



**DETAILED REPORTS - COMPARISONS BY GENDER, AGE, GRADE, HISPANIC ETHNICITY, AND  
RACE**

**SOMERSET COUNTY  
2023 MIYHS MIDDLE SCHOOL REPORT**

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# UNDERSTANDING THE DATA

## Reporting Thresholds and Student Confidentiality

Detailed reports have been run on the following levels for individual geographic units receiving weighted data, as survey design, response rates, and confidentiality protections allow:

- **Grade 5-6: State and Public Health District (PHD)**
- **Middle School: State, PHD, and County**
- **High School: State, PHD, and County**

**To protect student confidentiality, responses based on fewer than 6 individuals will not be shown.**

## How to Read this Report

For the Grade 5-6 detailed reports, all questions included on the 2023 MIYHS survey instrument are presented in the State and PHD detailed reports. For middle school (MS) and high school (HS), all questions that appeared on one or more of the four versions of the 2023 MIYHS survey instruments are presented in the State detailed reports, and questions on two or more versions of the MIYHS survey instruments are presented in the PHD and county detailed reports.

Each estimate is the weighted percentage of students who answered in the way specified in the question title; for instance, in 2023, 20.5% of Maine's high school students said they had consumed alcohol at least once in the 30 days prior to taking the MIYHS. The percentages are weighted to adjust for non-response and to make the estimates more representative of all Maine students, not just those who took the survey.

Because the weighted percentage is an estimate, there is some error involved. This is reflected in the Confidence Interval, which is bounded by the Lower Confidence Limit (LCL) and the Upper Confidence Limit (UCL). Confidence intervals quantify the degree of uncertainty in rate or prevalence estimates that result from sampling or random variability. Like the margin of error presented in political polls, the confidence interval presents a range of values within which the true underlying rate or prevalence is likely to lie. The 95% confidence interval is most commonly used and is presented in this report.

Percentages with very wide 95% confidence intervals (spanning more than 20 percentage points) have been flagged because they should be interpreted with caution. The true percentage may be as high or low as the 95% confidence limits.

## Comparing Data: Is a Difference Statistically Significant?

Statistically significant differences are differences between values that are more than what would have been expected by chance. Statistical significance is determined by comparing confidence intervals. If the confidence interval around one percentage does not overlap with the confidence interval around another percentage, then the estimates are considered significantly different.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Demographics*

	<b>%</b>	<b>CI</b>	<b>N</b>	<b>n</b>
Total	4.2%		1,089	779
<b>----Sex----</b>				
Female	48.1%	( 43.3% - 52.8% )	523	389
Male	50.4%	( 45.8% - 55.0% )	549	379
Missing	1.5%	( 1.0% - 2.1% )	17	11
<b>----Grade----</b>				
Grade 7	46.6%	( 44.8% - 48.5% )	508	376
Grade 8	53.0%	( 51.2% - 54.8% )	577	400
Missing	0.4%	( 0.0% - 0.7% )	4	3
<b>----Age----</b>				
12 or younger	28.7%	( 24.7% - 32.7% )	312	229
13	50.2%	( 46.7% - 53.8% )	547	390
14 or older	21.0%	( 19.3% - 22.8% )	229	159
Missing	0.0%	( 0.0% - 0.1% )	0	1

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Demographics*

	<b>%</b>	<b>CI</b>	<b>N</b>	<b>n</b>
<b>----Hispanic Ethnicity----</b>				
Hispanic	1.2%	( 1.0% - 1.5% )	13	31
Non-Hispanic	92.4%	( 89.4% - 95.4% )	1,006	702
Missing	6.4%	( 3.3% - 9.4% )	69	46
<b>----Race----</b>				
American Indian or Alaskan Native	0.8%	( 0.2% - 1.5% )	9	15
Asian	0.2%	( 0.0% - 0.4% )	2	2
Black or African American	0.8%	( 0.6% - 0.9% )	8	15
Native Hawaiian or Other Pacific Islander	0.2%	( 0.0% - 0.3% )	2	3
White	92.7%	( 89.7% - 95.6% )	1,009	657
Multiple Races	3.3%	( 1.5% - 5.1% )	36	68
Missing	2.2%	( 1.0% - 3.3% )	23	19
<b>----Language Spoken at Home----</b>				
Arabic	0.0%	( 0.0% - 0.1% )	0	1
Chinese	*	*	*	*
English	98.3%	( 97.8% - 98.7% )	1,070	761
French	0.1%	( 0.0% - 0.4% )	2	2
Portuguese	*	*	*	*
Somali	0.0%	( 0.0% - 0.1% )	0	1
Spanish	0.4%	( 0.0% - 1.0% )	5	4
Other Language	1.0%	( 0.3% - 1.7% )	11	9
Missing	0.1%	( 0.0% - 0.3% )	1	1

# **Section 1**

## **Height and Weight**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) --  
SELF-REPORTED HEIGHT/WEIGHT (mnowt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.2%	(12.9%-19.5%)	136	13.1%	(10.4%-15.8%)	51	18.9%	(12.5%-25.2%)	84
<b>----Age----</b>									
12 or younger	17.9%	(9.0%-26.9%)	41	15.6%	(4.0%-27.1%)~	16	19.9%	(4.8%-35.0%)~	25
13	17.9%	(16.4%-19.5%)	81	13.9%	(9.6%-18.3%)	31	21.9%	(17.1%-26.7%)	50
14 or older	8.9%	(1.6%-16.1%)	14	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	18.3%	(12.3%-24.3%)	69	16.0%	(7.1%-25.0%)	27	20.1%	(8.7%-31.5%)~	42
Grade 8	14.5%	(11.5%-17.4%)	67	11.0%	(5.7%-16.3%)	25	17.7%	(15.5%-20.0%)	42
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	16.6%	(13.1%-20.1%)	132	13.6%	(10.7%-16.4%)	51	19.4%	(12.6%-26.1%)	82
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.0%	(13.8%-20.2%)	133	13.5%	(10.9%-16.2%)	50	20.1%	(13.7%-26.5%)	83
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who had obesity (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (mnobese)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.8%	(10.9%-28.6%)	166	20.7%	(5.5%-35.9%)~	81	18.9%	(13.4%-24.5%)	85
<b>----Age----</b>									
12 or younger	19.2%	(8.6%-29.9%)~	44	15.5%	(4.8%-26.2%)~	16	22.4%	(7.6%-37.3%)~	28
13	16.9%	(10.5%-23.3%)	76	20.1%	(8.8%-31.4%)~	45	13.7%	(5.3%-22.1%)	31
14 or older	28.5%	(1.6%-55.4%)~	46	31.4%	(0.0%-71.1%)~	20	26.6%	(6.9%-46.3%)~	26
<b>----Grade----</b>									
Grade 7	15.4%	(6.2%-24.6%)	58	12.3%	(3.9%-20.7%)	20	17.9%	(5.8%-30.0%)~	37
Grade 8	23.1%	(13.2%-33.1%)	107	26.7%	(6.0%-47.3%)~	60	19.8%	(14.7%-24.9%)	47
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	19.9%	(10.4%-29.4%)	159	21.2%	(5.8%-36.5%)~	79	18.9%	(11.6%-26.1%)	80
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	19.3%	(10.2%-28.3%)	151	19.7%	(4.5%-34.9%)~	72	18.9%	(12.8%-25.0%)	79
Multiple Races	26.3%	(10.2%-42.5%)~	11	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who had obesity (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who were overweight or had obesity (i.e. at or above the 85th percentile for body mass index, by age and sex) --  
SELF-REPORTED HEIGHT/WEIGHT (mnowtob)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	35.9%	(28.8%-43.1%)	301	33.8%	(19.0%-48.7%)~	132	37.8%	(32.6%-43.0%)	169
<b>----Age----</b>									
12 or younger	37.2%	(28.6%-45.7%)	84	31.0%	(19.7%-42.3%)~	32	42.3%	(22.7%-62.0%)~	52
13	34.8%	(29.3%-40.3%)	157	34.1%	(20.5%-47.6%)~	76	35.5%	(28.1%-43.0%)	81
14 or older	37.3%	(14.3%-60.4%)~	60	37.6%	(0.0%-76.9%)~	24	37.2%	(24.2%-50.1%)~	36
<b>----Grade----</b>									
Grade 7	33.7%	(27.4%-40.0%)	127	28.3%	(25.8%-30.9%)	47	38.0%	(25.2%-50.8%)~	80
Grade 8	37.6%	(26.7%-48.5%)~	174	37.6%	(13.3%-62.0%)~	84	37.6%	(33.9%-41.2%)	89
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	36.6%	(28.9%-44.2%)	291	34.7%	(20.2%-49.3%)~	130	38.2%	(33.4%-43.0%)	162
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	36.3%	(28.3%-44.2%)	284	33.2%	(18.3%-48.1%)~	122	39.0%	(32.6%-45.4%)	162
Multiple Races	32.5%	(17.5%-47.5%)~	13	46.1%	(15.1%-77.1%)~	7	25.1%	(8.8%-41.4%)~	7

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were overweight or had obesity (i.e. at or above the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who had a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) --  
SELF-REPORTED HEIGHT/WEIGHT (mnhlthwt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	63.2%	(56.7%-69.8%)	530	65.6%	(50.8%-80.5%)~	256	61.2%	(56.4%-65.9%)	274
<b>----Age----</b>									
12 or younger	61.9%	(55.0%-68.8%)	140	66.9%	(52.7%-81.1%)~	69	57.7%	(38.0%-77.3%)~	71
13	64.7%	(60.0%-69.5%)	292	65.9%	(52.4%-79.5%)~	148	63.5%	(56.0%-71.0%)	144
14 or older	61.0%	(39.4%-82.6%)~	98	62.4%	(23.1%-100.0%)~	39	60.1%	(48.6%-71.6%)~	59
<b>----Grade----</b>									
Grade 7	65.2%	(59.9%-70.4%)	245	70.4%	(65.5%-75.3%)	117	61.0%	(47.5%-74.5%)~	128
Grade 8	61.8%	(51.0%-72.6%)~	285	62.4%	(38.0%-86.7%)~	139	61.3%	(56.0%-66.7%)	146
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	62.6%	(55.6%-69.5%)	498	64.7%	(50.3%-79.2%)~	242	60.7%	(56.4%-64.9%)	256
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	62.8%	(55.6%-70.0%)	492	66.2%	(51.3%-81.1%)~	243	59.9%	(54.1%-65.6%)	249
Multiple Races	67.5%	(52.5%-82.5%)~	27	53.9%	(22.9%-84.9%)~	8	74.9%	(58.6%-91.2%)~	20

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who had a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 2**

### **Demographics**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*What language is spoken most often at home? (Select only one response.) (mn8c)*  
*Percentage of students who answered something other than 'English'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.6%	(1.2%-2.1%)	18	1.6%	(0.1%-3.1%)	8	1.7%	(0.2%-3.2%)	9
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	1.7%	(0.6%-2.8%)	9	*	*	*	*	*	*
14 or older	2.4%	(0.7%-4.2%)	6	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	1.7%	(0.6%-2.7%)	8	*	*	*	*	*	*
Grade 8	1.5%	(0.9%-2.1%)	9	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.5%	(1.0%-2.1%)	15	1.5%	(0.2%-2.8%)	7	1.7%	(0.0%-3.4%)	8
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.4%	(0.8%-2.0%)	14	1.3%	(0.0%-2.8%)	6	1.6%	(0.0%-3.4%)	8
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered something other than 'English' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Which of the following best describes you? (mn213\_3)*

*Percentage of students who answered 'Gay or lesbian', 'Bisexual', 'I describe my sexual identity some other way', or 'I am not sure about my sexual identity (questioning)'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.8%	(20.5%-27.1%)	249	34.9%	(26.9%-42.8%)	176	11.5%	(4.2%-18.8%)	61
<b>----Age----</b>									
12 or younger	18.9%	(12.9%-24.8%)	57	27.1%	(24.9%-29.3%)	39	9.3%	(0.7%-17.9%)	14
13	24.4%	(19.1%-29.7%)	129	34.9%	(25.2%-44.6%)	91	11.7%	(5.0%-18.4%)	30
14 or older	29.1%	(24.7%-33.4%)	63	46.0%	(32.1%-59.9%)~	46	13.9%	(2.8%-25.0%)~	16
<b>----Grade----</b>									
Grade 7	22.4%	(19.2%-25.5%)	108	34.1%	(29.9%-38.3%)	79	9.1%	(2.1%-16.1%)	22
Grade 8	24.9%	(18.7%-31.1%)	139	35.8%	(22.7%-48.8%)~	96	13.1%	(5.9%-20.4%)	37
<b>----Hispanic Ethnicity----</b>									
Hispanic	45.9%	(36.9%-54.9%)	6	*	*	*	*	*	*
Non-Hispanic	23.8%	(20.8%-26.7%)	233	34.8%	(26.9%-42.7%)	166	11.1%	(4.2%-18.0%)	54
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	23.4%	(20.2%-26.7%)	229	34.5%	(26.8%-42.2%)	164	11.0%	(3.6%-18.3%)	54
Multiple Races	24.9%	(16.4%-33.5%)	9	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Gay or lesbian', 'Bisexual', 'I describe my sexual identity some other way', or 'I am not sure about my sexual identity (questioning)' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Some people describe themselves as transgender when their sex at birth does not match the way they think or feel about their gender. Are you transgender? (mn214)*

*Percentage of students who answered 'Yes, I am transgender'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.7%	(1.9%-5.5%)	40	4.2%	(2.6%-5.8%)	21	2.0%	(0.0%-4.3%)	11
<b>----Age----</b>									
12 or younger	3.5%	(2.1%-4.9%)	11	*	*	*	*	*	*
13	2.8%	(1.0%-4.6%)	15	*	*	*	*	*	*
14 or older	6.1%	(1.9%-10.2%)	14	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	3.2%	(1.9%-4.6%)	16	*	*	*	*	*	*
Grade 8	3.9%	(1.4%-6.3%)	22	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	3.6%	(1.8%-5.3%)	35	3.9%	(2.4%-5.3%)	19	1.9%	(0.0%-4.0%)	9
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.7%	(1.8%-5.5%)	36	4.1%	(2.3%-6.0%)	20	1.9%	(0.0%-4.0%)	9
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes, I am transgender' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Percentage of students who identified as LGBTQ+ (mnlgbtq)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.9%	(21.0%-26.9%)	256	34.5%	(27.1%-41.9%)	177	12.0%	(5.3%-18.7%)	65
<b>----Age----</b>									
12 or younger	18.9%	(13.7%-24.1%)	58	26.5%	(24.0%-28.9%)	39	9.9%	(1.7%-18.1%)	15
13	24.5%	(20.1%-29.0%)	132	34.5%	(25.6%-43.3%)	91	12.0%	(5.8%-18.3%)	31
14 or older	29.4%	(25.8%-33.0%)	66	46.1%	(32.5%-59.7%)~	47	14.6%	(5.2%-24.1%)	18
<b>----Grade----</b>									
Grade 7	22.3%	(19.8%-24.8%)	111	33.4%	(29.1%-37.7%)	79	9.8%	(3.6%-16.1%)	25
Grade 8	25.2%	(19.0%-31.4%)	143	35.6%	(22.9%-48.3%)~	98	13.5%	(6.6%-20.4%)	39
<b>----Hispanic Ethnicity----</b>									
Hispanic	45.9%	(36.9%-54.9%)	6	*	*	*	*	*	*
Non-Hispanic	24.1%	(21.4%-26.8%)	239	34.6%	(27.2%-42.0%)	168	11.7%	(5.5%-18.0%)	58
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	23.7%	(20.7%-26.6%)	236	34.3%	(27.1%-41.4%)	166	11.6%	(4.9%-18.3%)	58
Multiple Races	24.9%	(16.4%-33.5%)	9	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who identified as LGBTQ+ (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*During the past 30 days, where did you usually sleep? (mn187a\_2)*

*Percentage of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.7%	(1.1%-2.3%)	19	1.2%	(0.2%-2.3%)	6	2.3%	(1.3%-3.2%)	12
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	1.6%	(0.5%-2.7%)	9	*	*	*	*	*	*
14 or older	2.8%	(0.5%-5.0%)	6	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	1.8%	(0.6%-3.1%)	9	*	*	*	*	*	*
Grade 8	1.6%	(0.4%-2.7%)	9	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.8%	(1.1%-2.5%)	18	*	*	*	*	*	*
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.8%	(1.1%-2.4%)	18	1.2%	(0.1%-2.2%)	6	2.4%	(1.4%-3.4%)	12
Multiple Races	*	*	*	*	*	*	*	*	*

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



**Section 3**  
**Unintentional Injury**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*Have you ever ridden in a car or other vehicle driven by someone who had been drinking alcohol? (mn11)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.6%	(18.7%-26.5%)	245	28.9%	(24.9%-33.0%)	149	17.0%	(12.8%-21.2%)	92
<b>----Age----</b>									
12 or younger	17.7%	(13.3%-22.1%)	56	25.7%	(18.5%-32.9%)	38	11.2%	(5.1%-17.2%)	18
13	25.6%	(19.9%-31.2%)	144	34.3%	(24.3%-44.2%)	93	17.3%	(11.2%-23.4%)	48
14 or older	22.1%	(14.9%-29.2%)	45	19.0%	(12.0%-26.0%)	18	25.4%	(16.9%-33.8%)	27
<b>----Grade----</b>									
Grade 7	16.2%	(10.4%-22.0%)	83	22.7%	(16.1%-29.3%)	54	11.1%	(5.6%-16.7%)	29
Grade 8	28.3%	(26.5%-30.2%)	161	34.0%	(26.9%-41.2%)	94	22.5%	(19.5%-25.5%)	64
<b>----Hispanic Ethnicity----</b>									
Hispanic	51.1%	(26.7%-75.6%)~	6	*	*	*	*	*	*
Non-Hispanic	22.5%	(18.9%-26.2%)	231	28.1%	(24.2%-32.1%)	140	17.4%	(13.2%-21.6%)	88
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	22.0%	(18.4%-25.7%)	222	27.4%	(23.4%-31.4%)	133	17.8%	(13.9%-21.7%)	90
Multiple Races	28.1%	(13.0%-43.1%)~	13	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*Have you ever ridden in a car or other vehicle driven by someone who had been using marijuana (also called pot, weed, or cannabis)? (mn200a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.7%	(14.5%-24.8%)	211	25.9%	(15.1%-36.7%)~	134	13.7%	(9.8%-17.7%)	74
<b>----Age----</b>									
12 or younger	17.9%	(14.6%-21.2%)	55	23.2%	(12.6%-33.9%)~	34	13.1%	(8.8%-17.5%)	21
13	21.1%	(12.9%-29.3%)	119	31.2%	(16.0%-46.4%)~	84	11.2%	(6.0%-16.4%)	31
14 or older	18.3%	(15.8%-20.7%)	37	15.4%	(9.7%-21.1%)	15	21.3%	(15.9%-26.8%)	22
<b>----Grade----</b>									
Grade 7	18.9%	(10.6%-27.2%)	95	29.8%	(9.9%-49.6%)~	71	9.5%	(4.7%-14.2%)	24
Grade 8	20.0%	(16.0%-23.9%)	114	22.7%	(19.0%-26.5%)	63	16.7%	(13.5%-20.0%)	47
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	20.2%	(14.5%-25.8%)	205	26.0%	(14.5%-37.5%)~	129	14.5%	(10.4%-18.7%)	73
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	19.2%	(14.1%-24.3%)	192	24.8%	(13.1%-36.5%)~	120	14.4%	(9.9%-18.9%)	72
Multiple Races	20.3%	(9.1%-31.5%)~	9	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 4**

### **Violence**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*Have you ever carried a weapon such as a gun, knife, or club on school property? (mn151)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.5%	(2.0%-4.9%)	38	2.3%	(0.2%-4.4%)	12	4.7%	(2.1%-7.3%)	26
<b>----Age----</b>									
12 or younger	3.7%	(0.8%-6.6%)	12	*	*	*	*	*	*
13	2.8%	(1.0%-4.6%)	15	2.1%	(0.0%-4.4%)	6	3.7%	(1.1%-6.3%)	10
14 or older	4.7%	(1.8%-7.6%)	11	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	3.9%	(1.5%-6.2%)	19	2.9%	(0.6%-5.1%)	7	4.9%	(0.4%-9.4%)	13
Grade 8	2.9%	(1.5%-4.3%)	17	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	3.4%	(2.3%-4.5%)	34	2.0%	(0.0%-4.0%)	10	5.0%	(2.2%-7.7%)	25
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.5%	(2.1%-4.9%)	35	2.2%	(0.0%-4.3%)	11	4.9%	(2.2%-7.7%)	25
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Do you agree or disagree with the following statement? I feel safe at my school. (mn21)*  
*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	80.8%	(78.3%-83.3%)	867	78.1%	(75.2%-80.9%)	404	84.5%	(81.0%-88.0%)	456
<b>----Age----</b>									
12 or younger	87.8%	(83.5%-92.0%)	271	86.5%	(82.1%-91.0%)	126	90.1%	(84.4%-95.8%)	144
13	77.4%	(74.3%-80.5%)	419	74.4%	(70.0%-78.9%)	199	82.0%	(77.6%-86.4%)	216
14 or older	79.2%	(75.4%-83.1%)	176	75.5%	(65.5%-85.6%)~	79	82.4%	(69.8%-95.0%)~	96
<b>----Grade----</b>									
Grade 7	83.5%	(78.8%-88.2%)	421	80.3%	(74.2%-86.3%)	189	87.2%	(81.7%-92.8%)	226
Grade 8	78.3%	(76.4%-80.1%)	442	76.1%	(72.4%-79.8%)	213	81.9%	(77.9%-85.8%)	229
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	80.7%	(78.5%-82.9%)	800	77.4%	(74.2%-80.6%)	375	85.1%	(83.1%-87.2%)	418
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	81.7%	(79.7%-83.7%)	812	78.2%	(74.8%-81.5%)	379	86.2%	(84.6%-87.7%)	427
Multiple Races	59.4%	(48.0%-70.9%)~	21	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Has violence in your home, or the threat of violence, ever made you want to leave your home, even just for a short while? (mn18)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	20.7%	(13.9%-27.6%)	220	24.1%	(18.0%-30.1%)	123	16.6%	(8.1%-25.1%)	90
<b>----Age----</b>									
12 or younger	18.1%	(13.5%-22.7%)	54	22.4%	(11.8%-32.9%)~	31	14.3%	(9.7%-19.0%)	23
13	21.1%	(10.5%-31.7%)~	112	22.2%	(9.2%-35.1%)~	58	17.8%	(5.3%-30.2%)~	46
14 or older	23.4%	(16.8%-30.0%)	55	30.8%	(15.1%-46.5%)~	33	16.9%	(4.6%-29.3%)~	21
<b>----Grade----</b>									
Grade 7	19.9%	(14.4%-25.3%)	98	22.3%	(15.6%-29.0%)	51	16.7%	(9.8%-23.7%)	44
Grade 8	21.7%	(13.1%-30.4%)	123	26.0%	(17.6%-34.4%)	72	16.4%	(4.4%-28.4%)~	47
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	20.8%	(14.0%-27.5%)	201	24.3%	(17.5%-31.0%)	114	16.2%	(8.1%-24.3%)	79
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	19.9%	(13.3%-26.5%)	195	23.7%	(16.8%-30.5%)	114	15.0%	(7.8%-22.3%)	74
Multiple Races	41.8%	(26.8%-56.9%)~	12	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 5 Bullying**



