



**DETAILED REPORTS - COMPARISONS BY GENDER, AGE, GRADE, HISPANIC ETHNICITY, AND  
RACE**

**PENOBSCOT COUNTY  
2023 MIYHS MIDDLE SCHOOL REPORT**

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# UNDERSTANDING THE DATA

## Reporting Thresholds and Student Confidentiality

Detailed reports have been run on the following levels for individual geographic units receiving weighted data, as survey design, response rates, and confidentiality protections allow:

- **Grade 5-6: State and Public Health District (PHD)**
- **Middle School: State, PHD, and County**
- **High School: State, PHD, and County**

**To protect student confidentiality, responses based on fewer than 6 individuals will not be shown.**

## How to Read this Report

For the Grade 5-6 detailed reports, all questions included on the 2023 MIYHS survey instrument are presented in the State and PHD detailed reports. For middle school (MS) and high school (HS), all questions that appeared on one or more of the four versions of the 2023 MIYHS survey instruments are presented in the State detailed reports, and questions on two or more versions of the MIYHS survey instruments are presented in the PHD and county detailed reports.

Each estimate is the weighted percentage of students who answered in the way specified in the question title; for instance, in 2023, 20.5% of Maine's high school students said they had consumed alcohol at least once in the 30 days prior to taking the MIYHS. The percentages are weighted to adjust for non-response and to make the estimates more representative of all Maine students, not just those who took the survey.

Because the weighted percentage is an estimate, there is some error involved. This is reflected in the Confidence Interval, which is bounded by the Lower Confidence Limit (LCL) and the Upper Confidence Limit (UCL). Confidence intervals quantify the degree of uncertainty in rate or prevalence estimates that result from sampling or random variability. Like the margin of error presented in political polls, the confidence interval presents a range of values within which the true underlying rate or prevalence is likely to lie. The 95% confidence interval is most commonly used and is presented in this report.

Percentages with very wide 95% confidence intervals (spanning more than 20 percentage points) have been flagged because they should be interpreted with caution. The true percentage may be as high or low as the 95% confidence limits.

## Comparing Data: Is a Difference Statistically Significant?

Statistically significant differences are differences between values that are more than what would have been expected by chance. Statistical significance is determined by comparing confidence intervals. If the confidence interval around one percentage does not overlap with the confidence interval around another percentage, then the estimates are considered significantly different.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Demographics*

	<b>%</b>	<b>CI</b>	<b>N</b>	<b>n</b>
Total	11.5%		2,968	1,368
<b>----Sex----</b>				
Female	46.2%	( 43.1% - 49.3% )	1,372	660
Male	52.2%	( 48.8% - 55.7% )	1,550	686
Missing	1.5%	( 0.9% - 2.2% )	46	22
<b>----Grade----</b>				
Grade 7	50.1%	( 42.3% - 57.9% )	1,487	663
Grade 8	49.5%	( 41.7% - 57.3% )	1,469	698
Missing	0.4%	( 0.0% - 1.0% )	13	7
<b>----Age----</b>				
12 or younger	27.5%	( 22.3% - 32.6% )	815	365
13	47.6%	( 44.3% - 50.8% )	1,412	651
14 or older	24.9%	( 19.7% - 30.0% )	738	351
Missing	0.1%	( 0.0% - 0.2% )	2	1

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Demographics*

	<b>%</b>	<b>CI</b>	<b>N</b>	<b>n</b>
<b>----Hispanic Ethnicity----</b>				
Hispanic	2.7%	( 2.0% - 3.5% )	81	54
Non-Hispanic	92.3%	( 90.9% - 93.8% )	2,740	1,245
Missing	5.0%	( 3.4% - 6.5% )	147	69
<b>----Race----</b>				
American Indian or Alaskan Native	2.0%	( 1.0% - 2.9% )	59	40
Asian	0.7%	( 0.3% - 1.2% )	22	13
Black or African American	1.9%	( 1.2% - 2.6% )	55	38
Native Hawaiian or Other Pacific Islander	0.2%	( 0.0% - 0.3% )	5	3
White	88.6%	( 86.8% - 90.4% )	2,630	1,149
Multiple Races	4.6%	( 3.8% - 5.4% )	137	91
Missing	2.0%	( 1.1% - 2.9% )	61	34
<b>----Language Spoken at Home----</b>				
Arabic	0.3%	( 0.0% - 0.6% )	8	4
Chinese	0.2%	( 0.0% - 0.4% )	5	3
English	96.9%	( 95.6% - 98.2% )	2,876	1,319
French	0.2%	( 0.0% - 0.4% )	5	3
Portuguese	0.2%	( 0.0% - 0.4% )	5	2
Somali	0.0%	( 0.0% - 0.1% )	1	1
Spanish	0.4%	( 0.2% - 0.7% )	13	8
Other Language	1.1%	( 0.5% - 1.8% )	34	18
Missing	0.7%	( 0.0% - 1.4% )	21	10

# **Section 1**

## **Height and Weight**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) --  
 SELF-REPORTED HEIGHT/WEIGHT (mnowt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.9%	(13.9%-21.9%)	437	21.5%	(15.8%-27.2%)	241	14.9%	(10.7%-19.0%)	195
<b>----Age----</b>									
12 or younger	19.2%	(10.4%-27.9%)	134	20.7%	(12.4%-29.0%)	68	17.8%	(7.7%-27.9%)~	66
13	21.1%	(16.5%-25.8%)	243	21.9%	(14.3%-29.5%)	123	20.4%	(15.8%-25.0%)	120
14 or older	10.2%	(4.2%-16.1%)	60	21.5%	(8.8%-34.2%)~	50	2.8%	(0.0%-6.3%)	10
<b>----Grade----</b>									
Grade 7	21.1%	(16.0%-26.2%)	254	22.4%	(17.4%-27.4%)	129	19.9%	(13.5%-26.4%)	125
Grade 8	14.2%	(10.5%-18.0%)	173	19.9%	(12.2%-27.5%)	107	9.8%	(5.6%-13.9%)	66
<b>----Hispanic Ethnicity----</b>									
Hispanic	19.0%	(1.0%-36.9%)~	14	*	*	*	*	*	*
Non-Hispanic	18.3%	(13.9%-22.7%)	417	22.2%	(16.3%-28.1%)	236	14.9%	(10.4%-19.4%)	181
<b>----Race----</b>									
American Indian or Alaskan Native	35.5%	(18.7%-52.4%)~	19	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	21.4%	(0.0%-43.8%)~	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.7%	(13.9%-21.6%)	385	21.7%	(16.4%-26.9%)	214	14.5%	(10.5%-18.4%)	170
Multiple Races	13.4%	(2.2%-24.6%)~	16	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who had obesity (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (mnobese)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.4%	(14.4%-20.3%)	423	15.4%	(11.7%-19.2%)	174	19.0%	(14.4%-23.6%)	249
<b>----Age----</b>									
12 or younger	18.3%	(12.7%-23.9%)	128	18.4%	(11.6%-25.1%)	61	18.2%	(9.9%-26.5%)	67
13	13.1%	(9.2%-17.0%)	151	12.8%	(7.2%-18.4%)	72	13.4%	(7.4%-19.3%)	78
14 or older	24.6%	(18.5%-30.6%)	144	17.6%	(8.8%-26.3%)	41	29.1%	(19.6%-38.6%)	104
<b>----Grade----</b>									
Grade 7	16.6%	(12.0%-21.2%)	200	15.5%	(9.4%-21.6%)	89	17.6%	(10.4%-24.9%)	111
Grade 8	18.0%	(13.8%-22.1%)	218	15.6%	(8.8%-22.3%)	84	19.9%	(12.1%-27.6%)	134
<b>----Hispanic Ethnicity----</b>									
Hispanic	33.9%	(11.3%-56.6%)~	25	29.4%	(1.4%-57.4%)~	10	37.5%	(0.0%-77.4%)~	16
Non-Hispanic	17.3%	(14.2%-20.3%)	393	15.4%	(11.1%-19.7%)	164	18.9%	(14.3%-23.5%)	229
<b>----Race----</b>									
American Indian or Alaskan Native	43.4%	(23.1%-63.7%)~	23	37.8%	(8.3%-67.3%)~	8	47.4%	(19.5%-75.2%)~	15
Asian	*	*	*	*	*	*	*	*	*
Black or African American	28.0%	(9.4%-46.6%)~	14	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	16.3%	(13.1%-19.4%)	352	13.8%	(8.7%-18.9%)	137	18.3%	(14.6%-22.1%)	216
Multiple Races	19.8%	(6.6%-32.9%)~	24	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who had obesity (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who were overweight or had obesity (i.e. at or above the 85th percentile for body mass index, by age and sex) --  
SELF-REPORTED HEIGHT/WEIGHT (mnowtob)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	35.3%	(30.8%-39.8%)	860	36.9%	(30.5%-43.3%)	415	33.9%	(28.7%-39.1%)	445
<b>----Age----</b>									
12 or younger	37.5%	(29.9%-45.1%)	262	39.1%	(32.0%-46.2%)	129	36.0%	(24.4%-47.6%)~	133
13	34.2%	(27.5%-41.0%)	394	34.7%	(25.5%-44.0%)	195	33.8%	(24.6%-42.9%)	198
14 or older	34.7%	(27.5%-42.0%)	204	39.1%	(26.1%-52.0%)~	90	31.9%	(22.9%-40.9%)	114
<b>----Grade----</b>									
Grade 7	37.7%	(33.9%-41.5%)	455	37.9%	(32.0%-43.9%)	218	37.6%	(31.7%-43.5%)	236
Grade 8	32.2%	(25.6%-38.8%)	391	35.4%	(26.7%-44.2%)	191	29.6%	(20.7%-38.6%)	200
<b>----Hispanic Ethnicity----</b>									
Hispanic	52.9%	(27.8%-78.0%)~	39	45.2%	(17.6%-72.7%)~	15	59.0%	(20.1%-97.9%)~	24
Non-Hispanic	35.6%	(30.6%-40.5%)	811	37.6%	(30.3%-44.9%)	400	33.8%	(28.5%-39.0%)	411
<b>----Race----</b>									
American Indian or Alaskan Native	78.9%	(62.5%-95.4%)~	41	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	49.3%	(35.6%-63.1%)~	24	56.5%	(20.0%-93.0%)~	13	43.0%	(22.0%-64.0%)~	11
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	34.0%	(29.4%-38.6%)	737	35.5%	(27.8%-43.1%)	351	32.8%	(27.9%-37.7%)	386
Multiple Races	33.2%	(20.8%-45.5%)~	40	42.1%	(22.8%-61.4%)~	30	20.1%	(0.0%-42.5%)~	10

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were overweight or had obesity (i.e. at or above the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who had a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) --  
SELF-REPORTED HEIGHT/WEIGHT (mnhlthwt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	62.9%	(58.7%-67.0%)	1,532	59.9%	(54.2%-65.6%)	674	65.4%	(60.3%-70.5%)	858
<b>----Age----</b>									
12 or younger	60.9%	(53.1%-68.7%)	426	58.8%	(52.2%-65.3%)	194	62.8%	(51.3%-74.4%)~	232
13	63.2%	(57.2%-69.2%)	727	61.0%	(52.6%-69.4%)	343	65.3%	(56.2%-74.5%)	383
14 or older	64.6%	(57.5%-71.6%)	379	59.1%	(46.1%-72.1%)~	137	68.1%	(59.1%-77.1%)	243
<b>----Grade----</b>									
Grade 7	60.4%	(57.2%-63.5%)	727	59.8%	(55.1%-64.5%)	345	60.9%	(55.8%-66.0%)	383
Grade 8	65.9%	(59.1%-72.8%)	801	60.4%	(51.6%-69.2%)	326	70.4%	(61.4%-79.3%)	475
<b>----Hispanic Ethnicity----</b>									
Hispanic	42.8%	(13.9%-71.7%)~	32	45.2%	(8.5%-81.9%)~	15	41.0%	(2.1%-79.9%)~	17
Non-Hispanic	62.6%	(58.0%-67.2%)	1,427	59.3%	(52.5%-66.2%)	631	65.4%	(60.3%-70.6%)	796
<b>----Race----</b>									
American Indian or Alaskan Native	21.1%	(4.6%-37.5%)~	11	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	50.7%	(36.9%-64.4%)~	25	43.5%	(7.0%-80.0%)~	10	57.0%	(36.0%-78.0%)~	15
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	63.9%	(59.7%-68.1%)	1,385	60.9%	(54.4%-67.5%)	603	66.4%	(61.6%-71.2%)	782
Multiple Races	66.8%	(54.5%-79.2%)~	80	57.9%	(38.6%-77.2%)~	41	79.9%	(57.5%-100.0%)~	39

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who had a healthy weight (i.e., at or above the 5th percentile but below the 85th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 2**

### **Demographics**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*What language is spoken most often at home? (Select only one response.) (mn8c)*  
*Percentage of students who answered something other than 'English'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.4%	(1.2%-3.6%)	71	2.6%	(0.8%-4.5%)	36	2.3%	(1.0%-3.6%)	35
<b>----Age----</b>									
12 or younger	1.4%	(0.4%-2.4%)	11	*	*	*	*	*	*
13	2.5%	(1.1%-4.0%)	35	3.2%	(0.6%-5.8%)	22	1.9%	(0.3%-3.6%)	13
14 or older	3.3%	(1.2%-5.5%)	24	3.0%	(0.1%-6.0%)	9	3.6%	(1.2%-6.0%)	16
<b>----Grade----</b>									
Grade 7	2.0%	(0.9%-3.2%)	30	2.7%	(0.5%-4.9%)	19	1.5%	(0.7%-2.4%)	12
Grade 8	2.8%	(1.0%-4.6%)	41	2.6%	(0.5%-4.7%)	17	3.0%	(0.9%-5.1%)	23
<b>----Hispanic Ethnicity----</b>									
Hispanic	20.6%	(10.3%-30.8%)~	17	16.8%	(5.8%-27.8%)~	7	25.4%	(8.1%-42.7%)~	10
Non-Hispanic	1.8%	(0.9%-2.8%)	50	2.3%	(0.5%-4.1%)	29	1.5%	(0.6%-2.4%)	21
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	62.1%	(29.0%-95.2%)~	14	*	*	*	*	*	*
Black or African American	22.8%	(6.7%-38.8%)~	12	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.2%	(0.4%-2.0%)	31	1.9%	(0.3%-3.5%)	23	0.6%	(0.0%-1.2%)	9
Multiple Races	7.2%	(2.4%-12.0%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered something other than 'English' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Which of the following best describes you? (mn213\_3)*

*Percentage of students who answered 'Gay or lesbian', 'Bisexual', 'I describe my sexual identity some other way', or 'I am not sure about my sexual identity (questioning)'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.9%	(19.6%-26.3%)	663	33.0%	(28.3%-37.7%)	441	12.0%	(9.2%-14.7%)	181
<b>----Age----</b>									
12 or younger	22.8%	(17.7%-27.9%)	181	31.9%	(24.3%-39.5%)	122	12.4%	(7.5%-17.2%)	50
13	24.5%	(20.1%-28.8%)	335	34.3%	(28.2%-40.4%)	231	12.2%	(7.0%-17.4%)	82
14 or older	20.3%	(14.9%-25.7%)	146	31.7%	(25.6%-37.8%)	88	11.4%	(6.0%-16.7%)	49
<b>----Grade----</b>									
Grade 7	23.7%	(19.5%-27.8%)	340	32.2%	(25.4%-39.1%)	216	13.1%	(9.0%-17.2%)	96
Grade 8	22.4%	(18.7%-26.0%)	323	33.9%	(28.7%-39.1%)	225	11.1%	(8.2%-13.9%)	84
<b>----Hispanic Ethnicity----</b>									
Hispanic	46.0%	(33.3%-58.6%)~	36	56.0%	(41.5%-70.6%)~	23	32.5%	(13.1%-51.8%)~	12
Non-Hispanic	22.7%	(19.3%-26.2%)	612	32.4%	(27.8%-37.0%)	409	11.9%	(8.9%-14.9%)	165
<b>----Race----</b>									
American Indian or Alaskan Native	40.0%	(22.4%-57.6%)~	22	53.6%	(23.1%-84.1%)~	13	29.3%	(11.2%-47.5%)~	9
Asian	39.3%	(13.2%-65.3%)~	9	*	*	*	*	*	*
Black or African American	25.6%	(13.1%-38.1%)~	13	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	21.7%	(18.2%-25.3%)	559	31.9%	(27.3%-36.4%)	376	10.8%	(7.6%-14.1%)	146
Multiple Races	30.1%	(17.8%-42.4%)~	41	38.9%	(19.5%-58.2%)~	27	21.3%	(9.9%-32.8%)~	14

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Gay or lesbian', 'Bisexual', 'I describe my sexual identity some other way', or 'I am not sure about my sexual identity (questioning)' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Some people describe themselves as transgender when their sex at birth does not match the way they think or feel about their gender. Are you transgender? (mn214)*

*Percentage of students who answered 'Yes, I am transgender'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.0%	(1.9%-4.0%)	87	3.3%	(1.9%-4.6%)	45	2.1%	(1.0%-3.1%)	32
<b>----Age----</b>									
12 or younger	2.9%	(0.0%-6.4%)	24	3.0%	(0.0%-6.6%)	12	2.4%	(0.0%-5.3%)	10
13	3.6%	(2.3%-4.8%)	50	3.7%	(1.3%-6.1%)	26	2.2%	(1.0%-3.5%)	15
14 or older	1.9%	(0.5%-3.3%)	14	2.6%	(0.0%-5.2%)	7	1.5%	(0.0%-3.3%)	7
<b>----Grade----</b>									
Grade 7	3.7%	(1.3%-6.0%)	54	4.4%	(1.7%-7.0%)	30	2.3%	(0.2%-4.3%)	17
Grade 8	2.3%	(1.5%-3.1%)	34	2.2%	(0.8%-3.5%)	14	1.9%	(0.8%-3.0%)	15
<b>----Hispanic Ethnicity----</b>									
Hispanic	11.3%	(3.1%-19.6%)	9	*	*	*	*	*	*
Non-Hispanic	2.8%	(1.8%-3.8%)	76	3.1%	(1.6%-4.5%)	39	1.8%	(0.8%-2.8%)	26
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.6%	(1.4%-3.8%)	67	3.0%	(1.5%-4.6%)	36	1.7%	(0.5%-2.9%)	23
Multiple Races	7.8%	(3.5%-12.1%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes, I am transgender' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Percentage of students who identified as LGBTQ+ (mnlgbtq)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.9%	(19.5%-26.2%)	672	32.3%	(27.6%-37.0%)	441	12.4%	(9.8%-15.0%)	190
<b>----Age----</b>									
12 or younger	22.7%	(17.8%-27.6%)	184	31.4%	(24.0%-38.8%)	122	12.7%	(7.9%-17.5%)	52
13	24.4%	(20.1%-28.7%)	340	33.3%	(27.2%-39.4%)	231	12.8%	(7.8%-17.9%)	87
14 or older	20.3%	(14.9%-25.6%)	148	31.4%	(25.3%-37.6%)	88	11.6%	(6.0%-17.1%)	51
<b>----Grade----</b>									
Grade 7	23.7%	(19.6%-27.7%)	347	31.3%	(24.5%-38.1%)	216	13.9%	(10.5%-17.2%)	104
Grade 8	22.3%	(18.7%-25.8%)	325	33.5%	(28.5%-38.6%)	225	11.2%	(8.2%-14.1%)	86
<b>----Hispanic Ethnicity----</b>									
Hispanic	47.1%	(36.7%-57.4%)~	38	56.0%	(41.5%-70.6%)~	23	35.3%	(20.4%-50.2%)~	14
Non-Hispanic	22.7%	(19.2%-26.2%)	620	31.9%	(27.2%-36.7%)	409	12.3%	(9.5%-15.1%)	172
<b>----Race----</b>									
American Indian or Alaskan Native	39.8%	(21.1%-58.6%)~	22	53.6%	(23.1%-84.1%)~	13	29.1%	(9.0%-49.2%)~	9
Asian	39.3%	(13.2%-65.3%)~	9	*	*	*	*	*	*
Black or African American	24.9%	(12.9%-36.9%)~	13	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	21.7%	(18.2%-25.3%)	568	31.3%	(26.7%-35.9%)	376	11.3%	(8.3%-14.4%)	156
Multiple Races	30.1%	(17.8%-42.4%)~	41	38.9%	(19.5%-58.2%)~	27	21.3%	(9.9%-32.8%)~	14

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who identified as LGBTQ+ (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*During the past 30 days, where did you usually sleep? (mn187a\_2)*

*Percentage of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.6%	(1.7%-3.5%)	76	2.7%	(1.7%-3.7%)	36	2.5%	(1.1%-3.9%)	39
<b>----Age----</b>									
12 or younger	3.3%	(0.9%-5.8%)	27	4.4%	(0.2%-8.5%)	17	2.1%	(0.2%-4.1%)	9
13	2.0%	(0.7%-3.2%)	28	1.6%	(0.6%-2.6%)	11	2.5%	(0.2%-4.8%)	17
14 or older	2.9%	(1.1%-4.8%)	21	3.0%	(0.0%-6.3%)	8	2.9%	(1.1%-4.8%)	13
<b>----Grade----</b>									
Grade 7	2.8%	(1.4%-4.2%)	41	3.5%	(1.2%-5.7%)	24	2.1%	(0.8%-3.5%)	16
Grade 8	2.4%	(1.1%-3.7%)	35	1.9%	(0.4%-3.3%)	12	2.9%	(0.9%-4.9%)	22
<b>----Hispanic Ethnicity----</b>									
Hispanic	13.6%	(3.6%-23.6%)	11	*	*	*	*	*	*
Non-Hispanic	2.3%	(1.4%-3.3%)	63	2.3%	(1.2%-3.4%)	29	2.3%	(1.1%-3.6%)	33
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.1%	(1.2%-3.0%)	55	2.5%	(1.3%-3.7%)	30	1.8%	(0.7%-2.9%)	25
Multiple Races	7.2%	(2.4%-12.0%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who reported housing instability (anything other than 'In my parent's or guardian's home' or school housing) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**Section 3**  
**Unintentional Injury**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*Have you ever ridden in a car or other vehicle driven by someone who had been drinking alcohol? (mn11)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	24.6%	(19.7%-29.4%)	719	29.8%	(22.5%-37.2%)	404	19.9%	(15.2%-24.6%)	302
<b>----Age----</b>									
12 or younger	20.7%	(14.5%-26.8%)	173	24.2%	(13.8%-34.5%)~	93	16.9%	(10.2%-23.7%)	75
13	24.4%	(17.2%-31.7%)	342	28.4%	(19.2%-37.6%)	200	20.9%	(13.6%-28.1%)	139
14 or older	29.7%	(21.7%-37.8%)	204	41.8%	(29.0%-54.6%)~	111	21.6%	(11.9%-31.3%)	88
<b>----Grade----</b>									
Grade 7	21.8%	(16.2%-27.3%)	319	25.8%	(14.6%-37.1%)~	177	18.3%	(12.3%-24.3%)	136
Grade 8	27.3%	(20.7%-34.0%)	396	34.1%	(25.5%-42.8%)	227	21.2%	(14.0%-28.4%)	161
<b>----Hispanic Ethnicity----</b>									
Hispanic	47.7%	(31.2%-64.3%)~	42	65.3%	(34.8%-95.8%)~	26	34.6%	(13.5%-55.7%)~	15
Non-Hispanic	24.8%	(19.8%-29.8%)	669	29.8%	(21.9%-37.7%)	377	20.1%	(15.7%-24.5%)	279
<b>----Race----</b>									
American Indian or Alaskan Native	21.3%	(5.2%-37.4%)~	14	29.1%	(3.2%-55.0%)~	8	15.8%	(0.0%-37.7%)~	6
Asian	*	*	*	*	*	*	*	*	*
Black or African American	17.4%	(3.8%-30.9%)~	9	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	24.0%	(19.3%-28.7%)	622	29.4%	(22.3%-36.5%)	349	19.2%	(14.1%-24.4%)	263
Multiple Races	43.7%	(23.7%-63.8%)~	60	46.5%	(24.4%-68.6%)~	37	36.3%	(10.3%-62.4%)~	20

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Have you ever ridden in a car or other vehicle driven by someone who had been using marijuana (also called pot, weed, or cannabis)? (mn200a)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.9%	(15.8%-28.1%)	643	29.0%	(20.2%-37.8%)	391	15.5%	(10.2%-20.7%)	236
<b>----Age----</b>									
12 or younger	16.8%	(10.1%-23.4%)	141	25.5%	(14.3%-36.6%)~	97	9.0%	(5.3%-12.7%)	40
13	23.0%	(13.4%-32.6%)	323	27.7%	(15.8%-39.6%)~	194	18.1%	(9.8%-26.3%)	122
14 or older	26.0%	(19.6%-32.4%)	178	37.5%	(25.7%-49.3%)~	100	18.2%	(6.9%-29.5%)~	74
<b>----Grade----</b>									
Grade 7	22.2%	(14.4%-30.0%)	327	29.7%	(17.5%-41.9%)~	203	15.4%	(11.1%-19.7%)	116
Grade 8	21.9%	(15.9%-27.9%)	316	28.6%	(19.9%-37.2%)	188	15.7%	(7.8%-23.7%)	120
<b>----Hispanic Ethnicity----</b>									
Hispanic	44.5%	(22.0%-66.9%)~	39	45.7%	(10.6%-80.8%)~	18	46.1%	(7.3%-84.9%)~	20
Non-Hispanic	22.0%	(15.4%-28.5%)	593	29.7%	(19.6%-39.8%)~	373	14.7%	(10.0%-19.4%)	204
<b>----Race----</b>									
American Indian or Alaskan Native	50.1%	(21.0%-79.1%)~	32	40.0%	(7.7%-72.2%)~	11	57.2%	(14.9%-99.5%)~	22
Asian	*	*	*	*	*	*	*	*	*
Black or African American	14.9%	(0.0%-33.7%)~	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	19.8%	(13.6%-26.0%)	514	27.1%	(17.7%-36.4%)	318	13.3%	(8.7%-17.9%)	183
Multiple Races	56.0%	(35.3%-76.7%)~	76	62.1%	(42.9%-81.3%)~	50	44.0%	(13.3%-74.7%)~	23

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 4**

### **Violence**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*Have you ever carried a weapon such as a gun, knife, or club on school property? (mn151)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.4%	(2.9%-5.9%)	131	3.5%	(1.9%-5.2%)	48	5.1%	(3.0%-7.2%)	78
<b>----Age----</b>									
12 or younger	4.1%	(1.7%-6.4%)	33	4.0%	(0.5%-7.5%)	16	3.7%	(0.5%-6.8%)	15
13	3.6%	(1.7%-5.5%)	51	2.3%	(0.5%-4.2%)	16	4.6%	(2.4%-6.9%)	32
14 or older	6.4%	(4.1%-8.7%)	47	5.7%	(1.3%-10.1%)	16	7.0%	(4.2%-9.9%)	31
<b>----Grade----</b>									
Grade 7	3.7%	(2.4%-5.1%)	55	3.2%	(0.9%-5.4%)	22	3.8%	(1.8%-5.7%)	29
Grade 8	5.1%	(3.1%-7.0%)	74	3.9%	(1.9%-5.9%)	26	6.2%	(3.3%-9.2%)	48
<b>----Hispanic Ethnicity----</b>									
Hispanic	14.5%	(6.7%-22.3%)	12	*	*	*	*	*	*
Non-Hispanic	4.3%	(2.8%-5.8%)	117	3.4%	(1.5%-5.2%)	43	4.9%	(2.8%-7.1%)	70
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.9%	(2.4%-5.4%)	102	2.8%	(1.0%-4.7%)	34	4.6%	(2.6%-6.5%)	63
Multiple Races	14.1%	(8.4%-19.7%)	19	14.3%	(5.7%-22.9%)	10	14.1%	(5.9%-22.3%)	9

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Do you agree or disagree with the following statement? I feel safe at my school. (mn21)*  
*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	79.6%	(75.7%-83.5%)	2,323	74.9%	(67.9%-82.0%)	1,013	84.2%	(80.7%-87.7%)	1,285
<b>---Age---</b>									
12 or younger	76.3%	(69.8%-82.9%)	610	71.5%	(63.3%-79.6%)	273	82.3%	(74.9%-89.7%)	334
13	82.4%	(78.5%-86.3%)	1,144	78.6%	(71.7%-85.4%)	538	86.3%	(82.3%-90.3%)	587
14 or older	77.7%	(73.0%-82.4%)	568	70.6%	(60.3%-80.9%)~	200	82.8%	(75.7%-89.9%)	365
<b>---Grade---</b>									
Grade 7	78.2%	(73.5%-82.9%)	1,147	73.2%	(65.3%-81.0%)	501	83.6%	(78.9%-88.3%)	630
Grade 8	81.0%	(76.5%-85.6%)	1,169	76.7%	(68.6%-84.8%)	509	85.0%	(80.3%-89.7%)	650
<b>---Hispanic Ethnicity---</b>									
Hispanic	63.5%	(53.6%-73.4%)	51	71.0%	(53.0%-88.9%)~	29	54.1%	(36.6%-71.5%)~	21
Non-Hispanic	80.2%	(76.2%-84.3%)	2,171	75.2%	(67.6%-82.8%)	951	85.4%	(81.9%-88.9%)	1,199
<b>---Race---</b>									
American Indian or Alaskan Native	75.1%	(61.6%-88.6%)~	44	63.8%	(37.1%-90.5%)~	16	83.3%	(66.7%-100.0%)~	28
Asian	*	*	*	*	*	*	*	*	*
Black or African American	76.4%	(61.5%-91.3%)~	39	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	80.1%	(75.5%-84.7%)	2,073	75.1%	(67.1%-83.1%)	890	85.0%	(80.9%-89.2%)	1,163
Multiple Races	74.8%	(63.6%-85.9%)~	103	74.9%	(62.8%-86.9%)~	53	74.1%	(60.5%-87.8%)~	49

