | (8.7%-15.1%)  | 136 | 12.6%  | (7.7%-17.6%)  | 73  | 11.4% | (9.0%-13.8%)  | 64  |
| 13  | 12.3% | (9.9%-14.6%)  | 236 | 11.7%  | (8.9%-14.5%)  | 107 | 13.0% | (8.7%-17.2%)  | 128 |
| 14 or older                               | 11.6% | (8.8%-14.5%)  | 111 | 9.4%   | (4.6%-14.1%)  | 39  | 13.0% | (8.9%-17.1%)  | 68  |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |               |     |
| Grade 7                                   | 12.9% | (10.4%-15.4%) | 252 | 12.6%  | (9.2%-16.0%)  | 116 | 13.2% | (9.7%-16.8%)  | 135 |
| Grade 8                                   | 11.1% | (9.2%-13.0%)  | 227 | 10.2%  | (7.8%-12.7%)  | 99  | 11.9% | (8.1%-15.6%)  | 124 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |               |     |
| Hispanic                                  | 17.6% | (11.7%-23.6%) | 33  | 12.8%  | (4.1%-21.5%)  | 11  | 19.0% | (12.2%-25.8%) | 18  |
| Non-Hispanic                              | 11.6% | (9.9%-13.3%)  | 422 | 11.2%  | (9.2%-13.2%)  | 194 | 12.2% | (9.0%-15.5%)  | 227 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native         | 20.4% | (12.2%-28.6%) | 15  | *      | *             | *   | *     | *             | *   |
| Asian                                     | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| Black or African American                 | 17.4% | (3.8%-31.1%)~ | 21  | 13.0%  | (0.0%-33.9%)~ | 7   | 20.8% | (6.3%-35.2%)~ | 14  |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| White                                     | 11.5% | (9.7%-13.2%)  | 395 | 10.8%  | (8.9%-12.7%)  | 175 | 12.2% | (9.1%-15.4%)  | 218 |
| Multiple Races                            | 14.9% | (10.1%-19.8%) | 41  | 15.9%  | (6.0%-25.9%)  | 21  | 12.9% | (6.1%-19.7%)  | 17  |

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N = Number of students who ate fruit and/or ate vegetables five or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who ate fruit and/or ate vegetables five or more times per day during the past seven days (mnfrvg\_2)*

|  | Total |               |     | Female |               |     | Male  |               |     |
|--|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|  | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |     |       |               |     |
| Heterosexual                             | 13.1% | (11.1%-15.1%) | 372 | 12.9%  | (10.3%-15.5%) | 151 | 13.3% | (10.3%-16.2%) | 221 |
| Gay/Lesbian                              | 10.2% | (5.9%-14.6%)  | 14  | *      | *             | *   | *     | *             | *   |
| Bisexual                                 | 9.0%  | (5.8%-12.1%)  | 36  | *      | *             | *   | *     | *             | *   |
| Described sexual identity some other way | 12.1% | (5.7%-18.4%)  | 26  | 12.2%  | (5.9%-18.5%)  | 16  | 11.1% | (1.8%-20.4%)  | 7   |
| Questioning                              | 5.3%  | (1.4%-9.2%)   | 12  | *      | *             | *   | *     | *             | *   |
| Did not understand question              | 12.6% | (5.1%-20.0%)  | 14  | 27.4%  | (0.0%-56.2%)~ | 6   | 7.6%  | (0.0%-15.9%)  | 7   |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |     |       |               |     |
| Yes                                      | 7.6%  | (0.8%-14.5%)  | 8   | *      | *             | *   | *     | *             | *   |
| No                                       | 12.2% | (10.5%-13.8%) | 447 | 11.9%  | (9.9%-14.0%)  | 205 | 12.4% | (9.4%-15.4%)  | 240 |
| Not Sure                                 | 7.1%  | (2.3%-11.8%)  | 10  | *      | *             | *   | *     | *             | *   |
| Did not understand question              | 14.6% | (4.9%-24.3%)  | 10  | *      | *             | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |     |       |               |     |
| Yes                                      | 9.0%  | (7.0%-10.9%)  | 89  | 9.2%   | (6.8%-11.5%)  | 62  | 8.1%  | (5.0%-11.2%)  | 22  |
| No                                       | 13.0% | (11.0%-15.1%) | 390 | 12.7%  | (9.7%-15.7%)  | 154 | 13.2% | (10.1%-16.4%) | 234 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who ate fruit and/or ate vegetables five or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (mn159a)*

*Percentage of students who answered at least one time per day in the past week*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 27.8% | (24.9%-30.6%)  | 1,123 | 23.5%  | (19.8%-27.3%)  | 450 | 31.7% | (28.9%-34.5%)  | 660 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 24.7% | (21.9%-27.5%)  | 282   | 22.0%  | (16.4%-27.5%)  | 127 | 27.7% | (25.0%-30.4%)  | 154 |
| 13  | 27.6% | (24.5%-30.8%)  | 535   | 24.8%  | (19.7%-30.0%)  | 227 | 30.7% | (27.9%-33.4%)  | 305 |
| 14 or older                               | 31.1% | (25.6%-36.7%)  | 299   | 22.4%  | (16.8%-28.0%)  | 93  | 38.0% | (31.3%-44.6%)  | 201 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 27.7% | (25.3%-30.1%)  | 543   | 24.1%  | (19.1%-29.0%)  | 222 | 31.4% | (28.8%-34.0%)  | 318 |
| Grade 8                                   | 27.8% | (23.8%-31.8%)  | 573   | 22.8%  | (17.7%-27.9%)  | 222 | 32.4% | (28.0%-36.9%)  | 341 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 31.1% | (20.5%-41.6%)~ | 59    | 33.8%  | (19.3%-48.3%)~ | 29  | 28.4% | (18.3%-38.4%)~ | 27  |
| Non-Hispanic                              | 27.4% | (24.6%-30.2%)  | 999   | 23.3%  | (19.6%-26.9%)  | 404 | 31.5% | (28.5%-34.6%)  | 588 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 30.7% | (19.7%-41.7%)~ | 23    | 35.8%  | (21.6%-50.0%)~ | 16  | 26.7% | (7.6%-45.9%)~  | 7   |
| Asian                                     | 17.6% | (2.1%-33.1%)~  | 6     | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 30.3% | (17.1%-43.5%)~ | 36    | 21.4%  | (7.0%-35.8%)~  | 11  | 36.7% | (19.9%-53.6%)~ | 25  |
| Native Hawaiian or Other Pacific Islander | 37.6% | (4.0%-71.3%)~  | 6     | *      | *              | *   | *     | *              | *   |
| White                                     | 27.3% | (24.7%-29.9%)  | 943   | 22.7%  | (19.4%-26.0%)  | 370 | 31.7% | (28.9%-34.5%)  | 566 |
| Multiple Races                            | 33.2% | (26.2%-40.2%)  | 91    | 32.0%  | (21.9%-42.1%)~ | 41  | 32.8% | (23.7%-42.0%)  | 45  |

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (mn159a)*

*Percentage of students who answered at least one time per day in the past week*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 27.1% | (24.5%-29.6%)  | 775   | 21.7%  | (17.6%-25.7%)  | 255 | 31.0% | (28.6%-33.4%)  | 520 |
| Gay/Lesbian                              | 30.3% | (19.5%-41.1%)~ | 43    | 24.9%  | (11.7%-38.0%)~ | 18  | 38.0% | (25.3%-50.6%)~ | 21  |
| Bisexual                                 | 29.5% | (25.2%-33.8%)  | 119   | 27.2%  | (20.9%-33.5%)  | 83  | 37.0% | (25.7%-48.3%)~ | 33  |
| Described sexual identity some other way | 32.5% | (20.9%-44.1%)~ | 71    | 30.8%  | (15.2%-46.5%)~ | 42  | 39.6% | (25.9%-53.4%)~ | 25  |
| Questioning                              | 25.1% | (19.2%-31.0%)  | 56    | 23.5%  | (14.7%-32.3%)  | 38  | 27.2% | (16.0%-38.3%)~ | 15  |
| Did not understand question              | 29.3% | (13.3%-45.3%)~ | 32    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 36.7% | (25.1%-48.3%)~ | 39    | 38.7%  | (16.0%-61.4%)~ | 21  | 38.9% | (21.6%-56.3%)~ | 16  |
| No                                       | 27.3% | (24.5%-30.1%)  | 1,007 | 22.7%  | (19.0%-26.4%)  | 392 | 31.6% | (28.6%-34.5%)  | 612 |
| Not Sure                                 | 24.3% | (17.2%-31.3%)  | 35    | 25.2%  | (13.7%-36.7%)~ | 24  | 28.3% | (10.3%-46.2%)~ | 9   |
| Did not understand question              | 37.5% | (20.6%-54.4%)~ | 28    | 31.9%  | (10.1%-53.6%)~ | 8   | 35.6% | (17.1%-54.1%)~ | 16  |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 29.2% | (24.9%-33.5%)  | 294   | 26.9%  | (22.0%-31.7%)  | 182 | 35.2% | (26.6%-43.8%)  | 98  |
| No                                       | 27.2% | (24.4%-30.0%)  | 816   | 21.6%  | (17.5%-25.6%)  | 264 | 31.2% | (28.7%-33.8%)  | 552 |

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**Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (mn159a\_2)*

*Percentage of students who answered 'I did not drink soda, sports drinks, energy drinks, or other sugar-sweetened beverages during the past 7 days'*

|   | Total |               |     | Female |                |     | Male  |               |     |
|---|-------|---------------|-----|--------|----------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI             | N   | %     | CI            | N   |
| Total                                     | 15.2% | (13.3%-17.0%) | 614 | 17.5%  | (15.2%-19.9%)  | 335 | 12.8% | (10.7%-14.8%) | 266 |
| <b>----Age----</b>                        |       |               |     |        |                |     |       |               |     |
| 12 or younger                             | 17.8% | (14.0%-21.6%) | 204 | 18.8%  | (14.9%-22.7%)  | 109 | 16.6% | (11.2%-22.1%) | 92  |
| 13  | 14.1% | (12.2%-16.0%) | 273 | 16.4%  | (13.6%-19.2%)  | 150 | 11.8% | (9.5%-14.0%)  | 117 |
| 14 or older                               | 14.1% | (11.6%-16.6%) | 135 | 18.2%  | (13.6%-22.9%)  | 76  | 10.7% | (8.1%-13.3%)  | 57  |
| <b>----Grade----</b>                      |       |               |     |        |                |     |       |               |     |
| Grade 7                                   | 17.0% | (14.2%-19.7%) | 333 | 18.7%  | (15.5%-22.0%)  | 173 | 15.1% | (12.1%-18.1%) | 153 |
| Grade 8                                   | 13.4% | (10.9%-15.9%) | 276 | 16.4%  | (12.6%-20.2%)  | 160 | 10.4% | (8.6%-12.2%)  | 110 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |                |     |       |               |     |
| Hispanic                                  | 13.9% | (7.9%-20.0%)  | 26  | 17.6%  | (7.5%-27.7%)~  | 15  | 10.5% | (4.1%-17.0%)  | 10  |
| Non-Hispanic                              | 14.9% | (13.0%-16.8%) | 542 | 17.2%  | (14.7%-19.8%)  | 300 | 12.6% | (10.8%-14.4%) | 235 |
| <b>----Race----</b>                       |       |               |     |        |                |     |       |               |     |
| American Indian or Alaskan Native         | 11.5% | (1.5%-21.6%)~ | 9   | *      | *              | *   | *     | *             | *   |
| Asian                                     | 18.8% | (0.2%-37.3%)~ | 6   | *      | *              | *   | *     | *             | *   |
| Black or African American                 | 15.7% | (5.0%-26.4%)~ | 19  | 25.4%  | (10.8%-39.9%)~ | 13  | 8.7%  | (0.9%-16.5%)  | 6   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *              | *   | *     | *             | *   |
| White                                     | 15.5% | (13.4%-17.6%) | 535 | 18.2%  | (16.1%-20.3%)  | 296 | 12.9% | (10.2%-15.6%) | 230 |
| Multiple Races                            | 10.4% | (5.4%-15.5%)  | 29  | 11.9%  | (5.8%-18.0%)   | 15  | 8.8%  | (0.0%-18.6%)  | 12  |

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*Percentage of students who answered 'I did not drink soda, sports drinks, energy drinks, or other sugar-sweetened beverages during the past 7 days'*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 14.0% | (11.8%-16.2%)  | 401 | 16.8%  | (13.8%-19.7%)  | 197 | 12.0% | (9.5%-14.6%)   | 202 |
| Gay/Lesbian                              | 21.2% | (12.8%-29.6%)  | 30  | 17.5%  | (5.8%-29.2%)~  | 13  | 22.2% | (12.2%-32.1%)  | 12  |
| Bisexual                                 | 15.6% | (10.7%-20.6%)  | 63  | 16.7%  | (10.5%-22.9%)  | 51  | 10.5% | (2.7%-18.3%)   | 9   |
| Described sexual identity some other way | 13.1% | (7.8%-18.5%)   | 29  | *      | *              | *   | *     | *              | *   |
| Questioning                              | 18.7% | (10.1%-27.2%)  | 42  | 19.9%  | (10.2%-29.7%)  | 32  | 16.3% | (2.2%-30.3%)~  | 9   |
| Did not understand question              | 30.7% | (20.2%-41.2%)~ | 33  | 41.9%  | (19.7%-64.0%)~ | 9   | 28.4% | (15.8%-40.9%)~ | 24  |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 17.6% | (8.0%-27.2%)   | 19  | *      | *              | *   | *     | *              | *   |
| No                                       | 14.6% | (13.1%-16.2%)  | 540 | 17.1%  | (14.8%-19.4%)  | 296 | 12.4% | (10.6%-14.2%)  | 240 |
| Not Sure                                 | 18.7% | (10.3%-27.0%)  | 27  | *      | *              | *   | *     | *              | *   |
| Did not understand question              | 28.8% | (19.3%-38.4%)  | 21  | 41.8%  | (22.6%-61.0%)~ | 10  | 24.1% | (6.8%-41.3%)~  | 11  |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 16.5% | (12.9%-20.0%)  | 166 | 17.8%  | (13.9%-21.6%)  | 120 | 12.6% | (7.6%-17.6%)   | 35  |
| No                                       | 14.5% | (12.5%-16.4%)  | 433 | 17.0%  | (14.2%-19.8%)  | 208 | 12.6% | (10.4%-14.8%)  | 222 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I did not drink soda, sports drinks, energy drinks, or other sugar-sweetened beverages during the past 7 days' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 13**

### **Physical Activity**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (mn161)*

*Percentage of students who answered at least 5 days*

|   | Total |                |       | Female |                |     | Male  |                |       |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-------|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N     |
| Total                                     | 47.9% | (44.4%-51.4%)  | 1,943 | 41.6%  | (37.0%-46.2%)  | 798 | 54.2% | (50.5%-58.0%)  | 1,128 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |       |
| 12 or younger                             | 49.0% | (44.3%-53.6%)  | 565   | 42.4%  | (36.6%-48.3%)  | 250 | 56.2% | (49.3%-63.0%)  | 313   |
| 13  | 48.8% | (44.2%-53.4%)  | 943   | 42.4%  | (35.7%-49.1%)  | 385 | 55.5% | (51.1%-59.8%)  | 552   |
| 14 or older                               | 45.1% | (40.6%-49.6%)  | 432   | 38.6%  | (31.4%-45.8%)  | 161 | 50.1% | (45.4%-54.8%)  | 264   |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |       |
| Grade 7                                   | 46.7% | (43.5%-49.9%)  | 920   | 41.1%  | (36.5%-45.7%)  | 383 | 52.2% | (47.1%-57.3%)  | 531   |
| Grade 8                                   | 49.1% | (45.0%-53.3%)  | 1,012 | 42.2%  | (36.3%-48.0%)  | 411 | 56.2% | (52.8%-59.6%)  | 590   |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |       |
| Hispanic                                  | 44.5% | (33.6%-55.4%)~ | 85    | 35.5%  | (21.4%-49.6%)~ | 31  | 49.1% | (32.5%-65.7%)~ | 47    |
| Non-Hispanic                              | 47.9% | (44.5%-51.4%)  | 1,748 | 41.2%  | (36.7%-45.6%)  | 719 | 54.9% | (51.2%-58.6%)  | 1,021 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |       |
| American Indian or Alaskan Native         | 37.7% | (24.3%-51.1%)~ | 29    | 44.0%  | (27.0%-60.9%)~ | 20  | 27.3% | (4.1%-50.5%)~  | 8     |
| Asian                                     | 36.2% | (14.9%-57.5%)~ | 12    | *      | *              | *   | *     | *              | *     |
| Black or African American                 | 52.0% | (38.2%-65.8%)~ | 62    | 41.0%  | (15.0%-66.9%)~ | 21  | 60.1% | (50.1%-70.1%)~ | 42    |
| Native Hawaiian or Other Pacific Islander | 48.2% | (14.7%-81.6%)~ | 8     | *      | *              | *   | *     | *              | *     |
| White                                     | 48.3% | (44.9%-51.6%)  | 1,670 | 41.8%  | (37.4%-46.3%)  | 684 | 54.7% | (50.6%-58.8%)  | 978   |
| Multiple Races                            | 49.3% | (43.3%-55.2%)  | 137   | 42.8%  | (29.3%-56.4%)~ | 55  | 54.6% | (44.9%-64.3%)  | 76    |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (mn161)*

*Percentage of students who answered at least 5 days*

|  | Total |                |       | Female |                |     | Male  |                |       |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |       |
| Heterosexual                             | 54.7% | (50.8%-58.5%)  | 1,563 | 48.5%  | (43.3%-53.8%)  | 574 | 58.9% | (55.4%-62.3%)  | 984   |
| Gay/Lesbian                              | 33.1% | (24.4%-41.8%)  | 46    | 30.8%  | (17.4%-44.3%)~ | 22  | 37.3% | (18.1%-56.6%)~ | 21    |
| Bisexual                                 | 26.9% | (21.0%-32.7%)  | 109   | 28.4%  | (20.5%-36.3%)  | 86  | 24.4% | (15.1%-33.6%)  | 22    |
| Described sexual identity some other way | 28.0% | (19.7%-36.4%)  | 61    | 24.3%  | (15.5%-33.0%)  | 33  | 37.9% | (19.1%-56.7%)~ | 24    |
| Questioning                              | 29.5% | (21.1%-37.9%)  | 66    | 32.7%  | (23.0%-42.4%)  | 54  | 22.3% | (9.1%-35.5%)~  | 13    |
| Did not understand question              | 57.5% | (46.5%-68.5%)~ | 63    | 70.6%  | (42.6%-98.7%)~ | 16  | 53.3% | (40.4%-66.3%)~ | 45    |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |       |
| Yes                                      | 26.0% | (16.5%-35.4%)  | 28    | 27.6%  | (10.9%-44.3%)~ | 15  | 31.1% | (12.6%-49.7%)~ | 13    |
| No                                       | 49.6% | (46.2%-53.1%)  | 1,833 | 43.6%  | (39.1%-48.1%)  | 756 | 55.2% | (51.5%-59.0%)  | 1,070 |
| Not Sure                                 | 25.4% | (17.7%-33.1%)  | 36    | 14.2%  | (6.5%-21.9%)   | 14  | 50.0% | (30.6%-69.4%)~ | 16    |
| Did not understand question              | 41.4% | (32.2%-50.7%)  | 31    | 52.6%  | (21.1%-84.1%)~ | 13  | 38.7% | (20.4%-57.0%)~ | 18    |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |       |
| Yes                                      | 29.2% | (25.2%-33.2%)  | 294   | 28.8%  | (24.5%-33.0%)  | 195 | 31.4% | (22.2%-40.6%)  | 88    |
| No                                       | 54.4% | (50.8%-58.1%)  | 1,634 | 48.7%  | (43.7%-53.6%)  | 598 | 58.3% | (54.8%-61.9%)  | 1,030 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (mnpa7day)*

*Percentage of students who were physically active for a total of at least 60 minutes per day on all of the past seven days*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 27.0% | (24.7%-29.3%)  | 1,096 | 20.2%  | (17.1%-23.3%)  | 388 | 33.4% | (31.0%-35.9%)  | 695 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 28.5% | (23.7%-33.2%)  | 328   | 22.1%  | (16.0%-28.2%)  | 130 | 35.6% | (29.7%-41.5%)  | 198 |
| 13  | 26.3% | (24.0%-28.5%)  | 507   | 20.4%  | (16.6%-24.2%)  | 185 | 32.0% | (29.2%-34.7%)  | 318 |
| 14 or older                               | 26.8% | (23.3%-30.3%)  | 257   | 17.0%  | (11.9%-22.1%)  | 71  | 34.0% | (29.1%-38.9%)  | 179 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 27.3% | (24.3%-30.4%)  | 539   | 21.1%  | (16.7%-25.5%)  | 197 | 33.5% | (29.4%-37.5%)  | 340 |
| Grade 8                                   | 26.8% | (24.0%-29.6%)  | 552   | 19.5%  | (15.7%-23.3%)  | 190 | 33.4% | (31.2%-35.6%)  | 351 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 24.7% | (17.5%-31.9%)  | 47    | 15.8%  | (7.1%-24.6%)   | 14  | 27.6% | (15.5%-39.8%)~ | 26  |
| Non-Hispanic                              | 26.9% | (24.5%-29.3%)  | 981   | 19.6%  | (16.5%-22.6%)  | 342 | 34.2% | (31.6%-36.7%)  | 635 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 20.9% | (8.9%-32.9%)~  | 16    | *      | *              | *   | *     | *              | *   |
| Asian                                     | 32.6% | (12.6%-52.6%)~ | 11    | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 34.3% | (23.2%-45.4%)~ | 41    | 32.9%  | (7.9%-57.9%)~  | 17  | 35.2% | (26.4%-44.1%)  | 24  |
| Native Hawaiian or Other Pacific Islander | 40.0% | (10.1%-70.0%)~ | 6     | *      | *              | *   | *     | *              | *   |
| White                                     | 26.8% | (24.5%-29.1%)  | 927   | 19.5%  | (16.8%-22.3%)  | 319 | 33.8% | (31.0%-36.6%)  | 604 |
| Multiple Races                            | 28.2% | (21.6%-34.8%)  | 78    | 21.1%  | (10.3%-31.9%)~ | 27  | 32.7% | (20.7%-44.7%)~ | 45  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were physically active for a total of at least 60 minutes per day on all of the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (mnpa7day)  
Percentage of students who were physically active for a total of at least 60 minutes per day on all of the past seven days*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 30.8% | (28.1%-33.5%)  | 882   | 23.1%  | (18.8%-27.3%)  | 273 | 36.1% | (33.4%-38.8%)  | 603 |
| Gay/Lesbian                              | 22.2% | (10.3%-34.1%)~ | 31    | 18.7%  | (1.2%-36.3%)~  | 13  | 29.8% | (13.1%-46.5%)~ | 16  |
| Bisexual                                 | 15.1% | (9.5%-20.8%)   | 61    | 15.1%  | (7.8%-22.4%)   | 46  | 16.9% | (5.6%-28.1%)~  | 15  |
| Described sexual identity some other way | 17.5% | (10.6%-24.5%)  | 38    | 15.1%  | (7.9%-22.4%)   | 21  | 23.8% | (9.6%-38.0%)~  | 15  |
| Questioning                              | 11.0% | (5.9%-16.2%)   | 25    | 10.0%  | (3.7%-16.3%)   | 16  | 14.9% | (6.5%-23.2%)   | 8   |
| Did not understand question              | 35.9% | (29.8%-42.0%)  | 39    | 50.9%  | (28.8%-73.0%)~ | 11  | 30.9% | (19.2%-42.6%)~ | 26  |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 18.9% | (8.0%-29.8%)~  | 20    | 17.6%  | (1.7%-33.4%)~  | 9   | 25.9% | (7.1%-44.8%)~  | 11  |
| No                                       | 27.7% | (25.6%-29.9%)  | 1,024 | 21.0%  | (18.0%-24.1%)  | 365 | 33.7% | (31.1%-36.3%)  | 654 |
| Not Sure                                 | 17.9% | (7.5%-28.4%)~  | 26    | 9.6%   | (0.6%-18.6%)   | 9   | 38.0% | (16.3%-59.8%)~ | 12  |
| Did not understand question              | 27.6% | (20.2%-35.0%)  | 21    | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 16.3% | (12.6%-20.0%)  | 164   | 14.2%  | (10.2%-18.2%)  | 96  | 22.0% | (15.3%-28.6%)  | 61  |
| No                                       | 30.8% | (28.4%-33.2%)  | 925   | 23.5%  | (19.6%-27.5%)  | 289 | 35.7% | (33.3%-38.0%)  | 630 |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who were physically active for a total of at least 60 minutes per day on all of the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (mn206)*