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Have you ever been bullied on school property? (mn22)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	47.7%	(39.0%-56.4%)	516	56.6%	(45.8%-67.3%)~	294	38.3%	(27.0%-49.5%)~	210
<b>----Age----</b>									
12 or younger	43.3%	(26.2%-60.3%)~	135	46.0%	(21.0%-71.0%)~	68	39.9%	(23.6%-56.1%)~	64
13	49.6%	(39.6%-59.6%)	269	61.2%	(54.7%-67.7%)	163	36.1%	(20.8%-51.3%)~	96
14 or older	49.5%	(44.4%-54.5%)	113	59.7%	(54.3%-65.0%)	63	41.0%	(26.2%-55.7%)~	49
<b>----Grade----</b>									
Grade 7	46.8%	(29.6%-63.9%)~	236	55.8%	(34.1%-77.4%)~	132	37.2%	(20.4%-53.9%)~	96
Grade 8	48.3%	(46.7%-49.8%)	277	56.9%	(52.9%-60.9%)	159	39.0%	(31.7%-46.3%)	112
<b>----Hispanic Ethnicity----</b>									
Hispanic	53.6%	(35.0%-72.2%)~	7	*	*	*	*	*	*
Non-Hispanic	48.3%	(39.5%-57.2%)	483	56.6%	(45.2%-67.9%)~	274	39.2%	(28.0%-50.4%)~	196
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	47.3%	(38.3%-56.2%)	473	56.3%	(44.0%-68.7%)~	274	37.4%	(26.4%-48.3%)~	188
Multiple Races	59.1%	(46.8%-71.5%)~	21	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.) (mn152b)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	33.4%	(27.5%-39.3%)	362	41.4%	(33.6%-49.2%)	216	24.9%	(19.1%-30.8%)	136
<b>----Age----</b>									
12 or younger	30.5%	(15.8%-45.1%)~	94	35.8%	(17.9%-53.8%)~	53	23.9%	(7.5%-40.3%)~	38
13	36.0%	(28.6%-43.4%)	196	43.5%	(35.9%-51.2%)	116	27.5%	(20.0%-35.0%)	73
14 or older	31.3%	(19.0%-43.6%)~	71	43.7%	(31.0%-56.5%)~	46	20.6%	(8.2%-33.0%)~	25
<b>----Grade----</b>									
Grade 7	31.9%	(19.9%-44.0%)~	161	39.2%	(22.8%-55.7%)~	93	23.5%	(14.2%-32.8%)	60
Grade 8	35.0%	(27.8%-42.2%)	201	43.6%	(33.8%-53.5%)	123	26.3%	(21.7%-30.9%)	76
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	34.3%	(28.7%-39.8%)	343	41.8%	(34.1%-49.5%)	203	26.0%	(20.4%-31.5%)	129
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	33.0%	(26.6%-39.3%)	331	41.0%	(32.2%-49.7%)	200	24.4%	(18.7%-30.1%)	122
Multiple Races	46.4%	(32.0%-60.9%)~	17	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 6**

### **Suicide & Depression**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Have you ever felt so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? (mn153)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	32.1%	(29.5%-34.6%)	342	43.2%	(38.5%-47.8%)	220	20.6%	(18.1%-23.2%)	112
<b>----Age----</b>									
12 or younger	27.4%	(22.0%-32.8%)	85	37.8%	(26.0%-49.6%)~	55	17.8%	(10.6%-24.9%)	28
13	33.9%	(29.8%-38.1%)	182	45.4%	(39.8%-51.1%)	117	21.2%	(15.7%-26.7%)	57
14 or older	34.1%	(23.3%-44.9%)~	76	45.0%	(26.1%-64.0%)~	48	23.4%	(14.2%-32.5%)	27
<b>----Grade----</b>									
Grade 7	28.4%	(24.1%-32.6%)	141	39.6%	(33.3%-45.9%)	91	17.6%	(12.0%-23.2%)	46
Grade 8	35.2%	(31.7%-38.8%)	199	46.4%	(40.5%-52.4%)	129	23.1%	(19.3%-26.8%)	65
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	32.8%	(30.3%-35.2%)	324	43.4%	(39.2%-47.5%)	208	21.5%	(19.7%-23.2%)	106
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	31.7%	(29.2%-34.2%)	314	42.9%	(38.0%-47.7%)	206	20.0%	(17.7%-22.2%)	99
Multiple Races	38.7%	(21.3%-56.2%)~	13	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (mn215)  
Among students who have ever felt sad or hopeless, the percentage of students who answered that they got help from an adult*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	32.4%	(23.8%-41.1%)	213	31.9%	(21.4%-42.4%)~	121	32.9%	(23.4%-42.4%)	89
<b>----Age----</b>									
12 or younger	43.1%	(30.6%-55.6%)~	78	42.5%	(21.5%-63.5%)~	47	44.1%	(31.8%-56.4%)~	32
13	30.4%	(20.7%-40.2%)	98	30.8%	(17.1%-44.4%)~	56	29.4%	(21.7%-37.0%)	39
14 or older	23.9%	(14.8%-33.0%)	37	21.0%	(8.4%-33.6%)~	18	27.7%	(11.2%-44.3%)~	18
<b>----Grade----</b>									
Grade 7	41.0%	(27.0%-54.9%)~	128	42.5%	(27.1%-58.0%)~	78	37.3%	(20.9%-53.7%)~	47
Grade 8	24.7%	(15.6%-33.8%)	85	22.0%	(12.1%-32.0%)	43	29.0%	(22.3%-35.6%)	42
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	32.6%	(23.6%-41.5%)	199	30.9%	(20.2%-41.6%)~	110	34.6%	(25.6%-43.7%)	86
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	33.5%	(23.8%-43.1%)	202	32.9%	(21.5%-44.4%)~	117	34.0%	(23.9%-44.2%)~	82
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have ever felt sad or hopeless, the number of students who answered that they got help from an adult (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (mn215\_2)*

*Among students who have ever felt sad or hopeless, the percentage of students who answered that they got help from a teacher or other school staff member*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.2%	(0.0%-2.4%)	8	*	*	*	*	*	*
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	*	*	*	*	*	*	*	*	*
14 or older	*	*	*	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	*	*	*	*	*	*	*	*	*
Grade 8	*	*	*	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	*	*	*	*	*	*	*	*	*
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.2%	(0.0%-2.4%)	7	*	*	*	*	*	*
Multiple Races	*	*	*	*	*	*	*	*	*

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Among students who have ever felt sad or hopeless, the number of students who answered that they got help from a teacher or other school staff member (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (m215)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
B. I did feel sad or hopeless but did not seek help	41.4%	(33.3%-49.5%)	272	34.2%	(25.2%-43.2%)	129	51.0%	(32.3%-69.7%)	138
C. Parent or other adult relative	23.9%	(16.7%-31.2%)	157	22.0%	(13.8%-30.2%)	83	27.3%	(21.1%-33.5%)	74
D. Teacher or other school staff member	1.2%	(0.0%-2.4%)	8	*	*	*	*	*	*
E. Other adult	0.0%	(0.0%-0.0%)	0	*	*	*	*	*	*
F. Friend or another young person	23.9%	(21.0%-26.8%)	157	30.7%	(22.5%-39.0%)	116	15.0%	(2.7%-27.3%)	41
G. Hotline, counselor, or other mental health professional	7.3%	(1.1%-13.5%)	48	7.9%	(3.7%-12.0%)	30	5.6%	(0.0%-13.3%)	15
H. Some other person	2.3%	(0.3%-4.3%)	15	*	*	*	*	*	*

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.) (mn209)  
Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	25.9%	(22.3%-29.6%)	273	35.9%	(25.0%-46.9%)~	186	15.2%	(8.9%-21.4%)	80
<b>----Age----</b>									
12 or younger	22.6%	(16.9%-28.3%)	67	33.9%	(19.1%-48.7%)~	48	12.2%	(0.0%-25.7%)~	19
13	28.3%	(21.5%-35.1%)	146	38.2%	(27.8%-48.5%)~	102	15.3%	(13.7%-17.0%)	37
14 or older	25.1%	(17.9%-32.2%)	60	33.1%	(18.5%-47.7%)~	36	18.4%	(2.3%-34.4%)~	24
<b>----Grade----</b>									
Grade 7	24.2%	(20.3%-28.0%)	117	33.4%	(19.6%-47.2%)~	77	14.7%	(7.2%-22.3%)	37
Grade 8	27.7%	(24.4%-31.0%)	156	38.7%	(31.0%-46.3%)	109	15.6%	(10.0%-21.1%)	43
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	27.3%	(23.0%-31.6%)	260	38.1%	(30.2%-45.9%)	180	15.4%	(9.5%-21.3%)	73
<b>----Race----</b>									
American Indian or Alaskan Native	52.1%	(4.8%-99.4%)~	7	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	25.5%	(21.2%-29.8%)	248	36.5%	(26.6%-46.4%)	176	13.4%	(8.0%-18.8%)	65
Multiple Races	39.5%	(17.1%-61.9%)~	11	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Have you ever seriously thought about killing yourself? (mn25)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.5%	(15.9%-23.1%)	207	25.3%	(19.0%-31.5%)	128	13.1%	(11.1%-15.1%)	71
<b>----Age----</b>									
12 or younger	13.4%	(10.9%-15.9%)	41	18.9%	(10.9%-26.8%)	28	7.8%	(3.6%-12.1%)	13
13	21.5%	(17.3%-25.6%)	114	27.7%	(22.9%-32.5%)	71	13.7%	(10.7%-16.7%)	36
14 or older	23.3%	(20.1%-26.4%)	52	28.3%	(15.9%-40.6%)~	30	18.8%	(9.8%-27.9%)	22
<b>----Grade----</b>									
Grade 7	16.7%	(12.2%-21.2%)	82	23.6%	(13.6%-33.5%)	54	10.0%	(7.3%-12.7%)	26
Grade 8	22.1%	(18.6%-25.5%)	124	27.0%	(20.3%-33.6%)	74	15.9%	(13.8%-18.1%)	45
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	19.9%	(16.5%-23.2%)	195	25.5%	(19.7%-31.3%)	121	13.3%	(11.3%-15.3%)	66
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	19.2%	(15.6%-22.7%)	189	25.0%	(18.2%-31.8%)	119	12.6%	(10.7%-14.5%)	63
Multiple Races	21.3%	(6.3%-36.2%)~	7	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*Have you ever tried to kill yourself? (mn27)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	12.0%	(7.5%-16.4%)	127	13.5%	(8.5%-18.5%)	68	10.2%	(4.9%-15.4%)	56
<b>----Age----</b>									
12 or younger	9.5%	(3.3%-15.7%)	29	9.0%	(1.5%-16.5%)	13	9.9%	(4.8%-15.1%)	16
13	11.7%	(5.9%-17.5%)	61	13.8%	(6.3%-21.3%)	36	8.7%	(3.9%-13.5%)	23
14 or older	15.9%	(12.7%-19.0%)	37	19.1%	(11.1%-27.0%)	20	13.3%	(1.7%-25.0%)~	17
<b>----Grade----</b>									
Grade 7	12.1%	(7.1%-17.0%)	60	10.4%	(6.2%-14.6%)	24	12.5%	(6.3%-18.7%)	33
Grade 8	12.0%	(7.6%-16.4%)	68	16.4%	(9.7%-23.0%)	45	8.0%	(2.0%-14.0%)	23
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	12.3%	(8.3%-16.3%)	119	14.2%	(8.7%-19.7%)	67	10.1%	(6.5%-13.6%)	50
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	11.4%	(7.3%-15.5%)	111	12.9%	(7.1%-18.7%)	61	9.5%	(5.6%-13.4%)	48
Multiple Races	20.9%	(7.2%-34.6%)~	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Have you ever done something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose? (mn28)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.9%	(16.2%-27.6%)	237	31.5%	(20.6%-42.4%)~	165	11.8%	(8.0%-15.6%)	65
<b>----Age----</b>									
12 or younger	13.6%	(4.1%-23.1%)	42	21.0%	(9.6%-32.4%)~	31	6.8%	(0.0%-17.1%)	11
13	23.9%	(13.4%-34.5%)~	127	33.9%	(21.4%-46.5%)~	90	11.6%	(4.0%-19.2%)	30
14 or older	28.2%	(22.7%-33.7%)	68	39.7%	(24.9%-54.4%)~	44	18.4%	(2.2%-34.7%)~	24
<b>----Grade----</b>									
Grade 7	17.5%	(9.4%-25.6%)	88	25.3%	(12.0%-38.7%)~	60	9.5%	(0.1%-18.9%)	25
Grade 8	26.0%	(20.0%-32.0%)	149	37.2%	(29.2%-45.3%)	105	13.9%	(6.7%-21.2%)	40
<b>----Hispanic Ethnicity----</b>									
Hispanic	44.2%	(21.3%-67.1%)~	6	*	*	*	*	*	*
Non-Hispanic	22.4%	(16.2%-28.7%)	219	33.0%	(24.1%-41.9%)	157	11.2%	(6.8%-15.5%)	55
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	21.6%	(15.4%-27.8%)	215	31.7%	(20.8%-42.5%)~	154	10.7%	(5.0%-16.3%)	53
Multiple Races	37.4%	(6.7%-68.0%)~	11	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 7 Tobacco**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*During the past 30 days, on how many days did you smoke cigarettes? (mn29)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.7%	(1.0%-4.5%)	30	*	*	*	*	*	*
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	3.0%	(0.3%-5.6%)	16	*	*	*	*	*	*
14 or older	5.0%	(1.2%-8.9%)	11	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	1.8%	(0.1%-3.6%)	9	*	*	*	*	*	*
Grade 8	3.5%	(1.4%-5.5%)	20	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	2.8%	(1.1%-4.6%)	28	*	*	*	*	*	*
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.7%	(1.0%-4.5%)	27	*	*	*	*	*	*
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*How old were you when you smoked a whole cigarette for the first time? (mn32)*

*Among students who have smoked a whole cigarette, the percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	66.1%	(36.5%-95.8%)~	31	*	*	*	*	*	*
<b>---Age---</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	67.6%	(34.5%-100.0%)~	15	*	*	*	*	*	*
14 or older	66.3%	(12.1%-100.0%)~	16	*	*	*	*	*	*
<b>---Grade---</b>									
Grade 7	*	*	*	*	*	*	*	*	*
Grade 8	65.7%	(36.2%-95.2%)~	22	*	*	*	*	*	*
<b>---Hispanic Ethnicity---</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	63.4%	(32.1%-94.8%)~	28	*	*	*	*	*	*
<b>---Race---</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	65.2%	(33.0%-97.4%)~	27	*	*	*	*	*	*
Multiple Races	*	*	*	*	*	*	*	*	*