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Has violence in your home, or the threat of violence, ever made you want to leave your home, even just for a short while? (mn18)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	18.1%	(13.9%-22.3%)	524	23.9%	(16.7%-31.1%)	322	13.1%	(10.0%-16.1%)	199
<b>----Age----</b>									
12 or younger	14.7%	(10.3%-19.0%)	109	18.8%	(12.5%-25.1%)	71	9.8%	(3.3%-16.4%)	36
13	18.3%	(13.0%-23.5%)	255	25.6%	(17.8%-33.5%)	175	11.7%	(6.5%-16.8%)	81
14 or older	21.1%	(13.5%-28.8%)	159	26.9%	(14.0%-39.8%)~	77	17.6%	(10.2%-25.1%)	82
<b>----Grade----</b>									
Grade 7	15.8%	(10.8%-20.9%)	228	23.1%	(15.4%-30.7%)	157	9.2%	(4.1%-14.4%)	68
Grade 8	20.3%	(16.2%-24.5%)	296	24.8%	(16.7%-32.9%)	165	16.8%	(12.4%-21.2%)	131
<b>----Hispanic Ethnicity----</b>									
Hispanic	24.6%	(6.6%-42.7%)~	17	29.7%	(0.0%-63.9%)~	11	18.7%	(0.0%-40.4%)~	6
Non-Hispanic	18.3%	(13.7%-22.9%)	495	23.6%	(16.0%-31.2%)	301	13.8%	(10.5%-17.1%)	193
<b>----Race----</b>									
American Indian or Alaskan Native	36.2%	(10.0%-62.3%)~	18	37.3%	(0.0%-81.0%)~	7	35.4%	(12.9%-58.0%)~	11
Asian	*	*	*	*	*	*	*	*	*
Black or African American	18.3%	(1.8%-34.7%)~	11	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.4%	(12.9%-22.0%)	448	23.8%	(15.7%-31.9%)	283	12.2%	(9.0%-15.4%)	166
Multiple Races	24.4%	(12.6%-36.3%)~	35	33.0%	(14.5%-51.5%)~	23	16.6%	(4.7%-28.4%)~	12

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 5 Bullying**



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Have you ever been bullied on school property? (mn22)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	52.7%	(48.9%-56.4%)	1,548	60.3%	(54.3%-66.2%)	819	45.1%	(40.3%-50.0%)	694
<b>----Age----</b>									
12 or younger	54.8%	(47.7%-61.9%)	441	61.5%	(53.4%-69.5%)	237	47.6%	(37.7%-57.6%)	196
13	51.0%	(45.7%-56.3%)	712	57.2%	(49.6%-64.8%)	394	43.7%	(37.4%-50.0%)	298
14 or older	53.4%	(48.4%-58.4%)	393	65.8%	(58.6%-73.0%)	186	45.0%	(38.0%-52.0%)	200
<b>----Grade----</b>									
Grade 7	53.9%	(48.8%-59.0%)	792	60.3%	(53.4%-67.2%)	414	47.1%	(39.7%-54.5%)	357
Grade 8	51.5%	(46.6%-56.4%)	752	60.5%	(53.7%-67.3%)	405	43.2%	(37.3%-49.0%)	333
<b>----Hispanic Ethnicity----</b>									
Hispanic	57.4%	(42.1%-72.6%)~	46	63.3%	(38.4%-88.2%)~	25	49.5%	(35.7%-63.4%)~	19
Non-Hispanic	52.3%	(48.5%-56.1%)	1,425	60.1%	(53.9%-66.3%)	767	44.5%	(39.5%-49.6%)	627
<b>----Race----</b>									
American Indian or Alaskan Native	66.4%	(52.5%-80.3%)~	37	67.0%	(46.6%-87.5%)~	15	66.0%	(47.2%-84.9%)~	22
Asian	35.9%	(19.0%-52.8%)~	8	*	*	*	*	*	*
Black or African American	49.9%	(34.6%-65.2%)~	27	58.4%	(33.0%-83.7%)~	12	42.5%	(27.0%-57.9%)~	13
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	52.4%	(48.0%-56.7%)	1,365	59.8%	(52.9%-66.8%)	714	44.9%	(39.4%-50.4%)	619
Multiple Races	62.2%	(52.0%-72.4%)~	85	74.0%	(63.9%-84.0%)~	52	50.8%	(36.0%-65.6%)~	33

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.) (mn152b)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	38.5%	(34.7%-42.3%)	1,133	50.2%	(44.0%-56.4%)	683	27.4%	(23.0%-31.9%)	422
<b>----Age----</b>									
12 or younger	39.5%	(31.3%-47.7%)	321	45.7%	(35.1%-56.2%)~	177	32.9%	(22.7%-43.1%)~	137
13	37.2%	(32.9%-41.4%)	519	49.0%	(41.2%-56.7%)	338	24.3%	(20.3%-28.3%)	166
14 or older	39.7%	(36.9%-42.4%)	291	58.9%	(50.3%-67.5%)	167	27.0%	(21.4%-32.7%)	120
<b>----Grade----</b>									
Grade 7	38.8%	(33.2%-44.4%)	572	47.4%	(39.7%-55.0%)	327	30.2%	(22.9%-37.6%)	229
Grade 8	38.4%	(35.3%-41.6%)	561	53.3%	(47.2%-59.5%)	357	24.9%	(20.4%-29.5%)	193
<b>----Hispanic Ethnicity----</b>									
Hispanic	40.5%	(24.8%-56.2%)~	32	50.4%	(23.1%-77.7%)~	20	27.9%	(9.6%-46.2%)~	11
Non-Hispanic	38.8%	(34.8%-42.7%)	1,056	50.2%	(43.6%-56.8%)	642	27.7%	(23.2%-32.2%)	389
<b>----Race----</b>									
American Indian or Alaskan Native	32.5%	(19.5%-45.6%)~	19	50.8%	(27.8%-73.7%)~	12	20.1%	(3.2%-37.1%)~	7
Asian	*	*	*	*	*	*	*	*	*
Black or African American	17.5%	(1.9%-33.0%)~	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	38.8%	(34.6%-43.0%)	1,014	50.4%	(43.4%-57.4%)	603	27.9%	(23.1%-32.7%)	385
Multiple Races	48.9%	(41.1%-56.6%)	67	62.7%	(50.9%-74.4%)~	44	34.7%	(23.3%-46.1%)~	22

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 6**

### **Suicide & Depression**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Have you ever felt so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? (mn153)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	34.0%	(30.4%-37.6%)	996	46.7%	(39.9%-53.6%)	632	21.3%	(18.1%-24.5%)	327
<b>----Age----</b>									
12 or younger	31.4%	(23.9%-38.9%)	248	41.1%	(31.1%-51.1%)~	155	21.4%	(14.6%-28.2%)	87
13	34.0%	(30.0%-38.0%)	477	44.9%	(38.4%-51.4%)	310	20.9%	(15.4%-26.5%)	144
14 or older	37.0%	(31.4%-42.7%)	271	59.3%	(49.6%-69.1%)	166	21.7%	(17.0%-26.3%)	96
<b>----Grade----</b>									
Grade 7	33.8%	(27.9%-39.7%)	493	44.2%	(34.3%-54.0%)	300	22.4%	(16.4%-28.4%)	169
Grade 8	34.5%	(30.6%-38.4%)	503	49.6%	(43.5%-55.6%)	331	20.4%	(16.8%-24.0%)	158
<b>----Hispanic Ethnicity----</b>									
Hispanic	55.8%	(44.6%-66.9%)~	45	76.9%	(61.4%-92.4%)~	31	31.4%	(12.1%-50.7%)~	12
Non-Hispanic	33.8%	(30.0%-37.6%)	916	45.9%	(38.6%-53.2%)	581	21.3%	(18.0%-24.6%)	299
<b>----Race----</b>									
American Indian or Alaskan Native	46.9%	(32.4%-61.3%)~	28	58.8%	(40.2%-77.3%)~	15	38.2%	(18.5%-57.9%)~	13
Asian	43.0%	(23.9%-62.0%)~	9	*	*	*	*	*	*
Black or African American	28.9%	(16.2%-41.6%)~	16	44.9%	(26.0%-63.8%)~	9	16.7%	(6.2%-27.2%)~	6
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	33.7%	(29.7%-37.8%)	875	46.4%	(39.0%-53.8%)	550	21.0%	(17.2%-24.8%)	289
Multiple Races	35.4%	(26.4%-44.5%)	48	51.6%	(38.8%-64.4%)~	36	19.1%	(10.8%-27.4%)	13

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (mn215)*  
*Among students who have ever felt sad or hopeless, the percentage of students who answered that they got help from an adult*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	35.3%	(30.0%-40.7%)	602	30.5%	(23.3%-37.7%)	295	42.5%	(32.7%-52.4%)	303
<b>----Age----</b>									
12 or younger	32.5%	(21.1%-43.8%)~	143	28.6%	(14.0%-43.3%)~	80	39.7%	(23.6%-55.8%)~	63
13	34.1%	(25.5%-42.7%)	273	29.4%	(18.1%-40.6%)~	134	42.0%	(29.5%-54.6%)~	135
14 or older	40.2%	(30.0%-50.3%)~	186	35.1%	(22.8%-47.3%)~	80	45.1%	(31.2%-59.0%)~	106
<b>----Grade----</b>									
Grade 7	33.5%	(24.4%-42.7%)	283	28.6%	(15.3%-41.8%)~	144	42.8%	(30.2%-55.4%)~	140
Grade 8	37.3%	(30.6%-44.0%)	319	32.6%	(26.6%-38.6%)	151	42.7%	(31.2%-54.2%)~	163
<b>----Hispanic Ethnicity----</b>									
Hispanic	31.0%	(9.5%-52.5%)~	15	*	*	*	*	*	*
Non-Hispanic	36.1%	(30.6%-41.6%)	579	30.5%	(23.1%-37.9%)	278	44.4%	(34.6%-54.2%)	296
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	28.0%	(0.8%-55.3%)~	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	36.4%	(30.9%-41.9%)	554	30.6%	(23.1%-38.1%)	260	44.6%	(33.9%-55.3%)~	289
Multiple Races	28.6%	(14.2%-42.9%)~	25	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have ever felt sad or hopeless, the number of students who answered that they got help from an adult (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (mn215\_2)*

*Among students who have ever felt sad or hopeless, the percentage of students who answered that they got help from a teacher or other school staff member*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.1%	(0.8%-3.4%)	36	3.1%	(0.8%-5.3%)	30	0.8%	(0.0%-2.1%)	6
<b>----Age----</b>									
12 or younger	3.6%	(0.0%-7.4%)	16	*	*	*	*	*	*
13	1.7%	(0.0%-3.7%)	14	*	*	*	*	*	*
14 or older	1.3%	(0.0%-3.2%)	6	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	2.6%	(0.0%-5.2%)	22	*	*	*	*	*	*
Grade 8	1.6%	(0.0%-3.6%)	14	1.7%	(0.0%-5.0%)	8	1.6%	(0.0%-4.0%)	6
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	2.2%	(0.8%-3.6%)	36	3.3%	(0.9%-5.7%)	30	0.9%	(0.0%-2.3%)	6
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.9%	(0.5%-3.2%)	28	*	*	*	*	*	*
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have ever felt sad or hopeless, the number of students who answered that they got help from a teacher or other school staff member (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*When you have felt sad or hopeless, from whom did you get help? (Select only one response.) (m215)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
B. I did feel sad or hopeless but did not seek help	35.4%	(31.0%-39.9%)	604	35.8%	(29.1%-42.5%)	345	34.6%	(25.9%-43.3%)	247
C. Parent or other adult relative	27.5%	(21.6%-33.3%)	468	21.8%	(15.0%-28.7%)	211	36.1%	(27.2%-44.9%)	257
D. Teacher or other school staff member	2.1%	(0.8%-3.4%)	36	3.1%	(0.8%-5.3%)	30	0.8%	(0.0%-2.1%)	6
E. Other adult	1.1%	(0.1%-2.1%)	19	1.4%	(0.0%-2.9%)	13	0.8%	(0.0%-2.3%)	6
F. Friend or another young person	24.8%	(18.1%-31.4%)	422	29.1%	(20.8%-37.4%)	281	18.4%	(11.7%-25.1%)	131
G. Hotline, counselor, or other mental health professional	4.7%	(2.6%-6.7%)	79	4.2%	(1.7%-6.7%)	41	4.8%	(1.1%-8.6%)	34
H. Some other person	4.5%	(2.1%-6.8%)	76	4.6%	(0.6%-8.6%)	44	4.5%	(0.0%-9.3%)	32

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*During the past 30 days, how often was your mental health not good? (Poor mental health includes stress, anxiety, and depression.) (mn209)  
Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.9%	(25.9%-31.9%)	829	42.7%	(36.8%-48.5%)	578	15.9%	(11.4%-20.5%)	238
<b>----Age----</b>									
12 or younger	22.0%	(16.2%-27.9%)	163	30.2%	(18.5%-41.9%)~	114	13.5%	(6.7%-20.4%)	48
13	31.1%	(26.4%-35.7%)	430	46.7%	(39.2%-54.2%)	317	14.5%	(8.1%-20.9%)	99
14 or older	31.8%	(26.5%-37.0%)	237	50.1%	(39.7%-60.5%)~	146	20.0%	(13.3%-26.7%)	91
<b>----Grade----</b>									
Grade 7	26.6%	(21.9%-31.2%)	377	38.9%	(30.7%-47.2%)	264	14.3%	(7.6%-21.0%)	104
Grade 8	31.3%	(29.2%-33.4%)	452	46.4%	(40.3%-52.6%)	314	17.7%	(13.1%-22.2%)	134
<b>----Hispanic Ethnicity----</b>									
Hispanic	31.0%	(15.8%-46.3%)~	23	43.3%	(12.4%-74.2%)~	17	17.5%	(0.0%-38.3%)~	6
Non-Hispanic	29.0%	(26.0%-32.1%)	774	42.1%	(36.5%-47.7%)	538	16.3%	(11.8%-20.8%)	222
<b>----Race----</b>									
American Indian or Alaskan Native	33.8%	(9.8%-57.8%)~	16	37.3%	(0.0%-81.0%)~	7	31.4%	(9.0%-53.8%)~	9
Asian	44.7%	(14.2%-75.1%)~	10	*	*	*	*	*	*
Black or African American	29.4%	(16.2%-42.7%)~	17	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	28.0%	(25.0%-31.0%)	714	42.9%	(36.4%-49.3%)	510	14.2%	(9.6%-18.9%)	189
Multiple Races	32.0%	(16.1%-47.9%)~	45	28.9%	(14.8%-42.9%)~	20	35.0%	(12.8%-57.2%)~	25

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Have you ever seriously thought about killing yourself? (mn25)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.7%	(20.5%-26.9%)	686	30.2%	(24.1%-36.3%)	403	16.7%	(13.3%-20.2%)	255
<b>----Age----</b>									
12 or younger	22.0%	(15.0%-29.0%)	175	28.4%	(19.9%-36.9%)	107	15.0%	(6.4%-23.6%)	61
13	23.1%	(19.5%-26.8%)	316	27.5%	(19.7%-35.4%)	185	17.2%	(13.0%-21.3%)	116
14 or older	26.6%	(22.6%-30.6%)	195	39.0%	(30.8%-47.2%)	111	17.7%	(15.0%-20.4%)	78
<b>----Grade----</b>									
Grade 7	22.9%	(17.4%-28.5%)	330	28.0%	(19.1%-36.9%)	187	16.8%	(11.1%-22.5%)	126
Grade 8	24.5%	(21.6%-27.4%)	354	32.6%	(26.7%-38.5%)	216	16.6%	(13.9%-19.2%)	127
<b>----Hispanic Ethnicity----</b>									
Hispanic	35.7%	(23.7%-47.8%)~	28	38.9%	(13.2%-64.5%)~	15	29.6%	(11.3%-48.0%)~	11
Non-Hispanic	23.7%	(20.4%-27.0%)	636	30.1%	(23.9%-36.4%)	377	16.7%	(13.1%-20.2%)	233
<b>----Race----</b>									
American Indian or Alaskan Native	31.3%	(15.7%-46.8%)~	18	33.7%	(12.2%-55.1%)~	8	29.6%	(7.1%-52.1%)~	10
Asian	29.1%	(7.5%-50.7%)~	6	*	*	*	*	*	*
Black or African American	13.7%	(2.3%-25.1%)~	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	23.3%	(19.7%-26.9%)	599	29.3%	(23.0%-35.5%)	342	16.8%	(12.8%-20.8%)	230
Multiple Races	34.3%	(27.8%-40.7%)	46	49.1%	(37.4%-60.7%)~	33	19.5%	(9.8%-29.2%)	13

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*Have you ever tried to kill yourself? (mn27)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	8.0%	(5.8%-10.1%)	233	10.6%	(7.2%-14.0%)	143	5.2%	(3.4%-7.0%)	80
<b>----Age----</b>									
12 or younger	7.9%	(3.9%-12.0%)	60	8.1%	(2.4%-13.8%)	31	7.8%	(2.3%-13.4%)	29
13	8.0%	(4.9%-11.1%)	112	11.2%	(5.3%-17.0%)	75	3.8%	(0.0%-8.3%)	27
14 or older	8.0%	(4.0%-12.1%)	61	12.6%	(5.6%-19.7%)	37	5.1%	(1.7%-8.6%)	24
<b>----Grade----</b>									
Grade 7	7.9%	(4.2%-11.6%)	114	10.3%	(3.9%-16.8%)	70	4.6%	(1.8%-7.4%)	35
Grade 8	8.1%	(5.5%-10.8%)	119	10.9%	(6.8%-15.0%)	73	5.8%	(3.2%-8.5%)	45
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	8.2%	(6.1%-10.3%)	221	10.3%	(7.3%-13.3%)	131	5.7%	(3.7%-7.6%)	80
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	8.2%	(5.8%-10.6%)	212	11.1%	(7.3%-14.9%)	132	5.1%	(2.8%-7.4%)	71
Multiple Races	7.1%	(0.9%-13.4%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Have you ever done something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose? (mn28)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.1%	(18.8%-25.4%)	648	35.6%	(29.3%-41.9%)	485	9.3%	(5.5%-13.2%)	144
<b>----Age----</b>									
12 or younger	19.4%	(13.2%-25.6%)	148	30.0%	(17.5%-42.5%)~	117	8.4%	(3.0%-13.9%)	31
13	23.2%	(18.1%-28.2%)	327	35.3%	(25.8%-44.8%)	240	9.7%	(3.0%-16.5%)	69
14 or older	22.9%	(17.8%-28.1%)	173	44.4%	(34.5%-54.2%)	129	9.5%	(4.6%-14.3%)	44
<b>----Grade----</b>									
Grade 7	20.6%	(14.9%-26.2%)	301	30.4%	(20.8%-40.0%)	209	10.2%	(4.0%-16.5%)	78
Grade 8	23.8%	(20.8%-26.7%)	347	40.9%	(32.5%-49.4%)	276	8.5%	(5.2%-11.9%)	66
<b>----Hispanic Ethnicity----</b>									
Hispanic	23.5%	(9.0%-38.0%)~	17	*	*	*	*	*	*
Non-Hispanic	22.5%	(18.8%-26.2%)	611	35.2%	(28.6%-41.8%)	452	10.0%	(5.8%-14.2%)	141
<b>----Race----</b>									
American Indian or Alaskan Native	20.4%	(3.2%-37.7%)~	10	*	*	*	*	*	*
Asian	31.0%	(5.2%-56.8%)~	7	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	22.3%	(18.8%-25.8%)	581	35.7%	(29.0%-42.5%)	429	9.7%	(5.5%-13.9%)	134
Multiple Races	28.5%	(18.5%-38.6%)~	40	48.5%	(30.9%-66.0%)~	33	9.6%	(0.5%-18.8%)	7

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 7 Tobacco**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*During the past 30 days, on how many days did you smoke cigarettes? (mn29)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.9%	(1.0%-2.8%)	56	1.8%	(0.7%-3.0%)	25	1.9%	(0.6%-3.1%)	29
<b>----Age----</b>									
12 or younger	1.5%	(0.5%-2.5%)	12	*	*	*	*	*	*
13	1.1%	(0.3%-2.0%)	16	*	*	*	*	*	*
14 or older	3.7%	(0.9%-6.6%)	27	4.0%	(1.3%-6.7%)	11	3.6%	(0.0%-7.7%)	16
<b>----Grade----</b>									
Grade 7	1.8%	(1.1%-2.4%)	26	1.7%	(0.1%-3.3%)	12	1.6%	(0.5%-2.6%)	12
Grade 8	2.0%	(0.4%-3.6%)	30	2.0%	(0.7%-3.3%)	13	2.1%	(0.0%-4.5%)	17
<b>----Hispanic Ethnicity----</b>									
Hispanic	13.4%	(1.3%-25.5%)~	11	*	*	*	*	*	*
Non-Hispanic	1.6%	(0.8%-2.4%)	43	1.6%	(0.3%-2.8%)	20	1.5%	(0.4%-2.5%)	20
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.5%	(0.7%-2.2%)	39	1.4%	(0.3%-2.5%)	17	1.4%	(0.3%-2.6%)	20
Multiple Races	7.5%	(1.4%-13.6%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*How old were you when you smoked a whole cigarette for the first time? (mn32)*

*Among students who have smoked a whole cigarette, the percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	44.0%	(22.3%-65.6%)~	86	25.5%	(6.2%-44.7%)~	23	58.5%	(20.7%-96.2%)~	58
<b>----Age----</b>									
12 or younger	29.9%	(0.0%-74.0%)~	6	*	*	*	*	*	*
13	34.8%	(15.2%-54.3%)~	28	13.3%	(0.0%-36.8%)~	6	59.3%	(14.5%-100.0%)~	22
14 or older	54.5%	(22.4%-86.7%)~	52	33.8%	(9.8%-57.8%)~	12	63.6%	(19.1%-100.0%)~	36
<b>----Grade----</b>									
Grade 7	28.6%	(6.6%-50.5%)~	22	15.1%	(0.0%-41.0%)~	6	43.5%	(14.2%-72.8%)~	16
Grade 8	53.8%	(24.2%-83.3%)~	64	33.5%	(12.3%-54.8%)~	17	67.0%	(20.3%-100.0%)~	43
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	35.5%	(17.4%-53.5%)~	57	16.7%	(0.0%-33.7%)~	14	52.1%	(16.1%-88.2%)~	39
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	33.5%	(13.7%-53.2%)~	52	10.6%	(0.0%-24.3%)~	8	52.7%	(16.9%-88.5%)~	40
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have smoked a whole cigarette, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*How old were you when you smoked a whole cigarette for the first time? (mn32\_2)*  
*Percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.0%	(1.3%-4.6%)	86	1.7%	(0.6%-2.9%)	23	3.8%	(0.7%-7.0%)	58
<b>----Age----</b>									
12 or younger	0.7%	(0.0%-1.8%)	6	*	*	*	*	*	*
13	2.0%	(0.4%-3.5%)	28	0.8%	(0.0%-2.4%)	6	3.3%	(0.6%-6.1%)	22
14 or older	7.6%	(1.6%-13.6%)	52	4.4%	(0.0%-9.8%)	12	8.9%	(0.0%-19.0%)	36
<b>----Grade----</b>									
Grade 7	1.5%	(0.4%-2.6%)	22	0.9%	(0.0%-2.2%)	6	2.1%	(0.4%-3.8%)	16
Grade 8	4.4%	(1.6%-7.2%)	64	2.6%	(0.1%-5.1%)	17	5.6%	(0.0%-11.3%)	43
<b>----Hispanic Ethnicity----</b>									
Hispanic	29.0%	(3.8%-54.2%)~	25	23.8%	(0.0%-51.5%)~	10	35.5%	(0.0%-75.3%)~	16
Non-Hispanic	2.1%	(0.9%-3.4%)	57	1.1%	(0.0%-2.2%)	14	2.8%	(0.8%-4.8%)	39
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.0%	(0.7%-3.3%)	52	0.7%	(0.0%-1.6%)	8	2.9%	(0.8%-5.0%)	40
Multiple Races	16.6%	(6.5%-26.8%)~	23	19.1%	(7.7%-30.5%)~	15	14.1%	(0.0%-33.9%)~	8

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day? (mn36)*  
*Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.3%	(8.9%-17.7%)	387	13.4%	(9.9%-16.8%)	178	13.5%	(7.0%-20.0%)	206
<b>----Age----</b>									
12 or younger	11.0%	(7.3%-14.7%)	92	8.9%	(4.4%-13.4%)	34	12.3%	(4.9%-19.6%)	55
13	13.1%	(6.9%-19.2%)	181	15.1%	(8.3%-21.8%)	105	11.5%	(3.7%-19.2%)	76
14 or older	16.7%	(8.2%-25.1%)	114	15.3%	(7.2%-23.3%)	39	18.1%	(6.3%-30.0%)~	75
<b>----Grade----</b>									
Grade 7	13.6%	(9.0%-18.3%)	199	12.6%	(9.3%-16.0%)	86	14.7%	(6.4%-22.9%)	110
Grade 8	13.1%	(7.7%-18.5%)	188	14.2%	(9.0%-19.5%)	92	12.5%	(4.6%-20.4%)	96
<b>----Hispanic Ethnicity----</b>									
Hispanic	19.8%	(2.5%-37.0%)~	17	16.0%	(0.0%-42.5%)~	6	24.5%	(0.0%-52.0%)~	11
Non-Hispanic	12.5%	(8.0%-17.0%)	336	12.6%	(8.7%-16.5%)	156	12.7%	(6.0%-19.3%)	177
<b>----Race----</b>									
American Indian or Alaskan Native	23.5%	(5.2%-41.7%)~	15	21.2%	(0.0%-44.7%)~	6	25.1%	(0.0%-51.1%)~	10
Asian	*	*	*	*	*	*	*	*	*
Black or African American	32.3%	(13.2%-51.5%)~	17	34.0%	(1.8%-66.2%)~	8	33.3%	(0.9%-65.7%)~	10
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.1%	(8.6%-17.5%)	338	13.1%	(9.4%-16.7%)	152	13.3%	(7.1%-19.5%)	182
Multiple Races	8.9%	(1.2%-16.6%)	12	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*If you wanted to get some cigarettes, how easy would it be for you to get some? (mn37)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.2%	(24.1%-32.2%)	793	29.8%	(23.3%-36.3%)	382	26.6%	(21.7%-31.5%)	394
<b>----Age----</b>									
12 or younger	24.6%	(17.9%-31.4%)	203	27.2%	(17.4%-37.0%)	101	22.2%	(15.6%-28.9%)	98
13	25.4%	(19.2%-31.6%)	336	29.1%	(19.3%-39.0%)	191	22.5%	(15.3%-29.8%)	145
14 or older	38.1%	(31.9%-44.3%)	254	35.4%	(18.6%-52.2%)~	89	38.1%	(29.4%-46.8%)	151
<b>----Grade----</b>									
Grade 7	24.5%	(17.6%-31.4%)	347	26.4%	(17.8%-34.9%)	174	22.9%	(15.9%-29.8%)	166
Grade 8	31.6%	(26.0%-37.3%)	438	33.1%	(23.7%-42.4%)	205	30.0%	(21.3%-38.7%)	223
<b>----Hispanic Ethnicity----</b>									
Hispanic	31.2%	(15.2%-47.2%)~	27	37.9%	(12.2%-63.6%)~	15	27.0%	(8.4%-45.6%)~	12
Non-Hispanic	28.7%	(25.0%-32.4%)	752	30.3%	(23.0%-37.5%)	366	27.1%	(21.5%-32.7%)	368
<b>----Race----</b>									
American Indian or Alaskan Native	38.2%	(16.4%-60.0%)~	25	40.0%	(7.7%-72.2%)~	11	36.9%	(8.7%-65.1%)~	14
Asian	*	*	*	*	*	*	*	*	*
Black or African American	30.8%	(3.3%-58.3%)~	17	41.2%	(0.0%-84.7%)~	9	24.7%	(0.0%-53.6%)~	7
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	26.8%	(22.4%-31.2%)	670	27.9%	(20.0%-35.7%)	313	25.6%	(20.5%-30.7%)	340
Multiple Races	52.9%	(38.0%-67.7%)~	73	56.6%	(32.3%-81.0%)~	45	50.6%	(28.8%-72.3%)~	28

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*Do you think that you will try a cigarette soon? (mn47)*

*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.1%	(17.5%-26.6%)	645	24.5%	(16.8%-32.2%)	331	19.5%	(16.1%-22.9%)	296
<b>----Age----</b>									
12 or younger	20.5%	(13.7%-27.2%)	173	20.5%	(11.5%-29.5%)	79	19.5%	(12.3%-26.7%)	87
13	19.9%	(12.5%-27.2%)	278	22.9%	(12.3%-33.4%)~	160	16.5%	(10.6%-22.4%)	110
14 or older	28.7%	(21.3%-36.0%)	194	34.7%	(24.0%-45.3%)~	91	24.3%	(14.3%-34.3%)~	99
<b>----Grade----</b>									
Grade 7	20.7%	(14.3%-27.0%)	305	21.7%	(11.3%-32.2%)~	149	19.6%	(14.9%-24.4%)	148
Grade 8	23.8%	(18.3%-29.3%)	340	27.9%	(18.6%-37.1%)	181	19.4%	(13.7%-25.1%)	147
<b>----Hispanic Ethnicity----</b>									
Hispanic	46.8%	(23.8%-69.7%)~	41	45.7%	(10.6%-80.8%)~	18	50.7%	(17.3%-84.1%)~	22
Non-Hispanic	22.1%	(16.9%-27.2%)	593	24.9%	(16.1%-33.6%)	312	19.0%	(14.8%-23.1%)	263
<b>----Race----</b>									
American Indian or Alaskan Native	20.2%	(0.0%-42.6%)~	13	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	20.5%	(1.7%-39.3%)~	12	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	21.3%	(16.3%-26.2%)	549	25.0%	(16.4%-33.6%)	294	17.6%	(13.4%-21.7%)	240
Multiple Races	42.2%	(25.5%-58.8%)~	58	35.1%	(17.4%-52.9%)~	28	49.0%	(26.2%-71.9%)~	27