*Percentage of students who answered 3 or more hours*

|   | Total |                 |       | Female |                 |       | Male  |                |       |
|---|-------|-----------------|-------|--------|-----------------|-------|-------|----------------|-------|
|   | %     | CI              | N     | %      | CI              | N     | %     | CI             | N     |
| Total                                     | 72.9% | (69.8%-76.0%)   | 2,957 | 71.6%  | (66.2%-77.0%)   | 1,369 | 73.7% | (70.4%-76.9%)  | 1,532 |
| <b>----Age----</b>                        |       |                 |       |        |                 |       |       |                |       |
| 12 or younger                             | 68.6% | (63.0%-74.2%)   | 813   | 68.6%  | (61.7%-75.5%)   | 428   | 68.1% | (58.6%-77.6%)  | 377   |
| 13  | 73.8% | (70.0%-77.6%)   | 1,441 | 72.0%  | (64.9%-79.1%)   | 637   | 75.0% | (71.2%-78.7%)  | 775   |
| 14 or older                               | 76.4% | (72.8%-80.1%)   | 693   | 75.3%  | (70.6%-80.1%)   | 301   | 77.5% | (72.4%-82.6%)  | 380   |
| <b>----Grade----</b>                      |       |                 |       |        |                 |       |       |                |       |
| Grade 7                                   | 68.0% | (65.1%-70.9%)   | 1,342 | 64.8%  | (59.3%-70.4%)   | 603   | 70.3% | (66.4%-74.3%)  | 714   |
| Grade 8                                   | 77.9% | (73.3%-82.5%)   | 1,598 | 78.2%  | (70.8%-85.7%)   | 754   | 77.5% | (73.4%-81.7%)  | 812   |
| <b>----Hispanic Ethnicity----</b>         |       |                 |       |        |                 |       |       |                |       |
| Hispanic                                  | 69.9% | (58.0%-81.8%)~  | 147   | 62.5%  | (42.2%-82.8%)~  | 58    | 73.8% | (51.0%-96.6%)~ | 74    |
| Non-Hispanic                              | 73.4% | (70.0%-76.8%)   | 2,658 | 72.2%  | (66.7%-77.8%)   | 1,251 | 74.2% | (71.3%-77.2%)  | 1,368 |
| <b>----Race----</b>                       |       |                 |       |        |                 |       |       |                |       |
| American Indian or Alaskan Native         | 53.2% | (35.5%-70.9%)~  | 44    | 58.2%  | (30.3%-86.0%)~  | 30    | 36.2% | (2.8%-69.5%)~  | 10    |
| Asian                                     | 72.8% | (39.1%-100.0%)~ | 27    | *      | *               | *     | *     | *              | *     |
| Black or African American                 | 86.8% | (74.8%-98.8%)~  | 107   | 86.3%  | (72.7%-100.0%)~ | 42    | 87.1% | (75.5%-98.7%)~ | 65    |
| Native Hawaiian or Other Pacific Islander | *     | *               | *     | *      | *               | *     | *     | *              | *     |
| White                                     | 73.1% | (68.5%-77.6%)   | 2,518 | 72.2%  | (65.8%-78.6%)   | 1,185 | 73.8% | (69.6%-77.9%)  | 1,298 |
| Multiple Races                            | 72.6% | (57.1%-88.1%)~  | 208   | 64.2%  | (40.1%-88.4%)~  | 77    | 76.5% | (61.3%-91.6%)~ | 117   |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 3 or more hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (mn206)*

*Percentage of students who answered 3 or more hours*

|  | Total |                 |       | Female |                |       | Male  |                |       |
|--|-------|-----------------|-------|--------|----------------|-------|-------|----------------|-------|
|  | %     | CI              | N     | %      | CI             | N     | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                 |       |        |                |       |       |                |       |
| Heterosexual                             | 72.2% | (68.6%-75.8%)   | 2,045 | 71.9%  | (66.5%-77.3%)  | 855   | 72.2% | (67.5%-76.9%)  | 1,178 |
| Gay/Lesbian                              | 69.6% | (54.6%-84.6%)~  | 86    | 65.7%  | (47.4%-83.9%)~ | 39    | 75.4% | (53.2%-97.5%)~ | 37    |
| Bisexual                                 | 78.9% | (68.3%-89.4%)~  | 316   | 74.1%  | (60.4%-87.8%)~ | 227   | 93.7% | (85.2%-100.0%) | 82    |
| Described sexual identity some other way | 78.4% | (68.9%-87.8%)   | 204   | 79.0%  | (70.7%-87.4%)  | 120   | 73.1% | (47.9%-98.2%)~ | 66    |
| Questioning                              | 75.2% | (65.2%-85.1%)   | 165   | 75.0%  | (62.1%-87.9%)~ | 111   | 76.8% | (61.0%-92.7%)~ | 49    |
| Did not understand question              | 70.5% | (55.8%-85.2%)~  | 70    | *      | *              | *     | *     | *              | *     |
| <b>----Transgender Identity----</b>      |       |                 |       |        |                |       |       |                |       |
| Yes                                      | 77.2% | (53.8%-100.0%)~ | 62    | *      | *              | *     | *     | *              | *     |
| No                                       | 73.3% | (70.2%-76.4%)   | 2,715 | 71.7%  | (66.1%-77.2%)  | 1,236 | 74.4% | (71.2%-77.6%)  | 1,455 |
| Not Sure                                 | 75.0% | (65.8%-84.2%)   | 122   | 80.0%  | (70.2%-89.8%)  | 92    | 65.7% | (44.0%-87.4%)~ | 20    |
| Did not understand question              | 56.1% | (34.1%-78.1%)~  | 42    | 58.5%  | (21.8%-95.3%)~ | 12    | 51.2% | (29.9%-72.6%)~ | 26    |
| <b>----LGBTQ----</b>                     |       |                 |       |        |                |       |       |                |       |
| Yes                                      | 76.7% | (70.0%-83.4%)   | 784   | 74.9%  | (67.1%-82.7%)  | 503   | 79.1% | (69.2%-89.0%)  | 236   |
| No                                       | 71.9% | (68.8%-75.0%)   | 2,150 | 70.1%  | (65.0%-75.2%)  | 861   | 73.0% | (68.7%-77.3%)  | 1,277 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 3 or more hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (mn206\_2)  
Percentage of students who answered 2 or fewer hours*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 27.1% | (24.0%-30.2%)  | 1,100 | 28.4%  | (23.0%-33.8%)  | 543 | 26.3% | (23.1%-29.6%)  | 548 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 31.4% | (25.8%-37.0%)  | 373   | 31.4%  | (24.5%-38.3%)  | 196 | 31.9% | (22.4%-41.4%)  | 176 |
| 13  | 26.2% | (22.4%-30.0%)  | 511   | 28.0%  | (20.9%-35.1%)  | 248 | 25.0% | (21.3%-28.8%)  | 259 |
| 14 or older                               | 23.6% | (19.9%-27.2%)  | 214   | 24.7%  | (19.9%-29.4%)  | 99  | 22.5% | (17.4%-27.6%)  | 110 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 32.0% | (29.1%-34.9%)  | 631   | 35.2%  | (29.6%-40.7%)  | 327 | 29.7% | (25.7%-33.6%)  | 301 |
| Grade 8                                   | 22.1% | (17.5%-26.7%)  | 453   | 21.8%  | (14.3%-29.2%)  | 210 | 22.5% | (18.3%-26.6%)  | 235 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 30.1% | (18.2%-42.0%)~ | 63    | 37.5%  | (17.2%-57.8%)~ | 35  | 26.2% | (3.4%-49.0%)~  | 26  |
| Non-Hispanic                              | 26.6% | (23.2%-30.0%)  | 964   | 27.8%  | (22.2%-33.3%)  | 481 | 25.8% | (22.8%-28.7%)  | 475 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 46.8% | (29.1%-64.5%)~ | 39    | 41.8%  | (14.0%-69.7%)~ | 22  | 63.8% | (30.5%-97.2%)~ | 17  |
| Asian                                     | 27.2% | (0.0%-60.9%)~  | 10    | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 13.2% | (1.2%-25.2%)~  | 16    | 13.7%  | (0.0%-27.3%)~  | 7   | 12.9% | (1.3%-24.5%)~  | 10  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *              | *   |
| White                                     | 26.9% | (22.4%-31.5%)  | 929   | 27.8%  | (21.4%-34.2%)  | 457 | 26.2% | (22.1%-30.4%)  | 462 |
| Multiple Races                            | 27.4% | (11.9%-42.9%)~ | 79    | 35.8%  | (11.6%-59.9%)~ | 43  | 23.5% | (8.4%-38.7%)~  | 36  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (mn206\_2)*

*Percentage of students who answered 2 or fewer hours*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 27.8% | (24.2%-31.4%)  | 787 | 28.1%  | (22.7%-33.5%)  | 334 | 27.8% | (23.1%-32.5%)  | 453 |
| Gay/Lesbian                              | 30.4% | (15.4%-45.4%)~ | 37  | 34.3%  | (16.1%-52.6%)~ | 20  | 24.6% | (2.5%-46.8%)~  | 12  |
| Bisexual                                 | 21.1% | (10.6%-31.7%)~ | 85  | 25.9%  | (12.2%-39.6%)~ | 79  | 6.3%  | (0.0%-14.8%)   | 6   |
| Described sexual identity some other way | 21.6% | (12.2%-31.1%)  | 56  | 21.0%  | (12.6%-29.3%)  | 32  | 26.9% | (1.8%-52.1%)~  | 24  |
| Questioning                              | 24.8% | (14.9%-34.8%)  | 54  | 25.0%  | (12.1%-37.9%)~ | 37  | 23.2% | (7.3%-39.0%)~  | 15  |
| Did not understand question              | 29.5% | (14.8%-44.2%)~ | 29  | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 22.8% | (0.0%-46.2%)~  | 18  | *      | *              | *   | *     | *              | *   |
| No                                       | 26.7% | (23.6%-29.8%)  | 988 | 28.3%  | (22.8%-33.9%)  | 488 | 25.6% | (22.4%-28.8%)  | 500 |
| Not Sure                                 | 25.0% | (15.8%-34.2%)  | 41  | 20.0%  | (10.2%-29.8%)  | 23  | 34.3% | (12.6%-56.0%)~ | 10  |
| Did not understand question              | 43.9% | (21.9%-65.9%)~ | 33  | 41.5%  | (4.7%-78.2%)~  | 8   | 48.8% | (27.4%-70.1%)~ | 25  |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 23.3% | (16.6%-30.0%)  | 238 | 25.1%  | (17.3%-32.9%)  | 169 | 20.9% | (11.0%-30.8%)  | 62  |
| No                                       | 28.1% | (25.0%-31.2%)  | 840 | 29.9%  | (24.8%-35.0%)  | 367 | 27.0% | (22.7%-31.3%)  | 473 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*In an average week when you are in school, on how many days do you go to physical education (PE) classes? (mn127)  
Percentage of students who answered at least 1 day*

|   | Total |                 |       | Female |                 |       | Male  |                |       |
|---|-------|-----------------|-------|--------|-----------------|-------|-------|----------------|-------|
|   | %     | CI              | N     | %      | CI              | N     | %     | CI             | N     |
| Total                                     | 73.2% | (63.3%-83.0%)   | 2,950 | 71.9%  | (61.1%-82.8%)~  | 1,367 | 74.2% | (65.2%-83.2%)  | 1,532 |
| <b>----Age----</b>                        |       |                 |       |        |                 |       |       |                |       |
| 12 or younger                             | 75.3% | (61.5%-89.0%)~  | 897   | 72.0%  | (57.5%-86.6%)~  | 447   | 78.4% | (65.5%-91.4%)~ | 442   |
| 13  | 72.8% | (63.9%-81.7%)   | 1,409 | 72.1%  | (62.1%-82.1%)   | 632   | 73.1% | (64.4%-81.7%)  | 748   |
| 14 or older                               | 71.7% | (60.5%-83.0%)~  | 642   | 71.3%  | (58.1%-84.4%)~  | 285   | 71.6% | (59.7%-83.5%)~ | 342   |
| <b>----Grade----</b>                      |       |                 |       |        |                 |       |       |                |       |
| Grade 7                                   | 74.7% | (62.5%-86.8%)~  | 1,467 | 72.6%  | (58.9%-86.4%)~  | 673   | 76.1% | (64.7%-87.6%)~ | 770   |
| Grade 8                                   | 71.4% | (61.5%-81.4%)   | 1,452 | 70.8%  | (60.4%-81.2%)~  | 676   | 72.1% | (61.8%-82.4%)~ | 748   |
| <b>----Hispanic Ethnicity----</b>         |       |                 |       |        |                 |       |       |                |       |
| Hispanic                                  | 71.4% | (61.4%-81.3%)   | 150   | 66.3%  | (53.6%-79.1%)~  | 62    | 71.1% | (55.5%-86.6%)~ | 71    |
| Non-Hispanic                              | 73.2% | (63.0%-83.5%)~  | 2,638 | 72.1%  | (60.8%-83.3%)~  | 1,240 | 74.3% | (65.1%-83.6%)  | 1,364 |
| <b>----Race----</b>                       |       |                 |       |        |                 |       |       |                |       |
| American Indian or Alaskan Native         | 76.0% | (55.0%-97.0%)~  | 63    | 80.6%  | (56.7%-100.0%)~ | 42    | 63.2% | (35.0%-91.4%)~ | 17    |
| Asian                                     | 81.5% | (59.6%-100.0%)~ | 30    | *      | *               | *     | *     | *              | *     |
| Black or African American                 | 74.6% | (62.2%-87.1%)~  | 94    | 74.1%  | (30.7%-100.0%)~ | 36    | 74.9% | (59.7%-90.2%)~ | 58    |
| Native Hawaiian or Other Pacific Islander | 73.8% | (35.4%-100.0%)~ | 17    | *      | *               | *     | *     | *              | *     |
| White                                     | 73.6% | (63.8%-83.3%)   | 2,519 | 71.7%  | (60.6%-82.8%)~  | 1,170 | 75.1% | (66.2%-83.9%)  | 1,311 |
| Multiple Races                            | 66.8% | (48.5%-85.2%)~  | 187   | 68.3%  | (49.6%-86.9%)~  | 79    | 65.5% | (47.0%-84.1%)~ | 99    |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*In an average week when you are in school, on how many days do you go to physical education (PE) classes? (mn127)  
Percentage of students who answered at least 1 day*

|  | Total |                 |       | Female |                |       | Male  |                 |       |
|--|-------|-----------------|-------|--------|----------------|-------|-------|-----------------|-------|
|  | %     | CI              | N     | %      | CI             | N     | %     | CI              | N     |
| <b>----Sexual Orientation----</b>        |       |                 |       |        |                |       |       |                 |       |
| Heterosexual                             | 73.5% | (63.8%-83.2%)   | 2,077 | 74.3%  | (62.7%-85.9%)~ | 878   | 72.7% | (64.0%-81.5%)   | 1,188 |
| Gay/Lesbian                              | 62.7% | (39.8%-85.6%)~  | 75    | 47.1%  | (18.6%-75.5%)~ | 28    | 71.6% | (42.7%-100.0%)~ | 33    |
| Bisexual                                 | 69.2% | (56.3%-82.2%)~  | 272   | 67.8%  | (52.2%-83.3%)~ | 206   | 74.8% | (50.7%-98.8%)~  | 61    |
| Described sexual identity some other way | 74.0% | (59.8%-88.3%)~  | 188   | 68.6%  | (53.5%-83.8%)~ | 101   | 80.9% | (63.5%-98.3%)~  | 73    |
| Questioning                              | 72.3% | (61.8%-82.8%)~  | 160   | 73.6%  | (61.9%-85.4%)~ | 111   | 73.0% | (54.7%-91.3%)~  | 46    |
| Did not understand question              | 88.2% | (75.4%-100.0%)~ | 85    | *      | *              | *     | *     | *               | *     |
| <b>----Transgender Identity----</b>      |       |                 |       |        |                |       |       |                 |       |
| Yes                                      | 67.7% | (50.4%-84.9%)~  | 54    | 67.7%  | (37.3%-98.2%)~ | 28    | 63.1% | (34.1%-92.1%)~  | 18    |
| No                                       | 73.5% | (63.8%-83.3%)   | 2,703 | 72.8%  | (61.5%-84.0%)~ | 1,245 | 74.1% | (65.4%-82.9%)   | 1,439 |
| Not Sure                                 | 68.7% | (54.2%-83.2%)~  | 112   | 62.1%  | (45.3%-79.0%)~ | 71    | 75.1% | (52.6%-97.6%)~  | 23    |
| Did not understand question              | 79.5% | (56.0%-100.0%)~ | 59    | *      | *              | *     | *     | *               | *     |
| <b>----LGBTQ----</b>                     |       |                 |       |        |                |       |       |                 |       |
| Yes                                      | 70.7% | (59.4%-82.0%)~  | 713   | 67.3%  | (54.9%-79.8%)~ | 449   | 76.5% | (63.0%-90.0%)~  | 222   |
| No                                       | 73.8% | (64.0%-83.6%)   | 2,198 | 74.2%  | (62.5%-85.9%)~ | 906   | 73.5% | (64.7%-82.3%)   | 1,282 |

\*Estimate suppressed due to small cell sizes.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*In an average week when you are in school, on how many days do you go to physical education (PE) classes? (mndlype)  
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school*

|   | Total |                 |     | Female |               |     | Male  |               |     |
|---|-------|-----------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI              | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                     | 16.5% | (5.7%-27.2%)~   | 664 | 16.0%  | (6.1%-25.8%)  | 303 | 17.0% | (5.1%-29.0%)~ | 351 |
| <b>----Age----</b>                        |       |                 |     |        |               |     |       |               |     |
| 12 or younger                             | 13.6% | (3.7%-23.6%)    | 163 | 13.3%  | (4.5%-22.1%)  | 83  | 14.2% | (0.6%-27.9%)~ | 80  |
| 13  | 17.1% | (5.5%-28.6%)~   | 330 | 15.7%  | (4.2%-27.2%)~ | 138 | 18.2% | (6.0%-30.3%)~ | 186 |
| 14 or older                               | 19.1% | (6.0%-32.2%)~   | 171 | 20.8%  | (5.8%-35.9%)~ | 83  | 17.9% | (5.4%-30.4%)~ | 86  |
| <b>----Grade----</b>                      |       |                 |     |        |               |     |       |               |     |
| Grade 7                                   | 15.3% | (4.2%-26.4%)~   | 300 | 13.7%  | (3.6%-23.7%)~ | 127 | 16.5% | (4.0%-29.1%)~ | 167 |
| Grade 8                                   | 17.9% | (5.9%-29.9%)~   | 364 | 18.5%  | (6.3%-30.7%)~ | 177 | 17.8% | (5.3%-30.3%)~ | 185 |
| <b>----Hispanic Ethnicity----</b>         |       |                 |     |        |               |     |       |               |     |
| Hispanic                                  | 24.1% | (3.4%-44.8%)~   | 51  | 24.2%  | (3.5%-44.8%)~ | 22  | 21.6% | (0.0%-47.2%)~ | 22  |
| Non-Hispanic                              | 16.0% | (5.9%-26.0%)~   | 575 | 15.2%  | (5.6%-24.9%)  | 262 | 16.9% | (6.0%-27.9%)~ | 311 |
| <b>----Race----</b>                       |       |                 |     |        |               |     |       |               |     |
| American Indian or Alaskan Native         | 8.5%  | (0.0%-18.6%)    | 7   | *      | *             | *   | *     | *             | *   |
| Asian                                     | 49.3% | (25.1%-73.5%)~  | 18  | *      | *             | *   | *     | *             | *   |
| Black or African American                 | 17.2% | (9.2%-25.1%)    | 22  | 13.7%  | (0.0%-27.3%)~ | 7   | 19.4% | (9.1%-29.7%)~ | 15  |
| Native Hawaiian or Other Pacific Islander | 63.1% | (20.0%-100.0%)~ | 15  | *      | *             | *   | *     | *             | *   |
| White                                     | 16.1% | (4.6%-27.7%)~   | 553 | 15.3%  | (4.7%-25.9%)~ | 249 | 17.1% | (4.2%-30.0%)~ | 299 |
| Multiple Races                            | 14.2% | (5.3%-23.1%)    | 40  | 14.8%  | (0.1%-29.5%)~ | 17  | 15.1% | (4.7%-25.6%)~ | 23  |

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N = Number of students who attended physical education (PE) classes daily in an average week when they were in school (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*In an average week when you are in school, on how many days do you go to physical education (PE) classes? (mndlype)  
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school*

|  | Total |                |     | Female |               |     | Male  |               |     |
|--|-------|----------------|-----|--------|---------------|-----|-------|---------------|-----|
|  | %     | CI             | N   | %      | CI            | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |               |     |       |               |     |
| Heterosexual                             | 17.0% | (5.4%-28.6%)~  | 481 | 16.8%  | (6.3%-27.3%)~ | 198 | 17.3% | (4.4%-30.2%)~ | 283 |
| Gay/Lesbian                              | 12.3% | (0.7%-23.9%)~  | 15  | *      | *             | *   | *     | *             | *   |
| Bisexual                                 | 18.2% | (10.3%-26.2%)  | 72  | 18.6%  | (10.4%-26.8%) | 57  | 15.6% | (0.0%-33.3%)~ | 13  |
| Described sexual identity some other way | 14.1% | (4.5%-23.6%)   | 36  | 13.2%  | (0.0%-28.9%)~ | 19  | 18.1% | (0.9%-35.4%)~ | 16  |
| Questioning                              | 11.9% | (0.0%-24.8%)~  | 26  | 10.5%  | (0.0%-23.6%)~ | 16  | 16.5% | (2.4%-30.6%)~ | 10  |
| Did not understand question              | 24.5% | (2.3%-46.7%)~  | 24  | *      | *             | *   | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |               |     |       |               |     |
| Yes                                      | *     | *              | *   | *      | *             | *   | *     | *             | *   |
| No                                       | 16.2% | (5.7%-26.7%)~  | 596 | 15.3%  | (6.1%-24.6%)  | 263 | 16.8% | (4.7%-28.9%)~ | 326 |
| Not Sure                                 | 23.0% | (7.5%-38.4%)~  | 37  | 24.3%  | (8.2%-40.3%)~ | 28  | 24.2% | (0.0%-53.3%)~ | 7   |
| Did not understand question              | 27.5% | (10.1%-44.8%)~ | 21  | 28.3%  | (0.0%-69.3%)~ | 6   | 29.6% | (9.9%-49.4%)~ | 15  |
| <b>----LGBTQ----</b>                     |       |                |     |        |               |     |       |               |     |
| Yes                                      | 14.9% | (6.8%-23.1%)   | 151 | 14.1%  | (5.3%-23.0%)  | 94  | 17.9% | (8.0%-27.8%)  | 52  |
| No                                       | 17.0% | (5.3%-28.7%)~  | 507 | 16.9%  | (6.0%-27.8%)~ | 206 | 17.0% | (4.1%-29.9%)~ | 297 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do any of your classroom teachers provide short physical activity breaks during regular class time? (Do not count your physical education teacher.)  
(mn180a)*