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Among students who have smoked a whole cigarette, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*How old were you when you smoked a whole cigarette for the first time? (mn32\_2)*  
*Percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.9%	(1.5%-4.3%)	31	3.4%	(0.0%-7.7%)	18	2.5%	(0.2%-4.9%)	13
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	2.8%	(0.0%-6.0%)	15	*	*	*	*	*	*
14 or older	7.5%	(2.1%-12.8%)	16	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	1.9%	(0.0%-5.1%)	9	*	*	*	*	*	*
Grade 8	3.8%	(2.7%-4.9%)	22	2.9%	(0.0%-6.5%)	8	4.8%	(1.0%-8.5%)	13
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	2.7%	(1.2%-4.2%)	28	3.4%	(0.0%-7.6%)	17	2.2%	(0.2%-4.1%)	11
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.7%	(1.1%-4.3%)	27	3.3%	(0.0%-7.7%)	16	2.2%	(0.2%-4.1%)	11
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day? (mn36)  
Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.7%	(9.3%-18.0%)	146	13.7%	(8.6%-18.8%)	70	14.2%	(8.9%-19.5%)	76
<b>----Age----</b>									
12 or younger	13.2%	(9.3%-17.1%)	41	13.5%	(3.9%-23.1%)	20	13.5%	(6.2%-20.7%)	21
13	14.7%	(8.6%-20.8%)	81	13.4%	(3.4%-23.5%)~	36	16.5%	(8.4%-24.5%)	45
14 or older	11.8%	(1.8%-21.8%)	25	14.5%	(0.0%-41.3%)~	15	9.6%	(2.6%-16.5%)	10
<b>----Grade----</b>									
Grade 7	16.4%	(10.8%-22.0%)	81	18.7%	(12.3%-25.1%)	44	15.1%	(7.5%-22.6%)	37
Grade 8	11.2%	(7.2%-15.2%)	63	9.1%	(0.3%-17.8%)	25	13.5%	(6.9%-20.2%)	38
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	12.9%	(8.7%-17.0%)	130	13.5%	(8.8%-18.2%)	67	12.7%	(8.1%-17.3%)	64
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.0%	(8.7%-17.3%)	130	13.4%	(8.9%-17.9%)	65	13.0%	(8.0%-18.1%)	65
Multiple Races	22.6%	(12.6%-32.6%)~	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*If you wanted to get some cigarettes, how easy would it be for you to get some? (mn37)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.2%	(16.0%-26.4%)	216	25.9%	(15.0%-36.8%)~	129	16.1%	(11.4%-20.7%)	82
<b>----Age----</b>									
12 or younger	13.3%	(3.6%-23.0%)	38	16.5%	(6.4%-26.6%)~	24	8.7%	(0.0%-18.8%)	12
13	22.6%	(19.5%-25.7%)	119	32.7%	(20.3%-45.0%)~	83	12.3%	(7.1%-17.5%)	32
14 or older	28.7%	(25.4%-32.0%)	59	22.3%	(8.1%-36.4%)~	22	35.1%	(27.6%-42.6%)	37
<b>----Grade----</b>									
Grade 7	15.2%	(7.7%-22.8%)	71	20.0%	(11.7%-28.3%)	46	10.2%	(2.7%-17.7%)	23
Grade 8	26.2%	(22.4%-29.9%)	144	30.7%	(16.6%-44.8%)~	82	21.1%	(15.8%-26.3%)	58
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	21.3%	(16.0%-26.6%)	207	25.6%	(15.4%-35.8%)~	123	16.4%	(11.9%-21.0%)	79
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	20.5%	(14.7%-26.4%)	197	25.4%	(14.9%-35.8%)~	120	15.7%	(10.8%-20.7%)	75
Multiple Races	23.8%	(9.3%-38.3%)~	11	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Do you think that you will try a cigarette soon? (mn47)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	15.7%	(9.9%-21.6%)	169	16.7%	(8.3%-25.0%)	85	15.1%	(8.0%-22.3%)	82
<b>----Age----</b>									
12 or younger	11.8%	(4.7%-18.9%)	37	11.6%	(3.0%-20.1%)	17	11.2%	(2.1%-20.2%)	18
13	17.9%	(9.0%-26.8%)	100	18.2%	(8.0%-28.3%)~	49	18.6%	(10.2%-27.0%)	51
14 or older	15.8%	(6.8%-24.8%)	32	20.3%	(7.4%-33.1%)~	19	12.1%	(0.0%-31.4%)~	13
<b>----Grade----</b>									
Grade 7	14.5%	(9.8%-19.2%)	73	16.9%	(9.6%-24.2%)	40	12.2%	(8.2%-16.2%)	31
Grade 8	16.7%	(9.4%-24.1%)	95	16.2%	(6.1%-26.2%)~	44	17.9%	(6.5%-29.2%)~	51
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	15.4%	(9.6%-21.2%)	157	16.6%	(7.8%-25.4%)	82	14.5%	(8.8%-20.3%)	73
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	15.5%	(10.1%-20.8%)	155	15.8%	(6.8%-24.7%)	76	15.3%	(9.2%-21.5%)	77
Multiple Races	14.5%	(5.8%-23.1%)	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Do you think you will smoke a cigarette at any time during the next year? (mn48)*  
*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.5%	(7.8%-19.2%)	145	17.1%	(7.6%-26.6%)	87	10.2%	(6.8%-13.6%)	55
<b>----Age----</b>									
12 or younger	10.5%	(8.5%-12.5%)	33	11.9%	(3.9%-19.9%)	18	8.3%	(0.7%-16.0%)	13
13	14.7%	(6.5%-22.9%)	82	20.1%	(11.4%-28.8%)	54	10.1%	(3.3%-16.9%)	28
14 or older	14.7%	(7.4%-22.0%)	30	16.8%	(0.0%-34.7%)~	16	13.1%	(1.1%-25.1%)~	14
<b>----Grade----</b>									
Grade 7	11.8%	(8.5%-15.1%)	59	16.2%	(8.6%-23.8%)	39	7.4%	(1.0%-13.9%)	19
Grade 8	15.0%	(5.8%-24.3%)	85	17.9%	(5.6%-30.2%)~	49	12.7%	(2.2%-23.2%)~	36
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	13.6%	(7.2%-19.9%)	138	17.2%	(7.0%-27.4%)~	85	10.2%	(6.9%-13.6%)	52
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.1%	(7.2%-19.0%)	131	16.2%	(5.9%-26.4%)~	78	10.3%	(7.4%-13.2%)	52
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Do you think you will smoke a cigarette at any time during the next year? (mn48\_2)*  
*Percentage of students who answered 'I definitely will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	86.5%	(80.8%-92.2%)	929	82.9%	(73.4%-92.4%)	422	89.8%	(86.4%-93.2%)	486
<b>----Age----</b>									
12 or younger	89.5%	(87.5%-91.5%)	281	88.1%	(80.1%-96.1%)	130	91.7%	(84.0%-99.3%)	146
13	85.3%	(77.1%-93.5%)	475	79.9%	(71.2%-88.6%)	215	89.9%	(83.1%-96.7%)	246
14 or older	85.3%	(78.0%-92.6%)	174	83.2%	(65.3%-100.0%)~	78	86.9%	(74.9%-98.9%)~	94
<b>----Grade----</b>									
Grade 7	88.2%	(84.9%-91.5%)	444	83.8%	(76.2%-91.4%)	199	92.6%	(86.1%-99.0%)	234
Grade 8	85.0%	(75.7%-94.2%)	482	82.1%	(69.8%-94.4%)~	223	87.3%	(76.8%-97.8%)~	249
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	86.4%	(80.1%-92.8%)	879	82.8%	(72.6%-93.0%)~	407	89.8%	(86.4%-93.1%)	452
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	86.9%	(81.0%-92.8%)	871	83.8%	(73.6%-94.1%)~	403	89.7%	(86.8%-92.6%)	450
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'I definitely will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*If one of your closest friends offered you a cigarette, would you smoke it? (mn51a)*  
*Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	19.8%	(13.3%-26.2%)	212	22.8%	(10.4%-35.2%)~	116	17.0%	(11.5%-22.4%)	92
<b>----Age----</b>									
12 or younger	16.3%	(12.7%-19.9%)	51	16.4%	(7.9%-24.8%)	24	15.6%	(0.8%-30.3%)~	25
13	18.0%	(9.9%-26.1%)	99	22.9%	(11.1%-34.7%)~	61	14.1%	(9.4%-18.8%)	39
14 or older	29.6%	(13.1%-46.1%)~	62	31.9%	(10.1%-53.6%)~	32	26.2%	(0.0%-57.9%)~	28
<b>----Grade----</b>									
Grade 7	17.4%	(15.6%-19.2%)	87	20.7%	(12.3%-29.1%)	48	13.5%	(4.1%-23.0%)	34
Grade 8	21.9%	(10.8%-33.1%)~	126	24.5%	(8.0%-41.0%)~	68	20.2%	(6.2%-34.1%)~	58
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	20.1%	(13.2%-27.0%)	205	23.1%	(10.2%-36.0%)~	114	17.3%	(11.8%-22.8%)	87
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	19.4%	(12.8%-26.0%)	195	21.6%	(8.2%-35.0%)~	104	17.2%	(11.9%-22.5%)	86
Multiple Races	17.8%	(9.7%-26.0%)	8	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*How wrong do your friends feel it would be for you to smoke cigarettes? (mn172)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	14.5%	(11.6%-17.3%)	151	18.4%	(11.0%-25.8%)	93	10.5%	(5.8%-15.2%)	55
<b>----Age----</b>									
12 or younger	5.8%	(1.6%-10.0%)	17	5.9%	(0.0%-12.3%)	9	5.8%	(1.3%-10.3%)	9
13	19.1%	(17.0%-21.1%)	103	24.8%	(18.5%-31.1%)	66	13.1%	(9.3%-16.9%)	35
14 or older	15.0%	(9.5%-20.5%)	31	19.7%	(2.4%-37.1%)~	19	10.8%	(1.1%-20.6%)	12
<b>----Grade----</b>									
Grade 7	10.6%	(8.2%-12.9%)	51	15.4%	(9.0%-21.8%)	36	6.2%	(2.0%-10.5%)	15
Grade 8	17.7%	(14.3%-21.0%)	100	20.7%	(11.1%-30.3%)	57	14.1%	(8.7%-19.6%)	40
<b>----Hispanic Ethnicity----</b>									
Hispanic	48.5%	(23.9%-73.1%)~	6	*	*	*	*	*	*
Non-Hispanic	14.3%	(11.3%-17.3%)	142	18.0%	(10.9%-25.0%)	88	10.5%	(6.0%-15.0%)	51
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.7%	(10.6%-16.8%)	133	17.4%	(10.4%-24.3%)	83	9.7%	(5.1%-14.4%)	47
Multiple Races	27.2%	(17.3%-37.1%)	12	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*During the past 7 days, on how many days were you in the same car with someone who was smoking cigarettes? (mn56a)  
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	20.8%	(17.4%-24.2%)	221	21.5%	(16.4%-26.6%)	110	19.6%	(13.8%-25.4%)	104
<b>----Age----</b>									
12 or younger	12.8%	(7.2%-18.4%)	40	12.8%	(5.1%-20.5%)	19	13.3%	(1.3%-25.2%)~	21
13	24.6%	(18.3%-30.9%)	134	29.4%	(20.8%-38.0%)	78	19.1%	(7.4%-30.8%)~	51
14 or older	22.8%	(13.3%-32.4%)	47	13.1%	(0.0%-26.2%)~	13	30.5%	(23.8%-37.2%)	32
<b>----Grade----</b>									
Grade 7	17.8%	(11.3%-24.4%)	88	19.3%	(13.8%-24.9%)	46	14.6%	(3.1%-26.2%)~	36
Grade 8	23.5%	(15.5%-31.5%)	133	23.3%	(12.1%-34.4%)~	64	24.1%	(15.1%-33.2%)	68
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	20.4%	(17.0%-23.8%)	205	21.7%	(16.9%-26.5%)	107	18.6%	(12.8%-24.4%)	92
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	20.0%	(16.4%-23.6%)	198	20.5%	(15.3%-25.6%)	99	18.9%	(12.9%-24.9%)	93
Multiple Races	26.2%	(9.6%-42.9%)~	12	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes? (mn33a)  
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.6%	(17.5%-29.7%)	251	26.9%	(18.2%-35.6%)	137	20.8%	(14.2%-27.4%)	111
<b>----Age----</b>									
12 or younger	16.3%	(11.5%-21.1%)	51	18.5%	(8.1%-28.9%)~	27	14.9%	(10.6%-19.2%)	24
13	28.4%	(16.9%-39.9%)~	154	36.9%	(21.1%-52.6%)~	97	20.2%	(7.8%-32.5%)~	54
14 or older	22.0%	(18.0%-25.9%)	46	12.8%	(3.5%-22.1%)	13	30.7%	(16.3%-45.2%)~	33
<b>----Grade----</b>									
Grade 7	21.2%	(10.1%-32.3%)~	105	30.1%	(13.4%-46.7%)~	71	13.9%	(6.2%-21.6%)	34
Grade 8	25.3%	(19.5%-31.1%)	143	24.2%	(19.9%-28.5%)	66	26.0%	(16.3%-35.7%)	74
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	24.0%	(17.8%-30.2%)	242	27.5%	(18.9%-36.2%)	135	20.9%	(14.3%-27.4%)	104
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	23.9%	(17.5%-30.4%)	237	27.0%	(17.9%-36.0%)	129	21.2%	(14.4%-28.0%)	105
Multiple Races	16.7%	(11.6%-21.8%)	7	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Have you ever used an electronic vapor product? (mn173)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	14.9%	(10.2%-19.6%)	161	19.7%	(11.7%-27.8%)	102	10.3%	(7.8%-12.8%)	56
<b>----Age----</b>									
12 or younger	6.3%	(3.8%-8.9%)	20	7.0%	(1.5%-12.5%)	10	5.9%	(2.7%-9.0%)	9
13	16.3%	(10.0%-22.6%)	88	21.9%	(12.7%-31.1%)	58	10.4%	(6.5%-14.2%)	27
14 or older	23.4%	(13.5%-33.4%)	53	32.0%	(14.8%-49.3%)~	33	16.1%	(10.1%-22.2%)	19
<b>----Grade----</b>									
Grade 7	10.5%	(6.2%-14.8%)	53	14.3%	(6.2%-22.4%)	34	6.8%	(4.5%-9.2%)	18
Grade 8	18.9%	(13.2%-24.5%)	108	24.4%	(15.8%-33.0%)	68	13.5%	(10.7%-16.3%)	39
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	15.2%	(10.2%-20.2%)	151	20.0%	(12.4%-27.7%)	97	10.4%	(7.2%-13.6%)	52
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	14.5%	(9.8%-19.3%)	145	19.3%	(11.6%-27.0%)	94	10.0%	(6.8%-13.2%)	50
Multiple Races	17.6%	(5.9%-29.3%)~	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*During the past 30 days, on how many days did you use an electronic vapor product? (mn174)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	7.5%	(5.5%-9.6%)	80	10.9%	(8.0%-13.8%)	55	4.5%	(2.6%-6.5%)	24
<b>----Age----</b>									
12 or younger	3.0%	(1.4%-4.5%)	9	*	*	*	*	*	*
13	7.7%	(4.8%-10.7%)	41	12.4%	(10.5%-14.4%)	32	3.4%	(0.0%-7.2%)	9
14 or older	13.4%	(8.2%-18.5%)	30	17.8%	(9.9%-25.8%)	18	9.6%	(3.8%-15.4%)	11
<b>----Grade----</b>									
Grade 7	5.5%	(3.4%-7.6%)	27	7.5%	(4.8%-10.2%)	17	3.9%	(1.9%-5.8%)	10
Grade 8	9.3%	(5.6%-13.0%)	52	13.8%	(9.1%-18.6%)	38	5.1%	(2.5%-7.7%)	14
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	7.5%	(5.1%-9.8%)	73	11.3%	(8.9%-13.6%)	53	4.0%	(1.6%-6.5%)	20
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	7.3%	(5.1%-9.6%)	72	10.8%	(8.2%-13.5%)	52	4.1%	(1.8%-6.5%)	20
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182a)*  
*Among those who have used an electronic vapor product, the percentage of students who answered 'Nicotine'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	47.3%	(31.1%-63.5%)~	87	50.8%	(29.3%-72.2%)~	57	43.8%	(22.5%-65.1%)~	31
<b>----Age----</b>									
12 or younger	38.7%	(27.7%-49.7%)~	10	*	*	*	*	*	*
13	58.1%	(39.9%-76.3%)~	55	57.8%	(37.8%-77.7%)~	34	63.9%	(43.9%-83.8%)~	21
14 or older	34.8%	(13.9%-55.8%)~	23	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	42.2%	(18.2%-66.1%)~	26	42.0%	(0.0%-94.9%)~	14	47.3%	(43.4%-51.3%)	12
Grade 8	49.9%	(24.7%-75.2%)~	61	54.5%	(33.1%-75.8%)~	43	41.7%	(9.1%-74.2%)~	18
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	50.0%	(35.3%-64.8%)~	86	51.2%	(30.3%-72.1%)~	55	50.5%	(31.3%-69.7%)~	31
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	49.5%	(34.2%-64.7%)~	82	50.9%	(29.9%-71.8%)~	53	49.6%	(33.2%-66.0%)~	29
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among those who have used an electronic vapor product, the number of students who answered 'Nicotine' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182a\_2)*

*Among those that have used an electronic vapor product, the percentage of students who answered 'Marijuana, THC, or hash oil'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.7%	(7.5%-20.0%)	25	11.0%	(3.3%-18.6%)	12	18.7%	(7.7%-29.7%)~	13
<b>----Age----</b>									
12 or younger	26.5%	(21.0%-31.9%)	7	*	*	*	*	*	*
13	*	*	*	*	*	*	*	*	*
14 or older	21.0%	(3.7%-38.3%)~	14	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	16.6%	(12.1%-21.1%)	10	*	*	*	*	*	*
Grade 8	12.2%	(2.5%-22.0%)	15	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	14.3%	(7.2%-21.4%)	25	11.3%	(3.6%-19.1%)	12	20.4%	(4.1%-36.8%)~	12
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	14.0%	(6.8%-21.3%)	23	11.2%	(3.6%-18.8%)	12	19.7%	(1.7%-37.8%)~	12
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among those that have used an electronic vapor product, the number of students who answered 'Marijuana, THC, or hash oil' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (m182a)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
B. Nicotine	47.3%	(31.1%-63.5%)	87	50.8%	(29.3%-72.2%)	57	43.8%	(22.5%-65.1%)	31
C. Marijuana, THC, or hash oil	13.7%	(7.5%-20.0%)	25	11.0%	(3.3%-18.6%)	12	18.7%	(7.7%-29.7%)	13
D. Just flavoring	16.8%	(8.0%-25.7%)	31	11.8%	(2.4%-21.1%)	13	21.2%	(5.1%-37.2%)	15
E. Not sure	22.2%	(17.1%-27.3%)	41	26.5%	(16.7%-36.3%)	30	16.3%	(8.2%-24.4%)	11

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they use electronic vapor products every day? (mn202)  
Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	18.4%	(9.9%-27.0%)	196	18.8%	(12.6%-25.0%)	97	17.4%	(5.7%-29.2%)~	94
<b>----Age----</b>									
12 or younger	13.0%	(4.5%-21.5%)	39	13.7%	(2.0%-25.4%)~	20	12.4%	(1.5%-23.3%)~	19
13	19.6%	(11.3%-27.9%)	103	17.9%	(11.4%-24.3%)	48	20.4%	(4.2%-36.6%)~	51
14 or older	22.5%	(8.5%-36.5%)~	53	28.2%	(10.0%-46.5%)~	30	17.8%	(0.0%-36.2%)~	23
<b>----Grade----</b>									
Grade 7	17.1%	(7.4%-26.9%)	84	18.5%	(6.6%-30.4%)~	43	16.1%	(5.7%-26.5%)~	40
Grade 8	18.8%	(9.4%-28.2%)	107	17.6%	(12.6%-22.6%)	49	18.6%	(4.3%-32.8%)~	53
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	18.0%	(8.6%-27.4%)	175	18.1%	(11.2%-25.0%)	87	17.1%	(4.4%-29.8%)~	83
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	18.3%	(10.2%-26.4%)	180	18.9%	(12.8%-24.9%)	91	17.2%	(6.1%-28.3%)~	85
Multiple Races	20.7%	(6.1%-35.2%)~	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*How wrong do you think it is for someone your age to use electronic vapor products? (mn203)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.3%	(11.3%-23.3%)	186	20.0%	(11.7%-28.2%)	105	14.3%	(9.4%-19.1%)	77
<b>----Age----</b>									
12 or younger	16.9%	(10.5%-23.2%)	52	17.7%	(6.2%-29.1%)~	26	16.2%	(9.7%-22.7%)	26
13	16.3%	(11.1%-21.4%)	86	14.9%	(7.0%-22.8%)	40	16.5%	(7.4%-25.6%)	41
14 or older	20.4%	(7.5%-33.2%)~	49	35.3%	(10.7%-59.9%)~	39	7.5%	(0.6%-14.3%)	10
<b>----Grade----</b>									
Grade 7	17.9%	(11.6%-24.2%)	89	19.3%	(12.0%-26.7%)	46	16.9%	(10.6%-23.1%)	44
Grade 8	17.0%	(11.1%-22.8%)	96	20.8%	(11.6%-30.1%)	59	11.8%	(8.5%-15.2%)	33
<b>----Hispanic Ethnicity----</b>									
Hispanic	43.2%	(33.0%-53.4%)~	6	*	*	*	*	*	*
Non-Hispanic	17.6%	(12.8%-22.4%)	170	21.3%	(14.1%-28.5%)	102	13.3%	(10.2%-16.4%)	64
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	16.9%	(10.8%-23.0%)	167	19.8%	(11.3%-28.2%)	97	13.4%	(8.5%-18.3%)	66
Multiple Races	22.0%	(12.0%-32.1%)~	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*If you wanted to get electronic vapor products, how easy would it be for you to get some? (mn204a)  
Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	26.4%	(20.1%-32.6%)	277	26.5%	(22.2%-30.9%)	135	26.6%	(15.8%-37.3%)~	142
<b>----Age----</b>									
12 or younger	18.3%	(12.3%-24.3%)	55	12.6%	(3.6%-21.6%)	18	23.5%	(12.2%-34.9%)~	37
13	27.5%	(17.2%-37.8%)~	143	29.9%	(15.9%-43.9%)~	79	25.8%	(13.0%-38.6%)~	65
14 or older	34.3%	(22.2%-46.5%)~	79	37.5%	(25.0%-50.1%)~	38	31.8%	(17.5%-46.0%)~	40
<b>----Grade----</b>									
Grade 7	19.8%	(12.7%-27.0%)	97	16.9%	(12.2%-21.6%)	39	22.8%	(10.2%-35.4%)~	58
Grade 8	32.4%	(24.6%-40.2%)	180	35.4%	(29.3%-41.5%)	96	29.9%	(17.0%-42.9%)~	84
<b>----Hispanic Ethnicity----</b>									
Hispanic	47.9%	(18.5%-77.2%)~	7	*	*	*	*	*	*
Non-Hispanic	27.7%	(21.1%-34.2%)	265	26.6%	(22.8%-30.5%)	125	29.1%	(16.7%-41.5%)~	140
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	26.5%	(20.3%-32.7%)	258	26.3%	(21.3%-31.2%)	125	27.1%	(16.1%-38.2%)~	133
Multiple Races	37.0%	(22.4%-51.7%)~	11	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges? (Do not count any electronic vapor products.) (mn181c)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.4%	(0.3%-4.5%)	26	3.3%	(1.5%-5.1%)	17	1.6%	(0.0%-4.2%)	9
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	2.7%	(0.1%-5.3%)	15	2.4%	(0.0%-5.5%)	7	3.1%	(0.0%-8.5%)	8
14 or older	4.5%	(0.0%-9.1%)	11	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	*	*	*	*	*	*	*	*	*
Grade 8	4.4%	(1.6%-7.3%)	25	6.1%	(3.3%-8.9%)	17	2.9%	(0.0%-7.3%)	8
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	2.7%	(0.3%-5.0%)	26	3.6%	(1.4%-5.8%)	17	1.8%	(0.0%-4.7%)	9
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.6%	(0.3%-4.8%)	25	3.5%	(1.5%-5.6%)	17	1.6%	(0.0%-4.5%)	8
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild), or Backwoods? (mn30a)*

*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.1%	(0.0%-2.4%)	12	*	*	*	*	*	*
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	*	*	*	*	*	*	*	*	*
14 or older	4.6%	(0.0%-9.4%)	11	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	*	*	*	*	*	*	*	*	*
Grade 8	1.9%	(0.0%-3.8%)	11	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.2%	(0.0%-2.5%)	12	*	*	*	*	*	*
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.1%	(0.0%-2.3%)	11	*	*	*	*	*	*
Multiple Races	*	*	*	*	*	*	*	*	*

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users)  
(mntobsus)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	24.1%	(16.5%-31.6%)	257	24.7%	(11.9%-37.6%)~	125	23.7%	(14.6%-32.7%)	128
<b>----Age----</b>									
12 or younger	19.0%	(15.9%-22.1%)	60	16.4%	(7.9%-24.8%)	24	20.8%	(9.7%-32.0%)~	33
13	25.2%	(15.9%-34.5%)	139	28.4%	(15.2%-41.6%)~	75	23.3%	(15.3%-31.4%)	64
14 or older	28.8%	(13.3%-44.4%)~	59	27.5%	(8.5%-46.4%)~	26	28.6%	(0.0%-57.9%)~	31
<b>----Grade----</b>									
Grade 7	21.2%	(18.0%-24.5%)	106	22.5%	(13.2%-31.8%)	52	19.5%	(13.1%-26.0%)	49
Grade 8	26.7%	(15.4%-37.9%)~	151	26.7%	(10.8%-42.5%)~	73	27.5%	(11.0%-44.1%)~	79
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	24.2%	(16.4%-31.9%)	245	25.1%	(11.6%-38.6%)~	122	23.5%	(15.3%-31.8%)	118
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	23.8%	(16.6%-31.0%)	238	23.7%	(9.9%-37.4%)~	113	24.1%	(15.3%-32.9%)	121
Multiple Races	22.1%	(11.0%-33.1%)~	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (mntobsus\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.9%	(15.6%-28.2%)	222	21.1%	(10.6%-31.7%)~	101	22.7%	(15.6%-29.9%)	117
<b>----Age----</b>									
12 or younger	19.4%	(15.7%-23.1%)	59	16.5%	(8.6%-24.5%)	24	21.4%	(9.0%-33.8%)~	33
13	22.8%	(14.2%-31.4%)	121	24.5%	(11.7%-37.3%)~	61	22.4%	(15.5%-29.4%)	59
14 or older	23.5%	(8.6%-38.3%)~	43	19.1%	(9.9%-28.3%)	16	25.7%	(0.0%-51.4%)~	25
<b>----Grade----</b>									
Grade 7	20.0%	(17.0%-23.0%)	96	20.3%	(12.3%-28.2%)	45	19.1%	(12.6%-25.6%)	47
Grade 8	23.7%	(13.9%-33.5%)	127	21.9%	(8.2%-35.6%)~	56	26.3%	(13.0%-39.5%)~	71
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	22.3%	(15.6%-29.0%)	216	21.5%	(10.1%-33.0%)~	99	23.2%	(16.3%-30.0%)	113
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	22.1%	(15.7%-28.5%)	211	20.3%	(8.5%-32.1%)~	92	23.8%	(16.3%-31.2%)	116
Multiple Races	15.6%	(10.2%-21.0%)	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.8%	(1.0%-6.6%)	41	5.4%	(2.3%-8.5%)	28	1.8%	(0.0%-4.4%)	10
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	4.5%	(0.5%-8.5%)	24	4.5%	(0.0%-9.2%)	12	3.4%	(0.0%-8.7%)	9
14 or older	5.8%	(1.7%-10.0%)	14	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	2.0%	(0.7%-3.3%)	10	*	*	*	*	*	*
Grade 8	5.5%	(1.0%-10.0%)	31	8.1%	(3.1%-13.0%)	23	2.9%	(0.0%-7.6%)	8
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	4.0%	(1.2%-6.9%)	39	5.7%	(2.7%-8.7%)	27	1.8%	(0.0%-4.8%)	9
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.9%	(1.1%-6.6%)	38	5.6%	(2.7%-8.4%)	27	1.7%	(0.0%-4.6%)	8
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.0%	(7.0%-13.1%)	104	13.4%	(8.9%-17.9%)	67	7.0%	(4.9%-9.0%)	37
<b>----Age----</b>									
12 or younger	4.0%	(0.6%-7.3%)	12	*	*	*	*	*	*
13	11.4%	(6.4%-16.4%)	58	14.5%	(6.7%-22.2%)	37	8.5%	(3.5%-13.6%)	22
14 or older	15.1%	(7.4%-22.9%)	34	21.5%	(11.7%-31.2%)	22	9.6%	(1.4%-17.9%)	11
<b>----Grade----</b>									
Grade 7	7.9%	(4.7%-11.1%)	39	9.4%	(5.3%-13.5%)	22	6.6%	(2.9%-10.2%)	17
Grade 8	12.1%	(7.0%-17.1%)	66	17.1%	(9.8%-24.5%)	46	7.3%	(4.3%-10.4%)	20
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	10.0%	(6.3%-13.8%)	94	14.5%	(10.0%-19.0%)	66	5.8%	(2.0%-9.7%)	28
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	9.9%	(6.4%-13.5%)	95	14.0%	(9.6%-18.3%)	66	6.1%	(2.3%-9.9%)	29
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted).

Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb\_3)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	7.3%	(3.4%-11.2%)	75	11.0%	(5.3%-16.7%)	54	4.0%	(1.2%-6.9%)	21
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	9.2%	(3.7%-14.6%)	46	11.5%	(3.5%-19.5%)	29	7.0%	(1.6%-12.5%)	18
14 or older	11.5%	(2.3%-20.8%)	25	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	4.4%	(3.6%-5.1%)	21	6.0%	(3.2%-8.8%)	13	2.9%	(1.1%-4.8%)	8
Grade 8	10.1%	(3.9%-16.3%)	54	15.5%	(7.1%-23.8%)	40	5.1%	(0.5%-9.7%)	14
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	7.9%	(3.8%-12.0%)	73	11.7%	(5.6%-17.7%)	52	4.4%	(1.2%-7.6%)	21
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	7.7%	(3.8%-11.6%)	72	11.5%	(5.8%-17.2%)	52	4.1%	(1.3%-7.0%)	20
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*How wrong do your parents or guardians feel it would be for you to use any tobacco products? (mn212a)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.6%	(2.1%-5.1%)	38	2.8%	(0.0%-5.5%)	14	3.8%	(0.1%-7.6%)	20
<b>----Age----</b>									
12 or younger	2.5%	(0.2%-4.8%)	8	*	*	*	*	*	*
13	3.7%	(1.4%-6.1%)	21	3.4%	(0.0%-7.0%)	9	3.0%	(0.0%-6.6%)	8
14 or older	4.7%	(1.7%-7.7%)	10	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	3.5%	(2.7%-4.4%)	17	4.2%	(0.2%-8.2%)	10	3.1%	(0.0%-6.4%)	8
Grade 8	3.6%	(0.2%-7.1%)	21	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	3.6%	(2.1%-5.2%)	36	2.6%	(0.0%-5.5%)	13	4.1%	(0.0%-8.2%)	20
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.3%	(2.4%-4.2%)	33	2.8%	(0.0%-5.8%)	14	3.9%	(0.0%-7.8%)	19
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



## **Section 8**

### **Alcohol**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Have you ever had a drink of alcohol, other than a few sips? (mn59a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.9%	(13.0%-20.7%)	172	20.1%	(12.8%-27.3%)	98	13.8%	(12.2%-15.4%)	71
<b>----Age----</b>									
12 or younger	7.8%	(3.4%-12.3%)	23	7.2%	(1.7%-12.8%)	10	8.5%	(0.1%-16.9%)	13
13	17.5%	(11.1%-23.9%)	90	22.6%	(14.6%-30.5%)	56	12.8%	(6.8%-18.7%)	32
14 or older	28.1%	(21.2%-34.9%)	58	31.6%	(20.2%-43.0%)~	32	24.0%	(16.0%-31.9%)	25
<b>----Grade----</b>									
Grade 7	9.3%	(4.9%-13.8%)	45	10.8%	(2.4%-19.3%)	24	7.3%	(0.8%-13.8%)	18
Grade 8	23.6%	(19.4%-27.7%)	127	28.0%	(21.0%-34.9%)	74	19.8%	(14.2%-25.5%)	53
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	17.1%	(12.7%-21.4%)	161	20.7%	(13.1%-28.3%)	95	13.5%	(11.1%-15.9%)	63
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	16.6%	(12.5%-20.7%)	156	19.8%	(12.1%-27.6%)	91	13.4%	(11.5%-15.3%)	63
Multiple Races	19.6%	(10.5%-28.7%)	7	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*How old were you when you had your first drink of alcohol other than a few sips? (mn60)*

*Among students who have had more than a few sips of alcohol, the percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	32.3%	(27.2%-37.4%)	56	31.1%	(26.0%-36.3%)	31	34.4%	(23.6%-45.2%)~	25
<b>----Age----</b>									
12 or younger	58.3%	(41.3%-75.3%)~	14	*	*	*	*	*	*
13	30.8%	(21.9%-39.7%)	28	32.7%	(21.9%-43.4%)~	18	28.8%	(5.1%-52.4%)~	9
14 or older	24.4%	(15.8%-33.1%)	15	24.7%	(14.2%-35.2%)~	8	24.1%	(6.7%-41.5%)~	7
<b>----Grade----</b>									
Grade 7	43.5%	(30.5%-56.4%)~	19	40.0%	(25.3%-54.8%)~	10	51.2%	(33.4%-68.9%)~	9
Grade 8	28.5%	(17.2%-39.9%)~	37	28.3%	(17.3%-39.3%)~	21	28.9%	(9.0%-48.8%)~	16
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	32.1%	(26.6%-37.7%)	52	30.1%	(24.4%-35.7%)	29	35.8%	(25.7%-45.9%)~	24
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	31.3%	(25.8%-36.8%)	49	29.3%	(23.8%-34.7%)	27	34.7%	(25.2%-44.3%)	23
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Among students who have had more than a few sips of alcohol, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*How old were you when you had your first drink of alcohol other than a few sips? (mn60\_2)*  
*Percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.7%	(5.0%-6.5%)	56	6.5%	(4.0%-9.0%)	31	5.2%	(3.8%-6.5%)	25
<b>----Age----</b>									
12 or younger	4.9%	(1.4%-8.3%)	14	*	*	*	*	*	*
13	5.6%	(3.8%-7.4%)	28	7.5%	(3.3%-11.8%)	18	3.9%	(1.6%-6.2%)	9
14 or older	7.3%	(4.1%-10.5%)	15	8.5%	(2.7%-14.2%)	8	6.3%	(0.7%-12.0%)	7
<b>----Grade----</b>									
Grade 7	4.2%	(1.1%-7.3%)	19	4.5%	(0.0%-9.2%)	10	4.1%	(0.3%-7.8%)	9
Grade 8	7.1%	(5.2%-8.9%)	37	8.3%	(4.8%-11.7%)	21	6.1%	(1.8%-10.5%)	16
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	5.7%	(4.8%-6.7%)	52	6.4%	(3.8%-9.0%)	29	5.3%	(4.2%-6.3%)	24
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.5%	(4.5%-6.4%)	49	6.0%	(3.4%-8.6%)	27	5.1%	(4.1%-6.1%)	23
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*During the past 30 days, on how many days did you have at least one drink of alcohol? (mn61)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.2%	(3.6%-6.7%)	54	7.1%	(5.7%-8.4%)	35	3.3%	(0.6%-6.0%)	18
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	5.4%	(3.8%-7.1%)	29	7.7%	(3.8%-11.7%)	20	3.3%	(1.0%-5.7%)	8
14 or older	10.9%	(2.0%-19.9%)	24	13.9%	(7.3%-20.4%)	14	7.5%	(0.0%-17.8%)	9
<b>----Grade----</b>									
Grade 7	1.8%	(0.6%-3.0%)	9	*	*	*	*	*	*
Grade 8	8.1%	(6.0%-10.3%)	45	10.9%	(7.8%-14.0%)	30	5.7%	(0.0%-11.3%)	16
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	5.3%	(3.9%-6.8%)	51	7.3%	(6.0%-8.7%)	34	3.3%	(0.6%-6.0%)	16
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.9%	(3.5%-6.3%)	48	6.7%	(5.4%-7.9%)	31	3.1%	(0.6%-5.7%)	15
Multiple Races	*	*	*	*	*	*	*	*	*

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (mn62a)  
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.5%	(1.8%-3.2%)	27	4.0%	(2.7%-5.2%)	21	1.1%	(0.0%-2.4%)	6
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	2.9%	(1.1%-4.6%)	15	*	*	*	*	*	*
14 or older	4.9%	(1.7%-8.1%)	11	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	*	*	*	*	*	*	*	*	*
Grade 8	4.3%	(2.7%-5.9%)	25	6.9%	(3.8%-9.9%)	19	2.0%	(0.0%-4.5%)	6
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	2.6%	(1.9%-3.3%)	25	4.1%	(2.6%-5.5%)	20	1.2%	(0.0%-2.6%)	6
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.5%	(1.8%-3.2%)	25	3.9%	(2.6%-5.3%)	19	1.1%	(0.0%-2.5%)	6
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (mn62a\_2)  
Among students that reported alcohol use during the past 30 days in m61, the percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.6%	(1.9%-3.3%)	27	4.1%	(2.9%-5.4%)	21	1.2%	(0.0%-2.4%)	6
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	2.9%	(1.1%-4.8%)	15	*	*	*	*	*	*
14 or older	5.0%	(1.6%-8.4%)	11	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	*	*	*	*	*	*	*	*	*
Grade 8	4.4%	(2.8%-6.0%)	25	7.0%	(4.0%-10.0%)	19	2.0%	(0.0%-4.6%)	6
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	2.6%	(1.9%-3.4%)	25	4.2%	(2.7%-5.7%)	20	1.2%	(0.0%-2.6%)	6
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.6%	(1.8%-3.3%)	25	4.1%	(2.7%-5.4%)	19	1.2%	(0.0%-2.5%)	6
Multiple Races	*	*	*	*	*	*	*	*	*

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Among students that reported alcohol use during the past 30 days in m61, the number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*During the past 30 days, how did you usually get the alcohol you drank? (mn63b)*

*Among students who reported alcohol use during the past 30 days, the percentage of students who answered 'Someone gave it to me'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	*	*	*	*	*	*	*	*	*
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	*	*	*	*	*	*	*	*	*
14 or older	*	*	*	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	*	*	*	*	*	*	*	*	*
Grade 8	*	*	*	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	*	*	*	*	*	*	*	*	*
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	*	*	*	*	*	*	*	*	*
Multiple Races	*	*	*	*	*	*	*	*	*

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Among students who reported alcohol use during the past 30 days, the number of students who answered 'Someone gave it to me' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*During the past 30 days, how did you usually get the alcohol you drank? (m63b)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	2.8%	(0.0%-8.0%)	1	*	*	*	*	*	*
C. I bought it at a restaurant, bar, or club	0.0%	(0.0%-0.0%)	0	*	*	*	*	*	*
D. I bought it at a public event such as a concert or sporting event	0.0%	(0.0%-0.0%)	0	*	*	*	*	*	*
E. I gave someone else money to buy it for me	10.1%	(0.0%-21.4%)	3	*	*	*	*	*	*
F. Someone gave it to me	15.6%	(0.0%-45.0%)	5	*	*	*	*	*	*
G. I took it from a store or family member	39.5%	(21.3%-57.6%)	13	*	*	*	*	*	*
H. I got it some other way	32.0%	(9.0%-55.1%)	11	*	*	*	*	*	*

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*If you wanted to get some alcohol, how easy would it be for you to get some? (mn64)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	34.0%	(28.3%-39.6%)	353	37.4%	(33.7%-41.1%)	191	30.8%	(22.7%-38.9%)	160
<b>----Age----</b>									
12 or younger	27.7%	(18.8%-36.6%)	82	29.1%	(22.3%-36.0%)	43	25.7%	(10.5%-40.9%)~	38
13	33.4%	(29.9%-37.0%)	175	37.3%	(32.1%-42.5%)	98	30.1%	(20.9%-39.4%)	76
14 or older	43.7%	(28.4%-58.9%)~	96	49.4%	(36.1%-62.8%)~	50	38.7%	(20.6%-56.7%)~	45
<b>----Grade----</b>									
Grade 7	27.2%	(19.5%-34.8%)	130	29.9%	(22.9%-36.8%)	70	24.6%	(14.2%-35.0%)~	59
Grade 8	40.0%	(34.6%-45.5%)	223	44.2%	(39.3%-49.2%)	121	36.2%	(24.3%-48.1%)~	101
<b>----Hispanic Ethnicity----</b>									
Hispanic	56.4%	(37.1%-75.6%)~	7	*	*	*	*	*	*
Non-Hispanic	33.5%	(27.5%-39.5%)	324	36.1%	(31.3%-40.9%)	174	31.1%	(24.0%-38.2%)	148
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	33.8%	(28.2%-39.4%)	327	36.7%	(32.5%-40.8%)	176	31.3%	(23.9%-38.7%)	150
Multiple Races	34.9%	(15.6%-54.2%)~	12	46.4%	(30.5%-62.3%)~	7	27.2%	(0.0%-57.6%)~	6

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*If you drank some alcohol without your parents' or guardians' permission, would you be caught by your parents or guardians? (mn66a)  
Percentage of students who answered 'Probably not' or 'Definitely not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.1%	(17.0%-25.1%)	220	26.1%	(20.8%-31.4%)	134	16.1%	(10.4%-21.7%)	82
<b>----Age----</b>									
12 or younger	14.6%	(7.1%-22.0%)	44	13.6%	(5.1%-22.1%)	20	14.7%	(7.4%-22.0%)	22
13	22.9%	(17.2%-28.6%)	123	33.3%	(26.8%-39.7%)	89	13.0%	(4.0%-22.1%)	34
14 or older	26.0%	(7.2%-44.8%)~	53	25.0%	(13.9%-36.2%)~	24	25.5%	(0.0%-53.1%)~	26
<b>----Grade----</b>									
Grade 7	19.7%	(15.7%-23.6%)	94	19.7%	(15.6%-23.8%)	47	18.9%	(13.0%-24.8%)	43
Grade 8	22.4%	(16.8%-28.1%)	126	31.7%	(25.1%-38.2%)	87	13.9%	(4.8%-22.9%)	39
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	21.1%	(16.5%-25.7%)	209	25.6%	(19.8%-31.4%)	126	16.4%	(10.3%-22.6%)	79
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	20.6%	(16.4%-24.8%)	201	24.7%	(17.2%-32.1%)	119	16.3%	(11.1%-21.5%)	77
Multiple Races	21.8%	(0.0%-48.6%)~	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they have 1 or 2 drinks of an alcoholic beverage nearly every day?  
(mn67b)*

*Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	32.4%	(25.6%-39.1%)	340	30.4%	(23.2%-37.6%)	154	34.9%	(25.2%-44.5%)	184
<b>----Age----</b>									
12 or younger	31.3%	(20.1%-42.6%)~	98	34.3%	(20.5%-48.0%)~	51	29.9%	(18.8%-41.0%)~	48
13	30.5%	(20.9%-40.1%)	165	26.7%	(17.3%-36.2%)	70	34.4%	(18.6%-50.1%)~	92
14 or older	39.1%	(27.2%-51.1%)~	77	34.7%	(19.1%-50.3%)~	33	44.2%	(33.6%-54.8%)~	44
<b>----Grade----</b>									
Grade 7	33.1%	(17.5%-48.6%)~	161	33.7%	(21.7%-45.8%)~	78	34.2%	(14.9%-53.5%)~	84
Grade 8	31.5%	(27.6%-35.3%)	176	27.7%	(22.1%-33.3%)	76	34.9%	(23.8%-46.0%)~	97
<b>----Hispanic Ethnicity----</b>									
Hispanic	50.7%	(23.6%-77.9%)~	6	*	*	*	*	*	*
Non-Hispanic	32.1%	(26.0%-38.1%)	320	31.1%	(24.3%-37.9%)	152	33.7%	(25.9%-41.6%)	166
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	32.9%	(26.1%-39.8%)	323	30.3%	(21.9%-38.6%)	144	36.1%	(27.6%-44.5%)	176
Multiple Races	16.6%	(0.2%-33.0%)~	7	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they have 5 or more drinks of an alcoholic beverage in a row once or twice a week? (mn68b)*

*Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	15.2%	(10.5%-19.8%)	159	18.0%	(10.1%-25.9%)	91	13.0%	(10.3%-15.7%)	68
<b>----Age----</b>									
12 or younger	9.6%	(6.8%-12.4%)	29	10.5%	(3.0%-18.0%)	15	9.2%	(0.2%-18.2%)	14
13	18.9%	(9.4%-28.3%)	102	22.6%	(11.3%-34.0%)~	60	15.9%	(7.0%-24.7%)	42
14 or older	13.7%	(11.0%-16.4%)	28	16.8%	(1.6%-31.9%)~	16	11.2%	(1.9%-20.6%)	12
<b>----Grade----</b>									
Grade 7	16.9%	(8.4%-25.4%)	81	20.5%	(7.6%-33.5%)~	47	14.2%	(7.1%-21.4%)	34
Grade 8	13.6%	(7.5%-19.8%)	76	15.6%	(3.2%-27.9%)~	43	12.0%	(7.7%-16.4%)	34
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	14.6%	(10.1%-19.1%)	145	18.4%	(10.5%-26.2%)	89	11.4%	(8.7%-14.0%)	56
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	15.1%	(9.7%-20.6%)	148	18.4%	(9.9%-27.0%)	88	12.4%	(8.8%-16.0%)	60
Multiple Races	14.2%	(0.0%-30.9%)~	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*If a kid drank some alcohol in your community, would they be caught by the police? (mn69b)*  
*Percentage of students who answered 'Probably not' or 'Definitely not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	57.2%	(49.5%-64.8%)	600	64.0%	(54.4%-73.6%)	323	50.1%	(42.2%-58.0%)	265
<b>----Age----</b>									
12 or younger	45.6%	(32.1%-59.0%)~	140	49.2%	(37.0%-61.5%)~	71	39.9%	(19.5%-60.2%)~	62
13	62.0%	(59.1%-65.0%)	334	72.6%	(64.7%-80.5%)	190	51.8%	(45.1%-58.5%)	138
14 or older	61.6%	(49.5%-73.8%)~	127	62.8%	(34.1%-91.5%)~	61	60.6%	(55.4%-65.8%)	66
<b>----Grade----</b>									
Grade 7	49.3%	(35.2%-63.5%)~	243	55.6%	(45.8%-65.3%)	131	42.9%	(21.9%-63.9%)~	106
Grade 8	63.8%	(59.8%-67.9%)	354	71.2%	(62.1%-80.4%)	191	56.0%	(50.7%-61.3%)	157
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	57.3%	(49.7%-64.8%)	571	63.8%	(53.9%-73.7%)	309	50.3%	(43.5%-57.0%)	249
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	56.6%	(48.5%-64.6%)	556	62.6%	(52.2%-73.0%)~	298	50.5%	(41.9%-59.0%)	249
Multiple Races	55.7%	(42.9%-68.5%)~	25	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*How do you feel about someone your age having 1 or 2 drinks of an alcoholic beverage nearly every day? (mn164)  
Percentage of students who answered 'Strongly approve' or 'Approve'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.3%	(0.0%-2.8%)	13	*	*	*	*	*	*
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	1.1%	(0.0%-2.8%)	6	*	*	*	*	*	*
14 or older	2.9%	(0.0%-7.4%)	6	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	1.4%	(0.0%-3.2%)	7	*	*	*	*	*	*
Grade 8	1.0%	(0.0%-2.6%)	6	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.0%	(0.0%-2.5%)	10	*	*	*	*	*	*
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.2%	(0.0%-2.8%)	12	*	*	*	*	*	*
Multiple Races	*	*	*	*	*	*	*	*	*

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*~ CI width greater than 20. Use caution when interpreting estimates.*

*N = Number of students who answered 'Strongly approve' or 'Approve' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*How wrong do your parents or guardians feel it would be for you to have 1 or 2 drinks of an alcoholic beverage nearly every day? (mn165a)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.5%	(2.8%-6.2%)	48	5.4%	(3.8%-6.9%)	27	3.9%	(1.4%-6.3%)	21
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	6.0%	(2.9%-9.0%)	32	7.2%	(4.2%-10.3%)	19	4.9%	(1.1%-8.8%)	13
14 or older	5.3%	(1.4%-9.3%)	12	5.6%	(2.3%-8.9%)	6	5.2%	(0.0%-11.2%)	6
<b>----Grade----</b>									
Grade 7	3.6%	(1.5%-5.6%)	17	5.0%	(1.5%-8.5%)	12	2.4%	(0.2%-4.5%)	6
Grade 8	5.4%	(2.9%-7.9%)	31	5.7%	(2.3%-9.2%)	16	5.2%	(1.7%-8.8%)	15
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	4.6%	(2.9%-6.4%)	46	5.3%	(3.6%-6.9%)	25	4.2%	(1.4%-6.9%)	20
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.4%	(2.6%-6.2%)	43	5.2%	(3.6%-6.9%)	25	3.6%	(0.9%-6.3%)	18
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