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Do you think you will smoke a cigarette at any time during the next year? (mn48)*  
*Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	17.4%	(13.0%-21.7%)	507	23.3%	(15.5%-31.1%)	315	11.9%	(9.2%-14.6%)	181
<b>----Age----</b>									
12 or younger	17.7%	(11.6%-23.8%)	148	25.6%	(15.7%-35.4%)	98	11.5%	(5.9%-17.1%)	51
13	16.1%	(9.7%-22.5%)	226	21.0%	(11.3%-30.7%)	149	10.5%	(6.1%-15.0%)	70
14 or older	19.5%	(13.0%-26.0%)	133	26.1%	(17.5%-34.8%)	69	14.6%	(5.9%-23.2%)	60
<b>----Grade----</b>									
Grade 7	18.3%	(12.5%-24.0%)	266	24.5%	(13.7%-35.2%)~	166	13.4%	(10.2%-16.6%)	100
Grade 8	16.7%	(12.0%-21.3%)	241	22.5%	(15.8%-29.3%)	149	10.6%	(6.1%-15.0%)	81
<b>----Hispanic Ethnicity----</b>									
Hispanic	37.3%	(20.3%-54.2%)~	33	37.9%	(12.2%-63.6%)~	15	39.1%	(15.4%-62.8%)~	17
Non-Hispanic	16.9%	(12.2%-21.7%)	456	23.5%	(14.8%-32.2%)	295	10.8%	(8.4%-13.2%)	149
<b>----Race----</b>									
American Indian or Alaskan Native	26.7%	(7.1%-46.3%)~	17	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	16.6%	(0.0%-46.8%)~	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	16.6%	(11.5%-21.6%)	429	23.8%	(14.5%-33.1%)	281	10.3%	(7.4%-13.1%)	140
Multiple Races	29.4%	(14.5%-44.3%)~	41	21.6%	(5.3%-38.0%)~	17	36.6%	(14.4%-58.7%)~	20

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I definitely will', 'I probably will' or 'I probably will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Do you think you will smoke a cigarette at any time during the next year? (mn48\_2)*  
*Percentage of students who answered 'I definitely will not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	82.6%	(78.3%-87.0%)	2,417	76.7%	(68.9%-84.5%)	1,038	88.1%	(85.4%-90.8%)	1,337
<b>----Age----</b>									
12 or younger	82.3%	(76.2%-88.4%)	688	74.4%	(64.6%-84.3%)	284	88.5%	(82.9%-94.1%)	390
13	83.9%	(77.5%-90.3%)	1,180	79.0%	(69.3%-88.7%)	559	89.5%	(85.0%-93.9%)	597
14 or older	80.5%	(74.0%-87.0%)	548	73.9%	(65.2%-82.5%)	194	85.4%	(76.8%-94.1%)	350
<b>----Grade----</b>									
Grade 7	81.7%	(76.0%-87.5%)	1,191	75.5%	(64.8%-86.3%)~	514	86.6%	(83.4%-89.8%)	645
Grade 8	83.3%	(78.7%-88.0%)	1,205	77.5%	(70.7%-84.2%)	512	89.4%	(85.0%-93.9%)	684
<b>----Hispanic Ethnicity----</b>									
Hispanic	62.7%	(45.8%-79.7%)~	55	62.1%	(36.4%-87.8%)~	25	60.9%	(37.2%-84.6%)~	27
Non-Hispanic	83.1%	(78.3%-87.8%)	2,238	76.5%	(67.8%-85.2%)	964	89.2%	(86.8%-91.6%)	1,236
<b>----Race----</b>									
American Indian or Alaskan Native	73.3%	(53.7%-92.9%)~	47	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	83.4%	(53.2%-100.0%)~	49	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	83.4%	(78.4%-88.5%)	2,158	76.2%	(66.9%-85.5%)	899	89.7%	(86.9%-92.6%)	1,225
Multiple Races	70.6%	(55.7%-85.5%)~	97	78.4%	(62.0%-94.7%)~	63	63.4%	(41.3%-85.6%)~	35

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'I definitely will not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*If one of your closest friends offered you a cigarette, would you smoke it? (mn51a)*  
*Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	24.3%	(21.0%-27.6%)	714	29.0%	(24.0%-34.1%)	393	19.8%	(16.9%-22.8%)	303
<b>----Age----</b>									
12 or younger	27.0%	(20.8%-33.2%)	227	28.2%	(22.0%-34.4%)	108	26.1%	(16.7%-35.5%)	116
13	22.7%	(17.3%-28.1%)	320	27.5%	(18.4%-36.5%)	195	17.6%	(11.0%-24.2%)	118
14 or older	24.4%	(19.0%-29.8%)	167	34.5%	(25.0%-44.0%)	91	16.7%	(8.7%-24.8%)	69
<b>----Grade----</b>									
Grade 7	25.9%	(21.4%-30.3%)	381	28.3%	(20.5%-36.0%)	192	24.0%	(18.5%-29.5%)	182
Grade 8	23.0%	(18.3%-27.8%)	333	30.3%	(24.3%-36.4%)	201	15.8%	(10.0%-21.6%)	121
<b>----Hispanic Ethnicity----</b>									
Hispanic	52.8%	(33.7%-72.0%)~	46	50.7%	(24.9%-76.4%)~	20	58.1%	(26.4%-89.8%)~	26
Non-Hispanic	24.0%	(20.4%-27.5%)	651	29.1%	(23.4%-34.9%)	368	18.9%	(15.5%-22.4%)	264
<b>----Race----</b>									
American Indian or Alaskan Native	50.1%	(31.1%-69.2%)~	32	49.8%	(17.2%-82.3%)~	13	50.4%	(21.8%-78.9%)~	19
Asian	*	*	*	*	*	*	*	*	*
Black or African American	23.5%	(0.0%-52.8%)~	14	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	22.3%	(18.4%-26.1%)	579	27.7%	(21.3%-34.1%)	326	17.3%	(13.8%-20.7%)	237
Multiple Races	52.5%	(37.7%-67.4%)~	72	51.3%	(30.2%-72.3%)~	41	51.5%	(30.5%-72.5%)~	28

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*How wrong do your friends feel it would be for you to smoke cigarettes? (mn172)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	15.5%	(10.4%-20.6%)	444	17.2%	(10.1%-24.2%)	226	13.8%	(9.4%-18.3%)	207
<b>----Age----</b>									
12 or younger	10.6%	(4.3%-16.8%)	87	13.1%	(5.6%-20.6%)	49	7.8%	(1.9%-13.8%)	33
13	15.7%	(8.0%-23.3%)	215	17.0%	(7.9%-26.2%)	116	14.3%	(7.1%-21.5%)	95
14 or older	21.1%	(16.0%-26.3%)	143	23.4%	(10.6%-36.2%)~	60	19.3%	(13.8%-24.9%)	78
<b>----Grade----</b>									
Grade 7	13.6%	(7.6%-19.6%)	194	16.8%	(8.3%-25.3%)	111	10.7%	(5.2%-16.2%)	79
Grade 8	17.6%	(11.6%-23.6%)	251	17.9%	(9.6%-26.2%)	115	16.9%	(10.4%-23.4%)	128
<b>----Hispanic Ethnicity----</b>									
Hispanic	39.0%	(16.5%-61.5%)~	33	40.4%	(13.8%-67.0%)~	15	40.2%	(1.0%-79.5%)~	18
Non-Hispanic	15.0%	(9.5%-20.6%)	400	17.0%	(9.0%-24.9%)	211	13.0%	(8.6%-17.4%)	178
<b>----Race----</b>									
American Indian or Alaskan Native	29.2%	(9.4%-48.9%)~	19	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	21.3%	(0.0%-52.2%)~	13	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	14.2%	(8.9%-19.5%)	361	16.6%	(8.9%-24.2%)	191	12.1%	(8.0%-16.1%)	162
Multiple Races	30.8%	(14.5%-47.2%)~	43	32.0%	(13.4%-50.6%)~	26	25.1%	(2.5%-47.6%)~	14

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*During the past 7 days, on how many days were you in the same car with someone who was smoking cigarettes? (mn56a)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.4%	(15.3%-27.5%)	627	26.0%	(18.1%-33.8%)	352	17.4%	(10.7%-24.1%)	264
<b>----Age----</b>									
12 or younger	20.9%	(11.6%-30.2%)	175	27.8%	(15.0%-40.5%)~	108	14.5%	(8.0%-21.0%)	63
13	20.5%	(14.2%-26.8%)	288	24.5%	(15.9%-33.1%)	172	16.8%	(8.7%-24.8%)	113
14 or older	23.9%	(15.4%-32.5%)	164	27.1%	(13.0%-41.3%)~	71	21.5%	(9.7%-33.3%)~	88
<b>----Grade----</b>									
Grade 7	22.6%	(15.1%-30.0%)	332	28.5%	(17.5%-39.4%)~	196	17.7%	(11.5%-23.9%)	132
Grade 8	20.5%	(13.5%-27.5%)	295	23.8%	(15.0%-32.6%)	156	17.2%	(5.7%-28.6%)~	131
<b>----Hispanic Ethnicity----</b>									
Hispanic	33.4%	(12.0%-54.9%)~	29	30.1%	(1.8%-58.3%)~	12	38.6%	(5.3%-72.0%)~	17
Non-Hispanic	21.4%	(15.5%-27.2%)	576	26.6%	(18.4%-34.9%)	336	16.6%	(10.8%-22.4%)	229
<b>----Race----</b>									
American Indian or Alaskan Native	47.4%	(19.8%-75.0%)~	31	38.5%	(6.5%-70.4%)~	10	53.7%	(12.9%-94.5%)~	20
Asian	*	*	*	*	*	*	*	*	*
Black or African American	16.6%	(0.0%-38.6%)~	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	20.0%	(13.9%-26.2%)	519	24.6%	(16.1%-33.1%)	291	16.1%	(10.1%-22.2%)	220
Multiple Races	42.4%	(26.6%-58.2%)~	59	53.5%	(27.3%-79.6%)~	43	22.9%	(1.6%-44.2%)~	13

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes? (mn33a)  
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.2%	(16.1%-26.4%)	616	24.4%	(17.1%-31.8%)	327	18.3%	(14.2%-22.3%)	276
<b>----Age----</b>									
12 or younger	26.1%	(16.2%-36.1%)	218	30.8%	(17.5%-44.1%)~	116	22.2%	(14.5%-29.8%)	98
13	18.8%	(13.8%-23.9%)	262	21.2%	(13.4%-29.0%)	148	15.9%	(10.9%-20.9%)	106
14 or older	20.1%	(15.9%-24.2%)	136	23.9%	(10.3%-37.5%)~	63	17.8%	(10.7%-24.9%)	73
<b>----Grade----</b>									
Grade 7	25.1%	(17.5%-32.7%)	364	27.1%	(15.8%-38.3%)~	183	23.1%	(16.9%-29.3%)	172
Grade 8	17.0%	(13.1%-21.0%)	244	21.6%	(13.0%-30.3%)	141	13.1%	(7.4%-18.7%)	100
<b>----Hispanic Ethnicity----</b>									
Hispanic	36.5%	(22.0%-50.9%)~	32	42.8%	(12.5%-73.2%)~	17	32.9%	(14.2%-51.7%)~	15
Non-Hispanic	21.1%	(15.4%-26.8%)	564	24.6%	(16.2%-33.0%)	306	17.7%	(13.3%-22.1%)	246
<b>----Race----</b>									
American Indian or Alaskan Native	32.3%	(5.5%-59.2%)~	21	48.3%	(15.8%-80.8%)~	13	21.0%	(0.0%-46.5%)~	8
Asian	*	*	*	*	*	*	*	*	*
Black or African American	28.7%	(2.7%-54.8%)~	17	33.3%	(0.0%-71.8%)~	9	26.4%	(0.1%-52.6%)~	8
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	20.0%	(14.3%-25.8%)	514	22.9%	(14.2%-31.6%)	267	17.5%	(12.9%-22.0%)	238
Multiple Races	39.4%	(27.0%-51.8%)~	54	38.3%	(20.2%-56.5%)~	31	37.4%	(7.3%-67.5%)~	20

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Have you ever used an electronic vapor product? (mn173)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.5%	(7.4%-13.5%)	303	13.8%	(9.1%-18.4%)	184	7.4%	(4.4%-10.4%)	112
<b>----Age----</b>									
12 or younger	5.9%	(2.9%-8.9%)	47	7.1%	(2.9%-11.3%)	27	4.4%	(1.3%-7.5%)	18
13	10.6%	(6.9%-14.2%)	147	13.9%	(8.6%-19.3%)	96	6.9%	(2.3%-11.6%)	47
14 or older	15.3%	(11.2%-19.5%)	109	22.5%	(15.1%-30.0%)	62	10.9%	(5.3%-16.4%)	47
<b>----Grade----</b>									
Grade 7	8.6%	(4.6%-12.5%)	123	10.2%	(3.6%-16.9%)	69	6.7%	(3.3%-10.2%)	50
Grade 8	12.5%	(9.4%-15.5%)	179	17.5%	(12.9%-22.0%)	115	8.1%	(3.9%-12.3%)	62
<b>----Hispanic Ethnicity----</b>									
Hispanic	18.2%	(3.4%-32.9%)~	14	16.0%	(1.9%-30.2%)~	7	21.3%	(0.5%-42.1%)~	8
Non-Hispanic	10.5%	(7.4%-13.6%)	281	13.9%	(9.0%-18.9%)	175	7.2%	(4.2%-10.1%)	99
<b>----Race----</b>									
American Indian or Alaskan Native	10.7%	(0.0%-22.0%)~	6	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	20.4%	(8.3%-32.4%)~	11	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	9.8%	(6.6%-12.9%)	251	13.3%	(8.1%-18.5%)	156	6.5%	(3.4%-9.5%)	88
Multiple Races	21.5%	(13.9%-29.1%)	27	30.7%	(20.4%-41.1%)~	21	10.9%	(0.0%-22.1%)~	6

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*During the past 30 days, on how many days did you use an electronic vapor product? (mn174)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.1%	(3.3%-6.9%)	148	6.7%	(3.9%-9.5%)	90	3.7%	(2.0%-5.4%)	56
<b>----Age----</b>									
12 or younger	3.2%	(1.0%-5.3%)	25	3.5%	(0.9%-6.0%)	13	2.4%	(0.0%-5.8%)	10
13	4.8%	(2.3%-7.3%)	67	6.4%	(2.3%-10.5%)	44	3.4%	(0.8%-6.0%)	23
14 or older	7.8%	(5.3%-10.3%)	56	11.9%	(5.7%-18.0%)	33	5.3%	(2.8%-7.7%)	23
<b>----Grade----</b>									
Grade 7	3.6%	(1.5%-5.6%)	52	4.1%	(0.4%-7.7%)	28	3.0%	(0.5%-5.5%)	22
Grade 8	6.7%	(4.6%-8.7%)	96	9.5%	(6.1%-12.8%)	62	4.4%	(1.7%-7.1%)	34
<b>----Hispanic Ethnicity----</b>									
Hispanic	13.4%	(1.3%-25.5%)~	11	*	*	*	*	*	*
Non-Hispanic	4.9%	(3.0%-6.8%)	132	6.6%	(3.5%-9.6%)	82	3.4%	(1.8%-5.0%)	48
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	17.6%	(6.5%-28.7%)~	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.4%	(2.6%-6.3%)	114	6.1%	(3.0%-9.3%)	72	2.9%	(1.6%-4.3%)	40
Multiple Races	14.6%	(5.9%-23.4%)	20	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182a)*  
*Among those who have used an electronic vapor product, the percentage of students who answered 'Nicotine'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	43.3%	(34.2%-52.5%)	121	43.9%	(35.1%-52.7%)	76	41.4%	(20.8%-62.0%)~	40
<b>----Age----</b>									
12 or younger	35.9%	(0.0%-80.4%)~	6	*	*	*	*	*	*
13	41.6%	(28.5%-54.7%)~	58	45.3%	(28.9%-61.8%)~	42	29.2%	(0.0%-62.9%)~	11
14 or older	46.3%	(31.2%-61.4%)~	57	46.9%	(31.5%-62.2%)~	31	45.6%	(15.2%-76.1%)~	26
<b>----Grade----</b>									
Grade 7	44.7%	(27.5%-61.8%)~	39	38.2%	(17.8%-58.6%)~	21	47.4%	(7.4%-87.4%)~	14
Grade 8	42.7%	(30.5%-54.9%)~	82	46.5%	(34.2%-58.8%)~	56	38.8%	(12.1%-65.5%)~	26
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	41.8%	(31.9%-51.8%)	110	42.5%	(33.6%-51.4%)	70	39.5%	(18.3%-60.6%)~	35
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	43.6%	(10.9%-76.4%)~	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	44.4%	(34.1%-54.7%)~	105	44.9%	(35.2%-54.6%)	66	42.6%	(18.2%-66.9%)~	34
Multiple Races	50.3%	(20.1%-80.6%)~	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among those who have used an electronic vapor product, the number of students who answered 'Nicotine' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (mn182a\_2)*  
*Among those that have used an electronic vapor product, the percentage of students who answered 'Marijuana, THC, or hash oil'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	18.0%	(11.2%-24.9%)	50	17.0%	(9.2%-24.8%)	29	17.2%	(0.3%-34.0%)~	17
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	14.2%	(6.0%-22.3%)	20	*	*	*	*	*	*
14 or older	24.9%	(13.4%-36.4%)~	31	29.4%	(15.4%-43.4%)~	20	19.7%	(2.1%-37.2%)~	11
<b>----Grade----</b>									
Grade 7	6.7%	(0.0%-18.7%)	6	*	*	*	*	*	*
Grade 8	23.3%	(12.8%-33.8%)~	44	19.7%	(8.8%-30.7%)~	24	24.7%	(4.6%-44.8%)~	17
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	17.2%	(9.0%-25.5%)	45	16.5%	(7.6%-25.3%)	27	15.6%	(0.0%-32.9%)~	14
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	16.1%	(8.6%-23.6%)	38	17.0%	(7.3%-26.7%)	25	10.9%	(0.0%-24.3%)~	9
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Among those that have used an electronic vapor product, the number of students who answered 'Marijuana, THC, or hash oil' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*The last time you used an electronic vapor product, what was in the vapor you inhaled? (m182a)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
B. Nicotine	43.3%	(34.2%-52.5%)	121	43.9%	(35.1%-52.7%)	76	41.4%	(20.8%-62.0%)	40
C. Marijuana, THC, or hash oil	18.0%	(11.2%-24.9%)	50	17.0%	(9.2%-24.8%)	29	17.2%	(0.3%-34.0%)	17
D. Just flavoring	18.7%	(10.6%-26.8%)	52	19.9%	(5.7%-34.0%)	34	18.3%	(0.8%-35.9%)	18
E. Not sure	19.9%	(10.3%-29.5%)	56	19.2%	(5.8%-32.5%)	33	23.1%	(4.4%-41.9%)	22

*\*Estimate suppressed due to small cell sizes.*

*CI = 95% Confidence Interval*

*N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.*

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they use electronic vapor products every day? (mn202)  
Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	20.6%	(17.4%-23.7%)	601	20.0%	(16.2%-23.8%)	272	20.5%	(17.3%-23.8%)	315
<b>----Age----</b>									
12 or younger	18.3%	(13.7%-23.0%)	140	23.8%	(15.6%-31.9%)	92	12.9%	(7.5%-18.4%)	48
13	21.2%	(16.6%-25.8%)	297	16.9%	(11.9%-22.0%)	114	24.0%	(18.2%-29.8%)	169
14 or older	21.3%	(15.9%-26.7%)	161	21.2%	(12.6%-29.8%)	62	21.4%	(14.4%-28.4%)	99
<b>----Grade----</b>									
Grade 7	20.7%	(16.7%-24.7%)	303	21.3%	(14.8%-27.7%)	147	19.4%	(15.9%-23.0%)	146
Grade 8	20.3%	(15.8%-24.8%)	295	18.7%	(13.3%-24.1%)	125	21.4%	(15.6%-27.2%)	166
<b>----Hispanic Ethnicity----</b>									
Hispanic	17.3%	(3.7%-30.9%)~	12	*	*	*	*	*	*
Non-Hispanic	20.1%	(16.6%-23.6%)	546	19.6%	(15.6%-23.6%)	251	19.9%	(16.2%-23.5%)	281
<b>----Race----</b>									
American Indian or Alaskan Native	16.9%	(0.0%-34.4%)~	9	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	48.6%	(18.5%-78.6%)~	28	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	19.9%	(16.6%-23.2%)	517	19.7%	(15.4%-24.1%)	237	19.4%	(16.1%-22.7%)	266
Multiple Races	21.8%	(12.0%-31.5%)	30	13.9%	(2.6%-25.1%)~	10	29.4%	(14.3%-44.5%)~	21

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*How wrong do you think it is for someone your age to use electronic vapor products? (mn203)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.7%	(13.0%-20.4%)	489	20.5%	(15.1%-25.8%)	280	12.6%	(8.5%-16.6%)	193
<b>----Age----</b>									
12 or younger	11.3%	(6.6%-16.1%)	87	15.5%	(8.7%-22.4%)	61	6.4%	(2.2%-10.6%)	24
13	17.8%	(12.2%-23.4%)	249	19.4%	(11.7%-27.2%)	132	14.7%	(7.6%-21.8%)	102
14 or older	19.7%	(15.3%-24.2%)	150	28.4%	(15.7%-41.1%)~	84	14.3%	(10.6%-17.9%)	66
<b>----Grade----</b>									
Grade 7	12.7%	(8.1%-17.2%)	185	15.2%	(10.3%-20.0%)	105	9.1%	(2.1%-16.1%)	68
Grade 8	20.6%	(16.6%-24.6%)	300	25.9%	(17.5%-34.2%)	175	15.6%	(12.1%-19.2%)	121
<b>----Hispanic Ethnicity----</b>									
Hispanic	16.0%	(0.0%-34.4%)~	12	*	*	*	*	*	*
Non-Hispanic	16.3%	(12.5%-20.1%)	445	20.5%	(14.7%-26.3%)	264	11.8%	(7.7%-16.0%)	167
<b>----Race----</b>									
American Indian or Alaskan Native	19.6%	(0.7%-38.6%)~	10	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	43.5%	(12.6%-74.4%)~	25	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	16.0%	(12.2%-19.9%)	416	21.2%	(15.3%-27.2%)	256	10.7%	(6.8%-14.6%)	145
Multiple Races	15.3%	(4.4%-26.2%)~	22	18.6%	(5.1%-32.2%)~	13	12.3%	(0.0%-26.0%)~	9

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*If you wanted to get electronic vapor products, how easy would it be for you to get some? (mn204a)  
Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.3%	(23.2%-33.5%)	789	28.2%	(21.4%-34.9%)	369	28.0%	(22.2%-33.7%)	405
<b>----Age----</b>									
12 or younger	20.2%	(14.5%-25.9%)	139	19.8%	(13.8%-25.8%)	70	20.8%	(10.4%-31.1%)~	69
13	27.7%	(20.5%-34.9%)	377	27.6%	(20.0%-35.3%)	184	26.6%	(17.9%-35.2%)	178
14 or older	36.9%	(28.7%-45.0%)	269	39.0%	(27.7%-50.3%)~	111	35.5%	(25.5%-45.4%)	158
<b>----Grade----</b>									
Grade 7	21.2%	(16.1%-26.3%)	291	19.7%	(14.8%-24.6%)	128	21.7%	(12.0%-31.3%)	153
Grade 8	34.9%	(27.8%-42.1%)	490	36.5%	(25.6%-47.5%)~	241	33.2%	(27.0%-39.5%)	244
<b>----Hispanic Ethnicity----</b>									
Hispanic	50.0%	(36.9%-63.1%)~	35	45.7%	(25.4%-65.9%)~	16	54.4%	(34.1%-74.7%)~	19
Non-Hispanic	28.0%	(22.5%-33.5%)	732	28.2%	(21.0%-35.4%)	353	27.2%	(21.5%-32.9%)	365
<b>----Race----</b>									
American Indian or Alaskan Native	49.7%	(30.3%-69.2%)~	23	41.0%	(2.3%-79.7%)~	7	55.0%	(23.4%-86.6%)~	16
Asian	*	*	*	*	*	*	*	*	*
Black or African American	58.9%	(44.8%-73.0%)~	32	45.0%	(6.3%-83.8%)~	8	65.2%	(56.8%-73.6%)	24
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	26.1%	(20.5%-31.8%)	649	26.5%	(19.1%-33.9%)	310	25.2%	(19.3%-31.1%)	324
Multiple Races	38.0%	(26.4%-49.7%)~	54	42.7%	(21.3%-64.1%)~	28	33.9%	(22.7%-45.0%)~	25

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, Camel Snus, or Velo Nicotine Lozenges? (Do not count any electronic vapor products.) (mn181c)*

*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.2%	(0.2%-2.1%)	34	0.8%	(0.0%-1.7%)	10	1.2%	(0.1%-2.3%)	19
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	1.0%	(0.0%-2.0%)	14	*	*	*	*	*	*
14 or older	2.0%	(0.0%-4.1%)	15	1.9%	(0.0%-4.5%)	6	2.1%	(0.1%-4.0%)	10
<b>----Grade----</b>									
Grade 7	0.8%	(0.0%-1.8%)	12	*	*	*	*	*	*
Grade 8	1.5%	(0.2%-2.8%)	22	0.8%	(0.0%-2.0%)	6	2.1%	(0.5%-3.6%)	16
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	1.1%	(0.1%-2.0%)	29	0.6%	(0.0%-1.5%)	8	1.1%	(0.0%-2.3%)	16
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.8%	(0.0%-1.6%)	21	0.7%	(0.0%-1.7%)	8	0.6%	(0.0%-1.3%)	8
Multiple Races	3.9%	(0.0%-9.0%)	6	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars, such as Swisher Sweets, Middleton's (including Black & Mild), or Backwoods? (mn30a)*

*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.2%	(0.2%-2.3%)	36	1.1%	(0.0%-2.3%)	16	1.3%	(0.2%-2.4%)	20
<b>----Age----</b>									
12 or younger	1.4%	(0.0%-2.9%)	11	*	*	*	*	*	*
13	0.7%	(0.1%-1.3%)	10	*	*	*	*	*	*
14 or older	2.1%	(0.0%-4.7%)	16	*	*	*	*	*	*
<b>----Grade----</b>									
Grade 7	1.2%	(0.3%-2.0%)	17	1.0%	(0.0%-2.5%)	7	1.3%	(0.1%-2.5%)	10
Grade 8	1.3%	(0.0%-3.1%)	19	1.3%	(0.0%-3.0%)	9	1.4%	(0.0%-3.2%)	11
<b>----Hispanic Ethnicity----</b>									
Hispanic	8.1%	(0.5%-15.7%)	6	*	*	*	*	*	*
Non-Hispanic	1.1%	(0.1%-2.2%)	30	1.0%	(0.0%-2.1%)	13	1.2%	(0.0%-2.5%)	17
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	0.6%	(0.0%-1.6%)	16	0.7%	(0.0%-1.7%)	8	0.6%	(0.0%-1.7%)	8
Multiple Races	6.9%	(0.0%-16.5%)	9	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users)  
(mntobsus)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	32.1%	(27.2%-37.1%)	931	37.6%	(29.7%-45.4%)	502	27.2%	(22.0%-32.4%)	411
<b>----Age----</b>									
12 or younger	33.2%	(25.2%-41.3%)	276	35.7%	(24.8%-46.5%)~	135	30.6%	(21.0%-40.2%)	133
13	31.1%	(24.0%-38.2%)	433	37.4%	(26.5%-48.4%)~	260	24.8%	(17.0%-32.7%)	166
14 or older	32.9%	(24.6%-41.2%)	223	40.6%	(28.5%-52.7%)~	107	27.5%	(18.4%-36.7%)	112
<b>----Grade----</b>									
Grade 7	32.9%	(26.4%-39.4%)	477	36.2%	(23.8%-48.7%)~	244	30.4%	(24.5%-36.3%)	226
Grade 8	31.7%	(25.9%-37.5%)	454	39.6%	(31.9%-47.4%)	258	24.3%	(16.5%-32.1%)	185
<b>----Hispanic Ethnicity----</b>									
Hispanic	56.4%	(36.9%-75.9%)~	49	58.5%	(26.1%-90.8%)~	24	58.1%	(26.4%-89.8%)~	26
Non-Hispanic	32.0%	(26.6%-37.5%)	856	38.0%	(29.1%-47.0%)	474	26.4%	(21.0%-31.8%)	364
<b>----Race----</b>									
American Indian or Alaskan Native	56.4%	(35.0%-77.9%)~	37	49.8%	(17.2%-82.3%)~	13	61.2%	(34.1%-88.3%)~	23
Asian	*	*	*	*	*	*	*	*	*
Black or African American	27.8%	(0.0%-57.3%)~	16	24.3%	(0.0%-56.7%)~	7	33.3%	(0.9%-65.7%)~	10
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	30.5%	(24.7%-36.3%)	782	36.8%	(26.7%-47.0%)~	428	24.9%	(18.9%-31.0%)	338
Multiple Races	54.5%	(40.2%-68.8%)~	75	51.3%	(30.2%-72.3%)~	41	56.5%	(37.8%-75.2%)~	31

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who are susceptible to cigarette use (among all students including those who have tried cigarettes or are current cigarette users) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who are susceptible to cigarette use (among students who have never tried cigarettes) (mntobsus\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.9%	(23.9%-33.9%)	768	34.1%	(26.6%-41.5%)	415	24.2%	(18.8%-29.7%)	339
<b>----Age----</b>									
12 or younger	32.4%	(24.7%-40.1%)	255	34.6%	(25.3%-43.9%)	120	30.0%	(20.4%-39.6%)	128
13	28.1%	(22.4%-33.8%)	364	34.6%	(25.7%-43.6%)	222	21.5%	(15.3%-27.6%)	134
14 or older	25.9%	(14.7%-37.1%)~	149	31.6%	(16.4%-46.8%)~	72	22.1%	(10.8%-33.5%)~	77
<b>----Grade----</b>									
Grade 7	30.7%	(24.4%-37.0%)	411	34.0%	(24.0%-43.9%)	208	28.0%	(22.8%-33.2%)	196
Grade 8	27.3%	(21.4%-33.2%)	357	34.4%	(26.9%-41.9%)	206	20.6%	(11.7%-29.5%)	143
<b>----Hispanic Ethnicity----</b>									
Hispanic	38.7%	(21.1%-56.2%)~	24	45.5%	(13.5%-77.5%)~	14	35.0%	(6.2%-63.8%)~	10
Non-Hispanic	29.3%	(24.0%-34.6%)	727	34.5%	(26.3%-42.7%)	396	24.4%	(18.9%-29.9%)	316
<b>----Race----</b>									
American Indian or Alaskan Native	48.0%	(23.0%-73.0%)~	26	49.8%	(17.2%-82.3%)~	13	46.2%	(10.8%-81.6%)~	13
Asian	*	*	*	*	*	*	*	*	*
Black or African American	20.4%	(0.0%-41.0%)~	11	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	27.8%	(21.9%-33.8%)	658	33.5%	(23.6%-43.5%)	357	22.8%	(17.1%-28.6%)	290
Multiple Races	45.4%	(27.4%-63.4%)~	52	39.8%	(13.7%-65.9%)~	26	49.4%	(28.7%-70.0%)~	23

\*Estimate suppressed due to small cell sizes.