*Percentage of students who answered 'Yes'*

|   | Total |                |     | Female |                |     | Male  |               |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|---------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI            | N   |
| Total                                     | 24.1% | (18.1%-30.1%)  | 970 | 26.5%  | (19.7%-33.4%)  | 502 | 22.1% | (15.3%-28.8%) | 454 |
| <b>---Age---</b>                          |       |                |     |        |                |     |       |               |     |
| 12 or younger                             | 28.0% | (17.1%-38.8%)~ | 327 | 35.2%  | (20.5%-49.9%)~ | 217 | 18.6% | (11.1%-26.2%) | 101 |
| 13  | 22.0% | (16.3%-27.6%)  | 426 | 22.7%  | (18.2%-27.2%)  | 199 | 22.1% | (13.1%-31.1%) | 227 |
| 14 or older                               | 24.0% | (17.8%-30.3%)  | 217 | 21.7%  | (12.5%-30.9%)  | 86  | 25.7% | (15.9%-35.6%) | 126 |
| <b>---Grade---</b>                        |       |                |     |        |                |     |       |               |     |
| Grade 7                                   | 25.3% | (16.6%-34.0%)  | 494 | 32.3%  | (20.5%-44.1%)~ | 299 | 18.7% | (11.6%-25.7%) | 187 |
| Grade 8                                   | 23.2% | (17.1%-29.4%)  | 473 | 21.4%  | (15.8%-27.0%)  | 203 | 25.3% | (16.1%-34.5%) | 265 |
| <b>---Hispanic Ethnicity---</b>           |       |                |     |        |                |     |       |               |     |
| Hispanic                                  | 24.7% | (14.0%-35.4%)~ | 51  | 34.7%  | (17.1%-52.2%)~ | 32  | 19.6% | (7.0%-32.2%)~ | 19  |
| Non-Hispanic                              | 24.4% | (18.0%-30.9%)  | 878 | 26.5%  | (19.2%-33.7%)  | 454 | 22.4% | (15.3%-29.5%) | 411 |
| <b>---Race---</b>                         |       |                |     |        |                |     |       |               |     |
| American Indian or Alaskan Native         | 57.9% | (38.6%-77.2%)~ | 48  | *      | *              | *   | *     | *             | *   |
| Asian                                     | 28.4% | (0.4%-56.4%)~  | 10  | *      | *              | *   | *     | *             | *   |
| Black or African American                 | 16.1% | (2.9%-29.3%)~  | 20  | 15.3%  | (0.0%-31.5%)~  | 7   | 16.6% | (1.6%-31.6%)~ | 13  |
| Native Hawaiian or Other Pacific Islander | 57.9% | (9.2%-100.0%)~ | 12  | *      | *              | *   | *     | *             | *   |
| White                                     | 22.9% | (16.5%-29.3%)  | 782 | 23.6%  | (16.6%-30.6%)  | 384 | 22.4% | (14.8%-30.0%) | 390 |
| Multiple Races                            | 32.1% | (20.6%-43.5%)~ | 91  | 56.4%  | (27.3%-85.4%)~ | 67  | 12.5% | (5.5%-19.5%)  | 19  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Do any of your classroom teachers provide short physical activity breaks during regular class time? (Do not count your physical education teacher.)*  
*(mn180a)*

*Percentage of students who answered 'Yes'*

|  | Total |                |     | Female |                |     | Male  |                |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |                |     |
| Heterosexual                             | 23.6% | (17.4%-29.7%)  | 663 | 25.7%  | (17.4%-33.9%)  | 303 | 21.9% | (15.7%-28.1%)  | 355 |
| Gay/Lesbian                              | 18.7% | (10.5%-26.9%)  | 22  | 18.9%  | (0.0%-40.5%)~  | 10  | 13.9% | (0.0%-32.6%)~  | 7   |
| Bisexual                                 | 33.8% | (22.3%-45.3%)~ | 134 | 35.4%  | (23.0%-47.7%)~ | 107 | 27.7% | (6.7%-48.6%)~  | 24  |
| Described sexual identity some other way | 24.2% | (13.7%-34.6%)~ | 63  | 27.0%  | (14.6%-39.4%)~ | 41  | 24.0% | (8.6%-39.3%)~  | 22  |
| Questioning                              | 10.9% | (5.1%-16.7%)   | 24  | *      | *              | *   | *     | *              | *   |
| Did not understand question              | 11.8% | (0.0%-27.3%)~  | 11  | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |                |     |
| Yes                                      | 27.0% | (12.7%-41.4%)~ | 22  | *      | *              | *   | *     | *              | *   |
| No                                       | 23.7% | (17.6%-29.9%)  | 873 | 26.0%  | (18.9%-33.1%)  | 446 | 21.8% | (15.2%-28.3%)  | 422 |
| Not Sure                                 | 28.5% | (17.2%-39.7%)~ | 45  | 23.2%  | (9.6%-36.8%)~  | 25  | 48.2% | (19.0%-77.3%)~ | 15  |
| Did not understand question              | 17.3% | (3.4%-31.1%)~  | 13  | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |                |     |
| Yes                                      | 24.8% | (18.0%-31.5%)  | 252 | 27.1%  | (19.8%-34.4%)  | 181 | 21.2% | (10.3%-32.0%)~ | 63  |
| No                                       | 23.8% | (17.6%-30.0%)  | 706 | 26.1%  | (17.9%-34.3%)  | 318 | 22.1% | (16.0%-28.2%)  | 383 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.) (mn179)*  
*Percentage of students who answered at least one team*

|   | Total |                |       | Female |                 |       | Male  |                 |       |
|---|-------|----------------|-------|--------|-----------------|-------|-------|-----------------|-------|
|   | %     | CI             | N     | %      | CI              | N     | %     | CI              | N     |
| Total                                     | 63.8% | (61.3%-66.3%)  | 2,592 | 67.8%  | (65.0%-70.6%)   | 1,310 | 61.1% | (57.9%-64.3%)   | 1,261 |
| <b>----Age----</b>                        |       |                |       |        |                 |       |       |                 |       |
| 12 or younger                             | 65.5% | (61.8%-69.2%)  | 781   | 68.3%  | (63.4%-73.3%)   | 436   | 62.6% | (55.9%-69.2%)   | 342   |
| 13  | 62.2% | (58.2%-66.3%)  | 1,219 | 67.8%  | (62.2%-73.4%)   | 607   | 58.9% | (52.0%-65.7%)   | 607   |
| 14 or older                               | 64.9% | (59.0%-70.7%)  | 585   | 66.7%  | (60.2%-73.1%)   | 265   | 64.2% | (54.9%-73.4%)   | 313   |
| <b>----Grade----</b>                      |       |                |       |        |                 |       |       |                 |       |
| Grade 7                                   | 61.6% | (59.1%-64.0%)  | 1,220 | 66.6%  | (63.3%-70.0%)   | 631   | 57.8% | (54.4%-61.2%)   | 582   |
| Grade 8                                   | 65.5% | (61.2%-69.8%)  | 1,342 | 68.4%  | (62.9%-73.9%)   | 662   | 63.9% | (58.7%-69.2%)   | 665   |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                 |       |       |                 |       |
| Hispanic                                  | 52.0% | (39.8%-64.2%)~ | 109   | 58.7%  | (42.0%-75.3%)~  | 54    | 54.8% | (32.4%-77.2%)~  | 55    |
| Non-Hispanic                              | 64.7% | (62.5%-66.9%)  | 2,350 | 68.2%  | (65.7%-70.7%)   | 1,195 | 61.8% | (58.8%-64.9%)   | 1,134 |
| <b>----Race----</b>                       |       |                |       |        |                 |       |       |                 |       |
| American Indian or Alaskan Native         | 58.1% | (36.9%-79.2%)~ | 48    | 78.3%  | (58.1%-98.4%)~  | 41    | 28.0% | (0.0%-57.2%)~   | 8     |
| Asian                                     | 63.6% | (39.3%-87.8%)~ | 25    | 53.5%  | (8.4%-98.5%)~   | 8     | 69.6% | (38.0%-100.0%)~ | 17    |
| Black or African American                 | 78.8% | (68.2%-89.5%)~ | 99    | 85.5%  | (71.0%-100.0%)~ | 41    | 74.6% | (60.5%-88.8%)~  | 58    |
| Native Hawaiian or Other Pacific Islander | 54.5% | (9.6%-99.5%)~  | 13    | *      | *               | *     | *     | *               | *     |
| White                                     | 63.8% | (60.8%-66.7%)  | 2,206 | 67.6%  | (64.2%-71.1%)   | 1,123 | 61.1% | (57.2%-65.0%)   | 1,071 |
| Multiple Races                            | 64.0% | (55.3%-72.8%)  | 182   | 70.2%  | (55.3%-85.1%)~  | 84    | 59.0% | (45.9%-72.1%)~  | 89    |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least one team (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.) (mn179)  
Percentage of students who answered at least one team*

|  | Total |                |       | Female |                |       | Male  |                |       |
|--|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |       |       |                |       |
| Heterosexual                             | 72.0% | (70.0%-74.0%)  | 2,042 | 79.3%  | (75.4%-83.3%)  | 954   | 66.7% | (63.9%-69.6%)  | 1,083 |
| Gay/Lesbian                              | 52.8% | (44.0%-61.7%)  | 62    | 60.1%  | (39.1%-81.1%)~ | 36    | 54.1% | (25.5%-82.6%)~ | 23    |
| Bisexual                                 | 50.0% | (38.2%-61.9%)~ | 201   | 53.2%  | (38.2%-68.1%)~ | 163   | 40.0% | (20.3%-59.7%)~ | 35    |
| Described sexual identity some other way | 35.5% | (25.0%-45.9%)~ | 94    | 42.7%  | (29.0%-56.5%)~ | 67    | 25.9% | (7.6%-44.2%)~  | 24    |
| Questioning                              | 40.5% | (30.5%-50.6%)~ | 90    | 41.8%  | (29.4%-54.3%)~ | 63    | 30.8% | (2.2%-59.4%)~  | 20    |
| Did not understand question              | 55.5% | (39.1%-72.0%)~ | 56    | *      | *              | *     | *     | *              | *     |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |       |       |                |       |
| Yes                                      | 51.0% | (35.2%-66.9%)~ | 41    | *      | *              | *     | *     | *              | *     |
| No                                       | 66.3% | (64.2%-68.4%)  | 2,458 | 70.7%  | (67.5%-74.0%)  | 1,235 | 62.7% | (60.2%-65.2%)  | 1,215 |
| Not Sure                                 | 30.9% | (15.2%-46.6%)~ | 50    | 21.6%  | (5.3%-38.0%)~  | 25    | 67.4% | (45.5%-89.2%)~ | 20    |
| Did not understand question              | 38.5% | (22.1%-54.9%)~ | 30    | 48.1%  | (19.7%-76.5%)~ | 10    | 29.7% | (5.9%-53.6%)~  | 16    |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |       |       |                |       |
| Yes                                      | 44.7% | (37.9%-51.4%)  | 458   | 49.2%  | (41.0%-57.4%)  | 335   | 36.5% | (27.1%-46.0%)  | 107   |
| No                                       | 70.9% | (68.7%-73.1%)  | 2,120 | 78.4%  | (74.8%-81.9%)  | 972   | 65.7% | (62.5%-69.0%)  | 1,143 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered at least one team (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*In an average week when you are in school, on how many days do you walk, ride your bike, or roll to school when weather allows you to do so? (mn220)  
Percentage of students who answered at least 1 day*

|   | Total |                |     | Female |                |     | Male  |                |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 23.6% | (19.2%-28.0%)  | 950 | 23.2%  | (17.6%-28.8%)  | 440 | 23.8% | (19.5%-28.0%)  | 490 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |                |     |
| 12 or younger                             | 22.2% | (16.7%-27.8%)  | 262 | 21.9%  | (16.6%-27.1%)  | 136 | 22.4% | (14.9%-29.9%)  | 123 |
| 13  | 24.4% | (18.8%-30.1%)  | 474 | 25.2%  | (17.9%-32.5%)  | 222 | 23.4% | (17.5%-29.3%)  | 241 |
| 14 or older                               | 23.8% | (18.7%-28.9%)  | 214 | 20.9%  | (12.2%-29.7%)  | 82  | 26.0% | (19.5%-32.5%)  | 127 |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |                |     |
| Grade 7                                   | 24.6% | (18.8%-30.3%)  | 480 | 25.7%  | (18.4%-33.1%)  | 238 | 23.3% | (16.4%-30.2%)  | 233 |
| Grade 8                                   | 22.4% | (18.2%-26.6%)  | 456 | 20.8%  | (15.5%-26.2%)  | 199 | 23.6% | (19.9%-27.3%)  | 247 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |                |     |
| Hispanic                                  | 37.6% | (24.2%-51.1%)~ | 78  | 37.0%  | (18.4%-55.5%)~ | 34  | 36.9% | (14.4%-59.3%)~ | 37  |
| Non-Hispanic                              | 23.3% | (19.0%-27.5%)  | 835 | 22.7%  | (16.7%-28.7%)  | 391 | 23.7% | (19.9%-27.6%)  | 433 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 20.7% | (9.4%-32.1%)~  | 17  | *      | *              | *   | *     | *              | *   |
| Asian                                     | 21.3% | (0.0%-42.6%)~  | 8   | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 42.0% | (30.5%-53.4%)~ | 54  | 27.0%  | (8.4%-45.6%)~  | 13  | 51.0% | (32.2%-69.8%)~ | 41  |
| Native Hawaiian or Other Pacific Islander | 29.0% | (0.0%-63.1%)~  | 7   | *      | *              | *   | *     | *              | *   |
| White                                     | 23.1% | (18.6%-27.6%)  | 789 | 22.7%  | (16.9%-28.4%)  | 370 | 23.0% | (18.9%-27.1%)  | 400 |
| Multiple Races                            | 21.7% | (14.5%-28.9%)  | 61  | 18.7%  | (3.8%-33.5%)~  | 22  | 26.1% | (10.5%-41.7%)~ | 40  |

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*In an average week when you are in school, on how many days do you walk, ride your bike, or roll to school when weather allows you to do so? (mn220)  
Percentage of students who answered at least 1 day*

|  | Total |                |     | Female |                |     | Male  |               |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|---------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |               |     |
| Heterosexual                             | 23.4% | (19.3%-27.6%)  | 662 | 23.2%  | (17.6%-28.8%)  | 274 | 23.4% | (19.5%-27.3%) | 382 |
| Gay/Lesbian                              | 31.5% | (18.5%-44.5%)~ | 38  | 32.0%  | (11.9%-52.1%)~ | 18  | 30.2% | (5.4%-55.0%)~ | 15  |
| Bisexual                                 | 24.3% | (15.7%-32.8%)  | 93  | 25.9%  | (16.2%-35.6%)  | 78  | 12.7% | (0.0%-28.2%)~ | 9   |
| Described sexual identity some other way | 21.0% | (8.0%-34.1%)~  | 55  | 21.6%  | (6.2%-37.0%)~  | 33  | 20.3% | (3.0%-37.6%)~ | 18  |
| Questioning                              | 15.1% | (8.2%-21.9%)   | 33  | 17.3%  | (8.6%-26.0%)   | 26  | 11.5% | (0.8%-22.1%)~ | 7   |
| Did not understand question              | 31.3% | (12.8%-49.8%)~ | 31  | *      | *              | *   | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |               |     |
| Yes                                      | 40.2% | (26.0%-54.4%)~ | 32  | 53.6%  | (25.1%-82.1%)~ | 22  | 26.3% | (0.0%-55.1%)~ | 7   |
| No                                       | 23.9% | (19.6%-28.1%)  | 876 | 23.8%  | (18.2%-29.4%)  | 407 | 24.0% | (20.2%-27.7%) | 464 |
| Not Sure                                 | 13.0% | (3.4%-22.5%)   | 21  | *      | *              | *   | *     | *             | *   |
| Did not understand question              | 18.0% | (5.7%-30.4%)~  | 14  | *      | *              | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |               |     |
| Yes                                      | 22.4% | (15.2%-29.6%)  | 224 | 23.3%  | (14.9%-31.7%)  | 155 | 17.6% | (10.8%-24.3%) | 50  |
| No                                       | 23.8% | (19.6%-28.0%)  | 708 | 23.1%  | (17.9%-28.3%)  | 282 | 24.4% | (20.2%-28.6%) | 426 |

\*Estimate suppressed due to small cell sizes.

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## **Section 14**

### **Asthma**



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Has a doctor or nurse ever told you that you have asthma? (mn129)*  
*Percentage of students who answered 'Yes'*

|   | Total |               |     | Female |               |     | Male  |                |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|----------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI             | N   |
| Total                                     | 18.9% | (16.1%-21.7%) | 770 | 19.8%  | (15.7%-24.0%) | 386 | 17.6% | (14.9%-20.2%)  | 366 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |                |     |
| 12 or younger                             | 18.3% | (13.3%-23.4%) | 205 | 18.9%  | (12.2%-25.5%) | 104 | 17.6% | (11.2%-24.0%)  | 99  |
| 13  | 17.3% | (13.8%-20.9%) | 335 | 19.2%  | (14.0%-24.4%) | 182 | 15.5% | (12.0%-19.0%)  | 148 |
| 14 or older                               | 22.5% | (16.4%-28.6%) | 229 | 22.4%  | (12.6%-32.2%) | 100 | 21.1% | (15.8%-26.4%)  | 119 |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |                |     |
| Grade 7                                   | 18.4% | (14.4%-22.3%) | 363 | 18.5%  | (12.7%-24.4%) | 173 | 18.2% | (14.7%-21.7%)  | 187 |
| Grade 8                                   | 19.4% | (16.1%-22.8%) | 405 | 21.1%  | (14.6%-27.7%) | 212 | 16.8% | (13.4%-20.3%)  | 177 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |                |     |
| Hispanic                                  | 14.9% | (5.7%-24.1%)  | 26  | *      | *             | *   | *     | *              | *   |
| Non-Hispanic                              | 18.8% | (16.0%-21.6%) | 693 | 20.2%  | (15.9%-24.6%) | 360 | 17.0% | (14.4%-19.6%)  | 317 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |                |     |
| American Indian or Alaskan Native         | 11.6% | (0.0%-27.4%)~ | 9   | *      | *             | *   | *     | *              | *   |
| Asian                                     | *     | *             | *   | *      | *             | *   | *     | *              | *   |
| Black or African American                 | 22.9% | (14.7%-31.0%) | 27  | 26.9%  | (0.0%-54.3%)~ | 15  | 19.3% | (5.3%-33.2%)~  | 12  |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *     | *              | *   |
| White                                     | 18.4% | (15.5%-21.4%) | 641 | 19.5%  | (14.9%-24.2%) | 318 | 17.0% | (14.8%-19.3%)  | 309 |
| Multiple Races                            | 28.4% | (19.2%-37.5%) | 76  | 27.3%  | (18.2%-36.4%) | 40  | 30.3% | (10.2%-50.4%)~ | 36  |