## **Section 9 Marijuana**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*Have you ever used marijuana? (mn74)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	12.6%	(7.8%-17.3%)	135	16.0%	(8.2%-23.8%)	83	9.2%	(7.0%-11.4%)	50
<b>----Age----</b>									
12 or younger	5.0%	(3.6%-6.5%)	16	5.1%	(0.0%-10.2%)	8	5.1%	(1.4%-8.7%)	8
13	14.2%	(7.0%-21.5%)	77	19.1%	(9.9%-28.2%)	51	9.4%	(3.5%-15.4%)	25
14 or older	19.1%	(11.3%-26.8%)	43	23.6%	(10.7%-36.6%)~	25	14.3%	(9.3%-19.3%)	17
<b>----Grade----</b>									
Grade 7	8.4%	(3.8%-13.1%)	42	10.0%	(0.3%-19.7%)	24	6.3%	(3.3%-9.3%)	16
Grade 8	16.1%	(10.7%-21.4%)	92	21.2%	(13.9%-28.6%)	59	11.4%	(7.9%-14.9%)	32
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	12.8%	(7.5%-18.1%)	128	16.2%	(8.6%-23.9%)	79	9.4%	(5.9%-12.8%)	46
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	12.3%	(7.3%-17.2%)	123	15.5%	(8.2%-22.9%)	76	9.0%	(5.7%-12.2%)	45
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**

**Middle School Detailed Report - Somerset County (weighted)**

*How old were you when you tried marijuana for the first time? (mn75)*

*Among students who have tried marijuana, the percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	26.4%	(15.7%-37.1%)~	36	28.6%	(17.3%-39.9%)~	24	24.0%	(5.9%-42.1%)~	12
<b>----Age----</b>									
12 or younger	40.9%	(15.4%-66.5%)~	6	*	*	*	*	*	*
13	20.3%	(11.2%-29.4%)	16	*	*	*	*	*	*
14 or older	32.1%	(6.5%-57.7%)~	14	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	21.3%	(8.0%-34.7%)~	9	*	*	*	*	*	*
Grade 8	27.7%	(11.3%-44.1%)~	25	31.3%	(13.2%-49.4%)~	19	21.0%	(1.9%-40.1%)~	7
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	27.5%	(15.5%-39.5%)~	35	29.4%	(17.4%-41.3%)~	23	25.7%	(3.6%-47.9%)~	12
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	27.5%	(14.3%-40.6%)~	34	28.8%	(15.4%-42.1%)~	22	26.7%	(3.0%-50.4%)~	12
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have tried marijuana, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*How old were you when you tried marijuana for the first time? (mn75\_2)*  
*Percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.3%	(1.4%-5.2%)	36	4.6%	(1.0%-8.2%)	24	2.2%	(0.9%-3.5%)	12
<b>----Age----</b>									
12 or younger	2.1%	(1.2%-2.9%)	6	*	*	*	*	*	*
13	2.9%	(0.3%-5.5%)	16	*	*	*	*	*	*
14 or older	6.1%	(1.6%-10.6%)	14	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	1.8%	(1.0%-2.6%)	9	*	*	*	*	*	*
Grade 8	4.4%	(1.1%-7.8%)	25	6.7%	(1.7%-11.6%)	19	2.4%	(0.2%-4.6%)	7
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	3.5%	(1.4%-5.6%)	35	4.8%	(1.0%-8.6%)	23	2.4%	(1.0%-3.8%)	12
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.4%	(1.3%-5.5%)	34	4.5%	(0.6%-8.3%)	22	2.4%	(1.0%-3.8%)	12
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*During the past 30 days, how many times did you use marijuana? (mn76)*  
*Percentage of students who answered at least 1 time*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	7.6%	(4.6%-10.6%)	82	10.5%	(5.0%-15.9%)	54	4.9%	(2.7%-7.2%)	27
<b>----Age----</b>									
12 or younger	3.4%	(1.3%-5.4%)	10	*	*	*	*	*	*
13	8.6%	(4.6%-12.5%)	46	11.7%	(6.1%-17.2%)	31	5.3%	(1.7%-9.0%)	14
14 or older	11.4%	(6.5%-16.2%)	25	14.9%	(6.5%-23.3%)	16	8.3%	(2.4%-14.1%)	10
<b>----Grade----</b>									
Grade 7	5.4%	(2.2%-8.5%)	27	7.3%	(0.0%-15.3%)	17	3.3%	(1.4%-5.1%)	8
Grade 8	9.7%	(6.4%-13.0%)	55	13.2%	(9.0%-17.5%)	37	6.5%	(2.8%-10.1%)	18
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	8.0%	(4.9%-11.1%)	79	10.7%	(5.3%-16.1%)	52	5.3%	(2.6%-8.0%)	26
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	7.6%	(4.8%-10.5%)	76	10.2%	(4.6%-15.7%)	49	5.1%	(2.6%-7.7%)	26
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*If you wanted to get some marijuana, how easy would it be for you to get some? (mn77)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	25.3%	(21.0%-29.5%)	262	27.7%	(17.7%-37.7%)~	140	22.7%	(19.4%-26.0%)	118
<b>----Age----</b>									
12 or younger	16.1%	(11.0%-21.2%)	47	17.6%	(8.8%-26.4%)	25	14.0%	(6.8%-21.2%)	21
13	23.2%	(17.1%-29.3%)	122	27.9%	(18.4%-37.5%)	73	18.7%	(11.8%-25.6%)	47
14 or older	42.2%	(33.1%-51.3%)	93	41.1%	(27.1%-55.2%)~	42	42.6%	(27.0%-58.1%)~	50
<b>----Grade----</b>									
Grade 7	17.8%	(11.5%-24.1%)	85	19.8%	(8.4%-31.3%)~	46	15.4%	(9.7%-21.2%)	37
Grade 8	31.6%	(27.7%-35.4%)	175	34.6%	(23.9%-45.4%)~	95	28.7%	(23.3%-34.0%)	80
<b>----Hispanic Ethnicity----</b>									
Hispanic	45.6%	(29.2%-62.0%)~	6	*	*	*	*	*	*
Non-Hispanic	25.0%	(19.1%-30.9%)	243	26.8%	(16.7%-36.9%)~	129	23.1%	(17.0%-29.1%)	110
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	24.6%	(19.9%-29.3%)	239	27.1%	(17.0%-37.2%)~	130	22.2%	(17.3%-27.1%)	106
Multiple Races	27.7%	(21.4%-34.0%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*How wrong do your parents or guardians feel it would be for you to use marijuana? (mn193a)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	9.5%	(6.1%-13.0%)	101	9.8%	(5.8%-13.8%)	50	9.3%	(4.8%-13.8%)	50
<b>----Age----</b>									
12 or younger	3.8%	(2.2%-5.4%)	12	*	*	*	*	*	*
13	9.3%	(4.7%-13.8%)	50	10.5%	(5.1%-16.0%)	28	7.8%	(1.7%-13.9%)	20
14 or older	18.2%	(11.3%-25.1%)	40	18.0%	(10.7%-25.3%)	18	18.4%	(9.4%-27.3%)	22
<b>----Grade----</b>									
Grade 7	5.9%	(4.0%-7.8%)	29	6.5%	(2.9%-10.0%)	15	5.6%	(4.7%-6.4%)	14
Grade 8	12.5%	(7.4%-17.7%)	71	12.6%	(6.8%-18.5%)	35	12.2%	(3.9%-20.6%)	34
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	9.5%	(5.2%-13.7%)	93	9.7%	(6.0%-13.5%)	47	9.2%	(3.0%-15.3%)	45
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	8.9%	(4.5%-13.2%)	88	9.3%	(5.4%-13.2%)	45	8.6%	(2.5%-14.8%)	43
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they use marijuana once or twice a week? (mn194)*  
*Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	44.3%	(42.7%-46.0%)	471	42.4%	(39.6%-45.2%)	219	46.4%	(43.1%-49.7%)	247
<b>----Age----</b>									
12 or younger	38.9%	(28.0%-49.8%)~	119	35.3%	(24.4%-46.2%)~	52	41.6%	(31.1%-52.1%)~	65
13	42.0%	(37.1%-46.9%)	224	41.7%	(38.8%-44.7%)	110	43.3%	(35.4%-51.3%)	112
14 or older	57.2%	(50.8%-63.7%)	128	54.1%	(49.2%-59.0%)	57	59.7%	(48.4%-70.9%)~	70
<b>----Grade----</b>									
Grade 7	38.0%	(31.6%-44.5%)	186	33.7%	(28.2%-39.3%)	79	41.9%	(34.8%-49.1%)	104
Grade 8	49.4%	(44.3%-54.5%)	281	49.1%	(44.7%-53.5%)	137	50.1%	(42.0%-58.3%)	141
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	44.0%	(41.3%-46.7%)	434	41.7%	(39.4%-44.0%)	201	46.4%	(41.0%-51.9%)	228
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	44.1%	(42.2%-46.0%)	436	42.4%	(39.2%-45.6%)	205	46.2%	(40.8%-51.6%)	228
Multiple Races	57.7%	(43.8%-71.5%)~	20	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*How wrong do your friends feel it would be for you to use marijuana? (mn195)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.5%	(19.1%-27.9%)	246	29.9%	(20.9%-38.9%)	151	17.0%	(11.1%-22.9%)	89
<b>----Age----</b>									
12 or younger	13.1%	(9.3%-16.9%)	39	12.2%	(5.5%-19.0%)	18	13.1%	(0.0%-26.1%)~	20
13	26.3%	(20.2%-32.4%)	142	37.1%	(28.2%-45.9%)	99	15.2%	(12.2%-18.2%)	40
14 or older	31.3%	(21.2%-41.3%)~	64	36.5%	(20.5%-52.5%)~	35	26.7%	(16.5%-36.9%)~	29
<b>----Grade----</b>									
Grade 7	16.2%	(12.5%-20.0%)	77	20.4%	(7.7%-33.0%)~	46	12.2%	(3.9%-20.4%)	29
Grade 8	29.6%	(23.0%-36.3%)	168	37.8%	(26.1%-49.5%)~	105	21.0%	(17.9%-24.2%)	60
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	24.2%	(19.0%-29.5%)	240	30.2%	(20.5%-40.0%)	147	17.9%	(11.7%-24.2%)	88
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	22.7%	(18.1%-27.2%)	222	28.6%	(18.5%-38.6%)~	136	17.1%	(10.8%-23.4%)	83
Multiple Races	23.7%	(16.2%-31.2%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Do you think using marijuana would negatively impact your goals or future? (mn205)*  
*Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	95.5%	(94.9%-96.1%)	997	96.2%	(92.0%-100.0%)	483	94.7%	(91.6%-97.8%)	497
<b>----Age----</b>									
12 or younger	97.1%	(94.1%-100.0%)	296	*	*	*	*	*	*
13	97.1%	(94.9%-99.4%)	527	96.8%	(91.9%-100.0%)	254	97.4%	(93.9%-100.0%)	263
14 or older	88.6%	(80.9%-96.2%)	174	93.3%	(85.1%-100.0%)	86	84.3%	(67.1%-100.0%)~	88
<b>----Grade----</b>									
Grade 7	96.6%	(94.5%-98.7%)	466	*	*	*	*	*	*
Grade 8	94.8%	(93.2%-96.4%)	528	95.1%	(88.0%-100.0%)	255	94.3%	(89.2%-99.4%)	267
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	95.6%	(95.1%-96.1%)	947	96.6%	(92.4%-100.0%)	466	94.5%	(91.2%-97.9%)	464
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	95.6%	(95.1%-96.1%)	933	96.6%	(93.2%-100.0%)	456	94.5%	(91.3%-97.8%)	463
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**Section 10**  
**Other Drugs**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*Have you ever taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (mn183)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	8.6%	(6.3%-11.0%)	92	10.0%	(5.5%-14.4%)	52	6.6%	(5.7%-7.5%)	35
<b>----Age----</b>									
12 or younger	8.1%	(5.2%-10.9%)	25	8.6%	(5.7%-11.5%)	13	5.4%	(1.7%-9.1%)	8
13	8.6%	(4.8%-12.4%)	46	9.0%	(2.9%-15.2%)	24	8.0%	(5.5%-10.5%)	21
14 or older	9.3%	(3.6%-15.1%)	21	14.2%	(7.5%-20.8%)	15	5.0%	(0.0%-12.8%)	6
<b>----Grade----</b>									
Grade 7	9.0%	(5.4%-12.7%)	44	10.8%	(3.9%-17.6%)	25	5.7%	(2.6%-8.9%)	14
Grade 8	8.2%	(5.2%-11.2%)	47	9.3%	(4.8%-13.8%)	26	7.4%	(3.8%-10.9%)	21
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	9.0%	(6.4%-11.7%)	89	10.4%	(5.6%-15.2%)	50	6.9%	(5.9%-8.0%)	34
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	8.5%	(6.0%-11.1%)	85	10.1%	(5.3%-15.0%)	49	6.2%	(5.5%-7.0%)	31
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*During the past 30 days, how many times did you take a prescription drug (such as Adderall, Ritalin, Xanax, OxyContin, Percocet, Vicodin, or codeine) without a doctor's prescription? (mn88b)*

*Percentage of students who answered at least 1 time*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.6%	(1.9%-7.2%)	49	6.0%	(0.8%-11.2%)	31	2.9%	(2.0%-3.8%)	16
<b>----Age----</b>									
12 or younger	4.8%	(0.8%-8.9%)	15	4.9%	(0.0%-11.8%)	7	4.1%	(0.8%-7.4%)	7
13	4.8%	(1.5%-8.0%)	26	7.0%	(1.2%-12.8%)	19	2.2%	(0.5%-3.9%)	6
14 or older	3.8%	(0.7%-6.9%)	8	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	6.7%	(2.5%-10.8%)	33	8.0%	(0.0%-16.8%)	18	4.7%	(3.0%-6.4%)	12
Grade 8	2.8%	(0.0%-5.9%)	16	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	4.6%	(1.9%-7.2%)	45	5.9%	(0.9%-10.9%)	28	2.9%	(2.2%-3.6%)	14
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.4%	(1.6%-7.2%)	44	5.9%	(0.4%-11.4%)	29	2.6%	(2.0%-3.2%)	13
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*How wrong do your parents or guardians feel it would be for you to take prescription drugs not prescribed to you? (mn176a)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.8%	(1.8%-7.9%)	51	5.9%	(2.6%-9.2%)	30	4.0%	(0.4%-7.6%)	21
<b>----Age----</b>									
12 or younger	6.8%	(0.1%-13.5%)	20	4.4%	(1.0%-7.8%)	6	9.5%	(0.0%-24.3%)~	14
13	4.5%	(1.3%-7.7%)	25	*	*	*	*	*	*
14 or older	3.0%	(0.7%-5.2%)	6	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	6.5%	(0.9%-12.2%)	31	6.9%	(4.3%-9.5%)	16	6.5%	(0.0%-16.4%)	16
Grade 8	3.4%	(2.3%-4.6%)	19	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	5.0%	(1.9%-8.2%)	50	6.0%	(2.5%-9.5%)	29	4.3%	(0.5%-8.0%)	21
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.1%	(1.8%-8.5%)	50	6.3%	(2.6%-9.9%)	30	4.2%	(0.2%-8.2%)	20
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*How wrong do your friends feel it would be for you to take prescription drugs not prescribed to you? (mn177)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	11.8%	(8.6%-15.0%)	122	15.0%	(9.1%-20.8%)	76	8.2%	(5.3%-11.0%)	42
<b>----Age----</b>									
12 or younger	8.8%	(4.1%-13.4%)	26	5.6%	(1.7%-9.6%)	8	10.8%	(1.8%-19.8%)	16
13	16.5%	(9.9%-23.1%)	89	23.6%	(11.8%-35.5%)~	63	8.9%	(3.4%-14.4%)	23
14 or older	3.6%	(0.0%-7.1%)	7	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	12.9%	(11.2%-14.6%)	61	14.2%	(7.6%-20.8%)	32	11.3%	(7.0%-15.6%)	26
Grade 8	10.9%	(6.0%-15.9%)	62	15.6%	(7.5%-23.8%)	44	5.5%	(2.0%-9.0%)	16
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	12.1%	(8.5%-15.6%)	118	15.3%	(9.5%-21.2%)	74	8.2%	(4.4%-11.9%)	39
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	11.7%	(7.8%-15.7%)	113	14.7%	(7.9%-21.5%)	70	8.1%	(4.1%-12.1%)	39
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*If you wanted to get prescription drugs (such as Adderall, Ritalin, Xanax, OxyContin, Percocet, Vicodin, or codeine) that were not prescribed to you, how easy would it be to get some? (mn184a)*

*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.8%	(11.6%-16.1%)	140	18.6%	(14.1%-23.1%)	95	8.0%	(5.5%-10.4%)	39
<b>----Age----</b>									
12 or younger	13.7%	(7.7%-19.8%)	40	13.4%	(10.5%-16.3%)	20	9.9%	(0.9%-19.0%)	14
13	14.9%	(10.2%-19.5%)	78	23.0%	(17.8%-28.3%)	60	6.9%	(1.8%-12.1%)	17
14 or older	11.3%	(6.1%-16.4%)	23	14.8%	(3.5%-26.1%)~	15	7.9%	(0.0%-16.6%)	8
<b>----Grade----</b>									
Grade 7	13.1%	(9.4%-16.7%)	60	15.1%	(10.3%-19.9%)	35	8.5%	(3.3%-13.6%)	18
Grade 8	14.3%	(9.2%-19.4%)	80	21.3%	(12.7%-30.0%)	59	7.7%	(4.2%-11.1%)	21
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	14.1%	(11.6%-16.7%)	136	19.1%	(14.4%-23.7%)	93	8.0%	(5.2%-10.7%)	37
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.9%	(11.2%-16.7%)	132	18.7%	(13.8%-23.6%)	90	7.9%	(4.8%-11.0%)	36
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they take prescription drugs that are not prescribed to them? (mn95)  
Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.7%	(6.7%-14.7%)	112	13.4%	(9.7%-17.1%)	68	8.5%	(3.1%-14.0%)	44
<b>----Age----</b>									
12 or younger	10.1%	(5.6%-14.6%)	31	11.6%	(4.2%-19.1%)	17	9.1%	(4.4%-13.8%)	14
13	12.7%	(6.7%-18.8%)	68	16.8%	(7.4%-26.1%)	45	9.1%	(0.3%-17.9%)	23
14 or older	6.3%	(1.7%-11.0%)	13	6.4%	(0.0%-15.1%)	6	6.4%	(0.0%-13.2%)	7
<b>----Grade----</b>									
Grade 7	14.3%	(9.6%-18.9%)	69	17.9%	(13.9%-21.8%)	42	11.5%	(4.9%-18.1%)	27
Grade 8	7.6%	(4.2%-11.0%)	42	9.2%	(4.8%-13.7%)	25	6.2%	(0.3%-12.1%)	17
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	10.0%	(6.2%-13.8%)	99	13.6%	(10.0%-17.2%)	66	6.9%	(1.4%-12.4%)	33
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	10.7%	(6.9%-14.6%)	104	13.7%	(10.0%-17.4%)	65	8.1%	(2.7%-13.5%)	39
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*During the past 12 months, do you recall hearing, reading or watching an advertisement about the prevention of substance use? (mn93)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	53.0%	(48.2%-57.7%)	562	45.8%	(39.9%-51.7%)	234	58.9%	(49.2%-68.7%)	311
<b>----Age----</b>									
12 or younger	48.4%	(35.1%-61.6%)~	151	37.6%	(17.6%-57.7%)~	56	56.3%	(41.9%-70.6%)~	89
13	56.1%	(51.8%-60.4%)	308	49.5%	(39.6%-59.3%)	132	61.7%	(48.2%-75.3%)~	165
14 or older	51.5%	(49.4%-53.7%)	103	48.1%	(41.0%-55.2%)	46	55.8%	(46.8%-64.8%)	57
<b>----Grade----</b>									
Grade 7	50.6%	(42.5%-58.7%)	248	46.4%	(28.5%-64.3%)~	108	52.7%	(38.5%-66.9%)~	129
Grade 8	54.7%	(48.2%-61.3%)	310	45.1%	(34.1%-56.0%)~	125	64.0%	(46.2%-81.8%)~	179
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	53.9%	(49.1%-58.8%)	544	46.7%	(42.4%-51.0%)	229	60.1%	(49.5%-70.8%)~	297
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	53.2%	(47.9%-58.6%)	527	46.2%	(40.8%-51.7%)	222	59.4%	(48.6%-70.1%)~	291
Multiple Races	48.9%	(21.9%-75.8%)~	21	41.1%	(24.5%-57.6%)~	7	54.3%	(16.1%-92.5%)~	14