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N = Number of students who are susceptible to cigarette use (among students who have never tried cigarettes) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.2%	(1.0%-3.4%)	64	1.8%	(0.4%-3.3%)	25	2.3%	(0.9%-3.6%)	35
<b>----Age----</b>									
12 or younger	1.7%	(0.1%-3.3%)	13	*	*	*	*	*	*
13	1.8%	(0.7%-3.0%)	26	*	*	*	*	*	*
14 or older	3.4%	(0.5%-6.3%)	25	4.1%	(0.5%-7.6%)	12	3.0%	(0.0%-6.5%)	13
<b>----Grade----</b>									
Grade 7	2.0%	(0.9%-3.1%)	29	1.4%	(0.0%-3.0%)	9	1.9%	(0.4%-3.4%)	15
Grade 8	2.4%	(0.5%-4.4%)	35	2.3%	(0.2%-4.4%)	15	2.6%	(0.5%-4.7%)	20
<b>----Hispanic Ethnicity----</b>									
Hispanic	11.9%	(2.6%-21.2%)	8	*	*	*	*	*	*
Non-Hispanic	1.9%	(0.6%-3.2%)	51	1.8%	(0.4%-3.1%)	23	1.7%	(0.1%-3.2%)	24
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.4%	(0.2%-2.6%)	37	1.3%	(0.0%-2.6%)	15	1.2%	(0.0%-2.6%)	17
Multiple Races	8.9%	(0.0%-19.2%)	12	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who smoked cigarettes or cigars or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.1%	(3.4%-6.9%)	146	6.2%	(3.2%-9.2%)	81	4.0%	(2.4%-5.7%)	61
<b>----Age----</b>									
12 or younger	1.9%	(0.0%-3.8%)	14	*	*	*	*	*	*
13	5.4%	(3.1%-7.6%)	74	6.6%	(2.5%-10.7%)	43	3.7%	(1.4%-6.0%)	26
14 or older	8.0%	(4.7%-11.4%)	59	9.8%	(3.4%-16.2%)	27	7.0%	(3.4%-10.6%)	32
<b>----Grade----</b>									
Grade 7	2.9%	(1.4%-4.4%)	42	3.3%	(0.5%-6.1%)	22	2.0%	(0.0%-4.6%)	15
Grade 8	7.5%	(5.1%-9.8%)	104	9.3%	(5.1%-13.5%)	59	6.0%	(3.4%-8.7%)	45
<b>----Hispanic Ethnicity----</b>									
Hispanic	11.9%	(2.6%-21.2%)	8	*	*	*	*	*	*
Non-Hispanic	4.8%	(3.2%-6.5%)	127	5.9%	(2.9%-8.9%)	73	3.6%	(1.7%-5.4%)	50
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	25.9%	(7.5%-44.4%)~	15	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.2%	(2.4%-5.9%)	107	5.4%	(2.4%-8.4%)	63	2.9%	(1.2%-4.6%)	39
Multiple Races	11.4%	(2.4%-20.4%)	14	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who smoked cigarettes or cigars; used an electronic vapor product; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted).

Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (mnanytobb\_3)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	3.5%	(2.1%-4.9%)	96	4.1%	(1.7%-6.5%)	52	2.7%	(1.4%-3.9%)	39
<b>----Age----</b>									
12 or younger	1.1%	(0.0%-2.3%)	8	*	*	*	*	*	*
13	3.9%	(2.0%-5.7%)	52	4.6%	(1.1%-8.0%)	29	2.6%	(0.7%-4.5%)	17
14 or older	5.2%	(1.7%-8.6%)	37	6.9%	(1.7%-12.0%)	18	4.2%	(0.5%-7.8%)	19
<b>----Grade----</b>									
Grade 7	2.4%	(1.1%-3.6%)	33	2.5%	(0.1%-4.9%)	17	1.6%	(0.0%-3.7%)	12
Grade 8	4.6%	(2.4%-6.9%)	63	5.9%	(2.4%-9.3%)	36	3.7%	(1.4%-6.0%)	28
<b>----Hispanic Ethnicity----</b>									
Hispanic	12.3%	(2.8%-21.7%)	8	*	*	*	*	*	*
Non-Hispanic	3.0%	(1.7%-4.3%)	77	3.6%	(1.7%-5.6%)	44	2.1%	(0.7%-3.5%)	28
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	20.1%	(4.9%-35.2%)~	12	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.6%	(1.2%-3.9%)	64	3.3%	(1.3%-5.4%)	38	1.6%	(0.2%-3.1%)	21
Multiple Races	8.8%	(0.4%-17.2%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who smoked cigarettes or cigars; used an electronic vapor product with nicotine; or used chewing tobacco, snuff, dip, or dissolvable tobacco products on one or more of the past 30 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*How wrong do your parents or guardians feel it would be for you to use any tobacco products? (mn212a)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.0%	(3.9%-6.1%)	146	4.7%	(2.8%-6.7%)	64	4.9%	(3.2%-6.7%)	74
<b>----Age----</b>									
12 or younger	4.6%	(1.6%-7.7%)	39	3.5%	(0.4%-6.6%)	14	5.7%	(1.1%-10.4%)	26
13	3.5%	(1.4%-5.6%)	49	3.7%	(1.0%-6.4%)	26	2.9%	(0.8%-5.0%)	19
14 or older	8.5%	(4.7%-12.3%)	59	9.4%	(2.0%-16.8%)	25	7.2%	(1.9%-12.5%)	30
<b>----Grade----</b>									
Grade 7	5.6%	(3.7%-7.4%)	81	5.2%	(2.5%-7.9%)	36	6.1%	(3.3%-9.0%)	45
Grade 8	4.5%	(3.3%-5.8%)	65	4.4%	(1.4%-7.3%)	29	3.8%	(0.9%-6.7%)	29
<b>----Hispanic Ethnicity----</b>									
Hispanic	16.4%	(0.7%-32.1%)~	14	16.0%	(0.0%-42.5%)~	6	17.8%	(0.0%-37.6%)~	8
Non-Hispanic	4.9%	(3.6%-6.2%)	132	4.6%	(2.1%-7.1%)	58	4.8%	(3.2%-6.4%)	66
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.5%	(3.3%-5.7%)	116	3.8%	(1.5%-6.2%)	45	4.9%	(3.2%-6.6%)	66
Multiple Races	16.3%	(5.0%-27.6%)~	23	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



## **Section 8**

### **Alcohol**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Have you ever had a drink of alcohol, other than a few sips? (mn59a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.3%	(12.3%-20.3%)	450	17.7%	(11.9%-23.4%)	225	14.9%	(11.2%-18.6%)	216
<b>----Age----</b>									
12 or younger	11.9%	(7.3%-16.5%)	89	12.6%	(4.6%-20.6%)	45	10.9%	(5.2%-16.5%)	41
13	17.1%	(12.2%-22.0%)	226	17.0%	(11.0%-23.0%)	109	17.2%	(11.2%-23.2%)	112
14 or older	19.6%	(14.3%-24.9%)	135	26.0%	(16.6%-35.4%)	70	15.0%	(8.9%-21.2%)	62
<b>----Grade----</b>									
Grade 7	14.2%	(8.7%-19.8%)	197	14.6%	(5.6%-23.7%)	95	13.5%	(8.2%-18.7%)	96
Grade 8	18.3%	(15.2%-21.3%)	249	20.9%	(15.5%-26.3%)	130	15.9%	(12.2%-19.7%)	116
<b>----Hispanic Ethnicity----</b>									
Hispanic	27.3%	(15.7%-38.9%)~	21	25.5%	(12.5%-38.6%)~	10	30.8%	(10.8%-50.7%)~	10
Non-Hispanic	16.2%	(12.0%-20.4%)	413	17.9%	(11.7%-24.1%)	212	14.5%	(11.0%-17.9%)	192
<b>----Race----</b>									
American Indian or Alaskan Native	22.3%	(10.8%-33.7%)~	13	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	23.3%	(12.8%-33.7%)~	11	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	15.4%	(11.7%-19.2%)	378	16.9%	(11.0%-22.8%)	188	13.9%	(10.4%-17.5%)	181
Multiple Races	25.4%	(15.0%-35.9%)~	32	34.3%	(21.2%-47.5%)~	23	15.3%	(3.3%-27.4%)~	9

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*How old were you when you had your first drink of alcohol other than a few sips? (mn60)*

*Among students who have had more than a few sips of alcohol, the percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	37.3%	(31.3%-43.2%)	167	35.6%	(28.1%-43.0%)	79	41.0%	(31.7%-50.3%)	88
<b>----Age----</b>									
12 or younger	55.9%	(42.8%-69.0%)~	50	56.2%	(40.7%-71.8%)~	26	58.5%	(34.0%-83.0%)~	24
13	36.0%	(28.7%-43.3%)	80	34.9%	(25.5%-44.2%)	37	38.5%	(24.5%-52.4%)~	43
14 or older	27.1%	(13.9%-40.3%)~	37	22.9%	(11.7%-34.2%)~	16	33.8%	(8.9%-58.7%)~	21
<b>----Grade----</b>									
Grade 7	45.0%	(36.9%-53.2%)	89	47.7%	(40.0%-55.5%)	45	45.4%	(30.9%-59.9%)~	43
Grade 8	30.7%	(22.2%-39.1%)	76	26.5%	(18.7%-34.2%)	34	36.6%	(21.7%-51.6%)~	42
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	35.1%	(28.0%-42.1%)	144	33.4%	(24.9%-42.0%)	70	39.0%	(28.9%-49.0%)~	74
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	32.5%	(26.7%-38.4%)	124	29.4%	(20.4%-38.4%)	55	37.7%	(29.5%-46.0%)	68
Multiple Races	74.0%	(56.9%-91.0%)~	21	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have had more than a few sips of alcohol, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*How old were you when you had your first drink of alcohol other than a few sips? (mn60\_2)*  
*Percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	6.4%	(4.1%-8.6%)	167	6.4%	(3.3%-9.6%)	79	6.5%	(4.2%-8.8%)	88
<b>----Age----</b>									
12 or younger	6.9%	(3.4%-10.4%)	50	7.2%	(1.6%-12.9%)	26	6.8%	(2.9%-10.6%)	24
13	6.4%	(3.6%-9.3%)	80	6.1%	(2.5%-9.7%)	37	7.0%	(3.1%-10.9%)	43
14 or older	5.6%	(2.7%-8.5%)	37	6.1%	(3.1%-9.0%)	16	5.4%	(0.6%-10.2%)	21
<b>----Grade----</b>									
Grade 7	6.8%	(3.7%-9.9%)	89	7.2%	(2.4%-12.1%)	45	6.6%	(3.8%-9.5%)	43
Grade 8	5.8%	(3.8%-7.8%)	76	5.6%	(3.5%-7.7%)	34	6.1%	(2.7%-9.4%)	42
<b>----Hispanic Ethnicity----</b>									
Hispanic	21.5%	(11.9%-31.0%)	16	22.7%	(11.1%-34.2%)~	9	21.2%	(3.9%-38.4%)~	7
Non-Hispanic	5.9%	(3.5%-8.2%)	144	6.0%	(2.6%-9.5%)	70	5.9%	(3.8%-8.0%)	74
<b>----Race----</b>									
American Indian or Alaskan Native	15.2%	(4.4%-26.0%)~	8	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.3%	(3.4%-7.3%)	124	5.1%	(2.1%-8.1%)	55	5.6%	(3.7%-7.5%)	68
Multiple Races	17.7%	(9.5%-25.9%)	21	21.9%	(13.8%-29.9%)	14	13.1%	(1.6%-24.6%)~	7

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*During the past 30 days, on how many days did you have at least one drink of alcohol? (mn61)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.7%	(3.2%-6.2%)	133	5.2%	(2.8%-7.6%)	68	4.2%	(2.9%-5.5%)	63
<b>----Age----</b>									
12 or younger	3.0%	(1.2%-4.7%)	23	*	*	*	*	*	*
13	4.0%	(2.2%-5.8%)	54	3.2%	(1.1%-5.3%)	21	4.6%	(1.7%-7.4%)	31
14 or older	7.9%	(5.0%-10.9%)	56	10.3%	(4.9%-15.7%)	28	6.6%	(2.2%-11.0%)	28
<b>----Grade----</b>									
Grade 7	3.3%	(1.5%-5.0%)	47	3.4%	(0.7%-6.1%)	23	3.0%	(0.7%-5.2%)	22
Grade 8	6.0%	(4.4%-7.6%)	85	7.1%	(4.2%-10.0%)	45	5.2%	(3.0%-7.4%)	39
<b>----Hispanic Ethnicity----</b>									
Hispanic	8.0%	(0.0%-17.2%)	6	*	*	*	*	*	*
Non-Hispanic	4.8%	(3.3%-6.4%)	127	5.3%	(2.8%-7.8%)	65	4.3%	(3.1%-5.6%)	60
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	11.2%	(2.3%-20.2%)	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.3%	(2.9%-5.6%)	108	4.8%	(2.6%-7.0%)	55	3.8%	(2.6%-5.0%)	51
Multiple Races	11.2%	(5.3%-17.2%)	15	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (mn62a)  
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.6%	(0.5%-2.6%)	46	1.6%	(0.6%-2.6%)	22	1.4%	(0.0%-2.8%)	22
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	1.1%	(0.4%-1.9%)	16	1.1%	(0.0%-2.2%)	7	0.9%	(0.0%-2.0%)	6
14 or older	3.5%	(0.4%-6.6%)	25	3.4%	(0.5%-6.3%)	9	3.7%	(0.0%-8.3%)	16
<b>----Grade----</b>									
Grade 7	0.8%	(0.0%-1.6%)	11	*	*	*	*	*	*
Grade 8	2.4%	(0.9%-3.9%)	35	2.5%	(1.0%-4.1%)	17	2.4%	(0.0%-4.7%)	18
<b>----Hispanic Ethnicity----</b>									
Hispanic	7.9%	(0.0%-17.0%)	6	*	*	*	*	*	*
Non-Hispanic	1.5%	(0.6%-2.4%)	40	1.5%	(0.6%-2.3%)	19	1.3%	(0.1%-2.6%)	19
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.2%	(0.2%-2.1%)	30	1.1%	(0.2%-2.0%)	13	1.0%	(0.0%-2.3%)	14
Multiple Races	7.7%	(2.9%-12.5%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (mn62a\_2)  
Among students that reported alcohol use during the past 30 days in m61, the percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	1.6%	(0.5%-2.7%)	46	1.7%	(0.6%-2.7%)	22	1.5%	(0.0%-2.9%)	22
<b>----Age----</b>									
12 or younger	*	*	*	*	*	*	*	*	*
13	1.2%	(0.4%-1.9%)	16	1.1%	(0.0%-2.3%)	7	0.9%	(0.0%-2.0%)	6
14 or older	3.6%	(0.5%-6.7%)	25	3.5%	(0.5%-6.5%)	9	3.7%	(0.0%-8.4%)	16
<b>----Grade----</b>									
Grade 7	0.8%	(0.0%-1.6%)	11	*	*	*	*	*	*
Grade 8	2.5%	(0.9%-4.1%)	35	2.6%	(1.0%-4.3%)	17	2.4%	(0.0%-4.7%)	18
<b>----Hispanic Ethnicity----</b>									
Hispanic	8.0%	(0.0%-17.2%)	6	*	*	*	*	*	*
Non-Hispanic	1.5%	(0.6%-2.4%)	40	1.5%	(0.6%-2.5%)	19	1.4%	(0.1%-2.7%)	19
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.2%	(0.2%-2.2%)	30	1.2%	(0.3%-2.1%)	13	1.1%	(0.0%-2.3%)	14
Multiple Races	7.9%	(3.0%-12.7%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students that reported alcohol use during the past 30 days in m61, the number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*During the past 30 days, how did you usually get the alcohol you drank? (mn63b)*

*Among students who reported alcohol use during the past 30 days, the percentage of students who answered 'Someone gave it to me'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	32.4%	(15.5%-49.2%)~	38	32.4%	(16.1%-48.8%)~	20	32.3%	(6.1%-58.4%)~	18
<b>----Age----</b>									
12 or younger	49.6%	(4.1%-95.1%)~	14	*	*	*	*	*	*
13	20.0%	(0.0%-46.8%)~	8	*	*	*	*	*	*
14 or older	32.9%	(8.9%-56.9%)~	17	46.7%	(14.7%-78.7%)~	9	24.3%	(0.0%-60.2%)~	8
<b>----Grade----</b>									
Grade 7	43.7%	(12.8%-74.5%)~	22	38.4%	(6.7%-70.1%)~	11	50.8%	(12.8%-88.8%)~	11
Grade 8	24.2%	(5.3%-43.2%)~	17	27.3%	(0.8%-53.8%)~	9	21.3%	(0.0%-49.8%)~	8
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	35.7%	(19.0%-52.4%)~	38	34.2%	(18.2%-50.2%)~	20	37.4%	(11.1%-63.8%)~	18
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	35.6%	(18.0%-53.2%)~	35	37.8%	(22.5%-53.2%)~	20	32.9%	(3.7%-62.2%)~	15
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who reported alcohol use during the past 30 days, the number of students who answered 'Someone gave it to me' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*During the past 30 days, how did you usually get the alcohol you drank? (m63b)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
B. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	0.0%	(0.0%-0.0%)	0	*	*	*	*	*	*
C. I bought it at a restaurant, bar, or club	0.0%	(0.0%-0.0%)	0	*	*	*	*	*	*
D. I bought it at a public event such as a concert or sporting event	0.0%	(0.0%-0.0%)	0	*	*	*	*	*	*
E. I gave someone else money to buy it for me	12.7%	(0.0%-28.9%)	15	*	*	*	*	*	*
F. Someone gave it to me	32.4%	(15.5%-49.2%)	38	32.4%	(16.1%-48.8%)	20	32.3%	(6.1%-58.4%)	18
G. I took it from a store or family member	18.5%	(5.7%-31.2%)	22	*	*	*	*	*	*
H. I got it some other way	36.5%	(19.6%-53.4%)	43	43.1%	(20.7%-65.6%)	27	29.3%	(4.8%-53.7%)	17

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

N = N per category (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*If you wanted to get some alcohol, how easy would it be for you to get some? (mn64)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	40.8%	(36.9%-44.6%)	1,146	48.0%	(41.8%-54.1%)	621	34.5%	(30.8%-38.2%)	508
<b>----Age----</b>									
12 or younger	30.4%	(25.0%-35.9%)	232	36.2%	(25.8%-46.6%)~	131	25.1%	(18.2%-32.0%)	99
13	44.1%	(38.7%-49.4%)	594	52.2%	(44.8%-59.5%)	346	35.5%	(28.1%-42.9%)	235
14 or older	45.9%	(40.3%-51.5%)	319	53.7%	(44.4%-63.0%)	144	41.8%	(33.6%-50.0%)	175
<b>----Grade----</b>									
Grade 7	33.9%	(28.4%-39.4%)	473	40.3%	(31.6%-49.1%)	262	28.0%	(21.7%-34.4%)	202
Grade 8	47.5%	(42.5%-52.5%)	666	55.6%	(50.0%-61.2%)	357	40.6%	(34.2%-46.9%)	302
<b>----Hispanic Ethnicity----</b>									
Hispanic	46.5%	(31.3%-61.6%)~	37	62.5%	(42.2%-82.9%)~	25	31.9%	(13.8%-49.9%)~	12
Non-Hispanic	40.9%	(37.2%-44.6%)	1,074	47.7%	(41.5%-53.9%)	588	34.7%	(30.8%-38.5%)	470
<b>----Race----</b>									
American Indian or Alaskan Native	28.7%	(17.0%-40.4%)~	15	35.0%	(19.1%-51.0%)~	8	23.9%	(6.5%-41.4%)~	7
Asian	39.3%	(10.6%-68.0%)~	9	*	*	*	*	*	*
Black or African American	44.0%	(27.7%-60.4%)~	24	27.6%	(3.2%-51.9%)~	6	55.6%	(44.1%-67.0%)~	19
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	41.2%	(37.1%-45.2%)	1,028	49.3%	(42.1%-56.4%)	562	34.2%	(30.5%-37.8%)	450
Multiple Races	40.0%	(31.9%-48.0%)	54	44.6%	(31.3%-57.9%)~	31	35.7%	(25.3%-46.1%)~	23

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*If you drank some alcohol without your parents' or guardians' permission, would you be caught by your parents or guardians? (mn66a)  
Percentage of students who answered 'Probably not' or 'Definitely not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	24.2%	(19.9%-28.4%)	687	28.5%	(21.5%-35.5%)	371	20.0%	(16.6%-23.3%)	297
<b>----Age----</b>									
12 or younger	16.1%	(10.9%-21.3%)	130	17.1%	(12.0%-22.2%)	62	13.6%	(4.4%-22.8%)	59
13	25.3%	(19.5%-31.0%)	344	29.2%	(21.8%-36.6%)	199	21.4%	(15.5%-27.4%)	140
14 or older	31.6%	(22.5%-40.7%)	214	42.5%	(22.2%-62.9%)~	110	24.4%	(12.8%-36.0%)~	98
<b>----Grade----</b>									
Grade 7	19.4%	(13.5%-25.2%)	274	22.1%	(14.4%-29.8%)	145	15.9%	(9.9%-21.9%)	116
Grade 8	29.2%	(22.9%-35.5%)	413	35.5%	(26.6%-44.3%)	226	23.9%	(15.6%-32.3%)	181
<b>----Hispanic Ethnicity----</b>									
Hispanic	23.3%	(6.6%-40.0%)~	20	23.4%	(1.5%-45.2%)~	9	24.8%	(0.0%-57.8%)~	11
Non-Hispanic	24.9%	(20.6%-29.3%)	660	29.2%	(21.6%-36.8%)	359	20.6%	(17.2%-24.0%)	281
<b>----Race----</b>									
American Indian or Alaskan Native	14.4%	(2.4%-26.5%)~	9	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	14.2%	(0.0%-29.7%)~	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	23.7%	(18.9%-28.6%)	599	28.6%	(20.3%-36.8%)	326	19.0%	(15.2%-22.7%)	254
Multiple Races	36.4%	(24.0%-48.9%)~	50	43.2%	(27.5%-58.9%)~	35	28.7%	(6.1%-51.3%)~	16

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they have 1 or 2 drinks of an alcoholic beverage nearly every day?  
(mn67b)*

*Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	32.7%	(27.5%-37.9%)	945	33.5%	(25.4%-41.6%)	445	31.5%	(24.8%-38.2%)	475
<b>----Age----</b>									
12 or younger	33.4%	(26.7%-40.1%)	283	30.3%	(19.1%-41.6%)~	118	34.8%	(25.6%-44.0%)	154
13	34.0%	(26.2%-41.7%)	466	34.8%	(23.1%-46.5%)~	238	33.9%	(25.0%-42.7%)	225
14 or older	29.2%	(23.2%-35.3%)	195	34.9%	(22.8%-47.0%)~	89	24.0%	(11.5%-36.6%)~	96
<b>----Grade----</b>									
Grade 7	33.9%	(27.1%-40.7%)	493	31.9%	(23.9%-40.0%)	217	35.7%	(28.7%-42.8%)	266
Grade 8	31.3%	(26.9%-35.7%)	443	35.9%	(24.0%-47.7%)~	229	26.6%	(18.5%-34.6%)	201
<b>----Hispanic Ethnicity----</b>									
Hispanic	22.5%	(4.8%-40.2%)~	20	20.6%	(0.0%-46.9%)~	8	25.7%	(0.0%-55.3%)~	11
Non-Hispanic	33.5%	(28.4%-38.6%)	895	34.7%	(26.3%-43.0%)	431	32.0%	(25.3%-38.6%)	440
<b>----Race----</b>									
American Indian or Alaskan Native	26.7%	(11.5%-41.8%)~	17	38.9%	(6.7%-71.0%)~	10	18.0%	(0.0%-36.0%)~	7
Asian	*	*	*	*	*	*	*	*	*
Black or African American	46.5%	(17.7%-75.2%)~	27	34.1%	(1.6%-66.6%)~	10	54.8%	(15.5%-94.1%)~	16
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	33.8%	(29.0%-38.6%)	865	35.6%	(27.7%-43.4%)	412	32.1%	(25.9%-38.2%)	435
Multiple Races	13.4%	(0.0%-30.2%)~	18	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they have 5 or more drinks of an alcoholic beverage in a row once or twice a week? (mn68b)*

*Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.6%	(13.5%-19.7%)	476	18.7%	(14.6%-22.8%)	247	14.7%	(9.6%-19.8%)	219
<b>----Age----</b>									
12 or younger	15.4%	(9.7%-21.2%)	129	13.0%	(5.5%-20.5%)	50	17.3%	(9.8%-24.9%)	75
13	17.4%	(13.1%-21.7%)	235	20.4%	(13.8%-27.0%)	137	14.4%	(6.8%-22.0%)	94
14 or older	16.6%	(9.0%-24.2%)	112	22.9%	(15.2%-30.7%)	59	12.4%	(4.0%-20.7%)	50
<b>----Grade----</b>									
Grade 7	17.3%	(13.2%-21.4%)	248	16.8%	(10.9%-22.7%)	113	17.6%	(12.5%-22.8%)	127
Grade 8	15.8%	(12.0%-19.7%)	224	21.0%	(15.5%-26.5%)	134	11.5%	(4.8%-18.2%)	87
<b>----Hispanic Ethnicity----</b>									
Hispanic	21.0%	(5.1%-37.0%)~	18	23.8%	(0.0%-51.5%)~	10	19.8%	(0.0%-40.8%)~	9
Non-Hispanic	16.3%	(13.1%-19.5%)	430	18.2%	(13.8%-22.6%)	225	14.4%	(9.0%-19.7%)	195
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	26.4%	(10.3%-42.5%)~	14	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	16.7%	(13.5%-20.0%)	424	19.2%	(14.5%-23.9%)	221	14.7%	(9.6%-19.8%)	196
Multiple Races	18.7%	(9.4%-28.0%)	26	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*If a kid drank some alcohol in your community, would they be caught by the police? (mn69b)*  
*Percentage of students who answered 'Probably not' or 'Definitely not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	53.0%	(47.3%-58.8%)	1,534	54.7%	(48.2%-61.1%)	732	51.9%	(44.3%-59.6%)	778
<b>----Age----</b>									
12 or younger	52.9%	(43.1%-62.8%)	444	49.8%	(38.6%-61.1%)~	193	56.3%	(44.8%-67.8%)~	246
13	53.0%	(45.2%-60.8%)	733	53.8%	(46.0%-61.7%)	376	52.2%	(40.4%-63.9%)~	345
14 or older	53.3%	(45.3%-61.4%)	357	64.3%	(51.3%-77.3%)~	163	46.8%	(35.5%-58.0%)~	188
<b>----Grade----</b>									
Grade 7	49.2%	(39.3%-59.2%)	716	45.4%	(36.0%-54.9%)	310	53.5%	(41.0%-66.0%)~	395
Grade 8	57.2%	(50.6%-63.7%)	815	64.6%	(58.5%-70.7%)	418	50.7%	(40.1%-61.3%)~	383
<b>----Hispanic Ethnicity----</b>									
Hispanic	59.7%	(33.6%-85.9%)~	52	76.2%	(36.7%-100.0%)~	31	48.4%	(23.6%-73.2%)~	21
Non-Hispanic	53.7%	(48.2%-59.2%)	1,440	54.9%	(48.8%-61.0%)	691	52.8%	(45.2%-60.5%)	726
<b>----Race----</b>									
American Indian or Alaskan Native	36.0%	(15.0%-57.1%)~	23	40.4%	(7.9%-72.8%)~	11	32.9%	(3.8%-62.1%)~	12
Asian	*	*	*	*	*	*	*	*	*
Black or African American	33.1%	(12.2%-54.1%)~	20	24.3%	(0.0%-54.1%)~	7	44.2%	(14.2%-74.3%)~	13
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	53.3%	(47.6%-58.9%)	1,369	54.9%	(48.3%-61.4%)	645	52.2%	(45.0%-59.5%)	703
Multiple Races	63.0%	(50.1%-75.9%)~	87	61.6%	(41.7%-81.5%)~	49	62.8%	(37.7%-87.9%)~	34

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Probably not' or 'Definitely not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*How do you feel about someone your age having 1 or 2 drinks of an alcoholic beverage nearly every day? (mn164)  
Percentage of students who answered 'Strongly approve' or 'Approve'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.7%	(1.3%-4.1%)	78	1.9%	(0.8%-2.9%)	25	3.3%	(0.7%-5.9%)	49
<b>----Age----</b>									
12 or younger	1.0%	(0.0%-2.4%)	8	*	*	*	*	*	*
13	0.9%	(0.0%-1.9%)	13	*	*	*	*	*	*
14 or older	8.5%	(3.2%-13.8%)	57	9.7%	(2.7%-16.8%)	25	7.0%	(0.0%-14.1%)	28
<b>----Grade----</b>									
Grade 7	0.9%	(0.0%-1.9%)	13	*	*	*	*	*	*
Grade 8	4.5%	(2.1%-7.0%)	65	3.8%	(1.3%-6.3%)	25	4.7%	(0.6%-8.9%)	36
<b>----Hispanic Ethnicity----</b>									
Hispanic	24.2%	(7.9%-40.5%)~	21	16.0%	(0.0%-42.5%)~	6	33.2%	(9.4%-57.0%)~	15
Non-Hispanic	2.0%	(0.6%-3.4%)	53	1.5%	(0.2%-2.7%)	18	2.2%	(0.1%-4.4%)	30
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	16.8%	(0.0%-34.9%)~	10	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	2.2%	(0.8%-3.6%)	57	1.6%	(0.3%-2.8%)	18	2.6%	(0.4%-4.8%)	34
Multiple Races	8.4%	(0.0%-17.5%)	12	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Strongly approve' or 'Approve' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*How wrong do your parents or guardians feel it would be for you to have 1 or 2 drinks of an alcoholic beverage nearly every day? (mn165a)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.1%	(3.0%-5.1%)	117	3.6%	(2.2%-5.1%)	49	4.5%	(2.7%-6.3%)	67
<b>----Age----</b>									
12 or younger	3.5%	(1.8%-5.3%)	28	4.8%	(2.2%-7.4%)	19	2.4%	(0.1%-4.8%)	10
13	3.4%	(2.0%-4.8%)	47	2.4%	(0.5%-4.2%)	16	4.4%	(2.2%-6.6%)	29
14 or older	5.9%	(3.0%-8.9%)	42	5.1%	(2.5%-7.8%)	14	6.5%	(2.1%-11.0%)	28
<b>----Grade----</b>									
Grade 7	3.3%	(1.8%-4.7%)	47	3.6%	(1.7%-5.6%)	25	3.0%	(1.4%-4.7%)	22
Grade 8	4.9%	(3.1%-6.7%)	70	3.6%	(2.1%-5.2%)	24	5.9%	(2.7%-9.1%)	45
<b>----Hispanic Ethnicity----</b>									
Hispanic	11.1%	(1.0%-21.2%)~	9	*	*	*	*	*	*
Non-Hispanic	3.9%	(2.8%-5.0%)	106	3.4%	(1.9%-5.0%)	44	4.4%	(2.7%-6.1%)	60
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	3.6%	(2.5%-4.6%)	92	3.3%	(1.9%-4.8%)	40	3.9%	(2.3%-5.6%)	53
Multiple Races	11.2%	(4.3%-18.2%)	15	10.9%	(2.1%-19.8%)	8	9.7%	(0.0%-19.5%)	6