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Has a doctor or nurse ever told you that you have asthma? (mn129)*  
*Percentage of students who answered 'Yes'*

|  | Total |                |     | Female |                |     | Male  |               |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|---------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |               |     |
| Heterosexual                             | 18.9% | (15.9%-21.9%)  | 546 | 18.9%  | (14.6%-23.3%)  | 226 | 18.9% | (16.5%-21.4%) | 320 |
| Gay/Lesbian                              | 15.0% | (7.4%-22.7%)   | 23  | *      | *              | *   | *     | *             | *   |
| Bisexual                                 | 24.8% | (14.6%-34.9%)~ | 104 | 29.6%  | (14.3%-45.0%)~ | 90  | 10.5% | (0.0%-21.5%)~ | 11  |
| Described sexual identity some other way | 16.6% | (6.9%-26.3%)   | 30  | *      | *              | *   | *     | *             | *   |
| Questioning                              | 21.3% | (7.2%-35.5%)~  | 48  | 19.9%  | (8.3%-31.5%)~  | 35  | 26.4% | (0.0%-64.6%)~ | 13  |
| Did not understand question              | 15.3% | (2.4%-28.1%)~  | 20  | *      | *              | *   | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |               |     |
| Yes                                      | 26.5% | (10.2%-42.8%)~ | 33  | 32.9%  | (13.8%-52.0%)~ | 22  | 14.8% | (0.0%-32.5%)~ | 7   |
| No                                       | 19.4% | (15.9%-22.8%)  | 717 | 20.0%  | (15.1%-24.9%)  | 351 | 18.3% | (15.6%-21.0%) | 353 |
| Not Sure                                 | 11.1% | (3.0%-19.1%)   | 14  | 9.3%   | (0.0%-18.9%)   | 7   | 18.6% | (0.0%-44.3%)~ | 6   |
| Did not understand question              | *     | *              | *   | *      | *              | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |               |     |
| Yes                                      | 21.0% | (15.2%-26.7%)  | 208 | 23.4%  | (15.0%-31.7%)  | 160 | 11.5% | (3.1%-19.9%)  | 30  |
| No                                       | 18.6% | (15.8%-21.3%)  | 562 | 18.1%  | (14.1%-22.1%)  | 226 | 18.9% | (16.5%-21.3%) | 336 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Has a doctor or nurse ever told you that you have asthma? (mnltasth)*  
*Percentage of students with lifetime asthma (Excludes "Not sure" responses from m129)*

|   | Total |                |     | Female |                |     | Male  |                |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 21.9% | (18.6%-25.3%)  | 770 | 23.2%  | (18.2%-28.1%)  | 386 | 20.2% | (17.2%-23.2%)  | 366 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |                |     |
| 12 or younger                             | 21.4% | (14.9%-27.9%)  | 205 | 22.3%  | (13.6%-31.0%)  | 104 | 20.2% | (12.7%-27.7%)  | 99  |
| 13  | 20.1% | (16.2%-24.1%)  | 335 | 22.7%  | (16.7%-28.8%)  | 182 | 17.5% | (13.9%-21.2%)  | 148 |
| 14 or older                               | 26.0% | (18.6%-33.5%)  | 229 | 25.3%  | (14.8%-35.8%)~ | 100 | 25.0% | (18.4%-31.7%)  | 119 |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |                |     |
| Grade 7                                   | 21.7% | (16.5%-26.8%)  | 363 | 22.4%  | (14.7%-30.1%)  | 173 | 20.9% | (16.7%-25.2%)  | 187 |
| Grade 8                                   | 22.1% | (18.5%-25.8%)  | 405 | 24.0%  | (16.8%-31.2%)  | 212 | 19.3% | (15.5%-23.0%)  | 177 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |                |     |
| Hispanic                                  | 17.6% | (6.0%-29.3%)~  | 26  | *      | *              | *   | *     | *              | *   |
| Non-Hispanic                              | 21.8% | (18.4%-25.2%)  | 693 | 23.5%  | (18.4%-28.6%)  | 360 | 19.5% | (16.5%-22.6%)  | 317 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 13.9% | (0.0%-32.7%)~  | 9   | *      | *              | *   | *     | *              | *   |
| Asian                                     | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 26.0% | (18.0%-34.1%)  | 27  | 28.1%  | (1.0%-55.3%)~  | 15  | 23.8% | (7.3%-40.3%)~  | 12  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| White                                     | 21.2% | (17.8%-24.7%)  | 641 | 22.7%  | (17.2%-28.2%)  | 318 | 19.5% | (17.0%-22.0%)  | 309 |
| Multiple Races                            | 34.9% | (24.8%-45.0%)~ | 76  | 35.5%  | (23.4%-47.7%)~ | 40  | 34.3% | (13.4%-55.1%)~ | 36  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students with lifetime asthma (Excludes "Not sure" responses from m129) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Has a doctor or nurse ever told you that you have asthma? (mnltasth)*  
*Percentage of students with lifetime asthma (Excludes "Not sure" responses from m129)*

|  | Total |                |     | Female |                |     | Male  |               |     |
|--|-------|----------------|-----|--------|----------------|-----|-------|---------------|-----|
|  | %     | CI             | N   | %      | CI             | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |                |     |       |               |     |
| Heterosexual                             | 21.3% | (17.7%-24.9%)  | 546 | 21.3%  | (16.2%-26.5%)  | 226 | 21.3% | (18.2%-24.4%) | 320 |
| Gay/Lesbian                              | 19.4% | (9.3%-29.5%)~  | 23  | *      | *              | *   | *     | *             | *   |
| Bisexual                                 | 31.7% | (19.1%-44.3%)~ | 104 | 37.8%  | (19.5%-56.2%)~ | 90  | 13.9% | (0.0%-29.2%)~ | 11  |
| Described sexual identity some other way | 21.0% | (8.1%-33.8%)~  | 30  | *      | *              | *   | *     | *             | *   |
| Questioning                              | 24.5% | (8.2%-40.8%)~  | 48  | 23.0%  | (9.7%-36.3%)~  | 35  | 29.7% | (0.0%-72.1%)~ | 13  |
| Did not understand question              | 19.7% | (4.7%-34.6%)~  | 20  | *      | *              | *   | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |                |     |       |               |     |
| Yes                                      | 33.6% | (11.2%-56.0%)~ | 33  | 40.8%  | (17.0%-64.6%)~ | 22  | 20.7% | (0.0%-42.8%)~ | 7   |
| No                                       | 22.2% | (18.2%-26.3%)  | 717 | 23.1%  | (17.5%-28.8%)  | 351 | 20.8% | (17.7%-24.0%) | 353 |
| Not Sure                                 | 13.6% | (3.2%-23.9%)~  | 14  | 11.5%  | (0.0%-23.9%)~  | 7   | 19.9% | (0.0%-47.4%)~ | 6   |
| Did not understand question              | *     | *              | *   | *      | *              | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |                |     |       |               |     |
| Yes                                      | 26.1% | (19.1%-33.1%)  | 208 | 28.8%  | (19.2%-38.4%)  | 160 | 14.7% | (5.1%-24.3%)  | 30  |
| No                                       | 21.0% | (17.7%-24.4%)  | 562 | 20.5%  | (15.5%-25.5%)  | 226 | 21.4% | (18.5%-24.3%) | 336 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students with lifetime asthma (Excludes "Not sure" responses from m129) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you still have asthma? (mn130\_2)*

*Among students who reported to have asthma in m129, the percentage of students who answered 'Yes'*

|   | Total |                 |     | Female |                |     | Male  |                |     |
|---|-------|-----------------|-----|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI              | N   | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 55.5% | (48.1%-63.0%)   | 428 | 55.1%  | (46.7%-63.5%)  | 212 | 55.1% | (44.5%-65.7%)~ | 202 |
| <b>----Age----</b>                        |       |                 |     |        |                |     |       |                |     |
| 12 or younger                             | 61.6% | (52.4%-70.9%)   | 127 | 66.3%  | (52.5%-80.1%)~ | 69  | 55.7% | (39.9%-71.5%)~ | 55  |
| 13  | 46.6% | (37.2%-56.1%)   | 156 | 47.8%  | (34.7%-60.8%)~ | 87  | 46.7% | (31.2%-62.2%)~ | 69  |
| 14 or older                               | 63.1% | (53.3%-72.9%)   | 145 | 56.8%  | (45.2%-68.5%)~ | 57  | 65.0% | (51.6%-78.4%)~ | 77  |
| <b>----Grade----</b>                      |       |                 |     |        |                |     |       |                |     |
| Grade 7                                   | 58.5% | (51.0%-66.0%)   | 212 | 62.5%  | (53.8%-71.2%)  | 108 | 54.2% | (40.8%-67.7%)~ | 101 |
| Grade 8                                   | 52.6% | (43.5%-61.7%)   | 213 | 49.1%  | (38.4%-59.7%)~ | 104 | 55.3% | (41.1%-69.6%)~ | 98  |
| <b>----Hispanic Ethnicity----</b>         |       |                 |     |        |                |     |       |                |     |
| Hispanic                                  | 65.2% | (23.4%-100.0%)~ | 17  | *      | *              | *   | *     | *              | *   |
| Non-Hispanic                              | 56.4% | (48.8%-64.0%)   | 391 | 55.8%  | (47.2%-64.3%)  | 201 | 56.6% | (45.3%-67.9%)~ | 179 |
| <b>----Race----</b>                       |       |                 |     |        |                |     |       |                |     |
| American Indian or Alaskan Native         | *     | *               | *   | *      | *              | *   | *     | *              | *   |
| Asian                                     | *     | *               | *   | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 50.1% | (21.5%-78.7%)~  | 13  | *      | *              | *   | *     | *              | *   |
| Native Hawaiian or Other Pacific Islander | *     | *               | *   | *      | *              | *   | *     | *              | *   |
| White                                     | 53.1% | (44.9%-61.3%)   | 340 | 51.3%  | (43.2%-59.4%)  | 163 | 52.9% | (41.2%-64.6%)~ | 163 |
| Multiple Races                            | 71.6% | (52.7%-90.6%)~  | 54  | 76.7%  | (54.9%-98.5%)~ | 30  | 66.0% | (32.9%-99.1%)~ | 24  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Among students who reported to have asthma in m129, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

October 23, 2023

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you still have asthma? (mn130\_2)*

*Among students who reported to have asthma in m129, the percentage of students who answered 'Yes'*

|  | Total |                 |     | Female |                |     | Male  |                |     |
|--|-------|-----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI              | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                 |     |        |                |     |       |                |     |
| Heterosexual                             | 55.4% | (47.0%-63.8%)   | 303 | 55.9%  | (42.7%-69.0%)~ | 126 | 55.1% | (45.0%-65.2%)~ | 176 |
| Gay/Lesbian                              | 67.4% | (28.2%-100.0%)~ | 16  | *      | *              | *   | *     | *              | *   |
| Bisexual                                 | 52.9% | (34.7%-71.1%)~  | 55  | *      | *              | *   | *     | *              | *   |
| Described sexual identity some other way | 63.0% | (37.4%-88.6%)~  | 19  | *      | *              | *   | *     | *              | *   |
| Questioning                              | 59.3% | (42.6%-76.0%)~  | 28  | 60.1%  | (36.5%-83.6%)~ | 21  | 57.2% | (33.9%-80.5%)~ | 8   |
| Did not understand question              | 38.8% | (0.0%-88.1%)~   | 8   | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                 |     |        |                |     |       |                |     |
| Yes                                      | 53.3% | (11.0%-95.7%)~  | 18  | *      | *              | *   | *     | *              | *   |
| No                                       | 55.4% | (48.7%-62.0%)   | 397 | 54.5%  | (45.5%-63.5%)  | 191 | 54.5% | (44.6%-64.3%)  | 192 |
| Not Sure                                 | *     | *               | *   | *      | *              | *   | *     | *              | *   |
| Did not understand question              | *     | *               | *   | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                 |     |        |                |     |       |                |     |
| Yes                                      | 56.4% | (42.9%-70.0%)~  | 117 | 54.1%  | (40.6%-67.5%)~ | 86  | 58.4% | (32.8%-84.0%)~ | 18  |
| No                                       | 55.2% | (46.9%-63.5%)   | 310 | 55.9%  | (42.7%-69.0%)~ | 126 | 54.8% | (44.5%-65.1%)~ | 184 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

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N = Among students who reported to have asthma in m129, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students with current asthma (Excludes "Not sure" responses from m129 and m130) (mncrasth)*

|   | Total |                |     | Female |                |     | Male  |               |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|---------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI            | N   |
| Total                                     | 12.6% | (9.9%-15.3%)   | 428 | 13.5%  | (10.2%-16.7%)  | 212 | 11.4% | (8.1%-14.8%)  | 202 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |               |     |
| 12 or younger                             | 13.3% | (8.9%-17.8%)   | 127 | 14.9%  | (9.1%-20.7%)   | 69  | 11.5% | (4.9%-18.0%)  | 55  |
| 13  | 9.8%  | (7.4%-12.2%)   | 156 | 11.5%  | (7.7%-15.4%)   | 87  | 8.4%  | (5.0%-11.8%)  | 69  |
| 14 or older                               | 17.3% | (11.8%-22.8%)  | 145 | 15.6%  | (8.2%-23.1%)   | 57  | 16.7% | (10.8%-22.6%) | 77  |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |               |     |
| Grade 7                                   | 13.0% | (9.5%-16.5%)   | 212 | 14.3%  | (9.4%-19.3%)   | 108 | 11.6% | (7.8%-15.5%)  | 101 |
| Grade 8                                   | 12.3% | (9.3%-15.2%)   | 213 | 12.7%  | (8.9%-16.6%)   | 104 | 11.0% | (7.1%-14.8%)  | 98  |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |               |     |
| Hispanic                                  | 11.5% | (2.7%-20.3%)   | 17  | *      | *              | *   | *     | *             | *   |
| Non-Hispanic                              | 12.8% | (9.8%-15.7%)   | 391 | 13.8%  | (10.4%-17.2%)  | 201 | 11.3% | (7.6%-15.0%)  | 179 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |               |     |
| American Indian or Alaskan Native         | *     | *              | *   | *      | *              | *   | *     | *             | *   |
| Asian                                     | *     | *              | *   | *      | *              | *   | *     | *             | *   |
| Black or African American                 | 14.6% | (6.2%-22.9%)   | 13  | 13.3%  | (0.0%-32.9%)~  | 6   | 15.9% | (4.6%-27.2%)~ | 7   |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *              | *   | *     | *             | *   |
| White                                     | 11.7% | (9.2%-14.2%)   | 340 | 12.4%  | (9.2%-15.5%)   | 163 | 10.5% | (7.6%-13.4%)  | 163 |
| Multiple Races                            | 25.9% | (13.1%-38.7%)~ | 54  | 27.9%  | (13.8%-42.0%)~ | 30  | 23.7% | (1.1%-46.4%)~ | 24  |

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N = Number of students with current asthma (Excludes "Not sure" responses from m129 and m130) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students with current asthma (Excludes "Not sure" responses from m129 and m130) (mncrasth)*

|  | Total |               |     | Female |               |     | Male  |               |     |
|--|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|  | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |     |       |               |     |
| Heterosexual                             | 12.2% | (9.5%-14.9%)  | 303 | 12.4%  | (9.2%-15.6%)  | 126 | 12.0% | (8.7%-15.3%)  | 176 |
| Gay/Lesbian                              | 13.4% | (4.2%-22.5%)  | 16  | *      | *             | *   | *     | *             | *   |
| Bisexual                                 | 18.5% | (8.4%-28.5%)~ | 55  | 21.6%  | (6.4%-36.8%)~ | 45  | 9.6%  | (0.0%-20.7%)~ | 8   |
| Described sexual identity some other way | 13.3% | (3.2%-23.4%)~ | 19  | *      | *             | *   | *     | *             | *   |
| Questioning                              | 15.6% | (3.8%-27.4%)~ | 28  | 14.5%  | (4.7%-24.3%)  | 21  | 19.5% | (0.0%-48.4%)~ | 8   |
| Did not understand question              | 7.8%  | (0.0%-19.0%)  | 8   | *      | *             | *   | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |     |       |               |     |
| Yes                                      | 20.1% | (0.0%-40.6%)~ | 18  | 25.5%  | (0.6%-50.4%)~ | 11  | 20.7% | (0.0%-42.8%)~ | 7   |
| No                                       | 12.8% | (9.8%-15.7%)  | 397 | 13.3%  | (9.5%-17.1%)  | 191 | 11.7% | (8.4%-15.0%)  | 192 |
| Not Sure                                 | 9.9%  | (0.6%-19.1%)  | 10  | *      | *             | *   | *     | *             | *   |
| Did not understand question              | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |     |       |               |     |
| Yes                                      | 15.7% | (9.9%-21.4%)  | 117 | 16.9%  | (9.4%-24.3%)  | 86  | 8.8%  | (1.9%-15.6%)  | 18  |
| No                                       | 12.0% | (9.4%-14.6%)  | 310 | 11.9%  | (8.9%-14.9%)  | 126 | 12.0% | (8.6%-15.4%)  | 184 |

\*Estimate suppressed due to small cell sizes.

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CI = 95% Confidence Interval

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N = Number of students with current asthma (Excludes "Not sure" responses from m129 and m130) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**Section 15**  
**Diabetes**

**No questions qualify for reporting in this section.**

**Section 16**  
**HPV**

**No questions qualify for reporting in this section.**

**Section 17**  
**Sun Protection**

**No questions qualify for reporting in this section.**

**Section 18  
Disability**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you have any physical disabilities or long-term health problems? (Long-term means 6 months or more.) (mn136a)*  
*Percentage of students who answered 'Yes'*

|   | Total |               |     | Female |              |     | Male  |               |     |
|---|-------|---------------|-----|--------|--------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI           | N   | %     | CI            | N   |
| Total                                     | 11.0% | (9.1%-12.9%)  | 445 | 10.2%  | (7.5%-12.8%) | 195 | 11.7% | (9.5%-14.0%)  | 242 |
| <b>----Age----</b>                        |       |               |     |        |              |     |       |               |     |
| 12 or younger                             | 7.6%  | (5.0%-10.2%)  | 91  | 10.4%  | (6.1%-14.8%) | 66  | 4.5%  | (1.7%-7.3%)   | 25  |
| 13  | 11.0% | (7.9%-14.1%)  | 215 | 9.1%   | (5.4%-12.9%) | 81  | 13.0% | (8.8%-17.1%)  | 134 |
| 14 or older                               | 15.7% | (10.1%-21.4%) | 139 | 12.3%  | (4.4%-20.1%) | 48  | 17.7% | (12.7%-22.6%) | 83  |
| <b>----Grade----</b>                      |       |               |     |        |              |     |       |               |     |
| Grade 7                                   | 8.4%  | (6.4%-10.4%)  | 166 | 9.4%   | (6.5%-12.4%) | 89  | 7.6%  | (5.0%-10.2%)  | 77  |
| Grade 8                                   | 13.5% | (10.2%-16.9%) | 276 | 10.8%  | (6.5%-15.0%) | 104 | 16.0% | (11.7%-20.2%) | 164 |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |              |     |       |               |     |
| Hispanic                                  | 18.4% | (7.2%-29.6%)~ | 38  | 6.9%   | (0.0%-15.3%) | 6   | 26.9% | (7.8%-46.1%)~ | 27  |
| Non-Hispanic                              | 10.8% | (8.8%-12.9%)  | 394 | 10.7%  | (7.8%-13.6%) | 187 | 11.2% | (9.1%-13.2%)  | 205 |
| <b>----Race----</b>                       |       |               |     |        |              |     |       |               |     |
| American Indian or Alaskan Native         | 17.1% | (1.9%-32.4%)~ | 14  | *      | *            | *   | *     | *             | *   |
| Asian                                     | *     | *             | *   | *      | *            | *   | *     | *             | *   |
| Black or African American                 | 9.7%  | (0.0%-22.6%)~ | 12  | *      | *            | *   | *     | *             | *   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *            | *   | *     | *             | *   |
| White                                     | 11.1% | (8.9%-13.2%)  | 381 | 10.7%  | (7.3%-14.2%) | 178 | 11.5% | (9.2%-13.8%)  | 201 |
| Multiple Races                            | 11.6% | (6.8%-16.4%)  | 33  | 5.2%   | (0.0%-12.4%) | 6   | 14.4% | (5.7%-23.0%)  | 22  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you have any physical disabilities or long-term health problems? (Long-term means 6 months or more.) (mn136a)  
Percentage of students who answered 'Yes'*

|  | Total |               |     | Female |               |     | Male  |                |     |
|--|-------|---------------|-----|--------|---------------|-----|-------|----------------|-----|
|  | %     | CI            | N   | %      | CI            | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |               |     |        |               |     |       |                |     |
| Heterosexual                             | 10.7% | (8.9%-12.4%)  | 301 | 8.9%   | (5.7%-12.1%)  | 106 | 12.1% | (9.9%-14.2%)   | 195 |
| Gay/Lesbian                              | 18.6% | (0.0%-38.1%)~ | 23  | 12.7%  | (0.0%-31.3%)~ | 8   | 25.9% | (0.0%-56.1%)~  | 13  |
| Bisexual                                 | 10.8% | (7.1%-14.6%)  | 43  | 11.7%  | (5.8%-17.7%)  | 35  | 9.2%  | (0.0%-21.2%)~  | 8   |
| Described sexual identity some other way | 11.9% | (4.8%-18.9%)  | 31  | 8.7%   | (0.3%-17.1%)  | 14  | 14.0% | (1.2%-26.9%)~  | 13  |
| Questioning                              | 11.9% | (6.2%-17.6%)  | 26  | *      | *             | *   | *     | *              | *   |
| Did not understand question              | 8.5%  | (1.0%-15.9%)  | 9   | *      | *             | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |               |     |        |               |     |       |                |     |
| Yes                                      | 29.2% | (4.8%-53.6%)~ | 23  | 25.9%  | (0.0%-53.3%)~ | 11  | 46.3% | (10.9%-81.7%)~ | 13  |
| No                                       | 10.4% | (8.5%-12.2%)  | 384 | 9.7%   | (7.0%-12.5%)  | 169 | 11.1% | (9.0%-13.1%)   | 215 |
| Not Sure                                 | 13.0% | (6.0%-20.1%)  | 21  | 11.5%  | (2.7%-20.3%)  | 13  | 18.3% | (0.0%-44.6%)~  | 6   |
| Did not understand question              | 10.6% | (0.0%-26.8%)~ | 8   | *      | *             | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |               |     |        |               |     |       |                |     |
| Yes                                      | 12.6% | (8.0%-17.2%)  | 130 | 11.6%  | (7.1%-16.1%)  | 78  | 14.6% | (6.5%-22.8%)   | 44  |
| No                                       | 10.4% | (8.7%-12.1%)  | 309 | 9.5%   | (6.2%-12.7%)  | 117 | 11.1% | (9.4%-12.8%)   | 192 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you have any physical disabilities or long-term health problems? (Long-term means 6 months or more.) (mn136a\_2)  
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses)*

|   | Total |                |     | Female |               |     | Male  |                |     |
|---|-------|----------------|-----|--------|---------------|-----|-------|----------------|-----|
|   | %     | CI             | N   | %      | CI            | N   | %     | CI             | N   |
| Total                                     | 15.2% | (12.3%-18.1%)  | 445 | 14.7%  | (10.6%-18.8%) | 195 | 15.4% | (12.3%-18.6%)  | 242 |
| <b>----Age----</b>                        |       |                |     |        |               |     |       |                |     |
| 12 or younger                             | 10.6% | (6.1%-15.1%)   | 91  | 14.3%  | (7.2%-21.3%)  | 66  | 6.4%  | (2.5%-10.3%)   | 25  |
| 13  | 15.3% | (11.1%-19.5%)  | 215 | 13.7%  | (8.6%-18.8%)  | 81  | 16.8% | (11.4%-22.3%)  | 134 |
| 14 or older                               | 20.8% | (13.2%-28.3%)  | 139 | 17.8%  | (5.4%-30.2%)~ | 48  | 21.9% | (16.1%-27.6%)  | 83  |
| <b>----Grade----</b>                      |       |                |     |        |               |     |       |                |     |
| Grade 7                                   | 11.9% | (8.8%-15.0%)   | 166 | 13.4%  | (9.0%-17.7%)  | 89  | 10.7% | (7.0%-14.3%)   | 77  |
| Grade 8                                   | 18.3% | (13.6%-23.0%)  | 276 | 15.9%  | (8.9%-22.9%)  | 104 | 19.9% | (14.7%-25.0%)  | 164 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |               |     |       |                |     |
| Hispanic                                  | 23.6% | (10.1%-37.1%)~ | 38  | 9.8%   | (0.0%-21.5%)~ | 6   | 32.5% | (11.9%-53.1%)~ | 27  |
| Non-Hispanic                              | 14.9% | (11.7%-18.1%)  | 394 | 15.3%  | (10.8%-19.8%) | 187 | 14.7% | (11.5%-17.8%)  | 205 |
| <b>----Race----</b>                       |       |                |     |        |               |     |       |                |     |
| American Indian or Alaskan Native         | 23.9% | (2.8%-45.0%)~  | 14  | *      | *             | *   | *     | *              | *   |
| Asian                                     | *     | *              | *   | *      | *             | *   | *     | *              | *   |
| Black or African American                 | 13.1% | (0.0%-30.5%)~  | 12  | *      | *             | *   | *     | *              | *   |
| Native Hawaiian or Other Pacific Islander | *     | *              | *   | *      | *             | *   | *     | *              | *   |
| White                                     | 15.0% | (11.7%-18.3%)  | 381 | 15.3%  | (10.2%-20.5%) | 178 | 14.8% | (11.4%-18.2%)  | 201 |
| Multiple Races                            | 18.2% | (9.9%-26.6%)   | 33  | 9.1%   | (0.0%-22.9%)~ | 6   | 21.1% | (8.6%-33.6%)~  | 22  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (Excludes 'Not sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you have any physical disabilities or long-term health problems? (Long-term means 6 months or more.) (mn136a\_2)  
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses)*