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*During the past 12 months, how many times have you been drunk or high at school? (mn96a)*  
*Percentage of students who answered at least 1 time*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.2%	(2.0%-8.4%)	55	8.7%	(3.6%-13.9%)	45	1.5%	(0.0%-4.2%)	8
<b>----Age----</b>									
12 or younger	2.4%	(0.0%-6.3%)	7	*	*	*	*	*	*
13	6.0%	(0.8%-11.2%)	33	*	*	*	*	*	*
14 or older	7.3%	(1.9%-12.7%)	15	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	4.8%	(0.2%-9.3%)	23	*	*	*	*	*	*
Grade 8	4.9%	(1.8%-8.1%)	28	*	*	*	*	*	*
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	4.9%	(1.7%-8.1%)	49	*	*	*	*	*	*
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.0%	(1.9%-8.1%)	50	*	*	*	*	*	*
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Has anyone offered, sold, or given you alcohol or drugs on school property? (mn218)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	6.3%	(3.0%-9.7%)	68	7.3%	(2.8%-11.9%)	38	5.6%	(2.4%-8.8%)	30
<b>----Age----</b>									
12 or younger	2.9%	(0.0%-6.8%)	9	*	*	*	*	*	*
13	7.2%	(2.6%-11.8%)	39	8.6%	(3.7%-13.6%)	23	6.0%	(0.8%-11.1%)	16
14 or older	9.1%	(6.1%-12.0%)	21	8.5%	(3.4%-13.6%)	9	9.6%	(4.1%-15.2%)	11
<b>----Grade----</b>									
Grade 7	4.4%	(1.1%-7.7%)	22	6.9%	(2.2%-11.5%)	16	2.3%	(0.0%-5.5%)	6
Grade 8	8.1%	(3.8%-12.4%)	46	7.8%	(1.3%-14.3%)	22	8.6%	(5.3%-12.0%)	24
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	6.3%	(2.9%-9.8%)	63	7.2%	(2.6%-11.7%)	35	5.7%	(2.4%-9.1%)	28
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	6.4%	(3.1%-9.6%)	64	7.2%	(2.8%-11.6%)	35	5.7%	(2.4%-9.0%)	28
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Do you agree or disagree with the following statement? My family has clear rules about alcohol and drug use. (mn90)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	92.6%	(91.4%-93.9%)	964	89.9%	(87.4%-92.5%)	461	95.2%	(93.9%-96.5%)	495
<b>----Age----</b>									
12 or younger	89.4%	(81.9%-96.9%)	268	84.5%	(76.8%-92.2%)	120	93.8%	(86.6%-100.0%)	148
13	94.5%	(92.7%-96.3%)	482	93.0%	(90.0%-96.1%)	249	95.9%	(91.4%-100.0%)	226
14 or older	92.8%	(87.4%-98.2%)	213	89.4%	(81.3%-97.5%)	91	95.5%	(90.0%-100.0%)	122
<b>----Grade----</b>									
Grade 7	92.9%	(87.9%-97.8%)	451	89.3%	(82.6%-96.1%)	207	96.1%	(91.2%-100.0%)	240
Grade 8	92.4%	(90.3%-94.4%)	508	90.3%	(86.1%-94.5%)	248	94.3%	(89.7%-99.0%)	255
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	92.1%	(90.4%-93.8%)	872	89.2%	(85.5%-92.8%)	419	94.8%	(93.2%-96.5%)	445
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	92.4%	(90.7%-94.1%)	894	89.5%	(86.5%-92.5%)	432	95.2%	(93.6%-96.8%)	454
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 11**

### **Sexual Behaviors**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Have you ever had sexual intercourse? (mn100)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	9.3%	(6.9%-11.7%)	95	9.5%	(4.4%-14.6%)	47	9.0%	(6.5%-11.6%)	47
<b>----Age----</b>									
12 or younger	4.1%	(1.4%-6.9%)	12	*	*	*	*	*	*
13	9.1%	(4.3%-14.0%)	47	11.4%	(4.8%-18.0%)	29	6.7%	(0.9%-12.4%)	17
14 or older	16.7%	(14.2%-19.3%)	36	13.5%	(4.8%-22.2%)	13	19.4%	(12.9%-26.0%)	23
<b>----Grade----</b>									
Grade 7	6.6%	(3.4%-9.8%)	31	7.8%	(1.4%-14.2%)	17	5.2%	(2.9%-7.6%)	13
Grade 8	11.5%	(8.1%-14.9%)	64	10.9%	(5.7%-16.0%)	29	12.4%	(8.6%-16.2%)	34
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	9.3%	(6.8%-11.7%)	89	9.6%	(4.5%-14.8%)	45	8.9%	(7.3%-10.5%)	43
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	8.7%	(6.3%-11.1%)	83	9.0%	(4.1%-13.9%)	42	8.3%	(6.4%-10.2%)	40
Multiple Races	15.5%	(3.8%-27.2%)~	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*The last time you had sexual intercourse, did you or your partner use a condom? (mn101)*  
*Among students who have had sexual intercourse, the percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	45.9%	(18.2%-73.5%)~	48	50.9%	(18.4%-83.4%)~	23	39.0%	(0.1%-77.9%)~	22
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	46.7%	(13.8%-79.7%)~	25	61.5%	(19.5%-100.0%)~	15	27.3%	(0.0%-79.0%)~	7
14 or older	54.2%	(27.8%-80.5%)~	19	52.7%	(29.5%-76.0%)~	8	55.2%	(19.9%-90.5%)~	11
<b>----Grade----</b>									
Grade 7	39.5%	(0.0%-94.5%)~	13	*	*	*	*	*	*
Grade 8	48.9%	(27.8%-70.1%)~	34	59.6%	(26.4%-92.8%)~	20	39.3%	(3.4%-75.3%)~	15
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	48.3%	(18.3%-78.3%)~	46	49.5%	(15.5%-83.5%)~	21	44.0%	(6.1%-81.9%)~	21
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	48.9%	(18.3%-79.5%)~	43	51.0%	(14.1%-88.0%)~	20	43.6%	(5.8%-81.4%)~	20
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have had sexual intercourse, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



## **Section 12**

### **Nutrition**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) (mn116)*  
*Percentage of students who ate fruit two or more times per day during the past seven days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.2%	(19.8%-26.5%)	245	22.7%	(16.0%-29.4%)	117	24.0%	(20.3%-27.7%)	126
<b>----Age----</b>									
12 or younger	26.1%	(19.6%-32.6%)	79	20.0%	(10.8%-29.3%)	29	32.5%	(22.3%-42.8%)~	50
13	20.0%	(14.3%-25.6%)	106	22.5%	(12.3%-32.7%)~	59	17.6%	(13.7%-21.6%)	45
14 or older	26.6%	(23.0%-30.3%)	60	26.9%	(20.4%-33.3%)	29	26.7%	(23.7%-29.7%)	31
<b>----Grade----</b>									
Grade 7	24.3%	(21.2%-27.4%)	117	20.5%	(13.3%-27.7%)	48	28.2%	(20.2%-36.3%)	68
Grade 8	22.2%	(16.8%-27.6%)	126	24.8%	(17.9%-31.7%)	69	20.0%	(15.4%-24.7%)	56
<b>----Hispanic Ethnicity----</b>									
Hispanic	43.4%	(15.8%-71.0%)~	6	*	*	*	*	*	*
Non-Hispanic	23.1%	(19.8%-26.3%)	226	22.4%	(15.6%-29.3%)	109	24.0%	(19.8%-28.3%)	115
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	23.2%	(19.8%-26.5%)	227	23.3%	(16.7%-29.8%)	112	23.4%	(19.5%-27.4%)	113
Multiple Races	25.3%	(18.8%-31.9%)	9	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate fruit two or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) (mn116\_2)*  
*Percentage of students who ate fruit less than 1 time per day during the past seven days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	65.6%	(61.0%-70.1%)	692	67.4%	(60.7%-74.1%)	348	63.1%	(57.7%-68.4%)	331
<b>----Age----</b>									
12 or younger	60.9%	(55.5%-66.2%)	185	70.5%	(63.1%-78.0%)	103	50.7%	(40.5%-61.0%)~	78
13	69.3%	(63.2%-75.5%)	367	67.3%	(58.9%-75.7%)	177	70.7%	(60.5%-80.9%)~	181
14 or older	63.1%	(55.9%-70.4%)	141	63.5%	(50.0%-77.0%)~	68	62.4%	(57.6%-67.3%)	72
<b>----Grade----</b>									
Grade 7	64.7%	(59.7%-69.7%)	312	70.9%	(67.1%-74.7%)	165	58.0%	(48.5%-67.6%)	140
Grade 8	66.3%	(59.6%-73.0%)	377	64.2%	(53.7%-74.7%)~	180	67.7%	(60.4%-74.9%)	191
<b>----Hispanic Ethnicity----</b>									
Hispanic	46.4%	(21.9%-70.9%)~	6	*	*	*	*	*	*
Non-Hispanic	65.4%	(61.2%-69.6%)	641	67.3%	(60.9%-73.7%)	327	62.7%	(57.3%-68.0%)	301
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	65.5%	(61.2%-69.8%)	642	67.1%	(60.9%-73.2%)	324	63.2%	(57.3%-69.1%)	306
Multiple Races	64.5%	(55.6%-73.3%)	23	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate fruit less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (mnfruit)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.1%	(23.9%-32.4%)	296	27.3%	(21.4%-33.3%)	141	29.4%	(23.6%-35.2%)	153
<b>----Age----</b>									
12 or younger	30.0%	(22.4%-37.6%)	91	21.8%	(12.4%-31.2%)	32	38.7%	(26.8%-50.5%)~	59
13	25.5%	(21.1%-29.9%)	135	27.9%	(19.6%-36.1%)	73	23.6%	(18.1%-29.1%)	60
14 or older	31.6%	(24.8%-38.4%)	71	33.7%	(24.5%-42.9%)	36	30.0%	(23.6%-36.4%)	34
<b>----Grade----</b>									
Grade 7	28.9%	(23.4%-34.4%)	139	24.0%	(18.5%-29.5%)	56	34.1%	(24.1%-44.2%)~	81
Grade 8	27.5%	(21.3%-33.7%)	156	30.4%	(22.5%-38.3%)	85	25.1%	(19.7%-30.5%)	71
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	27.4%	(23.7%-31.2%)	268	26.7%	(20.8%-32.6%)	130	28.6%	(23.0%-34.2%)	137
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	27.7%	(23.7%-31.7%)	271	27.6%	(21.6%-33.6%)	133	28.3%	(22.5%-34.0%)	136
Multiple Races	35.4%	(26.1%-44.6%)	12	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (mnonefrt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	40.9%	(35.2%-46.5%)	431	43.4%	(34.2%-52.7%)	224	37.4%	(30.6%-44.2%)	195
<b>----Age----</b>									
12 or younger	36.5%	(28.7%-44.3%)	110	46.3%	(36.9%-55.8%)	68	27.1%	(13.3%-40.8%)~	41
13	42.1%	(35.7%-48.5%)	222	40.8%	(27.8%-53.9%)~	107	41.5%	(34.3%-48.7%)	106
14 or older	44.1%	(34.9%-53.3%)	98	45.8%	(34.9%-56.8%)~	49	41.9%	(34.1%-49.7%)	48
<b>----Grade----</b>									
Grade 7	38.9%	(31.8%-46.0%)	187	43.3%	(34.5%-52.2%)	101	34.0%	(23.2%-44.8%)~	81
Grade 8	42.3%	(36.1%-48.6%)	241	43.0%	(32.7%-53.3%)~	121	40.4%	(36.3%-44.6%)	114
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	41.3%	(36.6%-46.0%)	404	43.3%	(34.1%-52.5%)	210	38.3%	(32.2%-44.4%)	183
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	40.8%	(35.6%-46.0%)	399	43.0%	(34.0%-52.0%)	208	37.7%	(30.8%-44.5%)	181
Multiple Races	49.8%	(41.6%-58.1%)	17	54.9%	(42.5%-67.3%)~	8	46.4%	(33.7%-59.1%)~	10

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who ate vegetables three or more times per day during the past seven days (mnveg)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	9.7%	(7.5%-12.0%)	104	9.3%	(6.4%-12.2%)	48	10.3%	(6.6%-13.9%)	54
<b>----Age----</b>									
12 or younger	11.0%	(7.9%-14.1%)	34	10.1%	(6.6%-13.5%)	15	12.1%	(5.1%-19.2%)	19
13	9.3%	(6.0%-12.6%)	50	9.6%	(4.5%-14.7%)	25	8.9%	(6.1%-11.6%)	23
14 or older	9.1%	(5.4%-12.8%)	20	7.4%	(2.6%-12.1%)	8	10.8%	(2.6%-19.1%)	12
<b>----Grade----</b>									
Grade 7	11.6%	(8.6%-14.7%)	57	10.6%	(5.4%-15.8%)	25	12.5%	(10.1%-14.8%)	31
Grade 8	8.2%	(4.0%-12.4%)	47	8.2%	(3.6%-12.9%)	23	8.3%	(2.1%-14.6%)	23
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	9.4%	(7.0%-11.9%)	93	8.9%	(5.8%-12.0%)	43	10.0%	(5.7%-14.3%)	48
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	9.6%	(6.9%-12.3%)	95	9.1%	(6.0%-12.2%)	44	10.1%	(5.4%-14.7%)	49
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate vegetables three or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who ate vegetables less than 1 time per day during the past seven days (mnoneveg)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	60.1%	(55.2%-64.9%)	639	62.0%	(56.6%-67.4%)	322	58.8%	(51.9%-65.6%)	310
<b>----Age----</b>									
12 or younger	59.7%	(54.7%-64.6%)	182	70.9%	(67.2%-74.6%)	104	49.7%	(40.7%-58.6%)	77
13	58.3%	(50.1%-66.6%)	312	56.6%	(44.9%-68.2%)~	150	61.0%	(53.0%-69.0%)	158
14 or older	64.9%	(55.7%-74.1%)	145	63.4%	(50.5%-76.2%)~	68	66.0%	(53.6%-78.4%)~	76
<b>----Grade----</b>									
Grade 7	61.1%	(58.1%-64.2%)	300	66.7%	(63.7%-69.8%)	157	56.0%	(49.3%-62.7%)	139
Grade 8	59.5%	(50.4%-68.6%)	338	58.5%	(46.3%-70.8%)~	165	61.5%	(49.6%-73.4%)~	172
<b>----Hispanic Ethnicity----</b>									
Hispanic	55.6%	(38.5%-72.7%)~	7	*	*	*	*	*	*
Non-Hispanic	60.3%	(55.9%-64.8%)	596	62.2%	(57.6%-66.8%)	304	59.1%	(52.8%-65.4%)	286
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	60.1%	(55.9%-64.3%)	594	61.8%	(57.0%-66.6%)	301	58.8%	(51.8%-65.9%)	287
Multiple Races	58.6%	(46.8%-70.3%)~	21	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate vegetables less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (mnfrvg)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.1%	(14.2%-18.1%)	169	14.5%	(10.0%-19.0%)	75	17.9%	(14.5%-21.4%)	93
<b>----Age----</b>									
12 or younger	18.9%	(17.2%-20.6%)	57	13.4%	(7.1%-19.8%)	20	24.6%	(19.1%-30.0%)	37
13	13.3%	(9.7%-16.9%)	70	15.2%	(7.4%-23.1%)	40	11.4%	(8.2%-14.5%)	29
14 or older	19.0%	(13.4%-24.6%)	42	14.3%	(4.7%-23.9%)	15	23.5%	(15.8%-31.2%)	27
<b>----Grade----</b>									
Grade 7	18.8%	(16.2%-21.3%)	90	16.1%	(8.0%-24.3%)	38	21.5%	(17.4%-25.6%)	51
Grade 8	14.0%	(10.6%-17.3%)	79	13.3%	(9.2%-17.4%)	37	15.0%	(9.4%-20.6%)	42
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	15.6%	(14.1%-17.2%)	153	14.1%	(9.2%-19.0%)	68	17.5%	(14.0%-21.0%)	83
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	15.6%	(13.5%-17.6%)	152	14.4%	(9.7%-19.1%)	69	17.0%	(13.4%-20.6%)	81
Multiple Races	26.9%	(16.7%-37.1%)~	9	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who ate fruit and/or ate vegetables five or more times per day during the past seven days (mnfrvg\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.4%	(9.4%-11.4%)	110	9.4%	(5.6%-13.3%)	49	11.5%	(8.3%-14.6%)	60
<b>----Age----</b>									
12 or younger	15.2%	(11.1%-19.4%)	46	11.7%	(4.8%-18.6%)	17	19.0%	(12.3%-25.7%)	29
13	8.0%	(5.7%-10.2%)	42	7.8%	(2.6%-13.0%)	20	7.9%	(6.9%-9.0%)	20
14 or older	9.8%	(9.2%-10.3%)	22	10.5%	(1.9%-19.0%)	11	9.2%	(1.5%-16.9%)	11
<b>----Grade----</b>									
Grade 7	13.2%	(10.6%-15.9%)	64	10.7%	(5.7%-15.7%)	25	15.6%	(11.2%-20.1%)	38
Grade 8	8.1%	(6.5%-9.7%)	46	8.5%	(3.3%-13.7%)	24	7.9%	(5.8%-10.0%)	22
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	9.8%	(8.7%-11.0%)	96	9.0%	(5.3%-12.6%)	43	10.7%	(7.0%-14.5%)	51
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	10.2%	(9.1%-11.3%)	99	9.6%	(5.6%-13.5%)	46	10.8%	(7.3%-14.4%)	52
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate fruit and/or ate vegetables five or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (mn159a)*

*Percentage of students who answered at least one time per day in the past week*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.8%	(20.3%-25.2%)	241	19.0%	(15.6%-22.5%)	98	26.9%	(22.1%-31.7%)	142
<b>----Age----</b>									
12 or younger	19.2%	(16.7%-21.7%)	58	14.0%	(8.3%-19.8%)	20	23.7%	(20.5%-26.9%)	36
13	22.3%	(18.6%-26.0%)	119	19.3%	(16.7%-21.9%)	51	26.4%	(19.9%-32.9%)	68
14 or older	28.8%	(15.1%-42.6%)~	64	25.3%	(11.7%-39.0%)~	26	32.2%	(10.2%-54.2%)~	37
<b>----Grade----</b>									
Grade 7	22.1%	(20.3%-23.9%)	107	16.9%	(12.7%-21.0%)	39	27.3%	(23.6%-31.0%)	67
Grade 8	23.5%	(17.7%-29.4%)	134	21.0%	(17.8%-24.1%)	59	26.7%	(16.4%-37.0%)~	75
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	22.3%	(20.8%-23.9%)	219	18.6%	(14.1%-23.0%)	90	26.6%	(22.4%-30.8%)	128
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	21.8%	(20.1%-23.5%)	214	17.8%	(13.6%-21.9%)	86	26.1%	(23.4%-28.8%)	127
Multiple Races	43.5%	(20.0%-66.9%)~	15	40.5%	(15.5%-65.4%)~	6	45.6%	(17.6%-73.6%)~	9

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least one time per day in the past week (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (mn159a\_2)*

*Percentage of students who answered 'I did not drink soda, sports drinks, energy drinks, or other sugar-sweetened beverages during the past 7 days'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.2%	(13.9%-18.4%)	171	16.0%	(12.1%-19.8%)	82	16.8%	(15.0%-18.6%)	89
<b>----Age----</b>									
12 or younger	17.9%	(9.8%-26.1%)	54	17.6%	(10.4%-24.8%)	26	18.7%	(9.0%-28.4%)	28
13	15.0%	(13.8%-16.2%)	80	15.5%	(10.0%-21.1%)	41	15.1%	(11.2%-19.0%)	39
14 or older	16.5%	(12.3%-20.8%)	36	14.9%	(4.8%-24.9%)~	15	18.2%	(14.1%-22.2%)	21
<b>----Grade----</b>									
Grade 7	17.6%	(12.8%-22.5%)	86	12.7%	(7.2%-18.3%)	29	22.9%	(17.7%-28.1%)	56
Grade 8	15.0%	(13.4%-16.6%)	85	18.8%	(15.0%-22.6%)	53	11.6%	(9.2%-13.9%)	32
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	15.9%	(13.5%-18.4%)	156	15.4%	(10.7%-20.0%)	74	17.0%	(15.1%-18.9%)	82
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	15.8%	(13.4%-18.2%)	155	15.5%	(11.9%-19.2%)	75	16.6%	(13.9%-19.3%)	81
Multiple Races	17.2%	(0.0%-35.3%)~	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I did not drink soda, sports drinks, energy drinks, or other sugar-sweetened beverages during the past 7 days' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 13**