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



## **Section 9 Marijuana**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*Have you ever used marijuana? (mn74)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	9.7%	(7.5%-11.9%)	280	12.0%	(8.2%-15.7%)	160	7.3%	(5.3%-9.4%)	111
<b>---Age---</b>									
12 or younger	5.5%	(2.8%-8.3%)	44	7.9%	(3.4%-12.4%)	30	2.9%	(0.9%-4.9%)	12
13	9.3%	(6.3%-12.4%)	129	10.9%	(5.6%-16.2%)	74	7.0%	(3.4%-10.6%)	48
14 or older	15.1%	(11.4%-18.9%)	107	20.1%	(12.6%-27.6%)	56	12.1%	(7.3%-16.9%)	51
<b>---Grade---</b>									
Grade 7	7.8%	(5.3%-10.3%)	113	9.4%	(5.4%-13.4%)	64	5.7%	(2.7%-8.7%)	42
Grade 8	11.7%	(9.4%-14.1%)	167	14.7%	(10.1%-19.2%)	97	9.1%	(6.5%-11.6%)	68
<b>---Hispanic Ethnicity---</b>									
Hispanic	14.8%	(0.0%-29.9%)~	12	*	*	*	*	*	*
Non-Hispanic	9.9%	(7.6%-12.2%)	265	12.2%	(8.1%-16.4%)	153	7.4%	(5.4%-9.4%)	102
<b>---Race---</b>									
American Indian or Alaskan Native	18.1%	(7.9%-28.3%)~	10	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	16.8%	(5.8%-27.9%)~	9	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	9.1%	(7.1%-11.1%)	233	11.6%	(7.8%-15.4%)	136	6.5%	(4.4%-8.6%)	88
Multiple Races	16.7%	(8.1%-25.3%)	22	20.9%	(11.2%-30.7%)	15	12.2%	(1.4%-23.0%)~	8

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*How old were you when you tried marijuana for the first time? (mn75)*

*Among students who have tried marijuana, the percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.5%	(13.8%-29.3%)	60	23.6%	(17.0%-30.2%)	37	19.9%	(8.0%-31.8%)~	22
<b>----Age----</b>									
12 or younger	18.3%	(3.5%-33.1%)~	8	*	*	*	*	*	*
13	19.2%	(9.7%-28.8%)	25	20.8%	(12.2%-29.4%)	16	19.5%	(0.0%-39.6%)~	9
14 or older	25.5%	(12.8%-38.3%)~	27	28.3%	(15.9%-40.7%)~	16	22.6%	(5.3%-39.8%)~	12
<b>----Grade----</b>									
Grade 7	16.7%	(6.8%-26.6%)	18	19.0%	(7.4%-30.5%)~	12	15.3%	(2.7%-27.9%)~	7
Grade 8	24.7%	(15.8%-33.7%)	41	26.6%	(19.5%-33.7%)	26	22.8%	(6.6%-39.1%)~	16
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	19.4%	(12.3%-26.6%)	51	22.1%	(15.7%-28.5%)	34	16.7%	(6.1%-27.4%)~	17
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.3%	(9.6%-25.0%)	40	19.2%	(11.0%-27.4%)	26	15.7%	(3.5%-27.9%)~	14
Multiple Races	41.8%	(9.2%-74.3%)~	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have tried marijuana, the number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*How old were you when you tried marijuana for the first time? (mn75\_2)*  
*Percentage of students who answered before age 11*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	2.1%	(1.1%-3.0%)	60	2.8%	(1.7%-3.9%)	37	1.5%	(0.4%-2.5%)	22
<b>----Age----</b>									
12 or younger	1.0%	(0.1%-1.8%)	8	*	*	*	*	*	*
13	1.8%	(0.7%-2.9%)	25	2.3%	(0.9%-3.7%)	16	1.4%	(0.0%-2.9%)	9
14 or older	3.9%	(1.5%-6.3%)	27	5.7%	(3.3%-8.1%)	16	2.7%	(0.0%-5.6%)	12
<b>----Grade----</b>									
Grade 7	1.3%	(0.4%-2.2%)	18	1.7%	(0.5%-3.0%)	12	0.9%	(0.0%-1.8%)	7
Grade 8	2.9%	(1.6%-4.2%)	41	3.9%	(2.6%-5.2%)	26	2.1%	(0.3%-3.9%)	16
<b>----Hispanic Ethnicity----</b>									
Hispanic	8.5%	(0.0%-17.9%)	7	*	*	*	*	*	*
Non-Hispanic	1.9%	(1.0%-2.8%)	51	2.7%	(1.5%-4.0%)	34	1.3%	(0.4%-2.1%)	17
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	1.6%	(0.8%-2.4%)	40	2.2%	(1.0%-3.4%)	26	1.0%	(0.2%-1.9%)	14
Multiple Races	7.4%	(1.1%-13.6%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered before age 11 (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*During the past 30 days, how many times did you use marijuana? (mn76)*  
*Percentage of students who answered at least 1 time*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.7%	(3.9%-7.5%)	166	7.2%	(4.2%-10.2%)	97	4.3%	(2.7%-5.8%)	64
<b>----Age----</b>									
12 or younger	3.7%	(1.3%-6.1%)	30	5.6%	(2.0%-9.3%)	22	1.9%	(0.2%-3.7%)	8
13	5.7%	(3.1%-8.3%)	79	6.6%	(2.1%-11.0%)	45	4.4%	(1.6%-7.1%)	29
14 or older	8.0%	(5.2%-10.8%)	57	10.8%	(5.2%-16.3%)	30	6.3%	(2.3%-10.4%)	27
<b>----Grade----</b>									
Grade 7	4.9%	(2.9%-7.0%)	72	5.3%	(2.3%-8.3%)	36	4.2%	(1.7%-6.6%)	31
Grade 8	6.6%	(4.4%-8.7%)	94	9.1%	(5.5%-12.8%)	61	4.4%	(2.1%-6.7%)	33
<b>----Hispanic Ethnicity----</b>									
Hispanic	10.1%	(0.7%-19.4%)	8	*	*	*	*	*	*
Non-Hispanic	5.9%	(3.9%-7.9%)	158	7.3%	(3.9%-10.6%)	92	4.4%	(2.8%-6.1%)	61
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	11.2%	(2.8%-19.7%)	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.2%	(3.5%-6.8%)	133	6.6%	(3.7%-9.6%)	79	3.7%	(2.1%-5.3%)	50
Multiple Races	14.1%	(6.4%-21.7%)	19	18.8%	(9.0%-28.5%)	13	9.2%	(0.4%-17.9%)	6

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*If you wanted to get some marijuana, how easy would it be for you to get some? (mn77)*  
*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.3%	(18.2%-26.3%)	626	25.5%	(18.8%-32.2%)	333	19.1%	(16.3%-22.0%)	280
<b>----Age----</b>									
12 or younger	15.1%	(11.1%-19.1%)	115	19.8%	(11.3%-28.3%)	73	10.4%	(6.0%-14.7%)	40
13	22.9%	(17.8%-28.0%)	308	25.6%	(17.1%-34.0%)	170	19.5%	(15.8%-23.3%)	128
14 or older	28.9%	(25.3%-32.4%)	203	33.2%	(27.0%-39.5%)	91	26.5%	(20.2%-32.8%)	112
<b>----Grade----</b>									
Grade 7	17.8%	(13.2%-22.4%)	247	20.5%	(12.5%-28.6%)	134	15.0%	(10.6%-19.3%)	107
Grade 8	26.6%	(22.5%-30.7%)	375	30.3%	(23.2%-37.5%)	197	23.1%	(18.1%-28.0%)	172
<b>----Hispanic Ethnicity----</b>									
Hispanic	38.1%	(22.2%-54.1%)~	30	39.8%	(16.3%-63.4%)~	15	38.1%	(20.3%-55.9%)~	15
Non-Hispanic	22.2%	(18.2%-26.3%)	586	25.4%	(18.5%-32.4%)	316	19.0%	(16.6%-21.4%)	257
<b>----Race----</b>									
American Indian or Alaskan Native	32.5%	(19.6%-45.4%)~	18	32.0%	(13.6%-50.3%)~	7	32.9%	(14.4%-51.4%)~	11
Asian	*	*	*	*	*	*	*	*	*
Black or African American	25.7%	(12.0%-39.4%)~	14	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	21.4%	(17.1%-25.6%)	533	25.6%	(18.5%-32.7%)	294	17.4%	(14.6%-20.2%)	228
Multiple Races	30.9%	(25.6%-36.1%)	42	31.3%	(22.3%-40.3%)	22	29.0%	(18.7%-39.2%)~	18

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*How wrong do your parents or guardians feel it would be for you to use marijuana? (mn193a)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	9.2%	(6.7%-11.6%)	265	10.8%	(7.3%-14.4%)	146	7.5%	(5.8%-9.3%)	113
<b>----Age----</b>									
12 or younger	5.7%	(3.5%-7.8%)	45	7.5%	(4.0%-11.1%)	29	4.1%	(1.5%-6.6%)	17
13	9.6%	(5.9%-13.2%)	132	11.0%	(5.8%-16.2%)	76	7.8%	(4.6%-11.1%)	52
14 or older	12.4%	(8.4%-16.3%)	88	15.1%	(8.5%-21.8%)	41	10.3%	(6.5%-14.2%)	44
<b>----Grade----</b>									
Grade 7	7.3%	(5.1%-9.5%)	106	7.4%	(4.4%-10.4%)	50	7.2%	(5.2%-9.1%)	53
Grade 8	11.1%	(7.6%-14.6%)	159	14.4%	(9.2%-19.7%)	96	7.9%	(4.9%-10.9%)	60
<b>----Hispanic Ethnicity----</b>									
Hispanic	19.8%	(8.7%-30.9%)~	16	24.5%	(5.2%-43.8%)~	9	16.0%	(4.3%-27.7%)~	6
Non-Hispanic	9.2%	(6.6%-11.7%)	247	10.7%	(7.0%-14.5%)	137	7.5%	(5.7%-9.4%)	104
<b>----Race----</b>									
American Indian or Alaskan Native	17.7%	(5.8%-29.6%)~	10	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	10.0%	(0.2%-19.8%)	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	8.5%	(6.1%-10.9%)	218	10.4%	(6.6%-14.2%)	123	6.7%	(5.2%-8.3%)	90
Multiple Races	18.3%	(9.7%-27.0%)	25	18.7%	(10.0%-27.5%)	13	16.2%	(4.5%-27.9%)~	10

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they use marijuana once or twice a week? (mn194)  
Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	38.2%	(34.8%-41.6%)	1,099	39.1%	(33.1%-45.1%)	525	37.1%	(33.7%-40.6%)	554
<b>----Age----</b>									
12 or younger	31.6%	(27.4%-35.8%)	251	32.0%	(23.9%-40.1%)	123	30.7%	(24.6%-36.8%)	123
13	39.1%	(34.0%-44.2%)	532	41.1%	(33.9%-48.3%)	279	36.4%	(30.7%-42.1%)	240
14 or older	44.1%	(38.0%-50.2%)	316	44.1%	(34.0%-54.3%)~	123	44.3%	(36.8%-51.9%)	191
<b>----Grade----</b>									
Grade 7	35.2%	(31.4%-38.9%)	505	36.1%	(29.3%-42.8%)	246	33.8%	(28.7%-38.8%)	246
Grade 8	41.4%	(36.8%-46.0%)	591	42.1%	(34.6%-49.7%)	277	40.6%	(35.4%-45.8%)	306
<b>----Hispanic Ethnicity----</b>									
Hispanic	46.8%	(36.4%-57.1%)~	37	43.8%	(28.5%-59.1%)~	17	47.6%	(28.6%-66.6%)~	18
Non-Hispanic	38.1%	(34.6%-41.7%)	1,018	38.9%	(32.9%-45.0%)	491	37.1%	(33.6%-40.5%)	508
<b>----Race----</b>									
American Indian or Alaskan Native	46.2%	(30.4%-62.0%)~	27	48.9%	(32.2%-65.5%)~	12	44.2%	(22.4%-66.1%)~	14
Asian	*	*	*	*	*	*	*	*	*
Black or African American	46.9%	(31.0%-62.7%)~	25	43.3%	(11.7%-75.0%)~	8	50.5%	(36.5%-64.6%)~	17
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	37.5%	(34.2%-40.8%)	958	39.3%	(33.1%-45.6%)	464	35.6%	(31.9%-39.3%)	475
Multiple Races	45.6%	(37.1%-54.1%)	61	35.7%	(20.8%-50.6%)~	25	55.7%	(39.1%-72.3%)~	35

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*How wrong do your friends feel it would be for you to use marijuana? (mn195)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	21.5%	(15.8%-27.2%)	614	25.0%	(16.4%-33.7%)	334	18.3%	(13.6%-22.9%)	268
<b>----Age----</b>									
12 or younger	16.8%	(11.5%-22.1%)	138	20.5%	(11.0%-30.0%)	76	13.4%	(8.4%-18.3%)	58
13	20.9%	(12.4%-29.4%)	286	23.5%	(12.1%-34.9%)~	165	17.7%	(11.0%-24.5%)	114
14 or older	28.4%	(20.8%-36.0%)	190	35.5%	(19.2%-51.8%)~	93	24.6%	(15.0%-34.1%)	96
<b>----Grade----</b>									
Grade 7	19.7%	(14.2%-25.1%)	280	23.1%	(12.5%-33.7%)~	154	16.3%	(12.2%-20.3%)	118
Grade 8	23.6%	(16.3%-31.0%)	334	27.5%	(16.3%-38.7%)~	180	20.5%	(12.7%-28.2%)	150
<b>----Hispanic Ethnicity----</b>									
Hispanic	27.5%	(10.4%-44.6%)~	23	33.7%	(0.6%-66.8%)~	13	23.9%	(0.0%-50.3%)~	11
Non-Hispanic	21.7%	(15.8%-27.7%)	578	25.7%	(16.4%-34.9%)	322	18.0%	(13.7%-22.4%)	245
<b>----Race----</b>									
American Indian or Alaskan Native	16.5%	(0.0%-36.0%)~	11	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	23.5%	(0.0%-52.8%)~	14	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	20.8%	(14.8%-26.8%)	528	24.6%	(14.6%-34.5%)	287	17.7%	(13.7%-21.6%)	233
Multiple Races	40.3%	(27.6%-53.1%)~	56	46.5%	(33.2%-59.8%)~	37	27.8%	(2.6%-52.9%)~	15

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Do you think using marijuana would negatively impact your goals or future? (mn205)*  
*Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	94.4%	(92.6%-96.3%)	2,735	91.3%	(87.7%-95.0%)	1,235	97.0%	(95.4%-98.7%)	1,437
<b>----Age----</b>									
12 or younger	97.4%	(95.4%-99.3%)	817	*	*	*	*	*	*
13	93.9%	(90.1%-97.7%)	1,288	91.3%	(85.5%-97.0%)	641	96.5%	(92.9%-100.0%)	616
14 or older	91.9%	(88.3%-95.6%)	630	86.2%	(76.5%-95.9%)	227	95.3%	(90.4%-100.0%)	386
<b>----Grade----</b>									
Grade 7	95.7%	(93.7%-97.7%)	1,376	93.2%	(89.8%-96.5%)	636	97.9%	(95.7%-100.0%)	704
Grade 8	93.1%	(90.0%-96.2%)	1,342	89.3%	(82.7%-96.0%)	590	96.1%	(93.1%-99.1%)	724
<b>----Hispanic Ethnicity----</b>									
Hispanic	77.6%	(61.8%-93.3%)~	68	77.8%	(50.7%-100.0%)~	31	76.0%	(56.6%-95.4%)~	34
Non-Hispanic	94.9%	(92.7%-97.1%)	2,557	91.8%	(87.8%-95.9%)	1,164	97.5%	(95.7%-99.3%)	1,334
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	84.9%	(71.0%-98.8%)~	50	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	95.0%	(92.9%-97.1%)	2,433	91.4%	(87.5%-95.4%)	1,080	97.9%	(96.5%-99.4%)	1,301
Multiple Races	85.5%	(76.0%-95.1%)	118	84.9%	(74.1%-95.7%)~	68	85.7%	(65.5%-100.0%)~	47

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Definitely yes', 'Probably yes' or 'Probably not' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**Section 10**  
**Other Drugs**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Have you ever taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it? (mn183)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	7.8%	(6.3%-9.3%)	226	8.8%	(6.3%-11.3%)	119	6.5%	(5.1%-7.8%)	97
<b>----Age----</b>									
12 or younger	8.1%	(4.2%-11.9%)	65	8.6%	(2.7%-14.4%)	33	7.3%	(3.0%-11.6%)	30
13	6.5%	(5.4%-7.7%)	90	7.6%	(4.4%-10.7%)	52	5.3%	(3.5%-7.0%)	35
14 or older	10.0%	(5.5%-14.4%)	72	12.3%	(5.6%-19.1%)	34	7.5%	(3.7%-11.3%)	33
<b>----Grade----</b>									
Grade 7	8.3%	(5.5%-11.1%)	120	9.1%	(4.5%-13.7%)	62	7.2%	(4.6%-9.8%)	53
Grade 8	7.4%	(5.1%-9.6%)	106	8.6%	(5.3%-11.9%)	57	5.8%	(3.1%-8.5%)	44
<b>----Hispanic Ethnicity----</b>									
Hispanic	23.5%	(11.8%-35.2%)~	19	23.4%	(10.2%-36.7%)~	9	24.6%	(5.6%-43.5%)~	9
Non-Hispanic	7.3%	(5.9%-8.7%)	197	8.3%	(5.8%-10.8%)	106	5.8%	(4.6%-7.1%)	81
<b>----Race----</b>									
American Indian or Alaskan Native	17.1%	(3.1%-31.1%)~	10	*	*	*	*	*	*
Asian	28.2%	(8.7%-47.7%)~	6	*	*	*	*	*	*
Black or African American	16.3%	(2.7%-29.9%)~	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	6.8%	(5.1%-8.4%)	174	7.8%	(4.7%-10.9%)	93	5.3%	(3.9%-6.6%)	71
Multiple Races	18.0%	(9.3%-26.6%)	24	16.5%	(4.9%-28.1%)~	12	20.0%	(5.6%-34.3%)~	13

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*During the past 30 days, how many times did you take a prescription drug (such as Adderall, Ritalin, Xanax, OxyContin, Percocet, Vicodin, or codeine) without a doctor's prescription? (mn88b)*

*Percentage of students who answered at least 1 time*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.8%	(3.4%-6.1%)	139	4.6%	(3.4%-5.8%)	63	4.9%	(2.5%-7.3%)	73
<b>----Age----</b>									
12 or younger	5.5%	(2.8%-8.2%)	44	5.7%	(2.8%-8.6%)	22	5.4%	(0.0%-10.7%)	22
13	4.2%	(2.8%-5.6%)	58	4.0%	(2.4%-5.5%)	27	4.2%	(2.0%-6.5%)	28
14 or older	5.1%	(1.8%-8.4%)	37	4.8%	(1.1%-8.6%)	14	5.3%	(1.0%-9.7%)	23
<b>----Grade----</b>									
Grade 7	4.8%	(2.4%-7.1%)	69	4.2%	(2.3%-6.0%)	28	5.1%	(0.8%-9.4%)	38
Grade 8	4.7%	(3.2%-6.3%)	68	4.8%	(3.2%-6.5%)	32	4.7%	(1.9%-7.5%)	36
<b>----Hispanic Ethnicity----</b>									
Hispanic	10.5%	(2.1%-18.9%)	8	*	*	*	*	*	*
Non-Hispanic	4.7%	(3.3%-6.1%)	126	4.5%	(3.3%-5.8%)	58	4.7%	(2.3%-7.1%)	66
<b>----Race----</b>									
American Indian or Alaskan Native	15.3%	(3.3%-27.3%)~	9	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.1%	(2.7%-5.4%)	105	4.1%	(2.9%-5.2%)	48	4.0%	(1.5%-6.4%)	54
Multiple Races	9.8%	(3.3%-16.3%)	13	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*How wrong do your parents or guardians feel it would be for you to take prescription drugs not prescribed to you? (mn176a)  
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	4.6%	(3.0%-6.2%)	131	2.4%	(0.8%-4.1%)	33	6.4%	(3.0%-9.7%)	93
<b>----Age----</b>									
12 or younger	5.0%	(1.9%-8.1%)	41	*	*	*	*	*	*
13	3.3%	(2.1%-4.4%)	45	3.1%	(1.4%-4.9%)	22	3.5%	(0.9%-6.2%)	23
14 or older	6.8%	(1.5%-12.1%)	45	2.5%	(0.0%-7.1%)	6	10.0%	(1.0%-19.0%)	39
<b>----Grade----</b>									
Grade 7	4.2%	(1.7%-6.7%)	60	2.2%	(0.4%-4.0%)	15	5.5%	(1.5%-9.6%)	40
Grade 8	5.0%	(2.1%-7.9%)	71	2.7%	(0.0%-6.4%)	18	7.2%	(1.1%-13.3%)	53
<b>----Hispanic Ethnicity----</b>									
Hispanic	19.8%	(3.3%-36.4%)~	17	23.7%	(0.0%-52.2%)~	9	17.8%	(0.0%-37.6%)~	8
Non-Hispanic	4.3%	(2.8%-5.8%)	114	1.9%	(0.5%-3.3%)	24	6.3%	(3.3%-9.4%)	85
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.2%	(2.5%-5.9%)	106	1.7%	(0.2%-3.2%)	20	6.1%	(2.9%-9.4%)	81
Multiple Races	14.6%	(0.3%-28.8%)~	20	16.1%	(0.0%-39.2%)~	13	13.1%	(0.0%-32.9%)~	7

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*How wrong do your friends feel it would be for you to take prescription drugs not prescribed to you? (mn177)*  
*Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.5%	(8.3%-12.6%)	295	9.4%	(6.6%-12.3%)	125	11.3%	(8.3%-14.2%)	162
<b>----Age----</b>									
12 or younger	10.6%	(6.4%-14.7%)	86	9.3%	(3.1%-15.4%)	34	11.2%	(4.8%-17.7%)	48
13	9.0%	(6.5%-11.5%)	121	10.0%	(6.1%-14.0%)	69	7.6%	(4.1%-11.1%)	48
14 or older	13.3%	(6.7%-20.0%)	88	8.2%	(0.0%-16.4%)	22	17.3%	(7.9%-26.7%)	66
<b>----Grade----</b>									
Grade 7	10.2%	(6.8%-13.7%)	143	10.3%	(6.5%-14.1%)	68	10.2%	(5.2%-15.2%)	71
Grade 8	10.8%	(6.8%-14.8%)	152	8.8%	(3.2%-14.3%)	57	12.5%	(6.0%-18.9%)	91
<b>----Hispanic Ethnicity----</b>									
Hispanic	16.6%	(0.3%-33.0%)~	14	*	*	*	*	*	*
Non-Hispanic	10.7%	(8.3%-13.1%)	281	9.3%	(6.3%-12.3%)	116	11.8%	(8.8%-14.8%)	157
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	12.0%	(0.0%-27.3%)~	7	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	10.1%	(7.5%-12.7%)	252	8.2%	(5.5%-10.8%)	95	11.6%	(8.3%-15.0%)	150
Multiple Races	20.3%	(6.0%-34.6%)~	28	23.2%	(4.8%-41.6%)~	19	17.3%	(0.0%-35.2%)~	9

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'A little bit wrong' or 'Not wrong at all' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*If you wanted to get prescription drugs (such as Adderall, Ritalin, Xanax, OxyContin, Percocet, Vicodin, or codeine) that were not prescribed to you, how easy would it be to get some? (mn184a)*

*Percentage of students who answered 'Sort of easy' or 'Very easy'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.2%	(12.1%-20.3%)	449	17.8%	(13.4%-22.2%)	232	14.1%	(8.5%-19.7%)	199
<b>----Age----</b>									
12 or younger	13.8%	(7.9%-19.8%)	110	15.2%	(8.4%-22.0%)	54	11.9%	(5.2%-18.5%)	51
13	16.8%	(12.3%-21.4%)	223	19.9%	(14.3%-25.5%)	137	11.9%	(6.5%-17.4%)	73
14 or older	17.9%	(10.6%-25.3%)	116	16.0%	(5.1%-26.8%)~	41	20.2%	(9.6%-30.8%)~	75
<b>----Grade----</b>									
Grade 7	12.4%	(7.2%-17.6%)	170	11.5%	(7.3%-15.7%)	74	11.8%	(5.3%-18.2%)	81
Grade 8	19.9%	(14.4%-25.4%)	276	23.8%	(16.7%-30.9%)	155	16.5%	(9.4%-23.6%)	117
<b>----Hispanic Ethnicity----</b>									
Hispanic	25.9%	(9.2%-42.7%)~	22	33.7%	(7.0%-60.4%)~	13	20.8%	(0.6%-41.1%)~	9
Non-Hispanic	16.3%	(12.4%-20.2%)	422	17.7%	(13.1%-22.4%)	220	14.1%	(8.9%-19.4%)	185
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	21.5%	(0.1%-42.9%)~	12	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	14.7%	(10.0%-19.3%)	360	16.0%	(11.0%-21.0%)	184	12.8%	(6.6%-19.0%)	161
Multiple Races	44.0%	(31.1%-56.8%)~	61	41.5%	(22.3%-60.7%)~	33	44.3%	(24.2%-64.4%)~	24

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Sort of easy' or 'Very easy' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*How much do you think people risk harming themselves (physically or in other ways) if they take prescription drugs that are not prescribed to them? (mn95)  
Percentage of students who answered 'No risk' or 'Slight risk'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	8.4%	(6.3%-10.5%)	240	9.2%	(6.8%-11.6%)	122	7.7%	(4.1%-11.3%)	113
<b>----Age----</b>									
12 or younger	6.3%	(3.3%-9.3%)	52	7.6%	(3.8%-11.3%)	28	5.5%	(0.9%-10.0%)	24
13	9.2%	(6.7%-11.8%)	126	10.4%	(7.5%-13.4%)	73	8.3%	(3.6%-13.0%)	53
14 or older	9.2%	(3.4%-15.0%)	62	8.2%	(0.4%-15.9%)	21	9.1%	(2.8%-15.4%)	36
<b>----Grade----</b>									
Grade 7	8.0%	(5.5%-10.5%)	113	9.0%	(6.0%-12.0%)	60	7.4%	(3.5%-11.2%)	53
Grade 8	8.9%	(5.4%-12.4%)	127	9.5%	(5.1%-13.8%)	62	8.1%	(2.7%-13.5%)	60
<b>----Hispanic Ethnicity----</b>									
Hispanic	14.8%	(0.0%-29.9%)~	12	17.3%	(0.0%-45.3%)~	6	13.6%	(0.0%-32.3%)~	6
Non-Hispanic	8.1%	(5.9%-10.3%)	215	9.0%	(6.9%-11.0%)	112	7.2%	(3.5%-11.0%)	98
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	8.3%	(5.7%-10.9%)	209	8.7%	(6.3%-11.1%)	101	7.9%	(4.0%-11.8%)	104
Multiple Races	13.9%	(1.2%-26.7%)~	19	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'No risk' or 'Slight risk' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*During the past 12 months, do you recall hearing, reading or watching an advertisement about the prevention of substance use? (mn93)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	56.3%	(49.8%-62.7%)	1,645	55.9%	(47.6%-64.2%)	760	56.1%	(48.4%-63.8%)	848
<b>----Age----</b>									
12 or younger	54.2%	(46.7%-61.7%)	457	51.5%	(39.9%-63.0%)~	199	57.5%	(47.7%-67.2%)	255
13	53.7%	(46.0%-61.4%)	749	55.3%	(46.0%-64.6%)	393	51.1%	(41.8%-60.3%)	336
14 or older	64.0%	(52.6%-75.3%)~	440	63.9%	(52.9%-75.0%)~	168	62.7%	(49.0%-76.5%)~	257
<b>----Grade----</b>									
Grade 7	50.7%	(44.8%-56.5%)	741	52.5%	(40.5%-64.5%)~	361	49.0%	(41.8%-56.2%)	364
Grade 8	61.8%	(52.5%-71.2%)	891	59.1%	(49.5%-68.8%)	391	63.1%	(52.4%-73.9%)~	479
<b>----Hispanic Ethnicity----</b>									
Hispanic	56.2%	(34.4%-78.1%)~	49	56.6%	(26.2%-87.0%)~	23	53.1%	(29.1%-77.2%)~	23
Non-Hispanic	57.3%	(50.3%-64.3%)	1,550	57.4%	(49.2%-65.6%)	727	56.8%	(48.0%-65.7%)	788
<b>----Race----</b>									
American Indian or Alaskan Native	31.2%	(16.3%-46.1%)~	20	37.6%	(5.9%-69.4%)~	10	26.6%	(5.8%-47.5%)~	10
Asian	*	*	*	*	*	*	*	*	*
Black or African American	37.3%	(19.6%-55.0%)~	22	36.3%	(0.0%-76.2%)~	10	41.0%	(19.7%-62.2%)~	12
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	57.2%	(50.0%-64.3%)	1,480	56.7%	(47.3%-66.2%)	671	57.0%	(48.8%-65.2%)	775
Multiple Races	59.3%	(44.2%-74.3%)~	82	48.8%	(28.8%-68.7%)~	39	72.2%	(51.3%-93.0%)~	40