|  | Total |                |     | Female |               |     | Male  |               |     |
|--|-------|----------------|-----|--------|---------------|-----|-------|---------------|-----|
|  | %     | CI             | N   | %      | CI            | N   | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |               |     |       |               |     |
| Heterosexual                             | 13.6% | (11.1%-16.1%)  | 301 | 11.6%  | (6.9%-16.3%)  | 106 | 15.2% | (12.8%-17.5%) | 195 |
| Gay/Lesbian                              | 32.3% | (0.0%-64.9%)~  | 23  | 26.8%  | (0.0%-64.8%)~ | 8   | 41.3% | (0.0%-83.3%)~ | 13  |
| Bisexual                                 | 18.2% | (11.3%-25.0%)  | 43  | 20.0%  | (10.7%-29.3%) | 35  | 14.1% | (0.0%-34.0%)~ | 8   |
| Described sexual identity some other way | 20.5% | (6.9%-34.0%)~  | 31  | 17.4%  | (0.0%-35.8%)~ | 14  | 18.1% | (1.4%-34.9%)~ | 13  |
| Questioning                              | 22.2% | (10.6%-33.9%)~ | 26  | *      | *             | *   | *     | *             | *   |
| Did not understand question              | 13.2% | (2.0%-24.3%)~  | 9   | *      | *             | *   | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |               |     |       |               |     |
| Yes                                      | 60.5% | (25.4%-95.6%)~ | 23  | *      | *             | *   | *     | *             | *   |
| No                                       | 14.0% | (11.2%-16.8%)  | 384 | 13.6%  | (9.4%-17.8%)  | 169 | 14.5% | (11.6%-17.5%) | 215 |
| Not Sure                                 | 26.5% | (7.4%-45.6%)~  | 21  | 25.3%  | (5.5%-45.1%)~ | 13  | 36.9% | (0.0%-92.8%)~ | 6   |
| Did not understand question              | 16.4% | (0.0%-38.0%)~  | 8   | *      | *             | *   | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |               |     |       |               |     |
| Yes                                      | 21.8% | (12.3%-31.2%)  | 130 | 20.8%  | (12.2%-29.3%) | 78  | 22.9% | (7.4%-38.4%)~ | 44  |
| No                                       | 13.4% | (10.8%-16.0%)  | 309 | 12.3%  | (7.5%-17.2%)  | 117 | 14.2% | (12.0%-16.3%) | 192 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (Excludes 'Not sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you have any long-term emotional or behavioral problems? (Long-term means 6 months or more.) (mn137a)*  
*Percentage of students who answered 'Yes'*

|   | Total |                |     | Female |                |     | Male  |                |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 22.6% | (20.5%-24.7%)  | 900 | 26.8%  | (22.9%-30.8%)  | 507 | 17.8% | (15.4%-20.1%)  | 358 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |                |     |
| 12 or younger                             | 22.5% | (19.5%-25.4%)  | 266 | 24.4%  | (19.4%-29.4%)  | 152 | 19.2% | (15.1%-23.3%)  | 106 |
| 13  | 21.6% | (18.0%-25.1%)  | 412 | 27.9%  | (23.1%-32.8%)  | 245 | 14.8% | (9.4%-20.2%)   | 147 |
| 14 or older                               | 25.4% | (20.4%-30.4%)  | 222 | 28.4%  | (21.9%-35.0%)  | 110 | 22.3% | (16.2%-28.5%)  | 105 |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |                |     |
| Grade 7                                   | 22.8% | (19.0%-26.5%)  | 445 | 25.5%  | (20.9%-30.1%)  | 236 | 18.4% | (12.9%-24.0%)  | 184 |
| Grade 8                                   | 22.6% | (19.4%-25.8%)  | 449 | 28.0%  | (23.7%-32.3%)  | 265 | 17.4% | (13.7%-21.0%)  | 174 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |                |     |
| Hispanic                                  | 34.0% | (25.5%-42.4%)  | 68  | 35.7%  | (20.9%-50.5%)~ | 31  | 28.7% | (12.2%-45.3%)~ | 27  |
| Non-Hispanic                              | 22.7% | (20.3%-25.1%)  | 808 | 27.2%  | (23.2%-31.2%)  | 469 | 17.6% | (15.0%-20.1%)  | 314 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 35.6% | (18.7%-52.6%)~ | 28  | 28.7%  | (4.1%-53.2%)~  | 14  | 38.4% | (5.1%-71.7%)~  | 9   |
| Asian                                     | 23.6% | (2.6%-44.6%)~  | 9   | *      | *              | *   | *     | *              | *   |
| Black or African American                 | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| Native Hawaiian or Other Pacific Islander | 35.8% | (0.0%-80.8%)~  | 8   | *      | *              | *   | *     | *              | *   |
| White                                     | 22.8% | (20.1%-25.5%)  | 772 | 27.3%  | (22.2%-32.5%)  | 444 | 17.7% | (15.5%-19.9%)  | 303 |
| Multiple Races                            | 23.8% | (14.6%-32.9%)  | 66  | 31.0%  | (15.2%-46.7%)~ | 37  | 16.8% | (5.4%-28.2%)~  | 24  |

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you have any long-term emotional or behavioral problems? (Long-term means 6 months or more.) (mn137a)  
Percentage of students who answered 'Yes'*

|  | Total |                 |     | Female |                 |     | Male  |                 |     |
|--|-------|-----------------|-----|--------|-----------------|-----|-------|-----------------|-----|
|  | %     | CI              | N   | %      | CI              | N   | %     | CI              | N   |
| <b>----Sexual Orientation----</b>        |       |                 |     |        |                 |     |       |                 |     |
| Heterosexual                             | 15.2% | (12.8%-17.7%)   | 418 | 17.8%  | (12.9%-22.7%)   | 208 | 13.4% | (10.5%-16.3%)   | 210 |
| Gay/Lesbian                              | 52.1% | (40.8%-63.4%)~  | 64  | 43.7%  | (21.9%-65.4%)~  | 26  | 62.0% | (37.8%-86.3%)~  | 31  |
| Bisexual                                 | 43.3% | (37.7%-48.9%)   | 170 | 44.6%  | (38.4%-50.8%)   | 133 | 40.5% | (23.7%-57.4%)~  | 34  |
| Described sexual identity some other way | 52.3% | (46.6%-58.0%)   | 137 | 54.5%  | (40.9%-68.0%)~  | 84  | 39.5% | (21.2%-57.8%)~  | 36  |
| Questioning                              | 36.5% | (28.1%-44.9%)   | 81  | 33.5%  | (17.8%-49.3%)~  | 51  | 43.6% | (18.0%-69.2%)~  | 28  |
| Did not understand question              | 15.4% | (0.1%-30.7%)~   | 16  | *      | *               | *   | *     | *               | *   |
| <b>----Transgender Identity----</b>      |       |                 |     |        |                 |     |       |                 |     |
| Yes                                      | 73.4% | (46.4%-100.0%)~ | 59  | 73.8%  | (47.3%-100.0%)~ | 30  | 70.6% | (19.9%-100.0%)~ | 20  |
| No                                       | 20.7% | (18.4%-23.0%)   | 750 | 25.2%  | (21.5%-28.8%)   | 428 | 16.4% | (13.7%-19.2%)   | 311 |
| Not Sure                                 | 42.6% | (28.7%-56.5%)~  | 69  | 37.9%  | (21.3%-54.5%)~  | 43  | 52.8% | (13.1%-92.4%)~  | 16  |
| Did not understand question              | 21.0% | (7.5%-34.5%)~   | 16  | *      | *               | *   | *     | *               | *   |
| <b>----LGBTQ----</b>                     |       |                 |     |        |                 |     |       |                 |     |
| Yes                                      | 45.5% | (42.0%-48.9%)   | 464 | 44.7%  | (39.1%-50.4%)   | 300 | 45.3% | (32.9%-57.6%)~  | 134 |
| No                                       | 14.9% | (12.5%-17.2%)   | 433 | 17.2%  | (12.6%-21.7%)   | 207 | 13.1% | (10.6%-15.6%)   | 221 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you have any long-term emotional or behavioral problems? (Long-term means 6 months or more.) (mn137a\_2)*  
*Percentage of students who answered 'Yes' (Excludes 'Not sure' responses)*

|   | Total |                |     | Female |                |     | Male  |                |     |
|---|-------|----------------|-----|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N   | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 30.5% | (27.3%-33.8%)  | 900 | 40.0%  | (33.6%-46.4%)  | 507 | 22.1% | (19.0%-25.3%)  | 358 |
| <b>----Age----</b>                        |       |                |     |        |                |     |       |                |     |
| 12 or younger                             | 30.5% | (25.7%-35.4%)  | 266 | 35.7%  | (29.4%-42.0%)  | 152 | 24.2% | (18.1%-30.3%)  | 106 |
| 13  | 29.0% | (24.2%-33.9%)  | 412 | 42.2%  | (35.0%-49.4%)  | 245 | 18.3% | (11.5%-25.1%)  | 147 |
| 14 or older                               | 34.0% | (27.3%-40.7%)  | 222 | 42.1%  | (29.0%-55.3%)~ | 110 | 27.9% | (20.2%-35.7%)  | 105 |
| <b>----Grade----</b>                      |       |                |     |        |                |     |       |                |     |
| Grade 7                                   | 31.4% | (26.4%-36.3%)  | 445 | 37.9%  | (31.1%-44.7%)  | 236 | 24.0% | (17.1%-30.8%)  | 184 |
| Grade 8                                   | 30.0% | (25.5%-34.4%)  | 449 | 42.3%  | (33.7%-51.0%)  | 265 | 20.8% | (16.5%-25.1%)  | 174 |
| <b>----Hispanic Ethnicity----</b>         |       |                |     |        |                |     |       |                |     |
| Hispanic                                  | 42.1% | (33.3%-50.9%)  | 68  | 49.5%  | (30.0%-69.0%)~ | 31  | 32.9% | (14.8%-51.0%)~ | 27  |
| Non-Hispanic                              | 30.4% | (26.9%-34.0%)  | 808 | 40.1%  | (33.7%-46.4%)  | 469 | 21.9% | (18.5%-25.2%)  | 314 |
| <b>----Race----</b>                       |       |                |     |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 46.3% | (23.8%-68.7%)~ | 28  | 38.7%  | (6.1%-71.3%)~  | 14  | 48.7% | (13.2%-84.2%)~ | 9   |
| Asian                                     | 36.5% | (0.0%-73.5%)~  | 9   | *      | *              | *   | *     | *              | *   |
| Black or African American                 | *     | *              | *   | *      | *              | *   | *     | *              | *   |
| Native Hawaiian or Other Pacific Islander | 45.0% | (0.0%-100.0%)~ | 8   | *      | *              | *   | *     | *              | *   |
| White                                     | 30.4% | (26.5%-34.2%)  | 772 | 39.8%  | (32.5%-47.1%)  | 444 | 21.9% | (18.9%-24.9%)  | 303 |
| Multiple Races                            | 32.5% | (24.8%-40.1%)  | 66  | 47.7%  | (32.8%-62.6%)~ | 37  | 21.7% | (9.0%-34.4%)~  | 24  |

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you have any long-term emotional or behavioral problems? (Long-term means 6 months or more.) (mn137a\_2)  
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses)*

|  | Total |                 |     | Female |                |     | Male  |                 |     |
|--|-------|-----------------|-----|--------|----------------|-----|-------|-----------------|-----|
|  | %     | CI              | N   | %      | CI             | N   | %     | CI              | N   |
| <b>----Sexual Orientation----</b>        |       |                 |     |        |                |     |       |                 |     |
| Heterosexual                             | 19.8% | (16.5%-23.2%)   | 418 | 25.4%  | (18.1%-32.7%)  | 208 | 16.4% | (13.0%-19.8%)   | 210 |
| Gay/Lesbian                              | 65.9% | (54.7%-77.0%)~  | 64  | 59.0%  | (32.0%-86.0%)~ | 26  | 73.9% | (49.6%-98.1%)~  | 31  |
| Bisexual                                 | 65.7% | (55.7%-75.6%)   | 170 | 67.6%  | (58.0%-77.2%)  | 133 | 63.0% | (35.6%-90.4%)~  | 34  |
| Described sexual identity some other way | 69.1% | (58.6%-79.7%)~  | 137 | 82.7%  | (66.5%-99.0%)~ | 84  | 45.1% | (23.0%-67.2%)~  | 36  |
| Questioning                              | 64.9% | (49.9%-79.8%)~  | 81  | 72.8%  | (52.0%-93.7%)~ | 51  | 57.5% | (27.5%-87.6%)~  | 28  |
| Did not understand question              | 19.6% | (2.9%-36.2%)~   | 16  | *      | *              | *   | *     | *               | *   |
| <b>----Transgender Identity----</b>      |       |                 |     |        |                |     |       |                 |     |
| Yes                                      | 88.5% | (74.2%-100.0%)~ | 59  | *      | *              | *   | *     | *               | *   |
| No                                       | 27.7% | (24.2%-31.3%)   | 750 | 36.9%  | (30.9%-43.0%)  | 428 | 20.4% | (16.6%-24.2%)   | 311 |
| Not Sure                                 | 66.6% | (38.8%-94.3%)~  | 69  | 68.6%  | (37.7%-99.5%)~ | 43  | 63.2% | (22.7%-100.0%)~ | 16  |
| Did not understand question              | 29.2% | (13.4%-45.0%)~  | 16  | *      | *              | *   | *     | *               | *   |
| <b>----LGBTQ----</b>                     |       |                 |     |        |                |     |       |                 |     |
| Yes                                      | 66.5% | (58.1%-75.0%)   | 464 | 71.7%  | (62.8%-80.5%)  | 300 | 58.5% | (42.2%-74.7%)~  | 134 |
| No                                       | 19.4% | (16.0%-22.8%)   | 433 | 24.4%  | (17.7%-31.1%)  | 207 | 16.1% | (12.8%-19.4%)   | 221 |

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Percentage of students who have a disability (mndisab\_b)*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 28.5% | (25.9%-31.1%)  | 1,128 | 32.2%  | (27.5%-36.9%)  | 607 | 24.2% | (20.7%-27.7%)  | 486 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 26.7% | (24.4%-29.0%)  | 314   | 30.9%  | (25.2%-36.6%)  | 191 | 20.9% | (17.9%-23.9%)  | 115 |
| 13  | 28.7% | (23.8%-33.6%)  | 546   | 32.7%  | (27.7%-37.7%)  | 287 | 24.2% | (16.2%-32.2%)  | 240 |
| 14 or older                               | 30.7% | (24.9%-36.5%)  | 267   | 33.4%  | (24.1%-42.6%)  | 129 | 28.2% | (22.3%-34.1%)  | 131 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 28.2% | (25.0%-31.4%)  | 548   | 31.5%  | (27.2%-35.8%)  | 291 | 23.4% | (18.4%-28.5%)  | 232 |
| Grade 8                                   | 28.8% | (24.6%-32.9%)  | 572   | 32.5%  | (26.2%-38.9%)  | 307 | 25.4% | (21.6%-29.2%)  | 254 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 41.3% | (31.2%-51.3%)~ | 82    | 35.7%  | (20.9%-50.5%)~ | 31  | 44.0% | (22.6%-65.4%)~ | 42  |
| Non-Hispanic                              | 28.4% | (25.6%-31.2%)  | 1,010 | 32.9%  | (28.1%-37.8%)  | 566 | 23.4% | (19.9%-26.8%)  | 418 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 46.9% | (28.2%-65.6%)~ | 37    | 41.9%  | (12.3%-71.5%)~ | 21  | 47.7% | (11.8%-83.6%)~ | 12  |
| Asian                                     | 23.6% | (2.6%-44.6%)~  | 9     | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 13.8% | (0.4%-27.1%)~  | 16    | *      | *              | *   | *     | *              | *   |
| Native Hawaiian or Other Pacific Islander | 35.8% | (0.0%-80.8%)~  | 8     | *      | *              | *   | *     | *              | *   |
| White                                     | 28.6% | (25.6%-31.5%)  | 963   | 33.0%  | (27.2%-38.8%)  | 535 | 23.6% | (20.6%-26.7%)  | 403 |
| Multiple Races                            | 29.0% | (18.7%-39.3%)~ | 81    | 32.9%  | (17.7%-48.1%)~ | 39  | 25.2% | (11.4%-38.9%)~ | 37  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who have a disability (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*Percentage of students who have a disability (mndisab\_b)*

|  | Total |                 |     | Female |                 |     | Male  |                 |     |
|--|-------|-----------------|-----|--------|-----------------|-----|-------|-----------------|-----|
|  | %     | CI              | N   | %      | CI              | N   | %     | CI              | N   |
| <b>----Sexual Orientation----</b>        |       |                 |     |        |                 |     |       |                 |     |
| Heterosexual                             | 22.4% | (19.7%-25.2%)   | 617 | 24.5%  | (19.4%-29.7%)   | 287 | 21.0% | (16.9%-25.2%)   | 330 |
| Gay/Lesbian                              | 56.3% | (41.9%-70.6%)~  | 69  | 47.9%  | (26.2%-69.5%)~  | 29  | 67.3% | (41.1%-93.5%)~  | 33  |
| Bisexual                                 | 46.3% | (40.5%-52.1%)   | 181 | 48.6%  | (41.6%-55.6%)   | 144 | 40.5% | (23.7%-57.4%)~  | 34  |
| Described sexual identity some other way | 52.3% | (46.6%-58.0%)   | 137 | 54.5%  | (40.9%-68.0%)~  | 84  | 39.5% | (21.2%-57.8%)~  | 36  |
| Questioning                              | 37.7% | (28.6%-46.9%)   | 84  | 35.3%  | (19.0%-51.6%)~  | 53  | 43.6% | (18.0%-69.2%)~  | 28  |
| Did not understand question              | 21.2% | (3.3%-39.1%)~   | 22  | *      | *               | *   | *     | *               | *   |
| <b>----Transgender Identity----</b>      |       |                 |     |        |                 |     |       |                 |     |
| Yes                                      | 73.4% | (46.4%-100.0%)~ | 59  | 73.8%  | (47.3%-100.0%)~ | 30  | 70.6% | (19.9%-100.0%)~ | 20  |
| No                                       | 26.8% | (24.3%-29.2%)   | 968 | 30.8%  | (26.2%-35.4%)   | 523 | 23.0% | (20.1%-25.9%)   | 434 |
| Not Sure                                 | 45.7% | (31.9%-59.6%)~  | 74  | 42.3%  | (26.5%-58.1%)~  | 48  | 52.8% | (13.1%-92.4%)~  | 16  |
| Did not understand question              | 25.7% | (9.2%-42.1%)~   | 19  | *      | *               | *   | *     | *               | *   |
| <b>----LGBTQ----</b>                     |       |                 |     |        |                 |     |       |                 |     |
| Yes                                      | 47.4% | (43.3%-51.5%)   | 482 | 47.3%  | (41.4%-53.2%)   | 315 | 46.2% | (33.6%-58.7%)~  | 136 |
| No                                       | 21.9% | (19.3%-24.6%)   | 637 | 24.2%  | (19.0%-29.4%)   | 292 | 20.2% | (16.9%-23.5%)   | 341 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who have a disability (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who have a disability (Excludes 'Not sure' responses from m136a & m137a) (mndisab\_b\_2)*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 32.3% | (29.2%-35.3%)  | 1,128 | 37.5%  | (31.5%-43.5%)  | 607 | 26.8% | (22.9%-30.8%)  | 486 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 30.2% | (25.8%-34.5%)  | 314   | 34.7%  | (27.3%-42.0%)  | 191 | 23.8% | (18.8%-28.8%)  | 115 |
| 13  | 32.6% | (27.3%-37.9%)  | 546   | 39.0%  | (33.1%-44.8%)  | 287 | 26.5% | (17.7%-35.2%)  | 240 |
| 14 or older                               | 34.8% | (28.4%-41.2%)  | 267   | 39.3%  | (27.8%-50.9%)~ | 129 | 31.0% | (24.4%-37.6%)  | 131 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 32.3% | (28.8%-35.7%)  | 548   | 36.4%  | (30.8%-42.1%)  | 291 | 26.5% | (20.9%-32.2%)  | 232 |
| Grade 8                                   | 32.4% | (27.5%-37.3%)  | 572   | 38.3%  | (30.0%-46.6%)  | 307 | 27.5% | (23.2%-31.7%)  | 254 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 43.4% | (32.3%-54.4%)~ | 82    | 38.8%  | (23.5%-54.0%)~ | 31  | 44.3% | (25.6%-62.9%)~ | 42  |
| Non-Hispanic                              | 32.1% | (28.8%-35.5%)  | 1,010 | 38.1%  | (31.8%-44.3%)  | 566 | 26.0% | (21.9%-30.1%)  | 418 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 50.3% | (28.9%-71.7%)~ | 37    | 44.1%  | (12.4%-75.9%)~ | 21  | 53.9% | (18.4%-89.4%)~ | 12  |
| Asian                                     | 28.8% | (0.0%-58.6%)~  | 9     | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 17.7% | (0.9%-34.5%)~  | 16    | *      | *              | *   | *     | *              | *   |
| Native Hawaiian or Other Pacific Islander | 39.7% | (0.0%-88.3%)~  | 8     | *      | *              | *   | *     | *              | *   |
| White                                     | 32.0% | (28.5%-35.5%)  | 963   | 37.9%  | (30.7%-45.0%)  | 535 | 25.9% | (22.5%-29.3%)  | 403 |
| Multiple Races                            | 34.9% | (24.7%-45.0%)~ | 81    | 43.4%  | (29.5%-57.2%)~ | 39  | 28.8% | (13.1%-44.5%)~ | 37  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who have a disability (Excludes 'Not sure' responses from m136a & m137a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Percentage of students who have a disability (Excludes 'Not sure' responses from m136a & m137a) (mndisab\_b\_2)*

|  | Total |                 |     | Female |                |     | Male  |                |     |
|--|-------|-----------------|-----|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI              | N   | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                 |     |        |                |     |       |                |     |
| Heterosexual                             | 24.8% | (21.8%-27.8%)   | 617 | 27.3%  | (20.8%-33.9%)  | 287 | 23.1% | (18.8%-27.3%)  | 330 |
| Gay/Lesbian                              | 69.3% | (56.1%-82.4%)~  | 69  | 64.7%  | (38.4%-91.1%)~ | 29  | 75.4% | (51.7%-99.1%)~ | 33  |
| Bisexual                                 | 55.1% | (46.6%-63.5%)   | 181 | 56.9%  | (50.2%-63.6%)  | 144 | 50.3% | (22.3%-78.3%)~ | 34  |
| Described sexual identity some other way | 58.7% | (52.8%-64.5%)   | 137 | 65.4%  | (50.6%-80.2%)~ | 84  | 40.8% | (22.1%-59.4%)~ | 36  |
| Questioning                              | 50.9% | (39.2%-62.7%)~  | 84  | 51.6%  | (32.1%-71.0%)~ | 53  | 51.7% | (22.6%-80.7%)~ | 28  |
| Did not understand question              | 24.6% | (5.2%-43.9%)~   | 22  | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                 |     |        |                |     |       |                |     |
| Yes                                      | 84.8% | (66.3%-100.0%)~ | 59  | *      | *              | *   | *     | *              | *   |
| No                                       | 30.1% | (27.1%-33.1%)   | 968 | 35.3%  | (29.4%-41.1%)  | 523 | 25.4% | (21.8%-29.1%)  | 434 |
| Not Sure                                 | 59.2% | (37.1%-81.4%)~  | 74  | 59.1%  | (35.2%-83.0%)~ | 48  | 57.0% | (16.3%-97.7%)~ | 16  |
| Did not understand question              | 31.5% | (15.4%-47.5%)~  | 19  | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                 |     |        |                |     |       |                |     |
| Yes                                      | 57.2% | (50.7%-63.6%)   | 482 | 59.0%  | (52.2%-65.8%)  | 315 | 52.7% | (37.0%-68.4%)~ | 136 |
| No                                       | 24.3% | (21.3%-27.3%)   | 637 | 27.0%  | (20.5%-33.5%)  | 292 | 22.2% | (18.6%-25.9%)  | 341 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who have a disability (Excludes 'Not sure' responses from m136a & m137a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**Section 19**  
**Health Care Access**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (mn141b)  
Percentage of students who answered 'During the past 12 months'*