### **Physical Activity**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (mn161)*

*Percentage of students who answered at least 5 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	45.2%	(39.2%-51.3%)	480	40.4%	(34.2%-46.6%)	208	50.0%	(40.3%-59.7%)	267
<b>----Age----</b>									
12 or younger	52.1%	(43.3%-60.9%)	159	47.3%	(35.6%-59.0%)~	69	57.1%	(37.7%-76.4%)~	89
13	45.7%	(36.5%-54.9%)	244	41.0%	(27.9%-54.1%)~	108	50.6%	(44.2%-57.0%)	132
14 or older	34.6%	(26.4%-42.8%)	78	29.5%	(21.9%-37.1%)	31	39.5%	(24.4%-54.7%)~	46
<b>----Grade----</b>									
Grade 7	49.1%	(44.0%-54.3%)	241	44.6%	(38.3%-50.8%)	104	53.1%	(41.3%-64.9%)~	132
Grade 8	42.1%	(34.1%-50.2%)	239	37.3%	(29.0%-45.7%)	104	47.6%	(38.7%-56.5%)	135
<b>----Hispanic Ethnicity----</b>									
Hispanic	50.2%	(37.8%-62.6%)~	6	*	*	*	*	*	*
Non-Hispanic	45.0%	(40.3%-49.6%)	442	40.9%	(34.0%-47.7%)	197	49.2%	(41.4%-56.9%)	240
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	45.7%	(40.1%-51.3%)	449	41.4%	(34.3%-48.6%)	200	50.0%	(41.9%-58.1%)	244
Multiple Races	41.0%	(32.5%-49.4%)	15	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (mnpa7day)*  
*Percentage of students who were physically active for a total of at least 60 minutes per day on all of the past seven days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	25.4%	(20.6%-30.1%)	270	19.0%	(13.7%-24.3%)	98	31.4%	(25.6%-37.3%)	168
<b>----Age----</b>									
12 or younger	28.9%	(26.6%-31.3%)	88	25.1%	(16.8%-33.3%)	36	32.5%	(22.7%-42.2%)	51
13	25.0%	(18.1%-31.8%)	133	19.0%	(11.7%-26.3%)	50	30.9%	(24.3%-37.5%)	80
14 or older	21.3%	(12.4%-30.2%)	48	10.7%	(2.6%-18.8%)	11	31.1%	(18.5%-43.7%)~	37
<b>----Grade----</b>									
Grade 7	26.2%	(20.8%-31.6%)	129	21.8%	(15.5%-28.2%)	51	29.7%	(22.5%-36.9%)	74
Grade 8	24.8%	(19.9%-29.7%)	141	16.8%	(11.5%-22.2%)	47	33.0%	(27.4%-38.7%)	94
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	25.4%	(21.4%-29.4%)	250	19.6%	(14.2%-24.9%)	94	31.0%	(26.2%-35.8%)	151
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	25.2%	(20.2%-30.3%)	248	19.0%	(13.0%-25.1%)	92	31.2%	(25.4%-37.1%)	153
Multiple Races	31.4%	(23.4%-39.3%)	11	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were physically active for a total of at least 60 minutes per day on all of the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (mn206)  
Percentage of students who answered 3 or more hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	74.9%	(72.6%-77.2%)	790	76.5%	(70.1%-82.8%)	393	74.0%	(68.6%-79.3%)	394
<b>----Age----</b>									
12 or younger	74.7%	(70.0%-79.4%)	224	69.8%	(66.1%-73.6%)	97	78.9%	(71.3%-86.5%)	127
13	72.4%	(62.7%-82.2%)	378	76.0%	(64.4%-87.7%)~	201	69.5%	(59.4%-79.6%)~	174
14 or older	81.0%	(67.3%-94.7%)~	188	85.8%	(67.2%-100.0%)~	95	76.6%	(53.5%-99.7%)~	93
<b>----Grade----</b>									
Grade 7	73.4%	(70.7%-76.1%)	359	73.1%	(68.1%-78.1%)	166	73.3%	(70.1%-76.4%)	190
Grade 8	76.0%	(72.9%-79.2%)	426	78.7%	(69.9%-87.6%)	222	74.6%	(66.1%-83.1%)	204
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	74.8%	(70.6%-79.1%)	713	75.6%	(66.2%-84.9%)	354	74.7%	(68.5%-80.9%)	355
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	74.6%	(71.4%-77.8%)	724	76.5%	(68.8%-84.2%)	368	73.2%	(67.8%-78.5%)	354
Multiple Races	79.9%	(73.9%-85.8%)	23	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 3 or more hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (mn206\_2)  
Percentage of students who answered 2 or fewer hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	25.1%	(22.8%-27.4%)	265	23.5%	(17.2%-29.9%)	121	26.0%	(20.7%-31.4%)	139
<b>---Age---</b>									
12 or younger	25.3%	(20.6%-30.0%)	76	30.2%	(26.4%-33.9%)	42	21.1%	(13.5%-28.7%)	34
13	27.6%	(17.8%-37.3%)	144	24.0%	(12.3%-35.6%)~	63	30.5%	(20.4%-40.6%)~	76
14 or older	19.0%	(5.3%-32.7%)~	44	14.2%	(0.0%-32.8%)~	16	23.4%	(0.3%-46.5%)~	28
<b>---Grade---</b>									
Grade 7	26.6%	(23.9%-29.3%)	130	26.9%	(21.9%-31.9%)	61	26.7%	(23.6%-29.9%)	69
Grade 8	24.0%	(20.8%-27.1%)	134	21.3%	(12.4%-30.1%)	60	25.4%	(16.9%-33.9%)	69
<b>---Hispanic Ethnicity---</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	25.2%	(20.9%-29.4%)	240	24.4%	(15.1%-33.8%)	115	25.3%	(19.1%-31.5%)	120
<b>---Race---</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	25.4%	(22.2%-28.6%)	247	23.5%	(15.8%-31.2%)	113	26.8%	(21.5%-32.2%)	130
Multiple Races	20.1%	(14.2%-26.1%)	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*In an average week when you are in school, on how many days do you go to physical education (PE) classes? (mn127)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	67.3%	(42.4%-92.2%)~	718	69.7%	(46.3%-93.0%)~	366	65.0%	(38.4%-91.7%)~	347
<b>----Age----</b>									
12 or younger	46.1%	(4.5%-87.6%)~	142	50.1%	(0.0%-100.0%)~	74	42.3%	(9.1%-75.5%)~	68
13	73.3%	(50.1%-96.5%)~	381	76.5%	(52.3%-100.0%)~	204	70.3%	(46.2%-94.4%)~	173
14 or older	81.6%	(62.2%-100.0%)~	194	79.5%	(56.3%-100.0%)~	88	83.4%	(63.9%-100.0%)~	106
<b>----Grade----</b>									
Grade 7	49.1%	(11.1%-87.0%)~	243	53.8%	(11.2%-96.4%)~	128	45.2%	(10.8%-79.5%)~	114
Grade 8	82.9%	(58.1%-100.0%)~	470	82.6%	(55.3%-100.0%)~	232	82.9%	(59.5%-100.0%)~	233
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	66.8%	(42.4%-91.2%)~	645	68.3%	(45.4%-91.1%)~	326	65.4%	(38.8%-92.1%)~	314
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	66.2%	(41.2%-91.3%)~	652	68.2%	(45.0%-91.4%)~	334	64.4%	(37.4%-91.4%)~	314
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*In an average week when you are in school, on how many days do you go to physical education (PE) classes? (mndlype)  
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	9.2%	(1.3%-17.1%)	99	10.0%	(0.0%-22.2%)~	53	8.6%	(2.4%-14.9%)	46
<b>----Age----</b>									
12 or younger	11.3%	(1.7%-20.9%)	35	16.7%	(0.0%-35.9%)~	25	6.2%	(2.3%-10.2%)	10
13	7.8%	(3.3%-12.3%)	40	5.0%	(0.0%-10.0%)	13	11.0%	(4.2%-17.9%)	27
14 or older	9.8%	(0.0%-23.4%)~	23	13.1%	(0.0%-36.9%)~	15	7.0%	(0.0%-16.7%)	9
<b>----Grade----</b>									
Grade 7	8.8%	(3.7%-13.9%)	44	11.5%	(0.0%-23.1%)~	27	6.5%	(2.4%-10.6%)	16
Grade 8	9.7%	(0.0%-20.2%)~	55	8.9%	(0.0%-21.9%)~	25	10.6%	(0.0%-21.5%)~	30
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	8.9%	(0.0%-18.1%)	86	11.0%	(0.0%-24.2%)~	53	7.0%	(0.2%-13.8%)	34
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	8.8%	(0.5%-17.0%)	87	10.0%	(0.0%-22.4%)~	49	7.7%	(1.2%-14.3%)	38
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who attended physical education (PE) classes daily in an average week when they were in school (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Do any of your classroom teachers provide short physical activity breaks during regular class time? (Do not count your physical education teacher.)  
(mn180a)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.1%	(16.9%-29.2%)	242	25.2%	(20.3%-30.1%)	126	21.4%	(10.7%-32.1%)~	116
<b>---Age---</b>									
12 or younger	28.5%	(19.7%-37.4%)	86	32.9%	(26.1%-39.6%)	47	24.7%	(5.8%-43.5%)~	40
13	19.7%	(11.7%-27.7%)	102	23.3%	(19.0%-27.6%)	60	16.7%	(3.6%-29.7%)~	42
14 or older	23.4%	(9.2%-37.7%)~	54	19.4%	(0.0%-46.3%)~	20	26.6%	(15.7%-37.4%)~	35
<b>---Grade---</b>									
Grade 7	29.8%	(19.1%-40.4%)~	144	33.7%	(29.3%-38.1%)	75	26.7%	(5.2%-48.2%)~	68
Grade 8	16.6%	(9.0%-24.1%)	93	16.8%	(3.5%-30.0%)~	45	16.7%	(8.0%-25.4%)	48
<b>---Hispanic Ethnicity---</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	21.3%	(16.1%-26.4%)	204	23.2%	(19.3%-27.2%)	107	19.8%	(10.3%-29.2%)	97
<b>---Race---</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	23.6%	(17.2%-29.9%)	229	25.9%	(19.8%-32.0%)	121	21.7%	(10.6%-32.8%)~	108
Multiple Races	23.1%	(7.6%-38.5%)~	7	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.) (mn179)  
Percentage of students who answered at least one team*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	58.8%	(55.2%-62.4%)	632	60.1%	(55.8%-64.3%)	312	58.4%	(49.6%-67.1%)	319
<b>----Age----</b>									
12 or younger	65.4%	(60.0%-70.8%)	202	68.3%	(64.6%-72.0%)	101	62.7%	(52.7%-72.7%)~	101
13	62.2%	(51.5%-73.0%)~	326	63.5%	(54.9%-72.2%)	166	62.7%	(39.6%-85.8%)~	160
14 or older	42.8%	(35.3%-50.4%)	103	40.8%	(35.1%-46.5%)	45	44.5%	(34.1%-55.0%)~	58
<b>----Grade----</b>									
Grade 7	63.4%	(56.3%-70.5%)	314	68.7%	(58.7%-78.7%)	160	59.4%	(51.5%-67.4%)	154
Grade 8	55.4%	(49.3%-61.5%)	318	54.0%	(46.9%-61.1%)	153	57.4%	(43.8%-71.0%)~	165
<b>----Hispanic Ethnicity----</b>									
Hispanic	57.7%	(34.2%-81.1%)~	8	*	*	*	*	*	*
Non-Hispanic	59.1%	(52.6%-65.5%)	575	62.2%	(57.4%-66.9%)	296	56.8%	(46.3%-67.4%)~	278
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	58.6%	(53.0%-64.3%)	579	61.1%	(56.1%-66.1%)	295	57.1%	(46.2%-68.0%)~	284
Multiple Races	72.7%	(63.6%-81.8%)	21	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least one team (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*In an average week when you are in school, on how many days do you walk, ride your bike, or roll to school when weather allows you to do so? (mn220)  
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	29.3%	(24.2%-34.3%)	311	30.4%	(23.8%-37.0%)	157	28.1%	(23.6%-32.6%)	151
<b>----Age----</b>									
12 or younger	26.8%	(23.2%-30.4%)	83	27.3%	(15.6%-38.9%)~	40	26.4%	(15.4%-37.4%)~	42
13	30.4%	(24.1%-36.7%)	157	34.8%	(25.7%-44.0%)	91	25.4%	(18.1%-32.7%)	63
14 or older	30.1%	(18.5%-41.7%)~	72	23.9%	(10.3%-37.4%)~	26	35.3%	(18.7%-51.9%)~	46
<b>----Grade----</b>									
Grade 7	27.4%	(20.7%-34.0%)	135	28.8%	(21.2%-36.3%)	67	25.3%	(14.8%-35.7%)~	65
Grade 8	30.3%	(19.4%-41.2%)~	171	30.4%	(18.3%-42.6%)~	85	30.7%	(19.6%-41.8%)~	86
<b>----Hispanic Ethnicity----</b>									
Hispanic	51.9%	(28.9%-74.9%)~	7	*	*	*	*	*	*
Non-Hispanic	28.4%	(24.2%-32.6%)	273	29.6%	(23.9%-35.2%)	140	27.0%	(22.2%-31.8%)	130
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	27.5%	(22.1%-32.9%)	269	29.2%	(22.2%-36.3%)	141	25.6%	(20.4%-30.8%)	125
Multiple Races	42.9%	(31.4%-54.3%)~	12	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 14**

### **Asthma**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Has a doctor or nurse ever told you that you have asthma? (mn129)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	15.1%	(13.4%-16.9%)	162	14.2%	(7.1%-21.3%)	72	16.7%	(10.4%-22.9%)	89
<b>----Age----</b>									
12 or younger	14.9%	(11.3%-18.6%)	47	12.6%	(0.0%-26.3%)~	19	17.7%	(6.4%-28.9%)~	29
13	12.3%	(9.6%-15.0%)	67	12.5%	(6.8%-18.2%)	33	12.7%	(8.9%-16.6%)	34
14 or older	22.8%	(18.8%-26.7%)	48	21.0%	(5.4%-36.6%)~	21	24.8%	(16.2%-33.4%)	27
<b>----Grade----</b>									
Grade 7	12.5%	(10.2%-14.8%)	63	12.7%	(2.9%-22.5%)	30	13.0%	(5.7%-20.2%)	33
Grade 8	17.1%	(14.9%-19.3%)	96	15.5%	(8.2%-22.8%)	42	19.3%	(15.1%-23.5%)	54
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	15.1%	(13.8%-16.4%)	153	14.5%	(7.8%-21.3%)	71	16.4%	(10.0%-22.8%)	82
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	15.1%	(14.0%-16.1%)	150	14.5%	(7.2%-21.9%)	70	16.2%	(9.0%-23.4%)	80
Multiple Races	22.0%	(0.0%-44.6%)~	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Has a doctor or nurse ever told you that you have asthma? (mnltasth)*  
*Percentage of students with lifetime asthma (Excludes "Not sure" responses from m129)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.3%	(15.4%-19.1%)	162	16.3%	(9.6%-22.9%)	72	18.7%	(11.4%-26.0%)	89
<b>----Age----</b>									
12 or younger	17.2%	(12.5%-22.0%)	47	14.5%	(0.9%-28.0%)~	19	19.6%	(7.0%-32.3%)~	29
13	14.2%	(11.4%-16.9%)	67	14.4%	(8.7%-20.2%)	33	14.5%	(10.4%-18.7%)	34
14 or older	25.0%	(21.0%-29.0%)	48	23.5%	(5.1%-41.9%)~	21	26.8%	(16.1%-37.6%)~	27
<b>----Grade----</b>									
Grade 7	14.3%	(11.8%-16.8%)	63	14.4%	(4.7%-24.1%)	30	14.5%	(6.4%-22.6%)	33
Grade 8	19.5%	(17.8%-21.3%)	96	17.9%	(10.4%-25.3%)	42	21.6%	(15.3%-27.9%)	54
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	17.1%	(15.6%-18.5%)	153	16.6%	(10.3%-22.9%)	71	18.0%	(10.8%-25.3%)	82
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.1%	(15.8%-18.4%)	150	16.5%	(9.7%-23.4%)	70	18.1%	(9.9%-26.3%)	80
Multiple Races	24.6%	(2.4%-46.8%)~	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students with lifetime asthma (Excludes "Not sure" responses from m129) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Do you still have asthma? (mn130\_2)*

*Among students who reported to have asthma in m129, the percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	44.9%	(38.5%-51.3%)	73	39.2%	(23.7%-54.6%)~	28	49.5%	(39.5%-59.6%)~	44
<b>----Age----</b>									
12 or younger	69.8%	(59.1%-80.4%)~	33	*	*	*	*	*	*
13	34.3%	(15.8%-52.8%)~	23	21.3%	(0.0%-46.7%)~	7	46.9%	(28.6%-65.3%)~	16
14 or older	35.2%	(11.5%-58.8%)~	17	28.9%	(0.0%-87.4%)~	6	40.0%	(33.7%-46.3%)	11
<b>----Grade----</b>									
Grade 7	52.1%	(29.7%-74.6%)~	33	59.7%	(22.8%-96.6%)~	18	45.3%	(22.0%-68.6%)~	15
Grade 8	38.6%	(26.3%-51.0%)~	37	24.6%	(0.9%-48.4%)~	10	49.7%	(32.6%-66.8%)~	27
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	45.4%	(36.8%-54.1%)	70	38.4%	(21.8%-54.9%)~	27	51.6%	(42.1%-61.1%)	42
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	46.3%	(39.0%-53.6%)	69	39.9%	(25.4%-54.4%)~	28	51.9%	(42.5%-61.2%)	41
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who reported to have asthma in m129, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students with current asthma (Excludes "Not sure" responses from m129 and m130) (mncrasth)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	8.1%	(6.2%-9.9%)	73	6.6%	(2.1%-11.1%)	28	9.7%	(5.2%-14.2%)	44
<b>----Age----</b>									
12 or younger	12.3%	(7.5%-17.2%)	33	11.7%	(0.0%-25.9%)~	15	12.9%	(0.0%-26.8%)~	18
13	5.0%	(3.0%-7.0%)	23	3.2%	(0.6%-5.7%)	7	7.0%	(4.3%-9.7%)	16
14 or older	9.5%	(2.8%-16.3%)	17	7.4%	(0.0%-23.7%)~	6	11.7%	(7.6%-15.7%)	11
<b>----Grade----</b>									
Grade 7	7.7%	(3.9%-11.6%)	33	8.7%	(1.4%-16.0%)	18	7.0%	(0.0%-14.3%)	15
Grade 8	7.8%	(5.1%-10.5%)	37	4.6%	(0.0%-10.6%)	10	11.1%	(10.1%-12.1%)	27
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	8.1%	(6.0%-10.2%)	70	6.6%	(2.0%-11.1%)	27	9.8%	(5.5%-14.2%)	42
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	8.2%	(6.5%-10.0%)	69	6.8%	(2.3%-11.3%)	28	9.9%	(4.7%-15.1%)	41
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students with current asthma (Excludes "Not sure" responses from m129 and m130) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**Section 15**  
**Diabetes**