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*During the past 12 months, how many times have you been drunk or high at school? (mn96a)*  
*Percentage of students who answered at least 1 time*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	5.3%	(3.0%-7.6%)	154	5.6%	(3.0%-8.2%)	76	4.9%	(2.2%-7.6%)	74
<b>----Age----</b>									
12 or younger	2.5%	(0.0%-5.5%)	21	2.5%	(0.0%-5.4%)	9	2.5%	(0.0%-6.1%)	11
13	5.3%	(0.9%-9.7%)	74	5.8%	(0.0%-11.5%)	41	4.4%	(0.3%-8.5%)	28
14 or older	8.6%	(5.8%-11.4%)	59	9.6%	(0.6%-18.5%)	25	8.3%	(2.7%-13.9%)	34
<b>----Grade----</b>									
Grade 7	4.5%	(1.4%-7.6%)	65	4.2%	(1.0%-7.5%)	29	4.3%	(0.8%-7.7%)	31
Grade 8	6.2%	(3.4%-9.0%)	89	7.1%	(2.4%-11.8%)	47	5.6%	(1.9%-9.3%)	42
<b>----Hispanic Ethnicity----</b>									
Hispanic	20.0%	(3.4%-36.5%)~	17	23.8%	(0.0%-51.5%)~	10	17.8%	(0.0%-37.6%)~	8
Non-Hispanic	4.9%	(2.4%-7.4%)	132	5.2%	(2.0%-8.5%)	66	4.5%	(1.8%-7.1%)	62
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	4.7%	(2.3%-7.0%)	120	5.2%	(2.3%-8.0%)	61	4.1%	(1.6%-6.6%)	55
Multiple Races	20.6%	(9.8%-31.4%)~	28	19.1%	(7.7%-30.5%)~	15	24.1%	(1.0%-47.2%)~	13

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 time (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Has anyone offered, sold, or given you alcohol or drugs on school property? (mn218)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	6.0%	(4.0%-8.1%)	176	7.1%	(4.8%-9.5%)	97	5.1%	(2.9%-7.3%)	77
<b>----Age----</b>									
12 or younger	4.0%	(1.1%-6.8%)	32	3.4%	(0.5%-6.2%)	13	4.6%	(0.8%-8.3%)	19
13	6.2%	(3.8%-8.7%)	86	7.2%	(4.9%-9.4%)	50	5.5%	(1.7%-9.2%)	36
14 or older	8.0%	(5.3%-10.7%)	58	12.2%	(7.1%-17.3%)	34	5.0%	(1.0%-9.0%)	22
<b>----Grade----</b>									
Grade 7	5.1%	(2.1%-8.0%)	73	4.8%	(2.3%-7.3%)	33	5.5%	(1.7%-9.3%)	41
Grade 8	7.1%	(5.1%-9.0%)	102	9.6%	(6.5%-12.7%)	64	4.7%	(2.5%-7.0%)	36
<b>----Hispanic Ethnicity----</b>									
Hispanic	18.7%	(12.8%-24.6%)	15	18.1%	(2.5%-33.7%)~	7	20.2%	(8.3%-32.0%)~	8
Non-Hispanic	5.9%	(3.8%-8.0%)	158	7.0%	(4.3%-9.8%)	89	4.8%	(2.9%-6.8%)	67
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	5.6%	(3.4%-7.9%)	145	6.7%	(4.0%-9.3%)	79	4.7%	(2.4%-7.0%)	64
Multiple Races	12.3%	(5.0%-19.5%)	16	15.0%	(4.4%-25.6%)~	10	9.5%	(0.0%-19.2%)	6

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Do you agree or disagree with the following statement? My family has clear rules about alcohol and drug use. (mn90)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	93.4%	(91.1%-95.6%)	2,658	93.3%	(90.4%-96.2%)	1,244	93.3%	(90.9%-95.8%)	1,388
<b>----Age----</b>									
12 or younger	94.5%	(91.9%-97.1%)	708	93.8%	(88.7%-98.9%)	356	95.1%	(91.0%-99.3%)	350
13	93.3%	(90.2%-96.4%)	1,264	92.6%	(87.4%-97.9%)	617	93.7%	(91.1%-96.3%)	623
14 or older	92.4%	(89.3%-95.4%)	683	94.0%	(88.0%-100.0%)	268	91.3%	(87.1%-95.6%)	415
<b>----Grade----</b>									
Grade 7	94.2%	(90.9%-97.4%)	1,339	93.8%	(90.6%-96.9%)	633	94.4%	(89.9%-98.9%)	690
Grade 8	92.5%	(90.2%-94.8%)	1,311	92.8%	(87.7%-97.8%)	611	92.2%	(89.2%-95.2%)	691
<b>----Hispanic Ethnicity----</b>									
Hispanic	88.6%	(74.8%-100.0%)~	65	*	*	*	*	*	*
Non-Hispanic	93.4%	(91.1%-95.7%)	2,491	93.3%	(90.4%-96.3%)	1,188	93.4%	(90.7%-96.0%)	1,280
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	88.7%	(75.6%-100.0%)~	51	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	93.7%	(91.5%-96.0%)	2,381	93.3%	(90.3%-96.4%)	1,106	93.9%	(91.3%-96.6%)	1,249
Multiple Races	91.6%	(82.6%-100.0%)	125	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 11**

### **Sexual Behaviors**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*Have you ever had sexual intercourse? (mn100)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	7.6%	(5.5%-9.7%)	215	8.0%	(5.3%-10.7%)	106	6.9%	(4.9%-8.9%)	101
<b>---Age---</b>									
12 or younger	4.4%	(2.1%-6.6%)	34	6.5%	(2.7%-10.2%)	24	2.4%	(0.4%-4.3%)	9
13	7.0%	(4.7%-9.2%)	94	6.5%	(2.7%-10.3%)	43	7.1%	(4.7%-9.4%)	46
14 or older	12.5%	(8.6%-16.3%)	87	13.9%	(7.3%-20.6%)	38	10.9%	(6.8%-15.0%)	46
<b>---Grade---</b>									
Grade 7	5.1%	(2.8%-7.4%)	72	6.0%	(3.0%-9.1%)	40	3.8%	(1.7%-6.0%)	28
Grade 8	10.0%	(7.3%-12.8%)	142	10.0%	(6.4%-13.6%)	66	9.8%	(6.1%-13.4%)	72
<b>---Hispanic Ethnicity---</b>									
Hispanic	14.5%	(3.9%-25.2%)~	11	*	*	*	*	*	*
Non-Hispanic	7.6%	(5.6%-9.7%)	202	8.0%	(5.1%-10.9%)	100	6.9%	(4.9%-8.9%)	94
<b>---Race---</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	16.3%	(3.0%-29.6%)~	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	6.9%	(5.1%-8.8%)	175	7.3%	(4.6%-10.0%)	85	6.2%	(4.2%-8.2%)	82
Multiple Races	18.9%	(8.2%-29.6%)~	24	21.2%	(9.2%-33.3%)~	15	16.4%	(1.8%-31.0%)~	9

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*The last time you had sexual intercourse, did you or your partner use a condom? (mn101)*  
*Among students who have had sexual intercourse, the percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	41.4%	(31.5%-51.2%)	78	34.4%	(17.5%-51.3%)~	30	49.9%	(34.4%-65.5%)~	48
<b>----Age----</b>									
12 or younger	32.5%	(0.0%-72.0%)~	11	*	*	*	*	*	*
13	28.3%	(6.6%-50.0%)~	19	*	*	*	*	*	*
14 or older	54.8%	(37.6%-72.1%)~	48	39.2%	(24.9%-53.4%)~	16	69.1%	(44.9%-93.2%)~	32
<b>----Grade----</b>									
Grade 7	28.2%	(0.0%-61.8%)~	17	30.5%	(0.0%-67.6%)~	11	31.3%	(0.0%-82.5%)~	6
Grade 8	46.0%	(33.6%-58.3%)~	58	37.0%	(19.4%-54.5%)~	20	52.6%	(37.4%-67.7%)~	38
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	42.0%	(32.4%-51.6%)	78	34.4%	(17.5%-51.3%)~	30	51.4%	(36.0%-66.8%)~	48
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	43.4%	(32.5%-54.4%)~	68	38.9%	(20.8%-56.9%)~	28	50.3%	(31.7%-69.0%)~	40
Multiple Races	*	*	*	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who have had sexual intercourse, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



## **Section 12**

### **Nutrition**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) (mn116)*  
*Percentage of students who ate fruit two or more times per day during the past seven days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	22.3%	(19.6%-25.0%)	643	20.8%	(17.6%-24.0%)	281	24.0%	(20.1%-27.9%)	358
<b>----Age----</b>									
12 or younger	24.5%	(18.4%-30.6%)	196	21.9%	(17.1%-26.6%)	84	27.6%	(18.1%-37.1%)	112
13	20.3%	(17.4%-23.2%)	278	19.0%	(15.4%-22.5%)	130	22.2%	(17.9%-26.5%)	146
14 or older	23.6%	(18.5%-28.7%)	169	23.9%	(14.9%-32.9%)	67	23.3%	(16.9%-29.7%)	100
<b>----Grade----</b>									
Grade 7	22.7%	(19.2%-26.3%)	328	20.3%	(17.5%-23.0%)	138	25.4%	(19.6%-31.3%)	188
Grade 8	21.6%	(18.2%-25.1%)	310	21.4%	(16.0%-26.8%)	143	22.1%	(18.6%-25.6%)	165
<b>----Hispanic Ethnicity----</b>									
Hispanic	21.5%	(10.0%-32.9%)~	17	22.1%	(5.5%-38.8%)~	9	21.6%	(1.6%-41.7%)~	8
Non-Hispanic	22.3%	(19.6%-25.1%)	598	20.9%	(17.6%-24.2%)	265	24.0%	(20.0%-28.0%)	329
<b>----Race----</b>									
American Indian or Alaskan Native	19.4%	(10.9%-27.9%)	11	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	20.9%	(4.7%-37.1%)~	12	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	21.9%	(19.0%-24.9%)	561	20.7%	(17.0%-24.3%)	245	23.4%	(18.8%-28.0%)	312
Multiple Races	24.1%	(17.3%-30.8%)	32	20.2%	(13.8%-26.6%)	14	28.8%	(19.0%-38.5%)	18

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate fruit two or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) (mn116\_2)*  
*Percentage of students who ate fruit less than 1 time per day during the past seven days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	65.2%	(61.9%-68.4%)	1,881	66.9%	(61.8%-71.9%)	904	63.4%	(59.9%-66.9%)	947
<b>----Age----</b>									
12 or younger	62.9%	(57.0%-68.7%)	502	64.9%	(57.3%-72.6%)	249	60.5%	(52.5%-68.5%)	245
13	67.4%	(63.8%-71.0%)	923	68.5%	(62.4%-74.6%)	470	66.1%	(61.6%-70.7%)	436
14 or older	63.5%	(58.2%-68.8%)	455	65.4%	(56.9%-73.9%)	184	62.1%	(56.3%-67.8%)	266
<b>----Grade----</b>									
Grade 7	65.1%	(59.5%-70.8%)	939	68.3%	(62.2%-74.5%)	465	62.0%	(54.9%-69.1%)	458
Grade 8	65.5%	(61.3%-69.6%)	939	65.2%	(58.3%-72.0%)	436	65.5%	(61.8%-69.3%)	490
<b>----Hispanic Ethnicity----</b>									
Hispanic	61.4%	(54.1%-68.8%)	50	51.1%	(34.5%-67.8%)~	21	70.8%	(52.2%-89.3%)~	27
Non-Hispanic	65.3%	(61.7%-69.0%)	1,750	67.3%	(62.1%-72.5%)	855	63.4%	(59.3%-67.4%)	868
<b>----Race----</b>									
American Indian or Alaskan Native	71.1%	(55.4%-86.8%)~	41	72.8%	(54.0%-91.7%)~	18	69.8%	(48.7%-90.8%)~	23
Asian	68.4%	(32.4%-100.0%)~	15	*	*	*	*	*	*
Black or African American	66.8%	(48.0%-85.6%)~	37	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	65.4%	(61.8%-69.0%)	1,672	67.1%	(61.6%-72.6%)	795	63.8%	(59.7%-68.0%)	853
Multiple Races	62.3%	(50.6%-74.0%)~	84	62.6%	(49.1%-76.0%)~	43	61.3%	(47.9%-74.6%)~	39

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate fruit less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (mnfruit)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.0%	(25.1%-30.9%)	801	25.7%	(22.3%-29.0%)	346	30.7%	(26.5%-34.8%)	451
<b>----Age----</b>									
12 or younger	28.9%	(22.9%-35.0%)	229	25.8%	(20.8%-30.9%)	99	32.6%	(22.6%-42.5%)	130
13	25.6%	(22.1%-29.2%)	348	23.4%	(19.2%-27.6%)	160	28.7%	(24.3%-33.0%)	186
14 or older	31.7%	(27.7%-35.6%)	224	31.2%	(23.7%-38.8%)	87	31.9%	(27.0%-36.8%)	135
<b>----Grade----</b>									
Grade 7	28.2%	(24.2%-32.1%)	402	24.6%	(21.4%-27.9%)	167	32.1%	(25.6%-38.6%)	233
Grade 8	27.7%	(24.4%-31.0%)	394	26.9%	(22.0%-31.8%)	179	28.8%	(24.7%-32.9%)	213
<b>----Hispanic Ethnicity----</b>									
Hispanic	28.8%	(18.2%-39.4%)~	23	29.5%	(12.7%-46.4%)~	12	29.2%	(10.7%-47.8%)~	11
Non-Hispanic	28.1%	(25.0%-31.2%)	748	25.9%	(22.4%-29.5%)	329	30.7%	(26.2%-35.2%)	415
<b>----Race----</b>									
American Indian or Alaskan Native	22.0%	(10.2%-33.9%)~	13	27.2%	(8.3%-46.0%)~	7	18.2%	(3.7%-32.7%)~	6
Asian	*	*	*	*	*	*	*	*	*
Black or African American	30.6%	(13.1%-48.2%)~	17	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	27.6%	(24.5%-30.7%)	701	25.4%	(21.7%-29.1%)	301	30.0%	(25.2%-34.8%)	396
Multiple Races	34.5%	(25.4%-43.5%)	45	27.6%	(18.5%-36.7%)	19	43.0%	(27.5%-58.5%)~	26

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (mnonefrt)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	41.1%	(39.0%-43.3%)	1,176	42.8%	(38.3%-47.3%)	577	39.6%	(36.6%-42.7%)	584
<b>----Age----</b>									
12 or younger	39.5%	(33.6%-45.3%)	312	38.3%	(29.0%-47.6%)	146	39.7%	(33.7%-45.6%)	158
13	43.0%	(39.3%-46.6%)	584	45.9%	(39.7%-52.0%)	315	40.3%	(34.9%-45.6%)	261
14 or older	39.6%	(34.9%-44.2%)	280	41.6%	(34.0%-49.2%)	116	38.7%	(30.5%-46.8%)	164
<b>----Grade----</b>									
Grade 7	42.1%	(37.9%-46.4%)	601	43.2%	(36.6%-49.8%)	293	40.5%	(34.0%-47.0%)	294
Grade 8	40.4%	(37.0%-43.8%)	574	42.3%	(37.4%-47.2%)	282	39.2%	(33.0%-45.5%)	290
<b>----Hispanic Ethnicity----</b>									
Hispanic	34.0%	(25.5%-42.5%)	28	33.3%	(16.8%-49.8%)~	14	32.0%	(15.1%-49.0%)~	12
Non-Hispanic	40.9%	(38.5%-43.2%)	1,086	42.4%	(37.8%-47.0%)	539	39.5%	(36.3%-42.7%)	534
<b>----Race----</b>									
American Indian or Alaskan Native	44.0%	(29.2%-58.8%)~	25	47.8%	(33.0%-62.6%)~	12	41.1%	(17.4%-64.8%)~	13
Asian	39.8%	(12.8%-66.9%)~	9	*	*	*	*	*	*
Black or African American	39.5%	(22.0%-56.9%)~	22	55.1%	(32.3%-78.0%)~	11	27.8%	(11.5%-44.2%)~	9
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	41.7%	(39.6%-43.7%)	1,058	42.8%	(38.5%-47.2%)	508	40.6%	(37.4%-43.8%)	536
Multiple Races	33.3%	(23.3%-43.4%)~	44	38.1%	(22.1%-54.1%)~	26	28.6%	(18.1%-39.0%)~	17

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who drank 100% fruit juice and/or ate fruit less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who ate vegetables three or more times per day during the past seven days (mnveg)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	12.2%	(10.3%-14.1%)	353	11.0%	(8.9%-13.1%)	148	13.4%	(9.9%-16.9%)	201
<b>----Age----</b>									
12 or younger	11.7%	(8.9%-14.6%)	93	9.4%	(6.2%-12.6%)	36	13.9%	(7.4%-20.3%)	56
13	11.0%	(9.0%-13.0%)	151	11.0%	(8.1%-13.9%)	75	11.4%	(8.5%-14.3%)	76
14 or older	15.0%	(8.3%-21.7%)	108	13.2%	(7.7%-18.7%)	37	16.0%	(7.0%-24.9%)	69
<b>----Grade----</b>									
Grade 7	11.6%	(10.0%-13.3%)	167	11.1%	(8.1%-14.1%)	74	12.4%	(8.7%-16.0%)	92
Grade 8	12.9%	(9.4%-16.3%)	186	11.0%	(7.1%-14.9%)	74	14.5%	(9.6%-19.4%)	110
<b>----Hispanic Ethnicity----</b>									
Hispanic	15.1%	(4.1%-26.1%)~	12	*	*	*	*	*	*
Non-Hispanic	11.5%	(9.7%-13.3%)	308	10.3%	(8.2%-12.4%)	130	12.8%	(9.4%-16.1%)	176
<b>----Race----</b>									
American Indian or Alaskan Native	15.6%	(4.0%-27.2%)~	9	*	*	*	*	*	*
Asian	41.3%	(23.1%-59.5%)~	9	*	*	*	*	*	*
Black or African American	16.5%	(5.2%-27.8%)~	9	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	11.5%	(9.6%-13.4%)	295	10.4%	(7.9%-12.9%)	122	12.7%	(9.1%-16.2%)	171
Multiple Races	10.9%	(3.1%-18.6%)	15	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who ate vegetables three or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who ate vegetables less than 1 time per day during the past seven days (mnoneveg)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	57.3%	(52.6%-62.0%)	1,658	58.3%	(52.6%-64.0%)	785	56.5%	(52.4%-60.6%)	850
<b>----Age----</b>									
12 or younger	59.9%	(53.3%-66.6%)	476	62.3%	(53.0%-71.7%)	235	57.0%	(50.6%-63.4%)	232
13	57.3%	(51.6%-63.0%)	789	57.1%	(49.7%-64.5%)	391	58.1%	(52.5%-63.7%)	388
14 or older	54.5%	(47.0%-62.0%)	393	56.3%	(47.8%-64.8%)	159	53.5%	(45.4%-61.5%)	231
<b>----Grade----</b>									
Grade 7	60.3%	(53.7%-67.0%)	867	60.7%	(53.3%-68.1%)	408	60.2%	(53.9%-66.5%)	446
Grade 8	54.2%	(49.0%-59.5%)	784	55.7%	(48.4%-63.1%)	374	52.9%	(48.5%-57.4%)	401
<b>----Hispanic Ethnicity----</b>									
Hispanic	57.4%	(47.8%-67.1%)	47	68.2%	(55.5%-80.9%)~	28	44.2%	(30.5%-57.9%)~	17
Non-Hispanic	57.4%	(52.3%-62.5%)	1,540	58.5%	(52.3%-64.6%)	738	56.6%	(52.1%-61.2%)	783
<b>----Race----</b>									
American Indian or Alaskan Native	57.5%	(41.4%-73.7%)~	33	50.2%	(35.3%-65.0%)~	12	63.1%	(42.6%-83.5%)~	21
Asian	*	*	*	*	*	*	*	*	*
Black or African American	60.7%	(41.9%-79.5%)~	34	46.1%	(23.7%-68.5%)~	9	68.2%	(41.3%-95.1%)~	23
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	57.9%	(52.6%-63.1%)	1,482	59.2%	(52.5%-65.8%)	697	57.0%	(52.5%-61.4%)	768
Multiple Races	53.7%	(42.3%-65.0%)~	72	59.5%	(45.6%-73.5%)~	41	46.3%	(31.0%-61.6%)~	29

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate vegetables less than 1 time per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (mnfrvg)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	14.1%	(11.8%-16.5%)	402	12.7%	(11.3%-14.1%)	170	15.7%	(11.3%-20.1%)	230
<b>----Age----</b>									
12 or younger	17.3%	(12.4%-22.2%)	135	14.9%	(11.6%-18.2%)	56	20.0%	(11.1%-28.8%)	79
13	10.9%	(8.9%-12.9%)	147	10.4%	(8.2%-12.6%)	71	11.8%	(7.9%-15.6%)	76
14 or older	17.0%	(11.6%-22.4%)	120	15.4%	(10.9%-19.9%)	43	17.8%	(10.2%-25.3%)	75
<b>----Grade----</b>									
Grade 7	15.0%	(11.7%-18.4%)	212	14.1%	(11.5%-16.7%)	94	16.4%	(9.8%-22.9%)	118
Grade 8	13.4%	(10.6%-16.1%)	190	11.3%	(8.0%-14.7%)	75	15.2%	(11.1%-19.4%)	112
<b>----Hispanic Ethnicity----</b>									
Hispanic	10.2%	(2.0%-18.5%)	8	*	*	*	*	*	*
Non-Hispanic	14.2%	(11.9%-16.6%)	377	12.7%	(11.3%-14.2%)	160	15.9%	(11.4%-20.4%)	214
<b>----Race----</b>									
American Indian or Alaskan Native	9.7%	(3.3%-16.0%)	6	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	16.7%	(7.1%-26.4%)	9	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.9%	(11.6%-16.2%)	350	12.3%	(10.7%-14.0%)	145	15.5%	(10.7%-20.2%)	203
Multiple Races	14.0%	(6.0%-22.1%)	18	10.7%	(1.2%-20.1%)	7	18.2%	(8.0%-28.4%)~	11

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who ate fruit and/or ate vegetables five or more times per day during the past seven days (mnfrvg\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.6%	(8.5%-12.6%)	303	9.1%	(7.3%-11.0%)	123	12.1%	(7.9%-16.3%)	180
<b>----Age----</b>									
12 or younger	12.7%	(8.4%-17.0%)	100	10.1%	(7.3%-12.8%)	38	15.5%	(7.7%-23.2%)	62
13	7.9%	(5.9%-10.0%)	108	7.6%	(5.4%-9.9%)	52	8.5%	(4.5%-12.6%)	56
14 or older	13.2%	(8.0%-18.4%)	95	11.6%	(6.5%-16.8%)	33	14.4%	(6.6%-22.2%)	62
<b>----Grade----</b>									
Grade 7	10.9%	(8.4%-13.4%)	156	10.1%	(7.8%-12.4%)	68	12.0%	(7.2%-16.9%)	88
Grade 8	10.3%	(7.6%-12.9%)	147	8.3%	(5.4%-11.1%)	55	12.3%	(7.6%-17.1%)	92
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	10.5%	(8.6%-12.4%)	280	9.0%	(7.0%-10.9%)	113	12.2%	(8.2%-16.3%)	167
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	14.0%	(2.9%-25.1%)~	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	10.2%	(8.2%-12.2%)	259	8.6%	(6.6%-10.5%)	100	12.0%	(7.5%-16.4%)	159
Multiple Races	10.6%	(3.9%-17.4%)	14	8.4%	(0.1%-16.6%)	6	13.3%	(3.5%-23.2%)	8

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who ate fruit and/or ate vegetables five or more times per day during the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (mn159a)*

*Percentage of students who answered at least one time per day in the past week*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	25.7%	(22.0%-29.4%)	739	23.7%	(19.3%-28.1%)	318	27.2%	(23.5%-30.9%)	406
<b>----Age----</b>									
12 or younger	21.6%	(16.4%-26.7%)	170	23.4%	(15.9%-30.9%)	88	19.9%	(14.4%-25.3%)	80
13	25.8%	(21.6%-29.9%)	353	23.7%	(18.9%-28.4%)	162	27.9%	(21.4%-34.4%)	185
14 or older	30.2%	(25.9%-34.5%)	216	24.3%	(14.6%-34.0%)	68	33.1%	(27.7%-38.4%)	141
<b>----Grade----</b>									
Grade 7	23.3%	(18.9%-27.8%)	334	24.3%	(18.8%-29.7%)	163	22.6%	(18.0%-27.3%)	167
Grade 8	28.3%	(24.0%-32.5%)	405	23.2%	(18.1%-28.2%)	154	31.9%	(25.8%-38.1%)	240
<b>----Hispanic Ethnicity----</b>									
Hispanic	27.1%	(10.6%-43.6%)~	21	17.4%	(1.9%-33.0%)~	7	39.0%	(15.8%-62.2%)~	14
Non-Hispanic	26.1%	(22.3%-29.9%)	697	24.0%	(19.6%-28.5%)	302	27.6%	(23.8%-31.5%)	379
<b>----Race----</b>									
American Indian or Alaskan Native	35.6%	(15.1%-56.0%)~	20	36.6%	(12.5%-60.8%)~	9	34.8%	(10.8%-58.8%)~	11
Asian	*	*	*	*	*	*	*	*	*
Black or African American	30.3%	(15.5%-45.1%)~	16	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	25.5%	(21.8%-29.2%)	650	24.0%	(19.1%-28.8%)	281	26.4%	(22.7%-30.0%)	354
Multiple Races	29.5%	(18.9%-40.0%)~	39	25.5%	(14.6%-36.5%)~	18	34.6%	(16.4%-52.8%)~	21

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least one time per day in the past week (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*During the past 7 days, how many times did you drink a can, bottle, or glass of soda, sports drink, energy drink, or other sugar-sweetened beverage such as Gatorade, Red Bull, lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny D? (Do not count diet soda, other diet drinks, or 100% fruit juice.) (mn159a\_2)*

*Percentage of students who answered 'I did not drink soda, sports drinks, energy drinks, or other sugar-sweetened beverages during the past 7 days'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	15.8%	(13.3%-18.3%)	455	16.3%	(12.9%-19.7%)	219	15.1%	(12.5%-17.8%)	226
<b>----Age----</b>									
12 or younger	14.1%	(11.0%-17.3%)	111	14.2%	(9.6%-18.9%)	53	13.8%	(9.8%-17.9%)	56
13	16.7%	(12.7%-20.7%)	229	17.7%	(12.5%-22.8%)	121	15.2%	(10.7%-19.7%)	101
14 or older	16.1%	(12.6%-19.5%)	115	16.1%	(9.6%-22.5%)	45	16.3%	(13.2%-19.4%)	70
<b>----Grade----</b>									
Grade 7	16.1%	(12.2%-20.1%)	231	16.5%	(12.0%-20.9%)	111	15.4%	(11.1%-19.6%)	113
Grade 8	15.6%	(13.4%-17.9%)	224	16.2%	(12.3%-20.2%)	108	15.1%	(12.8%-17.4%)	113
<b>----Hispanic Ethnicity----</b>									
Hispanic	17.3%	(5.8%-28.7%)~	14	19.1%	(1.4%-36.8%)~	8	16.0%	(0.0%-32.9%)~	6
Non-Hispanic	15.9%	(13.3%-18.5%)	425	16.3%	(12.9%-19.8%)	205	15.2%	(12.4%-18.0%)	209
<b>----Race----</b>									
American Indian or Alaskan Native	21.5%	(8.7%-34.3%)~	12	*	*	*	*	*	*
Asian	42.7%	(13.8%-71.6%)~	9	*	*	*	*	*	*
Black or African American	11.5%	(0.0%-25.3%)~	6	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	15.4%	(12.7%-18.1%)	392	15.1%	(11.4%-18.8%)	177	15.5%	(12.9%-18.1%)	208
Multiple Races	12.6%	(5.5%-19.8%)	17	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'I did not drink soda, sports drinks, energy drinks, or other sugar-sweetened beverages during the past 7 days' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**Section 13**  
**Physical Activity**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (mn161)*

*Percentage of students who answered at least 5 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	51.1%	(48.0%-54.1%)	1,468	45.9%	(40.8%-51.0%)	610	56.1%	(51.4%-60.7%)	842
<b>----Age----</b>									
12 or younger	50.1%	(44.9%-55.3%)	397	44.2%	(39.0%-49.4%)	166	56.2%	(48.9%-63.5%)	229
13	50.6%	(46.2%-55.0%)	691	45.7%	(39.1%-52.4%)	308	55.7%	(47.8%-63.6%)	372
14 or older	53.3%	(48.1%-58.4%)	380	48.8%	(42.1%-55.6%)	136	56.5%	(51.1%-61.9%)	241
<b>----Grade----</b>									
Grade 7	49.1%	(44.9%-53.4%)	705	42.9%	(38.2%-47.7%)	287	55.0%	(47.7%-62.2%)	410
Grade 8	52.9%	(48.1%-57.7%)	755	48.6%	(41.3%-55.9%)	320	57.2%	(52.3%-62.1%)	429
<b>----Hispanic Ethnicity----</b>									
Hispanic	32.1%	(21.9%-42.3%)~	26	18.8%	(8.5%-29.0%)~	8	47.5%	(23.5%-71.6%)~	18
Non-Hispanic	51.8%	(48.8%-54.8%)	1,380	46.7%	(41.3%-52.1%)	582	56.7%	(52.6%-60.7%)	783
<b>----Race----</b>									
American Indian or Alaskan Native	46.0%	(33.0%-58.9%)~	26	43.2%	(21.9%-64.6%)~	11	48.0%	(30.9%-65.2%)~	16
Asian	59.1%	(33.3%-84.9%)~	13	*	*	*	*	*	*
Black or African American	44.9%	(30.2%-59.7%)~	25	46.4%	(19.5%-73.3%)~	9	45.6%	(30.9%-60.4%)~	15
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	51.2%	(48.0%-54.5%)	1,304	46.0%	(40.2%-51.8%)	535	56.1%	(51.3%-60.9%)	755
Multiple Races	56.9%	(47.5%-66.3%)	76	46.9%	(35.4%-58.4%)~	32	66.9%	(53.3%-80.5%)~	43