|   | Total |                |       | Female |                 |       | Male  |                |       |
|---|-------|----------------|-------|--------|-----------------|-------|-------|----------------|-------|
|   | %     | CI             | N     | %      | CI              | N     | %     | CI             | N     |
| Total                                     | 68.3% | (66.5%-70.1%)  | 2,755 | 70.4%  | (67.8%-72.9%)   | 1,351 | 66.2% | (63.6%-68.7%)  | 1,358 |
| <b>---Age---</b>                          |       |                |       |        |                 |       |       |                |       |
| 12 or younger                             | 70.2% | (63.7%-76.8%)  | 837   | 75.0%  | (67.5%-82.4%)   | 474   | 64.4% | (56.8%-71.9%)  | 355   |
| 13  | 68.6% | (66.6%-70.6%)  | 1,334 | 70.2%  | (65.9%-74.6%)   | 625   | 67.1% | (63.8%-70.4%)  | 688   |
| 14 or older                               | 64.7% | (59.2%-70.2%)  | 574   | 63.1%  | (55.7%-70.4%)   | 248   | 66.3% | (59.3%-73.4%)  | 315   |
| <b>---Grade---</b>                        |       |                |       |        |                 |       |       |                |       |
| Grade 7                                   | 66.4% | (62.1%-70.8%)  | 1,308 | 72.3%  | (66.9%-77.6%)   | 680   | 60.8% | (55.6%-66.0%)  | 611   |
| Grade 8                                   | 69.7% | (67.3%-72.2%)  | 1,417 | 68.3%  | (62.7%-73.8%)   | 656   | 70.9% | (67.7%-74.2%)  | 731   |
| <b>---Hispanic Ethnicity---</b>           |       |                |       |        |                 |       |       |                |       |
| Hispanic                                  | 60.0% | (51.0%-69.0%)  | 122   | 57.4%  | (35.8%-79.1%)~  | 52    | 62.2% | (44.4%-80.0%)~ | 62    |
| Non-Hispanic                              | 69.4% | (67.6%-71.3%)  | 2,503 | 71.9%  | (68.9%-74.8%)   | 1,254 | 66.9% | (64.5%-69.4%)  | 1,213 |
| <b>---Race---</b>                         |       |                |       |        |                 |       |       |                |       |
| American Indian or Alaskan Native         | 63.9% | (42.7%-85.1%)~ | 47    | 70.8%  | (40.3%-100.0%)~ | 35    | 49.8% | (13.6%-86.0%)~ | 12    |
| Asian                                     | 46.3% | (29.3%-63.4%)~ | 18    | 53.5%  | (8.4%-98.5%)~   | 8     | 42.1% | (12.1%-72.0%)~ | 10    |
| Black or African American                 | 55.0% | (37.7%-72.2%)~ | 68    | 46.2%  | (10.4%-82.0%)~  | 22    | 60.6% | (43.1%-78.2%)~ | 45    |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *               | *     | *     | *              | *     |
| White                                     | 68.8% | (67.2%-70.4%)  | 2,362 | 71.4%  | (68.7%-74.2%)   | 1,179 | 66.2% | (63.2%-69.1%)  | 1,149 |
| Multiple Races                            | 72.7% | (62.3%-83.1%)~ | 208   | 71.4%  | (52.1%-90.8%)~  | 85    | 74.3% | (60.3%-88.4%)~ | 113   |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'During the past 12 months' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (mn141b)*  
*Percentage of students who answered 'During the past 12 months'*

|  | Total |                |       | Female |                |       | Male  |                |       |
|--|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |       |       |                |       |
| Heterosexual                             | 73.8% | (70.8%-76.8%)  | 2,077 | 77.1%  | (71.7%-82.5%)  | 921   | 71.2% | (68.0%-74.3%)  | 1,145 |
| Gay/Lesbian                              | 62.3% | (37.1%-87.4%)~ | 75    | 58.8%  | (33.7%-83.9%)~ | 33    | 55.6% | (25.4%-85.7%)~ | 27    |
| Bisexual                                 | 53.4% | (46.9%-59.8%)  | 208   | 54.1%  | (45.5%-62.7%)  | 163   | 49.1% | (32.7%-65.4%)~ | 40    |
| Described sexual identity some other way | 51.5% | (41.9%-61.1%)  | 137   | 61.3%  | (50.7%-72.0%)~ | 96    | 37.4% | (21.6%-53.2%)~ | 34    |
| Questioning                              | 64.6% | (55.6%-73.7%)  | 144   | 69.7%  | (56.1%-83.3%)~ | 105   | 48.6% | (26.3%-71.0%)~ | 31    |
| Did not understand question              | 53.3% | (31.9%-74.8%)~ | 52    | *      | *              | *     | *     | *              | *     |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |       |       |                |       |
| Yes                                      | 43.8% | (25.8%-61.9%)~ | 35    | 54.2%  | (22.4%-86.0%)~ | 22    | 35.9% | (13.6%-58.2%)~ | 10    |
| No                                       | 70.1% | (68.2%-72.0%)  | 2,579 | 72.4%  | (70.0%-74.8%)  | 1,254 | 67.7% | (64.6%-70.8%)  | 1,304 |
| Not Sure                                 | 60.6% | (51.6%-69.7%)  | 99    | 58.0%  | (48.6%-67.5%)  | 66    | 47.2% | (16.2%-78.3%)~ | 14    |
| Did not understand question              | 38.4% | (20.6%-56.2%)~ | 29    | 39.8%  | (18.4%-61.2%)~ | 8     | 32.3% | (6.7%-57.9%)~  | 16    |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |       |       |                |       |
| Yes                                      | 56.5% | (50.5%-62.5%)  | 574   | 60.1%  | (52.9%-67.3%)  | 404   | 45.1% | (37.7%-52.6%)  | 132   |
| No                                       | 72.8% | (70.3%-75.4%)  | 2,164 | 76.6%  | (71.5%-81.8%)  | 947   | 69.9% | (66.8%-73.1%)  | 1,209 |

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N = Number of students who answered 'During the past 12 months' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (mn141b\_2)  
Percentage of students who answered 'During the past 12 months' (Excludes "Not sure" responses from m141b)*

|   | Total |                |       | Female |                 |       | Male  |                |       |
|---|-------|----------------|-------|--------|-----------------|-------|-------|----------------|-------|
|   | %     | CI             | N     | %      | CI              | N     | %     | CI             | N     |
| Total                                     | 79.8% | (78.2%-81.3%)  | 2,755 | 82.8%  | (79.9%-85.7%)   | 1,351 | 77.1% | (74.2%-80.1%)  | 1,358 |
| <b>---Age---</b>                          |       |                |       |        |                 |       |       |                |       |
| 12 or younger                             | 82.6% | (77.5%-87.7%)  | 837   | 85.7%  | (80.6%-90.8%)   | 474   | 78.4% | (71.2%-85.6%)  | 355   |
| 13  | 79.7% | (77.2%-82.3%)  | 1,334 | 84.5%  | (79.4%-89.7%)   | 625   | 76.1% | (71.5%-80.7%)  | 688   |
| 14 or older                               | 75.9% | (69.7%-82.0%)  | 574   | 74.1%  | (63.9%-84.4%)~  | 248   | 78.1% | (72.3%-83.9%)  | 315   |
| <b>---Grade---</b>                        |       |                |       |        |                 |       |       |                |       |
| Grade 7                                   | 79.0% | (75.9%-82.1%)  | 1,308 | 83.4%  | (79.3%-87.5%)   | 680   | 74.8% | (70.2%-79.3%)  | 611   |
| Grade 8                                   | 80.3% | (77.6%-83.0%)  | 1,417 | 82.2%  | (77.5%-87.0%)   | 656   | 78.9% | (74.8%-83.0%)  | 731   |
| <b>---Hispanic Ethnicity---</b>           |       |                |       |        |                 |       |       |                |       |
| Hispanic                                  | 66.7% | (55.3%-78.2%)~ | 122   | 65.2%  | (42.1%-88.3%)~  | 52    | 68.9% | (47.8%-90.0%)~ | 62    |
| Non-Hispanic                              | 80.3% | (78.9%-81.8%)  | 2,503 | 83.7%  | (80.6%-86.8%)   | 1,254 | 77.2% | (74.4%-80.0%)  | 1,213 |
| <b>---Race---</b>                         |       |                |       |        |                 |       |       |                |       |
| American Indian or Alaskan Native         | 79.5% | (63.6%-95.5%)~ | 47    | *      | *               | *     | *     | *              | *     |
| Asian                                     | *     | *              | *     | *      | *               | *     | *     | *              | *     |
| Black or African American                 | 70.2% | (53.1%-87.3%)~ | 68    | 56.6%  | (20.0%-93.2%)~  | 22    | 79.7% | (68.2%-91.2%)~ | 45    |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *               | *     | *     | *              | *     |
| White                                     | 79.6% | (77.7%-81.5%)  | 2,362 | 83.4%  | (80.2%-86.6%)   | 1,179 | 76.1% | (72.8%-79.5%)  | 1,149 |
| Multiple Races                            | 83.9% | (74.9%-93.0%)  | 208   | 85.9%  | (69.7%-100.0%)~ | 85    | 84.5% | (72.8%-96.2%)~ | 113   |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'During the past 12 months' (Excludes "Not sure" responses from m141b) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (mn141b\_2)  
Percentage of students who answered 'During the past 12 months' (Excludes "Not sure" responses from m141b)*

|  | Total |                |       | Female |                |       | Male  |                |       |
|--|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |       |       |                |       |
| Heterosexual                             | 83.8% | (81.5%-86.2%)  | 2,077 | 87.8%  | (83.9%-91.8%)  | 921   | 80.8% | (77.0%-84.5%)  | 1,145 |
| Gay/Lesbian                              | 78.4% | (60.7%-96.1%)~ | 75    | *      | *              | *     | *     | *              | *     |
| Bisexual                                 | 67.3% | (59.6%-75.0%)  | 208   | 69.5%  | (57.2%-81.8%)~ | 163   | 59.6% | (41.2%-78.0%)~ | 40    |
| Described sexual identity some other way | 62.5% | (51.3%-73.7%)~ | 137   | 78.2%  | (67.1%-89.4%)~ | 96    | 43.6% | (27.1%-60.0%)~ | 34    |
| Questioning                              | 74.5% | (63.5%-85.5%)~ | 144   | 79.6%  | (64.9%-94.3%)~ | 105   | 58.3% | (31.2%-85.4%)~ | 31    |
| Did not understand question              | 70.9% | (49.3%-92.5%)~ | 52    | *      | *              | *     | *     | *              | *     |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |       |       |                |       |
| Yes                                      | 48.6% | (30.9%-66.2%)~ | 35    | 62.4%  | (31.7%-93.0%)~ | 22    | 39.4% | (14.8%-64.0%)~ | 10    |
| No                                       | 81.5% | (79.6%-83.5%)  | 2,579 | 85.0%  | (81.6%-88.4%)  | 1,254 | 78.2% | (74.6%-81.8%)  | 1,304 |
| Not Sure                                 | 67.9% | (58.3%-77.5%)  | 99    | 65.2%  | (54.5%-75.9%)~ | 66    | 56.1% | (21.2%-90.9%)~ | 14    |
| Did not understand question              | 59.8% | (39.0%-80.6%)~ | 29    | 55.5%  | (29.8%-81.2%)~ | 8     | 55.7% | (25.2%-86.1%)~ | 16    |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |       |       |                |       |
| Yes                                      | 69.0% | (63.6%-74.4%)  | 574   | 74.1%  | (67.2%-81.0%)  | 404   | 56.1% | (48.7%-63.4%)  | 132   |
| No                                       | 83.4% | (81.1%-85.7%)  | 2,164 | 87.7%  | (84.1%-91.4%)  | 947   | 80.2% | (76.3%-84.1%)  | 1,209 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'During the past 12 months' (Excludes "Not sure" responses from m141b) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 20 Assets**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*On an average school night, how many hours of sleep do you get? (mn178)*  
*Percentage of student who answered at least 8 hours*

|   | Total |                 |       | Female |                |     | Male  |                |     |
|---|-------|-----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI              | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 41.3% | (38.7%-43.8%)   | 1,671 | 40.7%  | (35.5%-45.8%)  | 780 | 42.4% | (38.4%-46.5%)  | 878 |
| <b>----Age----</b>                        |       |                 |       |        |                |     |       |                |     |
| 12 or younger                             | 45.8% | (40.7%-50.8%)   | 548   | 46.3%  | (41.3%-51.3%)  | 292 | 45.9% | (36.8%-55.0%)  | 256 |
| 13  | 40.7% | (36.5%-45.0%)   | 795   | 38.9%  | (31.6%-46.2%)  | 345 | 42.3% | (35.1%-49.4%)  | 437 |
| 14 or older                               | 36.8% | (32.8%-40.8%)   | 328   | 36.0%  | (25.0%-47.0%)~ | 143 | 38.8% | (30.9%-46.8%)  | 185 |
| <b>----Grade----</b>                      |       |                 |       |        |                |     |       |                |     |
| Grade 7                                   | 44.1% | (40.5%-47.8%)   | 873   | 43.9%  | (37.5%-50.3%)  | 413 | 45.1% | (38.4%-51.8%)  | 458 |
| Grade 8                                   | 37.9% | (33.8%-42.0%)   | 772   | 36.8%  | (29.3%-44.2%)  | 353 | 39.4% | (33.0%-45.9%)  | 409 |
| <b>----Hispanic Ethnicity----</b>         |       |                 |       |        |                |     |       |                |     |
| Hispanic                                  | 31.0% | (18.1%-43.8%)~  | 63    | 23.4%  | (2.7%-44.1%)~  | 21  | 33.9% | (22.4%-45.4%)~ | 34  |
| Non-Hispanic                              | 41.7% | (38.9%-44.4%)   | 1,506 | 40.9%  | (36.0%-45.8%)  | 712 | 43.3% | (38.5%-48.0%)  | 790 |
| <b>----Race----</b>                       |       |                 |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 32.1% | (6.2%-58.1%)~   | 24    | *      | *              | *   | *     | *              | *   |
| Asian                                     | 51.7% | (17.5%-85.9%)~  | 19    | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 36.0% | (19.4%-52.7%)~  | 43    | 33.9%  | (9.8%-58.0%)~  | 16  | 37.5% | (18.1%-56.9%)~ | 27  |
| Native Hawaiian or Other Pacific Islander | 63.1% | (19.6%-100.0%)~ | 15    | *      | *              | *   | *     | *              | *   |
| White                                     | 42.4% | (40.1%-44.7%)   | 1,468 | 41.0%  | (35.7%-46.3%)  | 679 | 44.1% | (40.1%-48.1%)  | 776 |
| Multiple Races                            | 28.3% | (19.2%-37.3%)   | 79    | 34.1%  | (19.5%-48.8%)~ | 39  | 26.5% | (13.4%-39.6%)~ | 39  |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of student who answered at least 8 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*On an average school night, how many hours of sleep do you get? (mn178)*  
*Percentage of student who answered at least 8 hours*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 44.6% | (42.3%-47.0%)  | 1,265 | 46.4%  | (41.3%-51.4%)  | 555 | 43.3% | (39.7%-46.9%)  | 704 |
| Gay/Lesbian                              | 31.8% | (17.0%-46.7%)~ | 38    | 30.1%  | (7.7%-52.6%)~  | 18  | 29.4% | (0.0%-59.5%)~  | 13  |
| Bisexual                                 | 31.7% | (19.5%-43.9%)~ | 126   | 31.7%  | (18.7%-44.6%)~ | 96  | 34.7% | (15.3%-54.2%)~ | 30  |
| Described sexual identity some other way | 35.6% | (24.4%-46.9%)~ | 94    | 35.7%  | (19.9%-51.6%)~ | 55  | 42.3% | (20.9%-63.7%)~ | 38  |
| Questioning                              | 21.8% | (12.8%-30.7%)  | 48    | 19.6%  | (8.2%-31.0%)~  | 30  | 29.4% | (9.9%-48.9%)~  | 19  |
| Did not understand question              | 57.6% | (37.2%-78.1%)~ | 53    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 11.1% | (0.0%-27.0%)~  | 9     | *      | *              | *   | *     | *              | *   |
| No                                       | 42.2% | (39.8%-44.6%)  | 1,563 | 42.4%  | (38.5%-46.3%)  | 736 | 42.2% | (38.2%-46.2%)  | 823 |
| Not Sure                                 | 35.6% | (15.8%-55.4%)~ | 58    | 30.7%  | (7.6%-53.7%)~  | 35  | 49.1% | (6.3%-91.8%)~  | 15  |
| Did not understand question              | 33.9% | (12.6%-55.2%)~ | 25    | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 30.5% | (22.8%-38.2%)  | 312   | 29.5%  | (19.6%-39.3%)  | 199 | 34.2% | (24.0%-44.4%)~ | 100 |
| No                                       | 44.7% | (42.5%-46.9%)  | 1,336 | 46.8%  | (41.4%-52.2%)  | 578 | 43.4% | (39.2%-47.6%)  | 758 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of student who answered at least 8 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 12 months, how would you describe your grades in school? (mn171)*  
*Percentage of students who answered 'Mostly A's' or 'Mostly B's'*

|   | Total |                 |       | Female |                 |       | Male  |                |       |
|---|-------|-----------------|-------|--------|-----------------|-------|-------|----------------|-------|
|   | %     | CI              | N     | %      | CI              | N     | %     | CI             | N     |
| Total                                     | 72.1% | (66.9%-77.2%)   | 2,922 | 77.6%  | (73.5%-81.7%)   | 1,481 | 67.9% | (60.8%-74.9%)  | 1,412 |
| <b>----Age----</b>                        |       |                 |       |        |                 |       |       |                |       |
| 12 or younger                             | 73.1% | (64.8%-81.5%)   | 873   | 76.9%  | (67.2%-86.6%)   | 487   | 69.0% | (60.5%-77.5%)  | 381   |
| 13  | 72.4% | (65.8%-78.9%)   | 1,407 | 76.1%  | (69.7%-82.5%)   | 670   | 70.5% | (60.2%-80.7%)~ | 728   |
| 14 or older                               | 69.7% | (60.0%-79.5%)   | 632   | 82.2%  | (74.3%-90.1%)   | 322   | 61.2% | (47.0%-75.4%)~ | 303   |
| <b>----Grade----</b>                      |       |                 |       |        |                 |       |       |                |       |
| Grade 7                                   | 70.4% | (63.4%-77.3%)   | 1,392 | 73.9%  | (66.4%-81.3%)   | 693   | 67.9% | (59.7%-76.0%)  | 690   |
| Grade 8                                   | 73.4% | (65.6%-81.1%)   | 1,499 | 80.9%  | (75.2%-86.7%)   | 771   | 67.6% | (57.3%-77.9%)~ | 708   |
| <b>----Hispanic Ethnicity----</b>         |       |                 |       |        |                 |       |       |                |       |
| Hispanic                                  | 60.7% | (46.3%-75.2%)~  | 124   | 70.4%  | (42.3%-98.5%)~  | 64    | 59.9% | (44.5%-75.2%)~ | 60    |
| Non-Hispanic                              | 73.4% | (68.5%-78.4%)   | 2,661 | 78.7%  | (75.2%-82.2%)   | 1,362 | 69.1% | (62.3%-75.9%)  | 1,274 |
| <b>----Race----</b>                       |       |                 |       |        |                 |       |       |                |       |
| American Indian or Alaskan Native         | 52.2% | (23.8%-80.6%)~  | 41    | 46.2%  | (14.5%-78.0%)~  | 24    | 63.8% | (30.5%-97.2%)~ | 17    |
| Asian                                     | 76.2% | (52.3%-100.0%)~ | 30    | *      | *               | *     | *     | *              | *     |
| Black or African American                 | 73.4% | (56.7%-90.0%)~  | 88    | 68.8%  | (36.1%-100.0%)~ | 31    | 76.2% | (61.9%-90.4%)~ | 57    |
| Native Hawaiian or Other Pacific Islander | 38.0% | (0.0%-80.8%)~   | 9     | *      | *               | *     | *     | *              | *     |
| White                                     | 73.5% | (68.8%-78.3%)   | 2,542 | 79.5%  | (76.6%-82.5%)   | 1,304 | 68.7% | (61.4%-76.1%)  | 1,217 |
| Multiple Races                            | 63.9% | (58.2%-69.6%)   | 178   | 75.6%  | (59.4%-91.8%)~  | 90    | 57.6% | (43.9%-71.3%)~ | 84    |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Mostly A's' or 'Mostly B's' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*During the past 12 months, how would you describe your grades in school? (mn171)*  
*Percentage of students who answered 'Mostly A's' or 'Mostly B's'*

|  | Total |                |       | Female |                |       | Male  |                 |       |
|--|-------|----------------|-------|--------|----------------|-------|-------|-----------------|-------|
|  | %     | CI             | N     | %      | CI             | N     | %     | CI              | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |       |       |                 |       |
| Heterosexual                             | 74.6% | (68.0%-81.2%)  | 2,117 | 81.0%  | (75.8%-86.3%)  | 968   | 70.4% | (62.1%-78.6%)   | 1,149 |
| Gay/Lesbian                              | 57.8% | (45.7%-69.9%)~ | 71    | 56.1%  | (36.2%-76.1%)~ | 33    | 61.1% | (25.9%-96.4%)~  | 30    |
| Bisexual                                 | 64.1% | (57.5%-70.8%)  | 254   | 69.7%  | (60.1%-79.3%)  | 208   | 47.0% | (23.7%-70.3%)~  | 41    |
| Described sexual identity some other way | 65.7% | (55.5%-76.0%)~ | 169   | 77.4%  | (66.1%-88.8%)~ | 116   | 55.2% | (41.0%-69.4%)~  | 50    |
| Questioning                              | 70.8% | (57.2%-84.5%)~ | 155   | 73.2%  | (52.6%-93.9%)~ | 109   | 62.0% | (43.7%-80.3%)~  | 39    |
| Did not understand question              | 78.9% | (61.8%-96.1%)~ | 77    | *      | *              | *     | *     | *               | *     |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |       |       |                 |       |
| Yes                                      | 62.6% | (46.6%-78.6%)~ | 50    | *      | *              | *     | *     | *               | *     |
| No                                       | 72.6% | (67.5%-77.7%)  | 2,691 | 77.8%  | (73.9%-81.6%)  | 1,343 | 68.5% | (60.9%-76.1%)   | 1,339 |
| Not Sure                                 | 69.6% | (54.7%-84.5%)~ | 110   | 70.1%  | (52.8%-87.4%)~ | 76    | 76.0% | (51.5%-100.0%)~ | 23    |
| Did not understand question              | 66.0% | (39.8%-92.2%)~ | 51    | *      | *              | *     | *     | *               | *     |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |       |       |                 |       |
| Yes                                      | 65.1% | (59.8%-70.4%)  | 661   | 71.3%  | (65.2%-77.3%)  | 471   | 55.7% | (44.9%-66.4%)~  | 166   |
| No                                       | 74.7% | (68.2%-81.1%)  | 2,235 | 81.0%  | (76.3%-85.8%)  | 1,001 | 70.3% | (62.1%-78.6%)   | 1,232 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During an average week, how many hours do you spend in clubs or organizations (other than sports) outside of regular school hours? (mn146)  
Percentage of students who answered at least 1 hour*