**No questions qualify for reporting in this section.**

**Section 16**  
**HPV**

**No questions qualify for reporting in this section.**

**Section 17  
Sun Protection**

**No questions qualify for reporting in this section.**

## **Section 18 Disability**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*Do you have any physical disabilities or long-term health problems? (Long-term means 6 months or more.) (mn136a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.1%	(6.2%-13.9%)	106	11.8%	(6.7%-16.8%)	59	8.7%	(4.1%-13.2%)	47
<b>----Age----</b>									
12 or younger	5.0%	(0.2%-9.8%)	15	*	*	*	*	*	*
13	10.5%	(4.9%-16.1%)	54	12.4%	(6.9%-17.9%)	32	8.8%	(1.5%-16.1%)	22
14 or older	16.0%	(11.6%-20.4%)	37	15.7%	(2.4%-29.0%)~	16	16.1%	(7.7%-24.6%)	21
<b>----Grade----</b>									
Grade 7	7.7%	(3.1%-12.2%)	37	8.8%	(4.1%-13.5%)	20	6.7%	(1.2%-12.2%)	17
Grade 8	12.3%	(8.4%-16.2%)	68	14.4%	(6.6%-22.2%)	39	10.5%	(5.9%-15.0%)	29
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	9.8%	(5.7%-13.9%)	94	11.4%	(5.5%-17.3%)	53	8.4%	(4.7%-12.2%)	41
<b>----Race----</b>									
American Indian or Alaskan Native	47.9%	(15.7%-80.0%)~	6	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	9.6%	(5.4%-13.7%)	92	12.1%	(6.4%-17.8%)	56	7.3%	(3.3%-11.4%)	36
Multiple Races	21.2%	(7.2%-35.3%)~	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Do you have any physical disabilities or long-term health problems? (Long-term means 6 months or more.) (mn136a\_2)  
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.0%	(7.2%-18.8%)	106	16.0%	(8.8%-23.2%)	59	10.6%	(4.2%-17.1%)	47
<b>----Age----</b>									
12 or younger	6.9%	(0.0%-14.2%)	15	*	*	*	*	*	*
13	13.4%	(5.5%-21.3%)	54	15.8%	(8.3%-23.4%)	32	11.2%	(1.4%-20.9%)	22
14 or older	19.3%	(12.9%-25.7%)	37	20.8%	(1.4%-40.2%)~	16	18.3%	(7.5%-29.0%)~	21
<b>----Grade----</b>									
Grade 7	10.1%	(3.1%-17.1%)	37	12.8%	(5.7%-19.9%)	20	8.3%	(0.8%-15.7%)	17
Grade 8	15.6%	(10.3%-20.9%)	68	18.8%	(8.6%-29.0%)~	39	12.8%	(6.8%-18.8%)	29
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	12.9%	(7.0%-18.7%)	94	15.7%	(7.6%-23.8%)	53	10.5%	(5.2%-15.8%)	41
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	12.4%	(6.4%-18.4%)	92	16.4%	(8.2%-24.7%)	56	9.0%	(3.6%-14.4%)	36
Multiple Races	28.2%	(9.9%-46.5%)~	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (Excludes 'Not sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*Do you have any long-term emotional or behavioral problems? (Long-term means 6 months or more.) (mn137a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	20.0%	(14.6%-25.3%)	209	23.0%	(19.6%-26.5%)	117	16.7%	(4.8%-28.7%)~	88
<b>----Age----</b>									
12 or younger	14.0%	(12.9%-15.0%)	42	17.2%	(13.5%-21.0%)	25	10.9%	(6.3%-15.5%)	17
13	19.8%	(13.7%-25.8%)	101	24.4%	(17.5%-31.2%)	62	14.3%	(6.8%-21.9%)	35
14 or older	28.1%	(16.9%-39.3%)~	66	27.6%	(16.9%-38.4%)~	30	28.5%	(1.5%-55.5%)~	36
<b>----Grade----</b>									
Grade 7	15.2%	(11.2%-19.1%)	72	17.3%	(14.5%-20.2%)	39	12.2%	(5.3%-19.0%)	30
Grade 8	24.2%	(18.2%-30.3%)	136	28.0%	(25.0%-31.0%)	78	20.8%	(5.6%-36.1%)~	58
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	20.1%	(15.2%-25.1%)	190	22.8%	(18.7%-26.9%)	106	17.2%	(6.3%-28.1%)~	81
<b>----Race----</b>									
American Indian or Alaskan Native	54.6%	(28.7%-80.5%)~	7	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	20.3%	(14.7%-25.8%)	194	24.1%	(20.4%-27.8%)	114	16.2%	(4.9%-27.5%)~	78
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Do you have any long-term emotional or behavioral problems? (Long-term means 6 months or more.) (mn137a\_2)  
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	26.0%	(19.3%-32.7%)	209	32.6%	(26.7%-38.6%)	117	20.1%	(5.3%-34.9%)~	88
<b>----Age----</b>									
12 or younger	18.7%	(15.5%-21.9%)	42	25.4%	(20.0%-30.9%)	25	13.4%	(5.8%-21.0%)	17
13	26.0%	(18.1%-33.9%)	101	33.4%	(26.2%-40.5%)	62	17.9%	(7.9%-27.9%)	35
14 or older	34.6%	(22.2%-47.0%)~	66	40.2%	(24.8%-55.5%)~	30	31.1%	(3.2%-59.0%)~	36
<b>----Grade----</b>									
Grade 7	20.5%	(14.5%-26.4%)	72	25.5%	(23.1%-27.8%)	39	15.4%	(5.7%-25.0%)	30
Grade 8	30.7%	(23.6%-37.8%)	136	38.9%	(33.4%-44.3%)	78	24.0%	(6.2%-41.8%)~	58
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	26.5%	(20.1%-32.9%)	190	32.9%	(26.6%-39.1%)	106	20.7%	(7.1%-34.4%)~	81
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	26.3%	(19.1%-33.5%)	194	34.1%	(28.2%-40.0%)	114	19.3%	(5.2%-33.3%)~	78
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (Excludes 'Not sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*Percentage of students who have a disability (mndisab\_b)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	24.7%	(19.8%-29.6%)	258	28.2%	(21.0%-35.4%)	142	21.2%	(11.2%-31.2%)	112
<b>----Age----</b>									
12 or younger	17.1%	(12.9%-21.2%)	51	21.5%	(13.1%-29.9%)	31	12.9%	(9.3%-16.6%)	20
13	23.8%	(14.6%-33.0%)	122	28.0%	(19.4%-36.6%)	72	18.9%	(8.1%-29.7%)~	47
14 or older	36.5%	(30.4%-42.6%)	85	38.2%	(22.6%-53.8%)~	39	35.2%	(13.2%-57.1%)~	46
<b>----Grade----</b>									
Grade 7	19.7%	(16.9%-22.6%)	95	22.2%	(15.9%-28.5%)	50	16.5%	(9.4%-23.6%)	41
Grade 8	29.2%	(23.4%-35.0%)	163	33.7%	(23.9%-43.5%)	92	25.3%	(13.4%-37.2%)~	71
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	25.2%	(20.1%-30.4%)	240	28.2%	(20.7%-35.7%)	132	22.1%	(13.3%-30.9%)	105
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	25.0%	(19.5%-30.4%)	239	29.4%	(21.8%-36.9%)	137	20.5%	(10.9%-30.0%)	99
Multiple Races	23.9%	(6.0%-41.8%)~	7	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who have a disability (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Percentage of students who have a disability (Excludes 'Not sure' responses from m136a & m137a) (mndisab\_b\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	27.6%	(21.8%-33.3%)	258	32.1%	(24.5%-39.7%)	142	23.0%	(10.9%-35.2%)~	112
<b>----Age----</b>									
12 or younger	19.3%	(15.4%-23.2%)	51	25.6%	(18.5%-32.6%)	31	14.0%	(8.1%-20.0%)	20
13	26.6%	(16.5%-36.7%)~	122	30.9%	(22.2%-39.5%)	72	21.1%	(8.9%-33.4%)~	47
14 or older	39.9%	(32.2%-47.7%)	85	44.4%	(24.3%-64.6%)~	39	36.8%	(14.6%-59.0%)~	46
<b>----Grade----</b>									
Grade 7	22.3%	(18.1%-26.5%)	95	26.2%	(21.5%-30.9%)	50	18.0%	(8.9%-27.2%)	41
Grade 8	32.3%	(26.6%-37.9%)	163	37.4%	(27.7%-47.1%)	92	27.5%	(13.6%-41.4%)~	71
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	28.5%	(22.2%-34.8%)	240	32.6%	(24.5%-40.7%)	132	24.2%	(13.0%-35.3%)~	105
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	27.9%	(21.5%-34.3%)	239	33.3%	(25.7%-40.8%)	137	22.3%	(10.5%-34.2%)~	99
Multiple Races	27.0%	(4.8%-49.2%)~	7	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who have a disability (Excludes 'Not sure' responses from m136a & m137a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**Section 19**  
**Health Care Access**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (mn141b)  
Percentage of students who answered 'During the past 12 months'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	69.4%	(64.9%-73.9%)	738	71.9%	(66.9%-77.0%)	368	67.1%	(60.5%-73.8%)	365
<b>----Age----</b>									
12 or younger	69.0%	(60.5%-77.5%)	211	70.8%	(67.7%-73.9%)	102	67.4%	(50.6%-84.2%)~	108
13	72.2%	(67.7%-76.6%)	372	73.6%	(64.8%-82.5%)	189	71.1%	(62.9%-79.2%)	179
14 or older	63.9%	(55.9%-72.0%)	154	69.5%	(58.5%-80.6%)~	77	59.2%	(51.5%-66.8%)	77
<b>----Grade----</b>									
Grade 7	69.3%	(65.8%-72.9%)	337	71.3%	(61.7%-80.9%)	162	68.4%	(57.1%-79.7%)~	175
Grade 8	70.1%	(63.9%-76.3%)	401	73.8%	(63.1%-84.5%)~	207	66.0%	(57.0%-75.0%)	189
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	70.1%	(67.0%-73.2%)	677	73.6%	(70.1%-77.1%)	347	66.8%	(59.4%-74.3%)	325
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	70.1%	(66.6%-73.5%)	684	71.9%	(66.9%-77.0%)	342	68.5%	(62.4%-74.5%)	338
Multiple Races	70.5%	(59.7%-81.2%)~	20	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'During the past 12 months' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (mn141b\_2)  
Percentage of students who answered 'During the past 12 months' (Excludes "Not sure" responses from m141b)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	79.7%	(73.0%-86.3%)	738	83.8%	(78.5%-89.0%)	368	76.2%	(67.9%-84.4%)	365
<b>----Age----</b>									
12 or younger	80.0%	(69.0%-91.1%)~	211	84.0%	(77.4%-90.6%)	102	76.6%	(54.8%-98.5%)~	108
13	80.4%	(74.8%-86.0%)	372	83.4%	(74.8%-92.0%)	189	78.1%	(73.7%-82.6%)	179
14 or older	77.3%	(68.3%-86.3%)	154	84.3%	(72.5%-96.1%)~	77	71.4%	(66.6%-76.2%)	77
<b>----Grade----</b>									
Grade 7	79.0%	(72.3%-85.7%)	337	85.1%	(80.6%-89.7%)	162	75.0%	(59.8%-90.3%)~	175
Grade 8	80.2%	(72.2%-88.3%)	401	82.7%	(70.4%-95.0%)~	207	77.3%	(72.4%-82.2%)	189
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	80.4%	(74.4%-86.4%)	677	84.9%	(79.0%-90.8%)	347	76.5%	(69.2%-83.8%)	325
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	80.2%	(74.2%-86.1%)	684	83.2%	(77.1%-89.2%)	342	77.7%	(71.5%-83.9%)	338
Multiple Races	77.2%	(71.5%-82.9%)	20	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'During the past 12 months' (Excludes "Not sure" responses from m141b) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 20 Assets**



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*On an average school night, how many hours of sleep do you get? (mn178)*  
*Percentage of student who answered at least 8 hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	41.9%	(36.1%-47.7%)	447	39.9%	(29.4%-50.3%)~	207	44.4%	(39.7%-49.0%)	240
<b>----Age----</b>									
12 or younger	47.3%	(37.4%-57.2%)	144	49.4%	(33.3%-65.4%)~	71	45.5%	(40.7%-50.3%)	73
13	41.8%	(36.9%-46.7%)	220	40.1%	(30.2%-49.9%)	105	44.8%	(40.0%-49.7%)	115
14 or older	34.9%	(16.2%-53.6%)~	82	27.0%	(8.7%-45.3%)~	30	42.0%	(23.1%-60.9%)~	52
<b>----Grade----</b>									
Grade 7	46.0%	(39.5%-52.4%)	226	49.3%	(32.7%-66.0%)~	113	43.5%	(38.7%-48.3%)	113
Grade 8	38.8%	(30.0%-47.7%)	221	32.9%	(22.4%-43.5%)~	93	45.2%	(38.5%-51.8%)	127
<b>----Hispanic Ethnicity----</b>									
Hispanic	43.1%	(11.6%-74.7%)~	6	*	*	*	*	*	*
Non-Hispanic	41.3%	(33.0%-49.6%)	400	40.1%	(27.7%-52.6%)~	191	43.0%	(34.9%-51.1%)	208
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	42.4%	(35.9%-48.8%)	416	39.4%	(28.1%-50.7%)~	190	45.9%	(39.9%-51.9%)	226
Multiple Races	31.6%	(19.5%-43.8%)~	9	*	*	*	*	*	*

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N = Number of student who answered at least 8 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*During the past 12 months, how would you describe your grades in school? (mn171)*  
*Percentage of students who answered 'Mostly A's' or 'Mostly B's'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	81.7%	(74.1%-89.3%)	876	84.2%	(74.0%-94.5%)~	441	79.0%	(73.7%-84.3%)	427
<b>----Age----</b>									
12 or younger	85.1%	(74.7%-95.4%)~	262	86.3%	(73.3%-99.3%)~	128	83.9%	(73.9%-93.9%)	135
13	83.6%	(73.1%-94.0%)~	436	87.2%	(79.2%-95.3%)	231	79.2%	(64.9%-93.5%)~	198
14 or older	73.4%	(61.0%-85.8%)~	177	74.2%	(50.1%-98.3%)~	82	72.7%	(68.9%-76.5%)	95
<b>----Grade----</b>									
Grade 7	80.8%	(72.3%-89.3%)	400	83.7%	(71.7%-95.8%)~	198	77.8%	(71.5%-84.1%)	199
Grade 8	82.4%	(72.3%-92.5%)~	471	84.3%	(70.9%-97.8%)~	238	80.2%	(73.2%-87.2%)	228
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	81.7%	(74.9%-88.4%)	790	84.3%	(74.8%-93.8%)	402	78.7%	(74.4%-83.1%)	381
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	81.8%	(74.5%-89.1%)	809	84.3%	(74.8%-93.8%)	411	79.1%	(73.8%-84.5%)	391
Multiple Races	78.7%	(71.3%-86.0%)	23	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Mostly A's' or 'Mostly B's' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*During an average week, how many hours do you spend in clubs or organizations (other than sports) outside of regular school hours? (mn146)  
Percentage of students who answered at least 1 hour*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	34.7%	(29.2%-40.3%)	371	38.2%	(34.3%-42.1%)	196	31.5%	(20.0%-43.0%)~	167
<b>----Age----</b>									
12 or younger	43.4%	(28.5%-58.3%)~	133	41.1%	(32.3%-49.9%)	61	44.5%	(21.5%-67.6%)~	68
13	33.5%	(27.9%-39.0%)	184	39.8%	(32.8%-46.7%)	106	28.0%	(14.8%-41.3%)~	76
14 or older	25.3%	(14.3%-36.3%)~	53	29.6%	(17.5%-41.7%)~	30	21.8%	(2.5%-41.0%)~	24
<b>----Grade----</b>									
Grade 7	39.2%	(29.2%-49.1%)	192	42.9%	(36.8%-49.0%)	100	35.8%	(21.0%-50.7%)~	87
Grade 8	31.2%	(24.1%-38.3%)	179	34.4%	(25.7%-43.1%)	96	28.1%	(9.5%-46.7%)~	80
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	35.3%	(29.6%-41.1%)	356	38.6%	(33.7%-43.5%)	191	32.2%	(18.9%-45.5%)~	158
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	34.9%	(28.9%-40.9%)	347	38.2%	(33.4%-43.1%)	185	31.6%	(18.3%-44.9%)~	156
Multiple Races	29.0%	(16.9%-41.2%)~	13	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 hour (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (mn143)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	68.7%	(63.0%-74.5%)	729	66.7%	(61.1%-72.3%)	344	71.1%	(64.2%-78.0%)	376
<b>----Age----</b>									
12 or younger	75.0%	(65.5%-84.6%)	230	72.9%	(57.9%-87.8%)~	107	77.2%	(69.6%-84.8%)	121
13	67.1%	(63.1%-71.0%)	357	66.4%	(62.8%-70.0%)	176	68.5%	(63.5%-73.6%)	176
14 or older	64.1%	(52.2%-75.9%)~	142	58.8%	(47.9%-69.7%)~	62	68.5%	(49.2%-87.8%)~	79
<b>----Grade----</b>									
Grade 7	73.3%	(64.5%-82.1%)	358	68.8%	(55.1%-82.4%)~	159	77.0%	(70.6%-83.5%)	193
Grade 8	64.6%	(57.1%-72.2%)	366	64.8%	(58.5%-71.0%)	183	65.7%	(53.7%-77.6%)~	182
<b>----Hispanic Ethnicity----</b>									
Hispanic	56.0%	(37.4%-74.6%)~	7	*	*	*	*	*	*
Non-Hispanic	68.8%	(62.0%-75.6%)	674	66.5%	(60.2%-72.8%)	321	71.6%	(63.5%-79.6%)	344
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	69.2%	(62.7%-75.7%)	681	66.9%	(60.3%-73.5%)	323	71.7%	(64.1%-79.2%)	349
Multiple Races	69.1%	(56.8%-81.4%)~	24	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*How often does one of your parents or guardians talk with you about what you are doing in school? (mn144a)*  
*Percentage of students who answered 'About every day' or 'About once or twice a week'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	78.0%	(75.0%-81.0%)	820	72.9%	(66.4%-79.4%)	374	83.8%	(80.7%-86.9%)	439
<b>----Age----</b>									
12 or younger	83.4%	(79.0%-87.9%)	250	74.6%	(62.8%-86.3%)~	109	92.4%	(88.3%-96.6%)	138
13	77.2%	(73.8%-80.6%)	411	74.9%	(67.4%-82.3%)	197	80.8%	(78.9%-82.7%)	210
14 or older	72.5%	(62.6%-82.4%)	159	65.7%	(58.0%-73.3%)	68	79.4%	(68.5%-90.3%)~	91
<b>----Grade----</b>									
Grade 7	78.1%	(74.4%-81.8%)	377	70.0%	(59.2%-80.9%)~	162	86.6%	(83.0%-90.1%)	210
Grade 8	78.0%	(74.1%-81.8%)	441	75.1%	(70.3%-79.8%)	209	81.8%	(75.9%-87.7%)	230
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	78.0%	(74.3%-81.7%)	760	72.8%	(65.5%-80.1%)	350	84.2%	(80.1%-88.3%)	403
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	78.6%	(75.0%-82.3%)	769	73.2%	(66.3%-80.0%)	351	84.8%	(80.8%-88.7%)	411
Multiple Races	69.6%	(58.1%-81.2%)~	24	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'About every day' or 'About once or twice a week' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**  
*How often does your family give you love and support? (mn188)*  
*Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	83.4%	(77.8%-89.0%)	882	79.4%	(70.9%-87.8%)	407	88.3%	(85.8%-90.7%)	468
<b>----Age----</b>									
12 or younger	88.8%	(86.5%-91.1%)	270	84.3%	(78.1%-90.5%)	122	93.6%	(89.3%-97.8%)	145
13	83.3%	(75.8%-90.9%)	444	80.5%	(72.6%-88.3%)	211	88.1%	(81.2%-95.0%)	229
14 or older	76.0%	(66.6%-85.3%)	168	69.9%	(55.9%-83.9%)~	74	81.5%	(73.7%-89.4%)	94
<b>----Grade----</b>									
Grade 7	85.8%	(81.3%-90.3%)	416	81.2%	(74.4%-88.0%)	187	90.6%	(87.5%-93.7%)	224
Grade 8	81.2%	(73.8%-88.6%)	462	77.6%	(68.0%-87.3%)	218	86.2%	(80.8%-91.5%)	243
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	83.0%	(76.9%-89.2%)	815	78.7%	(70.0%-87.5%)	379	88.4%	(85.1%-91.7%)	429
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	84.0%	(78.1%-90.0%)	828	79.9%	(71.0%-88.7%)	384	89.0%	(85.8%-92.2%)	437
Multiple Races	79.1%	(68.6%-89.6%)~	28	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (mn185b)  
Percentage of students who answered at least 5 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	77.7%	(75.0%-80.4%)	820	74.6%	(71.5%-77.6%)	377	81.1%	(74.7%-87.4%)	440
<b>----Age----</b>									
12 or younger	76.7%	(73.0%-80.5%)	230	77.3%	(66.8%-87.7%)~	108	76.3%	(66.8%-85.8%)	122
13	80.1%	(74.4%-85.9%)	414	78.2%	(70.6%-85.9%)	202	83.2%	(70.7%-95.7%)~	209
14 or older	73.6%	(66.2%-81.0%)	176	62.4%	(55.8%-69.0%)	68	82.9%	(77.3%-88.6%)	108
<b>----Grade----</b>									
Grade 7	78.9%	(74.8%-82.9%)	379	77.9%	(70.8%-85.0%)	173	79.4%	(70.4%-88.5%)	203
Grade 8	76.5%	(71.6%-81.4%)	436	71.4%	(65.3%-77.5%)	199	82.5%	(73.1%-92.0%)	236
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	77.5%	(74.3%-80.6%)	742	73.8%	(69.8%-77.8%)	342	81.6%	(74.9%-88.2%)	396
<b>----Race----</b>									
American Indian or Alaskan Native	47.9%	(0.6%-95.2%)~	6	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	77.8%	(75.1%-80.5%)	757	73.9%	(70.4%-77.4%)	347	82.0%	(75.0%-89.1%)	408
Multiple Races	77.8%	(55.8%-99.8%)~	23	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Somerset County (weighted)**

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (mn185b\_2)*  
*Percentage of students who answered 0 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	7.5%	(4.3%-10.6%)	79	8.1%	(2.6%-13.5%)	41	7.0%	(4.5%-9.6%)	38
<b>----Age----</b>									
12 or younger	3.9%	(0.0%-8.0%)	12	*	*	*	*	*	*
13	6.5%	(3.6%-9.5%)	34	8.3%	(1.7%-14.8%)	21	5.0%	(1.0%-8.9%)	13
14 or older	14.0%	(6.6%-21.4%)	33	13.0%	(0.3%-25.7%)~	14	14.9%	(8.9%-20.8%)	19
<b>----Grade----</b>									
Grade 7	4.7%	(1.3%-8.1%)	23	3.9%	(0.0%-9.3%)	9	5.5%	(2.8%-8.1%)	14
Grade 8	9.9%	(5.9%-13.8%)	56	11.5%	(4.2%-18.9%)	32	8.4%	(4.7%-12.1%)	24
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	7.3%	(3.4%-11.1%)	70	8.8%	(2.3%-15.2%)	41	5.9%	(1.7%-10.1%)	29
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	6.7%	(3.1%-10.3%)	65	8.4%	(2.4%-14.3%)	39	5.2%	(1.1%-9.4%)	26
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 0 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Do you agree or disagree that in your community you feel like you matter to people? (mn148)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	52.8%	(47.9%-57.8%)	556	43.2%	(34.6%-51.8%)	222	62.8%	(60.0%-65.6%)	329
<b>----Age----</b>									
12 or younger	62.8%	(54.7%-70.8%)	188	52.7%	(42.6%-62.9%)~	77	73.9%	(62.8%-85.1%)~	112
13	50.3%	(46.4%-54.1%)	266	38.5%	(33.6%-43.5%)	101	62.4%	(59.5%-65.2%)	159
14 or older	45.6%	(36.3%-54.9%)	102	41.7%	(18.6%-64.9%)~	44	49.5%	(39.1%-60.0%)~	58
<b>----Grade----</b>									
Grade 7	59.6%	(52.0%-67.2%)	289	47.3%	(36.6%-58.1%)~	110	71.7%	(64.2%-79.1%)	175
Grade 8	46.7%	(43.3%-50.2%)	262	39.3%	(33.5%-45.1%)	109	54.8%	(49.4%-60.3%)	152
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	52.2%	(46.6%-57.8%)	509	42.5%	(35.3%-49.7%)	205	62.6%	(58.9%-66.2%)	299
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	53.5%	(48.1%-58.9%)	523	43.7%	(34.8%-52.5%)	209	63.7%	(60.7%-66.7%)	309
Multiple Races	46.2%	(32.6%-59.8%)~	16	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 21 Gambling**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Somerset County (weighted)**

*Have you ever gambled on a sports team, gambled when playing cards or a dice game, played one of your state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game? (mn223)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	27.8%	(19.7%-35.8%)	296	16.3%	(9.6%-23.0%)	84	38.3%	(27.1%-49.4%)~	208
<b>----Age----</b>									
12 or younger	21.2%	(16.3%-26.1%)	65	13.2%	(0.8%-25.5%)~	19	28.5%	(12.3%-44.6%)~	46
13	27.0%	(15.2%-38.8%)~	140	14.5%	(2.3%-26.8%)~	38	38.9%	(24.6%-53.2%)~	98
14 or older	37.9%	(35.3%-40.5%)	90	24.5%	(12.8%-36.3%)~	27	49.1%	(36.0%-62.2%)~	64
<b>----Grade----</b>									
Grade 7	21.8%	(16.8%-26.8%)	106	12.1%	(3.8%-20.4%)	28	30.7%	(17.9%-43.5%)~	79
Grade 8	33.1%	(22.9%-43.3%)~	189	20.0%	(11.7%-28.3%)	56	45.0%	(32.6%-57.4%)~	129
<b>----Hispanic Ethnicity----</b>									
Hispanic	52.7%	(34.7%-70.7%)~	7	*	*	*	*	*	*
Non-Hispanic	27.6%	(20.8%-34.3%)	266	16.3%	(8.6%-23.9%)	77	38.1%	(28.0%-48.2%)~	185
<b>----Race----</b>									
American Indian or Alaskan Native	54.6%	(28.8%-80.5%)~	7	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	27.5%	(19.5%-35.6%)	270	15.8%	(9.4%-22.3%)	76	38.3%	(26.6%-50.0%)~	190
Multiple Races	41.0%	(28.2%-53.9%)~	12	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.