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.) (mnpa7day)*

*Percentage of students who were physically active for a total of at least 60 minutes per day on all of the past seven days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	29.7%	(26.8%-32.6%)	853	24.9%	(21.7%-28.1%)	331	34.1%	(29.6%-38.6%)	513
<b>----Age----</b>									
12 or younger	29.5%	(24.6%-34.5%)	234	24.4%	(18.8%-30.0%)	92	34.4%	(27.7%-41.1%)	140
13	30.4%	(26.8%-33.9%)	415	26.4%	(22.8%-30.0%)	178	34.3%	(26.8%-41.8%)	229
14 or older	28.7%	(24.7%-32.7%)	205	22.0%	(15.0%-28.9%)	61	33.5%	(28.3%-38.8%)	143
<b>----Grade----</b>									
Grade 7	29.6%	(25.9%-33.2%)	424	24.4%	(19.7%-29.0%)	163	34.2%	(27.5%-40.8%)	254
Grade 8	29.8%	(25.9%-33.8%)	426	25.2%	(20.5%-30.0%)	166	34.2%	(29.7%-38.8%)	257
<b>----Hispanic Ethnicity----</b>									
Hispanic	16.9%	(7.5%-26.4%)	14	*	*	*	*	*	*
Non-Hispanic	30.2%	(27.4%-33.0%)	804	25.3%	(22.0%-28.6%)	316	34.7%	(30.7%-38.7%)	479
<b>----Race----</b>									
American Indian or Alaskan Native	19.6%	(8.5%-30.7%)~	11	*	*	*	*	*	*
Asian	45.2%	(11.9%-78.6%)~	10	*	*	*	*	*	*
Black or African American	29.2%	(16.1%-42.4%)~	16	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	29.9%	(26.7%-33.1%)	761	24.7%	(21.1%-28.2%)	287	34.5%	(29.7%-39.2%)	464
Multiple Races	30.0%	(20.1%-39.9%)	40	22.5%	(11.3%-33.6%)~	16	38.8%	(24.2%-53.3%)~	25

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who were physically active for a total of at least 60 minutes per day on all of the past seven days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (mn206)*

*Percentage of students who answered 3 or more hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	71.4%	(69.2%-73.5%)	2,031	75.5%	(70.8%-80.1%)	999	68.0%	(64.7%-71.3%)	1,020
<b>----Age----</b>									
12 or younger	67.4%	(58.9%-75.8%)	494	74.2%	(63.2%-85.3%)~	275	60.1%	(48.1%-72.0%)~	217
13	70.9%	(65.9%-75.8%)	966	74.3%	(66.8%-81.7%)	487	68.2%	(62.1%-74.4%)	470
14 or older	76.5%	(70.1%-82.8%)	571	80.4%	(72.4%-88.4%)	238	73.9%	(66.3%-81.5%)	333
<b>----Grade----</b>									
Grade 7	66.8%	(61.7%-72.0%)	940	74.1%	(66.3%-81.8%)	483	60.6%	(52.9%-68.2%)	450
Grade 8	75.7%	(71.5%-79.8%)	1,083	76.8%	(70.2%-83.3%)	516	75.0%	(71.1%-78.9%)	562
<b>----Hispanic Ethnicity----</b>									
Hispanic	83.1%	(66.3%-99.8%)~	59	*	*	*	*	*	*
Non-Hispanic	72.1%	(69.7%-74.6%)	1,914	76.3%	(71.2%-81.3%)	959	68.7%	(65.2%-72.1%)	947
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	69.0%	(43.2%-94.8%)~	16	*	*	*	*	*	*
Black or African American	76.0%	(59.1%-93.0%)~	44	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	71.7%	(69.3%-74.0%)	1,817	76.6%	(71.8%-81.4%)	898	67.6%	(63.6%-71.6%)	908
Multiple Races	62.7%	(51.9%-73.6%)~	84	68.4%	(51.3%-85.5%)~	45	57.3%	(44.4%-70.2%)~	39

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 3 or more hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*On an average school day, how many hours do you spend in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media (also called screen time)? (Do not count time spent doing schoolwork.) (mn206\_2)*

*Percentage of students who answered 2 or fewer hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.6%	(26.5%-30.8%)	815	24.5%	(19.9%-29.2%)	325	32.0%	(28.7%-35.3%)	481
<b>----Age----</b>									
12 or younger	32.6%	(24.2%-41.1%)	239	25.8%	(14.7%-36.8%)~	95	39.9%	(28.0%-51.9%)~	144
13	29.1%	(24.2%-34.1%)	397	25.7%	(18.3%-33.2%)	168	31.8%	(25.6%-37.9%)	219
14 or older	23.5%	(17.2%-29.9%)	176	19.6%	(11.6%-27.6%)	58	26.1%	(18.5%-33.7%)	118
<b>----Grade----</b>									
Grade 7	33.2%	(28.0%-38.3%)	467	25.9%	(18.2%-33.7%)	169	39.4%	(31.8%-47.1%)	293
Grade 8	24.3%	(20.2%-28.5%)	349	23.2%	(16.7%-29.8%)	156	25.0%	(21.1%-28.9%)	188
<b>----Hispanic Ethnicity----</b>									
Hispanic	16.9%	(0.2%-33.7%)~	12	*	*	*	*	*	*
Non-Hispanic	27.9%	(25.4%-30.3%)	739	23.7%	(18.7%-28.8%)	298	31.3%	(27.9%-34.8%)	431
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	31.0%	(5.2%-56.8%)~	7	*	*	*	*	*	*
Black or African American	24.0%	(7.0%-40.9%)~	14	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	28.3%	(26.0%-30.7%)	718	23.4%	(18.6%-28.2%)	274	32.4%	(28.4%-36.4%)	435
Multiple Races	37.3%	(26.4%-48.1%)~	50	31.6%	(14.5%-48.7%)~	21	42.7%	(29.8%-55.6%)~	29

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 2 or fewer hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*In an average week when you are in school, on how many days do you go to physical education (PE) classes? (mn127)*  
*Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	80.5%	(65.8%-95.2%)~	2,305	78.8%	(62.8%-94.7%)~	1,048	82.0%	(67.9%-96.2%)~	1,245
<b>----Age----</b>									
12 or younger	75.5%	(57.0%-94.0%)~	562	68.4%	(44.3%-92.5%)~	256	82.6%	(69.1%-96.0%)~	304
13	81.3%	(67.5%-95.2%)~	1,102	81.5%	(65.3%-97.6%)~	534	81.5%	(67.2%-95.8%)~	560
14 or older	83.7%	(69.3%-98.1%)~	637	85.7%	(70.7%-100.0%)~	255	82.4%	(66.3%-98.6%)~	381
<b>----Grade----</b>									
Grade 7	75.3%	(58.3%-92.4%)~	1,069	72.1%	(52.3%-91.9%)~	482	78.7%	(63.2%-94.1%)~	585
Grade 8	85.4%	(71.2%-99.6%)~	1,227	85.5%	(72.2%-98.8%)~	567	85.1%	(69.6%-100.0%)~	652
<b>----Hispanic Ethnicity----</b>									
Hispanic	81.0%	(64.3%-97.7%)~	59	80.2%	(58.3%-100.0%)~	31	81.9%	(59.2%-100.0%)~	28
Non-Hispanic	80.3%	(65.2%-95.3%)~	2,133	79.0%	(63.1%-94.9%)~	992	81.6%	(66.8%-96.4%)~	1,132
<b>----Race----</b>									
American Indian or Alaskan Native	73.0%	(45.6%-100.0%)~	35	*	*	*	*	*	*
Asian	75.7%	(34.1%-100.0%)~	18	*	*	*	*	*	*
Black or African American	85.2%	(65.6%-100.0%)~	49	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	79.7%	(64.6%-94.8%)~	2,025	77.3%	(60.6%-93.9%)~	903	81.9%	(67.5%-96.3%)~	1,111
Multiple Races	89.9%	(80.2%-99.5%)~	126	87.5%	(71.3%-100.0%)~	60	92.2%	(80.2%-100.0%)~	65

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*In an average week when you are in school, on how many days do you go to physical education (PE) classes? (mndlype)  
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	6.7%	(0.0%-13.4%)	191	5.9%	(0.0%-12.0%)	78	7.5%	(0.0%-15.0%)	114
<b>----Age----</b>									
12 or younger	6.6%	(0.0%-14.3%)	49	3.4%	(0.0%-7.8%)	13	9.9%	(0.0%-22.0%)~	36
13	8.3%	(0.0%-16.8%)	112	8.8%	(0.0%-17.9%)	58	7.9%	(0.0%-16.6%)	54
14 or older	4.0%	(0.5%-7.5%)	31	2.6%	(0.0%-6.4%)	8	5.0%	(0.5%-9.4%)	23
<b>----Grade----</b>									
Grade 7	8.1%	(0.0%-17.3%)	114	7.4%	(0.0%-15.6%)	49	8.8%	(0.0%-19.3%)	65
Grade 8	5.4%	(0.3%-10.4%)	77	4.3%	(0.0%-9.0%)	29	6.3%	(0.3%-12.3%)	48
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	6.8%	(0.0%-13.8%)	180	6.2%	(0.0%-12.7%)	78	7.4%	(0.0%-15.1%)	102
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	6.6%	(0.0%-13.6%)	167	5.9%	(0.0%-12.2%)	69	7.3%	(0.0%-15.1%)	99
Multiple Races	7.1%	(0.0%-15.0%)	10	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who attended physical education (PE) classes daily in an average week when they were in school (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Do any of your classroom teachers provide short physical activity breaks during regular class time? (Do not count your physical education teacher.)  
(mn180a)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.7%	(17.0%-30.4%)	679	23.3%	(14.6%-31.9%)	312	24.0%	(17.4%-30.5%)	363
<b>----Age----</b>									
12 or younger	26.4%	(18.4%-34.5%)	196	21.6%	(9.0%-34.3%)~	82	31.7%	(19.9%-43.4%)~	114
13	20.2%	(13.4%-26.9%)	276	20.7%	(12.6%-28.9%)	138	19.3%	(11.2%-27.5%)	134
14 or older	27.0%	(17.0%-37.0%)~	204	30.1%	(14.5%-45.7%)~	89	25.0%	(15.5%-34.4%)	115
<b>----Grade----</b>									
Grade 7	25.7%	(18.0%-33.3%)	365	22.4%	(12.1%-32.7%)~	150	28.4%	(18.6%-38.2%)	210
Grade 8	21.8%	(14.8%-28.9%)	314	24.1%	(14.0%-34.2%)~	162	20.0%	(13.8%-26.1%)	152
<b>----Hispanic Ethnicity----</b>									
Hispanic	24.1%	(12.2%-36.1%)~	18	*	*	*	*	*	*
Non-Hispanic	23.2%	(16.3%-30.2%)	620	22.9%	(14.0%-31.9%)	291	23.4%	(16.6%-30.2%)	324
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	32.2%	(1.2%-63.1%)~	19	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	23.7%	(16.7%-30.7%)	604	24.0%	(14.9%-33.2%)	283	23.3%	(16.4%-30.2%)	316
Multiple Races	26.6%	(17.1%-36.1%)	36	19.8%	(7.2%-32.5%)~	13	33.2%	(14.0%-52.3%)~	23

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.) (mn179)*  
*Percentage of students who answered at least one team*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	64.4%	(58.3%-70.5%)	1,859	65.0%	(58.1%-71.8%)	876	63.5%	(57.0%-70.1%)	965
<b>----Age----</b>									
12 or younger	72.3%	(66.0%-78.6%)	541	73.8%	(64.8%-82.8%)	280	71.2%	(63.6%-78.8%)	261
13	61.5%	(51.9%-71.0%)	853	63.1%	(53.3%-72.8%)	426	58.9%	(47.7%-70.1%)~	408
14 or older	61.7%	(56.3%-67.2%)	462	57.5%	(47.0%-68.1%)~	167	64.4%	(57.9%-70.9%)	295
<b>----Grade----</b>									
Grade 7	66.7%	(58.6%-74.7%)	959	69.7%	(59.9%-79.5%)	473	63.7%	(54.3%-73.1%)	477
Grade 8	61.9%	(56.0%-67.9%)	892	60.2%	(54.0%-66.3%)	404	63.0%	(56.2%-69.9%)	479
<b>----Hispanic Ethnicity----</b>									
Hispanic	56.8%	(39.8%-73.7%)~	41	49.3%	(36.1%-62.5%)~	19	65.0%	(32.4%-97.5%)~	23
Non-Hispanic	64.5%	(58.9%-70.1%)	1,735	65.9%	(58.7%-73.2%)	845	62.7%	(57.2%-68.2%)	872
<b>----Race----</b>									
American Indian or Alaskan Native	79.1%	(61.4%-96.7%)~	38	*	*	*	*	*	*
Asian	40.7%	(4.5%-76.9%)~	9	*	*	*	*	*	*
Black or African American	70.3%	(51.6%-89.0%)~	37	58.5%	(20.5%-96.4%)~	10	75.8%	(49.1%-100.0%)~	28
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	64.4%	(58.7%-70.2%)	1,658	65.2%	(57.5%-73.0%)	776	63.4%	(57.9%-68.8%)	863
Multiple Races	69.9%	(51.3%-88.6%)~	98	79.3%	(65.4%-93.2%)~	55	60.9%	(31.4%-90.3%)~	43

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least one team (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*In an average week when you are in school, on how many days do you walk, ride your bike, or roll to school when weather allows you to do so? (mn220)  
Percentage of students who answered at least 1 day*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	27.6%	(19.5%-35.7%)	790	23.3%	(13.6%-33.0%)	311	31.9%	(23.7%-40.1%)	479
<b>----Age----</b>									
12 or younger	26.7%	(20.6%-32.8%)	200	22.8%	(11.8%-33.7%)~	86	31.0%	(21.0%-40.9%)	113
13	27.8%	(15.5%-40.1%)~	381	23.0%	(11.0%-35.0%)~	155	33.2%	(19.3%-47.0%)~	226
14 or older	28.4%	(19.5%-37.3%)	210	24.8%	(15.8%-33.8%)	70	30.7%	(19.5%-41.9%)~	140
<b>----Grade----</b>									
Grade 7	26.9%	(19.2%-34.6%)	383	24.0%	(13.0%-35.0%)~	162	30.0%	(23.1%-36.9%)	221
Grade 8	28.3%	(18.7%-37.9%)	403	22.5%	(13.0%-32.1%)	148	33.6%	(21.5%-45.7%)~	255
<b>----Hispanic Ethnicity----</b>									
Hispanic	30.8%	(19.3%-42.3%)~	22	42.9%	(25.7%-60.1%)~	16	17.5%	(0.0%-38.3%)~	6
Non-Hispanic	27.2%	(18.4%-36.1%)	725	23.2%	(13.1%-33.3%)~	295	31.3%	(22.0%-40.7%)	431
<b>----Race----</b>									
American Indian or Alaskan Native	33.4%	(19.1%-47.6%)~	16	*	*	*	*	*	*
Asian	40.2%	(12.0%-68.3%)~	9	*	*	*	*	*	*
Black or African American	40.9%	(14.2%-67.5%)~	24	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	26.4%	(17.8%-34.9%)	670	22.4%	(11.6%-33.2%)~	264	30.3%	(22.0%-38.5%)	406
Multiple Races	41.3%	(27.9%-54.7%)~	58	37.0%	(19.5%-54.6%)~	25	45.5%	(21.2%-69.8%)~	32

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered at least 1 day (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

## **Section 14**

### **Asthma**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Has a doctor or nurse ever told you that you have asthma? (mn129)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	16.5%	(12.5%-20.5%)	477	17.0%	(13.4%-20.7%)	230	16.2%	(10.9%-21.5%)	240
<b>---Age---</b>									
12 or younger	15.7%	(9.8%-21.7%)	130	14.6%	(7.5%-21.6%)	56	16.7%	(8.2%-25.1%)	72
13	15.6%	(11.7%-19.4%)	217	16.8%	(12.3%-21.3%)	118	14.3%	(7.5%-21.1%)	95
14 or older	19.3%	(13.9%-24.8%)	129	21.3%	(13.4%-29.1%)	56	18.7%	(9.8%-27.7%)	73
<b>---Grade---</b>									
Grade 7	16.5%	(12.7%-20.4%)	239	18.9%	(13.5%-24.3%)	129	14.1%	(9.2%-19.0%)	104
Grade 8	16.0%	(10.8%-21.1%)	228	14.5%	(10.5%-18.5%)	96	17.9%	(9.0%-26.7%)	132
<b>---Hispanic Ethnicity---</b>									
Hispanic	20.0%	(2.6%-37.4%)~	16	23.8%	(0.0%-49.3%)~	10	17.5%	(0.0%-38.3%)~	7
Non-Hispanic	15.9%	(12.1%-19.7%)	427	17.0%	(13.2%-20.7%)	214	15.1%	(9.9%-20.3%)	207
<b>---Race---</b>									
American Indian or Alaskan Native	27.3%	(3.1%-51.5%)~	18	28.2%	(3.0%-53.4%)~	8	26.7%	(0.0%-58.4%)~	10
Asian	*	*	*	*	*	*	*	*	*
Black or African American	31.0%	(6.9%-55.2%)~	18	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	15.4%	(11.6%-19.2%)	395	15.9%	(12.5%-19.3%)	188	15.1%	(9.8%-20.5%)	203
Multiple Races	22.3%	(6.0%-38.7%)~	30	28.7%	(9.4%-48.1%)~	23	13.5%	(0.0%-35.5%)~	7

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Has a doctor or nurse ever told you that you have asthma? (mnltasth)*  
*Percentage of students with lifetime asthma (Excludes "Not sure" responses from m129)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	18.4%	(14.1%-22.8%)	477	19.1%	(14.9%-23.3%)	230	18.1%	(12.5%-23.7%)	240
<b>----Age----</b>									
12 or younger	17.9%	(11.0%-24.8%)	130	16.9%	(8.6%-25.2%)	56	18.7%	(9.4%-28.1%)	72
13	17.6%	(13.3%-21.8%)	217	18.6%	(13.4%-23.8%)	118	16.6%	(9.4%-23.8%)	95
14 or older	20.7%	(15.2%-26.3%)	129	23.4%	(14.9%-32.0%)	56	19.8%	(10.7%-28.8%)	73
<b>----Grade----</b>									
Grade 7	18.9%	(14.9%-22.9%)	239	22.0%	(16.2%-27.8%)	129	15.9%	(10.7%-21.2%)	104
Grade 8	17.4%	(11.9%-22.9%)	228	15.6%	(11.1%-20.1%)	96	19.8%	(10.5%-29.1%)	132
<b>----Hispanic Ethnicity----</b>									
Hispanic	20.7%	(3.0%-38.4%)~	16	23.8%	(0.0%-49.3%)~	10	18.8%	(0.0%-40.6%)~	7
Non-Hispanic	17.8%	(13.7%-21.9%)	427	19.0%	(14.7%-23.3%)	214	17.0%	(11.4%-22.5%)	207
<b>----Race----</b>									
American Indian or Alaskan Native	30.3%	(5.4%-55.2%)~	18	32.0%	(4.2%-59.8%)~	8	29.2%	(0.0%-64.0%)~	10
Asian	*	*	*	*	*	*	*	*	*
Black or African American	35.8%	(11.6%-60.0%)~	18	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	17.3%	(13.2%-21.3%)	395	17.8%	(13.9%-21.7%)	188	17.1%	(11.4%-22.7%)	203
Multiple Races	24.2%	(5.8%-42.5%)~	30	33.0%	(11.5%-54.4%)~	23	13.5%	(0.0%-35.5%)~	7

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students with lifetime asthma (Excludes "Not sure" responses from m129) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*Do you still have asthma? (mn130\_2)*

*Among students who reported to have asthma in m129, the percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	66.0%	(57.3%-74.7%)	311	72.0%	(64.0%-80.0%)	162	60.3%	(45.4%-75.3%)~	145
<b>----Age----</b>									
12 or younger	71.1%	(60.4%-81.7%)~	92	62.3%	(40.2%-84.3%)~	35	79.9%	(64.5%-95.3%)~	58
13	57.3%	(42.7%-72.0%)~	122	69.9%	(56.1%-83.7%)~	79	40.3%	(21.5%-59.2%)~	38
14 or older	75.1%	(61.8%-88.4%)~	97	86.0%	(67.6%-100.0%)~	48	66.8%	(45.2%-88.5%)~	49
<b>----Grade----</b>									
Grade 7	62.4%	(51.5%-73.4%)~	149	62.0%	(48.8%-75.1%)~	80	62.7%	(41.9%-83.5%)~	65
Grade 8	71.0%	(58.0%-84.0%)~	162	85.5%	(69.8%-100.0%)~	82	60.5%	(43.0%-77.9%)~	80
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	62.7%	(52.2%-73.2%)~	265	71.2%	(61.6%-80.9%)	149	54.0%	(36.7%-71.3%)~	112
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	66.9%	(56.9%-76.9%)~	264	71.7%	(62.3%-81.0%)	134	61.8%	(46.4%-77.2%)~	125
Multiple Races	64.9%	(40.1%-89.8%)~	19	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Among students who reported to have asthma in m129, the number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students with current asthma (Excludes "Not sure" responses from m129 and m130) (mncrasth)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	12.3%	(8.8%-15.8%)	311	13.7%	(10.4%-16.9%)	162	11.3%	(6.3%-16.3%)	145
<b>----Age----</b>									
12 or younger	13.1%	(7.4%-18.7%)	92	11.1%	(3.8%-18.4%)	35	15.2%	(6.1%-24.2%)	58
13	10.1%	(6.4%-13.7%)	122	12.4%	(7.3%-17.5%)	79	7.0%	(2.7%-11.4%)	38
14 or older	15.8%	(10.8%-20.8%)	97	20.4%	(12.5%-28.4%)	48	13.5%	(5.6%-21.3%)	49
<b>----Grade----</b>									
Grade 7	12.1%	(8.1%-16.2%)	149	14.0%	(9.0%-19.0%)	80	10.3%	(4.6%-16.0%)	65
Grade 8	12.6%	(7.9%-17.2%)	162	13.3%	(8.7%-17.9%)	82	12.3%	(5.7%-18.9%)	80
<b>----Hispanic Ethnicity----</b>									
Hispanic	20.7%	(3.0%-38.4%)~	16	23.8%	(0.0%-49.3%)~	10	18.8%	(0.0%-40.6%)~	7
Non-Hispanic	11.3%	(7.9%-14.8%)	265	13.5%	(9.9%-17.0%)	149	9.5%	(4.7%-14.3%)	112
<b>----Race----</b>									
American Indian or Alaskan Native	28.8%	(3.8%-53.8%)~	18	28.2%	(3.0%-53.4%)~	8	29.2%	(0.0%-64.0%)~	10
Asian	*	*	*	*	*	*	*	*	*
Black or African American	*	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	11.8%	(8.3%-15.2%)	264	12.9%	(9.4%-16.4%)	134	10.8%	(6.1%-15.6%)	125
Multiple Races	16.1%	(3.2%-29.0%)~	19	*	*	*	*	*	*

\*Estimate suppressed due to small cell sizes.

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N = Number of students with current asthma (Excludes "Not sure" responses from m129 and m130) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**Section 15**  
**Diabetes**

**No questions qualify for reporting in this section.**

**Section 16**  
**HPV**

**No questions qualify for reporting in this section.**

**Section 17**  
**Sun Protection**

**No questions qualify for reporting in this section.**

## **Section 18 Disability**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*Do you have any physical disabilities or long-term health problems? (Long-term means 6 months or more.) (mn136a)*  
*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	10.3%	(8.0%-12.5%)	289	12.4%	(9.6%-15.2%)	166	7.8%	(5.1%-10.4%)	113
<b>----Age----</b>									
12 or younger	8.1%	(3.0%-13.2%)	58	10.1%	(5.4%-14.8%)	38	5.9%	(0.0%-12.4%)	20
13	10.6%	(6.5%-14.8%)	143	11.4%	(6.3%-16.5%)	76	8.8%	(4.6%-13.0%)	58
14 or older	11.6%	(8.0%-15.3%)	87	18.0%	(11.8%-24.1%)	52	7.6%	(3.3%-11.9%)	35
<b>----Grade----</b>									
Grade 7	11.3%	(7.6%-15.0%)	155	12.4%	(8.9%-15.9%)	83	9.0%	(3.9%-14.2%)	63
Grade 8	9.0%	(6.9%-11.1%)	129	12.4%	(8.2%-16.7%)	83	6.1%	(2.3%-9.9%)	46
<b>----Hispanic Ethnicity----</b>									
Hispanic	18.4%	(8.6%-28.1%)	13	*	*	*	*	*	*
Non-Hispanic	9.9%	(7.4%-12.4%)	261	12.4%	(9.4%-15.4%)	157	7.1%	(3.9%-10.2%)	95
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	14.6%	(0.0%-33.9%)~	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	10.1%	(7.4%-12.9%)	253	12.6%	(9.0%-16.1%)	148	7.4%	(4.2%-10.6%)	96
Multiple Races	13.8%	(2.3%-25.3%)~	19	11.6%	(0.0%-24.6%)~	8	15.9%	(0.0%-32.0%)~	11

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Do you have any physical disabilities or long-term health problems? (Long-term means 6 months or more.) (mn136a\_2)  
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	13.6%	(10.5%-16.7%)	289	16.5%	(12.4%-20.6%)	166	10.3%	(6.7%-13.8%)	113
<b>----Age----</b>									
12 or younger	11.3%	(3.9%-18.6%)	58	14.4%	(7.3%-21.6%)	38	8.0%	(0.0%-16.7%)	20
13	13.9%	(8.0%-19.9%)	143	15.0%	(7.5%-22.4%)	76	11.5%	(5.6%-17.4%)	58
14 or older	15.1%	(10.4%-19.8%)	87	22.2%	(14.0%-30.5%)	52	10.2%	(4.2%-16.1%)	35
<b>----Grade----</b>									
Grade 7	15.3%	(9.8%-20.9%)	155	17.5%	(12.1%-22.9%)	83	12.0%	(4.5%-19.4%)	63
Grade 8	11.6%	(9.2%-14.1%)	129	15.6%	(10.0%-21.2%)	83	8.0%	(3.4%-12.7%)	46
<b>----Hispanic Ethnicity----</b>									
Hispanic	25.0%	(11.2%-38.7%)~	13	*	*	*	*	*	*
Non-Hispanic	13.2%	(9.7%-16.6%)	261	16.3%	(11.9%-20.6%)	157	9.5%	(5.4%-13.5%)	95
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	17.0%	(0.0%-40.2%)~	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	13.3%	(9.5%-17.2%)	253	16.5%	(11.3%-21.8%)	148	9.7%	(5.4%-14.0%)	96
Multiple Races	19.0%	(4.6%-33.3%)~	19	15.9%	(0.0%-33.0%)~	8	21.9%	(3.9%-39.9%)~	11

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (Excludes 'Not sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Do you have any long-term emotional or behavioral problems? (Long-term means 6 months or more.) (mn137a)  
Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	23.3%	(20.4%-26.2%)	657	26.9%	(22.9%-30.9%)	355	19.2%	(14.6%-23.8%)	283
<b>----Age----</b>									
12 or younger	19.0%	(12.6%-25.4%)	137	19.1%	(12.1%-26.2%)	70	19.0%	(9.2%-28.9%)	67
13	24.3%	(19.8%-28.9%)	330	27.4%	(22.4%-32.5%)	183	19.1%	(12.1%-26.2%)	129
14 or older	25.8%	(21.4%-30.1%)	190	36.2%	(27.2%-45.1%)	103	19.3%	(13.5%-25.1%)	88
<b>----Grade----</b>									
Grade 7	22.1%	(17.7%-26.4%)	307	22.5%	(16.2%-28.8%)	148	20.2%	(13.1%-27.3%)	145
Grade 8	24.7%	(20.1%-29.2%)	350	31.4%	(26.0%-36.8%)	207	18.3%	(12.9%-23.8%)	138
<b>----Hispanic Ethnicity----</b>									
Hispanic	36.9%	(13.8%-60.0%)~	27	36.9%	(7.6%-66.1%)~	14	36.9%	(7.6%-66.2%)~	13
Non-Hispanic	23.1%	(19.8%-26.5%)	606	25.9%	(21.5%-30.3%)	322	19.5%	(14.8%-24.2%)	265
<b>----Race----</b>									
American Indian or Alaskan Native	47.4%	(19.2%-75.6%)~	21	47.2%	(0.0%-97.1%)~	8	47.5%	(21.9%-73.0%)~	13
Asian	31.0%	(5.2%-56.8%)~	7	*	*	*	*	*	*
Black or African American	21.3%	(0.0%-47.1%)~	12	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	22.3%	(19.1%-25.4%)	557	26.3%	(21.7%-30.9%)	306	17.6%	(13.7%-21.6%)	232
Multiple Races	29.5%	(17.9%-41.0%)~	40	25.8%	(13.3%-38.4%)~	17	32.9%	(10.8%-55.0%)~	23

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Yes' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Do you have any long-term emotional or behavioral problems? (Long-term means 6 months or more.) (mn137a\_2)  
Percentage of students who answered 'Yes' (Excludes 'Not sure' responses)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	30.0%	(26.3%-33.7%)	657	37.4%	(31.9%-42.9%)	355	23.2%	(18.1%-28.2%)	283
<b>----Age----</b>									
12 or younger	26.2%	(17.6%-34.8%)	137	30.6%	(19.9%-41.3%)~	70	22.8%	(10.3%-35.2%)~	67
13	30.5%	(24.5%-36.6%)	330	36.9%	(29.2%-44.6%)	183	22.6%	(14.4%-30.8%)	129
14 or older	32.4%	(27.0%-37.8%)	190	45.3%	(35.2%-55.4%)~	103	24.3%	(17.9%-30.7%)	88
<b>----Grade----</b>									
Grade 7	29.9%	(23.0%-36.8%)	307	34.9%	(24.5%-45.3%)~	148	24.6%	(15.2%-34.0%)	145
Grade 8	30.3%	(26.0%-34.6%)	350	39.4%	(34.1%-44.7%)	207	22.1%	(16.3%-27.9%)	138
<b>----Hispanic Ethnicity----</b>									
Hispanic	45.3%	(19.2%-71.4%)~	27	46.5%	(14.7%-78.3%)~	14	44.0%	(10.9%-77.2%)~	13
Non-Hispanic	29.9%	(25.8%-34.0%)	606	36.2%	(30.3%-42.2%)	322	23.7%	(18.4%-29.0%)	265
<b>----Race----</b>									
American Indian or Alaskan Native	53.2%	(21.9%-84.4%)~	21	54.4%	(0.0%-100.0%)~	8	52.5%	(26.3%-78.7%)~	13
Asian	34.2%	(6.4%-62.1%)~	7	*	*	*	*	*	*
Black or African American	26.9%	(0.0%-61.8%)~	12	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	28.9%	(24.7%-33.1%)	557	37.2%	(31.0%-43.5%)	306	21.3%	(16.6%-26.0%)	232
Multiple Races	39.4%	(27.3%-51.6%)~	40	35.8%	(21.3%-50.3%)~	17	42.6%	(23.2%-62.1%)~	23

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

~ CI width greater than 20. Use caution when interpreting estimates.