|   | Total |                |       | Female |                |     | Male  |                |     |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| Total                                     | 34.9% | (31.7%-38.0%)  | 1,401 | 37.3%  | (31.3%-43.3%)  | 713 | 32.1% | (28.6%-35.7%)  | 662 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |     |
| 12 or younger                             | 31.4% | (26.5%-36.2%)  | 350   | 36.5%  | (29.2%-43.8%)  | 198 | 26.4% | (19.7%-33.0%)  | 149 |
| 13  | 37.4% | (31.8%-43.0%)  | 709   | 37.3%  | (26.8%-47.8%)~ | 347 | 36.8% | (32.2%-41.5%)  | 346 |
| 14 or older                               | 33.7% | (28.9%-38.5%)  | 338   | 38.0%  | (28.9%-47.0%)  | 166 | 30.1% | (22.3%-37.9%)  | 167 |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |     |
| Grade 7                                   | 33.4% | (29.2%-37.6%)  | 651   | 36.9%  | (30.7%-43.2%)  | 338 | 29.9% | (24.6%-35.2%)  | 305 |
| Grade 8                                   | 36.1% | (30.7%-41.5%)  | 741   | 37.7%  | (28.5%-46.8%)  | 372 | 34.1% | (28.6%-39.6%)  | 352 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |     |
| Hispanic                                  | 52.2% | (42.2%-62.1%)  | 89    | 55.3%  | (40.5%-70.0%)~ | 42  | 48.2% | (35.7%-60.8%)~ | 44  |
| Non-Hispanic                              | 34.0% | (30.4%-37.7%)  | 1,237 | 35.7%  | (29.1%-42.3%)  | 625 | 32.2% | (28.5%-35.8%)  | 597 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |     |
| American Indian or Alaskan Native         | 28.5% | (14.9%-42.0%)~ | 22    | 28.7%  | (11.0%-46.3%)~ | 12  | 32.9% | (6.7%-59.1%)~  | 9   |
| Asian                                     | 29.9% | (0.0%-61.8%)~  | 10    | *      | *              | *   | *     | *              | *   |
| Black or African American                 | 36.2% | (11.6%-60.7%)~ | 42    | 46.2%  | (13.2%-79.3%)~ | 26  | 27.1% | (9.6%-44.6%)~  | 17  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *   | *     | *              | *   |
| White                                     | 34.3% | (31.5%-37.1%)  | 1,173 | 37.5%  | (31.5%-43.5%)  | 600 | 31.2% | (28.2%-34.1%)  | 557 |
| Multiple Races                            | 40.1% | (26.5%-53.6%)~ | 109   | 30.7%  | (13.8%-47.5%)~ | 44  | 49.7% | (35.1%-64.3%)~ | 62  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 hour (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During an average week, how many hours do you spend in clubs or organizations (other than sports) outside of regular school hours? (mn146)  
Percentage of students who answered at least 1 hour*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 34.8% | (31.7%-38.0%)  | 994   | 40.1%  | (35.1%-45.1%)  | 470 | 31.1% | (27.3%-34.8%)  | 521 |
| Gay/Lesbian                              | 44.0% | (28.7%-59.3%)~ | 70    | 33.3%  | (12.3%-54.4%)~ | 28  | 52.2% | (24.8%-79.6%)~ | 32  |
| Bisexual                                 | 28.2% | (18.9%-37.5%)  | 118   | 27.7%  | (19.9%-35.5%)  | 84  | 29.7% | (12.5%-46.8%)~ | 31  |
| Described sexual identity some other way | 36.1% | (20.7%-51.4%)~ | 64    | 32.2%  | (10.3%-54.0%)~ | 39  | 41.0% | (18.5%-63.5%)~ | 14  |
| Questioning                              | 43.6% | (23.3%-63.9%)~ | 95    | 41.5%  | (19.1%-63.8%)~ | 70  | 50.8% | (25.1%-76.4%)~ | 25  |
| Did not understand question              | 32.9% | (18.3%-47.4%)~ | 39    | 40.2%  | (9.2%-71.1%)~  | 11  | 30.6% | (15.1%-46.1%)~ | 28  |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 39.8% | (24.3%-55.2%)~ | 54    | 44.3%  | (21.5%-67.0%)~ | 29  | 35.9% | (13.0%-58.7%)~ | 20  |
| No                                       | 34.3% | (31.1%-37.6%)  | 1,254 | 37.2%  | (31.3%-43.1%)  | 642 | 31.5% | (28.0%-35.0%)  | 601 |
| Not Sure                                 | 34.2% | (18.0%-50.5%)~ | 42    | 27.1%  | (1.0%-53.2%)~  | 21  | 44.5% | (19.6%-69.3%)~ | 15  |
| Did not understand question              | 45.5% | (28.9%-62.0%)~ | 28    | 43.5%  | (11.2%-75.9%)~ | 13  | 42.3% | (11.0%-73.5%)~ | 12  |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 35.7% | (28.3%-43.0%)  | 355   | 32.6%  | (21.5%-43.7%)~ | 221 | 40.6% | (32.4%-48.8%)  | 109 |
| No                                       | 34.3% | (31.5%-37.1%)  | 1,023 | 39.4%  | (34.9%-43.9%)  | 481 | 30.7% | (27.0%-34.4%)  | 540 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 hour (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (mn143)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

|   | Total |                |       | Female |                |       | Male  |                |       |
|---|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|   | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| Total                                     | 68.6% | (64.8%-72.4%)  | 2,792 | 66.9%  | (63.4%-70.4%)  | 1,291 | 70.6% | (65.8%-75.5%)  | 1,472 |
| <b>----Age----</b>                        |       |                |       |        |                |       |       |                |       |
| 12 or younger                             | 69.3% | (65.1%-73.6%)  | 801   | 68.0%  | (62.1%-73.8%)  | 400   | 70.9% | (65.8%-76.0%)  | 396   |
| 13  | 68.5% | (64.3%-72.8%)  | 1,337 | 65.6%  | (59.5%-71.6%)  | 605   | 72.1% | (67.4%-76.7%)  | 719   |
| 14 or older                               | 67.7% | (61.6%-73.8%)  | 648   | 68.3%  | (62.5%-74.1%)  | 283   | 67.7% | (59.6%-75.8%)  | 357   |
| <b>----Grade----</b>                      |       |                |       |        |                |       |       |                |       |
| Grade 7                                   | 69.7% | (65.7%-73.7%)  | 1,382 | 68.5%  | (63.9%-73.1%)  | 641   | 70.9% | (65.6%-76.3%)  | 728   |
| Grade 8                                   | 67.4% | (62.3%-72.5%)  | 1,389 | 65.3%  | (60.0%-70.6%)  | 639   | 70.1% | (63.5%-76.8%)  | 733   |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |       |       |                |       |
| Hispanic                                  | 60.7% | (56.3%-65.2%)  | 115   | 56.5%  | (45.7%-67.3%)~ | 49    | 66.7% | (57.4%-76.1%)  | 64    |
| Non-Hispanic                              | 68.4% | (64.2%-72.7%)  | 2,500 | 66.7%  | (62.8%-70.5%)  | 1,169 | 70.5% | (65.1%-75.9%)  | 1,310 |
| <b>----Race----</b>                       |       |                |       |        |                |       |       |                |       |
| American Indian or Alaskan Native         | 50.5% | (33.8%-67.1%)~ | 38    | 48.9%  | (30.8%-67.0%)~ | 22    | 57.8% | (23.5%-92.1%)~ | 15    |
| Asian                                     | 70.2% | (49.6%-90.9%)~ | 24    | *      | *              | *     | *     | *              | *     |
| Black or African American                 | 55.6% | (40.7%-70.5%)~ | 67    | 50.8%  | (33.9%-67.7%)~ | 26    | 59.2% | (43.7%-74.8%)~ | 40    |
| Native Hawaiian or Other Pacific Islander | 53.8% | (21.5%-86.2%)~ | 9     | *      | *              | *     | *     | *              | *     |
| White                                     | 69.6% | (66.0%-73.1%)  | 2,419 | 68.0%  | (64.8%-71.3%)  | 1,118 | 71.6% | (66.6%-76.6%)  | 1,284 |
| Multiple Races                            | 67.9% | (59.3%-76.4%)  | 185   | 67.2%  | (54.8%-79.6%)~ | 86    | 66.4% | (53.0%-79.8%)~ | 90    |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (mn143)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

|  | Total |                |       | Female |                |       | Male  |                |       |
|--|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |       |       |                |       |
| Heterosexual                             | 68.7% | (64.8%-72.7%)  | 1,966 | 67.2%  | (63.9%-70.5%)  | 799   | 69.9% | (64.4%-75.3%)  | 1,162 |
| Gay/Lesbian                              | 59.2% | (46.1%-72.3%)~ | 84    | 54.0%  | (40.1%-67.9%)~ | 39    | 72.7% | (53.9%-91.5%)~ | 41    |
| Bisexual                                 | 69.7% | (62.1%-77.2%)  | 284   | 67.9%  | (59.1%-76.7%)  | 205   | 77.4% | (63.6%-91.2%)~ | 73    |
| Described sexual identity some other way | 67.4% | (58.7%-76.1%)  | 148   | 66.7%  | (56.8%-76.5%)  | 92    | 73.9% | (57.1%-90.8%)~ | 46    |
| Questioning                              | 62.1% | (52.8%-71.4%)  | 139   | 60.7%  | (47.7%-73.6%)~ | 99    | 66.1% | (49.9%-82.3%)~ | 37    |
| Did not understand question              | 77.2% | (67.8%-86.6%)  | 87    | *      | *              | *     | *     | *              | *     |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |       |       |                |       |
| Yes                                      | 62.9% | (51.6%-74.2%)~ | 68    | 65.4%  | (48.6%-82.3%)~ | 35    | 75.8% | (58.3%-93.3%)~ | 32    |
| No                                       | 69.2% | (65.2%-73.3%)  | 2,565 | 67.3%  | (63.7%-71.0%)  | 1,173 | 70.9% | (65.9%-75.9%)  | 1,378 |
| Not Sure                                 | 60.0% | (50.5%-69.4%)  | 86    | 55.6%  | (41.5%-69.6%)~ | 54    | 80.0% | (63.7%-96.3%)~ | 26    |
| Did not understand question              | 61.6% | (50.6%-72.5%)~ | 46    | 75.1%  | (56.9%-93.3%)~ | 19    | 54.0% | (36.9%-71.1%)~ | 25    |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |       |       |                |       |
| Yes                                      | 65.7% | (61.2%-70.2%)  | 666   | 64.4%  | (58.3%-70.4%)  | 437   | 72.9% | (66.2%-79.5%)  | 207   |
| No                                       | 69.4% | (65.4%-73.3%)  | 2,087 | 68.0%  | (64.7%-71.3%)  | 842   | 70.2% | (65.0%-75.4%)  | 1,239 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**

*How often does one of your parents or guardians talk with you about what you are doing in school? (mn144a)*  
*Percentage of students who answered 'About every day' or 'About once or twice a week'*

|   | Total |                |       | Female |                |       | Male  |                |       |
|---|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|   | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| Total                                     | 78.4% | (76.1%-80.8%)  | 3,187 | 77.3%  | (74.0%-80.5%)  | 1,483 | 80.0% | (77.8%-82.3%)  | 1,669 |
| <b>----Age----</b>                        |       |                |       |        |                |       |       |                |       |
| 12 or younger                             | 80.8% | (77.2%-84.5%)  | 937   | 76.6%  | (70.8%-82.4%)  | 450   | 85.0% | (81.3%-88.7%)  | 479   |
| 13  | 77.1% | (74.6%-79.5%)  | 1,495 | 75.4%  | (72.0%-78.8%)  | 690   | 79.2% | (75.8%-82.6%)  | 789   |
| 14 or older                               | 78.4% | (75.0%-81.9%)  | 749   | 82.2%  | (77.3%-87.1%)  | 340   | 76.3% | (72.0%-80.6%)  | 401   |
| <b>----Grade----</b>                      |       |                |       |        |                |       |       |                |       |
| Grade 7                                   | 78.3% | (76.2%-80.4%)  | 1,551 | 75.7%  | (72.1%-79.3%)  | 706   | 80.8% | (77.6%-84.0%)  | 831   |
| Grade 8                                   | 78.4% | (74.8%-82.1%)  | 1,612 | 78.6%  | (73.9%-83.3%)  | 765   | 79.0% | (74.6%-83.4%)  | 826   |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |       |       |                |       |
| Hispanic                                  | 77.2% | (71.0%-83.3%)  | 145   | 77.0%  | (67.0%-87.1%)~ | 66    | 76.9% | (64.9%-88.9%)~ | 74    |
| Non-Hispanic                              | 78.6% | (76.2%-81.1%)  | 2,866 | 77.3%  | (74.0%-80.7%)  | 1,348 | 80.4% | (77.8%-82.9%)  | 1,496 |
| <b>----Race----</b>                       |       |                |       |        |                |       |       |                |       |
| American Indian or Alaskan Native         | 73.7% | (63.4%-83.9%)~ | 54    | 75.1%  | (59.0%-91.3%)~ | 33    | 68.8% | (50.4%-87.3%)~ | 18    |
| Asian                                     | 58.0% | (36.7%-79.2%)~ | 19    | *      | *              | *     | *     | *              | *     |
| Black or African American                 | 67.8% | (58.5%-77.2%)  | 80    | 71.4%  | (60.1%-82.8%)~ | 37    | 65.1% | (50.6%-79.5%)~ | 43    |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *     | *     | *              | *     |
| White                                     | 79.4% | (77.3%-81.5%)  | 2,755 | 78.3%  | (74.6%-81.9%)  | 1,278 | 80.9% | (78.6%-83.1%)  | 1,454 |
| Multiple Races                            | 77.1% | (69.9%-84.3%)  | 213   | 74.7%  | (60.2%-89.2%)~ | 98    | 79.9% | (73.0%-86.7%)  | 109   |

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*How often does one of your parents or guardians talk with you about what you are doing in school? (mn144a)  
Percentage of students who answered 'About every day' or 'About once or twice a week'*

|  | Total |                |       | Female |                |       | Male  |                |       |
|--|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |       |       |                |       |
| Heterosexual                             | 81.2% | (78.4%-84.0%)  | 2,314 | 81.2%  | (77.3%-85.1%)  | 956   | 81.3% | (78.3%-84.2%)  | 1,354 |
| Gay/Lesbian                              | 69.7% | (57.6%-81.8%)~ | 99    | 65.2%  | (47.0%-83.3%)~ | 47    | 83.3% | (69.3%-97.4%)~ | 47    |
| Bisexual                                 | 68.5% | (61.9%-75.1%)  | 280   | 67.3%  | (62.4%-72.3%)  | 205   | 71.4% | (56.3%-86.6%)~ | 67    |
| Described sexual identity some other way | 69.2% | (61.3%-77.2%)  | 150   | 71.5%  | (60.5%-82.5%)~ | 97    | 63.8% | (49.7%-77.9%)~ | 40    |
| Questioning                              | 73.7% | (68.5%-79.0%)  | 167   | 74.4%  | (68.0%-80.8%)  | 124   | 72.4% | (57.8%-87.0%)~ | 41    |
| Did not understand question              | 74.9% | (65.5%-84.2%)  | 84    | *      | *              | *     | *     | *              | *     |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |       |       |                |       |
| Yes                                      | 70.8% | (59.1%-82.5%)~ | 76    | 74.9%  | (60.9%-88.9%)~ | 40    | 67.7% | (52.4%-82.9%)~ | 28    |
| No                                       | 79.3% | (76.8%-81.8%)  | 2,933 | 78.2%  | (74.7%-81.6%)  | 1,354 | 80.6% | (78.1%-83.1%)  | 1,568 |
| Not Sure                                 | 63.9% | (55.0%-72.8%)  | 92    | 62.6%  | (50.0%-75.1%)~ | 61    | 68.0% | (37.8%-98.1%)~ | 22    |
| Did not understand question              | 73.8% | (59.3%-88.4%)~ | 54    | *      | *              | *     | *     | *              | *     |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |       |       |                |       |
| Yes                                      | 70.0% | (66.0%-74.0%)  | 709   | 69.6%  | (65.1%-74.1%)  | 473   | 72.0% | (64.5%-79.5%)  | 204   |
| No                                       | 81.3% | (78.7%-83.9%)  | 2,439 | 81.6%  | (78.0%-85.2%)  | 1,002 | 81.2% | (78.5%-83.9%)  | 1,436 |

\*Estimate suppressed due to small cell sizes.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How often does your family give you love and support? (mn188)*  
*Percentage of students who answered 'Most of the time' or 'Always'*

|   | Total |                |       | Female |                |       | Male  |                |       |
|---|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|   | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| Total                                     | 82.7% | (80.7%-84.7%)  | 3,355 | 79.5%  | (76.8%-82.1%)  | 1,528 | 86.4% | (84.4%-88.3%)  | 1,796 |
| <b>----Age----</b>                        |       |                |       |        |                |       |       |                |       |
| 12 or younger                             | 86.0% | (84.1%-87.9%)  | 991   | 84.1%  | (80.8%-87.4%)  | 494   | 88.0% | (85.5%-90.6%)  | 490   |
| 13  | 82.5% | (80.3%-84.7%)  | 1,602 | 78.3%  | (74.8%-81.8%)  | 719   | 87.3% | (85.3%-89.3%)  | 869   |
| 14 or older                               | 79.2% | (74.8%-83.6%)  | 758   | 75.2%  | (68.8%-81.7%)  | 312   | 83.0% | (77.8%-88.1%)  | 436   |
| <b>----Grade----</b>                      |       |                |       |        |                |       |       |                |       |
| Grade 7                                   | 83.8% | (82.1%-85.6%)  | 1,656 | 81.4%  | (78.6%-84.2%)  | 760   | 86.5% | (84.6%-88.4%)  | 885   |
| Grade 8                                   | 81.7% | (78.6%-84.8%)  | 1,679 | 77.8%  | (73.2%-82.4%)  | 759   | 86.1% | (83.4%-88.9%)  | 899   |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |       |       |                |       |
| Hispanic                                  | 73.4% | (64.2%-82.7%)  | 138   | 63.1%  | (49.7%-76.5%)~ | 55    | 85.2% | (77.5%-92.9%)  | 81    |
| Non-Hispanic                              | 82.9% | (80.6%-85.2%)  | 3,021 | 79.8%  | (77.0%-82.7%)  | 1,395 | 86.3% | (83.9%-88.7%)  | 1,602 |
| <b>----Race----</b>                       |       |                |       |        |                |       |       |                |       |
| American Indian or Alaskan Native         | 77.7% | (68.0%-87.5%)  | 57    | *      | *              | *     | *     | *              | *     |
| Asian                                     | 67.6% | (45.9%-89.2%)~ | 22    | *      | *              | *     | *     | *              | *     |
| Black or African American                 | 76.2% | (68.3%-84.1%)  | 90    | 76.7%  | (67.1%-86.4%)  | 40    | 75.7% | (64.1%-87.4%)~ | 50    |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *              | *     | *     | *              | *     |
| White                                     | 83.6% | (81.7%-85.6%)  | 2,904 | 80.6%  | (78.2%-83.0%)  | 1,320 | 87.0% | (84.6%-89.3%)  | 1,560 |
| Multiple Races                            | 77.6% | (71.7%-83.4%)  | 214   | 72.6%  | (65.2%-80.0%)  | 95    | 82.9% | (71.6%-94.1%)~ | 113   |

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Western Maine PHD (weighted)**  
*How often does your family give you love and support? (mn188)*  
*Percentage of students who answered 'Most of the time' or 'Always'*

|  | Total |                |       | Female |                |       | Male  |                |       |
|--|-------|----------------|-------|--------|----------------|-------|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI             | N     | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |       |       |                |       |
| Heterosexual                             | 87.7% | (85.2%-90.3%)  | 2,493 | 86.5%  | (82.8%-90.1%)  | 1,017 | 88.6% | (86.2%-91.1%)  | 1,470 |
| Gay/Lesbian                              | 66.7% | (52.1%-81.3%)~ | 92    | 72.0%  | (58.0%-85.9%)~ | 52    | 67.3% | (50.1%-84.6%)~ | 36    |
| Bisexual                                 | 67.2% | (60.4%-74.0%)  | 275   | 64.8%  | (57.3%-72.3%)  | 198   | 75.1% | (69.0%-81.1%)  | 71    |
| Described sexual identity some other way | 65.6% | (57.5%-73.7%)  | 145   | 62.3%  | (50.0%-74.6%)~ | 87    | 77.9% | (64.4%-91.4%)~ | 49    |
| Questioning                              | 69.9% | (65.5%-74.3%)  | 158   | 69.0%  | (62.4%-75.7%)  | 115   | 73.0% | (63.7%-82.2%)  | 41    |
| Did not understand question              | 83.3% | (76.9%-89.8%)  | 92    | *      | *              | *     | *     | *              | *     |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |       |       |                |       |
| Yes                                      | 49.8% | (32.7%-67.0%)~ | 53    | 54.7%  | (34.1%-75.4%)~ | 29    | 51.2% | (26.8%-75.6%)~ | 21    |
| No                                       | 84.8% | (82.6%-87.0%)  | 3,129 | 81.6%  | (78.7%-84.6%)  | 1,416 | 87.7% | (85.7%-89.7%)  | 1,697 |
| Not Sure                                 | 57.4% | (47.5%-67.2%)  | 83    | 51.8%  | (39.8%-63.8%)~ | 50    | 75.5% | (55.3%-95.7%)~ | 24    |
| Did not understand question              | 77.7% | (67.2%-88.3%)~ | 59    | *      | *              | *     | *     | *              | *     |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |       |       |                |       |
| Yes                                      | 67.4% | (63.6%-71.2%)  | 685   | 66.2%  | (62.8%-69.6%)  | 454   | 72.8% | (65.6%-80.1%)  | 205   |
| No                                       | 87.8% | (85.3%-90.3%)  | 2,625 | 86.8%  | (83.2%-90.4%)  | 1,063 | 88.5% | (86.1%-90.9%)  | 1,557 |

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (mn185b)  
Percentage of students who answered at least 5 days*

|   | Total |                 |       | Female |                |       | Male  |                |       |
|---|-------|-----------------|-------|--------|----------------|-------|-------|----------------|-------|
|   | %     | CI              | N     | %      | CI             | N     | %     | CI             | N     |
| Total                                     | 75.1% | (72.6%-77.7%)   | 3,030 | 73.0%  | (70.0%-75.9%)  | 1,387 | 77.9% | (73.9%-81.9%)  | 1,614 |
| <b>----Age----</b>                        |       |                 |       |        |                |       |       |                |       |
| 12 or younger                             | 79.3% | (73.0%-85.6%)   | 954   | 80.0%  | (74.1%-85.8%)  | 508   | 79.7% | (71.7%-87.6%)  | 446   |
| 13  | 72.8% | (70.3%-75.3%)   | 1,400 | 65.8%  | (62.3%-69.3%)  | 570   | 79.2% | (74.9%-83.5%)  | 814   |
| 14 or older                               | 74.4% | (69.8%-79.0%)   | 668   | 77.2%  | (69.5%-84.9%)  | 306   | 72.9% | (66.4%-79.5%)  | 354   |
| <b>----Grade----</b>                      |       |                 |       |        |                |       |       |                |       |
| Grade 7                                   | 76.4% | (73.6%-79.2%)   | 1,521 | 76.3%  | (72.5%-80.1%)  | 718   | 77.8% | (73.7%-81.9%)  | 799   |
| Grade 8                                   | 73.6% | (70.5%-76.7%)   | 1,478 | 69.4%  | (65.5%-73.3%)  | 655   | 77.5% | (73.0%-82.0%)  | 799   |
| <b>----Hispanic Ethnicity----</b>         |       |                 |       |        |                |       |       |                |       |
| Hispanic                                  | 68.6% | (59.6%-77.6%)   | 138   | 56.4%  | (39.0%-73.8%)~ | 50    | 82.7% | (72.4%-93.0%)~ | 83    |
| Non-Hispanic                              | 75.1% | (72.4%-77.7%)   | 2,709 | 73.3%  | (70.2%-76.4%)  | 1,267 | 77.3% | (73.2%-81.5%)  | 1,419 |
| <b>----Race----</b>                       |       |                 |       |        |                |       |       |                |       |
| American Indian or Alaskan Native         | 67.8% | (53.3%-82.2%)~  | 50    | 75.3%  | (57.5%-93.1%)~ | 37    | 52.5% | (23.3%-81.6%)~ | 13    |
| Asian                                     | 81.5% | (65.5%-97.4%)~  | 30    | *      | *              | *     | *     | *              | *     |
| Black or African American                 | 58.0% | (38.8%-77.1%)~  | 68    | 56.3%  | (36.0%-76.7%)~ | 26    | 59.0% | (31.8%-86.3%)~ | 43    |
| Native Hawaiian or Other Pacific Islander | 64.2% | (19.2%-100.0%)~ | 15    | *      | *              | *     | *     | *              | *     |
| White                                     | 76.1% | (73.2%-79.0%)   | 2,627 | 73.7%  | (69.8%-77.6%)  | 1,212 | 79.1% | (75.2%-83.1%)  | 1,397 |
| Multiple Races                            | 70.3% | (59.0%-81.6%)~  | 197   | 67.6%  | (46.2%-89.0%)~ | 79    | 72.9% | (57.5%-88.4%)~ | 108   |

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (mn185b)  
Percentage of students who answered at least 5 days*

|  | Total |                |       | Female |                 |       | Male  |                |       |
|--|-------|----------------|-------|--------|-----------------|-------|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI              | N     | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                 |       |       |                |       |
| Heterosexual                             | 78.3% | (75.6%-80.9%)  | 2,201 | 75.7%  | (71.9%-79.6%)   | 892   | 80.0% | (76.2%-83.7%)  | 1,299 |
| Gay/Lesbian                              | 64.9% | (46.2%-83.6%)~ | 80    | 77.3%  | (51.3%-100.0%)~ | 46    | 59.6% | (28.5%-90.6%)~ | 29    |
| Bisexual                                 | 62.4% | (51.7%-73.1%)~ | 245   | 63.4%  | (52.4%-74.3%)~  | 190   | 63.1% | (40.9%-85.2%)~ | 55    |
| Described sexual identity some other way | 71.3% | (61.5%-81.0%)  | 189   | 80.3%  | (66.8%-93.8%)~  | 126   | 65.5% | (45.8%-85.1%)~ | 59    |
| Questioning                              | 63.0% | (48.4%-77.6%)~ | 138   | 54.4%  | (36.1%-72.7%)~  | 82    | 79.8% | (62.0%-97.6%)~ | 49    |
| Did not understand question              | 73.8% | (53.2%-94.4%)~ | 72    | *      | *               | *     | *     | *              | *     |
| <b>----Transgender Identity----</b>      |       |                |       |        |                 |       |       |                |       |
| Yes                                      | 37.6% | (22.5%-52.7%)~ | 30    | *      | *               | *     | *     | *              | *     |
| No                                       | 76.0% | (73.5%-78.6%)  | 2,798 | 72.8%  | (69.9%-75.7%)   | 1,250 | 78.8% | (74.6%-83.0%)  | 1,536 |
| Not Sure                                 | 68.0% | (56.1%-79.9%)~ | 109   | 72.1%  | (56.7%-87.5%)~  | 81    | 65.7% | (43.6%-87.9%)~ | 20    |
| Did not understand question              | 83.4% | (69.1%-97.6%)~ | 65    | *      | *               | *     | *     | *              | *     |
| <b>----LGBTQ----</b>                     |       |                |       |        |                 |       |       |                |       |
| Yes                                      | 65.5% | (61.1%-70.0%)  | 668   | 66.4%  | (61.1%-71.7%)   | 447   | 67.7% | (57.7%-77.7%)~ | 200   |
| No                                       | 78.1% | (75.6%-80.7%)  | 2,320 | 76.5%  | (72.9%-80.2%)   | 931   | 79.2% | (75.6%-82.8%)  | 1,383 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (mn185b\_2)  
Percentage of students who answered 0 days*

|   | Total |               |     | Female |               |     | Male  |               |     |
|---|-------|---------------|-----|--------|---------------|-----|-------|---------------|-----|
|   | %     | CI            | N   | %      | CI            | N   | %     | CI            | N   |
| Total                                     | 6.4%  | (4.6%-8.3%)   | 260 | 5.5%   | (3.2%-7.8%)   | 105 | 6.7%  | (4.6%-8.7%)   | 138 |
| <b>----Age----</b>                        |       |               |     |        |               |     |       |               |     |
| 12 or younger                             | 5.5%  | (2.4%-8.6%)   | 66  | 5.7%   | (2.2%-9.1%)   | 36  | 5.4%  | (1.1%-9.7%)   | 30  |
| 13  | 6.9%  | (4.3%-9.5%)   | 133 | 6.4%   | (3.0%-9.7%)   | 55  | 6.5%  | (3.9%-9.1%)   | 67  |
| 14 or older                               | 6.8%  | (4.2%-9.3%)   | 61  | 3.5%   | (0.4%-6.7%)   | 14  | 8.6%  | (4.2%-12.9%)  | 42  |
| <b>----Grade----</b>                      |       |               |     |        |               |     |       |               |     |
| Grade 7                                   | 6.4%  | (3.7%-9.2%)   | 128 | 5.4%   | (2.8%-8.0%)   | 51  | 6.4%  | (3.3%-9.5%)   | 66  |
| Grade 8                                   | 6.6%  | (4.7%-8.4%)   | 132 | 5.8%   | (2.7%-8.9%)   | 54  | 7.0%  | (4.2%-9.8%)   | 72  |
| <b>----Hispanic Ethnicity----</b>         |       |               |     |        |               |     |       |               |     |
| Hispanic                                  | 16.1% | (6.8%-25.4%)  | 32  | 17.3%  | (0.1%-34.5%)~ | 15  | 9.8%  | (0.2%-19.4%)  | 10  |
| Non-Hispanic                              | 5.8%  | (4.0%-7.6%)   | 210 | 4.9%   | (2.9%-6.9%)   | 84  | 6.4%  | (4.0%-8.8%)   | 117 |
| <b>----Race----</b>                       |       |               |     |        |               |     |       |               |     |
| American Indian or Alaskan Native         | 8.4%  | (0.0%-18.9%)  | 6   | *      | *             | *   | *     | *             | *   |
| Asian                                     | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| Black or African American                 | 11.8% | (0.0%-24.9%)~ | 14  | 13.8%  | (0.9%-26.8%)~ | 6   | 10.5% | (0.0%-23.9%)~ | 8   |
| Native Hawaiian or Other Pacific Islander | *     | *             | *   | *      | *             | *   | *     | *             | *   |
| White                                     | 5.9%  | (4.2%-7.7%)   | 204 | 4.9%   | (3.0%-6.7%)   | 80  | 6.4%  | (4.3%-8.5%)   | 113 |
| Multiple Races                            | 10.3% | (4.4%-16.2%)  | 29  | 9.5%   | (0.0%-19.6%)  | 11  | 8.5%  | (0.0%-19.8%)  | 13  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 0 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (mn185b\_2)  
Percentage of students who answered 0 days*

|  | Total |                |     | Female |              |    | Male  |               |     |
|--|-------|----------------|-----|--------|--------------|----|-------|---------------|-----|
|  | %     | CI             | N   | %      | CI           | N  | %     | CI            | N   |
| <b>----Sexual Orientation----</b>        |       |                |     |        |              |    |       |               |     |
| Heterosexual                             | 4.8%  | (2.8%-6.8%)    | 136 | 3.9%   | (1.6%-6.3%)  | 47 | 5.5%  | (3.2%-7.8%)   | 89  |
| Gay/Lesbian                              | 8.5%  | (0.0%-19.1%)   | 10  | *      | *            | *  | *     | *             | *   |
| Bisexual                                 | 12.8% | (7.5%-18.1%)   | 50  | 13.1%  | (7.9%-18.3%) | 39 | 12.8% | (0.0%-26.2%)~ | 11  |
| Described sexual identity some other way | 16.5% | (8.8%-24.3%)   | 44  | 7.4%   | (0.0%-15.3%) | 12 | 20.2% | (6.7%-33.8%)~ | 18  |
| Questioning                              | 4.8%  | (0.5%-9.2%)    | 11  | *      | *            | *  | *     | *             | *   |
| Did not understand question              | *     | *              | *   | *      | *            | *  | *     | *             | *   |
| <b>----Transgender Identity----</b>      |       |                |     |        |              |    |       |               |     |
| Yes                                      | 27.5% | (13.2%-41.8%)~ | 22  | *      | *            | *  | *     | *             | *   |
| No                                       | 5.8%  | (4.0%-7.5%)    | 212 | 5.4%   | (3.2%-7.6%)  | 92 | 6.0%  | (4.1%-7.9%)   | 117 |
| Not Sure                                 | 11.4% | (3.5%-19.3%)   | 18  | *      | *            | *  | *     | *             | *   |
| Did not understand question              | *     | *              | *   | *      | *            | *  | *     | *             | *   |
| <b>----LGBTQ----</b>                     |       |                |     |        |              |    |       |               |     |
| Yes                                      | 11.3% | (8.4%-14.2%)   | 115 | 8.4%   | (4.3%-12.4%) | 56 | 14.4% | (8.3%-20.6%)  | 43  |
| No                                       | 4.8%  | (2.8%-6.8%)    | 142 | 3.8%   | (1.6%-6.1%)  | 47 | 5.5%  | (3.2%-7.7%)   | 96  |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you agree or disagree that in your community you feel like you matter to people? (mn148)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

|   | Total |                |       | Female |                |     | Male  |                |       |
|---|-------|----------------|-------|--------|----------------|-----|-------|----------------|-------|
|   | %     | CI             | N     | %      | CI             | N   | %     | CI             | N     |
| Total                                     | 49.6% | (46.8%-52.3%)  | 1,996 | 43.2%  | (40.6%-45.7%)  | 825 | 56.6% | (53.0%-60.1%)  | 1,166 |
| <b>----Age----</b>                        |       |                |       |        |                |     |       |                |       |
| 12 or younger                             | 54.1% | (50.1%-58.1%)  | 621   | 49.0%  | (45.0%-53.1%)  | 284 | 60.0% | (52.8%-67.2%)  | 337   |
| 13  | 48.7% | (45.4%-52.0%)  | 938   | 40.9%  | (37.6%-44.2%)  | 374 | 57.3% | (52.6%-61.9%)  | 563   |
| 14 or older                               | 45.7% | (41.6%-49.8%)  | 432   | 39.6%  | (34.5%-44.7%)  | 164 | 51.5% | (46.1%-56.8%)  | 267   |
| <b>----Grade----</b>                      |       |                |       |        |                |     |       |                |       |
| Grade 7                                   | 53.3% | (50.8%-55.7%)  | 1,046 | 48.4%  | (45.9%-51.0%)  | 448 | 58.6% | (54.5%-62.8%)  | 598   |
| Grade 8                                   | 45.6% | (41.2%-50.0%)  | 928   | 37.9%  | (33.2%-42.7%)  | 370 | 54.0% | (48.1%-59.9%)  | 556   |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |                |     |       |                |       |
| Hispanic                                  | 44.4% | (35.1%-53.6%)  | 83    | 39.9%  | (25.7%-54.2%)~ | 34  | 51.4% | (36.8%-66.0%)~ | 49    |
| Non-Hispanic                              | 49.8% | (46.6%-52.9%)  | 1,801 | 43.2%  | (40.4%-45.9%)  | 752 | 57.0% | (52.9%-61.1%)  | 1,048 |
| <b>----Race----</b>                       |       |                |       |        |                |     |       |                |       |
| American Indian or Alaskan Native         | 45.9% | (33.7%-58.1%)~ | 34    | 49.3%  | (29.9%-68.7%)~ | 22  | 44.3% | (30.0%-58.7%)~ | 12    |
| Asian                                     | 47.8% | (28.5%-67.1%)~ | 16    | *      | *              | *   | *     | *              | *     |
| Black or African American                 | 43.1% | (34.1%-52.1%)  | 51    | 40.4%  | (28.0%-52.8%)~ | 21  | 45.1% | (34.0%-56.3%)~ | 31    |
| Native Hawaiian or Other Pacific Islander | 46.9% | (19.5%-74.3%)~ | 8     | *      | *              | *   | *     | *              | *     |
| White                                     | 50.4% | (47.1%-53.7%)  | 1,737 | 43.8%  | (41.2%-46.3%)  | 714 | 57.5% | (52.9%-62.2%)  | 1,021 |
| Multiple Races                            | 44.5% | (30.8%-58.2%)~ | 120   | 36.3%  | (22.1%-50.5%)~ | 46  | 55.4% | (36.3%-74.5%)~ | 74    |

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N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Do you agree or disagree that in your community you feel like you matter to people? (mn148)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

|  | Total |                |       | Female |                |     | Male  |                |       |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-------|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N     |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |       |
| Heterosexual                             | 54.2% | (50.4%-58.0%)  | 1,532 | 49.3%  | (45.6%-53.0%)  | 579 | 58.0% | (53.6%-62.4%)  | 953   |
| Gay/Lesbian                              | 31.0% | (24.8%-37.2%)  | 44    | 22.8%  | (8.4%-37.2%)~  | 16  | 46.6% | (26.6%-66.7%)~ | 26    |
| Bisexual                                 | 34.7% | (27.8%-41.6%)  | 140   | 30.9%  | (23.1%-38.8%)  | 93  | 48.1% | (35.5%-60.7%)~ | 45    |
| Described sexual identity some other way | 22.1% | (15.8%-28.4%)  | 48    | 18.5%  | (12.7%-24.4%)  | 25  | 36.7% | (19.1%-54.3%)~ | 23    |
| Questioning                              | 41.2% | (32.5%-49.9%)  | 93    | 39.0%  | (29.8%-48.2%)  | 65  | 50.5% | (28.6%-72.4%)~ | 28    |
| Did not understand question              | 67.7% | (56.8%-78.6%)~ | 76    | *      | *              | *   | *     | *              | *     |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |       |
| Yes                                      | 21.8% | (13.0%-30.6%)  | 23    | 21.6%  | (5.3%-37.9%)~  | 12  | 28.1% | (14.3%-42.0%)~ | 12    |
| No                                       | 51.3% | (48.4%-54.2%)  | 1,881 | 44.9%  | (42.3%-47.6%)  | 776 | 57.5% | (53.9%-61.2%)  | 1,105 |
| Not Sure                                 | 23.3% | (9.2%-37.4%)~  | 33    | 20.4%  | (7.0%-33.8%)~  | 20  | 37.8% | (9.6%-66.0%)~  | 12    |
| Did not understand question              | 52.5% | (41.3%-63.6%)~ | 40    | 46.0%  | (33.4%-58.5%)~ | 11  | 57.4% | (41.2%-73.6%)~ | 27    |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |       |
| Yes                                      | 32.8% | (28.9%-36.7%)  | 332   | 29.6%  | (24.7%-34.5%)  | 201 | 44.9% | (39.7%-50.1%)  | 128   |
| No                                       | 54.9% | (51.2%-58.6%)  | 1,630 | 50.3%  | (47.0%-53.7%)  | 614 | 58.3% | (54.0%-62.5%)  | 1,015 |

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## **Section 21 Gambling**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever gambled on a sports team, gambled when playing cards or a dice game, played one of your state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game? (mn223)*

*Percentage of students who answered 'Yes'*

|   | Total |                |       | Female |               |     | Male  |                |     |
|---|-------|----------------|-------|--------|---------------|-----|-------|----------------|-----|
|   | %     | CI             | N     | %      | CI            | N   | %     | CI             | N   |
| Total                                     | 29.1% | (25.0%-33.3%)  | 1,176 | 19.7%  | (16.3%-23.1%) | 375 | 38.1% | (32.0%-44.2%)  | 787 |
| <b>----Age----</b>                        |       |                |       |        |               |     |       |                |     |
| 12 or younger                             | 24.8% | (19.8%-29.8%)  | 292   | 17.8%  | (12.5%-23.1%) | 111 | 33.2% | (26.8%-39.6%)  | 181 |
| 13  | 30.5% | (24.7%-36.2%)  | 593   | 21.5%  | (16.5%-26.4%) | 189 | 38.8% | (31.2%-46.3%)  | 399 |
| 14 or older                               | 32.2% | (27.4%-36.9%)  | 292   | 18.9%  | (12.7%-25.2%) | 75  | 42.0% | (33.1%-50.9%)  | 207 |
| <b>----Grade----</b>                      |       |                |       |        |               |     |       |                |     |
| Grade 7                                   | 28.1% | (22.8%-33.4%)  | 547   | 20.1%  | (14.8%-25.4%) | 187 | 35.9% | (28.8%-43.0%)  | 356 |
| Grade 8                                   | 30.5% | (25.3%-35.7%)  | 627   | 19.7%  | (15.3%-24.0%) | 188 | 40.5% | (32.6%-48.3%)  | 429 |
| <b>----Hispanic Ethnicity----</b>         |       |                |       |        |               |     |       |                |     |
| Hispanic                                  | 25.4% | (16.3%-34.5%)  | 52    | 7.9%   | (0.6%-15.1%)  | 7   | 36.6% | (19.3%-53.8%)~ | 36  |
| Non-Hispanic                              | 29.6% | (25.1%-34.0%)  | 1,072 | 20.6%  | (16.8%-24.4%) | 356 | 38.5% | (32.2%-44.9%)  | 711 |
| <b>----Race----</b>                       |       |                |       |        |               |     |       |                |     |
| American Indian or Alaskan Native         | 25.9% | (5.7%-46.2%)~  | 21    | 18.9%  | (0.0%-40.1%)~ | 9   | 27.0% | (4.4%-49.7%)~  | 7   |
| Asian                                     | 38.7% | (23.0%-54.3%)~ | 14    | *      | *             | *   | *     | *              | *   |
| Black or African American                 | 28.9% | (18.1%-39.8%)~ | 34    | 21.7%  | (0.6%-42.9%)~ | 9   | 33.0% | (19.1%-46.8%)~ | 25  |
| Native Hawaiian or Other Pacific Islander | *     | *              | *     | *      | *             | *   | *     | *              | *   |
| White                                     | 29.3% | (25.1%-33.6%)  | 1,014 | 20.0%  | (16.5%-23.6%) | 330 | 38.8% | (32.1%-45.5%)  | 684 |
| Multiple Races                            | 31.0% | (14.3%-47.7%)~ | 86    | 19.2%  | (4.4%-33.9%)~ | 22  | 36.4% | (17.9%-54.9%)~ | 54  |

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Western Maine PHD (weighted)**

*Have you ever gambled on a sports team, gambled when playing cards or a dice game, played one of your state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game? (mn223)*

*Percentage of students who answered 'Yes'*

|  | Total |                |       | Female |                |     | Male  |                |     |
|--|-------|----------------|-------|--------|----------------|-----|-------|----------------|-----|
|  | %     | CI             | N     | %      | CI             | N   | %     | CI             | N   |
| <b>----Sexual Orientation----</b>        |       |                |       |        |                |     |       |                |     |
| Heterosexual                             | 28.5% | (23.3%-33.7%)  | 804   | 15.9%  | (10.5%-21.4%)  | 188 | 37.5% | (30.9%-44.1%)  | 611 |
| Gay/Lesbian                              | 33.3% | (12.7%-53.9%)~ | 39    | 17.6%  | (0.0%-35.7%)~  | 10  | 65.8% | (33.0%-98.6%)~ | 28  |
| Bisexual                                 | 29.9% | (24.1%-35.6%)  | 118   | 27.6%  | (18.8%-36.5%)  | 83  | 41.8% | (26.8%-56.7%)~ | 35  |
| Described sexual identity some other way | 35.4% | (22.3%-48.5%)~ | 93    | 28.6%  | (16.2%-41.0%)~ | 44  | 48.0% | (22.4%-73.7%)~ | 44  |
| Questioning                              | 26.3% | (16.0%-36.5%)~ | 58    | 28.2%  | (13.8%-42.6%)~ | 42  | 24.7% | (9.8%-39.6%)~  | 16  |
| Did not understand question              | 43.9% | (25.7%-62.1%)~ | 44    | *      | *              | *   | *     | *              | *   |
| <b>----Transgender Identity----</b>      |       |                |       |        |                |     |       |                |     |
| Yes                                      | 33.3% | (23.1%-43.6%)~ | 27    | 27.8%  | (0.0%-59.8%)~  | 11  | 55.3% | (29.7%-80.9%)~ | 15  |
| No                                       | 28.9% | (24.8%-33.0%)  | 1,063 | 18.3%  | (15.1%-21.5%)  | 315 | 38.2% | (32.2%-44.2%)  | 738 |
| Not Sure                                 | 36.4% | (18.8%-54.0%)~ | 58    | 38.3%  | (17.1%-59.6%)~ | 43  | 50.9% | (26.0%-75.7%)~ | 15  |
| Did not understand question              | 28.8% | (13.1%-44.5%)~ | 23    | *      | *              | *   | *     | *              | *   |
| <b>----LGBTQ----</b>                     |       |                |       |        |                |     |       |                |     |
| Yes                                      | 31.2% | (25.6%-36.8%)  | 315   | 27.3%  | (24.2%-30.4%)  | 182 | 44.3% | (29.5%-59.2%)~ | 128 |
| No                                       | 28.6% | (23.7%-33.6%)  | 853   | 15.8%  | (10.5%-21.0%)  | 193 | 37.3% | (31.2%-43.3%)  | 651 |

\*Estimate suppressed due to small cell sizes.

^Data not shown due to low response rate.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.