N = Number of students who answered 'Yes' (Excludes 'Not sure' responses) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*Percentage of students who have a disability (mndisab\_b)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	27.8%	(25.0%-30.6%)	777	31.8%	(28.2%-35.5%)	418	23.2%	(18.7%-27.7%)	339
<b>----Age----</b>									
12 or younger	23.4%	(15.9%-30.9%)	168	23.5%	(16.6%-30.4%)	86	23.4%	(12.6%-34.3%)~	82
13	29.0%	(24.7%-33.3%)	388	31.9%	(27.4%-36.4%)	211	24.0%	(16.9%-31.1%)	157
14 or older	30.0%	(24.6%-35.4%)	221	42.8%	(33.6%-51.9%)	121	22.0%	(14.8%-29.1%)	100
<b>----Grade----</b>									
Grade 7	27.2%	(23.3%-31.2%)	375	28.0%	(22.5%-33.5%)	185	25.1%	(17.4%-32.7%)	176
Grade 8	28.2%	(22.6%-33.8%)	397	35.6%	(29.2%-42.0%)	234	21.2%	(14.4%-28.0%)	159
<b>----Hispanic Ethnicity----</b>									
Hispanic	45.2%	(26.5%-64.0%)~	33	36.9%	(7.6%-66.1%)~	14	54.4%	(34.1%-74.7%)~	19
Non-Hispanic	27.2%	(24.2%-30.3%)	710	31.1%	(27.0%-35.1%)	385	22.6%	(18.0%-27.3%)	305
<b>----Race----</b>									
American Indian or Alaskan Native	47.4%	(19.2%-75.6%)~	21	47.2%	(0.0%-97.1%)~	8	47.5%	(21.9%-73.0%)~	13
Asian	31.0%	(5.2%-56.8%)~	7	*	*	*	*	*	*
Black or African American	30.8%	(0.0%-61.6%)~	17	52.9%	(11.2%-94.5%)~	8	23.0%	(0.0%-56.0%)~	9
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	26.6%	(23.5%-29.7%)	660	30.9%	(26.2%-35.6%)	359	21.7%	(17.8%-25.5%)	282
Multiple Races	35.9%	(21.3%-50.4%)~	48	33.8%	(20.0%-47.6%)~	22	37.8%	(12.0%-63.7%)~	26

\*Estimate suppressed due to small cell sizes.

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N = Number of students who have a disability (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Percentage of students who have a disability (Excludes 'Not sure' responses from m136a & m137a) (mndisab\_b\_2)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	30.9%	(28.0%-33.9%)	777	36.9%	(32.7%-41.1%)	418	25.1%	(20.7%-29.5%)	339
<b>----Age----</b>									
12 or younger	27.5%	(18.0%-36.9%)	168	29.2%	(20.4%-37.9%)	86	25.9%	(13.4%-38.4%)~	82
13	32.2%	(26.9%-37.4%)	388	37.1%	(30.4%-43.7%)	211	25.7%	(18.4%-33.0%)	157
14 or older	32.1%	(26.9%-37.2%)	221	45.5%	(36.2%-54.7%)	121	23.6%	(16.3%-31.0%)	100
<b>----Grade----</b>									
Grade 7	31.4%	(25.9%-37.0%)	375	34.7%	(28.4%-41.0%)	185	27.2%	(18.2%-36.2%)	176
Grade 8	30.4%	(25.2%-35.5%)	397	38.8%	(32.2%-45.3%)	234	22.8%	(16.0%-29.6%)	159
<b>----Hispanic Ethnicity----</b>									
Hispanic	49.5%	(30.8%-68.2%)~	33	39.9%	(9.0%-70.9%)~	14	60.3%	(36.0%-84.6%)~	19
Non-Hispanic	30.5%	(27.3%-33.7%)	710	36.1%	(31.4%-40.7%)	385	24.7%	(20.1%-29.3%)	305
<b>----Race----</b>									
American Indian or Alaskan Native	50.4%	(20.7%-80.1%)~	21	47.2%	(0.0%-97.1%)~	8	52.5%	(26.3%-78.7%)~	13
Asian	34.2%	(6.4%-62.1%)~	7	*	*	*	*	*	*
Black or African American	30.8%	(0.0%-61.6%)~	17	52.9%	(11.2%-94.5%)~	8	23.0%	(0.0%-56.0%)~	9
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	29.8%	(26.2%-33.3%)	660	36.3%	(30.7%-41.8%)	359	23.4%	(19.4%-27.4%)	282
Multiple Races	41.1%	(26.8%-55.5%)~	48	40.1%	(25.7%-54.4%)~	22	42.0%	(20.2%-63.9%)~	26

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who have a disability (Excludes 'Not sure' responses from m136a & m137a) (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**Section 19**  
**Health Care Access**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (mn141b)  
Percentage of students who answered 'During the past 12 months'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	63.4%	(57.5%-69.2%)	1,803	65.2%	(58.5%-71.9%)	866	62.2%	(55.3%-69.2%)	927
<b>----Age----</b>									
12 or younger	67.8%	(60.4%-75.3%)	507	65.0%	(53.7%-76.3%)~	246	71.3%	(60.9%-81.6%)~	261
13	66.2%	(58.5%-74.0%)	894	70.4%	(61.4%-79.4%)	465	63.1%	(52.9%-73.2%)~	420
14 or older	53.9%	(47.4%-60.5%)	402	54.2%	(44.9%-63.5%)	155	53.8%	(44.6%-62.9%)	246
<b>----Grade----</b>									
Grade 7	64.2%	(57.7%-70.7%)	910	66.3%	(57.6%-74.9%)	447	63.7%	(53.8%-73.7%)	463
Grade 8	62.6%	(56.7%-68.5%)	888	64.1%	(55.8%-72.4%)	419	60.8%	(53.4%-68.3%)	460
<b>----Hispanic Ethnicity----</b>									
Hispanic	65.6%	(50.6%-80.6%)~	48	62.9%	(34.2%-91.5%)~	24	68.6%	(46.8%-90.4%)~	24
Non-Hispanic	63.6%	(57.1%-70.1%)	1,684	66.1%	(59.2%-73.1%)	833	61.7%	(53.9%-69.4%)	842
<b>----Race----</b>									
American Indian or Alaskan Native	72.3%	(50.8%-93.7%)~	34	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	30.5%	(15.5%-45.5%)~	18	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	64.2%	(58.1%-70.3%)	1,624	66.1%	(58.7%-73.5%)	776	63.1%	(56.2%-70.0%)	839
Multiple Races	58.3%	(41.7%-74.8%)~	80	59.3%	(36.4%-82.2%)~	39	57.3%	(40.6%-74.0%)~	41

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'During the past 12 months' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (mn141b\_2)  
Percentage of students who answered 'During the past 12 months' (Excludes "Not sure" responses from m141b)*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	76.6%	(73.0%-80.1%)	1,803	77.2%	(71.1%-83.2%)	866	75.8%	(70.8%-80.9%)	927
<b>----Age----</b>									
12 or younger	80.5%	(74.4%-86.7%)	507	76.2%	(64.4%-87.9%)~	246	85.1%	(77.6%-92.6%)	261
13	79.8%	(72.9%-86.6%)	894	82.2%	(72.9%-91.5%)	465	76.9%	(67.5%-86.3%)	420
14 or older	66.5%	(61.6%-71.4%)	402	66.4%	(57.5%-75.2%)	155	66.6%	(59.5%-73.6%)	246
<b>----Grade----</b>									
Grade 7	77.7%	(73.1%-82.3%)	910	77.2%	(68.4%-85.9%)	447	78.2%	(69.6%-86.8%)	463
Grade 8	75.3%	(71.3%-79.4%)	888	77.2%	(69.5%-84.9%)	419	73.4%	(68.5%-78.4%)	460
<b>----Hispanic Ethnicity----</b>									
Hispanic	65.6%	(50.6%-80.6%)~	48	62.9%	(34.2%-91.5%)~	24	68.6%	(46.8%-90.4%)~	24
Non-Hispanic	77.0%	(73.4%-80.7%)	1,684	78.3%	(72.3%-84.2%)	833	75.6%	(70.8%-80.5%)	842
<b>----Race----</b>									
American Indian or Alaskan Native	82.2%	(68.2%-96.3%)~	34	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	40.2%	(22.4%-58.0%)~	18	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	77.9%	(74.2%-81.6%)	1,624	78.4%	(72.2%-84.6%)	776	77.3%	(71.6%-82.9%)	839
Multiple Races	67.9%	(48.1%-87.6%)~	80	70.7%	(47.5%-93.8%)~	39	65.4%	(43.9%-87.0%)~	41

\*Estimate suppressed due to small cell sizes.

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## **Section 20 Assets**



**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*On an average school night, how many hours of sleep do you get? (mn178)*  
*Percentage of student who answered at least 8 hours*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	45.8%	(40.1%-51.5%)	1,311	39.1%	(32.5%-45.7%)	523	51.9%	(45.7%-58.1%)	778
<b>----Age----</b>									
12 or younger	51.0%	(39.0%-63.1%)~	374	42.7%	(30.6%-54.9%)~	158	59.8%	(45.8%-73.8%)~	216
13	44.5%	(37.6%-51.4%)	614	37.4%	(30.9%-43.9%)	253	51.8%	(41.5%-62.0%)~	353
14 or older	43.1%	(34.9%-51.3%)	322	38.7%	(26.4%-51.1%)~	113	45.9%	(36.4%-55.4%)	210
<b>----Grade----</b>									
Grade 7	46.6%	(37.5%-55.7%)	663	38.2%	(27.7%-48.6%)~	255	54.6%	(44.4%-64.9%)~	403
Grade 8	44.6%	(38.1%-51.1%)	640	40.0%	(31.2%-48.7%)	268	48.7%	(42.2%-55.3%)	368
<b>----Hispanic Ethnicity----</b>									
Hispanic	41.2%	(14.4%-68.0%)~	30	31.0%	(0.0%-62.4%)~	12	52.4%	(23.4%-81.3%)~	18
Non-Hispanic	45.3%	(39.4%-51.2%)	1,203	39.1%	(32.5%-45.6%)	494	51.2%	(44.2%-58.1%)	700
<b>----Race----</b>									
American Indian or Alaskan Native	51.8%	(36.3%-67.2%)~	25	49.6%	(24.6%-74.5%)~	10	53.3%	(28.3%-78.2%)~	15
Asian	33.4%	(0.0%-72.3%)~	8	*	*	*	*	*	*
Black or African American	41.5%	(18.5%-64.6%)~	24	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	46.5%	(40.8%-52.2%)	1,181	38.8%	(31.3%-46.2%)	456	53.6%	(47.4%-59.8%)	715
Multiple Races	38.8%	(26.3%-51.3%)~	56	45.7%	(29.6%-61.9%)~	31	32.3%	(7.3%-57.4%)~	24

\*Estimate suppressed due to small cell sizes.

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N = Number of student who answered at least 8 hours (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*During the past 12 months, how would you describe your grades in school? (mn171)*  
*Percentage of students who answered 'Mostly A's' or 'Mostly B's'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	68.5%	(60.4%-76.7%)	1,961	71.2%	(62.9%-79.5%)	956	65.9%	(57.2%-74.7%)	984
<b>----Age----</b>									
12 or younger	73.4%	(61.3%-85.5%)~	540	78.6%	(68.8%-88.3%)	293	67.9%	(49.4%-86.4%)~	245
13	70.3%	(58.8%-81.9%)~	965	69.7%	(57.5%-81.8%)~	471	70.7%	(58.8%-82.6%)~	476
14 or older	60.8%	(55.2%-66.5%)	456	66.2%	(56.3%-76.1%)	193	57.4%	(50.1%-64.8%)	264
<b>----Grade----</b>									
Grade 7	73.5%	(65.5%-81.6%)	1,041	76.2%	(68.6%-83.9%)	512	71.1%	(60.2%-82.1%)~	518
Grade 8	63.7%	(54.4%-72.9%)	915	66.2%	(55.3%-77.1%)~	444	61.0%	(52.0%-70.0%)	462
<b>----Hispanic Ethnicity----</b>									
Hispanic	69.9%	(55.5%-84.3%)~	51	62.5%	(41.5%-83.4%)~	24	78.1%	(54.9%-100.0%)~	27
Non-Hispanic	68.4%	(59.9%-76.8%)	1,827	71.1%	(62.5%-79.6%)	905	65.7%	(56.3%-75.1%)	904
<b>----Race----</b>									
American Indian or Alaskan Native	70.4%	(54.9%-86.0%)~	31	*	*	*	*	*	*
Asian	75.7%	(34.1%-100.0%)~	18	*	*	*	*	*	*
Black or African American	51.9%	(29.4%-74.5%)~	30	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	68.7%	(60.7%-76.7%)	1,745	70.6%	(61.8%-79.4%)	839	66.7%	(58.3%-75.1%)	886
Multiple Races	68.3%	(55.0%-81.6%)~	98	73.6%	(59.5%-87.6%)~	51	63.5%	(45.2%-81.7%)~	47

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Mostly A's' or 'Mostly B's' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*During an average week, how many hours do you spend in clubs or organizations (other than sports) outside of regular school hours? (mn146)  
Percentage of students who answered at least 1 hour*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	46.0%	(40.5%-51.6%)	1,314	47.1%	(38.5%-55.6%)	619	44.3%	(37.7%-50.9%)	655
<b>----Age----</b>									
12 or younger	52.8%	(42.7%-62.9%)~	437	50.7%	(37.6%-63.8%)~	190	54.0%	(41.8%-66.1%)~	237
13	43.6%	(37.7%-49.4%)	591	45.6%	(37.7%-53.5%)	309	41.2%	(32.2%-50.1%)	267
14 or older	42.7%	(33.5%-51.9%)	286	45.6%	(34.1%-57.1%)~	120	38.7%	(27.8%-49.5%)~	152
<b>----Grade----</b>									
Grade 7	49.2%	(42.9%-55.5%)	702	48.5%	(40.4%-56.5%)	319	48.6%	(39.8%-57.3%)	358
Grade 8	42.7%	(34.9%-50.5%)	604	45.4%	(32.9%-57.9%)~	297	39.9%	(32.7%-47.2%)	293
<b>----Hispanic Ethnicity----</b>									
Hispanic	36.7%	(21.8%-51.6%)~	32	37.9%	(12.2%-63.6%)~	15	37.9%	(19.0%-56.8%)~	17
Non-Hispanic	46.4%	(41.1%-51.7%)	1,231	47.7%	(38.6%-56.8%)	590	44.3%	(37.7%-50.9%)	602
<b>----Race----</b>									
American Indian or Alaskan Native	34.7%	(13.6%-55.8%)~	22	49.4%	(16.8%-81.9%)~	13	24.3%	(0.0%-49.5%)~	9
Asian	*	*	*	*	*	*	*	*	*
Black or African American	24.6%	(5.8%-43.3%)~	13	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	45.4%	(40.0%-50.9%)	1,150	46.9%	(38.1%-55.6%)	541	43.0%	(36.0%-50.0%)	572
Multiple Races	62.3%	(46.3%-78.4%)~	84	52.9%	(29.5%-76.3%)~	42	81.0%	(59.6%-100.0%)~	42

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered at least 1 hour (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (mn143)  
Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	71.1%	(67.7%-74.5%)	2,026	70.5%	(65.7%-75.2%)	939	72.2%	(66.9%-77.5%)	1,064
<b>----Age----</b>									
12 or younger	71.9%	(65.5%-78.4%)	561	69.5%	(60.5%-78.5%)	260	74.8%	(65.2%-84.3%)	297
13	69.8%	(67.0%-72.7%)	953	69.9%	(64.5%-75.2%)	474	70.3%	(65.4%-75.1%)	463
14 or older	72.6%	(66.2%-78.9%)	510	73.1%	(64.6%-81.5%)	203	72.9%	(63.6%-82.1%)	305
<b>----Grade----</b>									
Grade 7	72.4%	(67.2%-77.6%)	1,028	71.4%	(63.9%-78.8%)	476	73.3%	(65.4%-81.1%)	533
Grade 8	69.8%	(67.1%-72.5%)	990	69.6%	(64.6%-74.7%)	461	71.1%	(66.2%-76.0%)	525
<b>----Hispanic Ethnicity----</b>									
Hispanic	61.2%	(46.8%-75.6%)~	50	47.5%	(26.4%-68.6%)~	19	74.1%	(54.9%-93.3%)~	28
Non-Hispanic	71.3%	(67.9%-74.6%)	1,888	71.3%	(66.3%-76.3%)	894	71.9%	(66.9%-76.9%)	974
<b>----Race----</b>									
American Indian or Alaskan Native	64.1%	(53.9%-74.2%)~	37	70.8%	(50.4%-91.1%)~	17	59.0%	(42.9%-75.1%)~	19
Asian	59.1%	(40.2%-78.1%)~	13	*	*	*	*	*	*
Black or African American	70.2%	(54.9%-85.5%)~	39	72.5%	(48.6%-96.3%)~	15	67.8%	(46.3%-89.3%)~	23
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	71.6%	(67.7%-75.6%)	1,806	71.2%	(65.7%-76.6%)	831	72.5%	(66.6%-78.4%)	954
Multiple Races	72.5%	(63.8%-81.1%)	98	74.0%	(61.6%-86.4%)~	52	72.3%	(61.0%-83.6%)~	46

\*Estimate suppressed due to small cell sizes.

CI = 95% Confidence Interval

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N = Number of students who answered 'Strongly agree' or 'Agree' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*How often does one of your parents or guardians talk with you about what you are doing in school? (mn144a)*  
*Percentage of students who answered 'About every day' or 'About once or twice a week'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	80.8%	(77.2%-84.4%)	2,288	79.1%	(74.8%-83.4%)	1,051	82.8%	(78.1%-87.5%)	1,212
<b>----Age----</b>									
12 or younger	82.5%	(77.9%-87.1%)	643	82.1%	(77.0%-87.2%)	308	83.3%	(76.6%-90.0%)	330
13	81.4%	(78.3%-84.5%)	1,103	79.6%	(74.2%-85.0%)	537	84.2%	(79.3%-89.0%)	551
14 or older	77.8%	(71.5%-84.1%)	542	74.3%	(67.5%-81.1%)	206	80.2%	(72.9%-87.6%)	331
<b>----Grade----</b>									
Grade 7	81.0%	(77.4%-84.7%)	1,152	80.9%	(75.8%-86.0%)	542	82.3%	(76.6%-87.9%)	598
Grade 8	80.3%	(75.8%-84.9%)	1,124	77.1%	(70.8%-83.5%)	505	83.2%	(78.7%-87.7%)	605
<b>----Hispanic Ethnicity----</b>									
Hispanic	71.2%	(61.2%-81.2%)~	58	65.1%	(51.3%-78.9%)~	27	76.4%	(61.9%-90.9%)~	29
Non-Hispanic	81.0%	(77.4%-84.6%)	2,138	79.7%	(75.4%-83.9%)	998	82.9%	(78.3%-87.5%)	1,116
<b>----Race----</b>									
American Indian or Alaskan Native	62.3%	(46.3%-78.3%)~	36	61.8%	(33.8%-89.9%)~	15	62.7%	(37.8%-87.6%)~	21
Asian	63.0%	(36.9%-89.2%)~	14	*	*	*	*	*	*
Black or African American	88.4%	(77.1%-99.8%)~	49	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	81.3%	(77.7%-84.9%)	2,042	78.8%	(73.4%-84.1%)	919	84.1%	(79.9%-88.4%)	1,101
Multiple Races	78.5%	(69.3%-87.8%)	104	82.9%	(67.3%-98.4%)~	57	75.3%	(59.3%-91.4%)~	47

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'About every day' or 'About once or twice a week' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**  
*How often does your family give you love and support? (mn188)*  
*Percentage of students who answered 'Most of the time' or 'Always'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	83.0%	(80.3%-85.7%)	2,355	80.9%	(76.8%-85.1%)	1,077	85.5%	(82.6%-88.5%)	1,255
<b>----Age----</b>									
12 or younger	84.2%	(79.3%-89.0%)	658	80.8%	(75.4%-86.3%)	302	88.1%	(83.6%-92.7%)	352
13	84.5%	(81.3%-87.7%)	1,144	82.5%	(77.1%-88.0%)	559	86.7%	(83.0%-90.4%)	565
14 or older	78.7%	(73.9%-83.6%)	552	77.0%	(68.2%-85.9%)	214	81.1%	(75.9%-86.3%)	338
<b>----Grade----</b>									
Grade 7	84.2%	(81.0%-87.4%)	1,192	82.0%	(78.1%-85.8%)	547	86.8%	(82.5%-91.2%)	630
Grade 8	81.6%	(78.3%-84.9%)	1,150	79.7%	(73.1%-86.3%)	525	84.1%	(80.4%-87.8%)	617
<b>----Hispanic Ethnicity----</b>									
Hispanic	71.7%	(61.6%-81.9%)~	58	60.1%	(39.8%-80.4%)~	25	82.9%	(72.4%-93.3%)~	32
Non-Hispanic	82.8%	(80.0%-85.6%)	2,180	81.4%	(77.1%-85.8%)	1,019	84.8%	(81.5%-88.1%)	1,140
<b>----Race----</b>									
American Indian or Alaskan Native	73.3%	(54.7%-91.8%)~	42	71.3%	(47.4%-95.2%)~	18	74.7%	(52.3%-97.1%)~	25
Asian	60.2%	(33.2%-87.3%)~	13	*	*	*	*	*	*
Black or African American	86.9%	(76.2%-97.7%)~	48	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	83.8%	(81.1%-86.5%)	2,106	81.4%	(76.7%-86.1%)	950	86.7%	(83.5%-90.0%)	1,138
Multiple Races	73.6%	(64.1%-83.1%)	97	73.7%	(64.4%-83.0%)	51	72.8%	(57.8%-87.9%)~	44

\*Estimate suppressed due to small cell sizes.

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N = Number of students who answered 'Most of the time' or 'Always' (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (mn185b)  
Percentage of students who answered at least 5 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	75.4%	(70.8%-80.0%)	2,124	70.2%	(65.0%-75.5%)	932	79.7%	(73.7%-85.7%)	1,171
<b>----Age----</b>									
12 or younger	77.2%	(71.2%-83.3%)	566	70.3%	(57.0%-83.6%)~	263	84.4%	(75.6%-93.2%)	301
13	77.5%	(70.7%-84.4%)	1,040	69.8%	(61.7%-77.8%)	459	84.6%	(77.3%-91.9%)	562
14 or older	69.5%	(62.3%-76.8%)	514	70.9%	(59.7%-82.0%)~	206	68.7%	(58.7%-78.6%)	308
<b>----Grade----</b>									
Grade 7	77.0%	(71.2%-82.8%)	1,079	69.6%	(61.7%-77.5%)	465	83.3%	(74.8%-91.8%)	597
Grade 8	73.9%	(68.3%-79.5%)	1,041	70.9%	(62.2%-79.5%)	467	76.5%	(69.8%-83.1%)	569
<b>----Hispanic Ethnicity----</b>									
Hispanic	75.9%	(62.4%-89.4%)~	55	75.1%	(55.9%-94.4%)~	29	76.8%	(53.3%-100.0%)~	27
Non-Hispanic	75.2%	(70.1%-80.4%)	1,977	70.1%	(64.2%-76.1%)	882	79.6%	(72.6%-86.7%)	1,076
<b>----Race----</b>									
American Indian or Alaskan Native	72.3%	(52.5%-92.0%)~	34	*	*	*	*	*	*
Asian	54.4%	(24.2%-84.6%)~	13	*	*	*	*	*	*
Black or African American	69.6%	(47.3%-91.9%)~	39	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	75.7%	(70.8%-80.7%)	1,891	69.6%	(63.3%-75.9%)	810	80.8%	(74.8%-86.8%)	1,059
Multiple Races	74.9%	(62.5%-87.2%)~	105	78.2%	(61.6%-94.7%)~	54	71.7%	(45.1%-98.2%)~	51

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N = Number of students who answered at least 5 days (weighted). Note: Due to missing data, the sum of demographic categories may not equal the overall total.

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY  
Middle School Detailed Report - Penobscot County (weighted)**

*During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians? (mn185b\_2)  
Percentage of students who answered 0 days*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	7.6%	(5.5%-9.8%)	215	9.7%	(6.3%-13.0%)	128	5.9%	(3.6%-8.3%)	87
<b>----Age----</b>									
12 or younger	6.9%	(3.4%-10.5%)	51	7.6%	(0.0%-15.8%)	28	6.3%	(1.0%-11.6%)	22
13	6.4%	(3.5%-9.4%)	86	9.0%	(4.3%-13.7%)	59	4.1%	(1.1%-7.1%)	27
14 or older	10.5%	(5.7%-15.3%)	78	13.9%	(6.2%-21.6%)	40	8.3%	(3.8%-12.8%)	37
<b>----Grade----</b>									
Grade 7	7.0%	(4.8%-9.2%)	98	9.3%	(5.1%-13.6%)	62	5.0%	(1.0%-9.0%)	36
Grade 8	8.3%	(5.3%-11.2%)	117	10.0%	(5.0%-14.9%)	66	6.9%	(4.0%-9.7%)	51
<b>----Hispanic Ethnicity----</b>									
Hispanic	*	*	*	*	*	*	*	*	*
Non-Hispanic	7.4%	(4.8%-10.0%)	194	9.2%	(5.3%-13.1%)	116	5.8%	(3.2%-8.5%)	79
<b>----Race----</b>									
American Indian or Alaskan Native	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*
Black or African American	14.7%	(0.4%-29.0%)~	8	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	7.6%	(5.5%-9.7%)	190	10.3%	(6.9%-13.8%)	120	5.3%	(3.1%-7.5%)	70
Multiple Races	8.4%	(2.0%-14.8%)	12	*	*	*	*	*	*

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**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*Do you agree or disagree that in your community you feel like you matter to people? (mn148)*  
*Percentage of students who answered 'Strongly agree' or 'Agree'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	52.2%	(48.7%-55.7%)	1,479	46.2%	(39.0%-53.4%)	614	58.7%	(55.7%-61.7%)	860
<b>----Age----</b>									
12 or younger	49.8%	(42.8%-56.7%)	387	44.4%	(33.6%-55.3%)~	166	55.6%	(47.1%-64.1%)	221
13	52.3%	(47.4%-57.3%)	708	47.6%	(40.4%-54.7%)	322	58.6%	(52.2%-64.9%)	383
14 or older	54.8%	(50.8%-58.7%)	383	45.5%	(36.5%-54.5%)	126	61.9%	(56.6%-67.2%)	257
<b>----Grade----</b>									
Grade 7	49.6%	(44.4%-54.9%)	701	43.7%	(33.9%-53.5%)	291	56.1%	(51.1%-61.1%)	406
Grade 8	54.6%	(51.6%-57.7%)	771	48.6%	(42.1%-55.2%)	321	61.2%	(57.0%-65.3%)	449
<b>----Hispanic Ethnicity----</b>									
Hispanic	38.3%	(24.0%-52.6%)~	31	21.8%	(8.5%-35.2%)~	9	57.3%	(39.2%-75.4%)~	22
Non-Hispanic	52.6%	(49.1%-56.1%)	1,387	47.0%	(39.5%-54.4%)	587	58.9%	(56.2%-61.6%)	796
<b>----Race----</b>									
American Indian or Alaskan Native	45.3%	(27.3%-63.4%)~	25	44.0%	(25.8%-62.3%)~	10	46.2%	(18.6%-73.8%)~	15
Asian	50.1%	(29.3%-70.8%)~	11	*	*	*	*	*	*
Black or African American	46.3%	(27.2%-65.5%)~	25	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	53.2%	(49.3%-57.0%)	1,334	47.7%	(39.7%-55.8%)	557	59.1%	(56.0%-62.3%)	774
Multiple Races	39.9%	(30.2%-49.6%)	54	30.3%	(15.2%-45.4%)~	21	49.6%	(36.5%-62.7%)~	31

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## **Section 21 Gambling**

**2023 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Detailed Report - Penobscot County (weighted)**

*Have you ever gambled on a sports team, gambled when playing cards or a dice game, played one of your state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game? (mn223)*

*Percentage of students who answered 'Yes'*

	Total			Female			Male		
	%	CI	N	%	CI	N	%	CI	N
Total	28.6%	(22.8%-34.5%)	816	20.5%	(16.1%-24.9%)	273	35.5%	(27.0%-44.0%)	528
<b>----Age----</b>									
12 or younger	25.8%	(19.4%-32.1%)	194	21.7%	(14.7%-28.6%)	82	30.1%	(20.1%-40.2%)~	112
13	29.2%	(22.1%-36.2%)	394	20.4%	(14.4%-26.4%)	135	36.6%	(25.4%-47.9%)~	245
14 or older	30.8%	(22.1%-39.5%)	228	19.3%	(12.0%-26.6%)	56	38.3%	(26.5%-50.0%)~	172
<b>----Grade----</b>									
Grade 7	26.8%	(20.2%-33.5%)	380	20.1%	(14.7%-25.5%)	135	32.4%	(20.8%-44.0%)~	235
Grade 8	30.4%	(23.9%-36.9%)	433	20.9%	(15.3%-26.5%)	138	38.4%	(28.6%-48.2%)	290
<b>----Hispanic Ethnicity----</b>									
Hispanic	49.5%	(31.3%-67.6%)~	36	30.9%	(8.2%-53.7%)~	12	69.9%	(47.6%-92.1%)~	24
Non-Hispanic	27.5%	(21.7%-33.3%)	729	20.3%	(15.9%-24.8%)	257	33.6%	(24.8%-42.3%)	458
<b>----Race----</b>									
American Indian or Alaskan Native	38.6%	(18.2%-59.0%)~	18	*	*	*	*	*	*
Asian	40.7%	(4.5%-76.9%)~	9	*	*	*	*	*	*
Black or African American	53.7%	(29.0%-78.3%)~	31	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*	*
White	27.3%	(21.3%-33.4%)	690	19.0%	(15.0%-22.9%)	223	34.2%	(25.0%-43.3%)	453
Multiple Races	32.4%	(21.7%-43.2%)~	46	34.2%	(15.4%-53.0%)~	23	30.9%	(15.0%-46.8%)~	23

\*Estimate suppressed due to small cell sizes.

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